

# Exogenous Hemin enhances the antioxidant defense system of rice by regulating the AsA-GSH cycle under NaCl stress

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Abiotic stress caused by soil salinization remains a major global challenge that threatens and severely impacts worldwide crop growth causing yield reduction. Rice is an important economic crop affected by salt stress. In this study, we aimed to investigate the damage of salt stress on the leaf physiology of two rice varieties (HuanghuaZhan, HHZ and XiangliangYou 900, XLY900) and the regulatory mechanism of Hemin to maintain seedling growth under the imposed stress. Therefore, at the three leave and one heart stage,

leaves were foliar sprayed with 5 μmol·L<sup>-1</sup> Hemin or 25 μmol·L<sup>-1</sup> ZnPP (Zinc protoporphyrin

IX) followed by an imposed salt stress treatment regime (50 mmol·L<sup>-1</sup> sodium chloride (NaCl). The findings revealed that salt stress increased antioxidant enzyme activity and decreased the content of nonenzymatic antioxidants such as ascorbate (AsA) and glutathione (GSH). Furthermore, the content of osmoregulatory substances like soluble proteins and proline was raised. Moreover, salt stress increased reactive oxygen species (ROS) content in leaves of the two assessed varieties of rice. However, spraying with Hemin increased the activities of antioxidants such as superoxide dismutase (SOD), peroxidase (POD) and catalase (CAT) and accelerated AsA-GSH cycling to remove excess ROS. In summary, Hemin reduced the effect of salt stress on the physiological characteristics of rice leaves due to improved antioxidant defense mechanisms that impeded lipid peroxidation. Thus, Hemin was demonstrated to lessen the damage caused by salt stress.

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#### **Abstract**

- 21 Abiotic stress caused by soil salinization remains a major global challenge that threatens and
- severely impacts worldwide crop growth causing yield reduction. Rice is an important economic
- 23 crop affected by salt stress. In this study, we aimed to investigate the damage of salt stress on the
- 24 leaf physiology of two rice varieties (HuanghuaZhan, HHZ and XiangliangYou 900, XLY900)
- and the regulatory mechanism of Hemin to maintain seedling growth under the imposed stress.
- 26 Therefore, at the three leave and one heart stage, leaves were foliar sprayed with 5 μmol·L<sup>-1</sup> Hemin
- or 25 µmol·L<sup>-1</sup> ZnPP (Zinc protoporphyrin IX) followed by an imposed salt stress treatment regime
- 28 (50 mmol·L<sup>-1</sup> sodium chloride (NaCl). The findings revealed that salt stress increased antioxidant
- 29 enzyme activity and decreased the content of nonenzymatic antioxidants such as ascorbate (AsA)
- and glutathione (GSH). Furthermore, the content of osmoregulatory substances like soluble
- 31 proteins and proline was raised. Moreover, salt stress increased reactive oxygen species (ROS)
- 32 content in leaves of the two assessed varieties of rice. However, spraying with Hemin increased
- the activities of antioxidants such as superoxide dismutase (SOD), peroxidase (POD) and catalase
- 34 (CAT) and accelerated AsA-GSH cycling to remove excess ROS. In summary, Hemin reduced the
- 35 effect of salt stress on the physiological characteristics of rice leaves due to improved antioxidant
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- 37 damage caused by salt stress.
- 38 **Keywords:** Hemin, Rice, AsA-GSH cycle, Enzymatic defense system
- 39 Introduction
- 40 In the background of global warming, soil salinization has accelerated due to various factors such
- as seawater back-up, over-exploitation of groundwater and the over development of arable land
- 42 (Alkharabsheh et al., 2021). Saline land accounts for about one-fifth of the cultivated land and
- one-third of the irrigated farmland on the planet, and the area is increasing at an even faster rate
- 44 (Mukhopadhyay et al., 2021). Salinity stress is one of the most widespread and severe abiotic
- 45 stresses globally. It has destructive effects on plant growth and physiological and biochemical
- 46 processes and causes a decrease in grain production. According to current data, the yield loss
- 47 caused by salt stress accounts for about 20% of global yield (Ding et al., 2021).
- 48 With salt stress increasing soil osmotic pressure, plant roots fail to absorb water and nutrients,
- 49 which causes delayed growth and development or even death (Liu et al., 2022). In addition, salt
- 50 stress induces excessive production of reactive oxygen species (ROS) in plant cells. ROS is weakly
- stable and easily causes oxidative stress to cells. The excessive ROS enhances cell membrane lipid
- 52 peroxidation and disrupts membrane system stability, which results in the expansion of cell
- 53 membrane permeability and extravasation of intracellular materials (Seleiman et al., 2020;
- Hasanuzzaman et al., 2020). It has been shown that ROS could break down proteins, damage DNA
- structure and cause lipid peroxidation. (Chandrakar et al., 2017; Lin et al., 2020). This disturbed
- 56 the normal growth and physiological metabolic activities of plants. To avoid ROS accumulation,
- 57 plants use antioxidant enzymes and non-enzymatic antioxidants to scavenge excess ROS (Alisofi
- et al., 2020). Among them, antioxidant enzymes include superoxide dismutase (SOD), peroxidase
- 59 (POD), catalase (CAT), and ascorbate peroxidase (APX). Non-enzymatic antioxidants include
- ascorbic acid and glutathione, which act as co-factors for different enzymes and participate in
- ascorbie and gradumone, which are as co ractors for different enzymes and participate in
- of various metabolic processes (Hasanuzzaman et al., 2020). In addition, plants accumulate
- 62 osmoregulatory substances to maintain the balance of inside and outside cell osmosis. There are
- 63 two categories of osmoregulatory substances: inorganic ions (Na+); and organic substances,
- 64 including proline and soluble proteins (Athar et al., 2022). Under salt stress, plants balance the
- osmotic pressure between the plant and the external environment by conducting selective uptake
- of ions and promoting the accumulation of phase-soluble solutes.
- 67 Rice, a gramineous crop, has a long history of cultivation and consumption in China. The consumer
- demand for rice in China is the most in the world, and more than half of the population eats rice
- as a major food (Huang et al., 2022; Zuo et al., 2022). However, salt stress has become one of the
- 70 major abiotic stresses which limits rice production. Many studies showed that the seedling stage
- vas an essential stage of plant development and was closely related to the later development of
- 72 tillers and spikelets. However, this stage is susceptible to the impact of salt stress (Zeng et al.,
- 73 2001). Therefore, identification of effective avenues to improve the salt tolerance of rice seedlings
- has become a major research focus in recent years.
- 75 Plant growth regulators are a group of synthetic compounds with phytohormonal activity that
- 76 improve the tolerance to abiotic stresses by affecting the expression of endogenous hormones in
- crops. Hemin is a small molecule with a porphyrin structure, consisting of nitrogen atoms on four



pyrrole rings in a porphyrin ligated to a ferrous ion. In recent years, Hemin has been used more 78 frequently in different crops for its natural, non-polluting, low cost, and high safety features. 79 Hemin acts as a substrate and promoter of heme oxygenase 1 (HO-1), an initiator and rate-limiting 80 enzyme for Hemin degradation, and has a specific inhibitor, zinc protoporphyrin (ZnPP). Hemin 81 82 triggered salt acclimation in wheat by increasing HO-1 expression, while ZnPP, an inhibitor, was shown to decreased the salt tolerance of wheat (Xie et al., 2011). Under salt stress, Hemin increased 83 proline and soluble protein content, enhanced antioxidant enzyme activities such as SOD, CAT, 84 and APX, and alleviated oxidative damage in Cassia obtusifolia L (sickle senna) (Zhang et al., 85 2012). In addition, under zinc (Zn), lead (Pb), and chromium (Cr) metal stress, Hemin activated 86 the activities of various antioxidant enzymes (SOD, glutathione reductase (GR), and APX) in rice 87 88 seedlings, improved the content of AsA and GSH, and reduced heavy metal accumulation. At present, only a small number of studies have been conducted on the mitigation of salt stress by 89 Hemin on rice seedings, and based on the mitigation effect of Hemin on stresses such as heavy 90 metal stress of *Medicago sativa* L (alfalfa) (Fu et al., 2011), low-temperature stress of *Conyza blini* 91 (bear gall grass) (Zheng et al., 2021), and salt stress in *Brassica juncea* L (mustard) (Verma et al., 92 2015). Furthermore, spraying plant growth regulators can improve the resistance of rice seedlings 93 during the critical period before transplanting, which is essential for the subsequent transplanting 94 95 of rice seedlings on saline land. Hence, in this study, we used two rice varieties, Huanghuazhan and Xiangliangyou 900, to research the impacts of Hemin on the growth and ROS metabolism 96 (antioxidant enzymes and non-enzymatic antioxidants) of rice seedlings at the three-leaf-one-heart 97 stage under salt stress. This experiment aimed to reveal the mechanism of Hemin in enhancing the 98 salt tolerance of rice, and to provide theoretical basis and technical guidance for the cultivation of 99 100 saline rice.

#### Materials and methods

#### 102 Plant materials

101

- 103 The experiment was carried out in 2022 at Binhai Agricultural College of Guangdong Ocean
- 104 University. To ensure broad coverage by our experimentation, we selected the conventional rice
- variety Huanghuazhan (HHZ) and hybrid rice variety Xiangliangyou900 (XLY900). Hemin was
- provided from Shanghai Changdeduo Agricultural Technology Co., Ltd.

