

Research progress in the targeted treatment of metabolic-related diseases with SQLE (#103618)

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Research progress in the targeted treatment of metabolic-related diseases with SQLE

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Metabolic-related diseases are a type of chronic disease caused by multiple factors, such as genetics and the environment. These diseases are difficult to cure and seriously affect human health. Squalene epoxidase (SQLE) is the second rate-limiting enzyme in cholesterol synthesis. It plays an important role in cholesterol synthesis and alters the gut microbiota and tumor immunity. Research has shown that SQLE is expressed in many tissues and organs and is involved in the occurrence and development of various metabolic-related diseases, such as cancer, nonalcoholic fatty liver disease, diabetes mellitus, and obesity. SQLE inhibitors, such as terbinafine, NB598, natural compounds, and their derivatives, can effectively ameliorate fungal infections, nonalcoholic fatty liver disease, and cancer. In this review, we provide an overview of the recent research progress on the role of SQLE in metabolic-related diseases. Further research on the regulation of SQLE expression is highly important for developing metabolic drugs with good pharmacological activity.

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Abstract

Metabolic-related diseases are a type of chronic disease caused by multiple factors, such as genetics and the environment. These diseases are difficult to cure and seriously affect human health. Squalene epoxidase (SQLE) is the second rate-limiting enzyme in cholesterol synthesis. It plays an important role in cholesterol synthesis and alters the gut microbiota and tumor immunity. Research has shown that SQLE is expressed in many tissues and organs and is involved in the occurrence and development of various metabolic-related diseases, such as cancer, nonalcoholic fatty liver disease, diabetes mellitus, and obesity. SQLE inhibitors, such as terbinafine, NB598, natural compounds, and their derivatives, can effectively ameliorate fungal infections, nonalcoholic fatty liver disease, and cancer. In this review, we provide an overview of the recent research progress on the role of SQLE in metabolic-related diseases. Further research on the regulation of SQLE expression is highly important for developing metabolic drugs with good pharmacological activity.

Keywords SQLE; metabolism; cancer; drug targets

Introduction

Rapid economic growth, coupled with changes in people's dietary habits and lifestyles, has led to a surge in mortality and morbidity associated with metabolism-related diseases, posing a substantial burden on public health systems and medical resources (Saklayen 2018). The currently available medications for the prevention and treatment of these diseases require long-term use, and there are issues of general efficacy, drug resistance, and adverse side effects. Therefore, the exploration for innovative approaches to prevent and control these conditions is important. Studies have identified squalene epoxidase (SQLE) as a key regulator of various physiological processes, including cholesterol biosynthesis, modulation of the gut microbiota, and regulation of tumor immunity. Consequently, the involvement of SQLE has been implicated in the development of various conditions, such as fungal infections, nonalcoholic fatty liver disease (NAFLD), cancer, and diabetes mellitus (DM). Understanding the precise role of SQLE in the pathogenesis of these diseases and its potential as a therapeutic target is essential for devising effective preventive and therapeutic strategies. By elucidating the regulatory mechanisms and molecular pathways mediated by SQLE in metabolism-related diseases, we can establish a solid theoretical foundation for developing targeted interventions. Here, we aim to provide a comprehensive overview of SQLE, beginning with its structural characteristics and its pivotal role in cholesterol synthesis. Subsequently, we will discuss the regulation, functional significance, and clinical implications of SQLE in the context of metabolism-related disorders. Finally, we will address the latest advancements in utilizing SQLE as a targeted therapeutic agent, thus paving the way for future research directions and clinical applications.

Intended audience and need for this review

SQLC is the second rate-limiting enzyme of cholesterol synthesis and plays an important role in cholesterol synthesis, alteration of intestinal flora, and tumor immunity. In addition, SQLC is expressed in many tissues and organs and is involved in the occurrence and development of a variety of metabolism-related diseases. However, current studies on its function, expression, role in metabolic diseases and development of clinical applications are not comprehensive. This article is thus concerned with the advancement of research into the role of SQLC in metabolic-related diseases over recent years. An in-depth study of SQLC expression regulation is of particular importance for the development of antimetabolic drugs with good pharmacological activity.

Survey methodology

The authors conducted an in-depth search on PubMed, Web of Science and Foreign Medical Literature Retrieval Service. The search was carried out by combining subject words and free words, and the following heading terms were used when performing the search: “SQLC”, “SQLC inhibitors”, “cancer”, “nonalcoholic fatty liver disease”, “diabetes mellitus”, “obesity”, “cholesterol synthesis”, “structure”, “activity regulation”, “function”, “transcriptional regulation”, “posttranscriptional regulation” and “metabolic disease”. This article is based on the published works of literature, which have been classified, organized, and searched by title, abstract, and full texts.

