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Individual and demographic responses of the palm *Brahea* aculeata to browsing and leaf harvesting in a tropical dry forest of Northwestern Mexico

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Background. The leaves of many palm species represent important non-timber forest products (NTFPs), which may be intensively harvested by local people in many tropical areas. Additionally, in some regions livestock graze in natural forests, and they may browse on palm leaves, especially during the dry season. Thus, harvesting and browsing can result in the loss of leaf area of individual palms, which may alter functional traits of individuals and change demographic patterns of populations. Currently, there are few studies that analyze the effects of multiple disturbances on these traits. The goals of this study were to evaluate the effects of browsing and leaf harvesting as well as the interaction between these two factors on individual traits and demographic patterns of the *Brahea aculeata* palm in northwestern Mexico.

Methods. A browsing and leaf harvesting experiment was conducted on natural populations of the species. Individuals were subjected to different harvesting intensities and the presence or absence of cattle. Annual censuses were conducted from 2011 to 2014, and individual traits and demographic patterns were monitored.

Results. In general, at the individual level, most of the analyzed attributes showed an increase especially during the first two years of monitoring. Thus, palms experiencing any leaf harvesting and browsing had 1.5 to 6.0 times higher values than control palms in leaf production, especially juveniles and small adults. At the demographic level, the effects of browsing and leaf harvest were low or null, as survival was not affected by them. Browsing positively affected the growth of *B. aculeata* individuals in the first 2 of the 3 years analyzed, while leaf harvesting had a negative effect for the 3 years. We also found a positive relationship between probability of reproduction and leaf harvest; however, in contrast, 2.0 to 3.0 times fewer fruits were produced with the increase of leaf harvesting. Thus, after 3 years of simulated management, *B. aculeata* changed the resource allocation patterns, and many of the analyzed attributes decreased. Based on our results, *B. aculeata* can be considered a species that tolerates high levels of defoliation for 2 years. This study contributes basic ecological information useful for the conservation and management of *B. aculeata*, but overall it also highlights that different anthropogenic activities may act as drivers affecting the functional response and demography of NTFP species and they should be considered for the long-term integral management of these species.

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Abstract

34	Background. The leaves of many palm species represent important non-timber forest products
35	(NTFPs), which may be intensively harvested by local people in many tropical areas. Additionally,
36	in some regions livestock graze in natural forests, and they may browse on palm leaves, especially
37	during the dry season. Thus, harvesting and browsing can result in the loss of leaf area of individual
38	palms, which may alter functional traits of individuals and change demographic patterns of
39	populations. Currently, there are few studies that analyze the effects of multiple disturbances on
40	these traits. The goals of this study were to evaluate the effects of browsing and leaf harvesting as
41	well as the interaction between these two factors on individual traits and demographic patterns of
42	the Brahea aculeata palm in northwestern Mexico.
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45	of cattle. Annual censuses were conducted from 2011 to 2014, and individual traits and
46	demographic patterns were monitored.
47	Results. In general, at the individual level, most of the analyzed attributes showed an increase
48	especially during the first two years of monitoring. Thus, palms experiencing any leaf harvesting
49	and browsing had 1.5 to 6.0 times higher values than control palms in leaf production, especially
50	juveniles and small adults. At the demographic level, the effects of browsing and leaf harvest were
51	low or null, as survival was not affected by them. Browsing positively affected the growth of B .
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53	effect for the 3 years. We also found a positive relationship between probability of reproduction
54	and leaf harvest; however, in contrast, 2.0 to 3.0 times fewer fruits were produced with the
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60	affecting the functional response and demography of NTFP species and they should be considered
61	for the long-term integral management of these species.
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Introduction

00	The narvest of non-timber forest products (NTFFS) represents an important source of income and
67	contributes to the welfare of many rural communities across the globe (Krishnakumar, Fox &
68	Anitha, 2012; Shackleton et al., 2024). With appropriate management practices, the harvest of
69	NTFPs may also contribute to the conservation of natural resources and biodiversity (Gaoue et
70	al., 2016; Rodrigues de Melo et al., 2023). Intensive use and overexploitation of NTFPs,
71	however, may negatively affect individuals and populations (Endress, Gorchov & Berry, 2006;
72	Duarte & Montúfar, 2012; Lopez-Toledo et al., 2012).
73	Different structures such as stems, bark, fruits and leaves are removed from plants and
74	used as NTFPs, which may cause changes in individuals and population dynamics. The study of
75	the responses of functional individual traits to stress factors, such as leaf area loss (caused by leaf
76	harvesting or browsing), can provide insight regarding the anatomical and physiological
77	responses of plants and how this relates to changes at the population level (Briske & Richards,
78	1995; Poorter, 1999; Violle et al., 2007). Vital rates (reproduction, growth and survival) are also
79	important for exploring the response to disturbances such as management practices and for
80	identifying the sustainable use of NTFP (Zuidema et al., 2007; Martínez-Ballesté & Martorell,
81	2015; Ohse et al., 2023). Thus, studying the effects of different harvest and management
82	practices on both individual and demographic traits of harvested populations may help to identify
83	optimal management strategies (Anten, Martinez-Ramos & Ackerly, 2003; Hernández-Barrios et
84	al., 2012; Gaoue et al., 2016; Ticktin et al., 2023).
85	Leaves are important organs for essential processes, such as capturing light energy,
86	carbohydrate production and water conservation (Wright et al., 2004). Thus, the loss of leaf area
87	can affect plants' essential functions, such as growth, reproduction and/or individuals' survival.



88	Plants usually undergo multiple leaf area loss events caused by reoccurring biotic and
89	physical damage (herbivory, fallen branches; Martínez-Ramos & Álvarez-Buylla, 1995; Cepeda-
90	Cornejo & Dirzo, 2010). For plants used as NTFPs, leaf harvesting may represent a large
91	increase in the amount and frequency of leaf area loss. This reduction may alter the allocation of
92	resources to different plant functions, such as reproduction, growth and maintenance. Plants may
93	compensate for the reduction in leaf material by shifting resources from reproduction to leaf
94	production and/or mobilizing stored reserves to produce new leaves (McNaughton, 1983; Belsky
95	et al., 1993; Cunningham, 1997; Anten, Martinez-Ramos & Ackerly, 2003; Lopez-Toledo et al.,
96	2012; Sun, Shafiti & Rundel, 2022). In scenarios with higher frequency and/or higher intensities
97	of leaf area loss, which can occur during the harvest of some NTFPs, plants' capacity to
98	compensate can be reduced, however, as stored reserves are depleted, potentially resulting in
99	growth reduction and increased mortality (Anten, Martinez-Ramos & Ackerly, 2003; Endress,
100	Gorchov & Noble, 2004; Farrington et al., 2008; Martínez-Ramos, Anten & Ackerly, 2009;
101	Lopez-Toledo et al., 2012; Ward, Jones, & Barsky, 2022).
102	Many palm species are culturally and/or economically important NTFPs. The leaves of
103	several palm species are used for many products, including roof thatch and handicrafts, and
104	represent an important source of income for local economies especially in rural areas (Joyal,
105	1996; Svenning & Macia, 2002; Pulido & Caballero, 2006; Coronel & Pulido, 2010; Briseño-
106	Tellez & Pulido-Silva, 2023; Briseño Tellez et al., 2023; Sander, Pulido-Silva & da Silva, 2023).
107	Multiple studies have been conducted on palms used as NTFPs to analyze the effects of leaf
108	harvesting on leaf production and the vital rates of individuals (Endress, Gorchov & Berry,
109	2006; Hernández-Barrios et al., 2012; Lopez-Toledo et al., 2012; Martínez-Ramos, Anten &
110	Ackerly, 2009; Mandle & Ticktin, 2012; Martínez-Ballesté & Martorell, 2015). Some studies



