

Polymicrobial detection and salivary metabolomics of children with early childhood caries (#109364)1

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# Polymicrobial detection and salivary metabolomics of children with early childhood caries

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**Background:** Early childhood caries (ECC) has been proposed to be associated with various microorganisms and metabolites. This study aims to compare the prevalence of specific microbial species and salivary metabolomics profile in children with and without ECC, and to explore the correlation between salivary metabolites and targeted microbes. **Method:** Five-ml of unstimulated saliva was collected from 32 ECC and 22 caries-free children. Clinical indexed were recorded and questionnaires regarding oral health and dietary habits were obtained from the guardians. Presence of 8 specific microbial species were examined using species-specific qPCR. Untargeted metabolomics was analysed to identify key differential metabolites and pathways. Correlations among clinical, microbial, and metabolomic data were further explored. **Results:** The prevalence of *Scardovia wiggsiae* (90.6%, p-value <0.001), *Streptococcus mutans* (43.8%, p-value=0.006), *Streptococcus sobrinus* (62.5%, p-value<0.001), *Ligilactobacillus salivarius* (93.6%, p-value=0.01) and *Candida albicans*(56.3%, p-value <0.001) were significantly higher in ECC group. Prevalence of ECC was higher in children with two targeted species present compared with children with one targeted species. Histidine metabolism and branched-chain amino acids degradation were activated in ECC group, while glyoxylate and dicarboxylate metabolism, purine and pyrimidine metabolism were inhibited. Histidine and glutathione metabolism was activated with enrichment of targeted microbial species, while linoleic acid metabolism and biotin metabolism was inhibited. The duration of each toothbrushing was a significant risk factor for ECC experience. **Conclusion:** ECC is potentially associated with specific microorganisms. Co-detection of two targeted microbial species indicates higher possibility of caries. Oral habits and salivary metabolic activities vary between ECC and caries-free children. Selected microbes can well present the salivary metabolic status of ECC.

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 2 **children with early childhood caries**

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# Abstract

**Background:** Early childhood caries (ECC) has been proposed to be associated with various microorganisms and metabolites. This study aims to compare the prevalence of specific microbial species and salivary metabolomics profile in children with and without ECC, and to explore the correlation between salivary metabolites and targeted microbes.

**Method:** Five-ml of unstimulated saliva was collected from 32 ECC and 22 caries-free children. Clinical indexed were recorded and questionnaires regarding oral health and dietary habits were obtained from the guardians. Presence of 8 specific microbial species were examined using species-specific qPCR. Untargeted metabolomics was analysed to identify key differential metabolites and pathways. Correlations among clinical, microbial, and metabolomic data were further explored.

**Results:** The prevalence of *Scardovia wiggsiae* (90.6%,  $P < 0.001$ ), *Streptococcus mutans* (43.8%,  $P = 0.006$ ), *Streptococcus sobrinus* (62.5%,  $P < 0.001$ ), *Ligilactobacillus salivarius* (93.6%,  $P = 0.01$ ) and *Candida albicans* (56.3%,  $P < 0.001$ ) were significantly higher in ECC group. Prevalence of ECC was higher in children with two targeted species present compared with children with one targeted species. Histidine metabolism and branched-chain amino acids degradation were activated in ECC group, while glyoxylate and dicarboxylate metabolism, purine and pyrimidine metabolism were inhibited. Histidine and glutathione metabolism was activated with enrichment of targeted microbial species, while linoleic acid metabolism and biotin metabolism was inhibited. The duration of each toothbrushing was a significant risk factor for ECC experience.

**Conclusion:** ECC is potentially associated with specific microorganisms. Co-detection of two targeted microbial species indicates higher possibility of caries. Oral habits and salivary metabolic activities vary between ECC and caries-free children. Selected microbes can well present the salivary metabolic status of ECC.

## 44 Introduction

45 Dental caries remains one of the most common chronic disease of the human oral cavity and can  
 46 occur at any age. Children with deciduous teeth are more susceptible to caries because of the risk  
 47 factors including higher organic content of primary teeth, higher frequency of sugary intake, and  
 48 relatively poor maintenance of personal oral hygiene. Children under 6 years of age who have  
 49 one or more caries (cavities or non-cavities), missing (due to caries), or filled surfaces in any  
 50 deciduous tooth are referred to as early childhood caries (ECC) (Deng, Zhang & Zou, 2020).  
 51 ECC is a multifactorial disease influenced by several factors, including diet, oral hygiene  
 52 practices, the oral microbiome, and genetic predispositions (de Jesus et al., 2022). Socioeconomic  
 53 factors such as place of residence and mode of delivery have also been associated with ECC  
 54 experiences (Khan et al., 2024). The results of the third National Dental Epidemiologic Survey in  
 55 China showed that the caries prevalence among 3-year-olds and 5-year-olds reached 34.5% and  
 56 71.9%, respectively (DU et al., 2018). The etiology of caries has confirmed that microorganisms  
 57 play an important role in the initiation and progression of caries. Examination of supragingival  
 58 plaques from preschool-age children revealed that *Streptococcus mutans*, *Selenomonas*  
 59 *sputigena*, *Pseudomonas salivae*, and *Lactobacillus wadei* were significantly associated with  
 60 ECC (Cho et al., 2023). A large number of previous studies have focused on a classical  
 61 cariogenic bacterium, *Streptococcus mutans* (*S. mutans*) (Krzyściak et al., 2014). However, it has  
 62 been found that *S. mutans* cannot be isolated from some children with ECC (Tanner et al., 2011).  
 63 Moreover, topical application of fluoride, a commonly accepted caries-preventive agent, is less  
 64 effective in preventing caries in children, especially children with high caries risks (Manchanda  
 65 et al., 2023). With the development of microbiology and the diversification of detection methods  
 66 for oral microorganisms, a variety of other bacteria have been found to be potentially correlated  
 67 with ECC, including but not limited to *Scardovia wiggsiae* (*S. wiggsiae*), *Streptococcus*  
 68 *salivarius* (*S. salivarius*), *Streptococcus sobrinus* (*S. sobrinus*), *Streptococcus parasanguinis* (*S.*  
 69 *parasanguinis*), *Ligilactobacillus salivarius* (*L. salivarius*), *Veillonella parvula* (*V. parvula*) and  
 70 *Candida albicans* (*C. albicans*) (Tanner et al., 2011; Xiao et al., 2018; Zhang, Chu & Yu, 2022).  
 71 However, there have been no reports of prevalence of these novel caries-associated  
 72 microorganisms in the Chinese ECC community (Xiao et al., 2019).  
 73 More and more researchers have come to realize the importance of taking host-microbe  
 74 interaction into consideration when exploring oral infectious diseases (Lamont, Koo &  
 75 Hajishengallis, 2018). Metabolites in saliva, which is the key environment where oral bacteria /  
 76 fungi meet host cells, have been analyzed in several studies on adult caries. Several biomarkers,  
 77 including salivary mucins, glycoproteins (sCD14), interleukins (IL-2RA, 4, -13), urease, carbonic  
 78 anhydrase VI, and urea, has been associated with adult caries (Antonelli et al., 2024). A previous  
 79 study on carbohydrate metabolites of adolescents with caries found significantly different  
 80 clustering of organic acids in caries-active subjects (Havsed et al., 2021). Histamine, L-histidine  
 81 and succinate emerges are considered to be the major salivary metabolites associated with caries  
 82 status, reflecting significant alterations in metabolic pathways in caries-active children. In  
 83 addition, salivary metabolites were significantly altered in children with dental caries studied,

