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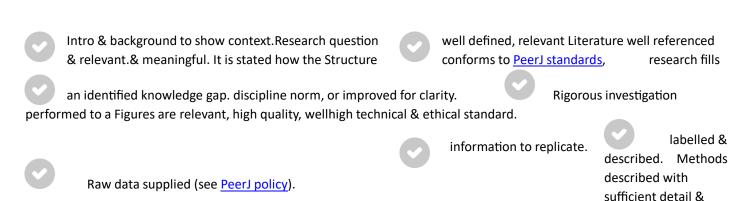
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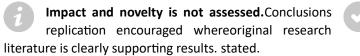
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Prognostic value of serum Mrp 8/14 in sepsis-induced Acute Respiratory Distress Syndrome patients: a retrospective cohort study

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Background: Mrp 8/14 is abundantly secreted by activated neutrophils during infection and inûammation. However, its prognostic in acute respiratory distress dyndrome (ARDS) induced by sepsis is poorly understood. Our aim was to investigate the relationship between serum Mrp 8/14 and the prognosis in sepsis-induced ARDS patients admitted to the intensive care unit (ICU). Methods: Serum Mrp 8/14 concentrations were analyzed in 118 ARDS patients induced by sepsis included in the analytical study. Patients were enrolled upon admission to ICU of Nanjing Hospital Aûliated to Nanjing Medical University. The baseline information and clinical outcomes were obtained. The patients were divided into survivor group and non-survivor group according to whether they died during ICU hospitalization. **Results:** The serum Mrp 8/14 levels were significantly increased in the non-survivor group compared to the survivor group (P < 0.05). Logistic regression analysis showed that serum Mrp 8/14, albumin and APACHE II were the independent factors for predicting the prognosis of sepsis- induced ARDS during ICU hospitalization after adjustment. Additionally, the areas under receiver operating characteristic curves for Mrp 8/14 combined with albumin was associated with ICU mortality and was higher than that of Mrp 8/14, albumin, APACHE II and Mrp 8/14 combined with APACHE II (all P < 0.05). A nomogram was constructed to predict ICU mortality and the c-indexes of predictive accuracy was 0.830 in the cohort (P <0.05). Conclusions: The serum Mrp 8/14 upon ICU admission in septic patients may be useful for predicting the mortality in sepsis-induced ARDS patients during ICU hospitalization.

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Prognostic value of serum Mrp 8/14 in sepsis-induced Acute Respiratory Distress

- 2 Syndrome patientsÿa retrospective cohort study
 - 3 Running head: Serum Mrp 8/14 as a Prognostic Marker for Sepsis-Induced ARDS
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- 16 Conflicts of Interest and Source of FoundingÿWe declare that we have no conflicts of
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 18 of Department of Science and Technology of Jiangsu Province (BE2020670) and Nanjing 19
 19 Medical Science and Technique Development Foundation Project (YKK22115, YKK20114).
 - 20 ABSTRACT
- 21 **Background**: Mrp 8/14 is abundantly secreted by activated neutrophils during infection and

- 22 inflammation. However, its prognostic in acute respiratory distress dyndrome (ARDS)
- 23 induced by sepsis is poorly understood. Our aim was to investigate the relationship between 24 serum Mrp 8/14 and the prognosis in sepsis-induced ARDS patients admitted to the intensive care unit (ICU).
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- 27 sepsis included in the analytical study. Patients were enrolled upon admission to ICU of
- Nanjing Hospital Affiliated to Nanjing Medical University. The baseline information and
- 29 clinical outcomes were obtained. The patients were divided into survivor group and
- 30 non-survivor group according to whether they died during ICU hospitalization.
- Results: The serum Mrp 8/14 levels were significantly increased in the non-survivor group
- compared to the survivor group (P < 0.05). Logistic regression analysis showed that serum
- 33 Mrp 8/14, albumin and APACHE II were the independent factors for predicting the prognosis
- of sepsis- induced ARDS during ICU hospitalization after adjustment. Additionally, the areas
- under receiver operating characteristic curves for Mrp 8/14 combined with albumin was
- associated with ICU mortality and was higher than that of Mrp 8/14, albumin, APACHE II
- and Mrp 8/14 combined with APACHE II (all P < 0.05). A nomogram was constructed to 38
 - predict ICU mortality and the c-indexes of predictive accuracy was 0.830 in the cohort (P 39
 - <0.05).
- 40 **Conclusions**: The serum Mrp 8/14 upon ICU admission in septic patients may be useful for
- 41 predicting the mortality in sepsis-induced ARDS patients during ICU hospitalization.
- 42 **Keywords**: Mrp 8/14, Sepsis, Acute respiratory distress dyndrome, Prognosis, Mortality



INTRODUCTION

| 44 | Sepsis refers to a multi-organ dysfunction caused by a dysregulated immune and |
|----|---|
| 45 | inflammatory response to infection, which is one of the most prevalent complications in |
| 46 | intensive care unit (ICU) [1]. As a reservoir for pathogens in the body, the lung is frequently |
| 47 | the initial target organ susceptible to damage during sepsis. Moreover, the impaired exchange |
| 48 | of oxygen and nutrients in the lung tissue is regarded as the most formidable complication of |
| 49 | septic lung injury. Severe lung injury induced by sepsis can ultimately progress to the |
| 50 | development of acute respiratory distress syndrome (ARDS) and result in profound 51 |
| | respiratory failure [2]. |
| 52 | ARDS, as an acute, diffuse, inflammatory form of lung injury, represents a |
| 53 | life-threatening condition observed in critically ill patients. According to a recent report, the |
| 54 | incidence of ARDS in the United States ranges from 64.2 to 78.9 cases per 100,000 |
| 55 | person-years [3]. It is noteworthy that despite recent advancements in critical care therapeutic |
| 56 | interventions, the hospital mortality rate associated with sepsis-induced ARDS remains |
| 57 | significantly high [4]. Furthermore, we could not ignore that a considerable proportion of |
| 58 | individuals who have survived ARDS encounter functional limitations, such as muscular |
| 59 | weakness, respiratory symptoms, anxiety, depressive tendencies, and cognitive impairments |
| 60 | and so on [5]. The previous clinical study found that the comprehensive respiratory mechanics |
| 61 | parameters elastic power and mechanical power were associated with the clinical prognosis in |