#### 107 **Experiment design**

- Seeds were selected for uniformity of size and color, sterilized with 3% H<sub>2</sub>O<sub>2</sub> for about 15 min,
- and then rinsed 3-5 times with distilled water. These seeds were soaked and germinated for 24
- 110 hours under dark conditions at 30°C. Sixty-five seeds were sown into pots containing 3 kg of test
- soil with 1:3 sand to latosol content. The plastic pot sizes were 19 cm for the upper diameter, 14
- cm for the lower diameter, and 17 cm for the height, without holes at the bottom of the pots.
- 113 Regular water irrigation was performed until the three leaf and one heart stage (about 18 days after
- planting). Rice leaves were foliar sprayed with 5 µmol·L-1 Hemin and 25 µmol·L-1 ZnPP alone or
- in combination, and plants were exposed to 25 mmol·L<sup>-1</sup> NaCl stress twice at two 24 h intervals
- which resulted in the salt concentration in the soil reaching 50 mmol·L<sup>-1</sup> at 48 h after spraying. In
- 117 subsequent experiments, concentrations were maintained by measuring soil conductivity



- 118 (EC=5.0±0.5 dS·m<sup>-1</sup>). Each variety had five treatments: (1) normal water (CK); (2) 50 mmol·L<sup>-1</sup>
- NaCl (S); (3) Hemin + 50 mmol·L<sup>-1</sup> NaCl (SH); (4) ZnPP + 50 mmol·L<sup>-1</sup> NaCl (SZ); and (5)
- Hemin + ZnPP + 50 mmol·L<sup>-1</sup> NaCl (SZH). Each treatment had 25 pots. The plant samples were
- harvested at 3, 5, 7, and 9 d after NaCl stress application for morphological and physiological
- parameter assessment and additional samples were collected for.
- 123 Morphological measurements
- 124 Plant height was measured with a ruler, stem diameter was measured with vernier, shoot fresh and
- dry weight were measured by a caliper electronic analytical balance. The shoots were dried for 30
- 126 min at 105 °C and 72 h at 85 °C.
- 127 Measurement of electrolyte leakage (EL), malonaldehyde (MDA) and Hydrogen peroxide
- 128  $(H_2O_2)$  content
- 129 Electrolyte leakage (EL) was determined as described by Yu et al. (2021). The measurement of
- malonaldehyde (MDA) content was carried out according to the method outlined by Ahmad et al.
- 131 (2016). The frozen leaf sample (0.5g) was extracted in 10 mL phosphate buffer (0.05 mmol·L<sup>-1</sup>
- PBS, pH 7.8) and centrifuged at 6,000 rpm for 20 min. One milliliter of the supernatant was added
- to 2 mL of 0.6% TBA, then boiled at 100 °C for 15 min. The mixture was cooled quickly with cold
- water and centrifuged at 4,000 rpm for 20 min. The absorption value was determined at 450 nm,
- 135 532 nm and 600 nm. The H<sub>2</sub>O<sub>2</sub> content was determined according to the Rasheed et al. (2022).
- 136 More specifically, 0.5 g of the frozen sample was ground into homogenate in 5 mL of TCA and
- centrifuged at 19,000 rpm for 20 min. Five hundred microliters of supernatant was added to 0.5
- mL PBS (10 mmol·L<sup>-1</sup> Ph 7.0) and I mL KI (1 mol·L<sup>-1</sup>), then the reaction mixture was incubated
- at 28 °C for 1 h in the dark. The absorbance values were recorded at 410 nm.
- 140 Histochemical Detection of Hydrogen Peroxide and Superoxide Anion
- 141 The histochemical staining of hydrogen peroxide  $(H_2O_2)$  and superoxide radicle  $(O_2^{-1})$  was
- determined by the methods outlined in Zhang et al. (2009) and Sudhakar et al. (2015), respectively.
- On day three of the stress application, the second leaf of CK, S, SH, SZ and SZH treatments of
- both varieties were sampled and placed in a solution containing nitrogen blue tetrazolium (NBT)
- and 3.3'-diaminobenzidine (DAB) for staining. The leaves were vacuumed and then kept at room
- temperature and dark conditions for 24 h until brown and blue spots appeared, respectively. The
- staining solution was discarded. 95% ethanol was used to extract the chlorophyll by a 80°C water
- bath. Ethanol was added continuously until the leaves became visible and photographed.
- 149 Measurement of the activities of SOD, POD, and CAT
- 150 The frozen leaf samples were extracted in 10 mL PBS (50 mmol·L<sup>-1</sup> pH 7.8) at 4°C, centrifuged at
- 151 12,000 rpm at 4 °C for 20 min. The supernatant was used to determine SOD (EC 1.15.1.1), POD
- 152 (EC 1.11.1.7), and CAT (EC 1.11.1.6) (Habib et al., 2021) activities. SOD activity was carried out
- according to the method by Lu et al. (2022). The supernatant was mixed with 14.5 mmol·L<sup>-1</sup>
- methionine solution, 3 mmol·L<sup>-1</sup> EDTA-Na<sub>2</sub> solution, 60 µmol·L<sup>-1</sup> riboflavin solution, and 2.25
- 155 mmol·L<sup>-1</sup> NBT solution. One unit of SOD activity was defined as the amount of enzyme that would
- inhibit 50% of NBT photoreduction. POD was determined following the method outlined by
- 157 Kenawy et al. (2022). The supernatant was mixed with PBS (pH 6.0), guaiacol, and 30% H<sub>2</sub>O<sub>2</sub>.
- 158 The absorbance was measured at 470 nm. CAT was determined by the decreased absorbance rate



- of H<sub>2</sub>O<sub>2</sub> at 240 nm, as described by Basilio-Apolinar et al. (2021).
- 160 Measurement of AsA-GSH cycle products and substrate content
- 161 The procedure outlined by Costa et al. (2002) and Yan et al. (2021) was followed to measure the
- 162 contents of AsA and total AsA. More specifically, the frozen leaf sample was extracted in 5% TCA
- and centrifuged at 12,000 rpm at 4°C for 15 min. The supernatant was then moved to a calibration
- tube. The supernatant was used to determine the content of AsA and total AsA. For AsA, the
- supernatant was mixed with a reaction solution containing 5% TCA, ethanol, H<sub>3</sub>PO<sub>4</sub>-ethanol, BP-
- ethanol, and FeCl<sub>3</sub>-ethanol. The reaction was carried out at 30°C for 90 min. The absorbance was
- assayed at 534 nm. For total AsA, it was similar to the AsA assay. However, the sample solutions
- were first reacted with dithiothreitol (DTT)-ethanol solution and Na<sub>2</sub>HPO<sub>4</sub>-NaOH solution for 10
- min. Then, 20% TCA was added and mixed with the above reaction solution. The absorbance was
- assayed at 540 nm. Dehydroascorbate (DHA) content was calculated based on the difference
- between total AsA and reduced AsA.
- 172 The glutathione (GSH) and oxidized glutathione (GSSG) content was determined according to the
- method described by Kaya et al. (2023). Namely, 0.5 g frozen sample was ground into homogenate
- in 5mL of 5% metaphosphoric acid and centrifuged at 20,000 x g for 20 min. The supernatant was
- used to determine the content of total glutathione (GSH+GSSG) and oxidized glutathione (GSSG).
- 176 The supernatant was mixed homogeneously with the reaction solution, which contained 5%
- sulfosalicylic acid, 1.84 mol·L<sup>-1</sup> triethanolamine, and was incubated in a 25°C water bath for 1h.
- 178 Then 50 mmol·L<sup>-1</sup> phosphate buffer, 10 mmol·L<sup>-1</sup> NADPH, 12.5 mmol·L<sup>-1</sup> DTNB was added and
- the reaction continued kept warm at 25°C for 10 min, and added 50 U glutathione reductase (GR)
- 180 The absorbance value of (GSH+GSSG) was measured at 412 nm. Besides adding the reaction
- solution, which contained 5% sulfosalicylic acid, 1.84 mol·L<sup>-1</sup> triethanolamine and 2-vinylpyridine
- 182 (2-VP), the subsequent steps were kept consistent with the determination of (GSH+GSSG) content.
- The GSSG absorbance value was measured at 412 nm.
- The GSH content = GSH+GSSG content GSSG content.
- 185 Measurement of the critical enzyme indexes of the AsA-GSH cycle
- 186 0.5 g of the frozen leaf sample was placed in a mortar, ground into a powder with 50 mmol·L<sup>-1</sup>
- sodium phosphate buffer solution (pH7.8), and loaded into a centrifuge tube. The centrifuge tube
- was centrifuged at 12,000 x g for 20 min. The resulting solution was used to measure the levels of
- ascorbate peroxidase (APX) (EC 1.11.1.11), monodehydroascorbate reductase (MDHAR, EC
- 190 1.6.5.4), dehydroascorbate reductase (DHAR, EC 1.8.5.1) and glutathione reductase (GR, EC
- 191 1.6.4.2).
- 192 The APX activity was determined according to the method described by Sharifi et al. (2021). The
- assay mixture contained 0.1 mL of enzyme extract, 2.6 mL EDTA-Na<sub>2</sub> (0.1 mmol·L<sup>-1</sup>), 0.15 mL
- AsA (5 mmol·L<sup>-1</sup>) and 20 mmol·L<sup>-1</sup> H<sub>2</sub>O<sub>2</sub>. The absorbance was assayed at 290 nm. (E=2.8 mM<sup>-1</sup>
- 195 cm<sup>-1</sup>). MDHAR activity was measured using the method described by Hasanuzzaman et al. (2011).
- The reaction mixture consisted of 25 mmol·L<sup>-1</sup> sodium phosphate buffer solution (pH7.8), 7.5
- 197 mmol·L<sup>-1</sup> AsA, 2 mmol·L<sup>-1</sup> NADPH, 50 U AsA oxidase (EC 1.10.3.3), and enzyme extract. The
- absorbance was assayed at 340 nm. (E=6.2 mM<sup>-1</sup> cm<sup>-1</sup>). DHAR activity was determined using the
- method described by Shan and Liu (2017). DHAR was assayed in a mixed solution containing 25



