# Elevated ALKBH5 is associated with ferroptosisrelated dysfunctions in cytotrophoblasts through FTL in patients with recurrent miscarriage (#94008)

First submission

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#### **EXPERIMENTAL DESIGN**

- Original primary research within Scope of the journal.
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- Rigorous investigation performed to a high technical & ethical standard.
- Methods described with sufficient detail & information to replicate.

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- Impact and novelty not assessed.

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- All underlying data have been provided; they are robust, statistically sound, & controlled.



Conclusions are well stated, linked to original research question & limited to supporting results.



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- 1. Your most important issue
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I commend the authors for their extensive data set, compiled over many years of detailed fieldwork. In addition, the manuscript is clearly written in professional, unambiguous language. If there is a weakness, it is in the statistical analysis (as I have noted above) which should be improved upon before Acceptance.



# Elevated ALKBH5 is associated with ferroptosis-related dysfunctions in cytotrophoblasts through FTL in patients with recurrent miscarriage

Chuanmei Qin Equal first author, 1, 2, 3, Jiayi Wu Equal first author, 1, 2, 3, Xiaowei Wei 4, Xueqing Liu 1, 2, 3, Yi Lin Corresp. 4

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**Background:** As one of the most common and abundant internal modification in eukaryotic mRNA, N<sup>6</sup>-methyladenosine (m<sup>6</sup>A) modifications are closely related to placental development. Ferroptosis is a new form of programmed cell death. During placental development, placental trophoblast is susceptible to ferroptosis. Their interactions in trophoblast physiology and injury are unclear. **Methods:** Recurrent miscarriage (RM) was selected as the main gestational disease for our study. The published data (GSE76862) were used to analyze the gene expression profiles in patients with RM. Compared with the

English

quantification of m<sup>6</sup>A in total RNA of villous tissues from patients with RM and healthy controls (HC). ALKBH5 was selected as the candidate gene for further research. qRT-PCR, western blotting and immunohistochemistry (IHC) confirmed the elevated expression of ALKBH5 in the cytotrophoblasts of patients with RM. Then, cell counting kit-8 (CCK8) assay, glutathione disulphide/glutathione (GSSG/GSH) quantification, 2′,7′-dichlorfluoresceindiacetate (DCFH-DA) staining and malonaldehyde (MDA) assay was used to explore the alterations of ferroptosis-related characteristics following RAS-selective lethal (RSL3) stimulation after overexpression of ALKBH5. After this, we re-analyzed the published RNA sequencing data upon knockdown of ALKBH5, combined with the tissue RNA-seq data, ferritin light chain (FTL) was identified as the ferroptosis-related gene in cytotrophoblast of patients with RM regulated by ALKBH5. Finally, western blotting and IHC confirmed the increased expression of FTL in the cytotrophoblasts from patients with RM. **Results:** 

Results showed total m<sup>6</sup>A levels were decreased in patients with RM. The most significant differentially m<sup>6</sup>A-related gene was ALKBH5, which was increased in patients with RM. In

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vitro cell experiments showed that treatment with RSL3 resulted in increased cell death and upregulated ALKBH5. Overexpressed ALKBH5 alleviated RSL3-induced HTR8 cell death and caused decreased intracellular oxidation products. Published transcriptome sequencing revealed that FTL was the major ferroptosis-related gene regulated by ALKBH5 in the villous tissues of patients with RM. Consistent with the expression of ALKBH5, FTL was increased by RSL3-induction and increased in patients with RM. **Conclusion:** Elevated ALKBH5 alleviated RSL3-induced cytotrophoblast cell death through promoting the expression of FTL in patients with recurrent miscarriage. Our results supported that ALKBH5 was an important regulator of ferroptosis-related etiology of RM and suggested that ALKBH5 could be responsible for epigenetic aberrations in RM pathogenesis.



# 1 Elevated ALKBH5 is associated with ferroptosis-related dysfunctions in cytotrophoblasts Rephrase the title - to minimise shortform 2 through FTL in patients with recurrent miscarriage 3 Chuanmei Qin <sup>1, 2,3\*</sup>, Jiayi Wu <sup>1, 2,3\*</sup>, Xiaowei Wei <sup>4</sup>, Xueqing Liu <sup>1, 2, 3</sup>, Yi Lin <sup>4#</sup> 4 5 6 <sup>1</sup>The International Peace Maternity and Child Health Hospital, School of Medicine, Shanghai Jiao 7 Tong University, Shanghai 200030, China; <sup>2</sup>Shanghai Key Laboratory of Embryo Original Diseases, Shanghai 200030, China; 8 9 <sup>3</sup>Institute of Birth Defects and Rare Diseases, School of Medicine, Shanghai Jiao Tong University, Shanghai 200030, China. 10 <sup>4</sup>Shanghai Jiao Tong University School of Medicine Affiliated Sixth People's Hospital, School of 11 12 Medicine, Shanghai Jiao Tong University, Shanghai 200233, China; 13 14 \*Chuanmei Qin and Jiayi Wu contributed equally to this work and should be considered as first 15 authors. 16 17 Corresponding Author: Yi Lin 18 19 Shanghai Jiao Tong University School of Medicine Affiliated Sixth People's Hospital, Shanghai 20 200233, China. 21 Email address: yilinonline@ situ.edu.cn



- 23 Abstract
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- 26 Ferroptosis is a new form of programmed cell death. During placental development, placental
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43 **Results:** Results showed total m<sup>6</sup>A levels were decreased in patients with RM. The most significant differentially m<sup>6</sup>A-related gene was ALKBH5, which was increased in patients with 44 45 RM. In vitro cell experiments showed that treatment with RSL3 resulted in increased cell death and upregulated ALKBH5. Overexpressed ALKBH5 alleviated RSL3-induced HTR8 cell death 46 and caused decreased intracellular oxidation products. Published transcriptome sequencing 47 48 revealed that FTL was the major ferroptosis-related gene regulated by ALKBH5 in the villous tissues of patients with RM. Consistent with the expression of ALKBH5, FTL was increased by 49 RSL3-induction and increased in patients with RM. 50 51 Conclusion: Elevated ALKBH5 alleviated RSL3-induced cytotrophoblast cell death through promoting the expression of FTL in patients with recurrent miscarriage. Our results supported that 52 ALKBH5 was an important regulator of ferroptosis-related etiology of RM and suggested that 53 54 ALKBH5 could be responsible for epigenetic aberrations in RM pathogenesis.

