

Polymicrobial detection and salivary metabolomics of children with early childhood caries (#109364)1

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# Polymicrobial detection and salivary metabolomics of children with early childhood caries

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**Background:** Early childhood caries (ECC) has been proposed to be associated with various microorganisms and metabolites. This study aims to compare the prevalence of specific microbial species and salivary metabolomics profile in children with and without ECC, and to explore the correlation between salivary metabolites and targeted microbes.

**Method:** Five-ml of unstimulated saliva was collected from 32 ECC and 22 caries-free children. Clinical indexed were recorded and questionnaires regarding oral health and dietary habits were obtained from the guardians. Presence of 8 specific microbial species were examined using species-specific quantitative PCR (qPCR). Untargeted metabolomics was analyzed to identify key differential metabolites and pathways. Correlations among clinical, microbial, and metabolomic data were further explored.

**Results:** The prevalence of *Scardovia wiggsiae* (90.6%,  $P < 0.001$ ), *Streptococcus mutans* (43.8%,  $P = 0.006$ ), *Streptococcus sobrinus* (62.5%,  $P < 0.001$ ), *Ligilactobacillus salivarius* (93.6%,  $P = 0.01$ ) and *Candida albicans* (56.3%,  $P < 0.001$ ) were significantly higher in ECC group. Prevalence of ECC was higher in children with two targeted species present compared with children with one targeted species. Histidine metabolism and branched-chain amino acids degradation were activated in ECC group, while glyoxylate and dicarboxylate metabolism, purine and pyrimidine metabolism were inhibited. Histidine and glutathione metabolism was activated with enrichment of targeted microbial species, while linoleic acid metabolism and biotin metabolism was inhibited. The duration of each toothbrushing was a significant risk factor for ECC experience. **Conclusion:** The prevalence of *Scardovia wiggsiae*, *Streptococcus mutans*, *Streptococcus sobrinus* and *Candida albicans* is higher in ECC children compared to caries-free children. Oral habits and salivary metabolites also vary between ECC and caries-free children.

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 2 **children with early childhood caries**

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# Abstract

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**Conclusion:** The prevalence of *Scardovia wiggsiae*, *Streptococcus mutans*, *Streptococcus sobrinus* and *Candida albicans* is higher in ECC children compared to caries-free children. Oral habits and salivary metabolites also vary between ECC and caries-free children.

# Introduction

Dental caries remains one of the most common chronic disease of the human oral cavity and can occur at any age. Children with deciduous teeth are more susceptible to caries because of the risk factors including higher organic content of primary teeth, higher frequency of sugary intake, and relatively poor maintenance of personal oral hygiene. Children under 6 years of age who have one or more caries (cavities or non-cavities), missing (due to caries), or filled surfaces in any deciduous tooth are referred to as early childhood caries (ECC) (Deng, Zhang & Zou, 2020). ECC is a multifactorial disease influenced by several factors, including diet, oral hygiene practices, the oral microbiome, and genetic predispositions (Reisine & Douglass, 1998; Park & Choi, 2022; de Jesus et al., 2022; Kateeb et al., 2023). Socioeconomic factors such as place of residence and mode of delivery have also been associated with ECC experiences (Khan et al., 2024). Infants born vaginally had significantly higher intraoral colonization of *Streptococcus mutans* compared to those born by caesarean section (Pattanaporn et al., 2013). A cross-sectional study found that children delivered by caesarean section have a higher caries risk compared to those delivered vaginally (Felsypremila et al., 2024). The results of the third National Dental Epidemiologic Survey in China showed that the caries prevalence among 3-year-olds and 5-year-olds reached 34.5% and 71.9%, respectively (DU et al., 2018). The etiology of caries has confirmed that microorganisms play an important role in the initiation and progression of caries. Examination of supragingival plaques from preschool-age children revealed that *Streptococcus mutans* (*S. mutans*), *Selenomonas sputigena*, *Pseudomonas salivae*, and *Lactobacillus wadei* were significantly associated with ECC (Cho et al., 2023). A large number of previous studies have focused on a classical cariogenic bacterium, *S. mutans* (Krzyściak et al., 2014). However, it has been found that *S. mutans* cannot be isolated from some children with ECC (Tanner et al., 2011). With the development of microbiology and the diversification of detection methods for oral microorganisms, a variety of other bacteria have been found to be potentially correlated with ECC, including but not limited to *Scardovia wiggsiae* (*S. wiggsiae*), *Streptococcus salivarius* (*S. salivarius*), *Streptococcus sobrinus* (*S. sobrinus*), *Streptococcus parasanguinis* (*S. parasanguinis*), *Ligilactobacillus salivarius* (*L. salivarius*), *Veillonella parvula* (*V. parvula*) and *Candida albicans* (*C. albicans*) (Tanner et al., 2011; Xiao et al., 2018; Zhang, Chu & Yu, 2022). An investigation of these novel caries-associated microorganisms in Chinese ECC children may help explain the high prevalence in the population and contribute to targeted prevention and treatment strategies. More and more researchers have come to realize the importance of taking host-microbe interaction into consideration when exploring oral infectious diseases (Lamont, Koo & Hajishengallis, 2018). Metabolites in saliva, which is the key environment where oral bacteria / fungi meet host cells, have been analyzed in several studies on adult caries. Several biomarkers, including salivary mucins, glycoproteins (sCD14), interleukins (IL-2RA, 4, -13), urease, carbonic anhydrase VI, and urea, has been associated with adult caries (Antonelli et al., 2024). A previous study on carbohydrate metabolites of adolescents with caries found significantly different clustering of organic acids in caries-active subjects (Havsed et al., 2021). Histamine, L-histidine and succinate emerges are considered to be the major salivary metabolites associated with caries status, reflecting significant alterations in metabolic pathways in caries-active children (Li et al., 2023b). In addition, salivary metabolites were significantly altered in children with dental caries studied, including amino acid metabolism, pyrimidine metabolism, purine metabolism (Li et al., 2023a). The application and development of untargeted metabolomic technologies, represented by Liquid Chromatograph Mass Spectrometer (LC-MS), allows for

detection of metabolites involved in carbohydrate metabolism, amino acid metabolism, lipid metabolism and many other metabolic pathways. A metabolomic study on children with ECC would benefit our understanding of this disease and help identify potential biomarkers for diagnostic and risk prediction purposes. Thus, the aim of the present study was to explore the prevalence of targeted microbial species and differential salivary metabolites in children with and without ECC in Nanjing District of China. Additionally, the study seeks to explore the correlation between salivary metabolites and targeted microorganisms associated with ECC.