including amino acid metabolism, pyrimidine metabolism, purine metabolism (Li et al., 2023a). The application and development of untargeted metabolomic technologies, represented by Liquid Chromatograph Mass Spectrometer (LC-MS), allows for detection of metabolites involved in carbohydrate metabolism, amino acid metabolism, lipid metabolism and many other metabolic pathways. A metabolomic study on children with ECC would benefit our understanding of this disease and help identify potential biomarkers for diagnostic and risk prediction purposes. Thus, the aim of the present study was to explore the prevalence of several targeted microbial species in ECC children in Nanjing District of China and identify metabolites and metabolomic pathways potentially associated with ECC. The hypothesis was that novel microbial species other than *S. mutans* would be more prevalent in saliva of ECC children compared to caries-free children. Salivary metabolic activities as well as behavioural risk factors were also hypothesized to differ in ECC and caries-free children.

## Materials & Methods

### Study population and Sample collection

Subjects were selected from patients who came to the department of pediatric dentistry, Nanjing Stomatological Hospital (Ethical approval: NJSH-2023NL-020-1). A total of 32 children with ECC and 22 caries-free (CF) children were included in this study. All the study participants were required to provide informed consent from the parent or guardian of the children. Inclusion criteria for this study: 1) Aged 6 years or below; 2) No systemic disease; 3) No antibiotics were used for 3 months; 4) Consent of the parent or guardian to the child's clinical examination and microbiological sampling. Exclusion criteria: 1) Above 6 years old; 2) children who had systemic diseases; 3) Antibiotics were used in the past 3 month; 4) Any parent or guardian declined to participate. Two examiners with at least 5-year experience in department of pediatric dentistry performed dental examinations and dmft (decay, missing, filling teeth) index were recorded. Subjects were then divided into the CF group (dmft = 0) and ECC group (dmft =13.16 > 3.39). All participants were provided with a sterile saliva collection tube, and were instructed to spit 5 mL whole unstimulated saliva. Collected saliva were immediately placed on ice and transferred to laboratory. Saliva was centrifuged at 4°C for 10 min and the pellets and supernatant were separately stored at -80 °C. The pellets were used for DNA extraction, while the supernatant was used for untargeted metabolomic analysis. Meanwhile, the questionnaires were completed by the parents or guardians. The questionnaire from one child in the caries-free group was excluded in later statistical analysis due to poor quality. General and oral status-associated information was collected: (1) General information of the children; (2) mother-related factors: a) mode of delivery; b) feeding patterns within 6 months

**Commented [I1]:** Please explain in detail the number of d (decay) values owned by the subject. The number of teeth experiencing caries in the oral cavity has an impact on the number of microbes in the oral cavity.

**Commented [I2]:** Has the questionnaire used been validated?



of birth; c) whether mother has caries experience; (3) oral health habits: a) age of starting to brush teeth; b) whether brush teeth everyday; c) frequency of brushing everyday; d) duration of each brushing; e) use of fluoride toothpaste; (4) dietary habits: a) frequency of sugary drinks or food; b) frequency of eating / drinking before bedtime.

# **DNA extraction and qPCR**

Genomic DNA from the saliva was extracted by DNA extraction kits (TIAamp Bacteria DNA Kit, TIANGEN, China). DNA concentration and purity was examined using Nano-Drop spectrophotometer using A260/A280. The specific primers used for qPCR are detailed in Table 1. Universal 16s rDNA was used as positive control. A 100μL reaction protocol was set up for this qPCR screening which consisted of 5 μL ChamQ Universal SYBR qPCR Master Mix (Vazyme, Nanjing, China), 0.5 μL forward and reverse primers and 4 μL template DNA. Processing was performed using pre-denaturation at 95# for 15 min, followed by 50 cycles denaturation (95# for 15 s and 60# for 30s). The last step was melting curve analysis at 95# for 15 s, 65# for 60s and 95# for 15 s.

# **Untargeted metabolomics**

LC-MS analysis was used to perform untargeted metabolomics on supernatant of saliva which was collected from ECC and CF children. Two mobile phase condition was used to improve the metabolite coverage, including both positive ion mode and negative ion mode. Detection and identification of metabolites were performed using MS-dial (ver.5.1.230912) by searching against online database (MoNA, GNPS, HMDB and MS-dial database) and in-house database. Untargeted metabolomic analysis was performed at Cosmos Wisdom company (Hangzhou, China).

# **Statistical analysis**

## **Clinical data Analysis**

Children with missing data were excluded from the analysis. The normality of the data was tested through the Shapiro-Wilk test. Nonparametric test was used for continuous data of skew distribution. Demographic variables were summarized and descriptive statistics were reported. The Chi-square test or Fisher's exact test was used to compare the categorical variables and the detection of bacteria between two groups. Only the variables that showed significant relation to dental caries experience were studied by multiple logistic regression analysis. All conclusions were drawn considering the level of significance of 5%. Data analysis was performed using Statistical Package for Social Science version 29.0 (SPSS Inc., Chicago, IL, USA).