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| 62 | ARDS patients [6-7]. However, all the enrolled ARDS patients in the conducted studies were |
|------------|--|
| 63 | subjected to invasive mechanical ventilation, thereby limiting the ability to assess the |
| 64 | prognostic value of elastic power and mechanical power in ARDS patients under varying 65 oxygen therapy conditions. Therefore, it is required to identify an enhanced biomarker that can |
| 66 accura | tely predict the clinical outcome of ARDS in patients with sepsis during ICU 67 |
| hospitaliz | ation. |
| 68 | It is widely acknowledged that the activation of neutrophils and inflammatory response |
| 69 | play a pivotal role in the development of ARDS among critically ill patients with sepsis [8]. |
| 70 | The protein myeloid-related proteins 8 and 14 (MRP 8/14), also known as calprotectin or |
| 71 | S100 calcium binding protein A8 and A9 (S100 A8/A9), represents a potent proinfammatory |
| 72 | alarmin stored in significant quantities within neutrophils and released upon activation [9]. |
| 73 | Recently, there has been a growing concern regarding the correlation between calprotectin and |
| 74 | sepsis as well as its associated complications. Research has demonstrated that the initial |
| 75 | serum concentrations of calprotectin exhibited a robust diagnostic efficacy for bacterial sepsis |
| 76 | [10]. The subsequent clinical study also present that calprotectin was significantly increased |
| 77 | in critically ill patients with sepsis and higher calprotectin concentrations at ICU admission |
| 78 | predict mortality risk [11]. Furthermore, recent studies have also indicated an association |

potential significant impact of S100A9 on ARDS induced by COVID-19. Similarly,

between S100A9 and COVID-19-induced pneumonia as well as ARDS [12-13], suggesting

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| 31 | deficiency or inhibition of S100A8/A9 in mice conferred protection against lung injury |
|----------------|---|
| 32 | development in endotoxin-induced sepsis and improve the survival [14]. Considering the |
| 33 | aforementioned condition, MRP 8/14 may play a causative role in the pathogenesis of severe |
| 34 | sepsis. In addition, our previous study have revealed that serum Mrp 8/14 exhibits a strong |
| 35 | predictive value in the occurrence of ARDS among septic patients [15]. However, whether |
| 36 | MRP 8/14 could be used as a potential prognostic indicator of ARDS patients induced by 87 sepsis during ICU hospitalization has not been previously investigated. |
| 38 | Therefore, the aim of the present study was to investigate whether higher serum Mrp |
| | |
| 39 | 8/14 level measured shortly after hospitalization (usually within 24 h) would be associated |
| 90 | 8/14 level measured shortly after hospitalization (usually within 24 h) would be associated with worse clinical outcomes in ARDS induced by sepsis patients during ICU hospitalization. |
| | with worse clinical outcomes in ARDS induced by sepsis patients during ICU |
| 90 | with worse clinical outcomes in ARDS induced by sepsis patients during ICU hospitalization. |
| 90 91 | with worse clinical outcomes in ARDS induced by sepsis patients during ICU hospitalization. Additionally, while numerous reports have documented the successful establishment of |
| 90 91 92 | with worse clinical outcomes in ARDS induced by sepsis patients during ICU hospitalization. Additionally, while numerous reports have documented the successful establishment of nomograms for disease prognostics, there remains a paucity of nomograms specifically designed to predict ARDS outcomes. Therefore, we sought to assess the predictive value |



PATIENTS AND METHODS

97 Study Design and Participants

98 This present study is a single-center, retrospective cohort investigation that enrolled patients 99 who were admitted to ICU of Nanjing Hospital Affiliated to Nanjing Medical University from

100 August 2021 to July 2023. The enrolled ARDS patients were obtained from our previous

101 study [15] and divided into survivor group and non-survivor group according to whether they

102 died during the ICU hospitalization. The survivor group was defined as ARDS patients who

103 improved after treatment and were discharged or transferred from ICU to the general ward.

104 The non-survivor group was defined as ARDS patients who died after treatment during ICU 105 hospitalization.

- This study protocol was reviewed and approved by the Institutional Review Board of
- Nanjing Hospital Affiliated to Nanjing Medical University (IRB no: KY20201102-03) and 108 was conducted in accordance with the Declaration of Helsinki. All participants were over
- 109 years old and signed informed consent.
- 110 Clinical data evaluation and serum Mrp 8/14 detection
- 111 The baseline information were collected and serum Mrp 8/14 levels were detected as
- previously described in the previous studies [15-16]. The following laboratory indicators
- based from the same collection date were also assessed: white blood cell count (WBC), 114 neutrophil count, procalcitonin (PCT) level, C-reactive protein (CRP) level, interleukin-6 115
 - (IL-6), platelet, albumin, sodium, calcium, creatinine and blood urea nitrogen (Bun).
- Hypernatremia was defined as [Na⁺]> 145 mmol/L. The comorbid conditions such as

