

# New insights into the role of GSK-3 $\beta$ in the brain: From neurodegenerative disease to tumorigenesis

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Glycogen synthase kinase 3 (GSK-3) is a serine/threonine kinase widely expressed in various tissues and organs. Unlike other kinases, GSK-3 is active under resting conditions and is inactivated upon stimulation. In mammals, GSK-3 includes GSK-3  $\alpha$  and GSK-3 $\beta$  isoforms encoded by two homologous genes, namely, GSK3A and GSK3B. GSK-3 $\beta$  is essential for the control of glucose metabolism, signal transduction, and tissue homeostasis. As more than 100 known proteins have been identified as GSK-3 $\beta$  substrates, it is sometimes referred to as a moonlighting kinase. Previous studies have elucidated the regulation modes of GSK-3 $\beta$ . GSK-3 $\beta$  is involved in almost all aspects of brain functions, such as neuronal morphology, synapse formation, neuroinflammation, and neurological disorders. Recently, several comparatively specific small molecules have facilitated the chemical manipulation of this enzyme within cellular systems, leading to the discovery of novel inhibitors for GSK-3 $\beta$ . Despite these advancements, the therapeutic significance of GSK-3 $\beta$  as a drug target is still complicated by uncertainties surrounding the potential of inhibitors to stimulate tumorigenesis. This review provides a comprehensive overview of the intricate mechanisms of this enzyme and evaluates the existing evidence regarding the therapeutic potential of GSK-3 $\beta$  in brain diseases, including Alzheimer's disease, Parkinson's disease, mood disorders, and glioblastoma.

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## **New insights into the role of GSK-3 $\beta$ in the brain: From neurodegenerative disease to tumorigenesis**

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## 27 Abstract

28 Glycogen synthase kinase 3 (GSK-3) is a serine/threonine kinase widely expressed in various tissues and organs.  
29 Unlike other kinases, GSK-3 is active under resting conditions and is inactivated upon stimulation. In mammals,  
30 GSK-3 includes GSK-3 $\alpha$  and GSK-3 $\beta$  isoforms encoded by two homologous genes, namely, GSK3A and  
31 GSK3B. GSK-3 $\beta$  is essential for the control of glucose metabolism, signal transduction, and tissue homeostasis.  
32 As more than 100 known proteins have been identified as GSK-3 $\beta$  substrates, it is sometimes referred to as a  
33 moonlighting kinase. Previous studies have elucidated the regulation modes of GSK-3 $\beta$ . GSK-3 $\beta$  is involved in  
34 almost all aspects of brain functions, such as neuronal morphology, synapse formation, neuroinflammation, and  
35 neurological disorders. Recently, several comparatively specific small molecules have facilitated the chemical  
36 manipulation of this enzyme within cellular systems, leading to the discovery of novel inhibitors for GSK-3 $\beta$ .  
37 Despite these advancements, the therapeutic significance of GSK-3 $\beta$  as a drug target is still complicated by  
38 uncertainties surrounding the potential of inhibitors to stimulate tumorigenesis. This review provides a  
39 comprehensive overview of the intricate mechanisms of this enzyme and evaluates the existing evidence  
40 regarding the therapeutic potential of GSK-3 $\beta$  in brain diseases, including Alzheimer's disease, Parkinson's  
41 disease, mood disorders, and glioblastoma.

42

43 **Keywords:** Alzheimer's disease; Glioblastoma; GSK-3 $\beta$ ; Neuroinflammation; Parkinson's disease;  
44 Synaptic plasticity

45

## 46 Introduction

47 GSK-3 is an extensively conserved serine/threonine (S/T) protein kinase that catalyses the phosphorylation  
48 of threonine or serine residues, regulating numerous cellular biological processes, including glycogen  
49 metabolism, insulin signalling, cell growth, and differentiation (Duda et al., 2020). Inhibition of glycogen  
50 synthase (GS) by GSK-3 results in reduced glycogen synthesis in the liver and muscles, accompanied by elevated  
51 blood glucose levels or hyperglycaemia (Gupte et al., 2020). For this reason, GSK-3 is closely correlated with  
52 the pathogenesis and progression of many diseases, such as diabetes, obesity, and cancer (Amar et al., 2011).  
53 GSK-3 is constitutively activated in resting cells and is frequently inhibited by growth factors [e.g., insulin,  
54 insulin-like growth factor (IGF), vascular endothelial growth factor (VEGF), platelet-derived growth factor  
55 (PDGF), and nerve growth factor (NGF)] and other extracellular stimuli (e.g., Wnt) (Duda et al., 2018). In  
56 humans, there are two isoforms of GSK-3, namely, GSK-3 $\alpha$  (51 kDa) and GSK-3 $\beta$  (47 kDa), which are encoded  
57 by distinct genes, GSK3A and GSK3B, respectively. The catalytic domains of GSK-3 $\alpha$  and GSK-3 $\beta$  proteins  
58 exhibit a remarkable 98% similarity, while their unique C-terminal regions diverge, showing only 36%  
59 homology (Emma et al., 2020). Although they have higher homology in the kinase domain, GSK-3 $\alpha$  and GSK-  
60 3 $\beta$  have differentiated substrate preferences, and their cellular functions are at least partially nonredundant, as  
61 demonstrated by isoform-specific gene knockout (KO) studies in mice (Gupte et al., 2022). GSK-3 $\alpha$  KO mice  
62 exhibit viability and normal developmental patterns, whereas GSK-3 $\beta$  KO leads to embryonic lethality,  
63 primarily attributed to severe liver degeneration (Hoefflich et al., 2000). The activity of the GSK-3 $\beta$  kinase  
64 depends on phosphorylation. Phosphorylation of tyrosine 216 (T216) in GSK-3 $\beta$  and tyrosine 279 (T279) in  
65 GSK-3 $\alpha$  is needed for maximal activity, whereas phosphorylation of serine 9 (S9) in GSK-3 $\beta$  and serine 21  
66 (S21) in GSK-3 $\alpha$  results in inhibition of the kinase (Moore et al., 2021). For example, insulin inactivates GSK-  
67 3 by phosphorylation of specific residues, namely, serine 21 (p-Ser21-GSK-3 $\alpha$ ) and serine 9 (p-Ser9-GSK-3 $\beta$ ),

68 in a phosphatidylinositol 3-kinase (PI3K)-dependent manner (Zakharova et al., 2019). Among the many kinases  
69 that phosphorylate GSK-3 $\beta$  and thus inhibit its activity, the best known is protein kinase B (PKB or AKT), which  
70 acts downstream of PI3K and PDK1 kinase signalling. The inhibition of GSK-3 $\beta$  through phosphorylation is not  
71 exclusive to AKT but also involves other protein kinases, including protein kinase A (PKA) and protein kinase  
72 C (PKC) (Ku et al., 2011; Moore et al., 2013). In addition, GSK-3 $\beta$  regulation is influenced by various other  
73 regulators, including the mammalian target of rapamycin (mTOR), Wnt, and p38 mitogen-activated protein  
74 kinase (p38 MAPK) signalling pathways. These pathways also hold significant importance in the regulation of  
75 GSK-3 $\beta$  (Golick et al., 2018; Pan and Valapala, 2022; Taelman et al., 2010; Thornton et al., 2008). Despite this  
76 inhibitory phosphorylation, dephosphorylation of the Ser9 phosphate group on GSK-3 $\beta$  by protein phosphatases,  
77 such as protein phosphatase 2A (PP2A) and protein phosphatase 1 (PP1), enhances GSK-3 $\beta$  activity. This  
78 phenomenon has been observed in triple-negative breast cancer and neuronal degeneration (Bennecib et al.,  
79 2000; Jian et al., 2022; Liang and Chuang, 2007). Conversely, these regulators and protein phosphatases may  
80 also function as substrates for GSK-3 $\beta$  (Hermida et al., 2017).