156

# **Bioinformatics Analysis**

R software package was employed to test for significant differences between two groups of samples. T-test, Variable Importance in Projection (VIP) obtained from the Orthogonal partial least squares-discriminant analysis (OPLS-DA) model (biological replicates  $\geq 3$ ) and the  $P$  /FDR (biological replicates  $\geq 2$ ) or fold change (FC) values from univariate were used together to screen differential metabolites between two groups. Generally, variables meeting both criteria of  $P < 0.05$  and  $VIP > 1.0$  were considered as differential metabolites. The Fisher's exact test was used to find out whether the differentially expressed metabolites had significant enrichment trends in specific functional types. The differential metabolites identified in the previous step were then subjected to Kyoto Encyclopedia of Genes and Genome (KEGG) pathway. Metabolite Set Enrichment Analysis (MSEA) was performed based on all identified metabolites and KEGG pathway databases using the R package corto (version 1.2.4). Based on the MSEA enrichment results, we screened for significantly enriched pathways and differential metabolites in the pathways by setting a  $p$  value threshold ( $P < 0.05$ ) and mapped the metabolic regulatory network using the R package graph (version 2.1.0). Spearman's correlation analysis as well as KEGG pathway enrichment analysis was performed to analyze the correlation between delta Cq ( $Cq_{\text{species}} - Cq_{\text{universal 16s}}$ ) of targeted species and metabolites to screen for significantly up-regulated and down-regulated metabolites associated with the targeted microbes.

175

## **Results**

### **General and clinical characterization**

A total of 53 children were included in the study. General and clinical informational data of the subjects are shown in the Table 2. Age and gender were not statistically different between the CF and ECC groups.

### **Questionnaire results**

Notably, age of starting to brush teeth, whether brush teeth everyday, frequency of brushing, duration of each brushing, use of fluoride toothpaste and frequency of sugary drinks or food were significantly different in CF and ECC groups (Table 3). The significant variables were included in the multiple logistic regression model. The multicollinearity was first determined by testing the tolerance and the variance inflation factor (VIF) (Table 4). Factors with tolerance greater than 0.1 or VIP less than 10 were further examined in the multiple logistic regression analysis. As shown in Table 5, the duration of each brushing was a significant risk factor associated with ECC experience. Brushing teeth for more than 3 minutes can significantly reduce the risk of caries.

191

## 192 Detection and co-detection of specific microbial species

193 The detection rate of specific microbial species was shown in the Table 6. The prevalence of *S.*  
 194 *wiggisiae* ( $P < 0.001$ ), *S. mutans* ( $P = 0.006$ ), *S. sobrinus* ( $P < 0.001$ ), *L. salivarius* ( $P = 0.01$ ) and  
 195 *C. albicans* ( $P < 0.001$ ) were significantly higher in the ECC group when compared to CF.  
 196 Positive detection of *S. wiggisiae*, *S. mutans*, *S. sobrinus*, *L. salivarius* and *C. albicans* and of their  
 197 combinations in saliva samples from CF and ECC children is shown in Figure 1. All children  
 198 with presence of the combination of *C. albicans* and *S. mutans* or *C. albicans* and *S. sobrinus*  
 199 had ECC. Prevalence of ECC was higher in children with two targeted species present compared  
 200 to that in children with only one targeted species present.  
 201

## 202 Metabolomic results

203 In the present study, a total of 442 metabolites were detected by untargeted metabolomics.  
 204 Differential metabolites between ECC group and CF group are shown in Figure 2. A total of 132  
 205 differential metabolites were identified, including 97 up-regulated metabolites and 35 down-  
 206 regulated metabolites. The top 10 up/down-regulated differential metabolites are shown in Table  
 207 7 and Table 8 respectively.  
 208 KEGG enrichment analysis and MSEA were performed to determine functional pathways and  
 209 metabolite sets with major differences between two groups. Figure 3 showed results from KEGG  
 210 enrichment analysis. Nitrogen metabolism was mostly enriched. D-amino acid metabolism and  
 211 pyrimidine metabolism contains the most numbers of differential metabolites. MSEA revealed  
 212 that 8 metabolite sets were significantly different between ECC and CF groups (Fig. 4),  
 213 including caffeine metabolism, glyoxylate and dicarboxylate metabolism, citrate cycle (TCA  
 214 cycle), pyrimidine metabolism, histidine metabolism, valine, leucine and isoleucine degradation,  
 215 pyruvate metabolism and purine metabolism.  
 216 Based on the MSEA enrichment results, we screened the pathways with  $P < 0.05$  and the  
 217 different metabolites in the pathway to construct the metabolic regulatory network (Fig. 5).  
 218 Histidine metabolism and valine, leucine and isoleucine degradation were activated in the ECC  
 219 group. Conversely, glyoxylate and dicarboxylate metabolism, purine metabolism and pyrimidine  
 220 metabolism were inhibited in saliva of children with ECC.  
 221

## 222 Correlation between microorganisms and metabolomics

223 Based on the results of the correlation analysis between the Cq ( $Cq_{\text{species}} - Cq_{\text{universal 16s}}$ ) values of  
 224 the targeted specific microbial species and the metabolites, we screened the metabolites with  
 225 significant correlation with the microbial species content and performed KEGG pathway  
 226 analysis. Histidine metabolism and glutathione metabolism was activated with enrichment of

targeted microbial species, while linoleic acid metabolism and biotin metabolism was inhibited (Fig. 6).

## Discussion

Results from this current study about the detection of multiple acid-producing microorganisms are consistent with the polymicrobial etiology of dental caries suggested by a number of researchers (Simón-Soro & Mira, 2015; Lamont, Koo & Hajishengallis, 2018; Shao et al., 2023). The dominant species in early childhood caries seems to differ from that in adolescent and adult caries. While the detection of *Scardovia wiggisiae* has been reported in children with ECC from different populations (Tanner et al., 2011; Simón-Soro & Mira, 2015; Chandna et al., 2018; Lamont, Koo & Hajishengallis, 2018; McDaniel et al., 2021; Tantikalchan & Mitrakul, 2022; Shao et al., 2023), the extremely high prevalence of this species in Chinese ECC children (90.6%, Table 6) is firstly reported and suggests that it may play a role in population-specific caries etiology. Notably, *Scardovia wiggisiae* has been found to be more tolerant to fluoride inhibition when compared to *S. mutans* (Kameda et al., 2020), indicating a poorer effect of fluoride prevention on dental caries with *Scardovia wiggisiae* being dominant in oral cavity. While there is no water fluoridation in China, high concentrations of fluoride in groundwater have been reported in different regions of China (Cao et al., 2022; Huang et al., 2023). It can be hypothesized that the predominance of *Scardovia wiggisiae* could be a result of natural selection. This predominance could also partly explain the relatively compromised protective effect of topical fluoride, which is regularly applied to pre-school children in most areas of China. Except for *Scardovia wiggisiae*, other microbial species including *S. mutans*, *Streptococcus sobrinus*, *Ligilactobacillus salivarius* and *Candida albicans* were also found to be more prevalent in children with ECC. Among them, *S. mutans* and *S. sobrinus* has been long studied as main pathogens of dental caries and have synergistic effect (Rupf et al., 2006; Li, Wyllie & Jensen, 2021). High prevalence of *Candida albicans* in ECC has also been reported in numerous studies (De Carvalho et al., 2006; Xiao et al., 2018; Sridhar et al., 2020). The co-existence could greatly promote metabolic activities and biofilm formation of *Candida* and bacteria through direct interaction and indirect signal molecules, thus facilitating caries progression (Xiao et al., 2018). In our study, we also noticed a notably higher prevalence of caries when two targeted species were detected in salivary samples, indicating synergistic interactions between different microbes (Fig. 1). Future studies could explore the potential physical / chemical / metabolic interactions and synergies between these targeted species as this may provide deeper insights into their role in caries development. The high detection rate of *Ligilactobacillus salivarius* in children with ECC was somewhat surprising as this species has long been regarded as a probiotic which can inhibit biofilm formation of *S. mutans* and *Candida albicans* (Krzyściak et al., 2017; Wasfi et al., 2018). Caries incidence and prevalence was reported to be decreased after a short-term intervention with *Ligilactobacillus salivarius* probiotic (Staszczuk et al., 2022). However, controversial results were also reported by other researchers, who found higher level of