## Materials & Methods

### Study population and Sample collection

The study is a case-control observational study. Subjects were selected from patients who came to the department of pediatric dentistry, Nanjing Stomatological Hospital (Ethical approval: NJSH-2023NL-020-1). A total of 32 children with ECC and 22 caries-free (CF) children were included in this study. All the study participants were required to provide informed consent from the parent or guardian of the children. Additionally, for children who were developmentally capable of understanding the nature of the study, assent was sought in accordance with ethical guidelines for pediatric research. Inclusion criteria for this study: 1) Aged 6 years or below; 2) No antibiotics were used for 3 months; 3) Consent of the parent or guardian to the child's clinical examination and microbiological sampling. Exclusion criteria: 1) children who had systemic disease or congenital disease; 2) children unable to cooperate with sampling or refuse to sample; 3) Bacteria or severe infections in other parts of the body. Two examiners with at least 5-years of experience in the department of pediatric dentistry performed dental examinations and dmft (decay, missing, filling teeth) index according to the World Health Organization (WHO) criteria were recorded (World Health Organization, 2013). Examiner reliability was determined using the weighted kappa coefficient based on images of teeth with or without caries. The mean kappa value was 0.73. Subjects were then divided into the CF group (dmft = 0) and ECC group (dmft = 13.16 > 3.39). The saliva collection time was between 7:00 and 8:00 AM, with no brushing of teeth on the evening before and the morning of the collection. All participants were provided with a sterile saliva collection tube, and were instructed to spit 5 mL whole unstimulated saliva. Collected saliva were immediately placed on ice and transferred to laboratory. Saliva was centrifuged at 4°C for 10 min and the pellets and supernatant were separately stored at -80 °C. The pellets were used for DNA extraction, while the supernatant was used for untargeted metabolomic analysis (Zhang et al., 2016). Meanwhile, the questionnaires were completed by the parents or guardians. The questionnaire used in our study was designed and modified based on the questionnaire used in the national oral health survey (DU et al., 2018). The questionnaire from one child in the caries-free group was excluded in later statistical analysis due to poor quality. General and oral status-associated information was collected: (1) general information of the children; (2) mother-related factors: a) mode of delivery; b) feeding patterns within 6 months of birth; c) whether mother has caries experience; (3) oral health habits: a) age of starting to brush teeth; b) whether brush teeth everyday; c) frequency of brushing everyday; d) duration of each brushing; e) use of fluoride

129 toothpaste; (4) dietary habits: a) frequency of sugary drinks or food; b) frequency of eating /  
130 drinking before bedtime.

#### 131 **DNA extraction and quantitative PCR (qPCR)**

132 Genomic DNA from the saliva was extracted by DNA extraction kits (TIAamp Bacteria DNA  
133 Kit, TIANGEN, China). DNA concentration and purity was examined using Nano-Drop  
134 spectrophotometer using A260/A280 (Nano-Drop one/one<sup>c</sup>, Thermo Fisher Scientific, USA).  
135 The specific primers used for qPCR are detailed in Table 1. Universal 16s rDNA was used as  
136 positive control. A 100µL reaction protocol was set up for this qPCR screening which consisted  
137 of 5 µL ChamQ Universal SYBR qPCR Master Mix (Vazyme, Nanjing, China), 0.5 µL forward  
138 and reverse primers and 4 µL template DNA, performed in triplicate. Processing was performed  
139 using pre-denaturation at 95# for 15 min, followed by 50 cycles denaturation (95# for 15 s and  
140 60# for 30s). The last step was melting curve analysis at 95# for 15 s, 65# for 60s and 95#  
141 for 15 s (Huo et al., 2022).

#### 142 **Untargeted metabolomics**

143 LC-MS analysis was used to perform untargeted metabolomics on supernatant of saliva which  
144 was collected from ECC and CF children. Two mobile phase condition was used to improve the  
145 metabolite coverage, including both positive ion mode and negative ion mode. Detection and  
146 identification of metabolites were performed using MS-dial (ver.5.1.230912) by searching  
147 against online database (MoNA, GNPS, HMDB and MS-dial database) and in-house database.  
148 Untargeted metabolomic analysis was performed at Cosmos Wisdom company (Hangzhou,  
149 China). Detailed methodology is described in the attachment.  
150

#### 151 **Statistical analysis**

##### 152 **Clinical data Analysis**

153 Children with missing data were excluded from the analysis. The normality of the data was  
154 tested through the Shapiro-Wilk test. Nonparametric test was used for continuous data of skew  
155 distribution. Demographic variables were summarized and descriptive statistics were reported.  
156 The Chi-square test was used to analyze variables including gender, mode of delivery, whether  
157 the mother has caries experience, age of starting to brush teeth, whether brushing teeth daily,  
158 frequency of daily brushing, use of fluoride toothpaste and frequency of sugary food or drink  
159 intake. Fisher's exact test was used to analyze variables including feeding patterns within 6  
160 months of birth, duration of brushing and whether intake of foods before bedtime after brushing.  
161 Only the variables that showed significant relation to dental caries experience were studied by  
162 multicollinearity analysis and multiple logistic regression analysis. All conclusions were drawn  
163 considering the level of significance of 5%. Data analysis was performed using Statistical  
164 Package for Social Science version 29.0 (SPSS Inc., Chicago, IL, USA).  
165

# **Bioinformatics Analysis**

R software package was employed to test for significant differences between two groups of samples. T-test, Variable Importance in Projection (VIP) obtained from the Orthogonal partial least squares-discriminant analysis (OPLS-DA) model (biological replicates  $\geq 3$ ) and the  $P$  /FDR (biological replicates  $\geq 2$ ) or fold change (FC) values from univariate were used together to screen differential metabolites between two groups. Generally, variables meeting both criteria of  $P < 0.05$  and  $VIP > 1.0$  were considered as differential metabolites. The Fisher's exact test was used to find out whether the differentially expressed metabolites had significant enrichment trends in specific functional types. The differential metabolites identified in the previous step were then subjected to Kyoto Encyclopedia of Genes and Genome (KEGG) pathway. Metabolite Set Enrichment Analysis (MSEA) was performed based on all identified metabolites and KEGG pathway databases using the R package corto (version 1.2.4). Based on the MSEA enrichment results, we screened for significantly enriched pathways and differential metabolites in the pathways by setting a  $p$  value threshold ( $P < 0.05$ ) and mapped the metabolic regulatory network using the R package graph (version 2.1.0). Spearman's correlation analysis as well as KEGG pathway enrichment analysis was performed to analyze the correlation between delta Cq ( $Cq_{\text{species}} - Cq_{\text{universal 16s}}$ ) of targeted species and metabolites to screen for significantly up-regulated and down-regulated metabolites associated with the targeted microbes.