- mmol·L<sup>-1</sup> sodium phosphate buffer solution (pH7.8), 20 mmol·L<sup>-1</sup> GSH, 10 mmol·L<sup>-1</sup> DHA, and 200
- enzyme extract. The absorbance was assayed at 340 nm. (E=14 mM<sup>-1</sup> cm<sup>-1</sup>). GR activity was done 201
- according to Keles and Oncel (2002). GR (EC 1.6.4.2) was assayed in a mixed solution containing 202
- 25 mmol·L<sup>-1</sup> sodium phosphate buffer solution (pH 7.8), 2 mmol·L<sup>-1</sup> EDTA, 10 mmol·L<sup>-1</sup> GSSG, 203
- 24 mmol·L<sup>-1</sup> NADPH, and enzyme extract. The absorbance was assayed at 340 nm. (E=6.2 mM<sup>-1</sup> 204
- cm<sup>-1</sup>). 205

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#### Measurement of soluble protein and proline content

- Soluble protein content was determined according to the method described by Tian et al. (2022). 207
- The absorbance value was measured at 595 nm using Coomassie brilliant blue. Proline content 208
- was carried out according to the method by Liu et al. (2020). The frozen sample (0.5g) was ground 209
- 210 in 5 mL of 3% sulfosalicylic acid and then centrifuged at 3,000 x g for 10 min. Two milliliters of
- the supernatant was added to 2 mL acetic acid and 2 mL acidic ninhydrin, and then incubated in a 211
- water bath at 100 °C for 30 min. After cooling, 4 mL of toluene was added and the absorbance 212
- 213 measured at 520nm.

#### Statistical analysis 214

- The data was analyzed by Microsoft Excel 2019 and SPSS 25.0. The figures were drawn in Origin 215
- 2021. Duncan test (p <0.05) was used to evaluate the difference within treatments, and the 216
- 217 significant differences among different materials were determined.

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#### Result

#### The morphological parameters of rice seedlings 220

- There was significant inhibition of rice growth under NaCl stress, which showed a remarkable 221
- 222 decrease in plant height, stem base width, shoot fresh weight, and shoot dry weight (Table 1 and
- Table 2). From days 3 to 9, in comparison to CK, the plant height, stem diameter, shoot fresh 223
- weight and shoot dry weight of HHZ under NaCl stress significantly decreased by 13.48%-224
- 16.58%, 23.08%-28.95%, 29.67%-32.41% and 21.14%%-23.34% respectively. Similarly, in 225
- XLY900, the above indicators decreased by 10.67%-13.98%, 17.43%-23.08%, 27.24%-30.71% 226
- and 18.22%-22.15% respectively. Exogenous Hemin alleviated the inhibition of rice seedling 227
- 228 growth by NaCl stress (Fig. 1). From days 3 to 9, in comparison to the NaCl treatment, the plant
- height, stem diameter, shoot fresh weight and shoot dry weight of HHZ with SH treatment were 229
- significantly higher by 9.62%-12.38%, 20.00%-32.10%, 18.63%-27.43%, and 11.96%-15.84%, 230
- respectively. Similarly, in XLY900, the above indicators were increased by 5.33%-8.01%, 231
- 15.56%-24.14%, 15.85%-26.58%, and 12.78%-14.26%, respectively. This finding suggested that 232
- the Hemin effectively mitigated the inhibitory effect of NaCl stress on the growth of rice seedlings. 233
- 234 Hemin promoted a higher growth of HHZ seedlings. In contrast to the NaCl treatment, ZnPP
- treatment did not lead to an increase in plant height, stem base width, shoot fresh weight, or shoot 235 dry weight in either assessed rice variety. The addition of Hemin reversed the inhibition caused by 236
- ZnPP and enhanced the growth of rice seedlings. From days 3 to 9, in comparison to the SZ 237
- treatment, the plant height, stem diameter, shoot fresh weight and shoot dry weight of HHZ with 238
- SH treatment were increased by 5.15% 7.16%, 7.59%-12.20%, 9.12%-19.43%, and 8.56%-239



- 240 10.66%, respectively. Similarly, in XLY900, the above indicators increased by 2.54%-4.92%,
- 241 7.78%-15.91%, 9.86%-16.19%, and 6.70%-10.32%, respectively.
- 242 The membrane damage and ROS accumulation in rice seedlings
- 243 Compared to the CK, EL, MDA, and H<sub>2</sub>O<sub>2</sub> contents in two rice varieties gradually increased with
- 244 the increased period of NaCl stress treatment (Fig. 2). Compared to CK, the El of HHZ and
- 245 XLY900 under NaCl stress significantly increased by 16.26%-126.50% and 35.25%-71.98% from
- 246 days 3 through to 9, respectively. After NaCl treatment, there was a significant rise in the MDA
- 247 and H<sub>2</sub>O<sub>2</sub> content of HHZ in the NaCl treatment. This increase ranged from 31.79% to 51.73% for
- MDA and 13.92% to 30.29% for H<sub>2</sub>O<sub>2</sub> during the period from day 3 to 9, as compared to CK. In
- 249 the NaCl treatment of XLY900, the content of MDA and H<sub>2</sub>O<sub>2</sub> was significantly increased by
- 250 22.25%-40.52% and 20.26%-25.09%, compared with CK, from days 3 to 9, respectively. The
- 251 H<sub>2</sub>O<sub>2</sub> and MDA contents of HHZ were higher than that of XLY900 on 9 d after NaCl stress,
- 252 showing that NaCl stress was more harmful to HHZ, which was more sensitive to NaCl stress than
- 253 XLY900.
- 254 Compared with NaCl treatment, spraying Hemin effectively reduced EL and the MDA and H<sub>2</sub>O<sub>2</sub>
- 255 contents of both rice varieties. In contrast to the NaCl treatment, the EL of both HHZ and XLY900
- exhibited a noticeable decrease in the SH treatment, including reductions of 9.64% to 28.20% and
- 257 8.78% to 18.41%, respectively. The MDA and H<sub>2</sub>O<sub>2</sub> content in the SH treatment of HHZ compared
- to the NaCl treatment decreased by 15.20%-20.28% and 11.59%-18.14%, respectively. Similarly,
- in the SH treatment of XLY900, MDA and H<sub>2</sub>O<sub>2</sub> content decreased by 8.30%-16.52% and 5.97%-
- 260 15.72% compared to the NaCl treatment from day 3 to 9, respectively. Electron leakage, MDA,
- and H<sub>2</sub>O<sub>2</sub> remained high in both varieties under ZnPP treatment. Throughout the stress period, the
- 262 SZH treatment led to a reduction in EL, MDA content, and H<sub>2</sub>O<sub>2</sub> content of both HHZ and
- 263 XLY900, when compared to the SZ treatment. On day 3 and 9, compared to SZ treatment, EL of
- 264 HHZ exhibited noticeable decreases of 9.21% and 10.43%, respectively, in SZH treatment. From
- 265 days 3 to 9, compared to SZ treatment, the EL of XLY900 with SZH treatment declined by 6.09%-
- 266 9.01%. From days 3 to 9, compared with SZ treatment, the MDA and H<sub>2</sub>O<sub>2</sub> content were decreased
- 267 by 6.51%-7.15% and 3.51%-10.99% in HHZ with SZH treatment, were reduced by 1.44%-7.71%
- and 1.22%-9.71% in XLY900 with SZH treatment, respectively.
- 269 The histochemical localization of reactive oxygen species in rice leaves
- The distribution of  $H_2O_2$  and superoxide anion  $(O_2)^{-1}$  were localized and expressed visually by
- 271 histochemical localization of HHZ and XLY900 rice leaves. H<sub>2</sub>O<sub>2</sub> was stained with dark brown
- spots and  $O_2$  was stained with dark blue spots (Fig. 3). Compared to CK, dark brown and dark
- blue spots were significantly increased in rice leaves of both varieties under NaCl stress. Compared
- 275 blue spots were significantly increased in free leaves of both varieties under twact sitess. Compared
- 274 to the NaCl treatment, dark brown and dark blue spots on leaves were significantly decreased in
- 275 HHZ and XLY900 with the SH treatment, which indicated that foliar spraying of Hemin could
- potentially reduce the accumulation and distribution of H<sub>2</sub>O<sub>2</sub> and O<sub>2</sub>.-. ZnPP treatment failed to
- lower the accumulation of ROS in the leaves, and dark brown spots and dark blue spots remained
- 278 at a higher abundance. There was a reduced accumulation of ROS with the combination of ZnPP
- and Hemin. Compared to the ZnPP treatment, the number of dark brown spots and dark blue spots
- decreased in HHZ and XLY900 with SZH treatments.



