

Exogenous Hemin enhances the antioxidant defense system of rice by regulating the AsA-GSH cycle under NaCl stress

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Abiotic stress caused by soil salinization remains a major global challenge that threatens and severely impacts worldwide crop growth causing yield reduction. Rice is an important economic crop affected by salt stress. In this study, we aimed to investigate the damage of salt stress on the leaf physiology of two rice varieties (HuanghuaZhan, HHZ and XiangliangYou 900, XLY900) and the regulatory mechanism of Hemin to maintain seedling growth under the imposed stress. Therefore, at the three leave and one heart, leaves were foliar sprayed with 5 μ mol·L⁻¹ Hemin or 25 μ mol·L⁻¹ ZnPP (Zinc protoporphyrin IX) followed by 50 mmol·L⁻¹ NaCl stress. The findings revealed that salt stress increased antioxidant enzyme activity and decreased the content of nonenzymatic antioxidants such as ascorbate (AsA) and glutathione (GSH). Furthermore, the content of osmoregulatory substances like soluble proteins and proline was raised. Moreover, salt stress increased reactive oxygen species (ROS) content in leaves of two varieties of rice. However, spraying Hemin increased the activities of antioxidants such as superoxide dismutase (SOD), peroxidase (POD) and catalase (CAT) and accelerated AsA-GSH cycling to remove excess ROS. In summary, Hemin reduced the effect of salt stress on the physiological characteristics of rice leaves due to improved antioxidant defense mechanisms that impeded lipid peroxidation. Thus, Hemin was demonstrated to lessen the damage caused by salt stress.

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Abstract

- 21 Abiotic stress caused by soil salinization remains a major global challenge that threatens and
- severely impacts worldwide crop growth causing yield reduction. Rice is an important economic
- 23 crop affected by salt stress. In this study, we aimed to investigate the damage of salt stress on the
- 24 leaf physiology of two rice varieties (HuanghuaZhan, HHZ and XiangliangYou 900, XLY900)
- and the regulatory mechanism of Hemin to maintain seedling growth under the imposed stress.
- 26 Therefore, at the three leave and one heart, leaves were foliar sprayed with 5 μmol·L⁻¹ Hemin or
- 27 25 μmol·L⁻¹ ZnPP (Zinc protoporphyrin IX) followed by 50 mmol·L⁻¹ NaCl stress. The findings
- 28 revealed that salt stress increased antioxidant enzyme activity and decreased the content of
- 29 nonenzymatic antioxidants such as ascorbate (AsA) and glutathione (GSH). Furthermore, the
- 30 content of osmoregulatory substances like soluble proteins and proline was raised. Moreover, salt
- 31 stress increased reactive oxygen species (ROS) content in leaves of two varieties of rice. However,
- 32 spraying Hemin increased the activities of antioxidants such as superoxide dismutase (SOD),
- peroxidase (POD) and catalase (CAT) and accelerated AsA-GSH cycling to remove excess ROS.
- In summary, Hemin reduced the effect of salt stress on the physiological characteristics of rice
- 35 leaves due to improved antioxidant defense mechanisms that impeded lipid peroxidation. Thus,
- 36 Hemin was demonstrated to lessen the damage caused by salt stress.



- 37 **Keywords:** Hemin, Rice, AsA-GSH cycle, Enzymatic defense system
- 38 Introduction
- 39 In the background of global warming, soil salinization has accelerated due to various factors such
- 40 as seawater back-up, over-exploitation of groundwater and the over development of arable land
- 41 (Alkharabsheh et al., 2021). Saline land accounts for about one-fifth of the cultivated land and
- 42 one-third of the irrigated farmland on the planet, and the area is increasing at an even faster rate
- 43 (Mukhopadhyay et al., 2021). Salinity stress is one of the most widespread and severe abiotic
- 44 stresses globally. It has destructive effects on plant growth and physiological and biochemical
- 45 processes and causes a decrease in grain production. According to current data, the yield loss
- 46 caused by salt stress accounts for about 20% of global yield (Ding et al., 2021).
- 47 With salt stress increasing soil osmotic pressure, plant roots fail to absorb water and nutrients,
- 48 which causes delayed growth and development or even death (Liu et al., 2022). In addition, salt
- 49 stress induces excessive production of reactive oxygen species (ROS) in plant cells. ROS is weakly
- 50 stable and easily causes oxidative stress to cells. The excessive ROS enhances cell membrane lipid
- 51 peroxidation and disrupts membrane system stability, which results in the expansion of cell
- membrane permeability and extravasation of intracellular materials (Seleiman et al., 2020;
- Hasanuzzaman et al., 2020). Researches showed that ROS could break down proteins, damage
- 54 DNA structure and cause lipid peroxidation. (Chandrakar et al., 2017; Lin et al., 2020). This
- 55 disturbed the normal growth and physiological metabolic activities of plants. To avoid ROS
- 56 accumulation, plants use antioxidant enzymes and non-enzymatic antioxidants to scavenge excess
- 57 ROS (Alisofi et al., 2020). Among them, antioxidant enzymes include superoxide dismutase
- 58 (SOD), peroxidase (POD), catalase (CAT), and ascorbate peroxidase (APX). Non-enzymatic
- 59 antioxidants include ascorbic acid and glutathione, which act as co-factors for different enzymes
- and participate in various metabolic processes (Hasanuzzaman et al., 2020). In addition, plants
- accumulate osmoregulatory substances to maintain the balance of inside and outside cell osmosis.
- 62 There are two categories of osmoregulatory substances: inorganic ions (Na⁺); and organic
- substances, including proline and soluble proteins (Athar et al., 2022). Under salt stress, plants
- balance the osmotic pressure between the plant and the external environment by conducting
- of bullinee the osmotic pressure between the plant and the external environment by conduc
- 65 selective uptake of ions and promoting the accumulation of phase-soluble solutes.
- Rice, a gramineous crop, has a long history of cultivation and consumption in China. The consumer
- 67 demand for rice in China is the most in the world, and more than half of the population eats rice
- as a major food (Huang et al., 2022; Zuo et al., 2022). However, salt stress has become one of the
- 69 major abiotic stresses which limits rice production. Many studies showed that the seedling stage
- 70 was an essential stage of plant development and was closely related to the later development of
- 71 tillers and spikelets. However, this stage is susceptible to the impact of salt stress (Zeng et al.,
- 72 2001). Therefore, way to improve the salt tolerance of rice seedlings has become an urgent problem
- at present.
- 74 Plant growth regulators are a group of synthetic compounds with phytohormonal activity that
- 75 improve the tolerance to abiotic stresses by affecting the expression of endogenous hormones in
- crops. Hemin is a small molecule with a porphyrin structure, consisting of nitrogen atoms on four
- 77 pyrrole rings in a porphyrin ligated to a ferrous ion. In recent years, Hemin has been used more



- 78 frequently in different crops for its natural, non-polluting, low cost, and high safety features.
- 79 Hemin acts as a substrate and promoter of heme oxygenase 1 (HO-1), an initiator and rate-limiting
- 80 enzyme for Hemin degradation, and has a specific inhibitor, zinc protoporphyrin (ZnPP). Hemin
- 81 triggered salt acclimation in wheat by increasing HO-1 expression, while ZnPP, an inhibitor, was
- shown to decreased the salt tolerance of wheat (Xie et al., 2011). Under salt stress, Hemin increased
- proline and soluble protein content, enhanced antioxidant enzyme activities such as SOD, CAT,
- and APX, and alleviated oxidative damage in *Cassia obtusifolia* L (sickle senna) (Zhang et al.,
- 85 2012). In addition, under zinc (Zn), lead (Pb), and chromium (Cr) metal stress, Hemin activated
- the activities of various antioxidant enzymes (SOD, GR, and APX) in rice seedlings, improved the
- 87 content of AsA and GSH, and reduced heavy metal accumulation.
- At present, there are fewer studies on the mitigation of salt stress by Hemin on rice seedings, and
- 89 based on the mitigation effect of Hemin on stresses such as heavy metal stress of *Medicago sativa*
- 90 L (alfalfa) (Fu et al., 2011), low-temperature stress of Conyza blini (bear gall grass) (Zheng et al.,
- 91 2021), and salt stress in *Brassica juncea* L (mustard) (Verma et al., 2015). Furthermore, spraying
- 92 plant growth regulators can improve the resistance of rice seedlings during the critical period
- 93 before transplanting, which is essential for the subsequent transplanting of rice seedlings on saline
- land. Hence, in this study, we used two rice varieties, Huang Huazhan and Xiang Liangyou 900,
- 95 to research the impacts of foliar spraying with Hemin at the three-leaf-one-heart stage on the
- 96 growth and ROS metabolism (antioxidant enzymes and non-enzymatic antioxidants) of rice
- 97 seedlings under salt stress, which aimed to reveal the mechanism of hemin in enhancing the salt
- 98 tolerance of rice, and to provide theoretical basis and technical guidance for the cultivation of
- 99 saline rice.

100 Materials and methods

101 Plant materials

- The experiment was carried out in 2022 at Binhai Agricultural College of Guangdong Ocean
- 103 University. To ensure the results are more universal, we selected the conventional rice variety
- Huanghuazhan (HHZ) and hybrid rice variety Xiangliangyou900 (XLY900). Hemin was provided
- from Shanghai Changdeduo Agricultural Technology Co., Ltd.