Structure, activity regulation, and function of SQLC

Structure of SQLC

SQLC was first discovered in rat liver microsomes in 1969 (Yamamoto & Bloch 1970). Like most cholesterol enzymes, SQLC is located in the endoplasmic reticulum or on lipid droplets, and the *SQLC* gene is located in the region of human chromosome 8q24.13 (Nagai et al. 1997). As an essential lipid component of mammalian cell membranes, cholesterol is critical for cell survival and proliferation and coordinates multiple membrane receptor signaling pathways by maintaining the stability of lipid rafts (Dang & Cyster 2019). Almost all mammals can synthesize cholesterol from acetyl-CoA via 20 enzymatic reactions, including the mevalonate (MVA) pathway, SQLC biosynthesis, and subsequent reactions (Fig. 1). The two rate-limiting enzymes, HMGCR and SQLC, are important factors in the cholesterol synthesis pathway. SQLC is responsible for the first oxidative step in cholesterol synthesis; it oxidizes squalene to

epoxysqualene. When the activity of the enzyme lanosterol synthase, which converts epoxysqualene to lanosterol, is low, SQLE also converts epoxysqualene to deoxygenated squalene. The end product of this shunt pathway, 24(S), 25-epoxycholesterol, is a ligand for the hepatic X receptor, which increases ATP-binding cassette transporter protein A1 (ABCA1) levels to promote cholesterol efflux (Gill et al. 2011; Seiki & Frishman 2009). In conclusion, the catalytic reaction of SQLE is essential for cholesterol synthesis.

Figure 1 Cholesterol synthesis pathway centered on SQLE

Regulation and function of SQLE

SQLE is a direct target of sterol regulatory element-binding proteins (SREBPs), and SREBP2 is a transcription factor that regulates genes involved in cholesterol synthesis and homeostasis in a cholesterol-dependent manner. The SQLE proteins contain cholesterol-sensing structural domains that regulate the proteasomal degradation of SQLE. Thus, HMGCR-like SQLE activity is precisely regulated by intracellular cholesterol levels via feedback, which results in a second rate-limiting step in cholesterol synthesis (Ryder 1988; Ryder 1991). SQLE expression in cells is subject to complex regulation systems, including transcription, posttranscriptional regulation at the mRNA level, and posttranslational regulation.

Transcriptional regulation

The transcription factor SREBP2 directly regulates the mRNA levels of enzymes involved in cholesterol metabolism, such as SQLE, by binding to sterol regulatory element (SRE) sequences in the promoters of target genes (Brown et al. 2018). When the cholesterol level in the endoplasmic reticulum (ER) is less than 5% of the total intracellular lipid level, SREBPs are activated, and SCAP undergoes a conformational change to dissociate from the Insig-1 protein. The SCAP-SREBP2 complex is then disassembled and detached from the ER membrane and transported to the Golgi complex via COPII vesicles. There, it is cleaved by site-1 protease (S1P) and site-2 protease (S2P) protein hydrolase cleavage sequentially and converted to activated nuclear SREBP2 (nSREBP2). Immediately thereafter, nSREBP2 enters the nucleus as a homodimer and binds to the sterol regulatory element (SRE) in the promoter of the target gene *SQLE* to increase SQLE mRNA levels (Griffiths & Wang 2021). In addition, oxygen sterol-binding protein-like 2 (OSBPL2) deficiency promotes nuclear entry of the SPI transcription factor and SREBP2 in the SQLE promoter to upregulate SQLE expression and increase cholesterol and cholesteryl ester accumulation through inhibition of the AMP-activated protein kinase (AMPK) pathway (Zhang et al. 2019). In addition, the transcription factors NF-Y and SPI act synergistically with nSREBP2 to upregulate *SREBP2* gene expression.

Posttranscriptional regulation

A large body of evidence suggests that the expression of long noncoding RNAs (lncRNAs), microRNAs (miRNAs), and circular RNAs (circRNAs) is commonly dysregulated in human cancers. **miR-133b** (Qin et al. 2017; Wang et al. 2022), **miR-205** (Kalogirou et al. 2021), **miR-612** (Liu et al. 2020), **miR-579-3p** (Qian et al. 2023), and **miR-1179** (Li et al. 2023a) can interact with SQLE mRNAs, act as negative regulators of gene expression at the posttranscriptional level, and play important roles in tumor cell differentiation, proliferation, and apoptosis through the miR/SQLE axis (Table 1). **Qin et al. reported that in breast cancer, Lnc030 interacts with the K homology domain of the RNA-binding protein poly(rC)-binding protein 2 (PCBP2) structural domain 2, and the 3'UTR of SQLE mRNA binds to the K homology domain structural domain 3 of PCBP2. Lnc030 synergistically enhances the stability of SQLE mRNA with PCBP2. This leads to an increase in cholesterol synthesis,** which, in turn, activates the PI3K/AKT signaling pathway and is involved in the regulation of the stemness characteristics of BCSCs (Qin et al. 2021). **miR-133b and miR-205 were reported to reduce SQLE mRNA levels more rapidly by binding to the 3'UTR of SQLE mRNA (Kalogirou et al. 2021; Qin et al. 2017; Wang et al. 2022).** **circ_0000182** was shown to cause SQLE overexpression by sponging **miR-579-3p**. This miR then loses the ability to regulate SQLE and thus promotes cholesterol synthesis and proliferation in gastric adenocarcinoma cells (Qian et al. 2023).