#### 281 The superoxide dismutase, peroxidase and catalase activity in rice seedlings

With the extension of exposure time, the SOD and POD activities in the NaCl treatment of HHZ 282 showed an upward and downward trend, respectively, and CAT activity showed an increased trend 283 compared to CK (Fig. 4). Compared to CK, the SOD, POD, and CAT activities in the NaCl 284 285 treatment of XLY900 showed an upward trend with the prolonged time of NaCl stress. The SOD and POD activities in NaCl treatment of HHZ reached the maximum at 3 d of NaCl stress, which 286 were significantly increased, by 13.82% and 13.64%, respectively. CAT activities increased by 287 11.45%-21.71% from 3 to 9 d of NaCl stress compared to CK. In comparison to CK, the SOD, 288 POD, and CAT activities of XLY900 under NaCl stress increased by 7.30%-26.63%, 6.64%-289 14.26%, and 15.97%-24.76% respectively, from days 3 through to 9. The application of exogenous 290 291 Hemin boosted the SOD, POD, and CAT activities of SH treatment in two rice varieties. Compared to NaCl treatment, the SOD, POD, and CAT activities of HHZ with SH treatment were increased 292 by 4.41%-17.66%, 6.48%-12.67%, and 6.43%-17.33%, respectively, from days 3 through to 9. In 293 comparison to NaCl treatment, the SOD and CAT activities of XLY900 with SH treatment were 294 increased, by 5.53%-27.47% and 10.54%-18.12%, from day 3 to 9, respectively, while POD 295 activity increased by 4.53%-9.20% except for the day 5. Compared with the NaCl treatment, the 296 ZnPP treatment did not enhance the enzyme activity under the stress but lowered the enzyme 297 298 activity. For example, compared to NaCl treatments, on day 3, the CAT activity in SZ treatment of HHZ was significantly decreased by 6.54%; on day 5, the SOD activity in SZ treatment of 299 XLY900 was significantly reduced by 11.12%. The combination with Hemin relieved the adverse 300 effects of ZnPP and improved the above enzyme activities. Compared with the SZ treatment, the 301 SZH treatment of HHZ showed SOD activity increased by 3.10%-13.12% from day 3 through to 302 303 9; POD activity was significantly enhanced by 8.05% on day 9; CAT activity was significantly 304 raised by 11.52% on day 3. Compared with the SZ treatment, the SZH treatment of XLY900 showed SOD activity markedly increased by 15.79% and 22.93% on day 3 and 5, respectively; 305 POD activity significantly enhanced by 7.47%-8.07% from day 5 to 9; CAT activity was 306 significantly raised by 13.67% and 12.48% on day 5 and 7, respectively. 307

### The assessment of the non-enzymatic antioxidants of the AsA-GSH cycle in rice leaves in rice

309 leaves

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310 As the period of NaCl stress was extended, the AsA content decreased and the DHA and AsA+DHA content increased in the leaves of HHZ and XLY900 (Fig. 5). From day 5 through to 311 9, compared to CK, the AsA content in the NaCl treatment of HHZ and XLY900 significantly 312 decreased by 2.16%-15.52% and 4.62%-14.26%, respectively. In comparison to CK, the DHA and 313 AsA+DHA content of HHZ under NaCl stress increased by 21.16%-60.17% and 4.47%-34.18%, 314 respectively, for XLY900, the assessed parameters increased by 57.73%-67.58% and 10.39%-315 32.46%, respectively, from day 3 to 9. The application of exogenous Hemin further boosted the 316 As a content and diminished the accumulation of DHA and AsA+DHA. Compared to the NaCl 317 treatment, the AsA content in SH treatment of HHZ and XLY900 significantly increased, by 318 4.63%-15.54% and 5.46%-10.44%, respectively, from day 5 through to 9. In comparison to NaCl 319 treatment, the DHA and AsA+DHA content in SH treatment of HHZ decreased by 15.53%-30.23% 320

and 5.06%-19.87%, respectively, from day 3 to 9; for XLY900, the assessed parameters decreased



by 19.87%-29.67% and 5.43%-12.57%. Under NaCl stress, ZnPP treatment mainly raised DHA 322 and AsA+DHA contents in the leaves of the two assessed rice varieties. In comparison to the salt 323 stress treatment samples, on day 7, the DHA and AsA+DHA content in the SZ treatment of HHZ 324 were significantly increased by 15.00% and 8.49%; on day 9, the DHA content in the SZ treatment 325 326 of XLY900 was significantly increased by 8.00%. In the combination of ZnPP and Hemin, the AsA content was higher, and the DHA and AsA+DHA contents were lower in both rice varieties 327 compared to the ZnPP treatment. In comparison to SZ treatments, on day 5 and 9, the AsA content 328 in the SZH treatment of HHZ was significantly increased by 11.53% and 3.22%, respectively; on 329 day 5 and 7, the AsA content in the SZ treatment of XLY900 was significantly increased by 7.15% 330 and 9.09%, respectively. In comparison to SZ treatment, the DHA and AsA+DHA content in SZH 331 treatment of HHZ decreased by 12.39%-26.77% and 2.81%-14.35% from day 3 to 9, respectively. 332 Similarly, the assessed parameters of XLY900 decreased by 8.08%-16.27% and 1.72%-7.34%, 333 respectively. 334 It can be seen from Fig. 6 that, with the extension of the period of stress, the contents of GSH and 335 GSH+GSSG in NaCl treatment leaves of both HHZ and XLY900 decreased; GSSG in NaCl 336 treatment leaves of both HHZ and XLY900 increased. On day 3, 5, and 9, and compared to the 337 CK, the GSH content in the NaCl treatment of HHZ significantly decreased 5.83%, 8.27% and 338 339 2.28%, respectively; in XLY900, the GSH content significantly decreased 3.49%, 7.17% and 8.68%, respectively. From days 3 to 9, and when compared to the control, the GSSG content in 340 the NaCl treatment of HHZ and XLY900 significantly increased by 7.25%-22.36% and 8.20%-341 342 16.87%, respectively. On day 3, and day 5, compared to CK, the GSH+GSSG content in the NaCl treatment of HHZ significantly decreased 4.63% and 6.96%, respectively. On day 5 and day 9 in 343 XLY900, the GSH content significantly decreased 5.22% and 6.93%, respectively. The Hemin 344 345 further boosted the content of GSH and GSH+GSSG and reduced the accumulation of DHA. Compared to the NaCl treatment, the GSH content in SH treatment of HHZ and XLY900 346 increased, by 1.96%-14.31% and 3.60%-8.69% from day 5 through to 9, respectively. In 347 comparison to NaCl treatment, the GSSG content in SH treatment of HHZ and decreased by 348 8.57%-22.36% and 5.74%-6.35% from day 3 to 9, respectively. Under NaCl stress, ZnPP treatment 349 mainly raised GSSG content in the leaves. In comparison to NaCl treatments, on day 3 and day 7, 350 351 the GSSG content in the SZ treatment of XLY900 were significantly increased by 4.71% and 8.34%. In the combination of ZnPP and Hemin, the GSH and GSH+GSSG content were higher, 352 and the GSSG content was lower in both rice varieties compared to the ZnPP treatment. Compared 353 to the SZ treatment, the GSH content in SZH treatment of HHZ and XLY900 increased, by 1.77%-354 10.55% and 1.80%-8.16% from day 3 through to 9, respectively. Compared to the SZ treatment, 355 the GSSG content in SZH treatment of HHZ and XLY900 decreased, by 4.90%-5.82% and 6.71%-356 357 8.33% from day 3 through to 9, respectively. In comparison to SZ treatments, on day 3, 5 and 7, the GSSG content in the SZH treatment of HHZ were significantly increased by 4.90%, 9.11% 358 and 3.22%, respectively, on day 3 and 9, the GSSG content in the SZH treatment of XLY900 was 359 significantly increased by 6.41% and 4.34%, respectively. 360 The AsA-GSH cycle enzymatic activities in rice leaves 361

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As shown in Figure 7, APX, MDHAR, DHAR, and GR activities were increased along with the



period of stress treatment. Compared with CK, during the stress period, the activities of the above 363 four enzymes in the NaCl treatment of HHZ were markedly enhanced by 11.00%-18.88%, 364 14.95%-54.23%, 23.19%-56.82% and 12.22%-27.96% respectively. Similarly, in XLY900, the 365 assessed parameters were significantly increased 18.82%-21.21%, 29.84%-51.15%, 19.62%-366 367 46.87% and 10.48%-13.56%, respectively. The use of Hemin further improved the activity of APX, MDHAR, DHAR, and DHAR. Compared with NaCl treatment, from day 3 to 9, the activities 368 of APX, MDHAR, DHAR, and GR in the SH treatment of HHZ were enhanced by 15.18%-369 25.33%, 19.95%-58.63%, 7.10%-33.25% and 8.65%-14.11%, while in SH treatment of XLY900 370 were increased 17.76%-26.90%, 11.84%-50.44%, 15.92%-24.11% and 7.47%-12.26%, 371 respectively. However, with the use of ZnPP the activity of APX, MDHAR, DHAR, and GR was 372 373 diminished. On day 3, in comparison to NaCl treatment, the APX activity of HHZ in SZ treatment was significantly decreased by 17.03%. On day 9, in comparison to CK, the GR activity of HHZ 374 and XLY900 in SZ treatment was significantly decreased, by 7.14% and 6.46%, respectively. The 375 combination of ZnPP with Hemin increased the above enzyme activities. In HHZ with SZH 376 treatment, compared with SZ treatment, the APX activity was significantly increased by 11.41% 377 and 21.15% on day 3 and day 7, respectively; the MDHAR activity was markedly increased by 378 21.78%-38.70%, from day 3 to 9; the DHAR activity was dramatically increased by 9.98%-379 380 29.65%, from day 3 to 7; the GR activity was remarkably increased by 13.47%, and 8.81%, on day 7, and day 9, respectively. In XLY900 with SZH treatment, compared with SZ treatment, the APX 381 activity significantly increased by 21.60% and 29.99% on day 5 and day 9, respectively. Similarly, 382 The MDHAR activity was markedly increased by 32.81% and 20.13% on day 5, and day 7, 383 respectively. The DHAR activity was dramatically increased by 14.37%-16.89%, from day 5 to 9. 384 The GR activity was remarkably increased by 7.18%-9.02%, from day 5 to 9. 385