81 Over the past decades, dysregulation of GSK-3 $\beta$  has been linked to the pathogenesis of many disorders,  
82 including type 2 diabetes mellitus (T2DM), atherosclerosis, neurodegenerative diseases, and a variety of  
83 malignant tumours (Lin et al., 2020; Yang et al., 2021; Zhang et al., 2018). Because aberrant GSK-3 $\beta$  expression  
84 has been implicated in many diseases, accumulating studies have provided proof-of-concept that targeting GSK-  
85 3 $\beta$  is a promising strategy for treating various diseases. In tumours, GSK-3 $\beta$  has been demonstrated to play a  
86 paradoxical role as GSK-3 $\beta$  acts as a tumour promoter or suppressor based on the cell type and phosphorylation  
87 status (He et al., 2022; Li et al., 2017; Pecoraro et al., 2021; Zhang et al., 2020). Furthermore, increasing evidence  
88 suggests that GSK-3 $\beta$  signalling plays a critical role in driving the advancement of neurodegeneration.  
89 Therefore, inhibition of GSK-3 $\beta$  is regarded as a prospective therapeutic strategy for central nervous system  
90 (CNS)-related disorders, especially Alzheimer's disease (AD) (Eldar-Finkelman and Martinez, 2011; Lauretti et  
91 al., 2020).

92 In the next section, we summarize the regulatory mechanisms of GSK-3 $\beta$  action, the physiopathological  
93 functions of GSK-3 $\beta$  in the brain, the current development of GSK-3 $\beta$  inhibitors, and treatment of brain and  
94 neurological diseases. The major focus of this review is on the intricate interactions between GSK-3 $\beta$  and  
95 neuroregulation, as well as the potential of GSK-3 $\beta$  for the therapeutic intervention of brain disease.

#### 96 **Why this review is needed and who it is intended for**

97 The brain is the main controller of learning, memory, movement, and other behaviours. Despite intensive  
98 research, the exact mechanisms that trigger brain disorders, such as Alzheimer's disease (AD) and Parkinson's  
99 disease (PD), are still not known, and at present, there is no cure for many brain diseases. Recently, several  
100 signalling molecules, especially glycogen synthase kinase-3 $\beta$  (GSK-3 $\beta$ ), have been explored as possible  
101 candidate targets for the treatment of AD, PD, and mood disorders. This review discusses and summarizes the  
102 new advances in GSK-3 $\beta$  and its roles in brain physiology, neural development, neurodegenerative disorders,  
103 and neuropsychiatric disorders. Our review will appeal to researchers interested in the field of neuroscience, and  
104 it provides an overview of research on molecular targeted therapy for neurological and brain diseases. Although  
105 research on GSK-3 $\beta$  in the brain is still faced with many shortcomings and obstacles, the reported results in drug  
106 treatment, especially in GSK-3 $\beta$  inhibitors, are surprising. Importantly, these basic concepts and comprehensive  
107 knowledge are of great reference for chemists, biological scientists, pharmacists, and clinical workers as they  
108 may provide new insights into brain science and even a breakthrough in other fields.

## 109 **Search Methodology**

110 PubMed and Web of Science were used to identify relevant articles for this review, with the most recent search  
111 conducted in 2023. The search was performed in full-text journals, focusing on the most relevant advances in  
112 GSK-3 $\beta$  functions and their role in brain physiology and pathology. We categorized keywords, synonyms, and  
113 variants into categories, and used any combination of words from those categories for our search. The following  
114 categories were used for the search: 1) GSK-3 $\beta$ , which included GSK3 $\beta$ , glycogen synthase kinase-3 $\beta$ , and  
115 glycogen synthase kinase 3; and 2) brain disease, which included central nervous system, neural, cerebral,  
116 nervous, mind, Alzheimer's disease, Parkinson's disease, Huntington's disease, amyotrophic lateral sclerosis,  
117 multiple sclerosis, bipolar disorder, schizophrenia, glioblastoma, and ischaemia–reperfusion (I/R) injury. The  
118 words were merged via the Boolean operators “AND” and “OR”. The initial search screened approximately 200  
119 relevant articles written in English that could be useful for this review. No language restrictions were imposed.

120

## 121 **Regulatory Mechanisms of GSK-3 $\beta$ Action**

122 GSK-3 $\beta$  is involved in the regulation of cell biological functions through specific substrate phosphorylation.  
123 The regulation of GSK-3 $\beta$  activity encompasses the following four pivotal mechanisms: autophosphorylation  
124 regulation of GSK-3 $\beta$ , subcellular localization of GSK-3 $\beta$ , assembly of protein complexes harbouring GSK-3 $\beta$ ,  
125 and phosphorylation status of GSK-3 $\beta$  substrates (Jope and Johnson, 2004) (Figure 1). One of the clearest  
126 regulatory mechanisms is the inhibition of GSK-3 $\beta$  activity by phosphorylation of Ser9 in GSK-3 $\beta$   
127 (corresponding to Ser21 in GSK-3 $\alpha$ ) (Patel and Werstuck, 2021). The PI3K/AKT signalling pathway is the  
128 primary regulator of GSK-3 $\beta$ , which is activated in response to insulin and several growth factors. However,  
129 AKT (PKB) and other kinases, including protein kinase A (PKA), ribosomal 70-kDa protein S6 kinase  
130 (p70S6K), and p90 ribosomal S6 kinase (p90RSK), phosphorylate the inhibitory Ser9 residue of GSK-3 $\beta$ , which  
131 results in the inactivation of GSK-3 $\beta$  (Cervello et al., 2017). In contrast, phosphorylation of Tyr216 in GSK-3 $\beta$   
132 (corresponding to Tyr279 in GSK-3 $\alpha$ ) by Src, FYN, and PYK2 enhances the catalytic activity of GSK-3 $\beta$  kinase,  
133 which may be constitutive in resting cells, but the mechanism regulating this modification is unclear (Bhat et al.,  
134 2000; Nagini et al., 2019).