111	reported no effect of harvesting on individual palm's vital rates (growth, reproduction and
112	survival) when the harvest is restricted to a few defoliation events, even with complete
113	defoliation. In some cases, defoliated plants even show elevated levels of growth and
114	reproduction because of overcompensation (Anten, Martinez-Ramos & Ackerly, 2003; Martínez-
115	Ramos, Anten & Ackerly, 2009; Gaoue et al., 2016). Other studies, however, indicated that
116	repeated defoliation over multiple years negatively affects leaf production and vital rates, and
117	these negative effects intensify with increased harvest intensity or frequency (Martínez-Ramos,
118	Anten & Ackerly, 2009; Hernández-Barrios et al., 2012; Lopez-Toledo et al., 2012).
119	On the other hand, in many tropical regions, cattle ranching is a common land use in
120	forests, grasslands and other natural areas (Herrera, 1995; Meghan, Graydon & Cushman,
121	2013), and livestock may also browse or/graze on species that are also NTFPs. It has also been
122	shown that cattle may modify soil compaction and other physical and chemical properties
123	(Fleischner 1994), and, in the long term, these effects may become evident in the structure (Stern
124	et al., 2002) and in the architecture of the stems and vegetation (Breceda et al., 2005). Moreover,
125	browsing may have even stronger effects on plant vital rates than defoliation for NTFP
126	harvesting since NFTP harvesting is generally restricted to a particular leaf or individual plant
127	characteristics (e.g., leaf size and shape) and, therefore, more selective than browsing by
128	livestock that usually consume all available leaves.
129	Several studies have evaluated the effect of leaf harvesting on individual plant responses,
130	especially in palms (Svenning & Macia, 2002; Arango, Duque & Muñoz, 2010; Hernández-
131	Barrios et al., 2012; Martínez-Ballesté & Martorell, 2015). Few studies, however, have analyzed
132	the interactive effects of two factors or more on the individual and demographic patterns of
133	plants (Berry et al., 2008; Mandle & Ticktin, 2012; Mandle, Ticktin & Zuidema, 2015; Sinasson



& Shackleton, 2023). These studies demonstrated interactions among two or more drivers
regarding vital rates of individuals and population dynamics. Berry et al. (2008) found
significant interactions among substrate site, topographic position, human management and
herbivory regarding the population dynamics of Chamaedorea radicalis in Mexico. Their results
showed that herbivory reduced survival and fecundity on the forest floor, which in the absence
of seed migration resulted in a projected decline of forest floor palms (sinks). With seed
dispersal, however, the palms persisted, and the total population growth for both substrates wa
projected to be positive, indicating that seed dispersal from non-browsed palms on rock
outcrops (sources) was sufficient to sustain C. radicalis on the forest floor. Similarly, Mandle,
Ticktin & Zuidema (2015) found that the population dynamics of Phoenix loureiroi palms in
India are driven by interactive effects among fire, grazing, leaf harvest and abiotic conditions.
Brahea aculeata (Brandegee) H.E.Moore is an endemic palm of northwestern Mexico.
The leaves are harvested for roof thatching and the production of handicrafts (baskets, etc.).
Cattle also graze on the leaves of B. aculeata (Joyal, 1996; Lopez-Toledo, Horn & Endress,
2011). It is likely that defoliation, whether from harvesters or livestock, alone or combined, may
affect the individual and demographic responses. This paper aims to understand the effects of
grazing and leaf harvesting, as well as the and the interaction of these two factors on the
individual traits and demographic patterns of B. aculeata. We expected that (i) individuals of
Brahea aculeata would tolerate browsing and low to moderate leaf harvest; however, if the leaf
area had been permanently lost over three years, especially at high intensity, individual traits
may have shown important negative outcomes. In terms of demographic impact, we expected
that (ii) harvest and livestock browsing would negatively affect survival, growth and
reproduction and (iii) that the magnitude of these pegative effects would increase over time





157 Furthermore, and that after three years, the cumulative leaf area loss would have stronger effects 158 both on individual and demographic traits. 159 **Materials & Methods** 160 161 **Study site** 162 The study was conducted within the Área de Protección de Flora y Fauna Sierra de Alamos-Río 163 Cuchujagui (APFFSA-RC), a 92,890-ha federal protected area in the northern Mexican state of Sonora (27 ° 12'30 " - 26 ° 53'09 " N and 109 ° 03'00 "-108 ° 29'32" W). Within the APFFSA-164 165 RC, elevations range from 300 to 1600 m and promote a vegetation gradient ranging from 166 tropical deciduous to pine-oak forest (*Haro*, 2009). Precipitation is highly variable with a mean of 650 mm, ranging from 190 and 1120 mm/year (Lopez-Toledo, Horn & Endress, 2011). During 167 168 this research, precipitation ranged from 360 (2011) to 472 (2014) mm, which is lower than the 169 annual average recorded. In the region, the dry season is very pronounced and lasts up to 8 months (November to June). The mean annual temperature is 21.5 °C and ranges from 10 °C and 170 171 41°C as minimum and maximum temperatures (Haro, 2009; Lopez-Toledo, Horn & Endress, 172 2011). 173 **Study species** 174 175 Brahea aculeata (Brandegee) H. E. Moore (Erythea aculeata Brandegee) is a solitary-stemmed 176 palm with hermaphrodite reproduction that reaches ~10 m in height (*Quero*, 2000). The species 177 flowers between March and May, and fruits ripen during May and November. Moreover, 178 individuals usually become reproductive after 1.0 m of height. Our study species is endemic to 179 northwestern Mexico (in the states of Sonora, Sinaloa, Chihuahua and Durango). It is patchily





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distributed and can be found from sunny mountains slopes to shadier areas along arroyos and canyon bottoms in tropical dry forest and lower oak and pine-oak woodlands (*Lopez-Toledo et al., 2011*). It has a wide altitudinal distribution ranging from 320-1500 m. *B. aculeata* appears on the IUCN Red List as "vulnerable," as well as "endangered" in the Mexican Red List because of habitat loss and intensive management (*Quero, 1998; Felger, Johnson & Wilson, 2001; SEMARNAT, 2002*).