Table 1. Relationships among miRNAs, SQLE and cancer

Posttranslational regulation

SQLE is also posttranslationally regulated. The regulation of SQLE protein stability and activity, mainly through the cholesterol membrane-associated ring-CH-type finger 6 (MARCH6)-proteasomal degradation axis, is dependent on specific structural domains in SQLE proteins (Sharpe et al. 2020). These domains include the cholesterol-dependent amphiphilic helical structure formed by the Gln62-Leu73 sequence (Chua et al. 2017), which can be embedded in the hydrophobic interior of membranes while interacting with the hydrophilic environment at the membrane surface. It regulates SQLE by interacting with cholesterol molecules and plays an important role in cholesterol-dependent degradation. The first 100 amino acids of SQLE (SQLE N-100) are attached to the ER membrane in the form of a re-entrant loop (Howe et al. 2015), which senses cholesterol in the cytoplasm. When intracellular cholesterol accumulates, the anchoring of the SQLE protein to the ER membrane tightens. This results in partial exposure of the amphipathic helical structure of the Gln62-Leu73 sequence to the cytoplasmic environment, preventing proteasomal degradation. The ubiquitination process also requires the E2 ubiquitin coupling enzyme J2 (UBE2J2). MARCH6 approaches the SQLE protein and recognizes serine residues near the cholesterol-dependent amphiphilic helix in the SQLE protein. UBE2J2 works in concert with MARCH6 to attach the ubiquitin molecule from the E1 enzyme to the SQLE protein to be ubiquitinated to label it as a protein to be degraded so that it becomes a ubiquitin-

protease substrate of the degradation system. The valosin-containing protein (VCP) is then recruited to extract the ubiquitinated SQLE substrate, and it dissociates from the ER. The VCP then cooperates with other proteins to mediate entry into the proteasomal degradation pathway. Excess cholesterol can stimulate SQLE degradation by inhibiting MARCH6 self-degradation (Sharpe et al. 2019).

The proteasomal degradation pathway of MARCH6-VCP can be regulated independently of cholesterol. The N-terminus of SQLE is partially degraded through a unique ubiquitination pathway, which leads to the conversion of full-length SQLE to a truncated SQLE. The enzyme activity of the truncated SQLE is associated with cholesterol resistance, implying that the function of SQLE is not completely lost under high cholesterol conditions. Thus, the function of this gene may complement cholesterol metabolism under cancer conditions (Coates et al. 2021). In addition to cholesterol, squalene directly binds to the SQLE N-100 structural domain to change its conformation. This results in the inability of MARCH6 to ubiquitinate SQLE or label it for degradation, thus increasing the stability of SQLE (Nathan 2020). Unsaturated fatty acids (USFAs) can also stabilize SQLE levels via the regulatory blockade of SQLE ubiquitination by MARCH6. Upregulation of the cancer-associated microprotein CASIMO1 increases SQLE levels by interacting with SQLE proteins (Polycarpou-Schwarz et al. 2018).

Overall, the main mechanism of SQLE regulation is the cholesterol-dependent feedback regulation of SQLE by the SREBP2 transcriptional and ubiquitin proteasomal degradation pathways. SREBP2 activation in tumor tissues leads to high SQLE expression. The activation of oncogenes, deletion of cancer suppressor genes, and deletion of miRNAs and cancer-associated proteins directly or indirectly upregulate SQLE expression. **Different tumor cells or specific subpopulations have specific SQLE regulatory mechanisms.**

Figure 2. The main mechanism of SQLE regulation

Since the epoxidized squalene derivative lanosterol is a component of fungal membranes, SQLE has long been investigated as an antifungal target with increasing relevance to human health and disease. Many studies have shown that SQLE can meet the high energy requirements for the rapid growth of diseased cells, and the dysregulation of SQLE has been found in a variety of metabolic diseases. This has become a hot topic in the field of targeted diagnosis and therapy.

The role of SQLE in metabolic diseases

The role of SQLE in the pathogenesis of nonalcoholic fatty liver disease

In recent years, nonalcoholic fatty liver disease (NAFLD) has replaced viral hepatitis as the most common chronic liver disease in China, and the number of NAFLD patients in China is expected to reach 314 million by 2030 (Nan et al. 2021). NAFLD is the hepatic manifestation of metabolic syndrome and includes simple steatosis to nonalcoholic steatohepatitis (NASH). Liu et al. reported that SQLE was closely associated with the development of NASH (Liu et al. 2021a), and SQLE expression was significantly upregulated in both NAFLD patients and mouse models. Specific overexpression of **SQLE** in mouse hepatocytes triggered spontaneous NAFLD by promoting cholesterol synthesis and accumulation and binding to carbonic anhydrase (CA3). This promotes the activation of sterol regulatory element-binding protein 1c (SREBP1C), acetyl-CoA carboxylase (ACC), fatty acid synthase (FASN), stearoyl-CoA desaturase-1 (SCD1) and other adipogenic and triglyceride biosynthesis genes, thereby inducing hepatic de novo lipogenesis and activating the NF-κB inflammatory pathway. These processes promote the pathogenesis and progression of NASH.