#### 386 The content of osmoregulatory substances in rice leaves

The applied salt stress caused a significant increase in proline content in the leaves of HHZ and 387 XLY900 (Fig. 8 a and b). Compared to CK, the proline content of HHZ under NaCl stress was 388 significantly increased by 34.95%-65.34%, from days 3 to 9. From days 3 to 9, compared to CK, 389 the proline content of XLY900 with NaCl treatment dramatically increased by 18.95%-54.16%. 390 391 Under NaCl stress, the proline content increased to a greater degree in HHZ than in XLY900. 392 Hemin treatment further enhanced the proline content in the leaves of the two assessed rice varieties. Compared to NaCl treatment, the proline content of HHZ and XLY900 with SH 393 treatment significantly increased by 8.38%-27.10%, and 15.02%-24.35%, respectively, from days 394 3 to 9. Proline content of rice leaves was not elevated by ZnPP treatment. For example, on day 3, 395 compared to NaCl treatment, the proline content of XLY900 with SZ treatment decreased by 396 8.64%. In combination with ZnPP and Hemin, the proline content was enhanced. Compared to SZ 397 398 treatment, the proline content of HHZ with SZH treatment had a maximum increase of 26.87% on day 9, and XLY900 with SZH treatment had a maximum increase of 26.51% on day 7. The soluble 399 protein content of HHZ markedly increased in the early stage (3 d) and then decreased in the later 400 stage (5-9 d) compared with CK under NaCl stress (Fig. 8 c and d). The soluble protein content in 401 XLY900 increased during the stress period with the difference reaching significant levels at all 402 four-time points. The foliar application of Hemin enhanced soluble protein content in the leaves 403



of two rice varieties. Compared with the salt stress treatment, soluble protein content noticeably increased by 2.75%, in SH treatment of HHZ, on day 9, while significantly elevated by 3.93%, and 1.17%, respectively in XLY900. Spraying ZnPP did not increase soluble protein content. For example, compared with NaCl treatment, soluble protein content significantly decreased by 3.20%, in SH treatment of HHZ, on day 3. When ZnPP was combined with Hemin, soluble protein content was enhanced. For example, on day 3, soluble protein content was increased by 3.02% and 3.21%, respectively, of HHZ and XLY900 in SZH treatment.

#### Discussion

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Globally, salt stress is the most prevalent abiotic stress that limits crop growth and development. 412 413 Research has shown that salt stress impedes the growth of several crops, such as wheat (Ashraf et al., 2023), sorghum (Liu et al., 2023), and soybean (Feng et al., 2021). Excessive salt interferes 414 with normal biological and physiological processes to negatively impact plant growth (Talubaghi 415 et al., 2022), such as reduced plant height, narrowed stem base width and diminished biomass. The 416 results obtain from the experimentation performed in this study was similar to those results 417 reported previously by other. More specifically, under salt stress, the seedling growth of both HHZ 418 and XLY900 was significantly inhibited, and all the morphological indexes were decreased (Table 419 420 1 and Table 2). Foliar spraying of Hemin positively regulated various morphological indicators and promoted aboveground growth and biomass accumulation in rice seedlings. Liu et al. (2021) 421 showed that Hemin improved the growth of maize seedlings and increased biomass accumulation 422 under drought stress. Furthermore, Hemin degraded in plants to produce CO, which alleviated the 423 inhibition of wheat growth by NaCl stress (Ling et al., 2009). Exogenous ZnPP was unable to 424 promote rice growth under salt stress in this study, which was consistent with the research of Cao 425 426 et al. (2011). ROS can be used at low concentrations as a secondary messenger or signaling molecule (Antoniou 427 et al., 2016). Plants generate and remove ROS in dynamic balances under normal growth 428 conditions. Under abiotic stress conditions, ROS levels surge, which in large quantities is 429 destructive, leading to changes in the structure of DNA, proteins and enzymes, ultimately resulting 430 in programmed cell death (Gill and Tuteja 2010; Singh et al., 2019). MDA is one of the membrane 431 432 lipid peroxidation products whose content can reflect the level of ROS and the degree of membrane lipid peroxidation. EL can evaluate cell membrane permeability. The higher EL value indicates 433 the greater the degree of damage to the cell membrane. (Ben Youssef et al., 2021). In this 434 experiment, the findings showed that salt stress caused higher leaf EL, increased MDA and H<sub>2</sub>O<sub>2</sub> 435 contents in two rice varieties and that the results were positively correlated with stress duration 436 (Fig. 2). Compared with XLY900, HHZ had a much stronger increase in the above three indexes, 437 438 indicating that HHZ was more sensitive to the imposed stress. This was similar to the findings of a previous study (Chen et al., 2022). The localization of  $H_2O_2$  and  $O_2$  in leaves was measured by 439 histochemical methods. Salt stress induced the accumulation of H<sub>2</sub>O<sub>2</sub> and O<sub>2</sub>. in the leaves of 440 HHZ and XLY900 compared with CK (Fig. 3). This is in conformity with the findings of Jabeen 441 et al. (2020) who worked on cultivated rice under salt stress. Hemin has the ability to mitigate the 442 damage caused by stress in plants, reducing ROS accumulation, MDA content and cell membrane 443



permeability (Chen et al., 2009; Cui et al., 2012). The results of this experiment were in agreement 444 with these previous findings. Foliar spraying of Hemin effectively diminished EL levels, H<sub>2</sub>O<sub>2</sub> and 445 MDA content (Fig. 2), reduced H<sub>2</sub>O<sub>2</sub> and O<sub>2</sub> - accumulation (Fig. 3), and alleviated the damage of 446 salt stress to the cell membranes. Exogenous ZnPP could not scavenge excess ROS and maintain 447 448 cell membrane stability. When ZnPP was combined with Hemin, it scavenged part of the ROS and alleviated oxidative damage, this finding is in agreement with the findings reported previously by 449 Zhang et al. (2012). 450 Facing stress, plants activate antioxidant defense systems to minimize damage caused by oxidative 451 stress. Among them, antioxidant enzymes mainly include SOD, CAT, and POD. SOD represents 452 the first barrier for plants to resist ROS damage caused by abiotic stresses and catalyzes the 453 transformation of O<sub>2</sub>. to O<sub>2</sub> (Karuppanapandian and Kim 2013). CAT eliminates H<sub>2</sub>O<sub>2</sub> with 454 minimal energy consumption and very high conversion rates for large-scale scavenging of ROS 455 (Zamocky et al., 2012). POD has a strong affinity for H<sub>2</sub>O<sub>2</sub> and is used for the fine tuning 456 modulation of H<sub>2</sub>O<sub>2</sub> (Abogadallah 2010). In this study, compared with CK, SOD and POD 457 activities of NaCl treatment in HHZ was firstly increased and then decreased, and CAT activity 458 was increased (Fig. 4 a, c and e); but SOD, POD and CAT activities of NaCl treatment in XLY900 459 showed an upward trend with stress duration. (Fig. 4 b, d and f). This indicates that in the short 460 461 term of salt stress, rice eliminates ROS by increasing the activity of antioxidant enzymes; in the long term of salt stress, rice accumulates more ROS, which cannot be scavenged in time by 462 antioxidant enzymes. The results obtain from the experimentation performed in this study was 463 similar to those results reported previously by others (Vaidyanathan et al., 2003; Seckin et al., 464 2009 and Kumari et al., 2023). Foliar spraying of Hemin enhanced SOD, POD and CAT activities 465 in leaves of the two rice varieties under assessment when exposed to salt stress (Fig. 4). This 466 467 demonstrates that exogenous Hemin stimulates the antioxidant enzyme system in rice and facilitates the increase of enzyme activity, which avoids oxidative damage and ensures normal 468 plant growth. The inhibitor ZnPP was unable to increase the activities of antioxidant enzymes or 469 even inhibited them. ZnPP combined with Hemin mitigated the inhibitory effect caused by ZnPP, 470 with improved SOD, POD and CAT activities (Fig. 4). Based on a previous study (Zhang et al., 471 2012), it is hypothesized that Hemin enhances antioxidant enzyme activity in rice leaves by 472 473 promoting HO expression and thereby increasing the antioxidant enzyme activity, while ZnPP acts as an inhibitor of HO hindering its expression which restricts the increase in antioxidant enzyme 474 475 activity. The AsA-GSH cycle is an essential ROS scavenging mechanism, and mainly consists of the 476 antioxidant enzymes APX, MDHAR, DHAR, and GR and the nonenzymatic antioxidants AsA and 477 GSH, which can alleviate the oxidative damage caused by salt stress (Wang et al., 2022). As part 478 479 of the cycling process: AsA is catalyzed by APX, which converts H<sub>2</sub>O<sub>2</sub> to H<sub>2</sub>O and is oxidized to MDHA. MDHA is converted to AsA by reduction-oxidation reaction with MDHAR or to DHA 480 by a non-enzymatic disproportionation reaction. DHAR catalyzes DHA and GSH to produce AsA 481 and GSSG, while GSSG can be restored to GSH by GR (Nahar et al., 2015; Tan et al., 2022), AsA 482 and GSH act as nonenzymatic antioxidants and assist other antioxidant enzymes in scavenging 483 ROS. In this study, salt stress decreased AsA content and increased DHA and AsA+DHA content 484