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- **Introduction** First sentence has 2 info ie definition and incidence. Rephrase the sentence.
- Recurrent miscarriage (RM), defined as two or more consecutive spontaneous abortions with the same sexual partner after confirmed intrauterine pregnancies and before 20-24 gestational weeks, occurs in approximately 1-2% of all couples trying to conceive (Bender Atik et al. 2023; Dimitriadis et al. 2020; Quenby et al. 2023). The cause of RM is complex including chromosomal errors, uterine malformation and autoimmune dysfunction, but the etiology of 40-50% of cases

remains unknown (Daimon et al. 2020; Dimitriadis et al. 2020).



63	Maintenance of pregnancy is a complex and highly regulated biological process requiring
64	coordination of nutrients and immunity between maternal and fetal. Moreover, the coordination
65	needs a functional placenta. The placenta, mainly consisting of maternal decidua and fetal villi,
66	plays a critical role throughout the process of pregnancy (Centurione et al. 2018). As soon as the
67	implantation of the embryo begins, the developing of placenta is initiated with the generating of
68	trophoblast cells from the trophectoderm of the blastocyst (Turco et al. 2018). Cytotrophoblasts
69	(CTBs), an inner layer of the chorionic villi, can differentiate into extravillous CTBs or fuse to
70	form the external layer of syncytiotrophoblasts (STBs) (Costello & Fisher 2021; Hemberger et al.
71	2020). Before gestational week 11, the developing of the conceptus relies on uterine secretions,
72	then, a villous placenta-blood interface is effectively functional, the exchange of nutrients, gases,
73	and metabolic waste products mainly relies on contact between the maternal blood and fetal villi
74	(Burton et al. 2002; Erlich et al. 2019; Jones et al. 2015). Placental dysfunction associated with
75	impaired trophoblast function may lead to miscarriage, fetal growth restriction, preeclampsia, and
76	stillbirth (Brosens et al. 2011; Turco et al. 2018).
77	Epigenetic modifications, including histone modifications, DNA methylation, non-coding RNAs
78	and RNA methylation, play functional roles in maternal-fetal medicine (Hocher & Hocher 2018;
79	Wu et al. 2023). N <sup>6</sup> -methyladenosine (m <sup>6</sup> A) is the most common RNA epigenetic modification,
80	being reported to modulate the biological process of placenta formation and development (Wu et
81	al. 2023). m <sup>6</sup> A modification is a complex and reversible process coregulated by m <sup>6</sup> A writers,
82	erasers and readers (Zhao et al. 2017). It has been reported m <sup>6</sup> A writer complex mainly consists of
83	methyltransferase-like 3 (METTL3), methyltransferase-like 14 (METTL14), and Wilms tumor 1-



84	associated protein (WTAP), while m <sup>6</sup> A demethylase (erasers) include fat mass and obesity-
85	associated (FTO), and alkB homolog 5 (ALKBH5), and m <sup>6</sup> A readers are mainly composed of
86	YT521-B homology domain protein family (YTHDF) (including YTHDF1-3) (Zhang et al. 2023).
87	It has been reported that m <sup>6</sup> A dysregulations may lead to gestational diseases, such as recurrent
88	miscarriage, preeclampsia, gestational diabetes mellitus (Li et al. 2019; Taniguchi et al. 2020;
89	Wang et al. 2021). Increased ALKBH5 inhibited trophoblast invasion at the maternal-fetal
90	interface of patients with RM (Li et al. 2019). Under fear stress, m <sup>6</sup> A modifications have been
91	reported play an important role in placental dysfunction during pregnancy (Wang et al. 2022).
92	Moreover, down-regulation of m <sup>6</sup> A is involved in gestational diabetes mellitus (GDM)
93	development (Wang et al. 2021).
94	Ferroptosis is a programmed cell death dependent on iron (Jiang et al. 2021). Early in placental
95	development, trophoblast cells experience physiologic hypoxia, which is intimately linked to
96	ferroptosis, leading to placental dysfunction and reproductive disorders (Beharier et al. 2021; Ng
97	et al. 2019). RAS-selective lethal (RSL3) is one of the most important and universal ferroptosis
98	inducers (Yang & Stockwell 2016). In mice experiments, Fer-1 improved outcomes in CBA/J ×
99	This statement does not give direct suggestion. Elaborate/rephrase DBA/2 mice pregnancy (Lai et al. 2024). This suggests that ferroptosis may cause adverse
100	pregnancy outcomes.
101	Both m <sup>6</sup> A modification and ferroptosis can regulate pregnancy outcomes, but the link between
102	m <sup>6</sup> A, ferroptosis and RM pathogenesis is poorly defined. The present study focused on the
103	functional m <sup>6</sup> A and ferroptosis related genes in recurrent miscarriage, including transcriptomic
104	analysis and identifying the mechanisms affecting the function of trophoblast.



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#### **Materials & Methods**

#### Patient characteristics

108 <u>15 healthy controls</u> (HC) (mean age, 30.40 ± 2.50 years; mean gestation week, 7.59 ± 0.81 weeks)
 Please provide sample size calculation
 109 and <u>15 patients with RM</u> (mean age, 31.20 ± 4.18 years; mean gestation week, 7.64 ± 1.41 weeks)

2020 to June 2021. All recruited individuals with HC or RM were under 35 years old and

were recruited from the International Peace Maternity & Child Health Hospital from September

112 terminated at weeks 6-11 of gestation. Chromosomal abnormalities, endocrine disorders,

indometritis, abnormal uterine structure, cervical insufficiency, and other identified etiologies of

RM were all excluded. The study was approved by the Medical Ethics Committee of the

International Peace Maternity & Child Health Hospital of China Welfare Institute, Shanghai

(GKLW) 2021-49]. Written informed consents were obtained from all the participants (HC, RM).

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#### **Tissue collection**

?Terminated by induction

All villous tissues were collected immediately after induced abortion and cleaned with PBS (Hyclone, Logan, UT, USA) as described before (Wei et al. 2022). For quantitative real-time PCR (qRT-PCR), part of the villous tissues was stored in RNAlater (Thermo Fisher Scientific, Waltham, MA, USA) overnight at 4 °C. Samples were then transferred into liquid nitrogen for long-term storage. For western blotting, part of the villous tissues was snap frozen in liquid nitrogen within 20 min after sampling. For immunohistochemistry, part of the villous tissues was