The role of SQLE in cancer

There is growing evidence that cancer is also a metabolic disease involving tumor cell proliferation, energy metabolism, and dysregulation of immune surveillance. Reprogramming of cholesterol metabolism in tumor cells involves synthesis, uptake, esterification, efflux and transformation processes (Huang et al. 2020), which promote tumorigenesis. Studies have shown that SQLE is aberrantly expressed in a variety of malignant tumors and influences tumor cell proliferation, migration or invasion through pathways such as cholesterol synthesis, tumor immune infiltration and immunotherapy, and intestinal ecology. The level of SQLE expression may be correlated with aspects of cancerous tissue lesions, ethnicity, and the stage of the disease (D'Arcy et al. 2015; He et al. 2021; Jun et al. 2021; Li et al. 2022). The expression of SQLE is significantly upregulated in nasopharyngeal carcinomas (Li et al. 2023a), leukemias (Song et al. 2021), pancreatic cancer (Wang et al. 2022), and hepatocellular carcinoma (Sui et al. 2015).

p53 directly reduces SQLE expression in an SREBP2-independent manner, inhibiting cholesterol production in vivo and in vitro and leading to tumor growth inhibition (Sun et al. 2021). In prostate cancer cells, the involvement of SQLE in cholesterol synthesis consumes large amounts of NADPH and activates DNA methyltransferase 3A (DNMT3A). This triggers loss of function or reduced expression of the PTEN gene, which drives cholesteryl ester accumulation and subsequent SOAT1 activation via the PTEN/PI3K/AKT/mTOR pathway (Yue et al. 2014). These intertwined cascade reactions amplify the oncogenic effects of SQLE. Aberrant activation

of the ERK signaling pathway promotes cancer cell growth and proliferation, apoptosis, invasion and metastasis, and angiogenesis and is tightly associated with cancer development. The control of cholesterol biosynthesis associated with SQLE is markedly increased in patients with colorectal cancer. He et al. revealed that SQLE deficiency in colorectal cancer reduces intracellular cholesterol levels and decreases osteotriol (the active form of vitamin D3), leading to reduced levels of cytochrome P450 family 24 subfamily a member 1 (CYP24A1), the inhibition of ERK phosphorylation and CRC cell proliferation (He et al. 2021).

In addition to the cell-intrinsic effects of SQLE, it may also play a role in tumor growth through host-microbiota interactions. The intestinal flora is a diverse and surprisingly numerous microbial community present in the human gut that has been associated with inflammatory/immune diseases, metabolic disorders, and malignancies (Toya et al. 2021). In recent years, SQLE has been shown to be involved in tumor growth regulation by affecting the composition and function of gut microbes, thereby influencing metabolite production and modulating the immune response. Li (Li et al. 2022) et al. reported that SQLE-induced dysregulation of gut microbes promotes intestinal barrier dysfunction and proliferation of the colonic epithelium in germ-free mice and that the metabolism of secondary bile acids disrupts intestinal barrier function. Additionally, these authors reported that the downregulation of the tight junction proteins Jam-c and occludin causes a "leaky gut", which ultimately induces a proinflammatory response, and that the transplantation of feces from SQLE transgenic mice into germ-free mice impairs the intestinal function and proliferation of the colorectal cancer (CRC) epithelium.

SQLE plays an important role in tumor immunomodulation, and an algorithmic analysis of databases showed that SQLE mRNA was expressed at higher levels in head and neck squamous cell carcinomas (Liu et al. 2021b) (HNSCC) than in normal tissues. The expression of SQLE in glioblastoma (GBM) patients was significantly correlated with tumor-infiltrating lymphocytes, immune stimulants, immunosuppressants, and MHC molecules (Ye et al. 2023). WU (You et al. 2022) et al. experimentally demonstrated that SQLE expression was upregulated in pancreatic adenocarcinoma (PAAD) patients and was negatively correlated with prognosis. SQLE can affect the immune microenvironment and immunotherapy outcome of PAAD patients by regulating the infiltration of tumor immune cells and the expression of ICT, and this kind of metabolic intervention-based immunotherapy is beneficial for overcoming the bottleneck of cancer treatment.

Role of SQLE in DM

DM is a chronic metabolic disease involving elevated blood glucose levels and disturbances in the metabolism of glucose, proteins, and fats (Singh et al. 2021). Transcriptomic studies have revealed the upregulation of SQLE in peripheral monocytes from patients with atherosclerosis, and the cholesterol metabolism gene network represents a molecular link between obesity/inflammation and its most important complication, type 2 diabetes, and cardiovascular

disease. There is a link between cholesterol and type 2 diabetes that regulates this metabolic network, which includes SQLE (Ding et al. 2015).

The pathogenesis of diabetes is a complex process involving many genes. The overexpression of SQLE gene in diabetes increases the number of genes that promote **cholesterol synthesis**, increase cholesterol accumulation, and promote diabetes. The GE team (Ge et al. 2020) identified the differentially expressed genes (DEGs) involved in the pathogenesis of diabetes in mice and suggested that SQLE proteins, as one of the core differentially expressed proteins, are involved in the pathogenesis of diabetes. In addition, RNA-seq and qRT-PCR revealed that SQLE was downregulated in the liver, whereas SQLE protein expression was significantly upregulated according to Western blotting. This is possibly due to posttranscriptional modifications of the SQLE protein, leading to sustained expression of the protein (Ge et al. 2020). In addition, in patients with diabetes, who often have disorders of lipid metabolism, SQLE levels are increased, and impaired cholesterol efflux can lead to the development of DM and fatty liver, which can significantly impact atherosclerosis and dyslipidemia (Ahmadi et al. 2022).