266 *Ligilactobacillus salivarius* in adolescents with dental caries (Shimada et al., 2015). One  
 267 explanation for this controversy may due to the genomic diversity of this species and the variety  
 268 of strains existed in nature (Neville & O'Toole, 2010; Raftis et al., 2011). More and more  
 269 researchers have come to realize that virulence of caries-associated bacteria could be strain-  
 270 specific (Tanner et al., 2018; Al-Hebshi et al., 2019). A previous study identified two  
 271 significantly different groups of *Ligilactobacillus salivarius* based on randomly amplified  
 272 polymorphic DNA fingerprinting (Švec, Kukletová & Sedláček, 2010), implicating potentially  
 273 different metabolic phenotypes. Strain-based study is required to further unveil the cariogenic  
 274 strains of *Ligilactobacillus salivarius* identified in our current study.

275 Metabolomic analysis revealed 132 differential metabolites in two groups of children, indicating  
 276 significantly different salivary status due to microbial activity and host conditions. Amino acid  
 277 metabolism, especially histidine metabolism, was found to be activated in ECC group (Fig. 5),  
 278 which is consistent with a previous metabolomic study in children with mixed-dentition (Li et  
 279 al., 2023c). Interestingly, when analyzing metabolomic data based on enrichment of the targeted  
 280 microbial species, activation of histidine metabolism was also noticed in samples with enriched  
 281 targeted species (Fig. 6), indicating that microbes selected in the current study can well represent  
 282 the metabolic status of the ECC oral microcosm. Histidine is an essential amino acid in human  
 283 body and plays a central role in metabolism of histidine-containing proteins (Moro et al., 2020).  
 284 Previous studies have emphasized the significance of salivary histidine-rich proteins, represented  
 285 by histatin 5, which are important components of the non-specific immune system in oral cavity  
 286 (Jurczak et al., 2015; Munther, 2020). Antimicrobial peptides derived from histatin 5 have been  
 287 proved to impose killing effect on oral pathogens, including candida and streptococci (Stewart et  
 288 al., 2023; Skog et al., 2023). Besides, histatin 5 can inhibit the aggregation of *S. mutans* with  
 289 other microbiota and thus biofilm formation (Huo et al., 2011; Krzyściak et al., 2015). In this  
 290 current study, we detected activated histidine metabolism and higher levels of histamine in ECC  
 291 group, which is a hydrolytic product of histidine. This result could be associated with lower  
 292 histatin 5 levels in children with ECC found in other studies (Jurczak et al., 2015; Munther,  
 293 2020). Based on the current result, supplement of histidine, especially histatin 5, should be  
 294 suggested for children with ECC to improve the host defense against cariogenic microorganisms.

295 This study also addresses distinct activities of purine and pyrimidine metabolism in children with  
 296 ECC, correlating with several previous reports which suggested use of purine and pyrimidine-  
 297 related metabolites as caries biomarkers (He et al., 2018; Li et al., 2023c). The role of purine and  
 298 pyrimidine metabolism in caries etiology is still unknown as it has not been found until recent  
 299 years due to advances in sequencing and metabolomic technologies. Purine and pyrimidine  
 300 metabolism has been associated with biological interconversion of DNA, RNA, lipids and  
 301 carbohydrates (Garavito, Narváez-Ortiz & Zimmermann, 2015). Pathogens could manipulate  
 302 pyridine metabolism in host cells to generate an optimal host cellular environment for them to  
 303 proliferate (Garavito, Narváez-Ortiz & Zimmermann, 2015). Interestingly, a recent study also  
 304 reported decreased purine and pyrimidine synthesis in a periodontitis microbial model and the  
 305 decrease has been hypothesized to be associated with the environmental oxygen gradient caused

by bacteria itself (Yamaguchi-Kuroda et al., 2023). The recurrent discovery of purine and pyrimidine metabolism change in oral infectious diseases is worth deeper explorations. The inhibition of glyoxylate and dicarboxylate metabolism in children with ECC is novel in this study. Glyoxylate and dicarboxylate metabolism is well conserved in the entire biosphere and serves as important bypass of the citric acid cycle (TCA) (Dolan & Welch, 2018). The central metabolite, glyoxylate, is closely associated with glyoxylate shunt which is involved in oxidative stress, antibiotic stress and host infection in various pathogenic microorganisms (Xu et al., 2022). Also, the use of glyoxylate metabolism indicates the ability of the microorganisms to take advantage of carbon sources such as acetate, fatty acids, or ketogenic amino acids (Dolan & Welch, 2018). Inhibition of glyoxylate and dicarboxylate metabolism may lead to compromised growth and metabolic potential and competitiveness of the microorganisms in the host environment. Studies about glyoxylate and dicarboxylate metabolism in oral microbes are still rare, suggesting future efforts to understand its role in pathogenesis of caries, especially in ECC. The current study also included behavioral risk factors of ECC. Factors including age of starting to brush teeth, frequency of brushing, duration of brushing, use of fluoride toothpaste and frequency of sugary intake significantly varied between ECC and CF group, emphasizing the importance of introducing oral health knowledge and habits to parents (SUN, ZHANG & ZHOU, 2017; Manchanda et al., 2023). Among the studied factors, longer toothbrushing time showed protective effect against caries (Table 5). Very limited number of studies looked into toothbrushing time in children. This issue may reflect the fact that while parents have been told to brush teeth for their children, more specific toothbrushing techniques have not been taught. A previous study on oral health knowledge, attitudes and behavior of parents of preschool children found that parents have different habits and opinions about how to help their children brush their teeth (Naidu & Nunn, 2020). In order to enhance the caries preventive effect, more community toothbrushing programs should be addressed to teach parents or guardians to correctly supervise toothbrushing.