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Management of Brahea aculeata

Within the APFFSA-RC, B. aculeata is a very important species in terms of structure of the vegetation and as an NTFP (Joval, 1996). Commercial leaf harvesting in the region has been performed for at least 50 years, with local residents developing traditional strategies for leaf harvest and palm management (Joyal, 1996; Lopez-Toledo, Horn & Endress, 2011). Within the APFFSA-RC, there are two leaf harvesting schemes: i) that conducted by native people from inside the reserve, hereafter defined as "low harvest" and that ii) conducted by nonnative people from larger cities or from coastal towns who use the leaves for thatching roofs of beach resorts, hereafter named "high harvest." The former usually involves harvesting only mature leaves, and always only the two youngest leaves and spear leaves are left. In contrast, the latter involves a more aggressive harvesting scheme, cutting all available leaves and spears. Depending on demand for the product, some areas may be harvested every 6 months or every year. Furthermore, within the reserve cattle ranching is very common, with the cattle placed in different plots of land of 30-50 ha within a farm and rotated every 2-3 months (Quiséhuatl-Medina et al., 2020). During the dry season when many of the deciduous trees have dropped their leaves, B. aculeata leaves may be consumed by cattle, which may damage palm individuals





<250 cm high (*Lopez-Toledo, Horn & Endress, 2011*). Leaf harvesting is applied to juveniles and adult plants because they produce good-sized leaves for both harvesting schemes, while cattle activity may affect all life stages through grazing, trampling and soil compaction (*Quiséhuatl-Medina et al., 2020*). Leaf harvesting occurs in January, which coincides with the best climate and results in the highest leaf quality for weaving and thatching.

Sampling design

To evaluate the effect of cattle grazing and leaf harvesting on *Brahea aculeata*, we established six permanent plots of 75 x 25 m (0.1875 ha) in 2011. Two treatments were randomly assigned to these plots: 1) grazing and 2) non-grazing. For the former treatment, unrestricted livestock grazing was allowed, while the latter plots were fenced to prevent cattle access. Trying to simulate the local management, the cattle were allowed for about 3 months (April to June) each year within the plot.

Each plot was then divided into three subplots of 25 x 25 m (625 m²) where three regional harvest schemes were randomly assigned and applied annually in January each year: 1) no harvest, 2) low harvest and 3) high harvest. We applied these harvesting schemes for each palm ≥ 10 cm in height and quantified the number of total leaves and harvested leaves. Harvesting treatments resulted in a gradient from 0 to 100% of harvested leaves in both grazing treatments. We obtained the necessary permits from Dirección General de Vida Silvestre-Secretaria de Medio Ambiente y Recursos Naturales to collect leaves (DGVS / 01991/10 and DGVS / 00837/14).

Annual censuses were conducted from January 2011 to January 2014. At each census, for each palm we marked the second youngest leaf, which represented a fully developed leaf; thus,





we were able to measure new leaf production each year. We measured eight traits for each palm: i) length of stem, ii) leaf production, iii) lamina length (of the marked leaf and hereafter defined as "leaf length"), iv) petiole length (of the marked leaf), v) percentage of leaves harvested, vi) survival (alive or dead), vii) stem length (measured from the base of the stem to the base of the new leaf) and viii) number of fruits (except for 2011 to 2012). We classified individuals into one of three size classes: a) *Juveniles*, individuals of 10.1-100 cm and base diameter > 5 cm; b) *Adults I*, which comprised individuals of 100.1-250 cm) and d) *Adults II*, individuals >250 cm. Overall, we marked and monitored a total of 1,194 individuals during the three-year period of the study with 197-228 individuals per plot. This included the following number of individuals per treatment: 120-125 juveniles, 45-63 Adults I and 32-40 Adults II.

Data analysis

We included seven different response variables including three at individual and four at demographic level, respectively. The individual traits analyzed were related to leaf area and included leaf production (LP), leaf length (LL) and petiole length (PL). The demographic rates analyzed included mortality (M), stem growth (SG), probability of reproduction (PR) and fruit production (FP). To assess the responses of browsing and leaf harvesting on *Brahea aculeata* at the individual and demographic level, we developed mixed models considering the following explanatory variables: Time ('T' with three levels: 2012, 2013 and 2014), Grazing (included as a categorical variable 'Gr' with the levels Grazing and Non-Grazing), Harvest ('H' expressed as a proportion of harvested leaves/total leaves varying from 0 to 100% harvest). We also included the interaction term Harvest:Time to consider the cumulative effects of harvesting through time, which we expected would become stronger through the monitoring. For all analyses, these were



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used as fixed factors. To reflect the nested design of the experiment, the "plot/subplot" of the browsing/harvesting treatments and the repeated measurements of individuals through time, we used mixed models, which can include these terms as random effects (*Pinheiro & Bates*, 2000; Bates et al., 2015). All the analyses were conducted using the linear mixed-effects model (LMM) for continuous response variables (e.g., leaf length, petiole length and stem growth) and the generalized linear mixed model (GLMM) for variables that were counts (e.g., leaf production and fruit production) and binomials (e.g., probability of reproduction). We did not conduct analysis for mortality, given the very low number of dead individuals (9 in total) during the monitoring period. For LMM analyses, when required, response variables were log(x) or log(x +1) transformed to meet normality criteria (Crawley, 2012). For GLMM analyses, we used Poisson error for counts and binomial error for binomial variables. The model presented for each response variable represents the full model including all terms mentioned above. The trend line presented in the results was plotted based on the coefficients of these models; see Supplementary Information section (SI). All analyses were completed using the *lme4* package 1.1-21 version (Bates et al., 2015) in the R program version 3.5.2 (The R Foundation for Statistical Computing, 2018). To test significance of factors, we used the *lmerTest* package version 3.1-0 for LMM (Kuznetsova, Brockhoff & Bojesen-Christensen, 2016) and the parametric bootstrap method available in the pbkrtest package ver. 0.4-7 for GLMMs (Halekoh & Højsgaard, 2014).

Results

Individual traits

In general, we found that the effects of leaf harvesting were stronger than browsing ($\chi^2 = 45.3$, p<0.001). Thus, for the three individual traits analyzed, the leaf harvest had significant effects.