135 The activity of GSK-3 $\beta$  is subject to regulation through subcellular localization, particularly within the  
136 nucleus and mitochondria, where GSK-3 $\beta$  exhibits heightened activity and undergoes dynamic regulation (Bijur  
137 and Jope, 2003). When translocated into the nucleus, GSK-3 $\beta$  exhibits phosphorylation activity towards a diverse  
138 range of substrates, mostly known as transcription factors (TFs) or epigenetic regulatory factors, such as RXR $\alpha$ ,  
139 p53, and KDM1A (Eom and Jope, 2009; Zhang et al., 2020; Zhou et al., 2016). The localization of GSK-3 $\beta$   
140 within protein complexes either facilitates or impedes its activity towards specific substrates. For example, in  
141 the canonical Wnt signalling pathway, GSK-3 $\beta$  and the  $\beta$ -catenin transcriptional coactivator coexist on the Axin  
142 scaffold protein, and this colocalization guides GSK-3 $\beta$  to phosphorylate  $\beta$ -catenin, consequently triggering the  
143 degradation of  $\beta$ -catenin protein in the cytosol. Activation of the Wnt signalling pathway prevents GSK-3 $\beta$  from  
144 accessing  $\beta$ -catenin, resulting in the accumulation of active  $\beta$ -catenin (Marineau et al., 2020). The fourth  
145 mechanism refers to the effect of GSK-3 $\beta$  being regulated by the substrate phosphorylation state, which is a  
146 mechanism that indirectly regulates the substrate phosphorylation efficiency of GSK-3 $\beta$ . Most of the substrates  
147 of GSK-3 $\beta$  must be in the “primed” (sensitized) state. Under the condition that GSK-3 $\beta$  is prephosphorylated at  
148 a residue four amino acids C-terminal to the phosphorylation site by another “priming kinase” (activated kinase),  
149 GSK-3 $\beta$  further phosphorylates the “primed” substrate; that is, the regulation of substrate phosphorylation

150 activity by GSK-3 $\beta$  usually requires the coordination of the "priming kinase" (Duan et al., 2022; Jope et al.,  
151 2007). These complex mechanisms of GSK-3 $\beta$  regulation provide GSK-3 $\beta$  with specific control over its  
152 substrates, a particularly important ability of the enzyme that enables GSK-3 $\beta$  to phosphorylate numerous  
153 substrates and thus regulate many biological functions.

154

## 155 **Multifaceted Functions of GSK-3 $\beta$ in the Brain**

156 GSK-3 $\beta$  is the most abundant in the brain and nervous system, and its expression level increases with age  
157 (Lee et al., 2006). GSK-3 $\beta$  not only mediates abnormal pathological processes but is also essential for the normal  
158 physiological function of the brain. To obtain a comprehensive understanding, we summarized the pleiotropic  
159 role of GSK-3 $\beta$  in the brain in Figure 2.

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### 161 **GSK-3 $\beta$ , synaptic plasticity, and memory formation**

162 The hippocampus is widely recognized as the central hub for learning and memory within the brain, and it  
163 plays a crucial role in synaptic plasticity, encompassing the mechanisms underlying both long-term potentiation  
164 (LTP) and long-term depression (LTD). LTP refers to the enduring enhancement of synaptic strength, while  
165 LTD represents the contrasting process (Parvez et al., 2023). GSK-3 $\beta$  exhibits high expression levels in the  
166 hippocampus of a healthy brain where it assumes a crucial function in synaptic plasticity and the formation of  
167 memories. Liu E et al. reported that mice with GSK-3 $\beta$  deletion specifically in the excitatory neurons of the  
168 dentate gyrus (DG) exhibit impairments in spatial and fear memory. Subsequent investigations have revealed  
169 that deletion of GSK-3 $\beta$  in the DG subset leads to the inhibition of synaptic transmission within the  
170 hippocampus; additionally, it results in decreased expression levels of GluN1, GluN2A, GluN2B, GluA1,  
171 PSD93, drebrin, and synaptophysin (Liu et al., 2017). Consistently, Koike R et al. demonstrated that aged GSK-  
172 3 $\beta^{+/-}$  mice manifest deficiencies in the formation of both short-term and long-term memories, thereby offering  
173 additional evidence for the essential role of GSK-3 $\beta$  in memory formation during advanced age (Koike et al.,  
174 2021). Mechanistically, Peineau S et al. reported that the activation of GSK-3 $\beta$  is enhanced during NMDA  
175 receptor-dependent LTD via activation of PP1, while the activity of GSK-3 $\beta$  is inhibited by the induction of LTP  
176 (Peineau et al., 2007). The induction of LTP in both the DG and CA1 regions of the hippocampus leads to an  
177 elevation in the inhibitory phosphorylation of GSK-3 $\beta$  at Ser9 (Cunningham et al., 2017).

178 Memory impairment in old age is a hallmark of AD, with dementia developing in the final stages.  
179 Alzheimer's disease is marked by  $\beta$ -amyloid ( $A\beta$ ) deposits and neurofibrillary tangles (NFTs). Detectable NFTs  
180 in AD-associated memory impairment and dementia are associated with synaptic and neuronal loss in diseased  
181 brains (Ashrafian et al., 2021). Prior to NFT formation, tau undergoes hyperphosphorylation due to the activation  
182 of GSK-3 $\beta$ , resulting in the formation of tau oligomers with a granular structure. The hyperphosphorylated tau  
183 is strongly linked to the loss of synapses and the impairment of memory induced by  $A\beta$ . Mice overexpressing  
184 GSK-3 $\beta$  show an accumulation of hyperphosphorylated tau, a reduction in hippocampal LTP, and memory  
185 impairment in object recognition tests (Takashima, 2012). Notably, this memory deficit in mice is reversed when  
186 tau expression stops. Consequently, reducing tau levels and inhibiting GSK-3 $\beta$  each rescue memory impairment  
187 in AD models (Gómez de Barreda et al., 2010; Roberson et al., 2007). Another possible mechanism is that GSK-  
188 3 $\beta$  inactivation enables stabilization of  $\beta$ -catenin, which protects  $\beta$ -catenin from degradation mediated by the  
189 proteasome.  $\beta$ -catenin is expressed in both pre- and postsynaptic terminals, and it is responsible for cell adhesion  
190 and synaptic structure (Hui et al., 2018; Murase et al., 2002). Downregulation of the  $\beta$ -catenin signalling pathway

191 due to increased GSK-3 $\beta$  activity has been observed in AD brains (Vallée et al., 2018). Given the pivotal role of  
192 GSK-3 $\beta$  in the regulation of synaptic plasticity and memory formation, the reduction in GSK-3 $\beta$  activity  
193 obtained by pharmacological approaches has been extensively explored and reported in several AD models  
194 (Iqbal et al., 2023).