in rice leaves (Fig. 5), indicating that APX activity enhancement decreased the AsA content. Foliar 485 spraying of Hemin significantly improved AsA content and diminished DHA and AsA+DHA 486 content. This finding suggests that the increase in MDHAR and DHAR activities causes an 487 increase in AsA content and a decrease in DHA content. Under salt stress, GSH and GSH+GSSG 488 489 content decreased, and GSSG content increased, while exogenous Hemin treatment increased GSH and GSH+GSSG content and decreased GSSG content in rice leaves (Fig. 6). This shows that the 490 enhanced GR activity facilitated the conversion of GSSG to GSH and maintained a high level of 491 reduction state GSH, which was in agreement with the research of Piao et al. (2022). These 492 indicated that Hemin improved cellular reduction ability at a high level, which resisted oxidative 493 damage. In addition, in this experiment, salt stress increased APX, MDHAR, DHAR, and GR 494 495 activities in two rice varieties compared with the control (Fig. 7). It indicated that salinity stress increased the H<sub>2</sub>O<sub>2</sub> content of rice leaves, which prompted APX to accelerate the scavenging of 496 H<sub>2</sub>O<sub>2</sub>; while the increased activities of MDHAR, DHAR and GR were beneficial to the resistance 497 of a leaf to oxidative damage, which was a stress response to excess H<sub>2</sub>O<sub>2</sub>. Foliar spraying of 498 Hemin further induced the activities of APX, MDHAR, DHAR, and GR (Fig. 7). Previous studies 499 have suggested that this might be possible by upregulating the transcription of genes for enzymes 500 related to the metabolism of the degradation products CO and GSH, which could increase the 501 502 enzyme activity to help plants mitigate the oxidative damage caused by the stresses (Zhang et al., 2016). ZnPP cannot be degraded to CO<sub>2</sub> in plants and reduces endogenous CO<sub>2</sub> production by 503 blocking HO expression; thus, could not enhance the activities of MDHAR, DHAR, and GR under 504 salt stress. Moreover, Hemin induced HO gene expression and enhanced gene expression of critical 505 enzymes in the AsA-GSH cycle, while ZnPP prevented HO expression and even strengthened the 506 inhibitory effect of NaCl stress on the AsA-GSH cycle in rice seedlings (Cui et al., 2012). These 507 508 results reflect that Hemin improved the efficiency of ROS scavenging in rice leaves, which maintained cell membrane stability and enhanced the resistance of rice. 509 Although saline soils contain water, plants cannot absorb the water, mainly because the soil has a 510 high level of ions that increase the osmotic pressure of the external environment, which prevents 511 plant cells from absorbing water or even leads to the loss of water from plant root cells. Therefore, 512 plants ensure water absorption by increasing osmoregulatory substances and decreasing the 513 514 difference in osmotic potential between the inside and outside cells. The important osmoregulatory substances, soluble proteins, and proline have different physiological functions in maintaining 515 osmotic balance in plants. Soluble proteins can help the bound water in plant cells and maintain 516 the stability of the cell structure (Hao et al., 2021). Proline is a potential non-enzymatic antioxidant 517 that functions as a scavenger of single-linear oxygen molecules and hydroxyl radicals; thus, proline 518 prevents lipid peroxidation of cell membranes and avoids exposure of plants to ROS-induced 519 520 oxidative damage (Szabados and Savoure 2010). In this study, we found that with the increase of NaCl stress exposure, soluble protein content initially increased and then decreased in HHZ, while 521 it continuously increased in XLY900 (Fig. 7). A previous study has shown that salt stress disrupts 522 the protein synthesis pathway at later stages, accelerating its catabolism, generating large amounts 523 of amino acids, and ultimately reducing protein content (Alisofi et al., 2020). This could be the 524 reason for the decrease in soluble protein content in HHZ leaves. The soluble protein content in 525



XLY900 leaves was enhanced to relieve the difference in osmotic potential. The two rice varieties 526 exposed to salt stress had significantly increased proline content. Compared with XLY900, salt 527 stress caused HHZ to produce much more proline (Fig. 8 c and d). This was similar to the results 528 of Gao et al. (2016), in which salt-sensitive varieties had high proline content in content when 529 530 exposed to stress. Foliar spraying of Hemin promoted the accumulation of osmoregulatory substances in rice leaves, which significantly increased soluble protein and proline contents. 531 However, in the ZnPP treatment, the content of osmoregulatory substances was reduced instead of 532 increased. Similar results were reported by Zhao et al. (2022). Together, these results indicate 533 indicates that Hemin induces a large accumulation of proline and soluble proteins, which is 534 beneficial for the absorption of water and the maintenance of cellular osmotic pressure in rice 535 536 leaves under salt stress.

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#### **Conclusions**

During the seedling stage, the activity of antioxidant enzymes and the contents of non-enzymatic 539 antioxidants initially rose in response to salt stress. This response effectively countered the 540 accumulation of reactive oxygen species (ROS) induced by the stress. However, with prolonged 541 542 exposure to stress, the enzyme activity continued to increase while the content of the antioxidants decreased, failing to adequately alleviate the stress in a timely manner. The accumulated ROS and 543 544 membrane lipid peroxides exacerbated the damage caused by the imposed stress, eventually leading to a decrease in growth. The application of Hemin through foliar treatment additionally 545 enhanced the antioxidant enzymes activity and elevated the non-enzymatic antioxidants contents, 546 which contributed to an overall improvement in the antioxidant capacity of rice, resulting in a 547 548 reduction of membrane lipid peroxidation. The consistent functionality of the AsA-GSH cycle was ensured, consequently enhancing the resistance of rice to the imposed stress. 549

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#### **Competing interest**

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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#### **Author Contributions**

Fengyan Meng conceived and designed the study performed the experiments, analyzed the data,



- authored or reviewed drafts of the article, interpreted the results and improve manuscript, and
- approved the final draft.
- Naijie Feng conceived and designed the experiment performed the experiments, authored or
- reviewed drafts of the article, and approved the final draft.
- 567 Dianfeng Zheng analyzed the data, authored or reviewed drafts of the article, and approved the
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- Meiling Liu carried out experiments, prepared figures and/or tables, and approved
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- 574 Xixin Huang analyzed the data, prepared figures and/or tables, and approved the final
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- Anqi Huang analyzed the data, prepared figures and/or tables, and approved the final draft.

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### Table 1(on next page)

Effects of exogenous Hemin on the morphological indexes of rice seedlings under NaCl stress

Notes: Data in this table is mean±standard error of at least three replicates. According to Duncan's multiple range tests, different letters indicate significant difference at the five percent significant level Within each column.

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- **1 Table 1**
- 2 Effects of exogenous Hemin on the morphological indexes of rice seedlings under NaCl
- 3 stress

morphological	Varieties	Treatments	NaCl stress time (d)			
indexes			3	5	7	9
Plant height (cm)	HHZ	CK	31.67±0.20a	32.63±0.19a	33.57±0.07a	33.63±0.09a
		S	27.13±0.71c	27.93±0.13d	28.00±0.00d	29.10±0.21d
		SH	29.83±0.19b	30.97±0.17b	31.47±0.03b	31.90±0.15b
		SZ	27.00±1.00c	27.63±0.57d	27.90±0.57d	28.50±0.32d
		SZH	28.93±0.03b	29.57±0.03c	29.80±0.30c	29.97±0.09c
	XLY900	CK	32.90±0.31a	33.43±0.18a	33.80±0.46a	$34.67 \pm 0.03a$
		S	28.30±0.06d	29.40±0.12d	29.70±0.06d	30.97±0.27d
		SH	30.57±0.03b	30.97±0.23b	31.33±0.18b	33.17±0.33b
		SZ	28.33±0.03d	29.50±0.06d	29.50±0.06d	30.50±0.06d
		SZH	29.10±0.10c	30.25±0.14c	30.53±0.03c	$32.00\pm0.00c$
Stem diameter	HHZ	CK	3.27±0.06a	3.47±0.06a	3.63±0.06a	3.80±0.10a
(mm)		S	2.43±0.00d	2.67±0.12d	$2.63\pm0.06d$	2.70±0.12d
		SH	$3.07 \pm 0.06b$	$3.20\pm0.00b$	$3.40\pm0.00b$	$3.57 \pm 0.06b$
		SZ	2.63±0.15d	2.67±0.12d	$2.73\pm0.06d$	2.87±0.21d
		SZH	2.83±0.06c	2.93±0.06c	3.07±0.06c	$3.20\pm0.00c$
	XLY900	CK	3.53±0.03a	3.63±0.03a	3.77±0.03a	$3.90\pm0.00a$
		S	2.87±0.03d	3.00±0.00d	2.90±0.06d	3.00±0.00d
		SH	3.37±0.03b	3.47±0.09b	$3.60\pm0.00b$	$3.63\pm0.03b$
		SZ	2.93±0.07d	3.00±0.06d	2.93±0.03d	$3.10\pm0.06d$
		SZH	3.20±0.00c	3.23±0.03c	3.40±0.00c	3.47±0.03c

- 4 Notes: Data in this table is mean  $\pm$  standard error of at least three replicates. According to Duncan's
- 5 multiple range tests, different letters indicate significant difference at the five percent significant
- 6 level Within each column.