106 Experiment design

- Seeds were selected for uniformity of size and color, sterilized with 3% H₂O₂ for about 15 min,
- and then rinsed 3-5 times with distilled water. These seeds were soaked and germinated for 24
- 109 hours under dark conditions at 30°C. Sixty-five seeds were sown into pots containing 3 kg of test
- soil with 1:3 sand to latosol content. The plastic pot sizes were 19 cm for the upper diameter, 14
- cm for the lower diameter, and 17 cm for the height, without holes of the pots. Regular water
- irrigation was performed until the three leaf and one heart stage (about 18 days after planting).
- Rice leaves were foliar sprayed with 5 μmol·L⁻¹ Hemin and 25 μmol·L⁻¹ ZnPP alone or in
- 114 combination, and plants were exposed to 25 mmol·L-1 NaCl stress twice at two 24 h intervals
- which resulted in the salt concentration in the soil reaching 50 mmol·L⁻¹ at 48 h after spraying. In
- subsequent experiments, concentrations were maintained by measuring soil conductivity
- 117 (EC=5.0±0.5 dS·m⁻¹). Each variety had five treatments: (1) normal water (CK); (2) 50 mmol·L⁻¹



- 118 NaCl (S); (3) Hemin + 50 mmol·L⁻¹ NaCl (SH); (4) ZnPP + 50 mmol·L⁻¹ NaCl (SZ); and (5)
- Hemin + ZnPP + 50 mmol·L⁻¹ NaCl (SZH). Each treatment had 25 pots. The plant samples were
- harvested at 3, 5, 7, and 9 d after NaCl stress application for morphological parameters and
- physiological were collected and frozen at -80 °C for biochemical analysis.
- 122 Morphological measurements
- 123 Plant height was measured with a ruler, stem diameter was measured with vernier, shoot fresh and
- dry weight were measured by a caliper electronic analytical balance. The shoots were dried for 30
- 125 min at 105 °C and 72 h at 85 °C.
- Measurement of electrolyte leakage (EL), malonaldehyde (MDA) and Hydrogen peroxide
- 127 (H_2O_2) content
- 128 Electrolyte leakage (EL) was determined as described by Yu et al. (2021). The measurement of
- malonaldehyde (MDA) content was carried out according to the method outlined by Ahmad et al.
- 130 (2016). The frozen leaf sample (0.5g) was extracted in 10 mL phosphate buffer (0.05 mmol·L⁻¹
- PBS, pH 7.8) and centrifuged at 6,000 rpm for 20 min. One milliliter of the supernatant was added
- to 2 mL of 0.6% TBA, then boiled at 100 °C for 15 min. The mixture was cooled quickly with cold
- water and centrifuged at 4,000 rpm for 20 min. The absorption value was determined at 450 nm,
- 134 532 nm and 600 nm. The H₂O₂ content was using the method described by Rasheed et al. (2022).
- More specifically, 0.5g of the frozen sample was ground into homogenate in 5 mL of TCA and
- centrifuged at 19,000 rpm for 20 min. Five hundred microliters of supernatant was added to 0.5
- mL PBS (10 mmol·L⁻¹ Ph 7.0) and 1 mL KI (1 mol·L⁻¹), then the reaction mixture was incubated
- at 28 °C for 1 h in the dark. The absorbance values were recorded at 410 nm.
- 139 Histochemical Detection of Hydrogen Peroxide and Superoxide Anion
- The histochemical staining of hydrogen peroxide (H_2O_2) and superoxide radicle $(O_2 \cdot \cdot)$ was
- measured by Zhang et al. (2009) and Sudhakar et al. (2015). On the 3rd day of stress, the second
- leaf of CK, S, SH, SZ and SZH treatments of both varieties were taken in a solution containing
- nitrogen blue tetrazolium (NBT) and 3,3'-diaminobenzidine (DAB) for staining. The leaves were
- vacuumed and then kept at room temperature and dark conditions for 24 h until brown and blue
- spots appeared, respectively. Poured off the staining solution, then added 95% ethanol to extract
- the chlorophyll in a water bath at 80°C. Ethanol was added continuously until the leaves did not
- contain chlorophyll which became visible and photographed.
- 148 Measurement of the activities of SOD, POD, and CAT
- 149 The frozen leaf sample was extracted in 10 mL PBS (50 mmol·L⁻¹ pH 7.8) at 4°C, centrifuged at
- 150 12,000 rpm and 4 °C for 20 min. The supernatant was used to determine SOD (EC 1.15.1.1), POD
- (EC 1.11.1.7), and CAT (EC 1.11.1.6) (Habib et al., 2021). SOD activity was carried out according
- to the method by Lu et al. (2022). The supernatant was mixed with 14.5 mmol·L⁻¹ methionine
- solution, 3 mmol·L⁻¹ EDTA-Na₂ solution, 60 µmol·L⁻¹ riboflavin solution, and 2.25 mmol·L⁻¹
- NBT solution. One unit of SOD activity was defined as the amount of enzyme that would inhibiting
- 155 50% of NBT photoreduction. POD was determined following the method outlined by Kenawy et
- al. (2022). The supernatant was mixed with PBS (pH 6.0), guaiacol, and 30% H₂O₂. The
- (2-2-). The supermunity (4-1-1-1-1), Buttues, and 2-7-1-1-1-1
- absorbance was measured at 470 nm. CAT was determined by the decreased absorbance rate of
- 158 H₂O₂ at 240 nm, outlined by Basilio-Apolinar et al. (2021).



159 Measurement of AsA-GSH cycle products and substrate content

- The procedure outlined by Costa et al. (2002) and Yan et al. (2021) was followed to measure the contents of AsA and total AsA. More specifically, the frozen leaf sample was extracted in 5% TCA
- and centrifuged at 12,000 rpm and 4°C for 15 min. The supernatant fluid was then moved to a
- calibration tube. The supernatant was used to determine the content of AsA and total AsA. For
- AsA, the supernatant was mixed with a reaction solution containing 5% TCA, ethanol, H₃PO₄-
- ethanol, BP-ethanol, and FeCl₃-ethanol. The reaction was carried out at 30°C for 90 min. The
- absorbance was assayed at 534 nm. For total AsA, it was similar to the AsA assay. Still, it was first
- $167 \quad reacted \ with \ dithiothreitol \ (DTT)-ethanol \ solution \ and \ Na_2HPO_4-NaOH \ solution \ for \ 10 \ min. \ Then,$
- 168 20% TCA was added and mixed with the above reaction solution. The absorbance was assayed at
- 169 540 nm. Dehydroascorbate (DHA) content was calculated based on the difference between total
- 170 AsA and reduced AsA.
- 171 The glutathione (GSH) and oxidized glutathione (GSSG) content was determined according to the
- method described by Kaya et al. (2023). Namely, 0.5 g frozen sample was ground into homogenate
- in 5 mL of 5% metaphosphoric acid and centrifuged at 20,000 x g for 20 min. The supernatant was
- used to determine the content of total glutathione (GSH+GSSG) and oxidized glutathione (GSSG).
- 175 The supernatant was mixed homogeneously with the reaction solution, which contained 5%
- sulfosalicylic acid, 1.84 mol·L⁻¹ triethanolamine, 25°C water bath for 1h. Then added 50 mmol·L⁻¹
- phosphate buffer, 10 mmol·L⁻¹ NADPH, 12.5 mmol·L⁻¹ DTNB, kept warm at 25°C for 10min, and
- added 50 U glutathione reductase (GR). The absorbance value of (GSH+GSSG) was measured at
- 179 412 nm. Besides adding the reaction solution, which contained 5% sulfosalicylic acid, 1.84 mol·L⁻¹
- triethanolamine and 2-vinylpyridine (2-VP), the subsequent steps were kept consistent with the
- determination of (GSH+GSSG) content. The GSSG absorbance value was measured at 412 nm.
- The GSH content was then calculated from the GSH+GSSG content reduced the GSSG content.
- 183 Measurement of the critical enzyme indexes of the AsA-GSH cycle
- 184 0.5 g of the frozen leaf sample was placed in a mortar, ground into a powder with 50 mmol·L⁻¹
- sodium phosphate buffer solution (pH7.8), and loaded into a centrifuge tube. The centrifuge tube
- was centrifuged at 12,000 x g for 20 min. The resulting solution was used to measure the levels of
- ascorbate peroxidase (APX) (EC 1.11.1.11), monodehydroascorbate reductase (MDHAR, EC
- 1.6.5.4), dehydroascorbate reductase (DHAR, EC 1.8.5.1) and glutathione reductase (GR, EC
- 189 1.6.4.2).
- 190 The APX activity was determined according to the method described by Sharifi et al. (2021). The
- assay mixture contained 0.1 mL of enzyme extract, 2.6 mL EDTA-Na₂ (0.1 mmol·L⁻¹), 0.15 mL
- AsA (5 mmol·L⁻¹) and 20 mmol·L⁻¹ H₂O₂. The absorbance was assayed at 290 nm. (E=2.8 mM⁻¹
- 193 cm⁻¹). MDHAR activity was measured using the method described by Hasanuzzaman et al. (2011).
- 194 The reaction mixture consisted of 25 mmol·L⁻¹ sodium phosphate buffer solution (pH7.8), 7.5
- mmol·L⁻¹ AsA, 2 mmol·L⁻¹ NADPH, 50 U AsA oxidase (EC 1.10.3.3), and enzyme extract. The
- absorbance was assayed at 340 nm. (E=6.2 mM⁻¹ cm⁻¹). DHAR activity was determined using the
- method described by Shan and Liu (2017). DHAR was assayed in a mixed solution containing 25
- mmol·L⁻¹ sodium phosphate buffer solution (pH7.8), 20 mmol·L⁻¹ GSH, 10 mmol·L⁻¹ DHA, and
- enzyme extract. The absorbance was assayed at 340 nm. (E=14 mM⁻¹ cm⁻¹). GR activity was done



- according to Keles and Oncel (2002). GR (EC 1.6.4.2) was assayed in a mixed solution containing
- 201 25 mmol·L⁻¹ sodium phosphate buffer solution (pH 7.8), 2 mmol·L⁻¹ EDTA, 10 mmol·L⁻¹ GSSG,
- 202 24 mmol·L⁻¹ NADPH, and enzyme extract. The absorbance was assayed at 340 nm. (E=6.2 mM⁻¹
- 203 cm⁻¹).