195

### 196 **GSK-3 $\beta$ and neuroinflammation**

197 Inflammation has become a dominant contributor to brain disease, with principal participation from ageing  
198 and proteinopathy, which has been widely studied to understand its mechanism in neural pathology (Samim  
199 Khan et al., 2023). The initial defensive reaction of the organism in response to allergic stimuli involves immune-  
200 mediated inflammation. Although the initial response is protective, the persistent and excessive response causes  
201 pathological lesions. In the neural network, the equilibrium between inflammatory and anti-inflammatory  
202 processes is upheld through the activation of M1 and M2 microglia. M1 microglia exhibit the capacity to generate  
203 inflammatory factors primarily mediated by Toll-like receptors (TLRs), whereas M2 microglia function as  
204 reparative agents, primarily releasing IL-10 and IL-4 (Cherry et al., 2014). As a result of pathological stimuli  
205 within the brain, the innate immune response is initially engaged, leading to the subsequent transformation of  
206 microglia-mediated innate immunity into neuroinflammation. Neuroinflammation is associated with glial  
207 activation, blood–brain barrier (BBB) breakdown, proinflammatory cytokine release, and leukocyte invasion, in  
208 which the molecular mechanism generally involves the activity of NOD-like receptor family pyrin domain-  
209 containing protein 3 (NLRP3), Toll-like receptors (TLRs), and nuclear transcription factors, such as nuclear  
210 factor kappa B (NF- $\kappa$ B), nuclear factor of activated T cells (NFAT), cAMP response element-binding protein  
211 (CREB), and signal transducer and activator of transcription 3 (STAT3) (Candelario-Jalil et al., 2022; Jurcau  
212 and Simion, 2021; Zhu et al., 2021).

213 NLRP3 is a cytoplasmic pattern recognition receptor (PRR) that is prominently expressed in macrophages,  
214 and it serves as a crucial constituent of the inflammasome. In the past decade, NLRP3 has been shown to be  
215 involved in neuroinflammatory processes, in which the interplay between the innate immune system and the  
216 caspase-1 apoptotic protein plays a significant role (Voet et al., 2019). The assembly of the NLRP3  
217 inflammasome results in the secretion of potent proinflammatory cytokines, namely, IL-1 $\beta$ , IL-18, and IL-33.  
218 These inflammatory factors play a crucial role in neurodegeneration. After the discovery of the regulatory role  
219 of GSK-3 $\beta$  in the brain, its participation in NLRP3-mediated inflammatory pathways has been widely explored.  
220 Agents capable of inducing the phosphorylation of GSK-3 $\beta$  to mitigate NLRP3-mediated inflammation,  
221 oxidative stress, apoptosis, and autophagy have been assessed in various models of neurological disorders (Li et  
222 al., 2021; Liu et al., 2020b; Wang et al., 2021; Wang et al., 2019). In the brain, Toll-like receptors (TLRs) mainly  
223 modulate glial and neuronal functions, as well as innate immunity and neuroinflammation, under physiological  
224 or pathological conditions (Fei et al., 2022; Mowry et al., 2021; Schilling et al., 2021). During the past decade,  
225 numerous studies have demonstrated that GSK-3 $\beta$  is a key regulator of the TLR signalling pathway via TLR3  
226 and TLR4 (Ko and Lee, 2016). TNFR-associated factors (TRAFs) are critical for the production of inflammatory  
227 cytokines and antiviral responses in TLR3-mediated signalling pathways. Ko R et al. identified TRAF6 as a  
228 direct E3 ligase for GSK-3 $\beta$ , and they demonstrated that TRAF6-mediated GSK-3 $\beta$  ubiquitination is essential  
229 for cytokine production by promoting complexes assembled by TRIF, a TLR3 adaptor protein (Ko et al., 2015).  
230 These researchers also reported that Src phosphorylation is regulated by GSK-3 $\beta$  via TNFR-associated factor 2  
231 (TRAF2)-mediated Src ubiquitination. Deficits of GSK-3 $\beta$  in mouse embryonic fibroblasts significantly reduce

232 IFN-stimulated gene expression due to a reduction in Src tyrosine phosphorylation (Ko et al., 2019). Compared  
233 to the wild type (WT) group, TLR3 deficiency significantly inhibits programmed necrosis of brain cells in  
234 neonatal mice (Zhang et al., 2022a). TLR3 serves as a vital modulator of neuronal survival and developmental  
235 neuroplasticity. TLR3-deficient mice display augmented volumes of the hippocampal CA1 and DG regions,  
236 along with heightened levels of the GluR1 AMPA receptor subunit in the CA1 region (Okun et al., 2010). In  
237 TLR4 knockout mice, stress-activated GSK-3 $\beta$  activity and the production of hippocampal cytokines and  
238 chemokines are attenuated. Similarly, administration of TDZD-8, a GSK-3 $\beta$  inhibitor, significantly reduces the  
239 expression of most hippocampal cytokines and chemokines (Cheng et al., 2016). In addition, TDZD-8 treatment  
240 downregulates TLR4 protein expression, upregulates claudin5 protein expression, and significantly improves  
241 cognitive function in aged mice (Liang et al., 2020).

242 Different transcription factors, such as nuclear factor kappa B (NF- $\kappa$ B), c-Jun, nuclear factor of activated T  
243 cells (NFAT), cAMP response element-binding protein (CREB), and signal transducer and activator of  
244 transcription 3 (STAT3), have been shown to be substrates for GSK-3 $\beta$  activity (Gao et al., 2017; Götschel et  
245 al., 2008; Lakshmanan et al., 2015). Furthermore, it is well documented that these GSK-3 $\beta$  substrates play  
246 important roles in the regulation of neuroinflammation (Golpich et al., 2015). Among these factors, NF- $\kappa$ B is a  
247 principal transcription factor activated by inflammatory processes leading to cytokine production. A previous  
248 study has indicated that NF- $\kappa$ B is regulated by GSK-3 $\beta$  at the level of the transcriptional complex (Hoefflich et  
249 al., 2000). In addition, GSK-3 $\beta$  directly phosphorylates the NF- $\kappa$ B protein at Ser468 in unstimulated cells,  
250 thereby controlling the basal activity of NF- $\kappa$ B (Buss et al., 2004). NF- $\kappa$ B is expressed in microglia, neurons,  
251 and astrocytes, and it plays an important role in the regulation of inflammatory intermediates during neuronal  
252 dysfunction (Singh et al., 2020). NFAT activity is needed for the A-stimulated microglial activation that occurs  
253 during Alzheimer's disease (Rojanathammanee et al., 2015). Activation of STAT3 and the c-Jun signalling  
254 pathway may contribute to neuroinflammation and cognitive impairment (Hu et al., 2021b; Li et al., 2022).  
255 However, activation of the CREB signalling pathway significantly increases the survival of neurons, improves  
256 cognitive behaviour, and promotes anti-inflammatory effects (Sharma and Singh, 2020).

257

### 258 **GSK-3 $\beta$ , neuronal survival, and neurogenesis**

259 Neurogenesis involves cell survival, proliferation, and differentiation, which are strictly controlled by  
260 epigenetic mechanisms of gene transcription. Neurogenesis is traditionally recognized as an embryogenic  
261 phenomenon, but numerous studies have suggested that this process exists in certain areas of the brain (Espinós  
262 et al., 2022). In recent years, neurogenesis has attracted much attention, as drugs and targets promoting  
263 neurogenesis have shown beneficial results in the treatment of neurodegenerative diseases. In support of the  
264 hypothesis that GSK-3 $\beta$  is an important regulator in neurogenesis, transgenic mice overexpressing GSK-3 $\beta$   
265 exhibit a reduction in proliferation and maturation of new functional DG neurons, as well as a severe memory  
266 impairments. This GSK-3 $\beta$ -dependent depletion of neurogenesis contributes to microglial activation and A $\beta$ -  
267 mediated neuronal death, further promoting neurodegeneration (Hernandez et al., 2013). GSK-3 $\beta$  inhibition has  
268 been shown to enhance the proliferation, migration, and differentiation of neural stem cells in vitro. Inhibition  
269 of GSK-3 $\beta$  with the small molecule, tideglusib, induces neurogenesis in the DG of the hippocampus in vivo  
270 (Morales-Garcia et al., 2012). The above findings indicate that inactivation of GSK-3 $\beta$  is beneficial to promote  
271 the survival of functional neurons in neuropathology with impaired neurogenesis.