## Conclusions

In conclusion, this current study found high prevalence of microbial species other than classical *S. mutans* in ECC children. Co-detection of two targeted microbial species may indicate higher possibility of caries in children. Oral habits and salivary metabolic activities vary between ECC and caries-free children. Selected microbes can well present the metabolic status of ECC oral microcosm. Metabolomic pathways such as histidine metabolism, purine and pyrimidine metabolism and glyoxylate and dicarboxylate metabolism reflect host-microbe interaction in ECC status. Key metabolites may be further identified to predict caries risks in children.

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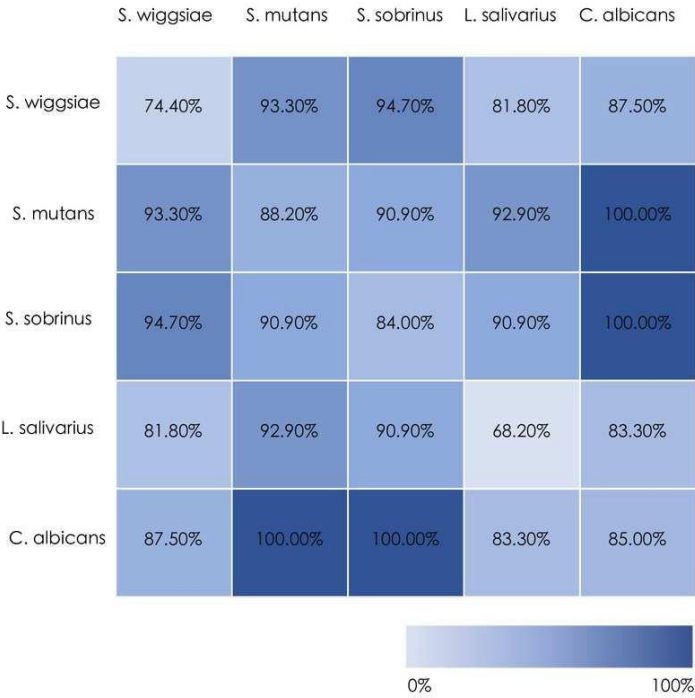
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## Figure 1

Heatmap of co-detection of each species.

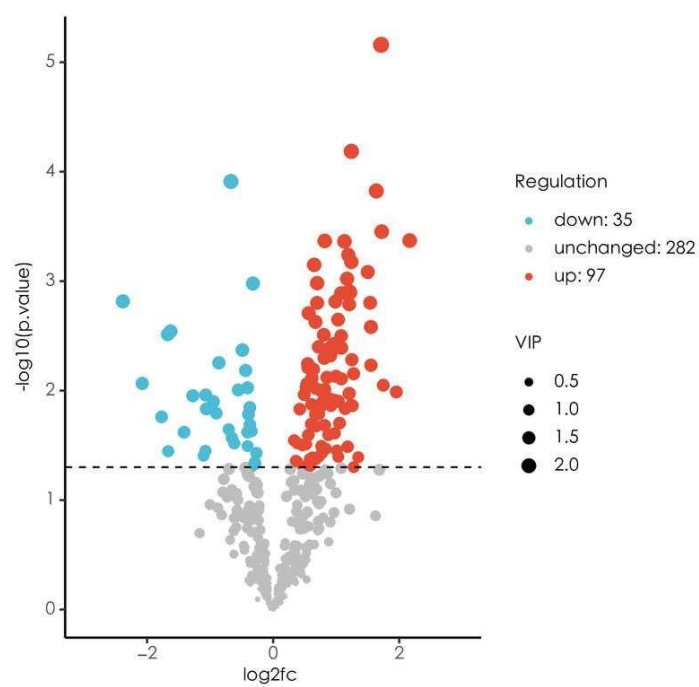
Prevalence of s-ECC in children detected with both microbial species is shown.



## Figure 2

Volcano plot of difference analysis

Blue indicates significantly down-regulated differential metabolites, and red indicated significantly up-regulated differential metabolites, purple-gray indicates metabolites with no significant difference.

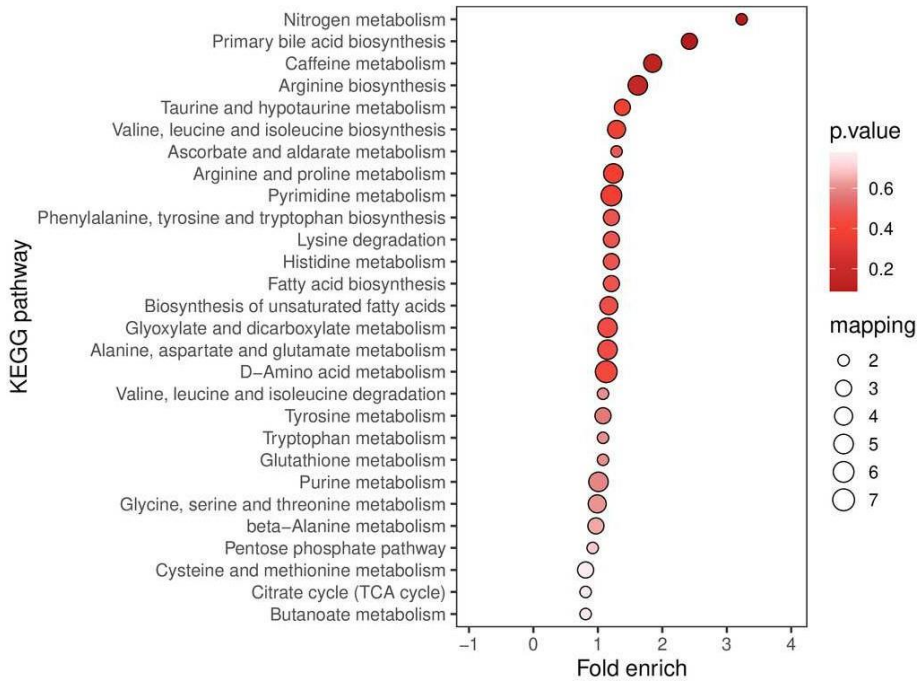


## Figure 3

### KEGG enrichment of ECC vs CF

The results of the top 20 most significantly enriched categories are given in the plot, with the KEGG pathway in the longitudinal axis, the horizontal axis is the Log2-transformed value of the Fold enrichment. Fold enrich is the ratio of GeneRatio to Background Ratio in the corresponding pathway, and a larger value indicates a greater degree of enrichment. The circle colour indicates the p-value of enrichment significance, and the circle size indicates the number of different metabolites in the pathway.