204 Measurement of soluble protein and proline content

- 205 Soluble protein content was determined according to the method described by Tian et al. (2022).
- The absorbance value was measured at 595 nm using Coomassie brilliant blue. Proline content
- was carried out according to the method by Liu et al. (2020). The frozen sample (0.5g) was ground
- in 5 mL of 3% sulfosalicylic acid and then centrifuged at 3,000 x g for 10 min. 2 mL of the
- supernatant was added to 2 mL acetic acid and 2 mL acidic ninhydrin, boiling water bath at 100
- 210 °C for 30 min. After cooling, 4 mL of toluene was added and measured absorbance at 520nm.
- 211 Statistical analysis
- The data was analyzed by Microsoft Excel 2019 and SPSS 25.0. The figures were drawn in Origin
- 213 2021. Duncan test (p <0.05) was used to evaluate the difference within treatments, and the
- 214 significant differences among different materials were determined.

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Result

The morphological parameters of rice seedlings

- There was significant inhibition of rice growth under NaCl stress, which showed a remarkable
- 219 decrease in plant height, stem base width, shoot fresh weight, and shoot dry weight (Table 1 and
- Table 2). From days 3 to 9, in comparison to CK, the plant height, stem diameter, shoot fresh
- 221 weight and shoot dry weight of HHZ under NaCl stress significantly decreased by 13.48%-
- 222 16.58%, 23.08%-28.95%, 29.67%-32.41% and 21.14%%-23.34% respectively. Similarly, in
- 223 XLY900, the above indicators decreased by 10.67%-13.98%, 17.43%-23.08%, 27.24%-30.71%
- and 18.22%-22.15% respectively. Exogenous Hemin alleviated the inhibition of rice seedling
- 225 growth by NaCl stress (Fig. 1). From days 3 to 9, in comparison to the NaCl treatment, the plant
- 226 height, stem diameter, shoot fresh weight and shoot dry weight of HHZ with SH treatment were
- significantly higher by 9.62%-12.38%, 20.00%-32.10%, 18.63%-27.43%, and 11.96%-15.84%,
- respectively. Similarly, in XLY900, the above indicators were increased by 5.33%-8.01%,
- 229 15.56%-24.14%, 15.85%-26.58%, and 12.78%-14.26%, respectively. This finding suggested that
- 230 the hemin effectively mitigated the inhibitory effect of NaCl stress on the growth of rice seedlings.
- Hemin promoted a higher growth of HHZ seedlings. In contrast to the NaCl treatment, ZnPP
- treatment did not lead to an increase in plant height, stem base width, shoot fresh weight, or shoot
- 233 dry weight for both rice varieties. The addition of Hemin reversed the inhibition caused by ZnPP
- and enhanced the growth of rice seedlings. From days 3 to 9, the plant height of both HHZ and
- 235 XLY900 was notably elevated in the SZH treatment, exhibiting a rise of 5.15% to 7.16% and
- 2.54% to 4.92%, respectively, as compared to the SZ treatment; the stem base width was enhanced
- 237 by 7.59%-12.20% and 7.78%-15.91%, respectively; shoot fresh weight was increased by 9.12%-
- 238 19.43% and 9.86%-16.19%, respectively and shoot dry weight was increased by 8.56%-10.66%,
- 239 6.70%-10.32%, respectively.



240 The membrane damage and ROS accumulation in rice seedlings

- 241 Compared to the CK, EL, MDA, and H₂O₂ contents in two rice varieties gradually increased with
- 242 the increased period of NaCl stress treatment (Fig. 2). Compared to CK, the El of HHZ and
- 243 XLY900 under NaCl stress significantly increased by 16.26%-126.50% and 35.25%-71.98% from
- 244 days 3 through to 9, respectively. After NaCl treatment, there was a significant rise in the MDA
- 245 and H₂O₂ content of HHZ in the S treatment. This increase ranged from 31.79% to 51.73% for
- MDA and 13.92% to 30.29% for H₂O₂ during the period from day 3 to 9, as compared to CK. In
- 247 the NaCl treatment of XLY900, the content of MDA and H₂O₂ was significantly increased by
- 248 22.25%-40.52% and 20.26%-25.09%, compared with CK, from days 3 to 9, respectively. The
- 249 H₂O₂ and MDA contents of HHZ were higher than that of XLY900 on 9 d after NaCl stress.
- showing that NaCl stress was more harmful to HHZ, which was more sensitive to NaCl stress than
- 251 XLY900. Compared with NaCl treatment, spraying Hemin effectively reduced EL and the MDA
- 252 and H₂O₂ contents of both rice varieties.
- 253 In contrast to the NaCl treatment, the EL of both HHZ and XLY900 exhibited a noticeable decrease
- in the SH treatment, including reductions of 9.64% to 28.20% and 8.78% to 18.41%, respectively.
- 255 The MDA and H₂O₂ content in the SH treatment of HHZ compared to the NaCl treatment
- decreased by 15.20%-20.28% and 11.59%-18.14%, respectively. Similarly, in the SH treatment of
- 257 XLY900, MDA and H₂O₂ content decreased by 8.30%-16.52% and 5.97%-15.72% compared to
- 258 the NaCl treatment from day 3 to 9, respectively. Electron leakage, MDA, and H₂O₂ remained high
- 259 in both varieties under ZnPP treatment. Throughout the stress period, the SZH treatment led to a
- 260 reduction in EL, MDA content, and H₂O₂ content of both HHZ and XLY900, when compared to
- 261 the SZ treatment. On day 3 and 9, compared to SZ treatment, EL of HHZ exhibited noticeable
- decreases of 9.21% and 10.43%, respectively, in SZH treatment. From days 3 to 9, compared to
- SZ treatment, the EL of XLY900 with SZH treatment dramatically declined by 6.09%-9.01%.
- 264 From days 3 to 9, compared with SZ treatment, the MDA and H₂O₂ content were decreased by
- 265 6.51%-7.15% and 3.51%-10.99% in HHZ with SZH treatment, were reduced by 1.44%-7.71% and
- 266 1.22%-9.71% in XLY900 with SZH treatment, respectively.

267 The histochemical localization of reactive oxygen species in rice leaves

- The distribution of H_2O_2 and superoxide anion $(O_2)^{-1}$ were localized and expressed visually by
- 269 histochemical localization of HHZ and XLY900 rice leaves. H₂O₂ was stained with dark brown
- spots and O_2 was stained with dark blue spots (Fig. 3). Compared to CK, dark brown and dark
- blue spots were significantly increased in rice leaves of both varieties under NaCl stress. Compared
- 272 to the NaCl treatment, dark brown and dark blue spots on leaves were significantly decreased in
- 273 HHZ and XLY900 with SH treatments, which indicated that foliar spraying of Hemin could
- potentially reduce the accumulation and distribution of H_2O_2 and O_2 . ZnPP treatment failed to
- lower the accumulation of ROS in the leaves, and dark brown spots and dark blue spots remained
- 276 at a higher abundance. There was a reduced accumulation of ROS with the combination of ZnPP
- and Hemin. Compared to the ZnPP treatment, the number of dark brown spots and dark blue spots
- 278 decreased in HHZ and XLY900 with SZH treatments.
- 279 The superoxide dismutase, peroxidase and catalase activity in rice seedlings
- 280 With the extension of exposure time, the SOD and POD activities in the NaCl treatment of HHZ