# **Results**

## **General and clinical characterization**

A total of 53 children were included in the study. General and clinical informational data of the subjects are shown in Table 2. Age and gender were not statistically different between the CF and ECC groups.

## **Questionnaire results**

Notably, age of starting to brush teeth, whether brush teeth everyday, frequency of brushing, duration of each brushing, use of fluoride toothpaste and frequency of sugary drinks or food were significantly different in CF and ECC groups (Table 3). Variables that were significantly different between two groups were incorporated into the multicollinearity analysis and followed by the multiple logistic regression model. The multicollinearity analysis showed that there were low levels of collinearity among the variables (Table 4,  $1 < VIF < 10$ ). The multiple logistic regression analysis exhibited that the duration of each brushing was a significant risk factor associated with ECC experience (Table 5).

## **Detection and co-detection of specific microbial species**

The detection rate of specific microbial species was shown in Table 6. The prevalence of *S. wiggisiae* ( $P < 0.001$ ), *S. mutans* ( $P = 0.006$ ), *S. sobrinus* ( $P < 0.001$ ), *L. salivarius* ( $P = 0.01$ ) and *C. albicans* ( $P < 0.001$ ) were significantly higher in the ECC group when compared to CF.

Co-detection of *S. wiggisiae*, *S. mutans*, *S. sobrinus*, *L. salivarius* and *C. albicans* in pooled and groupwise samples is shown in Fig. 1. All children with presence of the combination of *C. albicans* and *S. mutans* or *C. albicans* and *S. sobrinus* had ECC (Fig. 1A). Prevalence of ECC was higher in children with two targeted species present compared to that in children with only one targeted species present. Co-detection was more prevalent in ECC group compared with CF group (Fig. 1B).

**Commented [L1]:** Please state the percentage of each microorganism obtained, according to the statement in the conclusion section.

## Metabolomic results

In the present study, a total of 442 metabolites were detected by untargeted metabolomics. Differential metabolites between ECC group and CF group are shown in Fig. 2. A total of 132 differential metabolites were identified, including 97 up-regulated metabolites and 35 down-regulated metabolites. The top 10 up/down-regulated differential metabolites are shown in Table 7 and Table 8 respectively. KEGG enrichment analysis and MSEA were performed to determine functional pathways and metabolite sets with major differences between two groups. Figure 3 showed results from KEGG enrichment analysis. Nitrogen metabolism was mostly enriched. D-amino acid metabolism and pyrimidine metabolism contains the most numbers of differential metabolites. MSEA revealed that 8 metabolite sets were significantly different between ECC and CF groups (Fig. 4), including caffeine metabolism, glyoxylate and dicarboxylate metabolism, citrate cycle (TCA cycle), pyrimidine metabolism, histidine metabolism, valine, leucine and isoleucine degradation, pyruvate metabolism and purine metabolism. Based on the MSEA enrichment results, we screened the pathways with  $P < 0.05$  and the different metabolites in the pathway to construct the metabolic regulatory network (Fig. 5). Histidine metabolism and valine, leucine and isoleucine degradation were activated in the ECC group. Conversely, glyoxylate and dicarboxylate metabolism, purine metabolism and pyrimidine metabolism were inhibited in saliva of children with ECC.

## Correlation between microorganisms and metabolomics

Based on the results of the correlation analysis between the  $C_q$  ( $C_{q\text{species}} - C_{q\text{universal 16s}}$ ) values of the targeted specific microbial species and the metabolites, we screened the metabolites with significant correlation with the microbial species content and performed KEGG pathway analysis. Histidine metabolism and glutathione metabolism was activated with enrichment of targeted microbial species, while linoleic acid metabolism and biotin metabolism was inhibited (Fig. 6).

## Discussion

Results from this current study about the detection of multiple acid-producing microorganisms are consistent with the polymicrobial etiology of dental caries suggested by a number of researchers (Simón-Soro & Mira, 2015; Lamont, Koo & Hajishengallis, 2018; Shao et al., 2023). The dominant species in early childhood caries seems to differ from that in adolescent and adult caries. While the detection of *Scardovia wiggisiae* has been reported in children with ECC from different populations (Tanner et al., 2011; Simón-Soro & Mira, 2015; Chandna et al., 2018;