269	The palms' performance, however, was similar between browsing treatments (Fig 1).
270	Furthermore, the null effects of browsing were similar for the three size classes analyzed (Tables
271	1-3). Leaf production ranged from 0 to 35 leaves/yr and differed among size categories (Fig. 1).
272	Overall, the lowest leaf production rate was registered for juveniles (mean \pm SE: 5.3 ± 0.05
273	leaves/yr), while the highest was for adults II (mean \pm SE: 12.8 ± 0.3 leaves/yr) (Fig. 1). For the
274	three size classes, we found that palms showed a positive response to harvesting, that is, the leaf
275	production rate significantly increased with the increase of proportion of harvesting (Fig 1; Table
276	1). Although this relationship was positive for the three years, the slope had a variation with
277	higher values in the second year, while for the third year the slope declined (Fig. 1ab; Table S1).
278	Leaf length also differed among palm size categories, and juveniles had the smallest
279	leaves (mean \pm SE: 48.3 ± 0.2 cm), while adults I and adults II had 1.5-1.2 times larger leaves,
280	respectively (Fig. 2; Table S1). We detected effects of browsing only for Adults I but not for
281	juveniles (Table 2). Harvesting and the H:T interaction were found to be significant for the three
282	categories and for juveniles the first year. Based on the coefficients of the model, harvesting
283	produced positive effects (slope = 5.7 cm/prop of harvesting): larger leaves at higher harvesting.
284	For the second year, leaf size decreased with harvesting, and, for the third year, this relationship
285	became negative (slope=0.5 cm/prop of harvesting, Table S2). For Adults I and Adult II,
286	harvesting did not produce changes during the first and second year, but for the third the
287	relationship become negative (Fig, 2; Table 2 and S2).
288	Petiole length was a very sensitive trait, and generally the palms exposed to high
289	harvesting intensities showed a positive effect during the two first years, with an increase of up
290	to 55% in length. For the third year, though, the petiole decreased (Table 3; Fig. 3). By contrast,
291	we did not find any effect from browsing on petiole size (Table 3).

Demographic rates

Similarly, to the individual traits, we did not find a significant effect from browsing on any of the demographic rates of *Brahea aculeata*. Specifically, for the case of mortality, browsing and harvesting did not show any effect. We could not test their effect given the low number of individuals' death (9 individuals corresponding to 7 juveniles and 2 Adults I). For stem growth, we found a large range of variation with 0 and 25 cm yr⁻¹ as the minimum and maximum, mainly because of palm size with the Adults I and Adults II, which showed the higher and lowest growth (Fig 4). For the case of browsing, the statistical model did not detect differences among plants in the browsing and non-browsing plots and it indicated higher growth for the third year but negative for the second year. The effects of harvesting were negative during the three years (Table 4; Fig. 4a, b).

Palms that had leaf area loss showed apparently contrasting effects on attributes related to reproduction. In general, the probability of reproduction increased with leaf area loss, while the number of fruits produced decreased with harvesting intensity. The positive effect of harvesting on the probability of reproduction was especially evident in Adults I, which also showed an increase along time with a higher probability of reproduction. Thus, harvesting intensities > 20% increased this probability, and, after 40% harvest, the probability reached its maximum (Fig. 5a, Table 5). Moreover, the statistical model indicated that the probability of reproduction varied positively with the size of individuals, and larger individuals had higher reproduction probabilities. This also changed, however, among years, and the model indicated that cumulative effects of harvests resulting in smaller sized palms reproducing. Thus, in the final period, smaller palms increased the probability of reproduction (Table 5; Fig. 5b). Fruit production varied





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largely among individuals from 2 to 657 fruit/individual, and a noteworthy variation among years was also recorded (Fig. 5c) This variation was partly explained by the harvesting proportion, time and stem length, but browsing had no effect (Table 5). The statistical model indicated a negative effect of harvesting, and, for the most part, large intensities of harvesting reduced the fruit production about 50% of (Fig. 5 c). Although we found a high variation in fruit production, palm size had a positive relationship, with large palms producing more fruits (Fig. 5d).

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Discussion

Overall, we found that *Brahea aculeata* is resilient to browsing and leaf-harvesting, as these two factors alone had only minor or no effects on most of the analyzed traits.

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Individual traits

328 To our knowledge, few studies have tested the effects of different drivers and their interactions 329 on non-timber forest products (NTFP) (e.g., Endress, Gorchov & Noble, 2004; Mandle & 330 Ticktin, 2012; Mandle, Sinasson & Shackleton, 2023), yet these experimental designs are necessary to simulate real management practices where NTFPs are exposed to other disturbance 332 factors in addition to harvest. Our study contributes to this goal by documenting the effect of multiple drivers on both individuals and populations. During the first two years, we found that 333 334 loss of leaf area had limited effects on Brahea aculeata, and individuals were able to recover 335 from defoliation. After 3 years of defoliation, however, individuals subjected to both high 336 browsing and high harvesting rates were the more negatively affected. This is consistent with



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research on *Phoenix loureiroi*, the mountain date palm, where grazing and harvest reduced growth (*Mandle & Ticktin, 2012*).

The management practices simulated on *Brahea aculeata* only negatively affected one of the four individual traits analyzed (petiole length). Although petiole size is not relevant for the management of the species, it is an architectural attribute important for structural support (Niinemets et al., 2004). The changes we found may help to understand the low or null effect on leaf size and maybe indicate possible trade-offs among functions such as light acquisition and support structures (Niinemets et al., 2004). Leaf size and leaf production generally responded positively, and we did not find any effect on the total number of leaves per plant. Although leaf production and leaf size showed a reduction in the three size-categories, this was not lower than the first-year values. Therefore, this species may be considered resilient: capable of recovering from damage caused by defoliation even at high leaf area loss intensities (Walker, Kinzig & Langridge, 1999; Lopez-Toledo et al., 2012), at least in the short term. This coincides with findings for other palms species subject to low defoliation intensity treatments and few events of harvesting (Anten, Martinez-Ramos & Ackerly, 2003; Martínez-Ballesté, Martorell & Caballero, 2008; Hernández-Barrios et al., 2012; Mandle, Ticktin & Zuidema, 2015; Pulido & Coronel-Ortega, 2016). Mandle, Ticktin and Zuidema (2015,) studying Phoenix loureiroi in India, reported that this species is resilient to low (~15 %) harvest rates with an annual harvest scheme. In the case of *Brahea aculeata*, the increase in leaf production and leaf size is likely due to an increased allocation of resources to these attributes. This response can be considered an overcompensatory response (Bazzaz, Ackerly & Reekie, 2000; Anten & Ackerly, 2001; Anten, Martinez-Ramos & Ackerly, 2003), which has been explained as follows: i) a result of the mobilization of resources from other plant structures, such as stems or roots that store