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### Table 2(on next page)

Effects of exogenous Hemin on the biomass of rice seedlings under NaCl stress

Notes: Data in this table is mean±standard error of at least three replicates. According to Duncan's multiple range tests, different letters indicate significant difference at the five percent significant level Within each column.



Table 2
Effects of exogenous Hemin on the biomass of rice seedlings under NaCl stress

morphological	Varieties	Treatments	NaCl stress time (d)				
indexes			3	5	7	9	
Shoot fresh weight (g)	HHZ XLY900	CK	0.4771±0.0060a	0.4742±0.0109a	0.4829±0.0009a	0.5147±0.0041a	
		S	0.3225±0.0092d	0.3335±0.0025d	0.3467±0.0043d	$0.3617 \pm 0.0007 d$	
		SH	0.4109±0.0094b	0.3956±0.0029b	$0.4270 \pm 0.0043b$	$0.4430 \pm 0.0029 b$	
		SZ	0.3169±0.0032d	0.3399±0.0056d	$0.3398 \pm 0.0024d$	$0.3610\pm0.0091d$	
		SZH	0.3557±0.0109c	0.3709±0.0040c	$0.4058 \pm 0.0018c$	$0.4180 \pm 0.0068c$	
		CK	0.5147±0.0021a	0.5110±0.0262a	$0.5225 \pm 0.0053a$	$0.5477 \pm 0.0098a$	
		S	0.3566±0.0101d	0.3577±0.0068c	0.3718±0.0051c	$0.3985 \pm 0.0014d$	
		SH	$0.4385 \pm 0.0076b$	0.4528±0.0195b	$0.4546 \pm 0.0318b$	$0.4617 \pm 0.0160 b$	
		SZ	0.3623±0.0033d	0.3602±0.0220c	$0.3732 \pm 0.0132c$	$0.3923\pm0.0094d$	
		SZH	0.4034±0.0057c	$0.4185 \pm 0.0088b$	$0.4260 \pm 0.0016b$	0.4310±0.0025c	
Shoot dry weight (g)	HHZ	CK	0.0938±0.0014a	$0.0966 \pm 0.0022a$	$0.1004\pm0.0007a$	$0.1016\pm0.0015a$	
		S	$0.0740\pm0.0023c$	$0.0761\pm0.0025c$	$0.0770 \pm 0.0007c$	$0.0783 \pm 0.0013d$	
		SH	$0.0840\pm0.0012b$	$0.0852 \pm 0.0013b$	$0.0870 \pm 0.0015b$	0.0907±0.0013b	
		SZ	0.0725±0.0024c	$0.0751\pm0.0004c$	$0.0767 \pm 0.0014c$	0.0779±0.0011d	
		SZH	$0.0824 \pm 0.0006b$	0.0831±0.0015b	$0.0841 \pm 0.0012b$	0.0846±0.0015c	
	XLY900	CK	$0.0933 \pm 0.0023a$	0.1016±0.0017a	$0.1044\pm0.0005a$	$0.1096\pm0.0045a$	
		S	0.0817±0.0017d	$0.0825 \pm 0.0015 d$	$0.0818 \pm 0.0008$ cd	0.0853±0.0000cd	
		SH	0.0933±0.0006b	0.0943±0.0003b	$0.0934 \pm 0.0029b$	$0.0962 \pm 0.0009 b$	
		SZ	0.0804±0.0023d	0.0816±0.0009d	$0.0802 \pm 0.0043 d$	$0.0811 \pm 0.0010d$	
		SZH	0.0876±0.0006c	0.0871±0.0015c	0.0880±0.0000bc	0.0895±0.0006bc	

Notes: Data in this table is mean  $\pm$  standard error of at least three replicates. According to Duncan's

4 multiple range tests, different letters indicate significant difference at the five percent significant

5 level Within each column.

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Figure 1. Effect of Hemin on growth of rice seedlings under NaCl (9 d) in HHZ (a) and XLY900 (b).

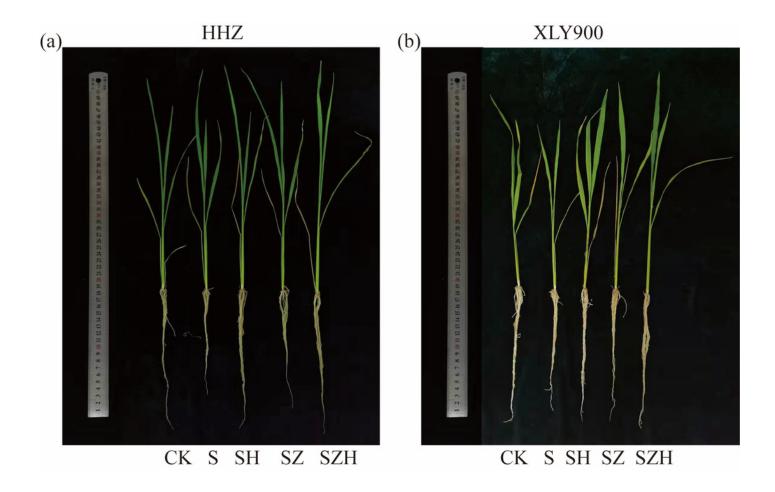




Figure 2. Effect of Hemin on membrane damage and ROS accumulation of rice seedlings under NaCl.

Electrolyte leakage in HHZ (a) and XLY900 (b); MDA in HHZ (c) and XLY900 (d) and  $H_2O_2$  in HHZ (e) and XLY900 (f). Values are the means±SD of three replicate samples. Different letters in the data column indicate significant differences (p<0.05) according to Duncan's test.



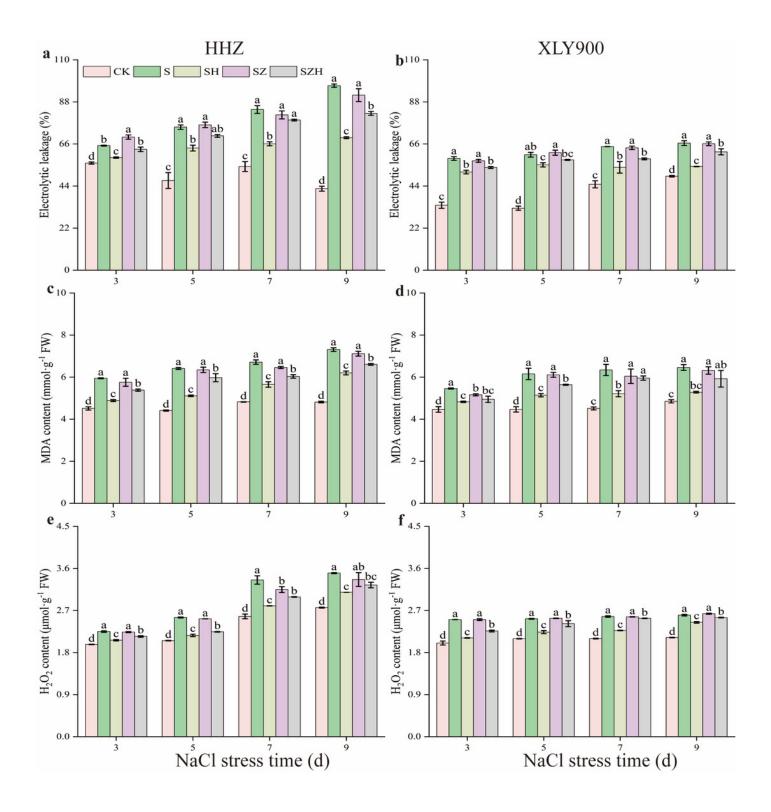


Figure 3. Effect of Hemin on histochemical localization of  $H_2O_2$  and  $O_2$  on rice leaves under NaCl stress (3 d).

 $\rm H_2O_2$  in HHZ (a) and XLY900 (b) and  $\rm O_2$  in HHZ (c) and XLY900 (d).

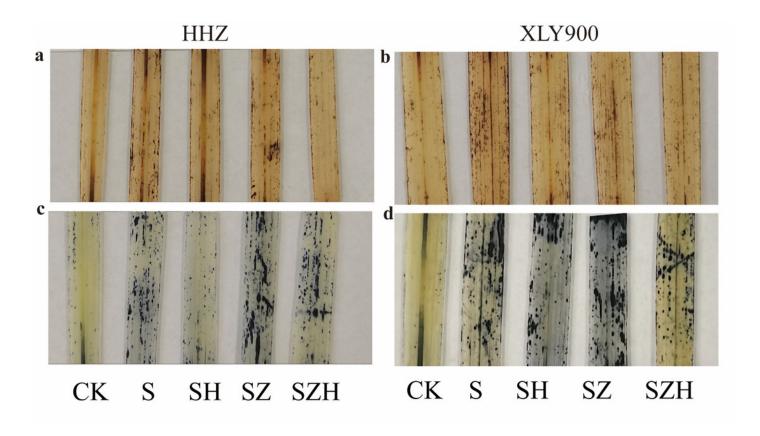




Figure 4. Effect of Hemin on SOD, POD, and CAT activity of rice seedlings under NaCl stress.

SOD in HHZ (a) and XLY900 (b); POD in HHZ (c) and XLY900 (d) and CAT in HHZ (e) and XLY900 (f). Values are the means±SD of three replicate samples. Different letters in the data column indicate significant differences (p<0.05) according to Duncan's test.