showed an upward and downward trend, respectively, and CAT activity showed an increased trend 281 compared to CK (Fig. 4). Compared to CK, the SOD, POD, and CAT activities in the NaCl 282 treatment of XLY900 showed an upward trend with the prolonged time of NaCl stress. The SOD 283 and POD activities in NaCl treatment of HHZ reached the maximum at 3 d of NaCl stress, which 284 285 were significantly increased, by 13.82% and 13.64%, respectively, and CAT activities increased by 11.45%-21.71% from 3 to 9 d of NaCl stress compared to CK. In comparison to CK, the SOD, 286 POD, and CAT activities of XLY900 under NaCl stress increased by 7.30%-26.63%, 6.64%-287 14.26%, and 15.97%-24.76% respectively, from days 3 through to 9. The application of exogenous 288 Hemin boosted the SOD, POD, and CAT activities of SH treatment in two rice varieties. Compared 289 to NaCl treatment, the SOD, POD, and CAT activities of HHZ with SH treatment were increased 290 291 by 4.41%-17.66%, 6.48%-12.67%, and 6.43%-17.33%, respectively, from days 3 through to 9. In comparison to NaCl treatment, the SOD and CAT activities of XLY900 with SH treatment were 292 increased, by 5.53%-27.47% and 10.54%-18.12%, from day 3 to 9, respectively, while POD 293 activity increased by 4.53%-9.20% except for the day 5. Compared with the NaCl treatment, the 294 ZnPP treatment did not enhance the enzyme activity under the stress but lowered the enzyme 295 activity. For example, compared to NaCl treatments, on day 3, the CAT activity in SZ treatment 296 of HHZ was significantly decreased by 6.54%; on day 5, the SOD activity in SZ treatment of 297 298 XLY900 was significantly reduced by 11.12%. The combination with Hemin relieved the adverse effects of ZnPP and improved the above enzyme activities. Compared with the SZ treatment, the 299 SZH treatment of HHZ showed SOD activity increased by 3.10%-13.12% from day 3 through to 300 9; POD activity was significantly enhanced by 8.05% on day 9; CAT activity was significantly 301 raised by 11.52% on day 3. Compared with the SZ treatment, the SZH treatment of XLY900 302 showed SOD activity markedly increased by 15.79% and 22.93% on day 3 and 5, respectively; 303 304 POD activity significantly enhanced by 7.47%-8.07% from day 5 to 9; CAT activity was significantly raised by 13.67% and 12.48% on day 5 and 7, respectively. 305

The assessment of the non-enzymatic antioxidants of the AsA-GSH cycle in rice leaves in rice leaves

As the period of NaCl stress was extended, the AsA content decreased and the DHA and 308 AsA+DHA content increased in the leaves of HHZ and XLY900 (Fig. 5). From day 5 through to 309 310 9, compared to CK, the AsA content in the NaCl treatment of HHZ and XLY900 decreased by 2.16%-15.52% and 4.62%-14.26%, significantly different between treatments and control. In 311 comparison to CK, the DHA and AsA+DHA content of HHZ under NaCl stress increased by 312 21.16%-60.17% and 4.47%-34.18%; for XLY900, the assessed parameters increased by 57.73%-313 67.58% and 10.39%-32.46%, from day 3 to 9, respectively. The application of exogenous Hemin 314 further boosted the AsA content and diminished the accumulation of DHA and AsA+DHA. 315 316 Compared to the NaCl treatment, the AsA content in SH treatment of HHZ and XLY900 increased, by 4.63%-15.54% and 5.46%-10.44% from day 5 through to 9, respectively, significantly different 317 between NaCl treatments and control. In comparison to NaCl treatment, the DHA and AsA+DHA 318 content in SH treatment of HHZ decreased by 15.53%-30.23% and 5.06%-19.87% from day 3 to 319 9, respectively; for XLY900, the assessed parameters decreased by 19.87%-29.67% and 5.43%-320

12.57%. Under NaCl stress, ZnPP treatment mainly raised DHA and AsA+DHA contents in the

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and AsA+DHA content in the SZ treatment of HHZ were significantly increased by 15.00% and 323 8.49%; on day 9, the DHA content in the SZ treatment of XLY900 was significantly increased by 324 8.00%. In the combination of ZnPP and Hemin, the AsA content was higher, and the DHA and 325 326 AsA+DHA contents were lower in both rice varieties compared to the ZnPP treatment. In comparison to SZ treatments, on day 5 and 9, the AsA content in the SZH treatment of HHZ was 327 significantly increased by 11.53% and 3.22%, respectively; on day 5 and 7, the AsA content in the 328 SZ treatment of XLY900 was significantly increased by 7.15% and 9.09%, respectively. In 329 comparison to SZ treatment, the DHA and AsA+DHA content in SZH treatment of HHZ decreased 330 by 12.39%-26.77% and 2.81%-14.35% from day 3 to 9, respectively. Similarly, the assessed 331 parameters of XLY900 decreased by 8.08%-16.27% and 1.72%-7.34%, respectively. 332 It can be seen from Fig. 6 that, with the extension of the period of stress, the contents of GSH and 333 GSH+GSSG in NaCl treatment leaves of both HHZ and XLY900 decreased; GSSG in NaCl 334 treatment leaves of both HHZ and XLY900 increased. On day 3, 5, and 9, and compared to the 335 CK, the GSH content in the NaCl treatment of HHZ significantly decreased 5.83%, 8.27% and 336 2.28%, respectively; in XLY900, the GSH content significantly decreased 3.49%, 7.17% and 337 8.68%, respectively. From days 3 to 9, and when compared to the control, the GSSG content in 338 339 the NaCl treatment of HHZ and XLY900 significantly increased by 7.25%-22.36% and 8.20%-16.87%, respectively. On day 3, and day 5, compared to CK, the GSH+GSSG content in the NaCl 340 treatment of HHZ significantly decreased 4.63% and 6.96%, respectively; On day 5 and day 9 in 341 XLY900, the GSH content significantly decreased 5.22% and 6.93%, respectively. The Hemin 342 further boosted the content of GSH and GSH+GSSG and reduceded the accumulation of DHA. 343 Compared to the NaCl treatment, the GSH content in SH treatment of HHZ and XLY900 344 345 increased, by 1.96%-14.31% and 3.60%-8.69% from day 5 through to 9, respectively. In comparison to NaCl treatment, the GSSG content in SH treatment of HHZ and decreased by 346 8.57%-22.36% and 5.74%-6.35% from day 3 to 9, respectively. Under NaCl stress, ZnPP treatment 347 mainly raised GSSG content in the leaves. In comparison to NaCl treatments, on day 3 and day 7, 348 the GSSG content in the SZ treatment of XLY900 were significantly increased by 4.71% and 349 8.34%. In the combination of ZnPP and Hemin, the GSH and GSH+GSSG content were higher, 350 351 and the GSSG content was lower in both rice varieties compared to the ZnPP treatment. Compared to the SZ treatment, the GSH content in SZH treatment of HHZ and XLY900 increased, by 1.77%-352 10.55% and 1.80%-8.16% from day 3 through to 9, respectively. Compared to the SZ treatment, 353 the GSSG content in SZH treatment of HHZ and XLY900 decreased, by 4.90%-5.82% and 6.71%-354 8.33% from day 3 through to 9, respectively. In comparison to SZ treatments, on day 3, 5 and 7, 355 the GSSG content in the SZH treatment of HHZ were significantly increased by 4.90%, 9.11% 356 357 and 3.22%, respectively; on day 3 and 9, the GSSG content in the SZH treatment of XLY900 was significantly increased by 6.41% and 4.34%, respectively. 358 The AsA-GSH cycle enzymatic activities in rice leaves 359 As shown in Figure 7, APX, MDHAR, DHAR, and GR activities were increased along with the 360

period of stress treatment. Compared with CK, during the stress period, the activities of the above

four enzymes in the NaCl treatment of HHZ were markedly enhanced by 11.00%-18.88%,

leaves of the two assessed rice varieties. In comparison to NaCl treatments, on day 7, the DHA

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14.95%-54.23%, 23.19%-56.82% and 12.22%-27.96% respectively. Similarly, in XLY900, the 363 assessed parameters were significantly increased 18.82%-21.21%, 29.84%-51.15%, 19.62%-364 46.87% and 10.48%-13.56%, respectively. The use of Hemin further improved the activity of 365 APX, MDHAR, DHAR, and DHAR. Compared with NaCl treatment, from day 3 to 9, the activities 366 367 of APX, MDHAR, DHAR, and GR in the SH treatment of HHZ were enhanced by 15.18%-25.33%, 19.95%-58.63%, 7.10%-33.25% and 8.65%-14.11%, while in SH treatment of XLY900 368 were increased 17.76%-26.90%, 11.84%-50.44%, 15.92%-24.11% and 7.47%-12.26%, 369 respectively. However, with the use of ZnPP the activity of APX, MDHAR, DHAR, and GR was 370 diminished. On day 3, in comparison to NaCl treatment, the APX activity of HHZ in SZ treatment 371 was significantly decreased by 17.03%. On day 9, in comparison to CK, the GR activity of HHZ 372 373 and XLY900 in SZ treatment was significantly decreased, by 7.14% and 6.46%, respectively. The combination of ZnPP with Hemin increased the above enzyme activities. In HHZ with SZH 374 treatment, compared with SZ treatment, the APX activity was significantly increased by 11.41% 375 and 21.15% on day 3 and day 7, respectively; the MDHAR activity was markedly increased by 376 21.78%-38.70%, from day 3 to 9; the DHAR activity was dramatically increased by 9.98%-377 29.65%, from day 3 to 7; the GR activity was remarkably increased by 13.47%, and 8.81%, on day 378 7, and day 9, respectively. In XLY900 with SZH treatment, compared with SZ treatment, the APX 379 380 activity significantly increased by 21.60% and 29.99% on day 5 and day 9, respectively. Similarly, The MDHAR activity was markedly increased by 32.81% and 20.13% on day 5, and day 7, 381 respectively. The DHAR activity was dramatically increased by 14.37%-16.89%, from day 5 to 9. 382 The GR activity was remarkably increased by 7.18%-9.02%, from day 5 to 9. 383