125	fixed with 4% paraformaldehyde (PFA) (BBI Life Sciences, Shanghai, China) for 24 h, then
126	embedded in paraffin.
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128	Prussian blue staining
129	Iron Stain Kit (ab150674, Abcam, Cambridge, UK) was used to determine iron staining in tissue
130	sections. Tissue sections were deparaffinized and rehydrated, then incubated in working iron stain
131	solution for 3min. After rinsed in distilled water, slides were stained in nuclear fast red solution
132	for 5 min and rinsed in 4 changes of distilled water. Slides were dehydrated in 95% alcohol
133	followed by absolute alcohol and mounted. Blue stain shows non chelated iron in the placental
134	villi.
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136	Cell culture
137	The HTR-8/SVneo cell line was a kind gift from Dr. P.K. Lala (University of Western Ontario,
138	London, ON, Canada) (Graham et al. 1993) and cultured in DMEM/F12 (Gibco, Grand Island,
139	NY, USA) plus 10% fetal bovine serum (Yeasen, Shanghai, China) and 1% penicillin/strep-
140	tomycin antibiotics (Gibco, Grand Island, NY, USA). Cells were cultured in a 37°C cell culture
141	incubator under atmosphere with 5% CO2.
142	
143	Transfection protocol
144	Non-targeting control siRNA (siNC) and ALKBH5 siRNA (siALKBH5) were purchased form
145	GenePharma (Shanghai, China). Oligofectamine ® 2000 Reagent (Invitrogen, Carlsbad, USA) was



used for the transfection of siRNA according to the manufacturer's instructions. For overexpression, the pLV-hALKBH5 plasmid and the corresponding pLV empty control plasmid (Vector) were purchased from Cyagen company (Suzhou, China). Transient transfection was performed by the JetPRIME® transfection reagent (Polyplus transfection<sup>TM</sup>, NY, USA). Using a 6-well plate as an example, 2 μg of plasmid was added in 200 μl jetPRIME® buffer, followed by addition of 4 μl of jetPRIME® reagent, mixed and incubated 10 min at room temperature. Then the mixture was added to 2ml of serum containing medium in 6-well plate. Cells were transfected at 30-40% confluence. RNA and protein were collected 48 h after transfection. Experiments were repeated three times.

# RNA isolation and qRT-PCR

The villous tissues or cells were lysed with Trizol (Life Technologies, Carlsbad, CA, USA) and total RNA was extracted according to the reported method (Rio et al. 2010). RNA (1 µg) was reverse transcribed using Evo M-MLV RT Master Mix (Accurate Biology, Hangzhou, China). Quantitative real-time PCR was performed using the SYBR Green Premix Pro Taq HS qPCR Kit (Accurate Biology, China) with the primers listed in **Supplemental Table 1**. Relative mRNA expression normalized to  $\beta$ -actin expression was calculated using the  $2^{-\Delta \Delta Ct}$  method in cells while the  $2^{-\Delta Ct}$  method was used in human tissue samples (Livak & Schmittgen 2001; Schmittgen & Livak 2008). More details are available in the supplemental data: MIQE checklist.

# Western blotting



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Tissues and cells were lysed in radioimmunoprecipitation assay buffer (Thermo Fisher Scientific, Waltham, USA) containing protease inhibitor cocktail (Solarbio, Beijing, China). Protein concentration was measured using a BCA Protein Assay (Thermo Fisher Scientific). Then, protein was denatured by heating at 100°C for 10 minutes. 10 µg of protein was loaded per well and separated by SDS-PAGE. After electrophoresis, proteins were transferred onto 0.2-um PVDF membranes (Millipore, Milford, USA), then, blocked with 5% non-fat skim milk at room temperature for 1 h and later incubated with primary antibodies at 4 °C overnight. The following day, the membranes were incubated with secondary antibodies conjugated with HRP for 1 hour at room temperature. The antibodies and dilutions used are as follows: ALKBH5 (1:1000, ab195377, Abcam, Cambridge, UK), FTL (1:1000, ab75973, Abcam, Cambridge, UK), \(\beta\)-Actin (1:10000, 66009-1-Ig, Proteintech, Rosemont, USA), Goat Anti-Rabbit IgG antibody (1:5000, ab288151, Abcam, Cambridge, UK), Goat Anti-Mouse IgG antibody (1:5000, ab7063, Abcam, Cambridge, UK). Signals were detected using the Chemiluminescent HRP Substrate (Millipore) and analyzed using Image J software (NIH, Bethesda, MD, USA). Uncropped western blotting pictures can be found in **Supplemental Figure 1**.

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# Quantification of m<sup>6</sup>A in total RNA

Total RNA methylation was quantified using the EpiQuik M<sup>6</sup>A RNA Methylation Quantification Kit (Epigentek, Farmingdale, USA). Total RNA was extracted using Trizol (Life Technologies), then diluted to 200 ng/µl final concentration. The amount of RNA used for per sample was 200ng. RNA sample was transferred to corresponding wells in a Binding Solution-treated 96-well plate.



Each sample were performed in two technical replicates. After binding of RNA, the 96-well plate was incubated with capture antibody at room temperature for 1 h, then washed four times. Successively, detection antibody was added into the plate and incubated for 30 min. After washed with washing buffer for five times, the plate was incubated with developer solution about 5 min. Stop solution was added to stop enzyme reaction after color turning blue. Plate was then read for \*\*Formula for calculation\*\* absorbance at 450nm. Relative m<sup>6</sup>A RNA methylation status was calculated according to the absorbance.

## Immunohistochemistry (IHC) assay

Why 10 instead of 15?

Villous tissues from 10 patients with RM and 10 HC controls were washed with PBS immediately after collecting, then, fixed in 4% paraformaldehyde. 48 h later, tissues were paraffin-embedded and serially sectioned. The Mouse and Rabbit specific HRP/diaminobenzidine (DAB) (ABC) Detection IHC Kit (ab64264, Abcam, USA) was used for IHC. The assay was performed according to the manufacturer's instructions. After dewaxing and rehydration, slices were incubated with primary antibody against ALKBH5 (1:1000, ab195377, Abcam, Cambridge, UK) (Wang et al. 2023), FTL (1:500, ab69090, Abcam, Cambridge, UK) (Raha et al. 2022) or Rabbit IgG (1:500, #3900, Cell Signaling Technology) (Tong et al. 2023) diluted in primary antibody dilution (P0277, Beyotime, China). Negative controls were performed during pre-experiments. The following day, slides were incubated with the biotinylated secondary antibody, stained with diaminobenzidine (DAB), counterstained with hematoxylin. After dehydration and mounting, slides were observed