272 A deficit in hippocampal neurogenesis contributes to cognitive decline in old age. Activated GSK-3 $\beta$

273 accelerates hippocampal neurogenesis at the early stage, while pharmacological inhibition of GSK-3 $\beta$  is efficient  
274 in preserving hippocampal neurogenesis in senescent mice (Liu et al., 2020a). Inflammation is also implicated  
275 in the neuropathology of neurodegenerative disorders, as increased levels of proinflammatory cytokines, such  
276 as interleukin-1 $\beta$  (IL-1 $\beta$ ), have been shown to be detrimental to hippocampal neurogenesis. Previous results have  
277 suggested that GSK-3 $\beta$  activation is involved in the antiproliferative and progliogenic effects of IL-1 $\beta$ , and  
278 reduced GSK-3 $\beta$  activity facilitates the restoration of hippocampal neurogenesis in neuroinflammatory  
279 conditions (Green and Nolan, 2012). Glucose is indispensable for neuronal survival, and even minor changes in  
280 the glucose supply may result in serious consequences to the normal physiology of the nervous system. Thus,  
281 glucose homeostasis needs to be precisely regulated for the normal survival of neurons. Given the pivotal roles  
282 of GSK-3 $\beta$  in insulin sensitivity, glycogen synthesis, and glucose metabolism, GSK-3 $\beta$  is also necessary for  
283 neurogenesis.

284

### 285 **GSK-3 $\beta$ and neural migration**

286 Considerable evidence shows that GSK-3 $\beta$  directly or indirectly regulates neuronal migration in the nervous  
287 system. Several studies have investigated GSK-3 $\beta$  targeting the APC protein. Apart from its involvement in  
288 protein degradation, APC is a cytoskeletal protein that relies on microtubules and contributes to the maintenance  
289 of the polarized glial scaffold during brain development (Barth et al., 2008; Fang and Svitkina, 2022). In the  
290 absence of APC, glial cells lose their polarity and respond to extracellular polarity signals, such as neuregulin-  
291 1. Conditional gene targeting to eliminate APC further induces instability in the glial microtubule cytoskeleton,  
292 thereby indicating a significant role of APC in neuronal migration (Yokota et al., 2009). It remains unclear  
293 whether the migration defects are caused by the disruption of the glial scaffold or the absence of microtubule-  
294 associated APC in cortical neurons.

295 GSK-3 $\beta$  has been implicated in the regulation of neuronal migration through its influence on  $\beta$ -catenin.  
296 Mouse studies have provided evidence that genetic manipulation of  $\beta$ -catenin, either through deletion or  
297 overexpression, disrupts the development of the brain and spinal system (Zechner et al., 2003). The migration  
298 process primarily arises from aberrant neural progenitor development. In the context of a mutated nervous  
299 system, the presence of abnormally localized neurons has also been observed. Additionally, the levels of  $\beta$ -  
300 catenin in progenitor cells influence the positioning of neurons (Mutch et al., 2009). A possible explanation for  
301 the abnormal positioning of neurons is delayed determination of progenitor fate. However, studies on  $\beta$ -catenin  
302 mutations provide strong evidence for the potential involvement of GSK-3 $\beta$  in neuronal migration. Morgan-  
303 Smith M et al. demonstrated that GSK-3 $\beta$  is essential for radial migration and dendritic orientation. Interestingly,  
304 this GSK-3 $\beta$  regulation of migration in neurons is independent of  $\beta$ -catenin signalling (Morgan-Smith et al.,  
305 2014).

306 Researchers have also investigated the molecular regulation of GSK-3 $\beta$  in the migration of neurons. For  
307 example, DISC1, a prominent susceptibility factor for numerous mental disorders, governs the process of  
308 neuronal migration during brain development and has been implicated in the regulation of neuronal migration  
309 through its interaction with GSK-3 $\beta$ . At midembryonic stages, when neural progenitor proliferation is active,  
310 DISC1 interacts with GSK-3 $\beta$ . However, at later embryonic stages, when neuronal proliferation is occurring,  
311 DISC1 dissociates from GSK-3 $\beta$  (Ishizuka et al., 2011). LKB1, an evolutionally conserved polarity kinase also  
312 known as the upstream kinase of AMPK, is another important regulator of neuronal migration in the development  
313 of neurons. Asada N et al. reported that LKB1 phosphorylates GSK-3 $\beta$  at Ser9, thereby promoting neuronal

314 migration in the developing neocortex (Asada and Sanada, 2010). The delineation of the roles and underlying  
315 mechanisms of GSK-3 $\beta$  in neuronal migration holds paramount importance, as abnormalities in neuron  
316 migration are implicated in various neural disorders.

317

### 318 **GSK-3 $\beta$ and cerebral ischaemia**

319 The brain, being the most vulnerable organ to hypoxia and ischaemia, is highly susceptible to the  
320 detrimental effects of cerebral ischaemia. This condition poses a significant threat to human life because it can  
321 lead to severe impairment of brain functions. Additionally, both cerebral ischaemia and the subsequent  
322 reperfusion phase inflict extensive damage to the brain. Numerous studies have indicated the pivotal involvement  
323 of GSK-3 $\beta$  in neuronal injury following cerebral ischaemia. Most recently, Peng S et al. observed  
324 downregulation of AKT accompanied by activation of GSK-3 $\beta$  within 12 hours in cerebral  
325 ischaemia/reperfusion, and they suggested this downregulation is mediated by mTORC instead of PI3K and  
326 PDK1 signalling (Peng et al., 2022). Downregulation of GSK-3 $\beta$  using a siRNA-mediated approach markedly  
327 attenuates neuronal damage and enhances cell viability in rat models of ischaemia/reperfusion. Conversely,  
328 upregulation of GSK-3 $\beta$  significantly exacerbates neurological impairments and inflicts damage upon cerebral  
329 cortical neurons in ischaemia/reperfusion models (Li et al., 2016). In line with the findings of Kisoh K et al.,  
330 experimental models have demonstrated a substantial increase in the phosphorylation of GSK-3 $\beta$  at Ser9, as well  
331 as the phosphorylation of AKT, on the seventh day following cerebral ischaemia. Additionally, administration  
332 of a PI3K inhibitor results in a reduction in AKT activation and phosphorylation of GSK-3 $\beta$  at Ser9 in response  
333 to cerebral ischaemia (Kisoh et al., 2017). Chen BH et al. examined the expression of GSK-3 $\beta$  and p-GSK-3 $\beta$   
334 in the gerbil hippocampal CA1 area after transient cerebral ischaemia, and they reported that p-GSK-3 $\beta$  is highly  
335 expressed in astrocytes located in the stratum oriens and radiatum. The results indicate an increase in GSK-3 $\beta$   
336 immunoreactivity in pyramidal cells of the CA1 region at 6 h following ischaemia–reperfusion. However, GSK-  
337 3 $\beta$  levels decrease after 12 h and are scarcely detectable in CA1 pyramidal cells at 5 days  
338 postischaemia–reperfusion. Furthermore, p-GSK-3 $\beta$  is slightly decreased in CA1 pyramidal cells at 6 and 12 h  
339 but significantly increased at 1 and 2 days, and it is barely detectable in CA1 pyramidal cells at 5 days after  
340 ischaemia–reperfusion (Chen et al., 2017).