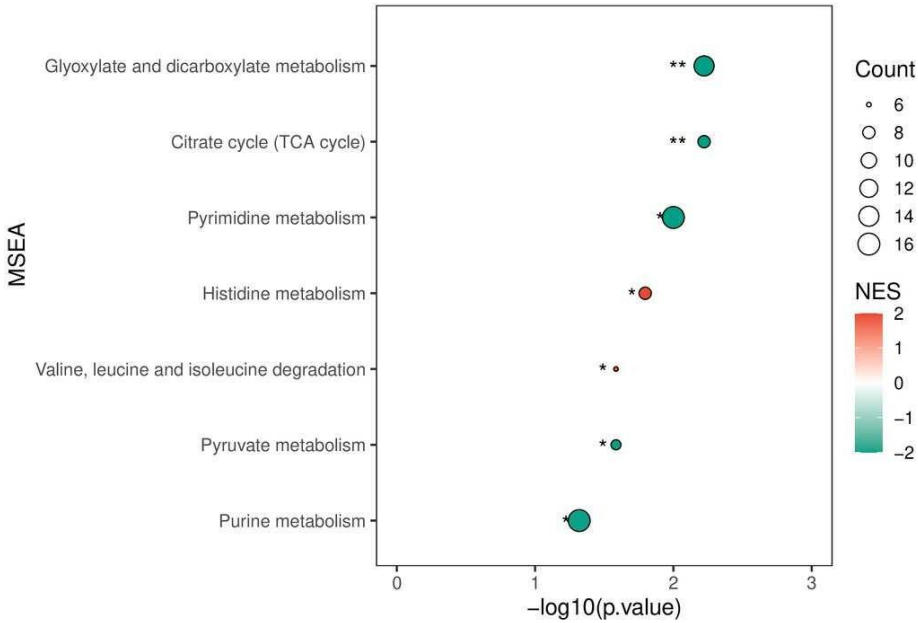




## Figure 4

MSEA results of ECC vs CF

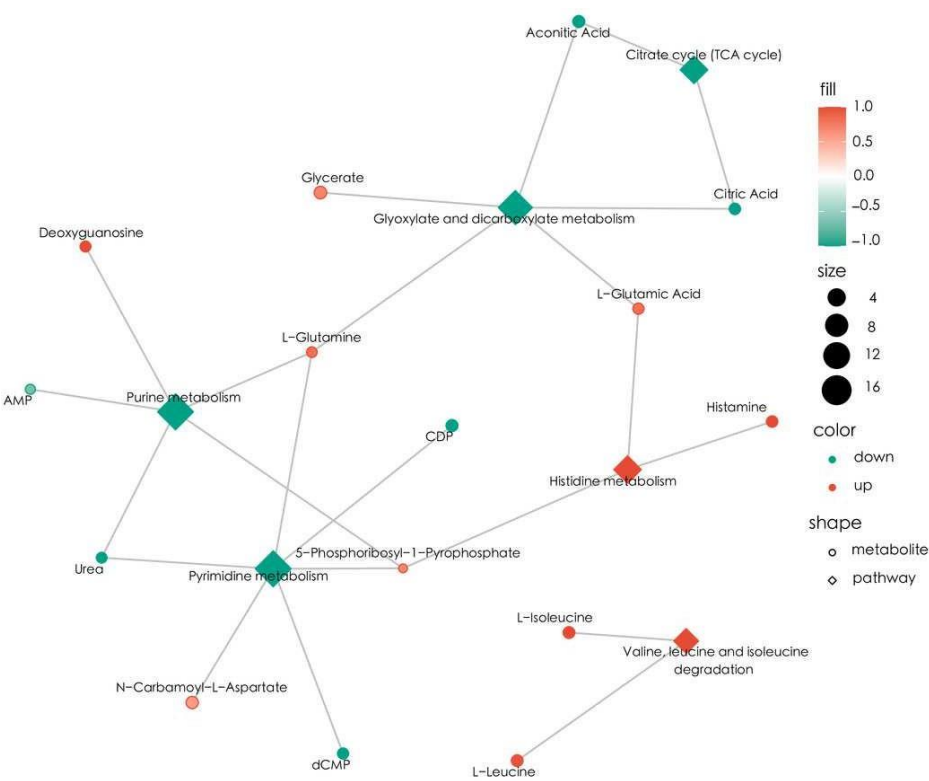
Normalized Enrichment Score (NES) was used to measure the enrichment of the metabolite set in the pathway. NES values range from -1 to 1, where greater than 0 indicates that the metabolite set is enriched and less than 0 indicates that the metabolite set is suppressed. Circle size indicates the number of different metabolites in each metabolite set.



