Changes and Additions:

1. **Background**
    - Expand on previous studies addressing similar exercises and their effects on other aspects of AIS, such as spinal deformities and functional abilities.
    - Add citations from relevant studies that support the importance of this meta-analysis.
2. **Methods**
    - Clarify the inclusion and exclusion criteria for studies, as well as the details of the methods used to assess the quality of the included studies.
    - Explain the methodology used to assess heterogeneity among studies, so readers are better informed about possible variations in the results.
3. **Results**
    - Include an explanation of the clinical significance of the reduction in Cobb's angle and what this means for AIS patients.
    - Provide statistical analyses with a greater focus on the interpretation of the results and their potential implications in practice.
4. **Discussion and Conclusions**
    - Discuss in more detail the reasons for the insignificant effect on the angle of trunk rotation and what this could mean in the context of clinical treatment for AIS.
    - Expand the recommendations for future research, particularly regarding long-term effects of Schroth exercises and the need for studies with longer follow-up periods.
5. **Quality of Evidence**
    - Provide a more thorough explanation of the quality of evidence assessment, particularly regarding methodological weaknesses observed in the studies included in the meta-analysis.

Recommendation:
Minor Revisions – The article should be accepted if the authors make minor revisions, small enough that it will not require a re-evaluation of the revised version.