nonstructural carbohydrates and nutrients; ii) a reallocation at the expense of some functions
such as reproduction or iii) a response caused by an adjustment in the photosynthesis rate in the
remaining leaves (McPherson & Williams, 1998; Bazzaz, Ackerly & Reekie, 2000; Boege, 2005;
Endress, Gorchov & Berry, 2006; Lopez-Toledo et al., 2012; Martínez-Ballesté & Martorell,
2015). For example, defoliated Chamaedorea elegans palms allocated more resources to lamina
growth at the expense of the other plant structures, especially those related to reproduction
(Anten, Martinez-Ramos & Ackerly, 2003). Studies of other palm species under more intensive
management schemes (semiannual harvest and high harvesting intensities) have also found a
higher leaf production rate (Martínez-Ballesté, Martorell & Caballero, 2008; Coronel & Pulido,
2010). In a study of two species of Sabal (S. yapa and S. mexicana) from the Mexican Yucatan
Peninsula, Martínez-Ballesté and Martorell (2015) also concluded that adults individuals could
compensate for leaf production even at higher harvest intensities (twice each year) for 2 years.
As part of the experiment, however, 1 to 3 young leaves per palm were left, which allowed them
to recover. In our case, intensive management included the harvest of all leaves and spears, and,
even under this scenario, we did not find negative effects on Brahea aculeata for the first two
years, which highlights the resilience of this species.
Except in a few cases, most of the defoliation studies have been short-term (Endress,
Gorchov & Noble, 2004; Martínez-Ballesté, Martorell & Caballero, 2008; Duarte & Montúfar,
2012; Pulido & Coronel-Ortega, 2015). To evaluate the effect of leaf area loss, especially in the
context of the sustainability of non-timber forest products, it is important to conduct long-term
studies, as short-term studies may miss interannual variability and may not detect the cumulative
effects of leaf area loss. In the case of Brahea aculeata, simulating real management practices
over 3 years showed an increase in all the variables analyzed, with the highest levels in the





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second year and a drop in the third year, especially for juveniles. This decline may indicate the cumulative effects of three years of browsing and harvesting. In other palm species, multiple defoliation events and intensive harvesting lead to a depletion of reserves (*Martínez-Ramos*, *Anten & Ackerly*, 2009). For example, a defoliation experiment on *Chamaedorea elegans* performed every 6 months for 3 years led to a large reduction in leaf traits and an even larger reduction in reproductive attributes, such as inflorescences, flowers and fruits, especially at high harvesting intensities (*Lopez-Toledo et al.*, 2012).

For Brahea aculeata, after the three-year experiment, the effect of harvest and browsing on leaf attributes was greater on intermediate sizes than on smaller and larger individuals. This was due to the interactive effects of browsing and harvesting. The intermediate-sized palms (10-250 cm height) can be easily harvested, and the leaves are more accessible to livestock. In contrast, smaller and larger individuals (seedlings and adults II) were only subjected to either browsing or harvesting but not both. The low effect on adults II is remarkable, given that adults need to allocate resources for reproductive structures. Regardless, they did not show any negative effect, which also indicates the high resilience of these size classes. In large adults, the stored resources are, in general, more abundant, which explains the lower effect we found (Anten, Martinez-Ramos & Ackerly, 2003; Boege, 2005). Several studies, however, have found that plants have thresholds at which they can tolerate some degree of disturbance, but once this is exceeded, however, accumulated reserves are reduced or depleted, and individuals are no longer able to compensate for the damage (Anten & Ackerly, 2001; Staffan & Mendez, 2005). It is likely that in the case of Brahea aculeata we did not reach this threshold, and it may have been reached by the increasing of frequency of harvesting. This question will remain open, however.

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Demographic patterns

407	Other palms such as <i>Phoenix loureiroi</i> , which is an NTFP from Indian tropical dry forests, has
408	been found to be resilient to low levels of leaf area loss resulting from the combination of
409	multiple interacting factors (fire, harvesting and grazing). Nevertheless, chronic and higher levels
410	of these multiple factors have severe negative consequences for populations (Mandle & Ticktin,
411	2012). Martínez-Ballesté and Martorell (2015), studying the Sabal yapa palm from tropical dry
412	forest ecosystems, also found that the species is resilient to harvest. In this case, S. yapa was
413	resilient to any leaf harvesting regime and could maintain positive demographic rates. For
414	Brahea aculeata, we concluded that this species is also resilient but only under a management
415	that includes 2 years of harvesting with annual cycles at even high levels of harvesting. If this
416	management continues for a third year, however, the resource allocation patterns changed
417	considerably, and some demographic patterns reduced drastically. There are other species such
418	as Chamaedorea, which had been reported to be more susceptible to leaf harvesting. Although
419	these species grow in different ecosystems (understory palms from humid tropical forests) than
420	B. aculeata, the allocation resources and effects of harvesting may be used to compare our
421	results. For some Chamaedorea species, several authors have found that high harvesting
422	intensities (> 66%) strongly affected demographic rates and population dynamics, even after few
423	events (Martínez-Ramos, Anten & Ackerly, 2009; Hernández-Barrios et al., 2012; Lopez-Toledo
424	et al., 2012). The difference may be due in part to environmental conditions and the frequency of
425	defoliation. In these studies, Chamaedorea harvesting was performed biannually, whereas in our
426	present study, harvesting was conducted only once a year (to simulate one of the most frequent
427	practices). Furthermore, browsing was conducted during a short season of the year (May to July).
428	Therefore, during the first two years of monitoring, it is likely that the time (one entire year)



between events of defoliation may be sufficient for B. aculeata to recover from the leaf area lost. 430 In addition, there may be a differential response comparing an understory palm such as 431 Chamaedorea to a canopy species such as Brahea. 432 In previous studies, the first defoliation event can cause an increase in the probability of 433 reproduction, flowers or fruits (Martínez-Ramos, Anten & Ackerly, 2009). The cumulative effects 434 of multiple defoliation events, however, led to declines in reproductive output (Endress, Gorchov & Noble, 2004; Zuidema, de Kroon & Werger, 2007; Martínez-Ramos, Anten & Ackerly, 2009; 435 436 Hernández-Barrios et al., 2012). This reduction has been explained based on the amount of 437 carbohydrates and the carbon gain by photosynthesis, which decreased through defoliation 438 (Klinkhamer et al., 1992; Boege, 2005). Although leaf harvesting for Brahea aculeata increased 439 the probability of reproduction, fruit production was 2 to 3 times lower as compared with control 440 palms. Thus, it is likely that the frequency and intensity of defoliation applied to Brahea 441 aculeata was sufficient to reach that threshold, indicating that the stored resources for 442 reproduction become reduced. For further studies, it will be interesting to explore whether more 443 frequent harvests or chronic harvesting over the long term affect the reproductive success or the 444 fate of descendants. In the Alamos area, the species has been chronically and intensively 445 harvested for at least 50 years. Therefore, it is likely that the reproductive variables may have 446 been affected given the low recruitment of seedlings observed in the field studies. This is an 447 unanswered question, however, and further studies related to reproductive success and 448 germination are necessary. 449 Brahea aculeata is a long-lived species, and, therefore, low mortality is expected for 450 adults. We found high survival rates and no impact on survival by browsing or harvesting. For 451 other species, effects on mortality have been found, but this may be due to the greater frequency