208 and photographed using microscope. Scoring of slides was independently performed blinded by two pathologists according to the published literature (Liu et al. 2020; Zhao et al. 2019). 209 210 Immunofluorescent staining 211 For immunofluorescence, HTR8 cells were seeded in 24-well plates 1 day before the experiment. 212 213 The next day, at a confluence of 40%, RSL3 was added at different concentrations (0 µM, 2.5 µM, 5 μM) into plates. 24 h later, the cells were then fixed with 4% paraformaldehyde for 15 min at 214 215 room temperature, then, blocked and permeabilized with immunol staining blocking buffer 216 (P0102, Beyotime, China) for 20 min at room temperature and subsequently incubated with primary antibodies against ALKBH5 (1:500, 16837-1-AP, Proteintech, Rosemont, USA) 217 overnight at 4 °C (Liu et al. 2021). Next day, the cells were incubated with Alex Fluor 488-218 219 conjugated goat anti-Rabbit IgG (Life Technologies, Carlsbad, CA, USA). After washing with 220 PBS for three times, cells were mounted with mounting medium with 4,6-diamino-2-phenylindole 221 (DAPI) (ab104139, Abcam) and observed under a fluorescence microscope (Leica DMi8 222 microscope, Leica Microsystems, Wetzlar, Germany). 223 Cell Counting Kit-8 (CCK8) assay 224

About 2500 cells/per well were plated in 96-well plates 1-day before drug treatment. 1 h before drug treatment, corresponding volumes of DMSO (D2438, Sigma, St. Louis, MO, USA), Ferrostatin-1 (Fer-1, 1 μM, S7243, Selleck, USA), UAMC-3203 (2 μM, S8792, Selleck, USA), necrosulfonamide (1 μM, S8251, Selleck, USA), Z-VAD-FMK (10 μM, S7023, Selleck, USA),



Hydroxychloroquine (HCQ) Sulfate (1 µM, S4430, Selleck, USA) was added to cell culture 2 h before RSL3 (0, 1, 2, 3, 4, 5, 6, 7, 8 µM) was added to cell culture, respectively. Then, 24 h later, the optical density at 450 nm (OD450) was assessed using the Cell Counting Kit-8 (Yeasen, Shanghai, China). To clarify the role of ALKBH5 in RSL3-induced cell death. About 2000 cells/per well were plated in 96-well plates 1 day prior to transfection of plasmids. Cells at ~30% confluence were transfected with plasmids. 1 day after transfection, cells were treated with RSL3 (5 µM) (Selleck Chemicals, Munich, Germany) or equal volumes of solvent (DMSO) with three duplicate wells in each group. After 24 h, OD450 was assessed.

# Glutathione disulphide/glutathione (GSSG/GSH) quantification

GSSG/GSH analysis was performed by the GSSG/GSH Quantification kit (G263, Dojindo, Japan) according to the manufacturer's instructions.  $1\times10^7$  HTR8 cells were collected and washed with PBS, then, lysed twice by freezing and thawing with 80  $\mu$ l 10 mM HCl. After lysis, 20  $\mu$ l 5% sulfosalicylic acid (SSA) was added to cell lysate. The supernatant was collected by centrifugation and formulated in ddH<sub>2</sub>O to a final concentration of 0.5% SSA. Then, 40  $\mu$ l GSSG standard solution, GSH standard solution, GSSG sample solution and GSH sample solution were added to 96-well plates respectively. Next, 60  $\mu$ l buffer solution was added to the plates and incubated at 37 °C for 1 h. After incubating, 60  $\mu$ l substrate working solution, 60  $\mu$ l enzyme/coenzyme working solution were added successively. The plates were then moved to a 37 °C incubator for 10 min and the absorbance was measured at 405nm.



# 2',7'-dichlorfluorescein-diacetate (DCFH-DA) staining

ROS assay kit (R252, Dojindo, Japan) was used for the detection of reactive oxygen species (ROS). HTR8 Cells were plated in six-well plates 1 day before transfection. Next day, the pLV empty and pLV-hALKBH5 plasmid were transfected into cells. 24 h later, about 3500 cells/per well were plated in 96-well plates respectively. The following day, HTR8 cells were washed twice with the hank's balanced salt solution (HBSS). Then, working solution was added into the plate and the plate was incubated at 37 °C with 5% CO<sub>2</sub> for 30 min. After incubation, cells were washed twice with HBSS. Corresponding volumes of DMSO and 5 μM RSL3 were added to cell medium respectively and the plate was then incubated in the incubator for 2 h. Finally, cells were washed twice with HBSS and photographed under the fluorescence microscope immediately.

# Malonaldehyde (MDA) assay

MDA assay was performed using the lipid peroxidation MDA Assay Kit (S0131S, Beyotime, China). Overexpression of ALKBH5 HTR8 cells and pLV cells were lysed by cell lysis buffer (P0013, Beyotime, China). Following centrifugation for 10 min at 12, 000 × g, the supernatant was collected and the protein concentration of each sample was determined adjusted to the same concentration with lysis buffer using the BCA Protein Assay (Thermo Fisher Scientific). All above operations were carried out in ice bath or 4 °C. 100 μl of either control, sample, or standard was then added to EP tubes. 200 μl MDA working solution was then added to each tube and tubes were incubated at 100 °C for 15 min. After incubation, tubes were centrifugated and 200 μl supernatant



271	of each sample to be measured was added into 96-well plate. Then, the absorbance at 532 nm was
272	detected. Finally, MDA content of each sample was calculated according to the standard curve.  ?formula for calculation
273	. Torrida for dalediation
274	Data analysis of published RNA-sequencing
275	Published data (GSE76862) were analyzed using GEO2R. Gene IDs conversion, GO and KEGG
276	analyses were done by the clusterProfiler package.
277	To understand the transcriptional changes caused by ALKBH5, Published RNA-seq data upon
278	knockdown of ALKBH5 was re-analyzed (Li et al. 2019). Differential expression between the
279	groups were performed using the Limma package. Genes were selected by significance threshold
280	of fold change (siALKBH5/siNC) $\geq$ 1.5 or $\leq$ 0.67 and adjusted $P <$ 0.05 (Grunseich et al. 2018).
281	ClusterProfiler software was used for GO terms and KEGG pathways enrichment analysis.
282	
283	Statistical analysis
284	All experiments were repeated three times. Results are shown as mean values $\pm$ standard deviation.
285	Differences between two groups were compared by Student's t-test or Welch's t-test for data
286	displaying a normal distribution. For data that did not conform to a normal distribution, Mann-
287	Whitney test was used to analyze the statistical difference between two groups. $P < 0.05$ was
288	considered statistically significant. GraphPad Prism software version 9 (GraphPad Inc, La Jolla,
289	CA, USA) was used for statistical calculations and presentation.
290	
201	Results



# Iron accumulation in villous trophoblasts of patients with RM

Should not start with "To" in a sentence.