The content of osmoregulatory substances in rice leaves

The applied salt stress caused a significant increase in proline content in the leaves of HHZ and 385 386 XLY900 (Fig. 8 a and b). Compared to CK, the proline content of HHZ under NaCl stress was significantly increased by 34.95%-65.34%, from days 3 to 9. From days 3 to 9, compared to CK, 387 the proline content of XLY900 with NaCl treatment dramatically increased by 18.95%-54.16%. 388 Under NaCl stress, the proline content increased to a greater degree in HHZ than in XLY900. 389 Hemin treatment further enhanced the proline content in the leaves of the two assessed rice 390 391 varieties. Compared to NaCl treatment, the proline content of HHZ and XLY900 with SH 392 treatment significantly increased by 8.38%-27.10%, and 15.02%-24.35%, respectively, from days 3 to 9. Proline content of rice leaves was not elevated by ZnPP treatment. For example, on day 3, 393 compared to NaCl treatment, the proline content of XLY900 with SZ treatment decreased by 394 8.64%. In combination with ZnPP and Hemin, the proline content was enhanced. Compared to SZ 395 treatment, the proline content of HHZ with SZH treatment had a maximum improvement of 396 26.87% on day 9, and XLY900 with SZH treatment had a maximum growth of 26.51% on day 7. 397 The soluble protein content of HHZ markedly increased in the early stage (3 d) and then decreased 398 in the later stage (5-9 d) compared with CK under NaCl stress (Fig.8 c and d). The soluble protein 399 content in XLY900 increased during the stress period with the difference reaching significant 400 levels at all four-time points. Applying of Hemin enhanced soluble protein content in the leaves of 401 two rice varieties. Compared with the salt stress treatment, soluble protein content noticeably 402 increased by 2.75%, in SH treatment of HHZ, on day 9, while significantly elevated by 3.93%, 403



- and 1.17%, respectively in XLY900. Spraying ZnPP did not increase soluble protein content. For example, compared with NaCl treatment, soluble protein content significantly decreased by 3.20%, in SH treatment of HHZ, on day 3. When ZnPP was combined with Hemin, soluble protein content was enhanced. On day 3, soluble protein content was increased by 3.02% and 3.21%, respectively,
- 408 of HHZ and XLY900 in SZH treatment.

Discussion

Globally, salt stress is the most prevalent abiotic stress that limits crop growth and development. 410 Research has shown that salt stress impedes the growth of several crops, such as wheat (Ashraf et 411 al., 2023), sorghum (Liu et al., 2023), and soybean (Feng et al., 2021). Excessive salt interferes 412 with normal biological and physiological processes to negatively impact plant growth (Talubaghi 413 et al., 2022), such as reduced plant height, narrowed stem base width and diminished biomass. 414 This study was similar to the above studies. Under salt stress, the seedling growth of both HHZ 415 and XLY900 was significantly inhibited, and all the morphological indexes were decreased (Table 416 1 and Table 2). Foliar spraying of Hemin positively regulated various morphological indicators 417 and promoted aboveground growth and biomass accumulation in rice seedlings. Liu et al. (2021) 418 showed that Hemin improved the growth of maize seedlings and increased biomass accumulation 419 420 under drought stress. Furthermore, Hemin degraded in plants to produce CO, which alleviated the inhibition of wheat growth by NaCl stress (Ling et al., 2009). Exogenous ZnPP was unable to 421 promote rice growth under salt stress in this study, which was consistent with the research of Cao 422 et al. (2011). 423 ROS can be used at low concentrations as a secondary messengers or signaling molecules 424 (Antoniou et al., 2016). Plants generate and remove ROS in dynamic balances under normal 425 426 growth conditions. Under abiotic stress conditions, ROS are surged, which in large quantities are destructive, leading to changes in the structure of DNA, proteins and enzymes, ultimately resulting 427 in programmed cell death (Gill and Tuteja 2010; Singh et al., 2019). MDA is one of the membrane 428 lipid peroxidation products whose content can reflect the level of ROS and the degree of membrane 429 lipid peroxidation. EL can evaluate cell membrane permeability; larger represents stronger osmotic 430 cell membranes (Ben Youssef et al., 2021). In this experiment, the findings showed that salt stress 431 432 caused higher leaf EL, increased MDA and H₂O₂ contents in two rice varieties and that the results 433 were positively correlated with stress duration (Fig. 2). Compared with XLY900, HHZ had a much stronger increase in the above three indexes, indicating that HHZ was more intensely exposed to 434 the stress. This was similar to the findings of previous study (Chen et al., 2022). The localization 435 of H₂O₂ and O₂. in leaves was measured by histochemical methods. Salt stress induced the 436 accumulation of H₂O₂ and O₂. in the leaves of HHZ and XLY900 compared with CK (Fig. 3). 437 438 This is in conformity with the findings of Jabeen et al. (2020) who worked on cultivated rice under salt stress. Hemin has the ability to mitigate the damage caused by stress in plants, reducing ROS 439 accumulation, MDA content and cell membrane permeability (Chen et al., 2009; Cui et al., 2012). 440 The results of this experiment were in agreement with these previous findings. Foliar spraying of 441 Hemin effectively diminished EL levels, H₂O₂ and MDA content (Fig. 2), reduced H₂O₂ and O₂. 442 accumulation (Fig. 3), and alleviated the damage of salt stress to the cell membranes. Exogenous 443



ZnPP could not scavenge excess ROS and maintain cell membrane stability. When ZnPP was 444 combined with Hemin, it scavenged part of the ROS and alleviated oxidative damage, this finding 445 is in agreement with Zhang et al. (2012). 446 Facing stress, plants activate antioxidant defense systems to minimize damage caused by oxidative 447 448 stress. Among them, antioxidant enzymes mainly include SOD, CAT, and POD. SOD represents the first barrier for plants to resist ROS damage caused by abiotic stresses and catalyzes the 449 transformation of O₂. to O₂ (Karuppanapandian and Kim 2013). CAT eliminates H₂O₂ with 450 minimal energy consumption and very high conversion rates for large-scale scavenging of ROS 451 (Zamocky et al., 2012). POD has a strong affinity for H₂O₂ and is used for the fine tuning 452 modulation of H₂O₂ (Abogadallah 2010). In this study, compared with CK, SOD and POD 453 454 activities of NaCl treatment in HHZ was firstly increased and then decreased, and CAT activity was increased (Fig. 4 a, c and e); SOD, POD and CAT activities of XLY900 were on an upward 455 trend (Fig. 4 b, d and f). This indicates that in the short term of salt stress, rice eliminates ROS by 456 increasing the activity of antioxidant enzymes; in the long term of salt stress, rice accumulates 457 more ROS, which can't be scavenged in time by antioxidant enzymes. This is consistent with the 458 results of previous findings (Vaidyanathan et al., 2003; Seckin et al., 2009 and Kumari et al., 2023). 459 Foliar spraying of Hemin enhanced SOD, POD and CAT activities in leaves of the two rice 460 461 varieties under assessment when exposed to salt stress (Fig. 4). This demonstrates that exogenous Hemin stimulates the antioxidant enzyme system in rice and facilitates the increase of enzyme 462 activity, which avoids oxidative damage and ensures normal plant growth. The inhibitor ZnPP was 463 unable to increase the activities of antioxidant enzymes or even inhibited them. ZnPP combined 464 with Hemin mitigated the inhibitory effect caused by ZnPP, with improved SOD, POD and CAT 465 activities (Fig. 4). Based on a previous study (Zhang et al., 2012), it is hypothesized that Hemin 466 467 enhances antioxidant enzyme activity in rice leaves by promoting HO expression and thereby increasing the antioxidant enzyme activity, while ZnPP acts as an inhibitor of HO hindering its 468 expression which restricts the increase in antioxidant enzyme activity. 469 The AsA-GSH cycle is an essential ROS scavenging mechanism, and mainly consists of the 470 antioxidant enzymes APX, MDHAR, DHAR, and GR and the nonenzymatic antioxidants AsA and 471 GSH, which can alleviate the oxidative damage caused by salt stress (Wang et al., 2022). As part 472 473 of the cycling process: AsA is catalyzed by APX, which converts H₂O₂ to H₂O and is oxidized to MDHA. MDHA is converted to AsA by reduction-oxidation reaction with MDHAR or to DHA 474 by a non-enzymatic disproportionation reaction. DHAR catalyzes DHA and GSH to produce AsA 475 and GSSG, while GSSG can be restored to GSH by GR (Nahar et al., 2015; Tan et al., 2022). AsA 476 and GSH act as nonenzymatic antioxidants and assist other antioxidant enzymes in scavenging 477 ROS. In this study, salt stress decreased AsA content and increased DHA and AsA+DHA content 478 479 in rice leaves (Fig. 5), indicating that APX activity enhancement decreased the AsA content. Foliar spraying of Hemin significantly improved AsA content and diminished DHA and AsA+DHA 480 content. This finding suggests that the increase in MDHAR and DHAR activities causes an 481 increase in AsA content and a decrease in DHA content. Under salt stress, GSH and GSH+GSSG 482 content decreased, and GSSG content increased, while exogenous Hemin treatment increased GSH 483 and GSH+GSSG content and decreased GSSG content in rice leaves (Fig. 6). This shows that the 484