245 Lamont, Koo & Hajishengallis, 2018; McDaniel et al., 2021; Tantikalchan & Mittrakul, 2022;  
 246 Shao et al., 2023), the extremely high prevalence of this species in Chinese ECC children  
 247 (90.6%, Table 6) is firstly reported and suggests that it may play a role in population-specific  
 248 caries etiology. Notably, *Scardovia wiggisiae* has been found to be more tolerant to fluoride  
 249 inhibition when compared to *S. mutans* (Kameda et al., 2020), indicating a poorer effect of  
 250 fluoride prevention on dental caries with *Scardovia wiggisiae* being dominant in the oral cavity.  
 251 While there is no water fluoridation in China, high concentrations of fluoride in groundwater  
 252 have been reported in different regions of China (Cao et al., 2022; Huang et al., 2023). It can be  
 253 hypothesized that the predominance of *Scardovia wiggisiae* could be a result of natural selection.  
 254 This predominance could also partly explain the relatively compromised protective effect of  
 255 topical fluoride, which is regularly applied to pre-school children in most areas of China.  
 256 Except for *Scardovia wiggisiae*, other microbial species including *S. mutans*, *Streptococcus*  
 257 *sobrinus*, *Ligilactobacillus salivarius* and *Candida albicans* were also found to be more  
 258 prevalent in children with ECC. Among them, *S. mutans* and *S. sobrinus* has been long studied as  
 259 main pathogens of dental caries and have synergistic effect (Rupf et al., 2006; Li, Wyllie &  
 260 Jensen, 2021). High prevalence of *Candida albicans* in ECC has also been reported in numerous  
 261 studies (De Carvalho et al., 2006; Xiao et al., 2018; Sridhar et al., 2020). The co-existence could  
 262 greatly promote metabolic activities and biofilm formation of *Candida* and bacteria through  
 263 direct interaction and indirect signal molecules, thus facilitating caries progression (Xiao et al.,  
 264 2018). In our study, we also noticed a notably higher prevalence of caries when two targeted  
 265 species were detected in salivary samples, indicating synergistic interactions between different  
 266 microbes (Fig. 1). Future studies could explore the potential physical / chemical / metabolic  
 267 interactions and synergies between these targeted species as this may provide deeper insights  
 268 into their role in caries development. The high detection rate of *Ligilactobacillus salivarius* in  
 269 children with ECC was somewhat surprising as this species has long been regarded as a probiotic  
 270 which can inhibit biofilm formation of *S. mutans* and *Candida albicans* (Krzyściak et al., 2017;  
 271 Wasfi et al., 2018). Caries incidence and prevalence was reported to be decreased after a short-  
 272 term intervention with *Ligilactobacillus salivarius* probiotic (Staszczuk et al., 2022). However,  
 273 controversial results were also reported by other researchers, who found higher level of  
 274 *Ligilactobacillus salivarius* in adolescents with dental caries (Shimada et al., 2015). One  
 275 explanation for this controversy may due to the genomic diversity of this species and the variety  
 276 of strains existed in nature (Neville & O'Toole, 2010; Raftis et al., 2011). More and more  
 277 researchers have come to realize that virulence of caries-associated bacteria could be strain-  
 278 specific (Tanner et al., 2018; Al-Hebshi et al., 2019). A previous study identified two  
 279 significantly different groups of *Ligilactobacillus salivarius* based on randomly amplified  
 280 polymorphic DNA fingerprinting (Švec, Kukletová & Sedláček, 2010), implicating potentially  
 281 different metabolic phenotypes. Strain-based study is required to further unveil the cariogenic  
 282 strains of *Ligilactobacillus salivarius* identified in our current study.  
 283 Metabolomic analysis revealed 132 differential metabolites in two groups of children, indicating  
 284 significantly different salivary status due to microbial activity and host conditions. Amino acid  
 285 metabolism, especially histidine metabolism, was found to be activated in ECC group (Fig. 5),  
 286 which is consistent with a previous metabolomic study in children with mixed-dentition (Li et  
 287 al., 2023b). Interestingly, when analyzing metabolomic data based on enrichment of the targeted  
 288 microbial species, activation of histidine metabolism was also noticed in samples with enriched  
 289 targeted species (Fig. 6), indicating that microbes selected in the current study can well represent  
 290 the metabolic status of the ECC oral microcosm. Histidine is an essential amino acid in the

human body and plays a central role in metabolism of histidine-containing proteins (Moro et al., 2020). Previous studies have emphasized the significance of salivary histidine-rich proteins, represented by histatin 5, which are important components of the non-specific immune system in the oral cavity (Jurczak et al., 2015; Munther, 2020). Antimicrobial peptides derived from histatin 5 have been proved to impose killing effect on oral pathogens, including candida and streptococci (Stewart et al., 2023; Skog et al., 2023). Besides, histatin 5 can inhibit the aggregation of *S. mutans* with other microbiota and thus biofilm formation (Huo et al., 2011; Krzyściak et al., 2015). In this current study, we detected activated histidine metabolism and higher levels of histamine in ECC group, which is a hydrolytic product of histidine. This result could be associated with lower histatin 5 levels in children with ECC found in other studies (Jurczak et al., 2015; Munther, 2020). Based on the current result, supplement of histidine, especially histatin 5, should be suggested for children with ECC to improve the host defense against cariogenic microorganisms.

This study also addresses distinct activities of purine and pyrimidine metabolism in children with ECC, correlating with several previous reports which suggested use of purine and pyrimidine-related metabolites as caries biomarkers (He et al., 2018; Li et al., 2023b). The role of purine and pyrimidine metabolism in caries etiology is still unknown as it has not been found until recent years due to advances in sequencing and metabolomic technologies. Purine and pyrimidine metabolism has been associated with biological interconversion of DNA, RNA, lipids and carbohydrates (Garavito, Narváez-Ortiz & Zimmermann, 2015). Pathogens could manipulate pyridine metabolism in host cells to generate an optimal host cellular environment for them to proliferate (Garavito, Narváez-Ortiz & Zimmermann, 2015). Interestingly, a recent study also reported decreased purine and pyrimidine synthesis in a periodontitis microbial model and the decrease has been hypothesized to be associated with the environmental oxygen gradient caused by bacteria itself (Yamaguchi-Kuroda et al., 2023). The recurrent discovery of purine and pyrimidine metabolism change in oral infectious diseases is worth deeper explorations.

The inhibition of glyoxylate and dicarboxylate metabolism in children with ECC is novel in this study. Glyoxylate and dicarboxylate metabolism is well conserved in the entire biosphere and serves as important bypass of the citric acid cycle (TCA) (Dolan & Welch, 2018). The central metabolite, glyoxylate, is closely associated with glyoxylate shunt which is involved in oxidative stress, antibiotic stress and host infection in various pathogenic microorganisms (Xu et al., 2022). Also, the use of glyoxylate metabolism indicates the ability of the microorganisms to take advantage of carbon sources such as acetate, fatty acids, or ketogenic amino acids (Dolan & Welch, 2018). Inhibition of glyoxylate and dicarboxylate metabolism may lead to compromised growth and metabolic potential and competitiveness of the microorganisms in the host environment. Studies about glyoxylate and dicarboxylate metabolism in oral microbes are still rare, suggesting future efforts to understand its role in pathogenesis of caries, especially in ECC.

The current study also included behavioral risk factors of ECC. Factors including age of starting to brush teeth, frequency of brushing, duration of brushing, use of fluoride toothpaste and frequency of sugary intake significantly varied between ECC and CF group, emphasizing the importance of introducing oral health knowledge and habits to parents (SUN, ZHANG & ZHOU, 2017; Manchanda et al., 2023). Among the studied factors, brushing teeth for more than 3 minutes can significantly reduce the risk of caries (Table 5). Very limited number of studies looked into toothbrushing time in children. This issue may reflect the fact that while parents have been told to brush teeth for their children, more specific toothbrushing techniques have not been taught. A previous study on oral health knowledge, attitudes and behavior of parents of preschool

children found that parents have different habits and opinions about how to help their children brush their teeth (Naidu & Nunn, 2020). In order to enhance the caries preventive effect, more community toothbrushing programs should be addressed to teach parents or guardians to correctly supervise toothbrushing.