Role of SQLE in obesity

Further studies revealed the potential role of SQLE in obesity. The Fob3b obesity quantitative trait locus (QTL) is one of the gene regions affecting body weight, adiposity, or other obesity-related phenotypes in mice, and SQLE has been suggested to be an important candidate gene. The differences in SQLE expression between high-fat diet-fed mice and transgenic mice carrying the Fob3b QTL region fed a low-fat diet suggest that SQLE may play an important role in regulating body weight and fat deposition. In addition, alterations in the Fob3b allele may increase cholesterol biosynthesis in mice with a high fat content, which in turn leads to increased cholesterol deposition in adipocytes, thereby exacerbating obesity (Stylianou et al. 2005). Therefore, therapeutic strategies targeting SQLE may help prevent and treat obesity and its associated diseases.

Obesity is a metabolic disorder associated with excessive fat accumulation^[40] and is a major risk factor for type 2 diabetes and cardiovascular disease (La Sala & Pontiroli 2020). **Alterations in the cholesterol gene network, which includes SQLE and is key in the cholesterol synthesis pathway, have been molecularly linked to obesity, inflammation, type 2 diabetes mellitus, and cardiovascular disease and may be a hallmark of obesity-associated diseases^[41]. Further studies revealed the potential role of SQLE in obesity.** The Fob3b obesity quantitative trait motif is one of the gene regions affecting obesity-associated phenotypes, and SQLE is considered an important candidate gene. Differences in SQLE expression between high-fat mice and synthetic mice carrying the Fob3b QTL region from low-fat mice suggest a possible role for SQLE in regulating body weight and fat deposition. Alterations in the Fob3b allele may increase cholesterol biosynthesis in high-fat-content mice, which may lead to elevated levels of

cholesterol deposition in adipocytes, thereby exacerbating obesity (Stylianou et al. 2005).
Therefore, therapeutic strategies targeting SQLE may help prevent and treat obesity.

Clinical correlation between SQLE and metabolic diseases

SQLE and nonalcoholic steatohepatitis

NAFLD is not a simple benign disease, and according to the global data assessment in 2015, the number of deaths of NAFLD-HCC patients in China accounted for 10.5% of the total number of HCC deaths in the same period (Nan et al. 2021). Studies have shown that SQLE is significantly upregulated in NAFLD-HCC patients, and in mice with hepatocyte-specific overexpression of SQLE, NAFLD-HCC is driven by increases in cholesterol biosynthesis and the NADP/NADPH ratio (Liu et al. 2018). This induces oxidative stress, which activates the DNA methyltransferase 3A-mediated PTEN/PI3K/AKT/mTOR signaling pathway to promote NAFLD-HCC carcinogenesis. The SQLE inhibitor terbinafine inhibited NAFLD-HCC cell proliferation and tumor development in a mouse model. Du's team found (Sun et al. 2021) that *P53* regulates cholesterol synthesis by inhibiting the transcription of SQLE, thus exerting an inhibitory effect on NAFLD-HCC. The combination of the SQLE inhibitor terbinafine and the CA3 inhibitor acetazolamide in the treatment of NASH was superior to either drug alone. Additionally, SQLE and CA3 can be used as noninvasive markers for the diagnosis of NAFLD or NASH, which confirms that SQLE/CA3 is a new target for the diagnosis and treatment of NASH.

The above studies revealed the molecular mechanisms of NAFLD and NAFLD-HCC development, identified SQLE as a key factor in these mechanisms and a new target for drugs, and revealed that the antifungal drug terbinafine can inhibit tumor development.

SQLE and cancer

SQLE is involved in hormone signaling, and in prostate cancer, it is closely associated with high Gleason scores (Stopsack et al. 2017), correlates with metastasis, distinguishes tumors at high risk of metastasis, and is a strong predictor of fatal prostate cancer (Stopsack et al. 2016). In breast cancer, SQLE overexpression is usually associated with tumor aggressiveness, recurrence, and overall survival time, and breast cancers with amplification of 8q24.11-13 (a region that includes the SQLE gene) imply a poorer prognosis (Helms et al. 2008a). The mRNA expression of SQLE has been associated with a poorer prognosis of estrogen receptor-positive (ER+) phase I/II breast cancer (Helms et al. 2008b).

Poor drug response to letrozole and poor progression-free survival with adjuvant tamoxifen has been reported in SQLE-overexpressing breast cancer patients (Simigdala et al. 2016). In HCC, SQLE is an independent risk factor for overall survival, and high levels of SQLE expression significantly correlate with advanced tumor histological grade and elevated levels of alpha-fetoprotein. Thus, SQLE may serve as a novel prognostic biomarker (Liu et al. 2018; Shen et al. 2020). However, in colorectal cancer patients, the prognostic value of SQLE is related to tumor progression. Higher levels of SQLE in tumors are associated with poorer overall survival in patients with stages II and III disease, but lower levels of SQLE expression in tumors with stage T4 or IV disease predict a poorer prognosis (Kim et al. 2019). In pancreatic cancer, high expression of SQLE and other genes involved in cholesterol production is associated with resistance to radiotherapy (Soucek et al. 2014). For squamous cell carcinoma of the lung, SQLE is closely associated with poor differentiation, clinical stage, and lymphatic metastasis, which predict a poor prognosis; thus, it has become a novel molecular marker for lung cancer (Zhang et al. 2014). In uveal melanoma (Xu et al. 2019) and head and neck squamous cell carcinoma (Liu et al. 2021b), SQLE was associated with poor prognosis. Daunorubicin-resistant leukemia cells express higher levels of SQLE than daunorubicin-sensitive leukemia cells (Stäubert et al. 2016). In addition, cholesterol is a sex hormone precursor; therefore, the overexpression of SQLE is associated with adverse effects of hormone therapy. In conclusion, high levels of SQLE in most tumors predict poor prognosis, including tumor recurrence, tumor metastasis, and a short overall survival time. The role of SQLE in tumor development and progression has been demonstrated through basic research and clinical analyses, and SQLE may be a new target for cancer therapy.