# Figure 5

## Differential metabolite regulatory network

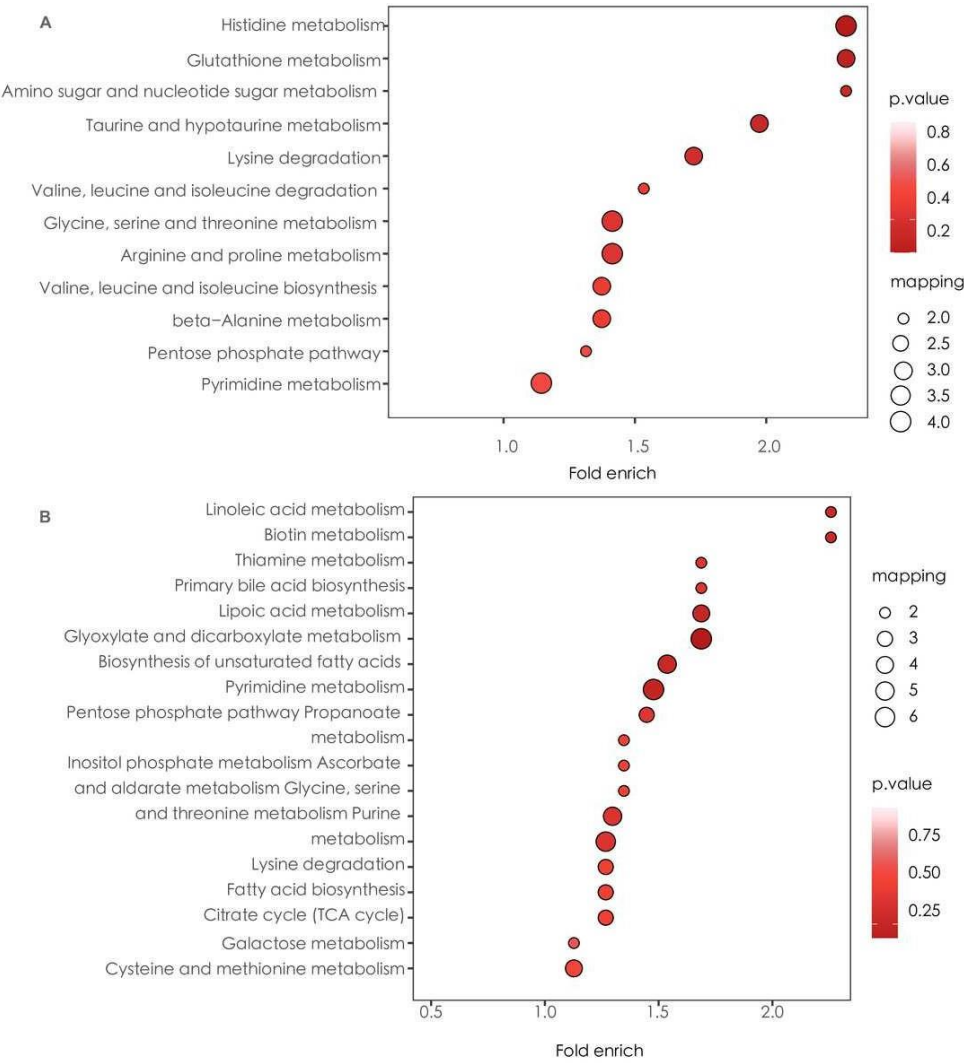
Circles represent differential metabolites, where red indicates up-regulation, green indicates down-regulation, and size indicates VIP values. Diamonds indicate pathways, where red indicates activation and green indicates inhibition, size indicates the number of metabolites detected in the pathway; wiring indicates that metabolites are involved in the pathway process. Connection represents the process in which metabolites participate in this pathway.



## Figure 6

KEGG enrichment based on enrichment of targeted microbial species.

A. up-regulated metabolic pathways with enrichment of targeted microbial species, B. down-regulated metabolic pathways with enrichment of targeted microbial species.



**Table 1** (on next page)

Primers used in this study



1   **Table.1 Primers used in this study**

Species		Primer sequence
Universal 16s	F	GGGACTACCAGGGTATCTAAT
	R	GGGACTACCAGGGTATCTAAT
<i>Scardovia wiggisiae</i>	F	GTGGACTTTATGAATAAGC
	R	CTACCGTTAAGCAGTAAG
<i>Streptococcus mutans</i>	F	AGTCGTGTTGGTTC AACGGA
	R	TAAACCGGGAGCTTGATCGG
<i>Streptococcus salivarius</i>	F	CTGCTCTTGTGACAGCCCAT
	R	ACGGGAAGCTGATCTTTCGTA
<i>Streptococcus sobrinus</i>	F	GACCTGTCAGCCGAAGAACGC
	R	CCGCAGAGAAGTATCCCGC
<i>Streptococcus parasanguinis</i>	F	AACAATGCGATYCCAGTATCrag
	R	CTACGACATTAAAGGTACDCGG
<i>Lactobacillus salivarius</i>	F	CGAAACTTTCTTACACCGAATGC
	R	GTCCATTGTGGAAGATTCCC
<i>Veillonella parvula</i>	F	GAACGTTTGTTCGTGCTATTTTGGT
	R	TCGTCGCCATTTTCACGGGTAA
<i>Candida albicans</i>	F	CACCAACTCGACCAGTAGGC
	R	CGGGTGGTCTATATTGAGAT

2

## Table 2 (on next page)

### General and clinical characterization

<sup>a</sup> *P* of the Chi-square test for independence <sup>b</sup> *t*-test was adopted to evaluate the association between the age with the caries status. CF, caries-free; ECC, early childhood caries; dmft, decayed-missing-filled deciduous teeth.

1

Table

and

characterization

	CF (n=21)	ECC (n=32)	
Gender			
Female	11 (52.4%)	13 (40.6%)	$\chi^2 = 0.707$ , d.f.=1
Male	10 (47.6%)	19 (59.4)	$p=0.4^a$
Mean Age $\pm$ SD			
(years)	4.74 $\pm$ 0.85	4.49 $\pm$ 0.78	$p=0.753^b$
dmft	0	13.16 $\pm$ 3.39	

2

<sup>a</sup> of the Chi-square test for independence

3

<sup>b</sup> t-test was adopted to evaluate the association between the age with the caries status.

4

CF, caries-free; ECC, early childhood caries; dmft, decayed-missing-filled deciduous teeth.

5

**Table 3**(on next page)

Results from the questionnaires

<sup>a</sup> Mann-Whitney U test. CF, caries-free; ECC, early childhood caries.