This current study locates novel microbial species and salivary metabolites associated with ECC in China, which can be further explored to better understand the disease mechanism and develop targeted preventive agent. Due to the limited sample size, confounding factors, including socioeconomic status and genetic predisposition, were not strictly controlled in this study. Additionally, while we identified significant associations between ECC and microbial/metabolic factors, the cross-sectional design of this study does not allow for causal inference. As the current study did not include direct biofilm measurement, the associations between metabolites such as histatin 5 and cariogenic biofilm formation should further be verified in future *in vitro* studies. Other potential influencing factors, such as immune responses, and environmental exposures, were not extensively analyzed. These limitations should be considered when interpreting the findings, and future longitudinal studies with larger, more diverse populations and controlled confounders are necessary to validate and further explore these associations.

# Conclusions

In conclusion, this current study found higher prevalence of *Scardovia wiggsiae* (90.6%), *Streptococcus mutans* (43.8%), *Streptococcus sobrinus* (62.5%), *Ligilactobacillus salivarius* (93.6%) and *Candida albicans* (56.3%) in ECC children compared to caries-free children. Co-detection of two targeted microbial species may indicate higher possibility of caries in children. Oral habits and salivary metabolites also vary between ECC and caries-free children. Metabolomic pathways such as histidine metabolism, purine and pyrimidine metabolism and glyoxylate and dicarboxylate metabolism may reflect host-microbe interaction in ECC status. Key metabolites may be further identified to predict caries risks in children.

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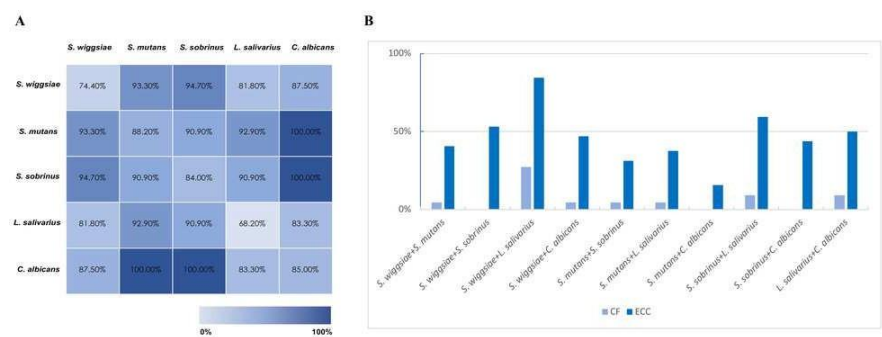
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Figure 1

Co-detection of specific species.

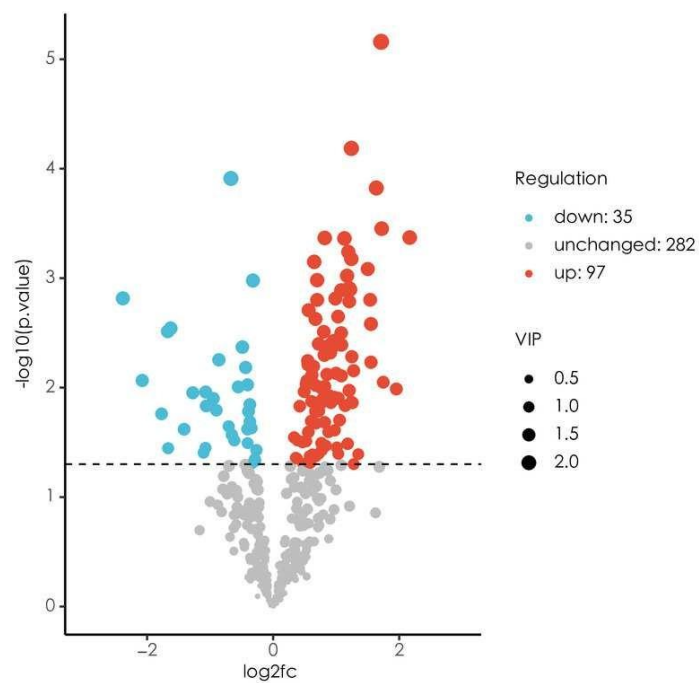
(A) caries prevalence in pooled samples with co-detection of specific microorganisms. (B) prevalence of co-existence of specific microorganisms in ECC and CF group.



# Figure 2

Volcano plot of difference analysis

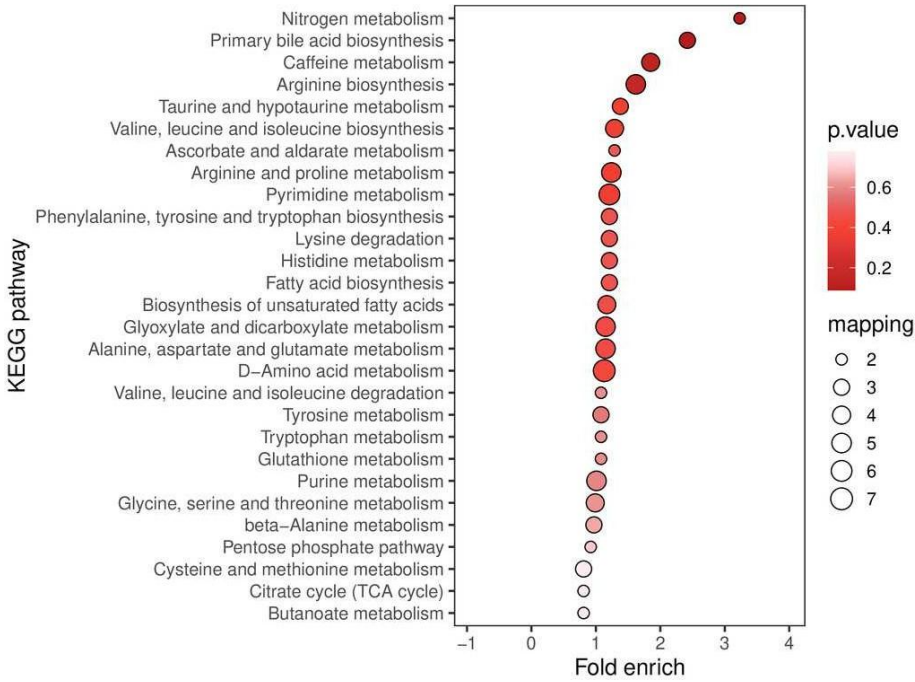
Blue indicates significantly down-regulated differential metabolites, and red indicated significantly up-regulated differential metabolites, purple-gray indicates metabolites with no significant difference.