To investigate whether there is iron overload in placental villi, we performed Prussian blue staining of villous tissue sections from HC and RM groups. Prussian blue staining showed iron accumulated at the inner cytotrophoblast layers, and there were significantly more particles in the RM group compared with that in the HC group (Figure 1A). To identify the role of ferroptosis-related genes in the regulation of the function of villous trophoblasts during the occurrence of RM, we performed an intersection analysis with the published data (GSE76862) and the FerrDB database (Zhou & Bao 2020). Results showed the top 10 most significant increased and decreased ferroptosis-related genes in the villi of patients with RM (Figure 1B). Then, we performed GO and KEGG analyses with the 20 genes (Figure 1C). We also identified the protein–protein interactions with the 20 genes using the String database (Figure 1D). These prompted that disordered iron metabolism in villous trophoblasts was associated with the onset of RM.

# Increased ALKBH5 in cytotrophoblasts of patients with RM

To detect the role of m<sup>6</sup>A in the regulation of the function of placental villi, we examined the global m<sup>6</sup>A levels in placental villi of patients with RM and HC. Results showed the global m<sup>6</sup>A level was lower in patients with RM compared with that in HC (**Figure 2A**). Then we tested the mRNA levels of the major functional m<sup>6</sup>A-related genes of the trophoblast tissues from patients with RM or HC (**Figure 2B**). Considering the decreased global m<sup>6</sup>A levels in the villous tissues of patients with RM, we chose the m<sup>6</sup>A demethylase ALKBH5 as the target gene for further research. qRT-PCR showed the mRNA levels of ALKBH5 was increased in the villous tissues of



patients with RM compared with that in HC (**Figure 2C**), consistent with the protein expression levels detected by western blotting (**Figure 2D, E**). Immunohistochemical staining showed that ALKBH5-positive cells in the first-trimester villous tissues, primarily within the cytotrophoblasts. Results also showed much stronger expression of ALKBH5 was observed in tissues of patients with RM compared with that of HC (**Figure 2F-H**). Thus, ALKBH5 was increased in cytotrophoblasts of patients with RM.

# RSL3 increased ALKBH5 during in vitro cell experiments

Trophoblast cell line HTR8/SVneo was used to mimic cytotrophoblasts to clarify the function of ALKBH5 during in vitro experiments. CCK8 assay showed RSL3 caused cell death could be inhibited by Fer-1 (ferroptosis inhibitor) and UAMC-3203 (ferroptosis inhibitor), but could not be inhibited by necrosulfonamide (necrosis inhibitor), Z-VAD-FMK (apoptosis inhibitor) or HCQ (autophagy inhibitor) (**Figure 3A**). The corresponding HTR8 images also agree well with the results (**Figure 3B**). Quantification of m<sup>6</sup>A in total RNA showed m<sup>6</sup>A levels were decreased by the induction of RSL3 (**Figure 3C**). Then, qRT-PCR showed ALKBH5 was increased by induction of RSL3 (**Figure 3D**), consistent with western blotting results (**Figure 3E, F**) and Immunofluorescent staining (**Figure 3G**). Taken together, the mode of cell death induced by RSL3 suggested ALKBH5 was upregulated during the process of ferroptosis.

# ALKBH5 attenuated the events leading to ferroptosis



Characteristics of ferroptosis including insufficient antioxidant capacity (Chen et al. 2023) and enhanced glutathione disulphide/glutathione (GSSG/GSH) levels (Zhu et al. 2022). Considering the elevated ALKBH5 in the cytotrophoblasts of patients with RM, we established HTR8 cells overexpressing ALKBH5 (Supplemental Figure 2A-C). CCK8 assay showed higher cells viability after overexpression of ALKBH5 following RSL3 treatment (Figure 4A). Consistent with cells viability, GSSG/GSH ratio decreased after ALKBH5 overexpression (Figure 4B). Moreover, ALKBH5 decreased reactive oxygen species (ROS) levels induced by RSL3, as detected by DCFH-DA fluorescent dye (Figure 4C). Furthermore, MDA level in cells overexpressed ALKBH5 was significantly decreased compared to that in the control group (Figure 4D). Taken together, these results indicate that overexpression of ALKBH5 attenuated the characteristics of ferroptosis.

# FTL is a functional target of ALKBH5 in trophoblast

To further elucidate the ferroptosis-related target gene of ALKBH5, we re-analyzed a published RNA-seq data (Li et al. 2019). A total of 3183 genes were identified to be dysregulated caused by knockdown of ALKBH5 (**Figure 5A**). GO and KEGG enrichment analyses of the differential genes showed that after knockdown of ALKBH5, cell proliferation and cell death related genes sets were dysregulated (**Figure 5B**). The intersection of the differential genes after knockdown ALKBH5 and the FerrDB database showed there were 47 ferroptosis-related genes dysregulated after knockdown of ALKBH5 (**Figure 5C**). GO and KEGG enrichment analyses were performed using the 47 genes (**Figure 5D**). STRING database showed the interactions between genes



involved in ferroptosis (**Figure 5E**). Heat maps of gene expression for the genes involved in ferroptosis (**Figure 5F**). Compared with the differential genes in Figure 1B, we chose FTL as the candidate gene for further research and established HTR8 cells with ALKBH5 knockdown (**Supplemental Figure 2D-F**). Western blotting showed knockdown of ALKBH5 decreased the expression of FTL (**Figure 6A, B**). Consistent with the results of the knockdown experiments, overexpression of ALKBH5 also upregulated the expression of FTL (**Figure 6C, D**). Moreover, RSL3 stimulation upregulated the expression of FTL (**Figure 6E, F**).

# Increased FTL in cytotrophoblasts of patients with RM

For further verification the role of ALKBH5-FTL axis in the pathogenesis of RM, we examined the FTL expression levels in the villous tissues of patients with RM or HC. Western blotting showed FTL was increased in the villi of patients with RM compared with that in HC (**Figure 6G**, **H**). Immunohistochemical staining also confirmed the expression of FTL was increased in the cytotrophoblasts of patients with RM (**Figure 6I-K**). Summing up, the ALKBH5-FTL axis increased in the cytotrophoblasts of patients with RM.