452 and intensity of harvesting or differences in the natural history of the species (Endress, Gorchov 453 & Berry, 2006; Martínez-Ramos, Anten & Ackerly, 2009; Hernández-Barrios et al., 2012; 454 Mandle & Ticktin, 2012). 455 Finally, the positive effect of browsing on growth may be an indirect effect of livestock 456 activity. The cover of herbaceous plants was extremely high in the non-browsing plots, while in 457 the browsing plots the livestock either trampled or ate the vegetation. This may eliminate the 458 competition for resources, such as light, water or nutrients and make them available for palms (Herrera, 1995; Heckel et al., 2010). 459 460 Implications for management 461 462 Palms are ecologically and economically important in many tropical regions, and especially the 463 leaves are intensively used for different purposes, including thatching roofs and handicrafts, 464 which generate important income for local people (Joyal, 1996; Anten, Martinez-Ramos & 465 Ackerly, 2003; Endress, Gorchov & Noble, 2004; Arango, Duque & Muñoz, 2010; Coronel & 466 Pulido, 2010; Duarte & Montúfar, 2012). Our results indicate that Brahea aculeata under a two-467 year management that includes cycles of annual harvesting at moderate and even high leaf 468 harvesting intensity may be considered sustainable, and, therefore, any intent of management for 469 3 or more years should be completely avoided. 470 471 Our results have important implications for the management of the species, as to date B. 472 aculeata is a red listed species under Mexican and international norms, and no permissions are 473 legally allowed. Within our study area, however, at some properties the management may be even more intensive with semiannual harvest (Lopez-Toledo, Horn & Endress, 2011). Many area 474



residents depend on the leaf harvest of this species, and, therefore, we believe our results may contribute basic ecological information for the sustainable management of the species. These results may be implemented and contribute to an economically important activity. Note that characteristics such as leaf production rate and leaf length have direct implications for the use of many palms. Many handicrafts and roofs made of palm require only longer leaves (*Pulido & Caballero, 2006; Pulido & Coronel-Ortega, 2015*). Therefore, in this specific case, harvesting and browsing can be considered as positive – at least in the short term - leading to an increase in the length of leaves.

Nevertheless, it is still necessary to explore the effect of resting time and a more intensive management, which is applied in some areas (such as semiannual harvesting), and to evaluate the effects on the demography and population dynamics of the species. These questions, however, will also remain open for further studies (*Hernández-Barrios et al., 2012; Lopez-Toledo et al., 2012*).

Conclusions

Based on our experiment in field condition in northwestern Mexico, we state that *Brahea aculeata* demonstrated considerable resilience to simultaneous defoliation and browsing events; however, it was able to compensate for these effects only during the initial two years. Defoliation had a more pronounced impact than browsing and on some of the analyzed variables. Studies that simultaneously evaluate the combined effects of multiple factors on the performance of non-timber forest products (NTFPs) are essential for addressing management scenarios that reflect



the realities faced by various species in the field. Despite being protected under the Mexican Red List (NOM-059-SEMARNAT-2010), this endemic and threatened species is still harvested and managed by various groups who rely on it for their livelihoods. Understanding the effects of harvesting, browsing and other potential factors affecting performance of these palms will be crucial for informing effective management and future conservation efforts.

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Figure 1

Leaf production of Brahea aculeata individuals subjected to different intensities of browsing and harvesting of leaves in the tropical dry forest of Alamos, Sonora.

Leaf production of *Brahea aculeata* individuals subjected to different intensities of browsing and harvesting of leaves in the tropical dry forest of Alamos, Sonora: a) Juveniles, b) Adult I and c) Adult II. In the charts the different surfaces/trend lines represent the values predicted by the model for each year of sampling. Note the differences in the Y-axis scale.

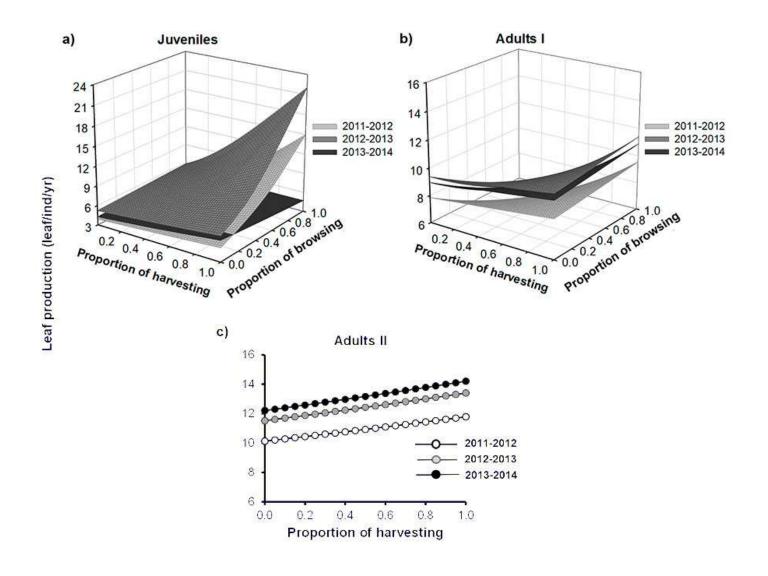


Figure 2

Leaf length of *Brahea aculeata* individuals subjected to different intensities of browsing and harvesting of leaves in the tropical dry forest of Alamos, Sonora

Leaf length of *Brahea aculeata* individuals subjected to different intensities of browsing and harvesting of leaves in the tropical dry forest of Alamos, Sonora: a) Juveniles, b) Adult I and c) Adult II. In the charts b) and c) the different surfaces represent the values predicted by the model for each year of sampling. In d) the letters represent significant differences for years of sampling. Note the differences in the Y-axis scale.

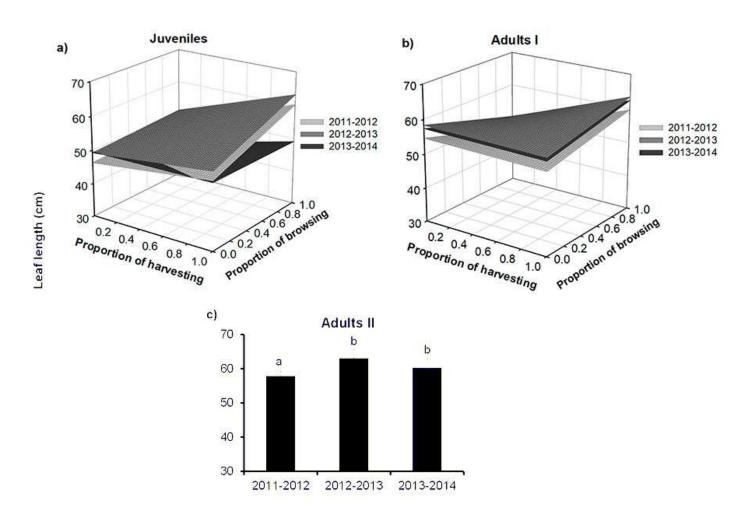


Figure 3

Petiole length of *Brahea aculeata* individuals subjected to different intensities of browsing and harvesting of leaves in the tropical dry forest of Alamos, Sonora

Petiole length of *Brahea aculeata* individuals subjected to different intensities of browsing and harvesting of leaves in the tropical dry forest of Alamos, Sonora: a) Seedlings, b) Juveniles, c) Adult I and d) Adult II. In graph a) the letters represent significant differences for years of sampling; while in b), c) and d) the different surfaces/trend lines represent the values predicted by the model for each year of sampling. Note the differences in the Y-axis scale.