enhanced GR activity facilitated the conversion of GSSG to GSH and maintained a high level of 485 reduction state GSH, which was in agreement with the research of Piao et al. (2022). These 486 indicated that Hemin sustained cellular reduction force at a high level, which resisted oxidative 487 damage. In addition, in this experiment, salt stress increased APX, MDHAR, DHAR, and GR 488 489 activities in two rice varieties compared with the control (Fig. 7). It indicated that salinity stress increased the H₂O₂ content of rice leaves, which prompted APX to accelerate the scavenging of 490 H₂O₂; while the increased activities of MDHAR, DHAR and GR were beneficial to the resistance 491 of a leaf to oxidative damage, which was a stress response to excess H₂O₂. Foliar spraying of 492 Hemin further induced the activities of APX, MDHAR, DHAR, and GR (Fig. 7). Previous studies 493 have suggested that this might be possible by upregulating the transcription of genes for enzymes 494 495 related to the metabolism of the degradation products CO and GSH, which could increase the enzyme activity to help plants mitigate the oxidative damage caused by the stresses (Zhang et al., 496 2016). ZnPP cannot be degraded to CO₂ in plants and reduces endogenous CO₂ production by 497 blocking HO expression; thus, could not enhance the activities of MDHAR, DHAR, and GR under 498 salt stress. Moreover, Hemin induced HO gene expression and enhanced gene expression of critical 499 enzymes in the AsA-GSH cycle, while ZnPP prevented HO expression and even strengthened the 500 inhibitory effect of NaCl stress on the AsA-GSH cycle in rice seedlings (Cui et al., 2012). These 501 502 results reflect that Hemin improved the efficiency of ROS scavenging in rice leaves, which maintained cell membrane stability and enhanced the resistance of rice. 503 Although saline soils contain water, plants cannot absorb the water, mainly because the soil has a 504 high level of ions that increase the osmotic pressure of the external environment, which prevents 505 plant cells from absorbing water or even leading to the loss of water content. Therefore, plants 506 ensure water absorption by increasing osmoregulatory substances and decreasing the difference in 507 508 osmotic potential between the inside and outside cells. The important osmoregulatory substances, soluble proteins, and proline have different physiological functions in maintaining osmotic balance 509 in plants. Soluble proteins can help the bound water in plant cells and maintain the stability of the 510 cell structure (Hao et al., 2021). Proline is a potential non-enzymatic antioxidant that functions as 511 a scavenger of single-linear oxygen molecules and hydroxyl radicals; thus, proline prevents lipid 512 peroxidation of cell membranes and avoids exposure of plants to ROS-induced oxidative damage 513 514 (Szabados and Savoure 2010). In this study, we found that with the increase of NaCl stress exposure, soluble protein content initially increased and then decreased in HHZ, while it 515 continuously increased in XLY900 (Fig. 7). A previous study have shown that salt stress disrupts 516 the protein synthesis pathway at later stages, accelerating its catabolism, generating large amounts 517 of amino acids, and ultimately reducing protein content (Alisofi et al., 2020). This could be the 518 reason for the decrease in soluble protein content in HHZ leaves. The soluble protein content in 519 520 XLY900 leaves was enriched to relieve the difference in osmotic potential. The two rice varieties exposed to salt stress had significantly increased proline content. Compared with XLY900, salt 521 stress caused HHZ to produce much more proline (Fig. 8 c and d). This was similar to the results 522 of Gao et al. (2016), in which salt-sensitive varieties had high proline content in content when 523 exposed to stress. Foliar spraying of Hemin promoted the accumulation of osmoregulatory 524 substances in rice leaves, which significantly increased soluble protein and proline contents. 525



- 526 However, in the ZnPP treatment, the content of osmoregulatory substances was reduced instead of
- 527 increased. Similar results were reported by Zhao et al. (2022). Together, these results indicate
- 528 indicates that Hemin induces a large accumulation of proline and soluble proteins, which is
- beneficial for the absorption of water and the maintenance of cellular osmotic pressure in rice
- 530 leaves under salt stress.

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Conclusions

- During the seedling stage, the activity of antioxidant enzymes and the contents of non-enzymatic
- antioxidants initially rose in response to salt stress. This response effectively countered the
- accumulation of reactive oxygen species (ROS) induced by the stress. However, with prolonged
- exposure to stress, the enzyme activity continued to increase while the content of the antioxidants
- decreased, failing to adequately alleviate the stress in a timely manner. The accumulated ROS and
- 538 membrane lipid peroxides exacerbated the damage caused by the imposed stress, eventually
- leading to a decrease in growth. The application of Hemin through foliar treatment additionally
- 540 enhanced the antioxidant enzymes activity and elevated the non-enzymatic antioxidants contents,
- which contributed to an overall improvement in the antioxidant capacity of rice, resulting in a
- reduction of membrane lipid peroxidation. The consistent functionality of the AsA-GSH cycle was
- ensured, consequently enhancing the resistance of rice to the imposed stress.

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Competing interest

- 552 The authors declare that the research was conducted in the absence of any commercial or financial
- relationships that could be construed as a potential conflict of interest.

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Author Contributions

- Fengyan Meng conceived and designed the study performed the experiments, analyzed the data,
- authored or reviewed drafts of the article, interpreted the results and improve manuscript, and
- approved the final draft.
- Naijie Feng conceived and designed the experiment performed the experiments, authored or
- reviewed drafts of the article, and approved the final draft.
- Dianfeng Zheng analyzed the data, authored or reviewed drafts of the article, and approved the
- 562 final draft.



- Meiling Liu carried out experiments, prepared figures and/or tables, and approved
- the final draft.
- Hang Zhou reviewed drafts of the article, and approved the final draft.
- Rongiun Zhang performed the experiments, prepared figures and/or tables, and approved the final
- 567 draft
- 568 Xixin Huang analyzed the data, prepared figures and/or tables, and approved the final
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- Anqi Huang analyzed the data, prepared figures and/or tables, and approved the final draft.

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Table 1(on next page)

Effects of exogenous Hemin on the morphological indexes of rice seedlings under NaCl stress

Notes: Data in this table is mean±standard error of at least three replicates. According to Duncan's multiple range tests, different letters indicate significant difference at the five percent significant level Within each column.

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- **1 Table 1**
- 2 Effects of exogenous Hemin on the morphological indexes of rice seedlings under NaCl
- 3 stress

morphological	Varieties	Treatments	NaCl stress time (d)			
indexes			3	5	7	9
Plant height (cm)	HHZ	CK	31.67±0.20a	32.63±0.19a	33.57±0.07a	33.63±0.09a
		S	27.13±0.71c	27.93±0.13d	28.00±0.00d	29.10±0.21d
		SH	29.83±0.19b	30.97±0.17b	31.47±0.03b	31.90±0.15b
		SZ	27.00±1.00c	27.63±0.57d	27.90±0.57d	28.50±0.32d
		SZH	28.93±0.03b	29.57±0.03c	29.80±0.30c	29.97±0.09c
	XLY900	CK	32.90±0.31a	33.43±0.18a	33.80±0.46a	$34.67 \pm 0.03a$
		S	28.30±0.06d	29.40±0.12d	29.70±0.06d	30.97±0.27d
		SH	30.57±0.03b	30.97±0.23b	31.33±0.18b	33.17±0.33b
		SZ	28.33±0.03d	29.50±0.06d	29.50±0.06d	30.50±0.06d
		SZH	29.10±0.10c	30.25±0.14c	30.53±0.03c	$32.00\pm0.00c$
Stem diameter	HHZ	CK	3.27±0.06a	3.47±0.06a	3.63±0.06a	3.80±0.10a
(mm)		S	2.43±0.00d	2.67±0.12d	$2.63\pm0.06d$	2.70±0.12d
		SH	$3.07 \pm 0.06b$	$3.20\pm0.00b$	$3.40\pm0.00b$	$3.57 \pm 0.06b$
		SZ	2.63±0.15d	2.67±0.12d	$2.73\pm0.06d$	2.87±0.21d
		SZH	2.83±0.06c	2.93±0.06c	3.07±0.06c	$3.20\pm0.00c$
	XLY900	CK	3.53±0.03a	3.63±0.03a	3.77±0.03a	$3.90\pm0.00a$
		S	2.87±0.03d	3.00±0.00d	2.90±0.06d	3.00±0.00d
		SH	3.37±0.03b	3.47±0.09b	$3.60\pm0.00b$	$3.63\pm0.03b$
		SZ	2.93±0.07d	3.00±0.06d	2.93±0.03d	$3.10\pm0.06d$
		SZH	3.20±0.00c	3.23±0.03c	3.40±0.00c	3.47±0.03c

- 4 Notes: Data in this table is mean \pm standard error of at least three replicates. According to Duncan's
- 5 multiple range tests, different letters indicate significant difference at the five percent significant
- 6 level Within each column.

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Table 2(on next page)

Effects of exogenous Hemin on the biomass of rice seedlings under NaCl stress

Notes: Data in this table is mean±standard error of at least three replicates. According to Duncan's multiple range tests, different letters indicate significant difference at the five percent significant level Within each column.