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| (8.47%, 10/118), abdominal cavity infection (19.49%, 23/118) and others (6.78%, 8/118) were recorded. In addition, the lung ultrasound score (LUS) was obtained upon diagnosis of ARDS in septic patients during their ICU hospitalization. The chest wall of each enrolled patient was divided into 12 areas. The LUS scores were calculated as the cumulative sum of estimated values for each site. Each district was assessed based on the following criteria: presence of A lines or less than two isolated B lines denoted as 0, presence of discrete B lines denoted as 1, presence of fused B lines denoted as 2, and presence of lung consolidation area denoted as 3. | 117 | hypertension (67.80%, 80/118), coronary heart disease (29.66%, 35/118), cerebrovascular 118 |
|---|-----|--|
| infection (55.08%, 65/118), urinary tract infection (10.17%, 12/118), bloodstream infection (8.47%, 10/118), abdominal cavity infection (19.49%, 23/118) and others (6.78%, 8/118) were recorded. In addition, the lung ultrasound score (LUS) was obtained upon diagnosis of ARDS in septic patients during their ICU hospitalization. The chest wall of each enrolled patient was divided into 12 areas. The LUS scores were calculated as the cumulative sum of estimated values for each site. Each district was assessed based on the following criteria: presence of A lines or less than two isolated B lines denoted as 0, presence of discrete B lines denoted as 1, presence of fused B lines denoted as 2, and presence of lung consolidation area denoted as 3. The higher scores indicated bigger lung damage. Statistical Analysis Continuous variables were tested for normal distribution using the Kolmogorov-Smirnov test. | | disease (30.51%, 36/118) and diabetes mellitus (47.46%, 56/118) were collected. The sites of |
| 121 (8.47%, 10/118), abdominal cavity infection (19.49%, 23/118) and others (6.78%, 8/118) were 122 recorded. 123 In addition, the lung ultrasound score (LUS) was obtained upon diagnosis of ARDS in 124 septic patients during their ICU hospitalization. The chest wall of each enrolled patient was 125 divided into 12 areas. The LUS scores were calculated as the cumulative sum of estimated 126 values for each site. Each district was assessed based on the following criteria: presence of 127 lines or less than two isolated B lines denoted as 0, presence of discrete B lines denoted as 1, 128 presence of fused B lines denoted as 2, and presence of lung consolidation area denoted as 3. 129 The higher scores indicated bigger lung damage. 130 Statistical Analysis 131 Continuous variables were tested for normal distribution using the Kolmogorov-Smirnov test. | | 119 infection in sepsis-induced ARDS patients leading to ICU admission such as respiratory |
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| Continuous variables were tested for normal distribution using the Kolmogorov-Smirnov test. | 129 | The higher scores indicated bigger lung damage. |
| | 130 | Statistical Analysis |
| Continuous data were expressed as means \pm standard deviation (SD) if they met the normal 133 | 131 | Continuous variables were tested for normal distribution using the Kolmogorov-Smirnov test. |
| | 132 | Continuous data were expressed as means \pm standard deviation (SD) if they met the normal 133 |

distribution, and the independent-sample t-test was used for inter-group comparison.

Non-normally distributed continuous data were expressed as the median and interquartile

range (IQR)). The Mann-Whitney U-test was used for comparison. Qualitative/categorical

variables were compared between groups using the chi-square test for continuity, and the

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results are shown as numbers and percentages. Univariable analysis was used to investigate the prognostic significance of continuous and categorical measures in sepsis-induced ARDS patients. Significant predictors in the univariable analysis were included in a multivariable regression model to determine independent predictors. The ability of serum Mrp 8/14 to predict the ICU mortality were analyzed by the receiver operating characteristic (ROC) curves. Additionally, a nomogram and calibration curve was established using R for Windows with the package rms. The discriminatory ability of the nomogram was evaluated using Harrell9s c-index. Calibration was used to compare the actual ICU mortality with the predicted 145 probability predicted by the curve. Statistical analysis was performed with SPSS software (Version 27, Chicago, USA). A *P* value less than 0.05 was considered statistically significant.



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RESULTS

| Baseline of | patients9 | characteristics |
|-------------|-----------|-----------------|
| | | |

Shock 3.0 and Berlin definition. A total of 46 patients were excluded according to the 150 following criteria: lack of data (n = 9), age <18 years (n = 1), less than 24 h stay or more than 151 30 days (n = 16), malignancies, immunodeficiency or pregnancy (n= 8) and history of asthma, 152 COPD or interstitial lung disease (n = 12). 118 patients met the inclusion criteria, including 64 153 patients in survivor group and 54 patients in non-survivor group (Figure.1). The median age 154 155 in survivor group was 69.77±9.28 years with 59.38% being men and the non-survivor group was 72.48±7.78 years with 64.81% being men. Compared to the survivor group, patients in 156 the non-survivor group demonstrated significantly elevated APACHE II and SOFA scores, as 157 well as increased levels of PCT, Bun, hypernatremia and LUS, while the albumin level was 158 lower (all P < 0.05). Moreover, no significant difference was found in other baseline 159 characteristics between the two groups $(P > 0.05\ddot{y}(\text{Table 1}))$. 160

There were 164 ARDS patients induced by sepsis who met the criteria of Sepsis and Septic

161 Level of serum Mrp 8/14 in sepsis-induced ARDS patients

- All serum samples were collected from 118 ARDS patients within 24 h of ICU admission.
- Median (IQR) serum Mrp 8/14 levels in the non-survivor group were 21.04 (10.92, 28.62)
- ug/ml, which was significantly exceeded the level of Mrp 8/14 in survivor group at 12.89
- 165 (8.74, 17.83) ug/ml (P = 0.000) (**Table 1**).

Comparison of clinical outcomes

166

- 167 The clinical outcome of ARDS patients induced by sepsis was evaluated based on the
- following parameters presented in **Table 2**, including the length of ICU stay, hospitalization 169 expenses in ICU, shock rate, the duration of mechanical ventilation and renal replacement

- therapy. The results showed that hospitalization expenses in ICU, shock rate, duration of
- mechanical ventilation and renal replacement therapy were significantly higher in 172 nonsurvivor group than that in survivor group [10.85]
- 173 (6.75, 16.44) vs 7.84(5.93, 10.45), P = 0.004; $6^2 = 4.543$, P = 0.033; $6^2 = -2.986$, P = 0.003;
- 174 \circ 2 = 4.074, P = 0.044]. However, the length of ICU stay exhibit no significant differences 175 between the two groups (P > 0.05).