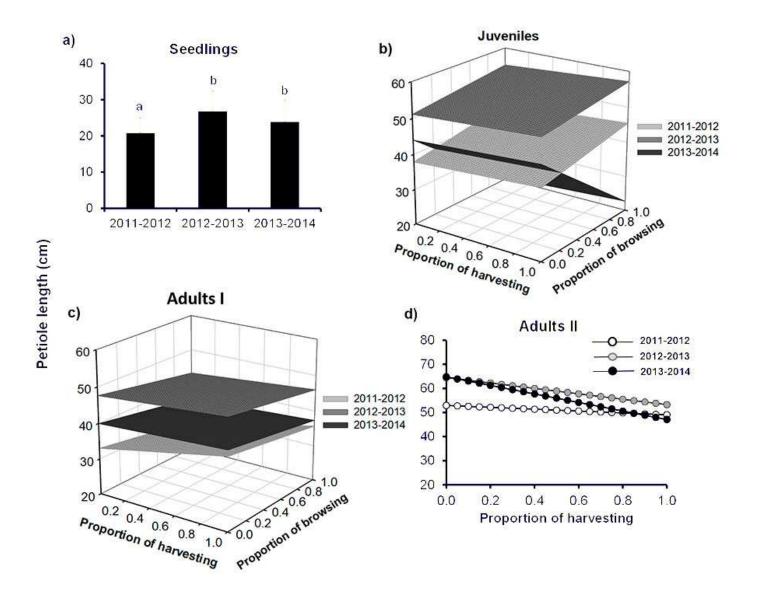
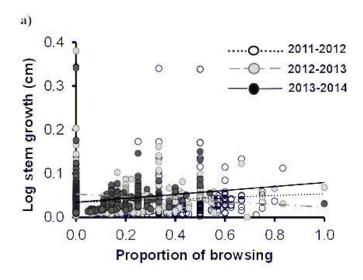


Figure 4

Stem growth for *Brahea aculeata* individuals subjected to different intensities of browsing and harvesting of leaves in the tropical dry forest of Alamos, Sonora

Stem growth for *Brahea aculeata* individuals subjected to different intensities of browsing and harvesting of leaves in the tropical dry forest of Alamos, Sonora: a) stem growth and b) stem growth. In both charts the circles represent the observed values and the different colors represent the sampling years. The trend lines represent the values predicted by the model for each year of sampling. Note the logarithmic scale of the vertical axis in the plot.



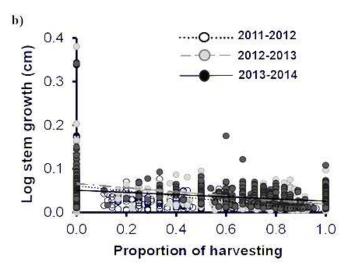


Figure 5

Reproductive attributes for *Brahea aculeata* under different harvesting intensities in the tropical dry forest of Alamos, Sonora

Reproductive attributes for *Brahea aculeata* under different harvesting intensities in the tropical dry forest of Alamos, Sonora. a) Reproduction probability as a function of harvesting, b) reproduction probability as a function of size and c) fruit production as a function of harvesting, d) fruit production as a function of size. In all the graphs the circles represent the observed values, the lines represent the values predicted by model and, the different colors in circles and lines represent the sampling years, in both charts lines represent the values predicted by the model.



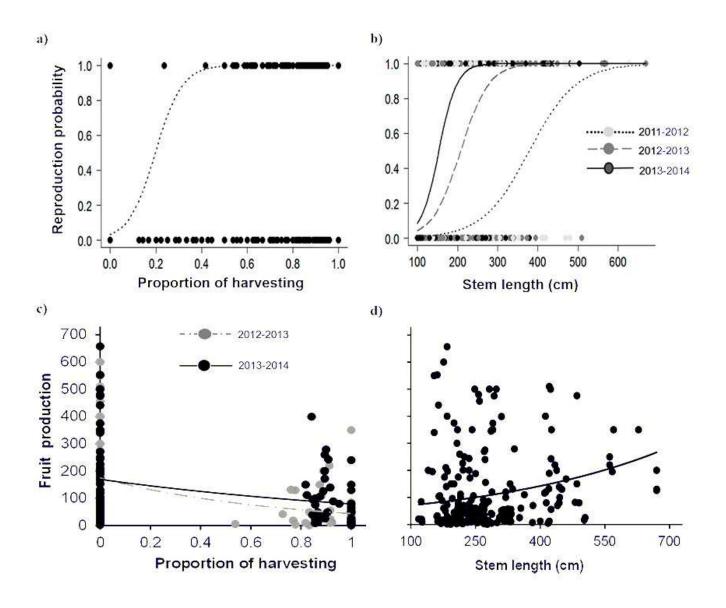




Table 1(on next page)

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Legends of five tables are included in a .docx file



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Individual and demographic responses of the palm Brahea aculeata to browsing and leaf harvesting in a tropical dry forest of Northwestern Mexico

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TABLES

 Table 1. Result of Generalized Linear Mixed-Effects Models (GLMMs) used to assess the cumulative effects of browsing and harvesting of leaves on leaf production of *Brahea aculeata* in the tropical dry forest of Alamos, Sonora. The terms tested in the models were the time (T), browsing proportion (Br), harvesting proportion (H) and the interactions among these terms (Br:H). The statistics are provided F and $\chi 2$, degrees of freedom in brackets (gl) and P valor with based in maximum likelihood ratio test; ns indicates that there was no significant effect; (–) indicates that the factor was not significant and therefore it was removed from the model (See Figure 1).