Table 2
Effects of exogenous Hemin on the biomass of rice seedlings under NaCl stress

morphological	Varieties	Treatments	NaCl stress time (d)				
indexes			3	5	7	9	
Shoot fresh weight (g)	HHZ XLY900	CK	0.4771±0.0060a	0.4742±0.0109a	0.4829±0.0009a	0.5147±0.0041a	
		S	0.3225±0.0092d	0.3335±0.0025d	0.3467±0.0043d	$0.3617 \pm 0.0007 d$	
		SH	0.4109±0.0094b	0.3956±0.0029b	$0.4270 \pm 0.0043b$	$0.4430 \pm 0.0029 b$	
		SZ	0.3169±0.0032d	0.3399±0.0056d	$0.3398 \pm 0.0024d$	$0.3610\pm0.0091d$	
		SZH	0.3557±0.0109c	0.3709±0.0040c	$0.4058 \pm 0.0018c$	$0.4180 \pm 0.0068c$	
		CK	0.5147±0.0021a	0.5110±0.0262a	$0.5225 \pm 0.0053a$	$0.5477 \pm 0.0098a$	
		S	0.3566±0.0101d	0.3577±0.0068c	0.3718±0.0051c	$0.3985 \pm 0.0014d$	
		SH	$0.4385 \pm 0.0076b$	0.4528±0.0195b	$0.4546 \pm 0.0318b$	$0.4617 \pm 0.0160 b$	
		SZ	0.3623±0.0033d	0.3602±0.0220c	$0.3732 \pm 0.0132c$	$0.3923\pm0.0094d$	
		SZH	0.4034±0.0057c	$0.4185 \pm 0.0088b$	$0.4260 \pm 0.0016b$	0.4310±0.0025c	
Shoot dry weight (g)	HHZ	CK	0.0938±0.0014a	$0.0966 \pm 0.0022a$	$0.1004\pm0.0007a$	$0.1016\pm0.0015a$	
		S	$0.0740\pm0.0023c$	$0.0761\pm0.0025c$	$0.0770 \pm 0.0007c$	$0.0783 \pm 0.0013d$	
		SH	$0.0840\pm0.0012b$	$0.0852 \pm 0.0013b$	$0.0870 \pm 0.0015b$	0.0907±0.0013b	
		SZ	0.0725±0.0024c	$0.0751\pm0.0004c$	$0.0767 \pm 0.0014c$	0.0779±0.0011d	
		SZH	$0.0824 \pm 0.0006b$	0.0831±0.0015b	$0.0841 \pm 0.0012b$	0.0846±0.0015c	
	XLY900	CK	$0.0933 \pm 0.0023a$	0.1016±0.0017a	$0.1044\pm0.0005a$	$0.1096\pm0.0045a$	
		S	0.0817±0.0017d	$0.0825 \pm 0.0015 d$	0.0818 ± 0.0008 cd	0.0853±0.0000cd	
		SH	0.0933±0.0006b	0.0943±0.0003b	$0.0934 \pm 0.0029b$	$0.0962 \pm 0.0009 b$	
		SZ	0.0804±0.0023d	0.0816±0.0009d	$0.0802 \pm 0.0043 d$	$0.0811 \pm 0.0010d$	
		SZH	0.0876±0.0006c	0.0871±0.0015c	0.0880±0.0000bc	0.0895±0.0006bc	

Notes: Data in this table is mean \pm standard error of at least three replicates. According to Duncan's

4 multiple range tests, different letters indicate significant difference at the five percent significant

5 level Within each column.

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Figure 1. Effect of Hemin on growth of rice seedlings under NaCl (9 d) in HHZ (a) and XLY900 (b).

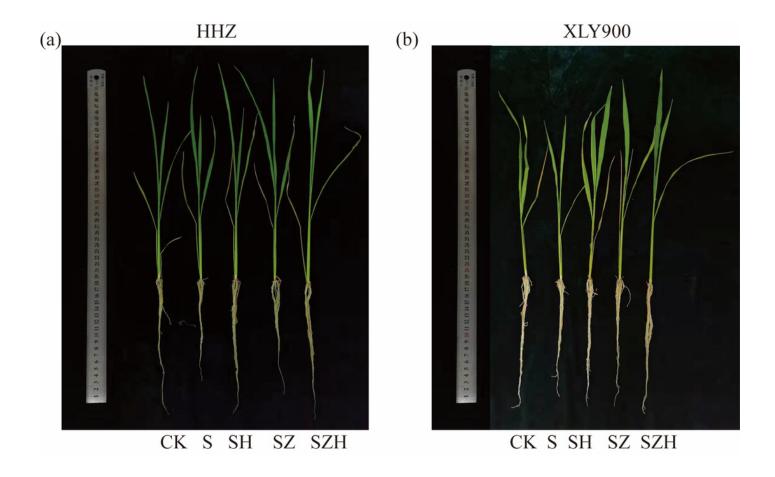




Figure 2. Effect of Hemin on membrane damage and ROS accumulation of rice seedlings under NaCl.

Electrolyte leakage in HHZ (a) and XLY900 (b); MDA in HHZ (c) and XLY900 (d) and H_2O_2 in HHZ (e) and XLY900 (f). Values are the means±SD of three replicate samples. Different letters in the data column indicate significant differences (p<0.05) according to Duncan's test.



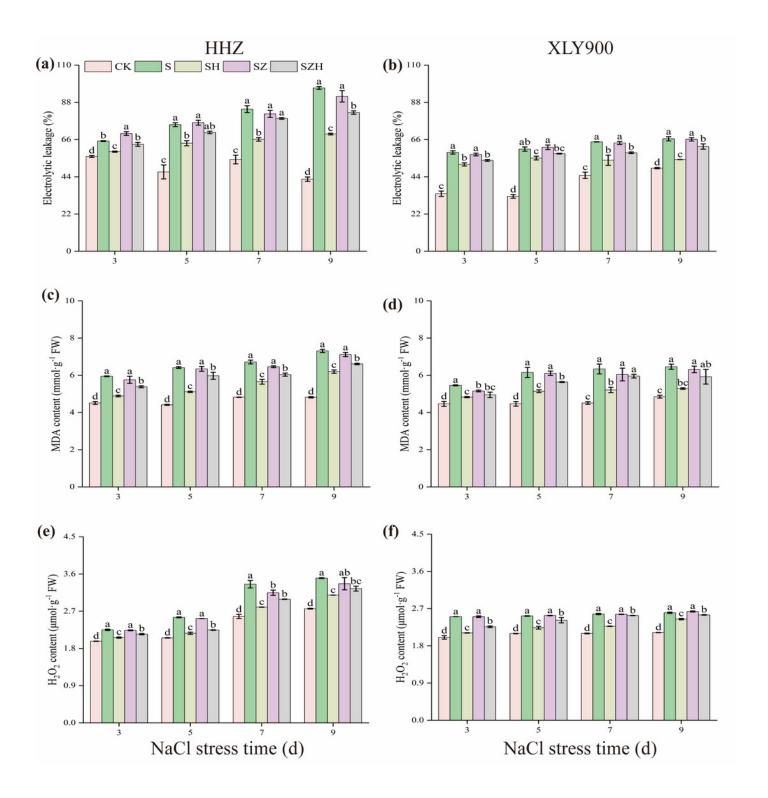


Figure 3. Effect of Hemin on histochemical localization of H_2O_2 and O_2 on rice leaves under NaCl stress (3 d).

 H_2O_2 in HHZ (a) and XLY900 (b) and O_2 in HHZ (c) and XLY900 (d).

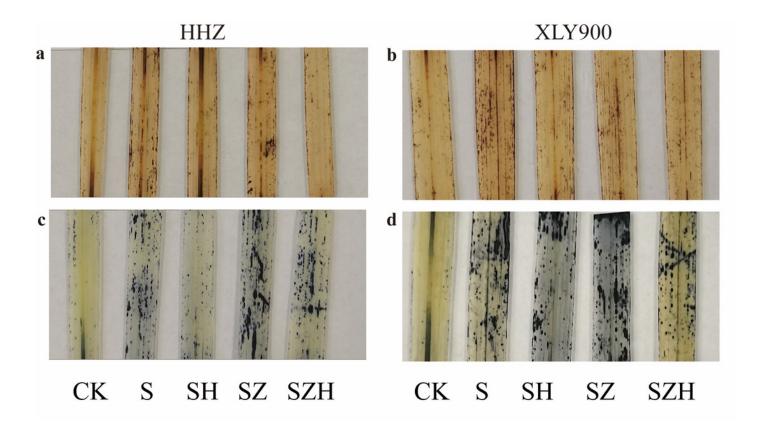




Figure 4. Effect of Hemin on SOD, POD, and CAT activity of rice seedlings under NaCl stress.

SOD in HHZ (a) and XLY900 (b); POD in HHZ (c) and XLY900 (d) and CAT in HHZ (e) and XLY900 (f). Values are the means±SD of three replicate samples. Different letters in the data column indicate significant differences (p<0.05) according to Duncan's test.