1

Factors	CF (n=21)	ECC (n=32)	
Mode of delivery			$\chi^2=0.167$ , d.f.=1
spontaneous labor	13(61.9%)	18(56.3%)	$p=0.683$
caesarean section	8(38.1%)	14(43.8%)	
Birth weight (kg)	3.35(2.85-3.6)	3.45(3.17-3.68)	$Z=-0.938$ , $p=0.348^a$
Feeding patterns within 6 months of birth			$\chi^2=4.085$ , d.f.=3
formula feeding only	0(0%)	5(15.6%)	$p=0.239$
formula feeding mainly	0(0%)	0(0%)	
formula and breast feeding equal	7(33.3%)	8(25.0%)	
breast feeding mainly	1(4.8%)	3(9.4%)	
breast feeding only	13(61.9%)	16(50%)	
Whether the mother has caries experience			$\chi^2=3.382$ , d.f.=2
No	7(33.3%)	7(21.9%)	$p=0.184$
Yes, treated	9(42.9%)	15(46.9%)	
Yes, untreated	3(14.3%)	10(31.3%)	
Age of starting to brush teeth			$\chi^2=4.85$ , d.f.=1
f1 years old	13(61.9%)	10(31.3%)	$p=0.028$
>1 years old	8(38.1%)	22(68.8%)	
Brushing teeth everyday			$\chi^2=10.48$ , d.f.=1
yes	19(90.5%)	15(46.9%)	$p=0.01$
no	2(9.5%)	17(53.1%)	
Frequency of brushing			$\chi^2=7.62$ , d.f.=1
1 times/day	5(23.8%)	20(62.5%)	$p=0.006$
g 2 times/day	16(76.2%)	12(37.5%)	
Duration of each brushing			$\chi^2=4.68$ , d.f.=1
< 3 minutes	13(61.9%)	28(87.5%)	$p=0.045$
g 3 minutes	12(38.1%)	4(12.5%)	
Use of fluoride toothpaste			$\chi^2=5.11$ , d.f.=1
Yes	19(90.5%)	20(62.5%)	$p=0.024$
No	2(9.5%)	12(37.5%)	
Frequency of sugary drinks or food			$\chi^2=7.63$ , d.f.=2
f 1 times/week	5(23.8%)	4(12.5%)	$p=0.022$
2-4 times/week	11(52.4%)	8(25.0%)	
g 1 times/day	5(23.8%)	20(62.5%)	
Intake of foods before bedtime (after brushing)			$\chi^2=3.75$ , d.f.=2
f 1 times/week	16(76.2%)	16(50%)	$p=0.141$
2-4 times/week	4(19.0%)	10(31.3%)	
g 1 times/day	1(4.8%)	6(18.8%)	

2
<sup>a</sup> Mann-Whitney U test.

3 CF, caries-free; ECC, early childhood caries.

**Table 4**(on next page)

Independent variable multicollinearity analysis

VIF, variance inflation factor

1

Table	In	anal
Age of starting to brush teeth	0.793	1.261
Brushing teeth everyday	0.669	1.495
Frequency of brushing	0.951	1.051
Duration of each brushing	0.811	1.234
Use of fluoride toothpaste	0.926	1.079
Frequency of sugary drinks or food	0.725	1.379

2

3

4

variance inflation factor



**Table 5**(on next page)

Significant factors in the multiple logistic regression analysis

\*  $P < 0.05$ ; adjust OR, adjust odds ratio; 95% CI, 95% Confidence Interval; The bolded values indicate variables which were used as references in the logistic regression analysis.

Factors				Adjusted OR	95% C	
					Lower	upper
Age of starting to brush teeth						
f1 years old						
>1 years old	1.061	0.229	2.891	0.531	16.275	
Brushing teeth everyday						
No						
Yes	-1.202	0.361	0.301	0.023	3.954	
Frequency of brushing						
1 times/ day						
g 2 times/ day	-1.464	0.262	0.231	0.018	2.983	
Duration of each brushing						
< 3 minute						
g 3 minutes	-2.109	0.029	0.121	0.018	0.808	
Use of fluoride toothpaste						
No						
yes	-0.428	0.731	0.652	0.057	7.459	
Frequency of sugary drinks or food						
f 1 times/ week						
2-4 times/ week	-0.742	0.484	0.476	0.60	3.807	
g 1 times/ day	1.777	0.118	5.912	0.637	54.916	

*P* <0.05; ad O ad odds ratio; 95% CI, 95% Confidence Interval; bolded values indicate variables which were used as references in the logistic regression analysis.

**Table 6**(on next page)

Detection rates of specific microbial species

CF, caries-free; ECC, early childhood caries; d.f., degrees of freedom.

1

Table	rate o				
	CF	ECC			
		Negative		Negative	
<i>Scardovia wiggisiae</i>	11 (50%)	11 (50%)	29 (90.6%)	3 (9.4%)	$\chi^2=11.20$ , d.f.=1 $p=0.001$
<i>Streptococcus mutans</i>	2 (9.1%)	20 (90.9%)	14 (43.8%)	18 (56.3%)	$\chi^2=7.51$ , d.f.=1 $p=0.006$
<i>Streptococcus salivarius</i>	22 (100%)		32(100%)		
<i>Streptococcus sobrinus</i>	3 (13.6%)	19 (86.4%)	20 (62.5%)	12 (38.7%)	$\chi^2=12.73$ , d.f.=1 $p<0.001$
<i>Streptococcus parasanguinis</i>	20 (90.9%)	2 (9.1%)	29 (90.6%)	3 (9.4%)	$p=0.68$
<i>Lactobacillus salivarius</i>	14 (63.6%)	8 (36.4%)	30 (93.6%)	2 (6.3%)	$p=0.01$
<i>Veillonella parvula</i>	22 (100%)		32 (100%)		
<i>Candida albicans</i>	2 (9.1%)	20 (90.9%)	18 (56.3%)	14 (43.8%)	$\chi^2=12.43$ , d.f.=1 $p<0.001$

2 CF, caries-free; ECC, early childhood caries; d.f., degrees of freedom.

3

**Table 7** (on next page)

Detailed information about top 10 up-regulated differential metabolites

1

Table	in	abo	to	di
Metabolite name	Category	log2fc	<i>p</i> value	
Caffeine		3.044292208	0.000556028	
		2.165787879	0.000425488	
		1.954194805	0.010277702	
Arachidonic Acid (C20)		1.746463203	0.00891573	
		1.721707792	0.000352883	
Cysteine sulfinic Acid	Amino Acid	1.711880952	6.93E-06	
1,3-Diphenylguanidine		1.63612987	0.000150028	
		1.551612554	0.005857378	
		1.550902597	0.002619783	
		1.538647186	0.001575715	

2

**Table 8**(on next page)

Detailed information about top 10 down-regulated differential metabolites

1

Table	in	abo	to	do	di
Metabolite name	Category	log2fc		<i>p</i> value	
Naringenin	Unclassified	-2.384415584		0.001528992	
Citric Acid	Carbohydrate	-2.077140693		0.008597062	
Citraconic acid	Unclassified	-1.771183983		0.01735429	
CD	Nucleotide	-1.67147619		0.003060071	
Fructoselysine	Carbohydrate	-1.66630303		0.035772992	
Aconitic Acid		-1.626422078		0.002868763	
		-1.412974026		0.023986494	
dCM	Nucleotide	-1.274822511		0.011138418	
4-Methylcatechol	Nucleotide	-1.104229437		0.03931109	
7-Methylguanosine		-1.073872294		0.035467538	

2