SQLE and DM

Data from the International Diabetes Federation (IDF) indicate that diabetes is one of the fastest-growing global health emergencies of the 21st century, and 537 million people were living with diabetes in 2021. This number is projected to reach 643 million by 2030, and the prevalence of diabetes in 2045 is predicted to be 783 million (Einarson et al. 2018). DM is a syndrome of metabolic disorders, often characterized by disorders of lipid metabolism. The levels of SQLE are increased in patients with diabetes, and impairment of cholesterol efflux can lead to the development of DM and fatty liver, which can have a significant impact on atherosclerosis and dyslipidemia (Ahmadi et al. 2022). Weight loss alters monocyte cholesterol metabolism-related pathways and reduces SQLE levels. Thus, SQLE may serve as a potential therapeutic target for obesity-associated T2DM (Ding et al. 2022). Overexpression of SQLE gene in diabetes increases the expression of genes that promote cholesterol synthesis, increases cholesterol accumulation and promotes diabetes. DEGs related to the pathogenesis of diabetes were identified in diabetic mice, indicating that the liver of diabetic mice expresses 27 DEGs and that the SQLE is upregulated in diabetic mice. These findings further support the important role of SQLE in diabetes (Ge et al. 2018).

SQL E and obesity

Globally, obesity rates are increasing, and obesity is strongly associated with diseases such as hypertension, diabetes, cancer, and cardiovascular disease. This has led to increasing obesity-related healthcare costs. The cost of managing obesity-related morbidity and mortality accounts for between 3% and 21% of national health budgets (Ahmed & Konje 2023). Studies have shown significant upregulation of SQLE among obese patients and a decrease in SQLE after weight loss interventions ^[42]. Farfarb extract is considered to have potential for the treatment of obesity through the modulation of SQLE activity. Farfarb extract may affect fat metabolism by modulating the cholesterol biosynthesis pathway, thus exerting a therapeutic effect on obesity (Wang et al. 2017). This provides a promising approach for the development of new obesity treatments, but further studies are needed to confirm their safety and efficacy.

SQL E-targeted therapeutic strategies

SQL E has been reported as an oncogene in various cancers. Moreover, the dysregulation of SQLE has been associated with the inhibition of apoptosis and increased cell proliferation and invasiveness, and a high abundance of SQLE in tumors indicates a poorer prognosis. As a novel and attractive therapeutic target for anticancer treatment, SQLE has been increasingly used in preclinical studies to reveal its antitumor effects and related mechanisms. The first SQLE-targeted inhibitors disrupted the synthesis of ergosterol in antifungal bodies, thereby killing or inhibiting the fungus (Barrett-Bee & Dixon 1995). SQLE inhibitors can be classified as allylamines, natural compounds, and their derivatives according to their structure. Currently, research on the novel use of established SQLE inhibitors is increasing, and targeting SQLE is considered a new and promising therapy for metabolic diseases.

Allylamine

Since Georgopoulos et al. discovered that naftifine has high broad-spectrum antifungal activity in 1981, it has become the cornerstone for the commercialization of next-generation inhibitor drugs, such as butenafine and tolnaftate. The main SQLE inhibitor used in preclinical antitumor studies is terbinafine, which has been shown to inhibit cell proliferation, induce G0/G1 cell cycle arrest, apoptosis, and autophagy by inhibiting SQLE or SQLE-independent inhibition, and slow tumor growth in vivo in a dose-dependent manner.

The compound NB598, obtained by modification of the aromatic moiety of terbinafine, is another highly specific inhibitor of mammalian SQLE, with the best response in neuroblastoma and lung cancer and good drug sensitivity in small-cell lung cancer cell lines (Mahoney et al. 2019). Further modification of NB598 yielded silyl derivatives that also have the ability to inhibit the enzymatic activity of SQLE. However, preclinical studies revealed that

gastrointestinal toxicity and dermal toxicity were not tolerated by dogs and monkeys treated with a gavage of allylamine inhibitors (NB-598 and cmpd-4") for small cell lung cancer treatment (Nagaraja et al. 2020). Naftifine and terbinafine, which are used as antifungal agents, cause similar adverse effects, and this toxicity may limit the potential therapeutic benefit of metabolic disease treatment. This toxicity is attributed to the fact that the site of action of both terbinafine and NB-598 is Y195, and the tertiary amine group in the inhibitor structure forms a hydrogen bond with Y195. This prevents Y195 from interacting with glutamine (Q168) at position 168, inhibiting the conversion of SQLE to the active state. Thus, all the catalytic reactions of SQLE are inhibited, resulting in greater neurological and dermal toxicity (Nagaraja et al. 2020; Padyana et al. 2019). The IC50 values of allylamine inhibitors in mammalian cells are several orders of magnitude greater than those in fungi, and large doses are often required to achieve therapeutic efficacy, such as antitumor effects. Hence, there is a need for careful assessment of the tolerance of adverse effects (Ryder 1988).