176 Factors associated with the mortality of sepsis-induced ARDS during ICU 177

hospitalization

- 178 The Forest plot of logistic regression analysis suggested that APACHE II, albumin and Mrp
- 8/14 were the independent factors for the mortality of sepsis-induced ARDS during ICU
- hospitalization [APACHE II: OR = 1.136, 95% CI = (1.019, 1.267), P = 0.022; albumin: OR 181
 - = 0.839, 95% CI = (0.742, 0.948), P = 0.005; Mrp 8/14: OR = 1.084, 95% CI = (1.009, 1.165),
- 182 P = 0.027], as illustrated in Figure 2.

183 Predictive value of Mrp 8/14 for ICU mortality of ARDS patients

- To investigate whether serum Mrp 8/14 is useful in predicting the mortality of sepsis-induced
- 185 ARDS during ICU hospitalization, the ROC analysis was conducted using clinical and
- laboratory indicators. As shown in **Figure 3 and Table 3**, the expression of serum Mrp 8/14
- had a certain value of being used as a prognostic indicator for ICU mortality of patients with
- ARDS induced by sepsis (AUC 0.762, 95% CI 0.674-0.850, P = 0.000). In addition, the ROC
- also showed the clinical significance of albumin and APACHE II score in predicting the ICU
- mortality of ARDS patients (Albumin: AUC 0.694, 95% CI 0.599-0.788, P = 0.000; 191 APACHE II: AUC 0.617, 95% CI 0.517-0.718, P = 0.028). Although these three indicators

exhibited a certain degree of value in distinguishing the mortality outcome of patients with 192 ARDS during ICU hospitalization, they had a relatively low specificity or sensitivity (Table 3). 193 194 Therefore, the combined prediction was analyzed by employing the ROC curve. The results demonstrated that Mrp 8/14 combined with albumin had higher accuracy in screening the 195 prognosis of patients with ARDS induced by sepsis (AUC 0.810, 95% CI 0.733-0.887, P =196 0.000). 197 198 New prognostic model 199 To further evaluate the predictive ability of serum Mrp 8/14 in sepsis-induced ARDS patients, 200 we used a nomogram based on the findings from the multivariate regression analyses to predict ICU mortality. The multivariate regression analysis confirmed that APACHE II, 201 albumin and Mrp 8/14 were significantly correlated with ICU mortality in the cohort patients. 202 Therefore, the indicators of APACHE II, albumin and Mrp 8/14 were included in the 203 predictive model for the cohort (Figure 4A). R software was used with stepwise Cox 204 regression analyses. The nomogram for the cohort showed that APACHE II, albumin and Mrp 205 8/14 were indicators of a poor prognosis. These findings were consistent with the previous 206

208 the predictive model in the cohort indicated that the predicted ICU mortality values were

similar to the actual ICU mortality (Figure 4B). We then assessed the predictive accuracy of 210

results obtained from the multivariate analyses (Figure 2). Furthermore, calibration curves for

the prognostic model; the Harrell9s c-index values for the nomogram in the cohort was $0.830\,$

211 (P < 0.05).

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DISCUSSION

To our knowledge, this study represents the first investigation into the prognostic value of



| 214 | serum Mrp 8/14 in patients with sepsis-indued ARDS patients during ICU hospitalization. A |
|-----|--|
| 215 | previous study has reported the correlation between serum Mrp 8/14 levels and mortality in |
| 216 | septic patients, while the downregulation or deficiency of Mrp 8/14 expression has shown |
| 217 | potential for improving lung injury in septic mice [17]. In the present study, we observed a |
| 218 | novel finding in sepsis-induced ARDS patients, indicating that elevated serum Mrp 8/14 |
| 219 | levels were significantly associated with an increased risk of mortality during ICU stay, |
| 220 | thereby strengthening the existing evidence for the crucial role of serum Mrp 8/14 in the 221 |
| | pathobiology and prognosis of ARDS among critically ill patients with sepsis. |
| 222 | Studies have demonstrated that excessive neutrophilic inflammation contributed to the |
| 223 | pathogenesis of lipopolysaccharide-induced lung injury [18]. As a protein associated with |
| 224 | inflammatory responses, Mrp 8/14 is abundantly released and plays a crucial role in recruiting |
| 225 | leukocytes and facilitating cytokine secretion upon infection, therebyexacerbating |
| 226 | inflammatory responses and promoting tissue damage [19-20]. In our study, we observed a |
| 227 | clear detectable difference in serum Mrp 8/14 expression level between the survivor and |
| 228 | non-survivor group of ARDS patients, which further demonstrated that the levels of serum |
| 229 | Mrp 8/14 was significantly elevated in patients with ARDS [13]. Moreover, the data in the |
| 230 | present study showed that the hospital mortality of sepsis-induced ARDS admitted to the ICU |
| 231 | was 45.76% (54/118), which is consistent with the previous studies that the mortality |
| 232 | associated with ARDS is estimated to be approximately 40%-50% [21]. Further analysis |

| 233 | revealed that respiratory infection accounted for 55.08%(65/118) of the common causes of |
|-----|---|
| | sepsis-induced ARDS, which aligns with the study indicating that pneumonia |
| | was the cause of 235 nearly 60% ARDS cases in the LUNG-SAFE cohort [22]. |
| 236 | However, we did not observe a significant increase in WBC and neutrophil count among |
| 237 | the non-survivor ARDS patients compared to those who survived, despite these two indices |
| 238 | being significantly higher than the normal range. In fact, relying solely on a single blood cell |
| 239 | parameter such as WBC or neutrophil counts may not be the optimal approach for accurately |
| 240 | identifying sepsis or ARDS due to its susceptibility to various non-infectious factors when |
| 241 | administered with corticosteroids, catecholamines, and critical illness stress [23]. Moreover, |
| 242 | in the context of severe infection, particularly if the ARDS patients have compromised |
| 243 | immune function, these parameters may even exhibit a marked decrease [24]. As a |
| 244 | pro-inflammatory cytokine, IL-6 has been reported to be a prominent prognostic marker for |
| 245 | assessing the severity of sepsis, and its clinical significance has been extensively investigated |
| 246 | in various septic conditions through numberous studies [25-26]. Nevertheless, the results of |
| 247 | our study here revealed no significance of serum IL-6 levels in evaluating the prognosis of |
| 248 | patients with sepsis-induced ARDS. A preliminary analysis considered that the difference may |
| 249 | relate to the overall higher inflammatory response triggered by an active polymicrobial 250 |
| | infection. |