# Figure 3

## KEGG enrichment of ECC vs CF

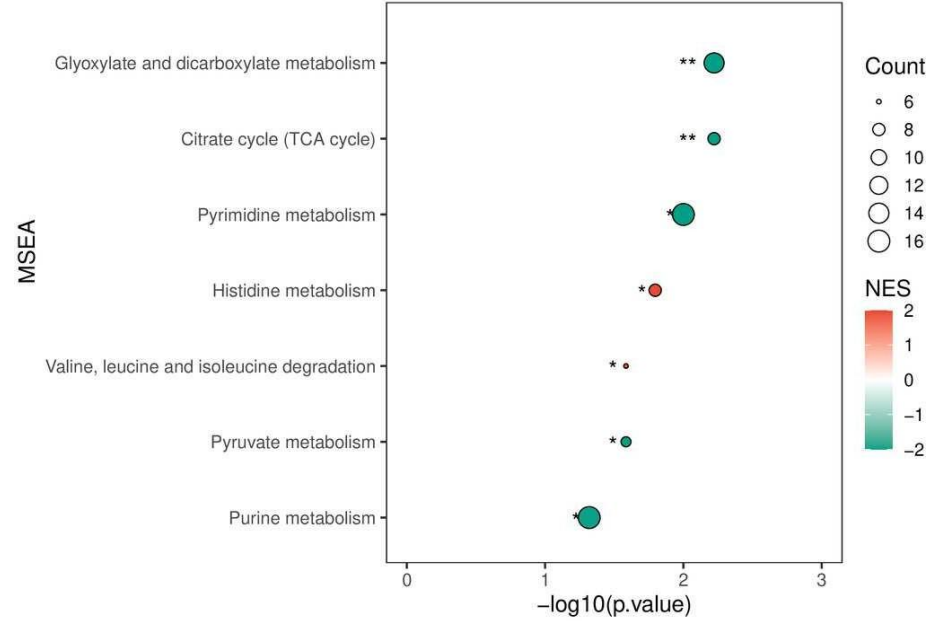
The results of the top 20 most significantly enriched categories are given in the plot, with the KEGG pathway in the longitudinal axis, the horizontal axis is the Log2-transformed value of the Fold enrichment. Fold enrich is the ratio of GeneRatio to Background Ratio in the corresponding pathway, and a larger value indicates a greater degree of enrichment. The circle colour indicates the p-value of enrichment significance, and the circle size indicates the number of different metabolites in the pathway.



## Figure 4

MSEA results of ECC vs CF

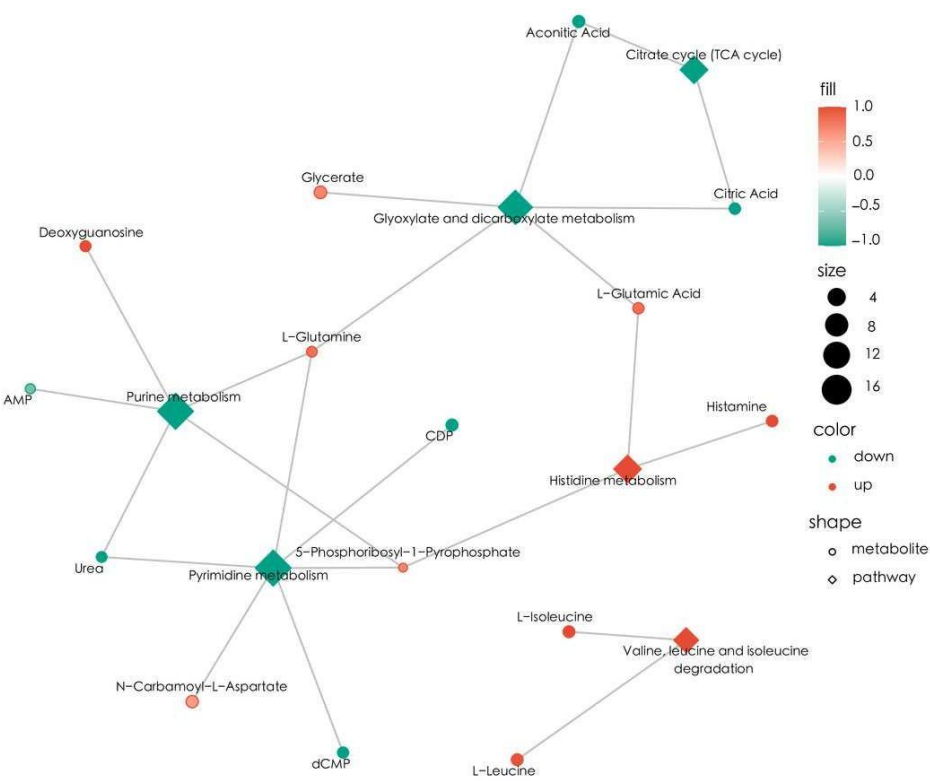
Normalized Enrichment Score (NES) was used to measure the enrichment of the metabolite set in the pathway. NES values range from -1 to 1, where greater than 0 indicates that the metabolite set is enriched and less than 0 indicates that the metabolite set is suppressed. Circle size indicates the number of different metabolites in each metabolite set.