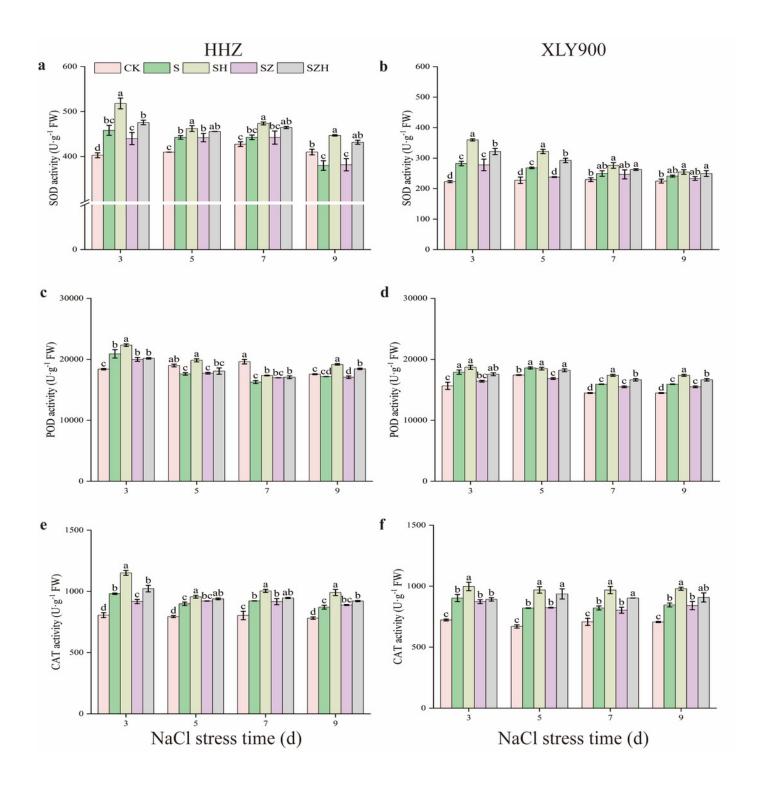




Figure 5. Effect of Hemin on ascorbic acid content of rice seedlings under NaCl stress.

AsA in HHZ (a) and XLY900 (b); DHA in HHZ (c) and XLY900 (d) and AsA+DHA in HHZ (e) and XLY900 (f). Values are the means±SD of three replicate samples. Different letters in the data column indicate significant differences (p<0.05) according to Duncan's test.



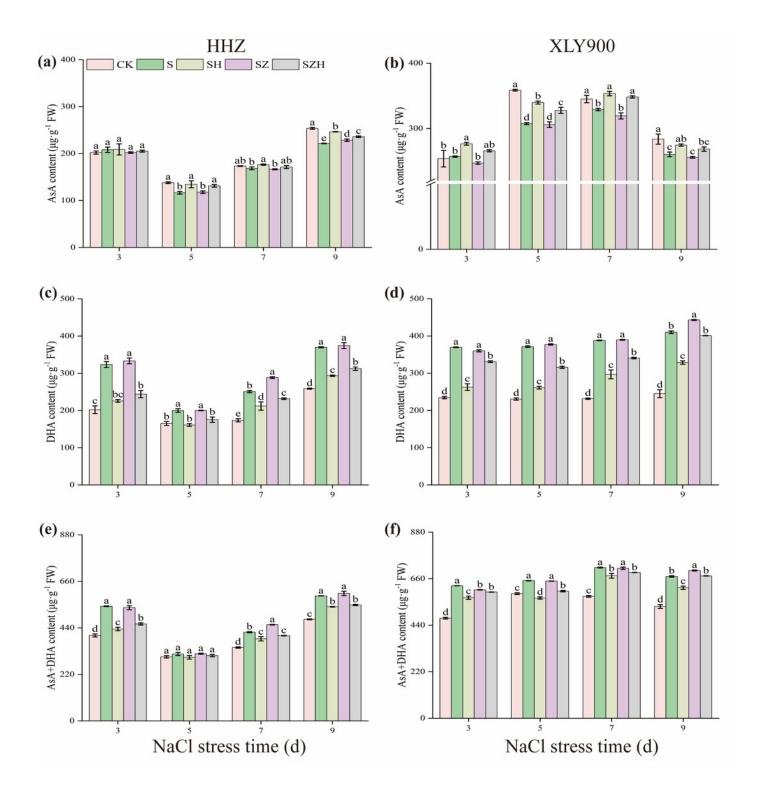




Figure 6. Effect of Hemin on glutathione content of rice seedlings under NaCl stress.

GSH in HHZ (a) and XLY900 (b); GSSG in HHZ (c) and XLY900 (d) and GSH+GSSG in HHZ (e) and XLY900 (f). Values are the means±SD of three replicate samples. Different letters in the data column indicate significant differences (p<0.05) according to Duncan's test.



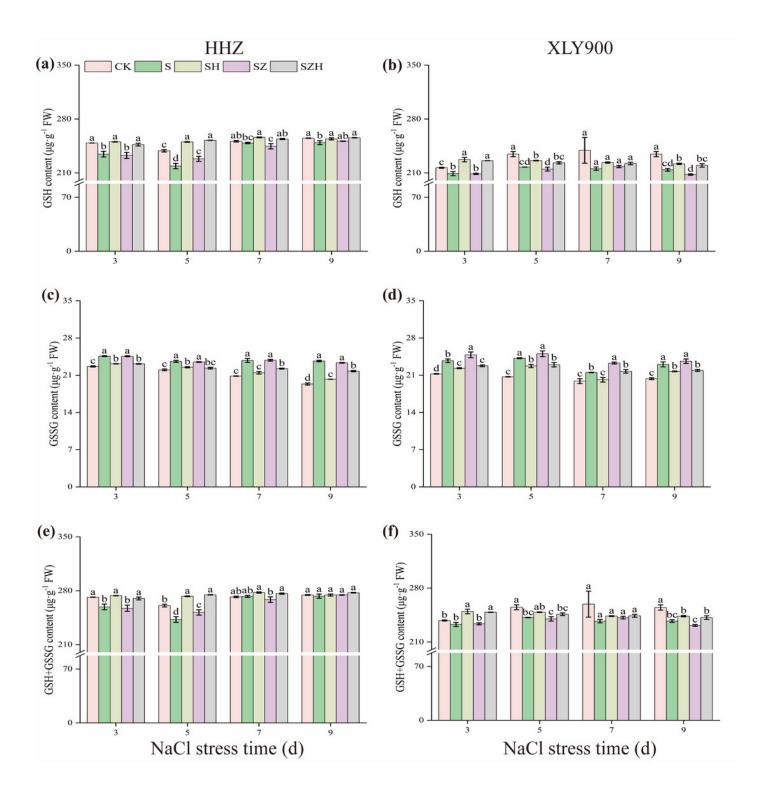




Figure 7. Effect of Hemin on key enzyme activities in the AsA-GSH defense system of rice seedlings under NaCl stress.

APX in HHZ (a) and XLY900 (b); MDHAR in HHZ (c) and XLY900 (d) DHAR in HHZ (e) and XLY900 (f) and GR in HHZ (g) and XLY900 (h). Values are the means±SD of three replicate samples. Different letters in the data column indicate significant differences (p<0.05) according to Duncan's test.



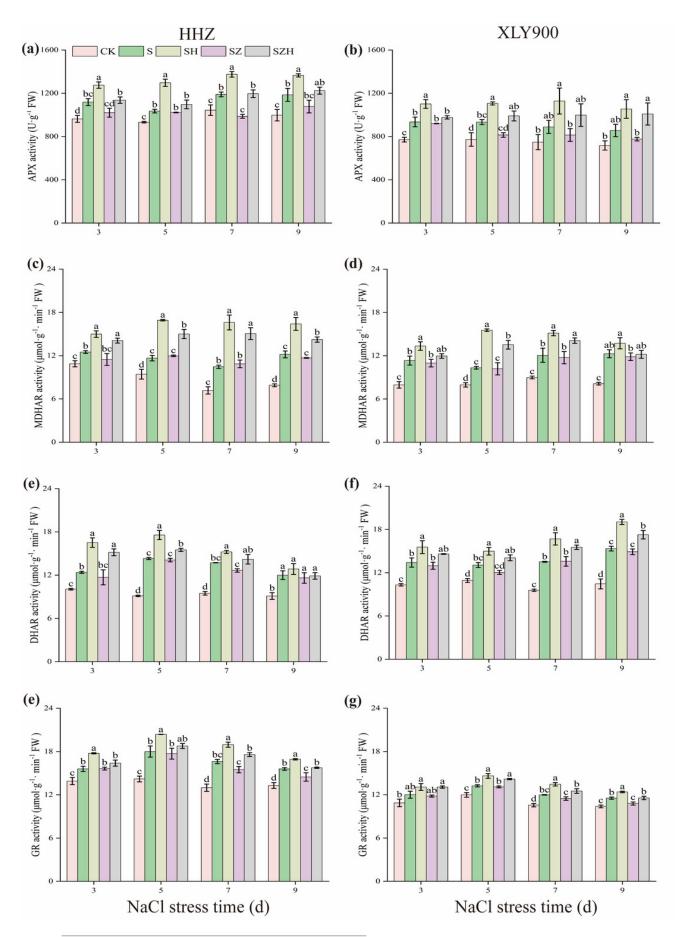




Figure 8. Effect of Hemin on osmoregulatory substances of rice seedlings under NaCl stress.

Proline content in HHZ (a) and XLY900 (b); soluble protein content in HHZ (c) and XLY900 (d). Values are the means±SD of three replicate samples. Different letters in the data column indicate significant differences (p<0.05) according to Duncan's test.