Natural compounds and their derivatives

Many natural compounds and derivatives may be clinically safe SQLE inhibitors that can effectively and selectively inhibit SQLE enzyme activity. For example, Abe et al. (Abe et al. 2000) reported that green tea polyphenols, the main component of which is galloyl-containing epigallocatechin gallate (EGCG), noncompetitively inhibit SQLE by scavenging reactive oxygen species from the active site of the enzyme. The team synthesized galloyl groups, such as dodecyl ester and gallate dodecyl ester, as SQLE inhibitors, which are widely used in food additives for antioxidant purposes. The metabolites of EGCG are also inhibitory, and other plant extracts, such as beta-carotene, anthocyanins, tannins, fo-ti, and rhubarb, are also rich in galloyl groups. Grape skins and red wine are rich in the galloyl polyphenolic compound resveratrol, which reversibly and noncompetitively inhibits SQLE enzyme activity, with cholesterol-lowering and cardiovascular disease-preventive effects. Although EGCG still has few side effects when consumed at high doses, it has low bioavailability and a short half-life to reach effective therapeutic concentrations. Ellagitannin analogs of pedunculatin and eugenol also showed significant inhibitory efficacy. Gupta et al (Gupta & Porter 2001) reported that garlic and its derivative compounds were effective at inhibiting SQLE. Unlike tea polyphenols, which inhibit SQLE enzyme activity through a different mechanism, garlic extracts induce an irreversible inhibitory effect on SQLE activity. This is attributed to the high aryl cysteine content of garlic, which binds to the active region of the SQLE enzyme, rendering it inactive. Additionally, garlic allyl sulfide derivatives, though not highly specific to SQLE, interact with other proteins and inhibit SQLE enzymatic activity in Schwann cells, penetrating the blood–brain barrier. Consequently, this inhibition leads to decreased cholesterol synthesis and squalene accumulation, impacting myelin sheath formation and neurotransmission. Ultimately, this process results in segmental demyelination and peripheral nerve paralysis. The unique properties of natural SQLE inhibitors found in garlic

may serve as a foundation for developing clinically safe SQLE inhibitors. Moreover, different types of SQLE inhibitors offer diverse frameworks for creating novel compounds that mitigate side effects and enhance affinity. However, further investigation is required to determine their therapeutic potential in treating metabolic diseases.

Unlike the mechanism of inhibition by tea polyphenols, garlic allyl sulfide derivatives, which are not highly selective for SQLE, can also interact with other proteins and inhibit the enzymatic activity of SQLE in Schwann cells through the blood–brain barrier. This leads to the inhibition of cholesterol synthesis and squalene accumulation, which affects myelin sheath formation and severely impedes neurotransmission, ultimately leading to segmental demyelination and paralysis of peripheral nerves. The specific nature of these natural SQLE inhibitors may be a starting point for the development of clinically safe SQLE inhibitors, and the different types of SQLE inhibitors that provide different frameworks for the development of novel SQLE inhibitors to eliminate side effects and improve affinity and whether they contribute to the treatment of metabolic diseases need to be further verified.

Conclusions

In summary, an increasing number of preclinical studies have shown that SQLE is closely related to the occurrence and development of various metabolic diseases and has even become an independent prognostic factor for these diseases, providing new ideas for the targeted diagnosis and treatment of malignant tumors.

SQLE plays a role in cancer, NAFLD-HCC, DM and obesity and has potential for use in treating hyperlipidemia. Allicin has been reported to exert an antihyperlipidemic effect. Transcriptomic analysis revealed that allicin significantly regulated 148 genes, including SQLE (Zhang et al. 2023). Allicin regulates cholesterol synthesis by upregulating the SQLE gene, thus demonstrating its therapeutic effect on hyperlipidemia. Therefore, a comprehensive understanding of the role of SQLE in the regulation of dyslipidemia provides an important theoretical basis for further research and the development of therapeutic strategies for dyslipidemia. In addition to affecting metabolism-related diseases, SQLE has potential use in livestock regulatory networks, regulating muscle growth to improve beef yield by inhibiting the proliferation and promoting the differentiation and apoptosis of skeletal muscle-derived mesenchymal stem/stromal cells (Zhang et al. 2020) and ultimately affecting lactation yield and quality by promoting the proliferation, cell cycle, and apoptosis of mammary epithelial cells. Active substances in chlorophyll-like plants bind directly to SQLE proteins, causing hepatorenal toxicity and impairing the SREBP2/HMGCR/SQLE/LSS pathway, thereby disrupting cholesterol production (Li et al. 2023b). Targeting SQLE could allow for the future development of pharmacological agents that are similar to the structure of chlorophylls to be considered a therapeutic strategy for targeting SQLE. Compared to HMG-CoA reductase, SQLE is located downstream of the mevalonate synthesis pathway, and inhibition of SQLE does not modulate the effect of the nonsteroidal product on the normal physiology of the cell; therefore, SQLE is expected to be a highly selective drug target with few side effects. Therefore, existing drugs or molecular structures can be modified and combined with multiple effective inhibitors to further

improve targeting and reduce toxicity. However, clinically, strong evidence is needed to validate the role of SQLE in the prevention and treatment of metabolic diseases.