# Figure 5

## Differential metabolite regulatory network

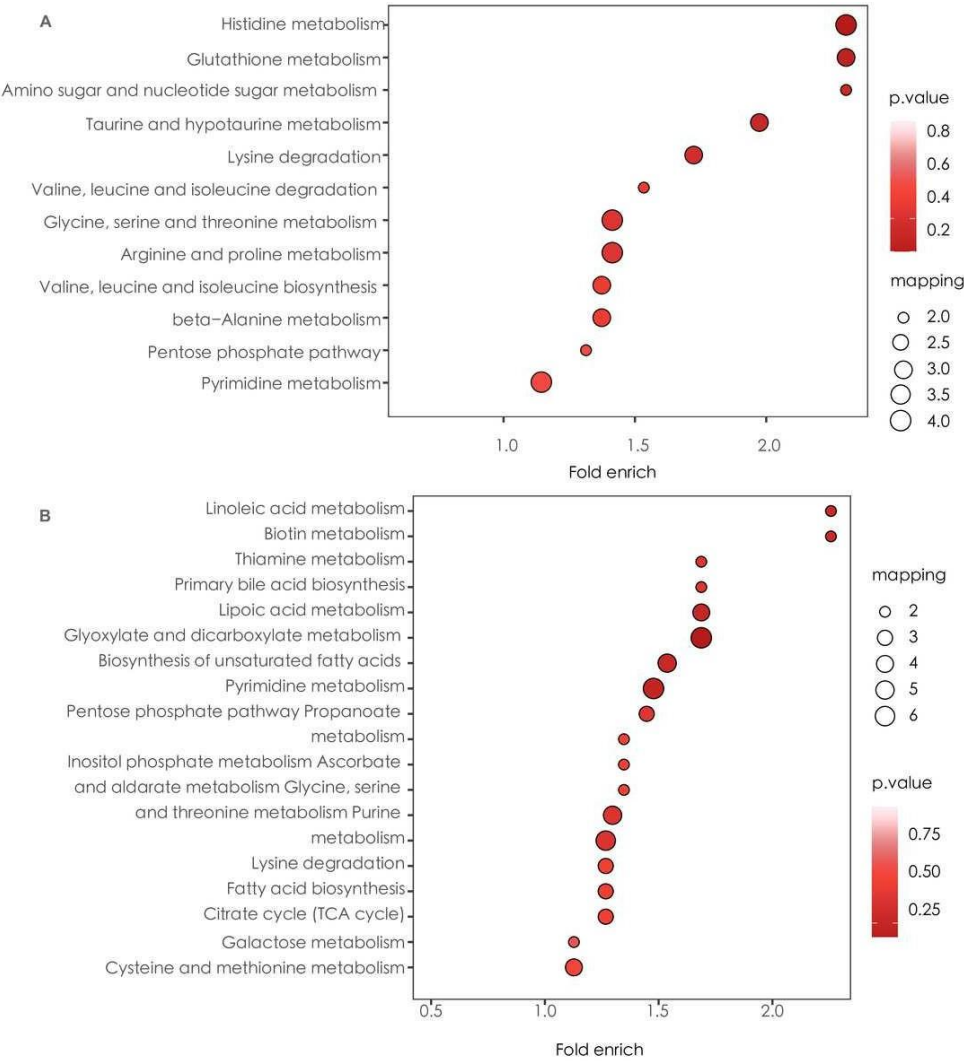
Circles represent differential metabolites, where red indicates up-regulation, green indicates down-regulation, and size indicates VIP values. Diamonds indicate pathways, where red indicates activation and green indicates inhibition, size indicates the number of metabolites detected in the pathway; wiring indicates that metabolites are involved in the pathway process. Connection represents the process in which metabolites participate in this pathway.



## Figure 6

KEGG enrichment based on enrichment of targeted microbial species.

(A) up-regulated metabolic pathways with enrichment of targeted microbial species. (B) down-regulated metabolic pathways with enrichment of targeted microbial species.



**Table 1** (on next page)

Primers used in this study

1
 **Table.1 Primers used in this study**

Species	Primer sequence	
Universal 16s	F	GGGACTACCAGGGTATCTAAT
	R	GGGACTACCAGGGTATCTAAT
<i>Scardovia wiggisiae</i>	F	GTGGACTTTATGAATAAGC
	R	CTACCGTTAAGCAGTAAG
<i>Streptococcus mutans</i>	F	AGTCGTGTTGGTTCAACGGA
	R	TAAACCGGGAGCTTGATCGG
<i>Streptococcus salivarius</i>	F	CTGCTCTTGACAGCCCAT
	R	ACGGGAAGCTGATCTTTCGTA
<i>Streptococcus sobrinus</i>	F	GACCTGTCAGCCGAAGAACGC
	R	CCGCAGAGAAGTATCCCGC
<i>Streptococcus parasanguinis</i>	F	AACAATGCGATYCCAGTATCRAG
	R	CTACGACATTAAAGGTACDCGG
<i>Ligilactobacillus salivarius</i>	F	CGAAACTTTCTTACACCGAATGC
	R	GTCCATTGTGGAAGATTCCC
<i>Veillonella parvula</i>	F	GAACGTTTGTTGCGTGCTATTTTGGT
	R	TCGTCGCCATTTTCACGGGTAA
<i>Candida albicans</i>	F	CACCAACTCGACCAGTAGGC
	R	CGGGTGGTCTATATTGAGAT

2

# Table 2 (on next page)

## General and clinical characterization

<sup>a</sup> *P* of the Chi-square test for independence <sup>b</sup> t-test was adopted to evaluate the association between the age with the caries status. CF, caries-free; ECC, early childhood caries; dmft, decayed-missing-filled deciduous teeth.

1

Table and characterization	CF (n=21)	ECC (n=32)	
Gender			
Female	11 (52.4%)	13 (40.6%)	$\chi^2 = 0.707$ , d.f.=1
Male	10 (47.6%)	19 (59.4)	$p=0.4^a$
Mean Age $\pm$ SD (years)	4.74 $\pm$ 0.85	4.49 $\pm$ 0.78	$p=0.753^b$
dmft	0	13.16 $\pm$ 3.39	

2

3

4

5

<sup>a</sup>

of Chi-square test

<sup>b</sup>

t-test was adopted to evaluate the association between the age with the caries status.

CF, caries-free; ECC, early childhood caries; dmft, decayed-missing-filled deciduous teeth.

**Table 3** (on next page)

Results from the questionnaires

<sup>a</sup> Mann-Whitney U test. CF, caries-free; ECC, early childhood caries.

1

Table	the		
Factors	CF (n=21)	ECC (n=32)	
Mode of delivery			$\chi^2=0.167$ , d.f.=1
spontaneous labor	13(61.9%)	18(56.3%)	$p=0.683^a$
caesarean section	8(38.1%)	14(43.8%)	
Birth weight (kg)	3.35(2.85y3.6)	3.45(3.17y3.68)	$Z=-0.938$ , $p=0.348^b$
Feeding patterns within 6 months of birth			$\chi^2=4.085$ , d.f.=3
formula feeding only	0(0%)	5(15.6%)	$p=0.239^c$
formula feeding mainly	0(0%)	0(0%)	
formula and breast feeding equal	7(33.3%)	8(25.0%)	
breast feeding mainly	1(4.8%)	3(9.4%)	
breast feeding only	13(61.9%)	16(50%)	
Whether the mother has caries experience			$\chi^2=3.382$ , d.f.=2
No	7(33.3%)	7(21.9%)	$p=0.184^a$
Yes, treated	9(42.9%)	15(46.9%)	
Yes, untreated	3(14.3%)	10(31.3%)	
Age of starting to brush teeth			$\chi^2=4.85$ , d.f.=1
f1 years old	13(61.9%)	10(31.3%)	$p=0.028^a$
>1 years old	8(38.1%)	22(68.8%)	
Brushing teeth everyday			$\chi^2=10.48$ , d.f.=1
yes	19(90.5%)	15(46.9%)	$p=0.01^a$
no	2(9.5%)	17(53.1%)	
Frequency of brushing			$\chi^2=7.62$ , d.f.=1
1 times/day	5(23.8%)	20(62.5%)	$p=0.006^a$
g 2 times/day	16(76.2%)	12(37.5%)	
Duration of each brushing			$\chi^2=4.68$ , d.f.=1
< 3 minutes	13(61.9%)	28(87.5%)	$p=0.045^c$
g 3 minutes	12(38.1%)	4(12.5%)	
Use of fluoride toothpaste			$\chi^2=5.11$ , d.f.=1
Yes	19(90.5%)	20(62.5%)	$p=0.024^a$
No	2(9.5%)	12(37.5%)	
Frequency of sugary drinks or food			$\chi^2=7.63$ , d.f.=2
f 1 times/week	5(23.8%)	4(12.5%)	$p=0.022^a$
2-4 times/week	11(52.4%)	8(25.0%)	
g 1 times/day	5(23.8%)	20(62.5%)	
Intake of foods before bedtime (after brushing)			$\chi^2=3.75$ , d.f.=2
f 1 times/week	16(76.2%)	16(50%)	$p=0.141^c$
2-4 times/week	4(19.0%)	10(31.3%)	
g 1 times/day	1(4.8%)	6(18.8%)	