# Discussion

In this study, we found villous samples from patients with RM have higher amount of ALKBH5 and FTL. In vitro experiments revealed that the ferroptosis of HTR-8 was alleviated by ALKBH5 under the induction of RSL3. We further discussed the potential mechanism of m<sup>6</sup>A and ferroptosis



374	in RM. Deciphering the precise and diverse mechanisms in regulating trophoblast cells ferroptosis
375	will offer new insights into RM therapeutic strategy.
376	The pathogenesis of recurrent miscarriage (RM) is complex and unclear, hence, the treatment of
377	RM remains difficult, resulting in mental and physical suffering to patients and families (Farren et
378	al. 2021; Murphy et al. 2012). Despite a great many of researchers make efforts to elucidate the
379	pathogenesis of recurrent miscarriage and seek treatment options, currently, there are still no
380	effective treatments for RM (Dimitriadis et al. 2020). Therefore, further study of pathogenesis and
381	Rephrase pathologies of RM is very necessary. Our study revealed that the iron content in the villous tissue
382	of patients with RM is higher than that of normal individuals with higher ALKBH5 and FTL. Also,
383	ALKBH5 alleviated cell death induced by RSL3 and positively regulated the expression of FTL.  Flow is not smooth. Should rela
384	Together, the study suggests a potential functional role of ALKBH5 in the onset of RM.
385	m <sup>6</sup> A is the most common modification on RNA, involving in the regulation of the splicing,
386	translation, and stability of RNA (Bartosovic et al. 2017). Study have found that m <sup>6</sup> A
387	modifications functionally regulate trophoblast cells functions thus participating in the
388	This is literature review, not discussion.  pathogenesis of trophoblast dysfunctions and even RM. Based on the previously published
389	transcriptome data (Tian et al. 2016) and the quantification of m <sup>6</sup> A in total RNA of villous tissues
390	from patients with RM compared with that in HC, we chose ALKBH5 for further research.
391	ALKBH5 is a m <sup>6</sup> A demethylase, which has been shown to play fundamental roles in the onset and
392	development of reproductive disorders. Higher ALKBH5 levels in the villi of patients with RM
393	Rephrase inhibit the migration and invasion of extravillous trophoblasts (EVTs) by reverse regulating the
394	stability of CYR61 mRNA (Li et al. 2019). Mice experiments showed inhibition of ALKBH5



alleviated preeclampsia-like symptoms through the Wnt/β-catenin pathway (Guo et al. 2022). In
our study, combined the published RNA-seq data of HTR8 cells upon ALKBH5 knockdown, the
published RNA-seq data of patients with RM and HC and the FerrDB database, FTL was identified
as the candidate gene. FTL and ferritin heavy chain (FTH1) constitute ferritin acting as an iron
reservoir responsible for storing and releasing iron (Gatica et al. 2018). Most literatures reported
that overexpression of FTL promoted iron storage therefore inhibiting ferroptosis (Chen et al.
2020; Xie et al. 2016). Consistent with the function of alleviating ferroptosis of overexpressed
ALKBH5. It has been reported the content of Fe <sup>2+</sup> in the implantation site of RM mice was higher
than that in control group (Lai et al. 2024). Consistent with this model, our results showed
enhanced Prussian blue staining in the villous tissues of RM. Collectively, these results suggested
that ferroptosis occurred in RM. Then, we detected increased ALKBH5 and FTL in patients with
RM and the resistant function to ferroptosis of ALKBH5. Finally, we identified the expression of
FTL, a gene regulating the storage of iron, was regulated by ALKBH5. Our results showed that
the ALKBH5-FTL axis was upregulated during ferroptosis in cytotrophoblasts, and resistant to
ferroptosis. However, ALKBH5 and FTL, the genes of resistance to ferroptosis were elevated in
the RM group with ferroptosis aggravated suggesting that the complex biological function of
ALKBH5 remains to be explored. Nevertheless, there are still limitations to the study. The
mechanism of ALKBH5 regulating the expression of FTL and the function of ALKBH5-FTL axis
on the pregnancy outcome are unclear.
Collectively, by comparing the published tissue RNA-seq data, ALKBH5 knockdown HTR8 cells
RNA-seg data, and the the FerrDB database, this study provides new insights into the





416	pathomechanism of RM by exploring the function of ALKBH5. To study whether ALKBH5-FTL
417	has direct effect on pregnancy outcome, MeRIP-seq and in vivo experiments are required. Our
418	study will help to understand the pathogenesis of RM and provide guidance to predict the onset of
419	RM. Furthermore, the ALKBH5-FTL axis may have potential therapeutic value for the treatment
420	of RM.

# **Conclusions**

In conclusion, the study suggested that recurrent miscarriage may result from ferroptosis of cytotrophoblasts. ALKBH5 was increased in the cytotrophoblasts of patients with RM compared with HC. Furthermore, ALKBH5 alleviated the ferroptosis-associated characteristics induced by RSL3. Finally, we confirmed ALKBH5 regulated the expression of FTL in cytotrophoblasts. In summary, elevated ALKBH5 in cytotrophoblasts of patients with RM alleviated ferroptosis through regulation of FTL.

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585	Figure Legends	

Figure 1. Iron accumulation in villous trophoblasts of patients with RM. (A) Prussian blue staining on villous tissues from the patients with RM (N=10) or HC (N = 10). (B) Gene lists from published GSE76862 and the FerrDB database were ranked by fold change. (C) GO and KEGG enrichment analysis performed using genes listed in (B). (D) Network analysis of genes listed in (B) from the String database.

Figure 2. ALKBH5 was increased in the villous tissues from patients with RM. (A) Total m<sup>6</sup>A level of each villous tissue from patients with RM (n = 15) or HC (n = 15). (B) Detection of m<sup>6</sup>A reader, writer, and eraser mRNA by qRT-PCR. (C) qRT-PCR showing that *ALKBH5* was increased in the villous tissues of patients with RM (n = 15) compared with that in HC (N = 15). (D, E) Western blot showing that ALKBH5 was increased in the villous tissues of patients with RM (n = 14) compared with that in HC (N = 14). (F, G, H) Representative immunohistochemical images depicting the expression of ALKBH5 in the villous tissues from patients with RM (n = 10) and HC (n = 10). (CTB, cytotrophoblast; STB, syncytiotrophoblast; \*p < 0.05; \*\*p < 0.01).