341 The occurrence of ischaemia–reperfusion (I/R) injury can lead to neuronal cell death, and it is closely related  
342 to oxidative stress. Nuclear factor erythroid 2-related factor 2 (Nrf2) is a master regulator of oxidative stress  
343 correlated with brain I/R injury. Several studies have suggested that activation of Nrf2 via GSK-3 $\beta$  modulation  
344 alleviates I/R-induced apoptosis and oxidative stress in neurons (Bai et al., 2021; Duan et al., 2019; Liao et al.,  
345 2020; Xu et al., 2021). The involvement of GSK-3 $\beta$  in ischaemia–reperfusion models can be attributed to its  
346 regulation of the Nrf2/ARE pathway, resulting in a reduction in oxidative stress. Treatment with a GSK-3 $\beta$   
347 inhibitor or GSK-3 $\beta$  siRNA has been shown to prevent neuronal injury caused by brain ischaemia through the  
348 activation of the Nrf2 signalling pathway (Li et al., 2016; Pang et al., 2016). In support of the hypothesis that  
349 GSK-3 $\beta$  is an important regulator in cerebral ischaemia, inhibition of GSK-3 $\beta$  using GSK-3 $\beta$  inhibitors enables  
350 protection of the brain from injury in various ischaemia–reperfusion models (Gao et al., 2021; Wang et al., 2017).

351 Altogether, GSK-3 $\beta$  is widely involved in physiological and pathological processes of the brain with  
352 sophisticated regulatory mechanisms. It is imperative for future investigations to elucidate additional facets of  
353 GSK-3 $\beta$  signalling in cerebral development that could hold therapeutic significance in the realm of brain  
354 disorders.

355

### 356 **GSK-3 $\beta$ and its Inhibitors in Brain Diseases**

357 Due to its multifaceted functions in the brain, GSK-3 $\beta$  has been strongly implicated in a variety of brain  
358 diseases, including Alzheimer's disease, Parkinson's disease, mood disorders, schizophrenia, and glioblastoma  
359 (GBM). Substantial evidence suggests that small molecule inhibitors of GSK-3 $\beta$  have great value in drug  
360 development. Generally, GSK-3 $\beta$  inhibitors are classified into the following four categories: 1) cations  
361 encompassing the mood stabilizer lithium, along with other metal ions, such as zinc and copper, which exert  
362 inhibitory effects on GSK-3 $\beta$  at millimolar or submicromolar concentrations, respectively; 2) ATP competitive  
363 inhibitors; 3) allosteric non-ATP competitive inhibitors; and 4) substrate competitive inhibitors (SCIs). The  
364 representative GSK-3 $\beta$  inhibitors and their reported effects in brain diseases are summarized in Table 1.

365 To date, researchers have invested a great deal of effort into developing GSK-3 $\beta$  inhibitors as potential  
366 drugs, especially for the treatment of neurodegenerative and psychiatric disorders (Arciniegas Ruiz and Eldar-  
367 Finkelman, 2021). For example, AF3581 is a new class of GSK-3 $\beta$  inhibitor, and studies have shown that this  
368 compound is effective in chronic mild stress-induced depression (mimicking the low phase of bipolar disorder)  
369 and mouse aggression (mimicking the high phase), indicating the therapeutic potential of GSK-3 $\beta$  inhibitors in  
370 treating patients with bipolar disorder (Capurro et al., 2020). Previous studies have documented the efficacy of  
371 Schisandrin B stereoisomers as inhibitors of GSK-3 $\beta$ . These stereoisomers have demonstrated the ability to  
372 substantially enhance the expression of p-GSK-3 $\beta$  (Ser9) while reducing the expression of p-GSK-3 $\beta$  (Tyr216  
373 and Tyr279). Furthermore, they have shown promising effects in mitigating cell damage induced by amyloid  $\beta$   
374 (A $\beta$ ) and ameliorating cognitive impairment in mice with Alzheimer's disease (AD). These findings highlight  
375 the potential utility of these stereoisomers as neuroprotective agents for the treatment of Alzheimer's disease (Hu  
376 et al., 2019). After intranasal administration of 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP), rodents  
377 display time-dependent impairments in emotion, cognition, and motor function, thus mimicking Parkinson's  
378 disease in rodents. Lithium salt, a GSK-3 $\beta$  inhibitor, prevents olfactory discrimination and short-term memory  
379 impairment in an intranasal MPTP-induced Parkinson's disease rat model (Castro et al., 2012).

380

### 381 **GSK-3 $\beta$ and Alzheimer's disease**

382 Alzheimer's disease (AD) is a neurodegenerative disease, a type of late-onset dementia, characterized by  
383 gradual loss of memory, loss of speech ability, cognitive impairment, and other mental symptoms. AD is  
384 characterized by profound alterations in the morphology of numerous neuronal somata and axon terminals. The  
385 typical neuropathological changes of AD include the formation of senile plaques, which are deposits of A $\beta$   
386 protein in the brain, neurofibrillary tangles formed by the excessive phosphorylation of tau protein, neuronal  
387 apoptosis, and a series of inflammatory reactions (Chou et al., 2012). Neurofibrillary degeneration (NFD) is a  
388 type of intracellular damage caused by the modification of tau protein, which is a structural protein involved in  
389 stabilizing the neuronal cytoskeleton. During AD, tau protein undergoes hyperphosphorylation, which causes it  
390 to detach from microtubules and form paired pathological helical filaments, leading to progressive  
391 neurofibrillary degeneration.

392 GSK-3 $\beta$  is significantly expressed in the neuronal cell bodies of the brains of AD patients (Pei et al., 1997).  
393 Studies have shown that GSK-3 $\beta$  is a key enzyme for the hyperphosphorylation of tau protein. Overexpression  
394 of GSK-3 $\beta$  in the brains of transgenic mice leads to the hyperphosphorylation of tau protein, microtubule  
395 breakdown, and the appearance of neurofibrillary degeneration (Brownlees et al., 1997; Hernandez et al., 2013).

