Thank you for the opportunity to review this manuscript, which considers some interesting, applied issues.

This study appears to be novel, and author showed an interesting point about "The effect of multi-direction sprint training on change-of direction speed and reactive agility of Collegiate Tennis Players".

Based on what I have read, I notice a few things that would be good to correct, in order to improve the quality of the article.

Please see my comments below.

### **ABSTRACT**

Line 18-20 - Add the mean and standard deviation for the age of the participants for both groups.

#### INTRODUCTION

The introduction lacks general information about tennis and the requirements of tennis despite the mentioned speed and agility. In general, reorganize the introduction and respect its structure. The rationality of the study should be presented after reviewing the literature. It is very important that the authors mention why they decided on this particular topic and what they contribute new with this manuscript.

In lines 47-48 the reference is missing.

## **METHODS**

Decide which word you will use throughout the text, subject or participants.

The sample of participants is relatively small, given that it is not elite. But I understand that it is not possible to add participants later.

Describe the sample of participants and the ranking of the competition in more detail. It is not enough to write that they are college players. What year of study are the participants in this study studying?

Line 97 – In addition, add the mean and standard deviation for the age of the participants for both groups.

Line 147 - Was there a minimum training attendance quota?

#### **RESULTS**

The results chapter is nicely divided into sections and easy to understand.

The only thing you need to unify to two decimal places throughout the entire text, it is clearer for the readers.

## **DISCUSSION**

The first paragraph should state the aim of this paper and the main findings.

Generally, the discussion is too extensive and not easy to read. Reframe this section by adding mechanisms and possible reasons for the results in addition to comparing the studies. I hope that study bellow may help you to add more mechanism.

Andrašić, S., Gušić, M., Stanković, M., Mačak, D., Bradić, A., Sporiš, G., & Trajković, N. (2021). Speed, change of direction speed and reactive agility in adolescent soccer players: Age related differences. International journal of environmental research and public health, 18(11), 5883.

In this section, there are several references missing.

Line 286 – Add space

# **CONCLUSION**

It is necessary to extend this chapter and make recommendations for further research in the future.

Figure 4 - Create a better figure for the RR group.

All the tables are quite unclear. Find a way to present them better and more clearly.

The p value should be shown in lowercase.