2

<sup>a</sup> of Chi-square test; <sup>b</sup> of Mann-Whitney U test; <sup>c</sup> of Fisher's exact test;

3 CF, caries-free; ECC, early childhood caries.

**Table 4**(on next page)

Independent variable multicollinearity analysis

VIF, variance inflation factor

1

Table	In	anal
Age of starting to brush teeth	0.793	1.261
Brushing teeth everyday	0.669	1.495
Frequency of brushing	0.951	1.051
Duration of each brushing	0.811	1.234
Use of fluoride toothpaste	0.926	1.079
Frequency of sugary drinks or food	0.725	1.379

2

3

4

variance inflation factor

**Table 5**(on next page)

Significant factors in the multiple logistic regression analysis

\*  $P < 0.05$ ; adjust OR, adjust odds ratio; 95% CI, 95% Confidence Interval; The bolded values indicate variables which were used as references in the logistic regression analysis.

Table	in the	lo	re	anal		
Factors					Adjusted OR	95% C
						Lowerupper
Age of starting to brush teeth						
f1 years old						
>1 years old		1.061	0.229	2.891	0.531	16.275
Brushing teeth everyday						
No						
Yes		-1.202	0.361	0.301	0.023	3.954
Frequency of brushing						
1 times/ day						
g 2 times/ day		-1.464	0.262	0.231	0.018	2.983
Duration of each brushing						
< 3 minute						
g 3 minutes		-2.109	0.029	0.121	0.018	0.808
Use of fluoride toothpaste						
No						
yes		-0.428	0.731	0.652	0.057	7.459
Frequency of sugary drinks or food						
f 1 times/ week						
2-4 times/ week		-0.742	0.484	0.476	0.60	3.807
g 1 times/ day		1.777	0.118	5.912	0.637	54.916

*P* <0.05; ad O ad odds ratio; 95% CI, 95% Confidence Interval; bolded values indicate variables which were used as references in the logistic regression analysis.

**Table 6** (on next page)

Detection rates of specific microbial species

CF, caries-free; ECC, early childhood caries; d.f., degrees of freedom.

1

Table	rate o				
	CF		ECC		P
		Negative		Negative	
<i>Scardovia wiggsiae</i>	11 (50%)	11 (50%)	29 (90.6%)	3 (9.4%)	$\chi^2=11.20$ , d.f.=1 $p=0.001^a$
<i>Streptococcus mutans</i>	2 (9.1%)	20 (90.9%)	14 (43.8%)	18 (56.3%)	$\chi^2=7.51$ , d.f.=1 $p=0.006^a$
<i>Streptococcus salivarius</i>	22 (100%)		32(100%)		
<i>Streptococcus sobrinus</i>	3 (13.6%)	19 (86.4%)	20 (62.5%)	12 (38.7%)	$\chi^2=12.73$ , d.f.=1 $p<0.001^a$
<i>Streptococcus parasanguinis</i>	20 (90.9%)	2 (9.1%)	29 (90.6%)	3 (9.4%)	$p=1.000^b$
<i>Ligilactobacillus salivarius</i>	14 (63.6%)	8 (36.4%)	30 (93.6%)	2 (6.3%)	$p=0.010^b$
<i>Veillonella parvula</i>	22 (100%)		32 (100%)		
<i>Candida albicans</i>	2 (9.1%)	20 (90.9%)	18 (56.3%)	14 (43.8%)	$\chi^2=12.43$ , d.f.=1 $p<0.001^a$

2

3

4

<sup>a</sup> P of Chi-square test; <sup>b</sup> P of Fisher's exact test;  
 CF, caries-free; ECC, early childhood caries; d.f., degrees of freedom.

**Table 7** (on next page)

Detailed information about top 10 up-regulated differential metabolites

1

Table	in	abo	to	di
Metabolite name	Category	log2fc	<i>p</i> -value	
Caffeine		3.044292208	0.000556028	
		2.165787879	0.000425488	
		1.954194805	0.010277702	
Arachidonic Acid (C20)		1.746463203	0.00891573	
		1.721707792	0.000352883	
Cysteine sulfinic Acid	Amino Acid	1.711880952	6.93E-06	
1,3-Diphenylguanidine		1.63612987	0.000150028	
		1.551612554	0.005857378	
		1.550902597	0.002619783	
		1.538647186	0.001575715	

2

**Table 8**(on next page)

Detailed information about top 10 down-regulated differential metabolites

1

Table	in	abo	to	do	di
Metabolite name	Category	log2fc	p-value		
Naringenin	Unclassified	-2.384415584	0.001528992		
Citric Acid	Carbohydrate	-2.077140693	0.008597062		
Citraconic acid	Unclassified	-1.771183983	0.01735429		
CD	Nucleotide	-1.67147619	0.003060071		
Fructoselysine		-1.66630303	0.035772992		
Aconitic Acid	Carbohydrate	-1.626422078	0.002868763		
		-1.412974026	0.023986494		
dCM	Nucleotide	-1.274822511	0.011138418		
4-Methylcatechol		-1.104229437	0.03931109		
7-Methylguanosine	Nucleotide	-1.073872294	0.035467538		

2