Albumin, as a significant protein reflecting the body's nutritional status, plays an

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| 252 | important role in various physiological procedures [27]. LUS is an important noninvasive |
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| 253 | technique for evaluating the water-to-gas ratio in lung and reflecting pulmonary injury |
| 254 | through semiquantitative scoring [28]. In the present study, we observed a significant decrease |
| 255 | in serum albumin levels in the non-survivor group compared to the survivor group, while conversely, the LUS exhibited an opposite trend. Our research findings indicated that |
| 257 | decreased levels of albumin upon admission to ICU were associated with an unfavorable |
| 258 | prognosis in sepsis-induced ARDS, thereby further providing evidence for a correlation |
| 259 | between lower albumin levels and poorer clinical outcomes in infectious diseases [29]. |
| 260 | Several potential mechanisms may account for the reduction in serum albumin levels |
| 261 | observed in septic ARDS patients. First, the elevated systemic inflammatory factors may |
| 262 | potentially impair the function of vascular endothelium and increase capillary vessels |
| 263 | permeability. Subsequently, extravasation of albumin from the vasculature may lead to a |
| 264 | reduction in plasma albumin levels [30]. Moreover, inflammation impairs the renal function |
| 265 | and induce albumin leakage [31-32]. Third, sepsis-induced ARDS patients commonly present |
| 266 | with concurrent gastrointestinal dysfunction, which impedes nutrient absorption and causes 267 |
| | malnutrition status [33]. |
| 268 | Further multivariable analysis suggested that the mortality of sepsis-induced ARDS |
| 269 | patients admitted to ICU was associated with APACHE II score, Mrp 8/14 and albumin levels. |
| 270 | ROC analysis demonstrated that serum Mrp $8/14$ showed a higher specificity of 79.69% as a |
| 271 | single indicator compared to albumin and APACHE II. When combined with albumin, the |
| 272 | predictive specificity reached an impressive 87.50% and improved the predictive value of |

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| 274 | accepted approach for predicting disease prognosis based on various clinical characteristics, |
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| 275 | has demonstrated superior prognostic predictive accuracy compared to traditional tumor |
| 276 | staging systems in malignancies [34]. In the present study, we further attempted to develop a |
| 277 | prognostic nomogram for the prediction of ICU mortality in sepsis-induced ARDS patients. Based on our nomogram, Mrp 8/14 was included in the final model through a stepwise |
| 279 | algorithm. The predictive effect of the nomogram was well explained by the calibration curve |
| 280 | in the cohort (Figures 4B). The results from nomogram showed that APACHE II and albumin |
| 281 | were also predictors of a poor prognosis in patients with ARDS induced by sepsis. Therefore, |
| 282 | Mrp 8/14 should be considered when predicting the prognosis of sepsis-induced ARDS 283 |
| | patients during ICU hospitalization. |
| 284 | It is noteworthy that there was no significant difference in the duration of ICU stay |
| 285 | between the two groups, despite higher expenses associated with ICU hospitalization |
| 286 | observed in the non-survivors group. The above phenomenon may be attributed to prolonged |
| 287 | periods of renal replacement therapy and mechanical ventilation, increased dosages of |
| 288 | vasoactive drugs, as well as a greater severity of illness and poorer treatment response among |
| 289 | non-survivors. In addition, although no significant difference in serum sodium levels was |
| 290 | observed between the surviving ARDS patients and those who deceased in the present study, |
| 291 | the prevalence of hypernatremia was significantly higher in the non-survivor group compared |

ICU mortality in sepsis-induced ARDS patients. The nomogram, as a visual and widely

| 292 | to that of the survivor group (3/.04% vs 15.63%), which was consistent with the study |
|-----|--|
| 293 | indicating that hypernatremia upon ICU admission is associated with a poorer prognosis |
| | and 294 increased mortality in sepsis patients [35]. |
| 295 | In addition, we cannot ignore that the inclusion of ARDS patients in the present study |
| 296 | was still based on the Berlin definition [36] rather than the most recent New Global Definition |
| 297 | [37]. The New Global Definition is widely acknowledged as an extension of the Berlin |
| 298 | definition of ARDS, aiming primarily to enhance the diagnostic feasibility of ARDS, |
| 299 | particularly in settings with limited resources. However, the diagnosis of ARDS patients 300 admitted to the ICU primarily relies on comprehensive clinical presentation evaluation, |
| 301 | PaO ₂ /FiO ₂ ratio and identification of new infiltrates on chest imaging. The diagnostic |
| 302 | approach remains consistent with the New Global Definition. Therefore, the results of the |
| 303 | present study based on the Berlin definition remained unaffected by the latest diagnostic 304 |
| | criteria for ARDS. |
| 305 | However, the limitations of the present study need to be acknowledged when interpreting |
| 306 | these findings. First, to ensure the certainty of ARDS diagnosis, we excluded the patients who |
| 307 | had been diagnosed with ARDS prior to admission to ICU, which may potentially affect the |
| 308 | prognostic value of MRP 8/14 in patients with sepsis-induced ARDS to a certain extent. |
| 309 | Additionall, the findings presented here are limited in their generalizability to ARDS |
| | patients 310 induced by factors other than sepsis. Validation for for ARDS induced by |
| | alternative |
| 311 | etiological factors is also necessary. Finally, Mrp 8/14 was included in the final model after |