396 The activity of GSK-3 $\beta$  contributes to the production of A $\beta$  and A $\beta$ -mediated neuronal death. Mechanistically,  
397 tau protein is a substrate for GSK-3 $\beta$  phosphorylation and p-tau enable to form paired pathological helical  
398 filaments, leading to progressive neurofibrillary degeneration. GSK-3 $\beta$  is involved in regulating the protein  
399 hydrolysis and cleavage of amyloid precursor protein (APP), as well as the production of A $\beta$ , which is a small  
400 toxic peptide. A $\beta$  is derived from the protein hydrolysis of APP, and inhibiting GSK-3 $\beta$  reduces the production  
401 of A $\beta$  and protects neurons from the toxic effects of the peptides. In turn, abnormal aggregation of A $\beta$  increases  
402 the activity of GSK-3 $\beta$ , establishing a mechanistic link between the two major hallmarks of AD (accumulation  
403 of A $\beta$  and NFD) (Qing et al., 2008; Terwel et al., 2008). Studies have found that inhibiting the activity of GSK-3 $\beta$   
404 reduces the production of A $\beta$  and tau phosphorylation while improving learning and memory abilities [145].  
405 Therefore, GSK-3 $\beta$  is considered a potential target for treating Alzheimer's disease. Currently, some GSK-3 $\beta$   
406 inhibitors have entered preclinical studies, but their efficacy and safety still need further verification (Arciniegas  
407 Ruiz and Eldar-Finkelman, 2021).

408

### 409 **GSK-3 $\beta$ in Parkinson's Syndrome**

410 Parkinson's disease (PD) is a chronic neurodegenerative movement disorder, and it is the second most  
411 common neurodegenerative disease. PD is characterized by the degeneration of substantia nigra dopaminergic  
412 neurons and depletion of dopamine in the striatum, as well as the abnormal accumulation of  $\alpha$ -synuclein and  
413 synphilin-1 ( $\alpha$ -synuclein-interacting protein), resulting in pathological and clinical abnormalities (Jankovic and  
414 Tan, 2020). Dopamine helps to guide muscle activity, and when there is a significant loss of dopaminergic  
415 neurons in the substantia nigra of the brain, characteristic movement difficulties of PD, such as tremors, rigidity,  
416 bradykinesia, impaired balance, and impaired coordination, can occur (Reich and Savitt, 2019).

417 Numerous studies have found that the expression of GSK-3 $\beta$  is higher in the brains of patients with PD. In  
418 the striatum of PD patients after death, the levels of  $\alpha$ -synuclein and p-GSK-3 $\beta$  phosphorylated at Tyr 216 are  
419 higher, and activated GSK-3 $\beta$  hyperphosphorylates tau to produce toxic pathological forms of p-tau (Wills et  
420 al., 2010). In transgenic mouse models, the activation of GSK-3 $\beta$  depends on the presence of  $\alpha$ -synuclein, and  
421 overexpression of  $\alpha$ -synuclein is associated with increased activity of GSK-3 $\beta$ , indicating that the accumulation  
422 of  $\alpha$ -synuclein contributes to the activation and increase of GSK-3 $\beta$  in the brain of PD, leading to excessive  
423 phosphorylation of tau. Both in vitro and in vivo, GSK-3 $\beta$  is activated by MPTP in a strictly  $\alpha$ -synuclein-  
424 dependent manner and is responsible for the excessive phosphorylation of tau protein (Duka et al., 2009).  
425 Mechanistically,  $\alpha$ -synuclein is a substrate for GSK-3 $\beta$  phosphorylation and has been reported to activate  
426 NLRP3 inflammasome assembly by TLR2 stimulation. Interestingly,  $\alpha$ -synuclein reversely leads to GSK-3 $\beta$   
427 activation, and an acidic region of  $\alpha$ -synuclein is responsible for the stimulation of GSK-3 $\beta$ -mediated tau  
428 phosphorylation (Samim Khan et al., 2023). Thus, it has been concluded that there is crosstalk between  $\alpha$ -  
429 synuclein and GSK-3 $\beta$ -mediated tau phosphorylation, resulting in PD progression. A previous study has reported  
430 that heat shock protein 70 (Hsp70) suppresses the  $\alpha$ -synuclein-induced phosphorylation of tau by GSK-3 $\beta$   
431 through direct binding to  $\alpha$ -synuclein, suggesting that Hsp70 may act as a novel therapeutic target to counteract  
432  $\alpha$ -synuclein-mediated tau phosphorylation in PD (Kawakami et al., 2011).

433 Inhibition of GSK-3 $\beta$  reduces the accumulation of  $\alpha$ -synuclein and alleviates the excessive phosphorylation  
434 of tau protein (Duka et al., 2009). Synphilin-1 is an  $\alpha$ -synuclein-interacting protein, and GSK-3 $\beta$  specifically  
435 phosphorylates synphilin-1, reducing its ubiquitination in vitro and in vivo, which reduces its degradation by  
436 proteasomes (Avraham et al., 2005). A small amount of GSK-3 $\beta$  is also detected in mitochondria, and studies

437 have shown that increased mitochondrial GSK-3 $\beta$  activity enhances the production of reactive oxygen species  
438 and disrupts mitochondrial morphology. Chemical inhibitors of GSK-3 $\beta$  inhibit cell apoptosis induced by  
439 rotenone, an inhibitor of complex I of the electron transport chain, and attenuate GSK-3 $\beta$ -mediated damage to  
440 mitochondria (King et al., 2008). Inhibition of GSK-3 $\beta$  activity is a key element in the treatment of PD, as GSK-  
441 3 $\beta$  appears to be a specific therapeutic target for PD due to its involvement in neuronal apoptosis,  
442 phosphorylation of tau protein, aggregation of  $\alpha$ -synuclein, aggregation of synphilin-1, and mitochondrial  
443 dysfunction (Golpich et al., 2015).

444

### 445 **GSK-3 $\beta$ in Bipolar Disorder**

446 Bipolar disorder (BD), also known as manic-depressive illness, is a severe mental disorder. The symptoms  
447 of bipolar disorder first appear in adolescence or early adulthood, and they recur unpredictably with features of  
448 cyclic alternation between manic and depressive moods, characterized by periodic disturbances in mood, energy  
449 patterns, and behaviour (Vieta et al., 2018). Lithium and valproic acid are representative drugs and mood  
450 stabilizers used for bipolar disorder, which can alleviate mild to moderate manic episodes in BD patients  
451 (Scarselli, 2023). Both lithium and valproic acid exert therapeutic effects by inhibiting GSK-3 $\beta$  (Dandekar et  
452 al., 2018). Drugs used to treat bipolar disorder usually inhibit GSK-3 $\beta$ , indicating that GSK-3 $\beta$  plays a critical  
453 role in the therapeutic effects of bipolar disorder treatment.