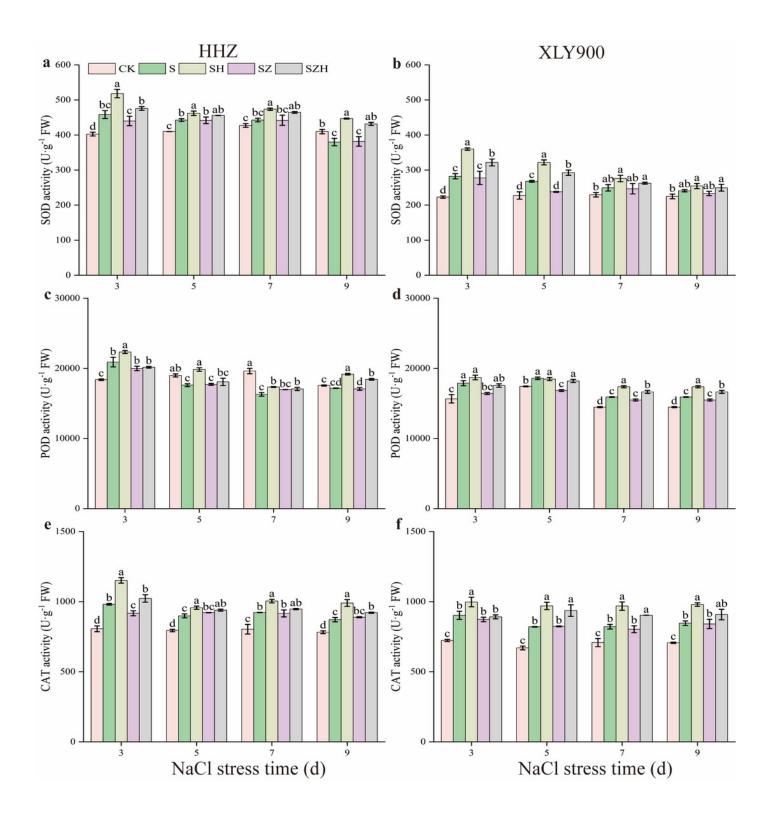




Figure 5. Effect of Hemin on ascorbic acid content of rice seedlings under NaCl stress.

AsA in HHZ (a) and XLY900 (b); DHA in HHZ (c) and XLY900 (d) and AsA+DHA in HHZ (e) and XLY900 (f). Values are the means±SD of three replicate samples. Different letters in the data column indicate significant differences (p<0.05) according to Duncan's test.



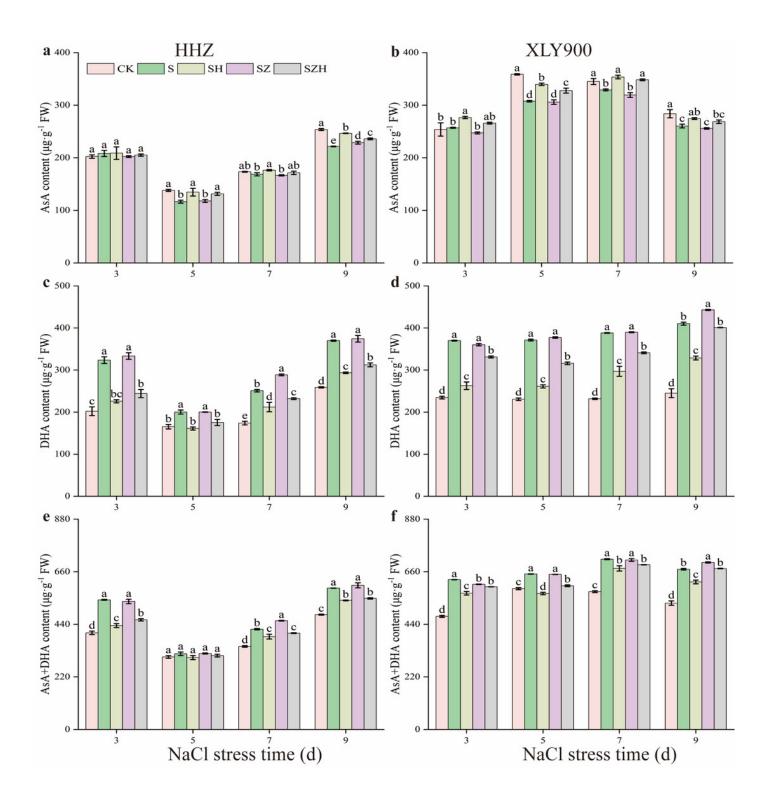




Figure 6. Effect of Hemin on glutathione content of rice seedlings under NaCl stress.

GSH in HHZ (a) and XLY900 (b); GSSG in HHZ (c) and XLY900 (d) and GSH+GSSG in HHZ (e) and XLY900 (f). Values are the means±SD of three replicate samples. Different letters in the data column indicate significant differences (p<0.05) according to Duncan's test.



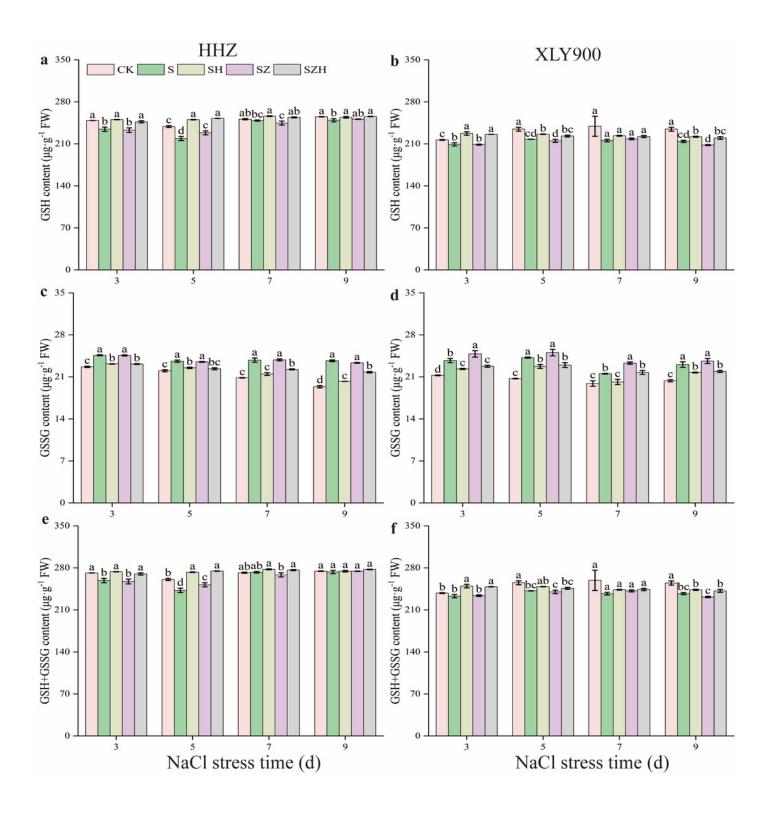




Figure 7. Effect of Hemin on key enzyme activities in the AsA-GSH defense system of rice seedlings under NaCl stress.

APX in HHZ (a) and XLY900 (b); MDHAR in HHZ (c) and XLY900 (d) DHAR in HHZ (e) and XLY900 (f) and GR in HHZ (g) and XLY900 (h). Values are the means±SD of three replicate samples. Different letters in the data column indicate significant differences (p<0.05) according to Duncan's test.



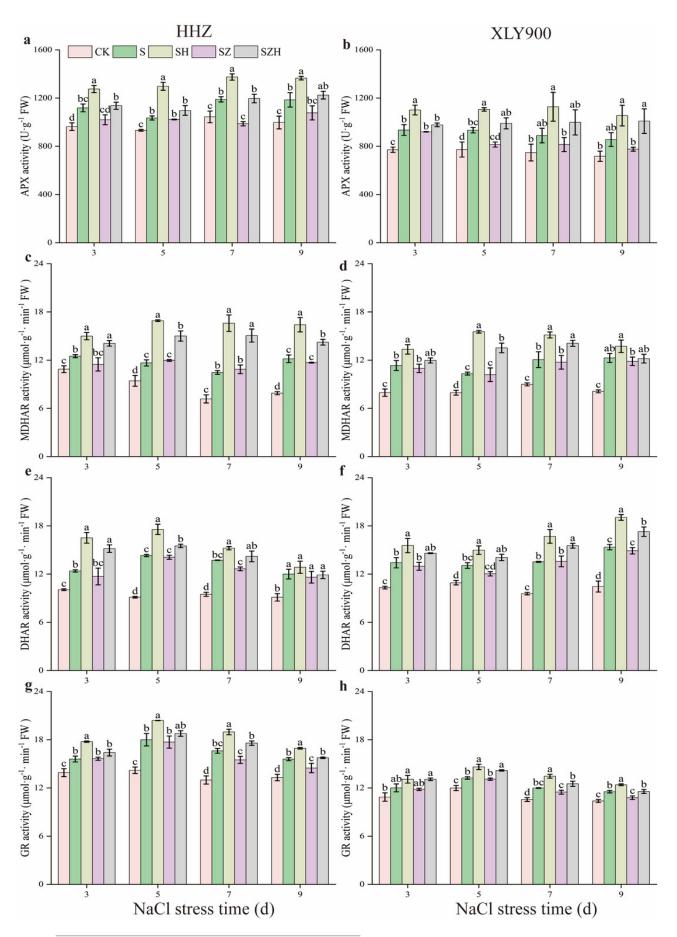




Figure 8. Effect of Hemin on osmoregulatory substances of rice seedlings under NaCl stress.

Proline content in HHZ (a) and XLY900 (b); soluble protein content in HHZ (c) and XLY900 (d). Values are the means±SD of three replicate samples. Different letters in the data column indicate significant differences (p<0.05) according to Duncan's test.