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- regression analysis. Nevertheless, the dynamic changes in serum Mrp8/14 during treatment
 and their potential impact on the prognosis of sepsis-induced ARDS patients during ICU 314
 hospitalization remain unconfirmed.
- In conclusion, the data presented validates that Mrp 8/14, as an objective parameter, 315 serves as a individualized prognostic indicator for mortality during ICU hospitalization. 316 Mrp 317 8/14, in combination with APACHE II and albumin, might improve the predictive accuracy for ICU mortality after sepsis-induced ARDS patients. The present study had yielded 318 valuable insights into the issue; however, further larger prospective studies are warranted to validate 319 320 the current findings. Considering all aspects, we should pay more attention to the serum Mrp 321 8/14 levels upon ICU admission in sepsis-induced ARDS patients during ICU hospitalization. 322 **ABBREVIATIONS**
- 324 White blood cell; PCT, Procalcitonin; CRP, C-reactive protein; SOFA score, Sequential Organ Failure Assessment score; IL-6, Interleukin-6; Bun, Blood urea nitrogen; ALT, Alanine 325 326 transaminase; AST, Aspartate aminotransferase; Mrp 8/14, Myeloid-related proteins 8 and 14; LUS, Lung ultrasound score; ARDS, Acute respiratory distress syndrome; COPD, Chronic 327 obstructive pulmonary disease; S100 A8/A9, Calprotectin or S100 calcium binding protein A8 328 and A9; LPS, Lipopolysaccharide; COVID-19, Corona-virus disease 2019; IQR, Inter quartile 329 330 range; SD, Standard deviation; CI, Confidence interval; OR, Odds ratio; ROC, Receiver 331 operating characteristic; AUC, Area under the curve.

APACHE II score, Acute physiology and chronic health evaluation II score; WBC,



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| 336 | AUTHORS9CONTRIBUTIONS |
| 337 | Caizhi SUN, Yongpeng XIE and Xiaomin LI designed the study. Caizhi SUN, Lei Guo and |
| 338 | Bowen XU performed the experiments and collected data. Caizhi SUN and Chenchen ZHU |
| 339 | analyzed the data. Caizhi SUN wrote the draft. Xiaomin LI and Haidong QIN supervised the |
| 340 | study and obtained the funding. All authors have read and approved the final manuscript, and |
| 341 | therefore, have full access to all the data in the study and take responsibility for the integrity |
| 342 | and security of the data. |
| 343 | AVAILABILITY OF DATAAND MATERIALS |
| 344 | The data presented in this study are available from the corresponding author upon reasonable |
| 345 | request. |
| 346 | ETHICS APPROVALAND CONSENT TO PARTICIPATE |
| 347 | Caizhi SUN, Yongpeng XIE, Chenchen ZHU, Lei GUO, Bowen XU, Haidong QIN and |
| 348 | Xiaomin LI declare that there is no conflict of interest. This study protocol was reviewed and |
| 349 | approved by the Institutional Review Board of Nanjing Hospital Affiliated to Nanjing |
| 350 | Medical University (IRB no: KY20201102-03) and was conducted in accordance with the |
| 351 | Declaration of Helsinki. The requirement of informed consent for the study was exempt due |
| 352 | to restrained database access for analysis purposes only. |

COMPETING INTERESTS

353



The authors declare that they have no financial competing interests.

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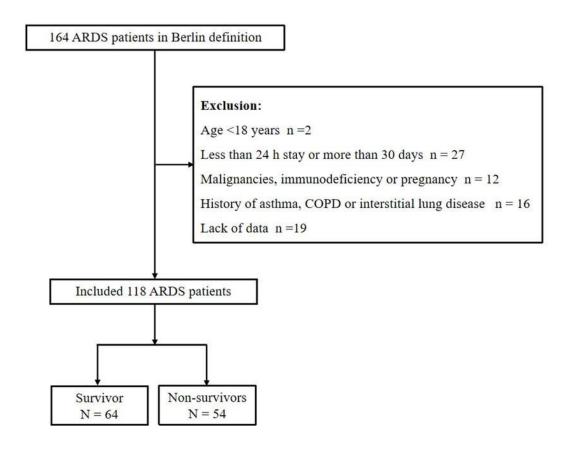
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- 464 2024;209(1):37-47.
- 465 Figure legend
- 466 Figure 1 Flow chart of the study patients to illustrate study screening and ecruitment 467

 Abbreviations: COPD, chronic obstructive pulmonary disease; ARDS, Acute respiratory
- 468 distress syndrome.
- 469 Figure 2 Forest plot of logistic regression analysis for ICU mortality
- The logistic regression analysis showed Mrp 8/14, LUS, Albumin and APACHE II were the 471 independent fator for predicting the ICU mortality of ARDS induced by sepsis.
- 472 **Abbreviations**: PCT, Procalcitonin; LUS, Lung ultrasound score; Bun, Blood urea nitrogen;
- 473 ICU, Intensive care unit; Mrp 8/14, Myeloid-related proteins 8 and 14; ARDS, Acute
- 474 respiratory distress syndrome; APACHE II score, Acute physiology and chronic health 475 evaluation II score; SOFA score, Sequential Organ Failure Assessment score; CI, Confidence
- interval; OR, Odds ratio. P value below 0.05 indicate statistical significance. 477
- Figure 3. Receiver operating characteristic (ROC) curve analysis of Mrp 8/14 for 478 predicting the mortality of ARDS induced by sepsis during ICU hospitalization.
- Abbreviations: ICU, Intensive care unit; Mrp 8/14, Myeloid-related proteins 8 and 14;
- ARDS, Acute respiratory distress syndrome; APACHE II score, Acute physiology and chronic 481 health evaluation II score; AUC, Area under the curve. *P* value below 0.05 indicate statistical 482 significance.
- 483 Figure 4. Nomogram of the study population to predict ICU mortality in ARDS induced
- by sepsis during ICU hospitalization. The nomogram is used by summing the points