Figure 3. RSL3 promoted the expression of ALKBH5. (A) RSL3-induced HTR8 cell death can be rescued by Ferrostatin-1 (Fer-1) and UAMC-3203, but not necrosulfonamide, Z-VAD-FMK and Hydroxychloroquine (HCQ) Sulfate (HCQ). (B) Representative picture of HTR8 cell morphology after 24 h treatment. (C) Quantification of m<sup>6</sup>A in total RNA after RSL3-induced for 24 h. (D) qRT-PCR showing *ALKBH5* was increased after RSL3-induced for 24 h. (E, F) Western



606	blot showing that ALKBH5 was increased after RSL3-induced for 24 h. (G) Immunofluorescent
607	images showing HTR8 cells with ALKBH5 elevated expression after RSL3-induced for 24 h.
608	Experiments were repeated three times. (** $p < 0.01$ ).
609	
610	Figure 4. Characteristics of ferroptosis of HTR8 cells after overexpression of ALKBH5. (A)
611	CCK8 showing overexpression of ALKBH5 alleviated RSL3 induced cell death. (B) GSSG/GSH
612	quantification showing overexpression of ALKBH5 alleviated RSL3 induced GSSG/GSH
613	imbalances. (C) DCFH-DA staining showing overexpression of ALKBH5 alleviated RSL3
614	induced generation of ROS. (D) MDA assay showing overexpression of ALKBH5 alleviated RSL3
615	induced generation of MDA. Experiments were repeated three times. (* $p < 0.05$ ; ** $p < 0.01$ ).
616	
617	Figure 5. The published transcriptomes of knockdown ALKBH5 HTR8 cells and control
618	cells. (A) The volcano plot showing gene expression changes after ALKBH5 knockdown. (B) GO
619	and KEGG enrichment analysis after ALKBH5 knockdown. (C) Venn diagram showing
620	intersection of the differential genes after ALKBH5 knockdown and gene lists from the FerrDB
621	database. (D) GO and KEGG enrichment analysis performed using the 47 genes in (C).
622	(E)Network analysis of Ferroptosis-related genes in (D) from String database. (F) Heat map
623	showing ferroptosis-related genes expression levels.
624	
625	Figure 6. ALKBH5 regulated the expression of FTL. (A, B) Western blot showing that
626	knockdown ALKBH5 reduced FTL protein levels. Experiments were repeated three times. (C, D)





Western blot showing that overexpression of ALKBH5 increased FTL protein levels. Experiments		
were repeated three times. (E, F) Western blot showing that RSL3 increased the expression of		
FTL. Experiments were repeated three times. (G, H) Western blot showing that FTL was increased		
in the villous tissues of patients with RM ( $n = 14$ ) compared with that in HC ( $N = 14$ ). (I, J, K)		
Representative immunohistochemical images depicting the expression of FTL in the villous tissues		
from patients with RM (n = 10) and HC (n = 10). (CTB, cytotrophoblast; STB,		
syncytiotrophoblast; * $p$ < 0.05; ** $p$ < 0.01).		

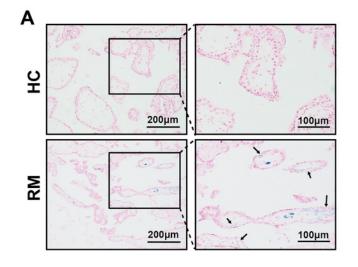


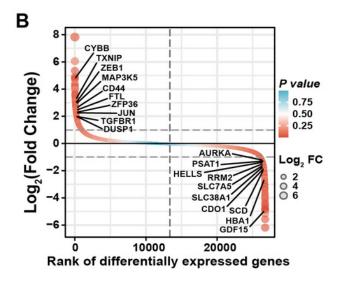
Iron accumulation in villous trophoblasts of patients with RM.

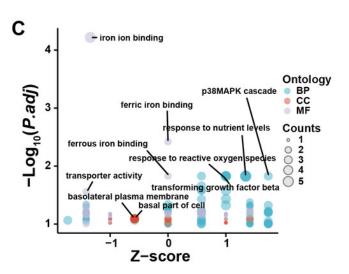
(A) Prussian blue staining on villous tissues from the patients with RM (N=10) or HC (N=10). (B) Gene lists from published GSE76862 and the FerrDB database were ranked by fold change. (C) GO and KEGG enrichment analysis performed using genes listed in (B). (D) Network analysis of genes listed in (B) from the String database.

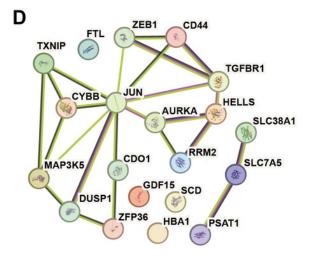


Figure 1





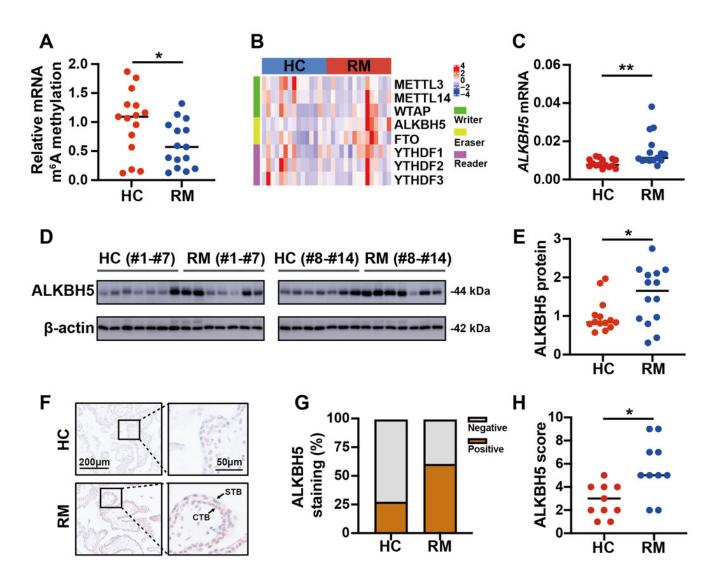




ALKBH5 was increased in the villous tissues from patients with RM.

(A) Total m<sup>6</sup>A level of each villous tissue from patients with RM (n = 15) or HC (n = 15). (B) Detection of m<sup>6</sup>A reader, writer, and eraser mRNA by qRT-PCR. (C) qRT-PCR showing that *ALKBH5* was increased in the villous tissues of patients with RM (n = 15) compared with that in HC (N = 15). (D, E) Western blot showing that ALKBH5 was increased in the villous tissues of patients with RM (n = 14) compared with that in HC (N = 14). (F, G, H) Representative immunohistochemical images depicting the expression of ALKBH5 in the villous tissues from patients with RM (n = 10) and HC (n = 10). (CTB, cytotrophoblast; STB, syncytiotrophoblast; \*p < 0.05; \*\*p < 0.01).