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Figure 1

Figure 1. Cholesterol synthesis pathway centered on SQLE

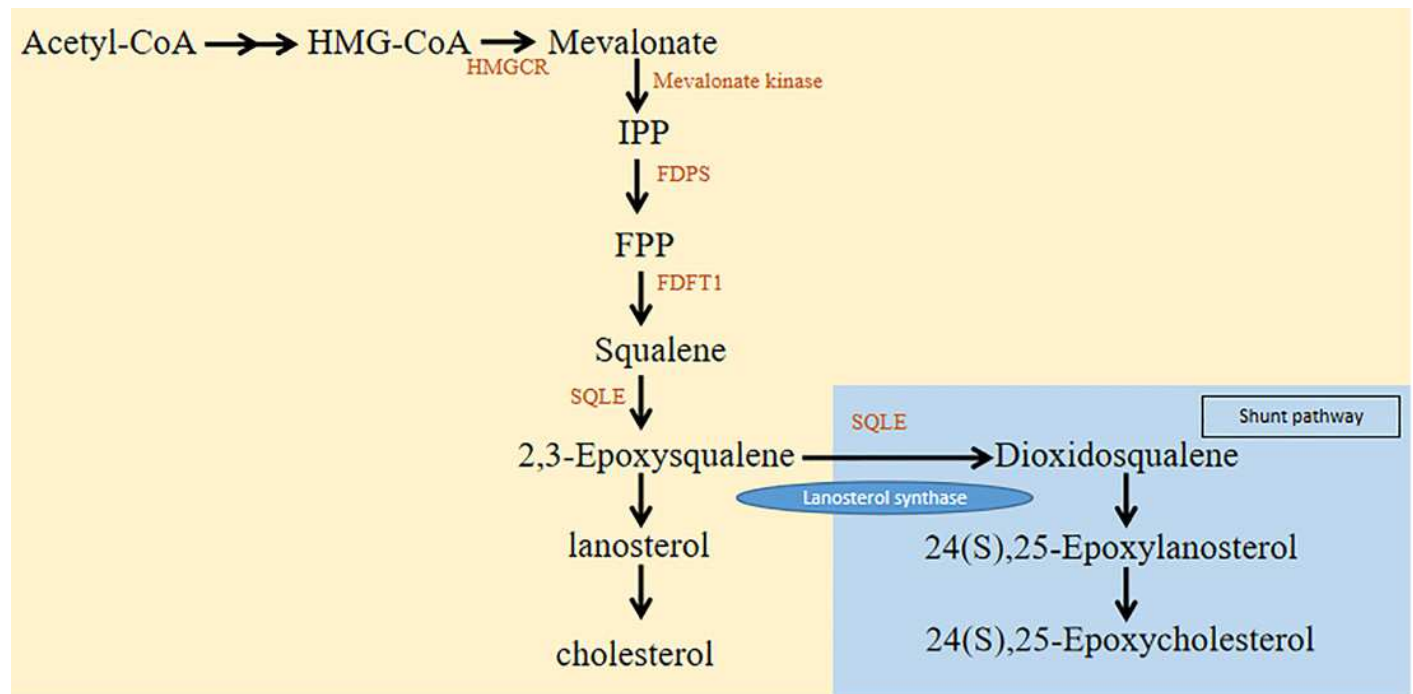


Table 1 (on next page)

Table 1. Relationships among miRNAs, SQLE and cancer

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miRNA	cancer cells	miRNA expression level SQLE expression level	Function	Overexpressed	Ref
miRNA-205	Prostate cancer	Downregulated	Overexpressed	Promotion of cell proliferation and androgen receptor	[19]
miRNA-133b	Pancreatic cancer	Downregulated	Overexpressed	Promotion of cell proliferation, migration, and invasion	[20]
miRNA-133b	Esophageal squamous cell carcinoma	Downregulated	Overexpressed	Promotion of cell proliferation, migration, invasion	[21]
miRNA-579-3p	Gastric adenocarcinoma	Downregulated	Overexpressed	Promotion of cell proliferation	[22]
miRNA-584-5p	Head and neck squamous cell carcinomas	Downregulated	Overexpressed	Promotion of cell proliferation, migration, and invasion	[23]
miRNA-1179	Nasopharyngeal carcinoma	Downregulated	Overexpressed	Promotion of cell proliferation and inhibition of apoptosis	[24]
miRNA-363-3p	Pancreatic Cancer	Downregulated	Overexpressed	Promotion of cell proliferation, regulation of tumor immune cell infiltration and expression of immune checkpoints	[25]
miRNA-612	Hepatocellular carcinoma	Downregulated	Overexpressed	Promotion of cell invadopodia, EMT, migration, and invasion	[26]

Figure 2

Figure 2. The main mechanism of SQLE regulation