- assigned to the corresponding factors, which are presented at the top of the scale. The total is
- used to predict the ICU probability of mortality in the highest scale. The c-indexes values for
 - the cohort (A) is 0.830. Calibration curve for ICU mortality, which is representative of
 - predictive accuracy, for the cohort (B). The 45-degree reference line represents a perfect
 - match between predicted and observed values.
- 490 **Abbreviations**:ICU, Intensive care unit; Mrp 8/14, Myeloid-related proteins 8 and 14; 491
 - ARDS, Acute respiratory distress syndrome; APACHE II score, Acute physiology and chronic
- 492 health evaluation II score.



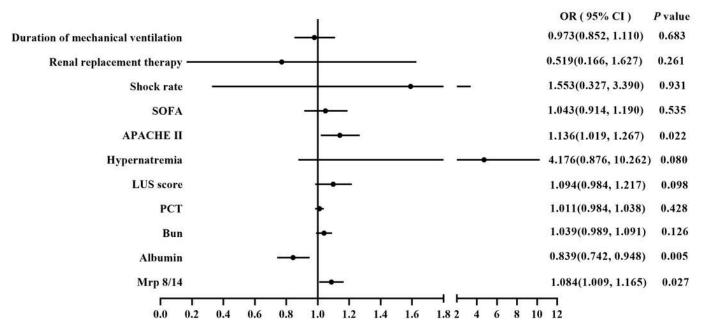
Flow chart of the study patients to illustrate study screening and ecruitment



Forest plot of logistic regression analysis for ICU mortality

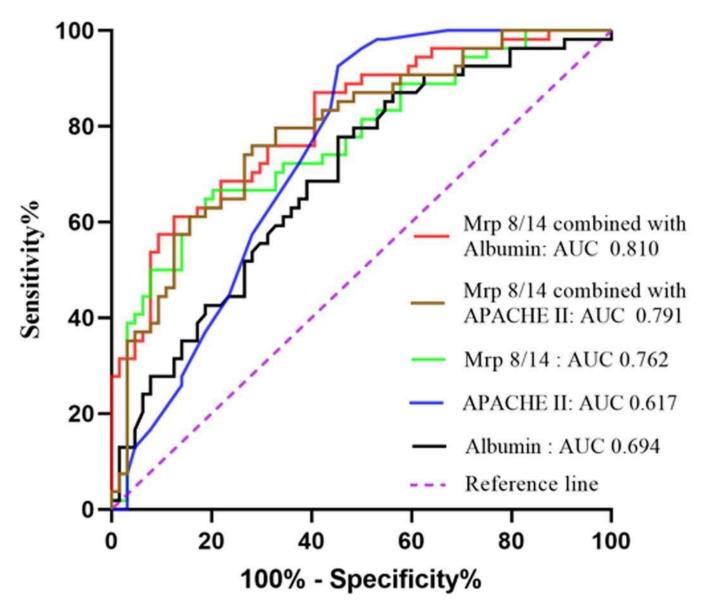
The logistic regression analysis showed Mrp 8/14, LUS, Albumin and APACHE II were the independent fator for predicting the ICU mortality of ARDS induced by sepsis.





Receiver operating characteristic (ROC) curve analysis of Mrp 8/14 for predicting the mortality of ARDS induced by sepsis during ICU hospitalization.

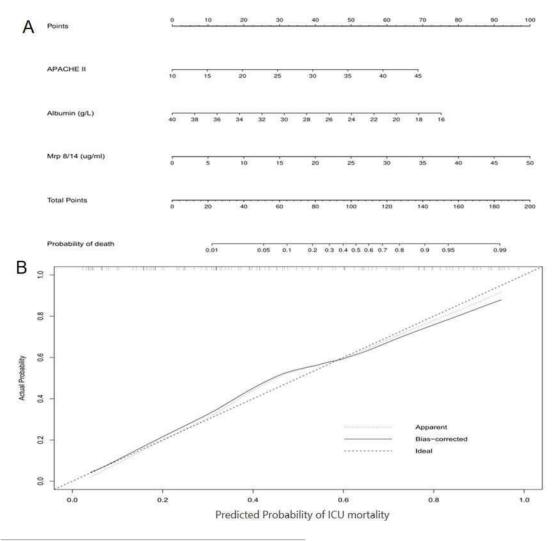




Nomogram of the study population to predict ICU mortality in ARDS induced by sepsis during ICU hospitalization.



The nomogram is used by summing the points assigned to the corresponding factors, which are presented at the top of the scale. The total is used to predict the ICU probability of mortality in the highest scale. The c-indexes values for the cohort (A) is 0.830. Calibration curve for ICU mortality, which is representative of predictive accuracy, for the cohort (B). The 45-degree reference line represents a perfect match between predicted and observed values.