Figure 2

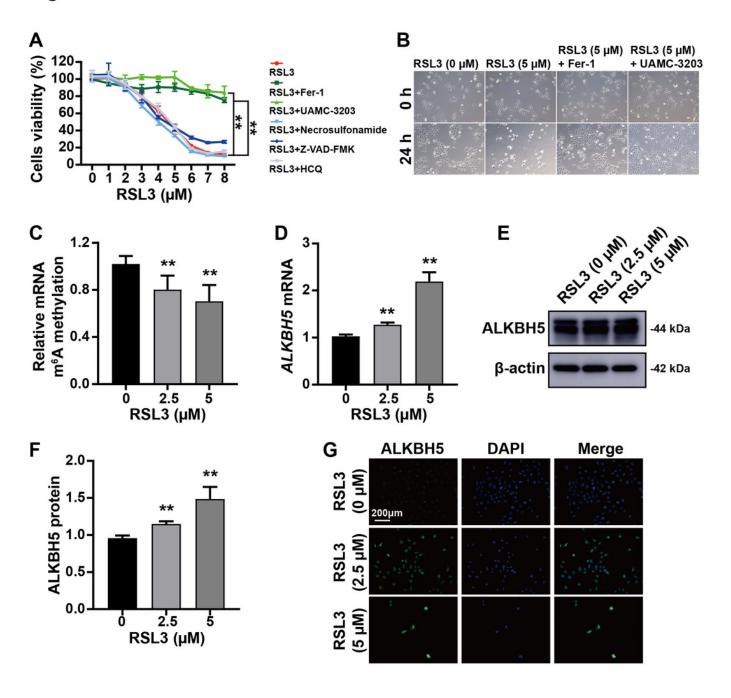




RSL3 promoted the expression of ALKBH5.

(A) RSL3-induced HTR8 cell death can be rescued by Ferrostatin-1 (Fer-1) and UAMC-3203, but not necrosulfonamide, Z-VAD-FMK and Hydroxychloroquine (HCQ) Sulfate (HCQ). (B) Representative picture of HTR8 cell morphology after 24 h treatment. (C) Quantification of  $m^6$ A in total RNA after RSL3-induced for 24 h. (D) qRT-PCR showing *ALKBH5* was increased after RSL3-induced for 24 h. (E, F) Western blot showing that ALKBH5 was increased after RSL3-induced for 24 h. (G) Immunofluorescent images showing HTR8 cells with ALKBH5 elevated expression after RSL3-induced for 24 h. (\*\*p < 0.01).

Figure 3

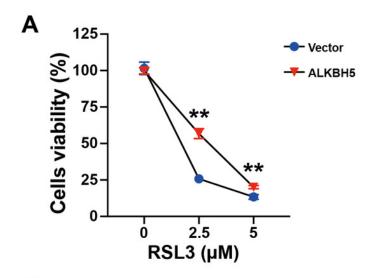


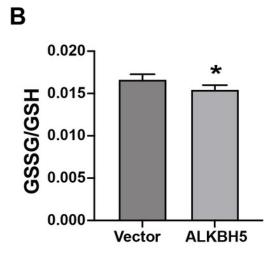


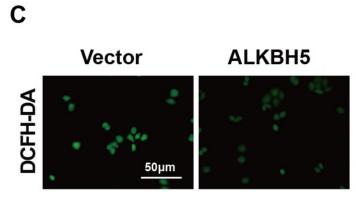
Characteristics of ferroptosis of HTR8 cells after overexpression of ALKBH5.

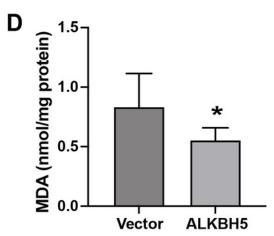
(A) CCK8 showing overexpression of ALKBH5 alleviated RSL3 induced cell death. (B) GSSG/GSH quantification showing overexpression of ALKBH5 alleviated RSL3 induced GSSG/GSH imbalances. (C) DCFH-DA staining showing overexpression of ALKBH5 alleviated RSL3 induced generation of ROS. (D) MDA assay showing overexpression of ALKBH5 alleviated RSL3 induced generation of MDA. (\*p < 0.05; \*\*p < 0.01).

Figure 4









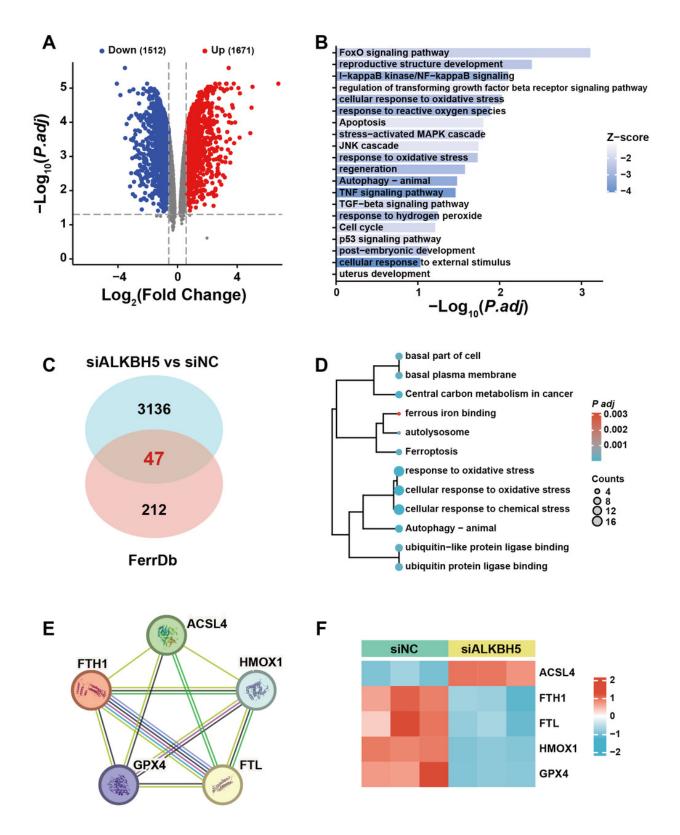


The published transcriptomes of knockdown ALKBH5 HTR8 cells and control cells.

(A) The volcano plot showing gene expression changes after ALKBH5 knockdown. (B) GO and KEGG enrichment analysis after ALKBH5 knockdown. (C) Venn diagram showing intersection of the differential genes after ALKBH5 knockdown and gene lists from the FerrDB database. (D) GO and KEGG enrichment analysis performed using the 47 genes in (C). (E)Network analysis of Ferroptosis-related genes in (D) from String database. (F) Heat map showing ferroptosis-related genes expression levels.



Figure 5





ALKBH5 regulated the expression of FTL.

(A, B) Western blot showing that knockdown ALKBH5 reduced FTL protein levels. (C, D) Western blot showing that overexpression of ALKBH5 increased FTL protein levels. (E, F) Western blot showing that RSL3 increased the expression of FTL. (G, H) Western blot showing that FTL was increased in the villous tissues of patients with RM (n = 14) compared with that in HC (N = 14). (I, J, K) Representative immunohistochemical images depicting the expression of FTL in the villous tissues from patients with RM (n = 10) and HC (n = 10). (CTB, cytotrophoblast; STB, syncytiotrophoblast; \*p < 0.05; \*\*p < 0.01).

Figure 6

