

Thank you for addressing my feedback.

I do find it still need further improvement to improve the clarity of the explanation.

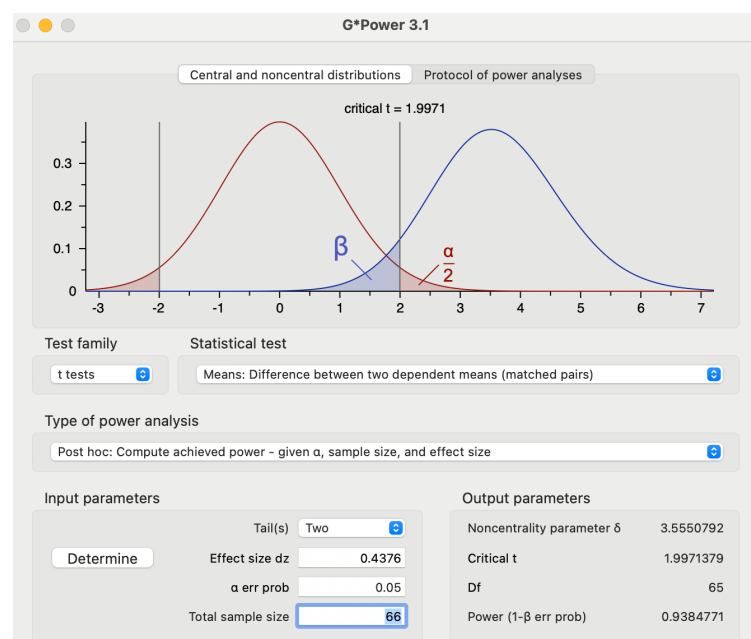
Point 1: Sample Size Calculation and Study Power. Authors did not mention a sample size calculation or power analysis. A justification for the sample size ($N=66$) is critical to confirm that the study was adequately powered to detect clinically meaningful effects, especially given the multiple correlations tested. I would suggest to include a post-hoc power analysis or clarify how the sample size was determined (e.g., based on prior studies or feasibility).

Response 1: Thank you for pointing this out. We have elaborated on this in lines 185 to 187.

Updated feedback:

Lack of clarity on sample size. I assumed it was determined using G-power analysis. If this indeed what authors used to calculate the study power, it should have clearly mentioned as such. On top of, the chosen effect size required a citation. Upon tried it on myself,

Using t-test family and for the means difference between two dependent group, for post-hoc power analysis on G-power, with the effect size given and alpha level of 0.05, the calculated power was 0.9384 (93.84%). Author reported 92.84.



Point 2: Sampling Method: Participants were recruited from a single medical center, which may introduce selection bias (e.g., excluding less mobile or rural populations). The exclusion criteria (e.g., cognitive impairment) further limit generalizability to broader populations. I strongly recommend clarifying the recruitment process (e.g., consecutive enrolment, random sampling) and discuss potential biases. Consider acknowledging limitations in generalizability.

Response 2: We had clarified the recruitment process in the revised manuscript, specifying that participants were enrolled consecutively from a single medical center. We had also acknowledged the potential biases introduced by the exclusion criteria and limited generalizability to broader populations, and had discussed these limitations in greater detail. Please refer to lines 442 to 454 of the revised manuscript.

I could not find the statement from author on which type of sampling method they employed. Was it convenient sampling? Purposive sampling? Simple random sampling? Universal sampling? Please address this and indicate in the write up.

3. Example of a Rebuttal Table

No.	Comment	Feedback	Page/Line