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Baseline clinical and laboratory characteristics of the study population

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| Patients characteristics | Survivors $\ddot{y}n = 64\ddot{y}$ | Non-survivors ÿn = 54ÿ | ∂/Z/t | P |
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| Sex [male, n (%)] | 38 (59.38) | 35 (64.81) | 0.367 | 0.544 |
| Age, years, mean – SD | 69.77 – 9.28 | 72.48 - 7.78 | -1.705 | 0.091 |
| Infection sites leading to ICU admission, n(%) | | | 0.322 | 0.988 |
| Respiratory infection | 36 | 29 | 0.077 | 0.782 |
| Urinary tract infection | 7 | 5 | 0.090 | 0.764 |
| Bloodstream infections | 5 | 5 | 0.079 | 0.779 |
| Abdominal cavity infection | 13 | 10 | 0.060 | 0.806 |



| Others | 5 | 3 | 0.014 | 0.906 | |
|---|------------------------------|-------------------------------|----------------|----------------|---------|
| Past medical history , n (%) | | | 0.515 | 0.916 | |
| Coronary heart disease | 20 | 15 | 0.169 | 0.681 | |
| Hypertension | 45 | 35 | 0.405 | 0.524 | |
| Diabetes mellitus | 30 | 26 | 0.019 | 0.890 | |
| Cerebrovascular disease | 22 | 14 | 0.986 | 0.321 | |
| Laboratory indicators WBC, x 10 ⁹ /L, mean – SD | 1400 (00 | 12.67 | 0.500 | 0.466 | |
| Neutrophil,x 10 ⁹ /L, mean – SD | 14.39 - 6.09 $11.50 - 5.12$ | 13.67 - 4.85 $10.26 - 3.95$ | 0.732 1.453 | 0.466 0.149 | |
| • | | | | | |
| CRP, mg/L, mean – SD | 115.58 – 77.63 | 120.96 – 83.47 | -0.362 | 0.718 | |
| PCT, ng/mL, median (IQR) | 13.56 (3.85, 41.49) | 31.00 (16.81, 53.07) | -3.079 | 0.002 | |
| IL-6, pg/mL, median (IQR) | 1162.31 (126.62, 9269.45) | 5215.70 (295.25, 10190.28) | -1.631 | 0.103 | |
| Platelet , $x10^9$ /L, mean ñ SD | 169.42 - 83.24 | 150.76 - 98.04 | 1.118 | 0.266 | |
| Albumin, g/L, mean – SD | 30.42 - 4.52 | 27.35 - 4.30 | 3.749 | 0.000 | |
| ALT, U/L, median (IQR) | 25.00 (12.25, 51.00) | 19.50 (10.00, 35.50) | -1.430 | 0.153 | |
| AST, U/L, median (IQR) | 29.50 (18.00, 96.00) | 33.00 (19.00, 63.50) | -0.600 | 0.549 | |
| Creatinine, umol/L, median (IQR) | 122.95 (72.08, 78.25) | 139.40 (78.50, 391.43) | -1.602 | 0.109 | |
| Bun, mol/L, median (IQR) | 11.13 (6.54, 9.08) | 16.05 (7.86, 30.53) | -2.639 | 0.008 | |
| APACHE II score, mean ñ SD | 25.52 – 4.74 | 27.80 - 4.81 | -2.585 | 0.011 | |
| SOFA score, mean ñ SD | 9.89 - 4.00 | 12.00 - 3.45 | -3.034 | 0.003 | |
| Calcium, mmol/L, median (IQR) | 1.14 (1.07, 1.23) | 1.15(1.07,1.23) | -0.459 | 0.621 | |
| Sodium, mmol/L, median (IQR) | 137.68 (133.71, 142.95) | 137.50 (131.78, 157.22) | -0.686 | 0.493 | |
| Hypernatremia, n (%) | 10 (15.63) | 20 (37.04) | 7.082 | 0.008 | |
| LUS, mean – SD | 16.61 – 5.21 | 20.48 - 5.32 | -3.986 | 0.000 | Ab |
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Table 2(on next page)

Clinical outcomes of the two groups

Table 2 Clinical outcomes of the two groups

| Outcomes | Survivors $\ddot{y}n = 64\ddot{y}$ | Non-survivors ÿn = 54ÿ | ∂^2/Z | P |
|--|------------------------------------|---------------------------|----------------|-------|
| Renal replacement therapy, n (%) | 15 (23.44) | 22 (40.74) | 4.074 | 0.044 |
| Shock rate, n (%) | 38 (59.38) | 42 (77.78) | 4.543 | 0.033 |
| Duration of Mechanical ventilation, days, median (IQR) | 4.00 (2.00-7.00) | 6.00 (4.00, 11.00) | -2.986 | 0.003 |
| Length of ICU stay, days, median (IQR) | 10.00 (7.00, 13.00) | 9.50 (5.00, 15.00) | -0.228 | 0.820 |
| Hospitalization expenses in ICU, median (IQR), (10,000 yuan) | 7.84 (5.93, 10.45ÿ | 10.85 (6.75, 16.44) | -2.879 | 0.004 |

Abbreviations:ICU, Intensive care unit; IQR, Inter quartile range. *P* value below 0.05 indicate

statistical significance.

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|-----|-----|---|------|-------|------|
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The performance of Mrp 8/14 for predicting ICU mortality in ARDS induced by sepsis



| 1 | Table 3 performance of | | | | 8/14 for predicting ICU mortality in AR | | | | induced by sepsis | | |
|---|------------------------|------------|--------------------------|---------|---|--------|-------|-------|-------------------|-------|--|
| | | Indi | cators | Cut-off | AUC (95 | CI) | | | | P | |
| | | | 8/14 | 15.61 | 0.762 (0.674, | 0.850) | 66.67 | 79.69 | 0.464 | 0.000 | |
| | | Alb | oumin | 29.95 | 0.694 (0.599, | 0.788) | 77.80 | 54.70 | 0.325 | 0.000 | |
| | | A | II | 26.5 | 0.617 (0.517, | 0.718) | 57.40 | 60.90 | 0.183 | 0.028 | |
| | | | 8/14 ned wit oumin | - | 0.810(0.733, | 0.887) | 61.10 | 87.50 | 0.486 | 0.000 | |
| | | combi A | 8/14 ned wit II | - | 0.791(0.709, | 0.872) | 75.90 | 71.90 | 0.478 | 0.000 | |

- 2 **Abbreviations:** A II score, Acute p and c evaluation II score;
- 3 ICU, Intensive care unit; 8/14, proteins 8 and 14; AR Acute respiratory
- 4 distress syndrome; CI, Confidence interval; AUC, Area under t curve. *P* value below 0.05 5 indicate statistical significance.