Leaf production								
	Seedlings		Juveniles		Adults I		Adults II	
Factors	$F/LRT\chi^{2}_{(gl)}$	\overline{P}	$F/LRT\chi^{2}_{(gl)}$	P	$F/LRT\chi^{2}_{(gl)}$	\overline{P}	$F/LRT\chi^{2}_{(gl)}$	P
Time (T)	-	-	41.8 _(2,1987)	< 0.001	40.5(2)	< 0.001	19.9(2)	< 0.001
Browsing (Br)	-	-	$6.9_{(1,1987)}$	0.008	$12.5_{(1)}$	< 0.001		
Harvesting (H)	NA	NA	$97.5_{(1,1987)}$	< 0.001	$5.4_{(1)}$	0.01	$4.5_{(1)}$	0.03
T:Br	-	-	$0.7_{(2,1985)}$	ns	-	-		
Т:Н			$3.8_{(2,1987)}$	0.02	-	-	-	-
Br:H			$6.8_{(1,1987)}$	0.008	3.9(1)	0.04		
T:Br:H			$5.4_{(2,1985)}$	0.004	_	-		

 Table 2. Result of Linear Mixed-Effects Models (LMM) used to assess the cumulative effects of browsing and harvesting of leaves on leaf length of *Brahea aculeata* in the tropical dry forest of Alamos, Sonora. The terms tested in the models were the time (T), browsing proportion (Br), harvesting proportion (H) and the interactions among these terms (Br:H). The statistics are provided F and χ^2 , degrees of freedom in brackets (gl) and P valor with based in maximum likelihood ratio test; ns indicates that there was no significant effect; (–) indicates that such factor was not significant and therefore it was removed from the model (See Figure 2).

Leaf length							
	Seedlings	Juveniles	A	Adults I		Adults II	
Factors	$F/LRT\chi^2_{(gl)}$ P	$F/LRT\chi^{2}_{(gl)}$ P	F/LRT;	$\chi^2_{(gl)} P$	F/LRTx	$^{2}_{(gl)}$ P	
Time (T)		$28.1_{(2,1982)}$ < 0.001	68.9(2)	< 0.001	22.8(2)	< 0.001	
Browsing (Br)		$1.2_{(1,1982)}$ ns	$11.2_{(1)}$	< 0.001			
Harvesting		$21.3_{(1,1982)}$ < 0.001	,				
(H)			$0.7_{(1)}$	ns	-	-	
T:Br		$3.5_{(2,1982)}$ < 0.02	-				
T:H		$17.8_{(2,1982)} < 0.001$	-	-	-	-	
R:H		$6.3_{(1,1982)}$ 0.01	$6.3_{(1)}$	0.01			
T:Br:H		_ `	_	_			

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Petiole length Seedlings Adults I Adults II **Juveniles** $\overline{F/LRT}\chi^2_{(gl)}$ $\overline{F/LRT\chi^2_{(gl)}}$ P $F/LRT\chi^2_{(gl)}$ $F/LRT\chi^2_{(gl)}$ **Factors** $\overline{175.09}_{(2,891)}$ $\overline{9.04}_{(2,283)}$ Time (T) < 0.001 < 0.001 < 0.001 < 0.001 $15.2_{(2)}$ $139.5_{(2.1988)}$ **Browsing** $0.7_{(1.1988)}$ $6.2_{(1.891)}$ 0.01 ns (Br) Harvesting $2.3_{(1,891)}$ 0.02 < 0.001 $5.1_{(1,1988)}$ $13.6_{(1,283)}$ ns **(H)** T:Br < 0.001 $9.6_{(2,1988)}$ $4.5_{(2,891)}$ T:H 0.01 0.001 $6.7_{(2,283)}$ R:H T:Br:H

Table 3. Result of Linear Mixed-Effects Models (LMM) used to assess the cumulative effects of browsing and harvesting of

leaves on petiole length of Brahea aculeata in the tropical dry forest of Alamos, Sonora. The terms tested in the models were the

time (T), browsing proportion (Br), harvesting proportion (H) and the interactions among these terms (Br:H). The statistics are provided

F and χ^2 , degrees of freedom in brackets (gl) and P valor with based in maximum likelihood ratio test; ns indicates that there was no

significant effect; (–) indicates that such factor was not significant and therefore it was removed from the model (See Figure 3).

Table 4. Result of Linear Model Using Generalized Least Squares (GLS) used to assess the cumulative effects of browsing and harvesting of leaves on stem growth *Brahea aculeata* in the tropical dry forest of Alamos, Sonora. The terms tested in the models were time (T), browsing proportion (Br), harvesting proportion (H), stem length (SL) and the interactions among these factors. The statistics are provided (χ 2, degrees of freedom in brackets and P value based in maximum likelihood ratio test; ns indicates no significant effect of the term and – indicates that such factor was not significant and therefore it was removed from the model. Three and four way interactions (SL:T:Br, SL:T:H, SL:Br:H, T:Br:H, SL:T:Br:H) were not significant and were removed from the model and therefore they are not included in the table (See Figure 4).

Stem growth					
Factors	χ^2	P			
Stem length (SL)	253.5(1)	< 0.001			
Time (T)	$23.5_{(2)}$	< 0.001			
Browsing (Br)	$8.9_{(1)}$	< 0.01			
Harvesting (H)	$1.1_{(1)}$	ns			
SL:T	$7.27_{(2)}$	0.02			
SL:Br	-	-			
SL:H	-	-			
T:Br	$7.08_{(2)}$	0.02			
T:H	$7.08_{(2)}$	0.02			
Br:H	-	-			

Table 5. Result of Generalized Linear Mixed-Effects Models (GLMMs) or Generalized Linear Mixed Models using AD Model Builder (glmmADMB) used to assess the cumulative effects of browsing and harvesting of leaves on reproductive attributes *Brahea aculeata* in the tropical dry forest of Alamos, Sonora. The terms tested in the models were time (T), browsing proportion (Br), harvesting proportion (H), stem length (SL) and the interactions among these factors. We used *glmer* for the reproduction probability and *glmmadmb* for the fruit number. The statistics are provided (χ 2, degrees of freedom in brackets and P value based in maximum likelihood ratio test; ns indicates no significant effect of the term and – indicates that such factor was not significant and therefore it was removed from the model). Three and four way interactions (SL:T:Br, SL:T:H, SL:Br:H, T:Br:H, SL:T:Br:H) were not significant and were removed from the model and therefore they are not included in the table (See Figure 5).

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Reproductive attributes						
	Probability of reproduction			Fruit production		
Factors	Factors ${\chi^2}$ P		χ^2	P		
Stem length (SL)	20.8(1)	< 0.001	17.68 ₍₁₎	< 0.001		
Time (T)	$1.01_{(2)}$	ns	$6.9_{(2)}$	0.03		
Browsing (Br)	-	-	-	-		
Harvesting (H)	$8.59_{(1)}$	0.003	$10.18_{(2)}$	0.006		
SL:T	$26.06_{(2)}$	< 0.001	-	-		
SL:Br	-	-	-	-		
SL:H	-	-	-	-		
T:Br	-	-	-	-		
T:H	-	-	$3.9_{(1)}$	0.04		
Br:H	-	-	_	-		