454 GSK-3 $\beta$  is not only a target of lithium but also of other categories of mood stabilizers, antidepressants, and  
455 antipsychotic drugs (Beaulieu, 2007). In transgenic mice overexpressing GSK-3 $\beta$ , research has shown that the  
456 overexpression of GSK-3 $\beta$  leads to hyperactivity and ADHD-like symptoms, similar to human mania (Prickaerts  
457 et al., 2006). Heterozygous GSK-3 $\beta$  mice exhibit normal morphology, reduced exploratory activity, and a  
458 lithium-mimetic antidepressant-like state (O'Brien et al., 2004). Increasing evidence supports the important role  
459 of GSK-3 $\beta$  in the treatment of mania and depression (Dandekar et al., 2018). GSK-3 $\beta$  represents a promising  
460 therapeutic target for addressing depression, with demonstrated antidepressant effects observed through the  
461 administration of GSK-3 $\beta$  inhibitors in animal models (Rosa et al., 2008). Increased GSK-3 $\beta$  kinase activity has  
462 been detected in brain samples of human patients with bipolar disorder (BD), and abnormal GSK-3 $\beta$  activity  
463 occurs in patients with severe depression, indicating that abnormal GSK-3 $\beta$  activity promotes the onset of BD  
464 (Polter et al., 2010). Dysregulation of serotonin (5-HT) neurotransmission in the brain is considered the basis of  
465 bipolar disorder. In transgenic mice, the decrease in brain 5-HT levels is accompanied by the activation of GSK-  
466 3 $\beta$ , and the inactivation of GSK-3 $\beta$  alleviates abnormal behaviour caused by 5-HT deficiency. Various 5-HT  
467 drugs inhibit brain GSK-3 $\beta$  signalling, indicating that targeting the GSK-3 $\beta$  signalling pathway may provide a  
468 strategy for the treatment of certain 5-HT-related psychiatric disorders (Beaulieu et al., 2008; Latapy et al., 2012;  
469 Zheng et al., 2021).

470 A considerable array of GSK-3 $\beta$  inhibitors has been examined in models of bipolar disorder (BD). In mouse  
471 models of mania, administration of various GSK-3 $\beta$  inhibitors, including TDZD-8, SB-216763, SB-627772,  
472 AF3581, and indirubins, mitigates the "manic" effects, as evidenced by decreased hyperactivity and restoration  
473 of normal ambulation behaviour. GSK-3 $\beta$  inhibitors also demonstrate notable therapeutic advantages in  
474 addressing the depressive phase in animal models. Administration of tideglusib, VP2.51, and the SCI peptide  
475 yields antidepressant-like outcomes (Arciniegas Ruiz and Eldar-Finkelman, 2021).

476

### 477 **GSK-3 $\beta$ and Schizophrenia**

478 Schizophrenia is a common debilitating neurological disorder with a multigenetic basis, and it is  
479 characterized by poor emotional response, impaired language reasoning, and significant social dysfunction  
480 (Zamanpoor, 2020). AKT1 and GSK-3 $\beta$  play critical roles in synaptic plasticity and neuronal function in the  
481 central nervous system. The AKT/GSK-3 $\beta$  signalling pathway is involved in schizophrenia, with AKT1 being a  
482 potential susceptibility gene for schizophrenia. Cognitive impairment, abnormal synaptic morphology, neuronal  
483 atrophy, and dysfunction of neurotransmitter signalling may partly be explained by reduced PI3K/AKT  
484 signalling in schizophrenia. Furthermore, lower levels of AKT may have a detrimental effect on  
485 neurodevelopment by increasing the effect of risk factors, attenuating the effect of growth factors, and reducing  
486 the response of patients to treatment of antipsychotic agents (Zheng et al., 2012). AKT1-3 are upstream inhibitors  
487 of GSK-3 $\beta$ , and Ser9 in GSK-3 $\beta$  is a phosphorylation site for AKT. Phosphorylation of GSK-3 $\beta$  (Ser9) leads to  
488 its inactivation. It has been reported that the protein level of AKT1 is reduced in patients with schizophrenia,  
489 accompanied by a decrease in phosphorylation of Ser9 in GSK-3 $\beta$  and an increase in GSK-3 $\beta$  activity (Emamian  
490 et al., 2004). GSK-3 $\beta$  has hundreds of single nucleotide polymorphisms (SNPs), and it has been reported that  
491 individuals carrying the C allele of the GSK-3 $\beta$  promoter region C are more susceptible to schizophrenia (Tang  
492 et al., 2013). In schizophrenia (SZ), carriers of the low-activity C allele variant have significantly higher brain  
493 volume in the temporal lobe, which is the brain parenchymal region with the most consistent morphological  
494 abnormalities in schizophrenia. The neuropathological process in this area develops rapidly at the onset of the  
495 disease, suggesting that carrying the low-activity mutant C allele gene protects the brain from related  
496 neuropathological damage. GSK-3 $\beta$  is an important factor that affects the neuropathology of schizophrenia  
497 (Benedetti et al., 2010).

498

### 499 **GSK-3 $\beta$ and Tumour Therapy**

500 GSK-3 $\beta$  is associated with the occurrence and development of tumours. Given its ability to negatively  
501 regulate oncogenic proteins, such as MYC and  $\beta$ -catenin, GSK-3 $\beta$  likely plays a suppressive role in  
502 tumourigenesis. Nevertheless, several investigations have demonstrated that GSK-3 $\beta$  may exhibit a positive  
503 regulatory role in tumourigenesis within human ovarian, liver, colon, and pancreatic carcinomas (Luo, 2009).  
504 Whether GSK-3 $\beta$  plays a tumour suppressor role or serves as a tumour promoter depends on the cell type and  
505 cellular context (Takahashi-Yanaga, 2013). Glioblastoma (GBM) is the most common primary intracranial  
506 tumour, originating from glial cells and accounting for approximately 81% of intracranial tumours (Xu et al.,  
507 2020). The expression levels of GSK-3 $\beta$  and Tyr216-phosphorylated GSK-3 $\beta$  are higher in GBM tissues than  
508 in nontumor brain tissues. GSK-3 $\beta$  in GBM often plays a pro-cancer role. Inhibiting the activity or expression  
509 of GSK-3 $\beta$  in vitro reduces the survival and proliferation of glioblastoma cells, as well as induces apoptosis of  
510 glioblastoma cells and delays the growth of mouse neuroblastoma tumours (Dickey et al., 2011). The  
511 phosphorylation of GSK-3 $\beta$  at Ser9 results in the inhibition of GSK-3 $\beta$ , which subsequently leads to the  
512 activation of glycogen synthase, thereby facilitating glycogen synthesis. Glioblastoma cells exhibit notably  
513 elevated levels of glycogen, and the accumulation of glycogen serves as a promoter for the growth of GBM  
514 (Majewska and Szeliga, 2017). In the clinical setting, it has been observed that the levels of GSK-3 $\beta$  and its  
515 phosphorylated form (Tyr216) are elevated in tumours compared to normal tissues. Significant inhibition of  
516 GSK-3 $\beta$  has been shown to reduce the survival and proliferation of glioblastoma cells, and this effect is  
517 accompanied by an upregulation of p53 and p21 expression (Miyashita et al., 2009). In addition, Kotliarova S et  
518 al. reported that inhibition of GSK-3 $\beta$  activity results in c-MYC activation, leading to the induction of glioma

519 cell death (Kotliarova et al., 2008).

520 Of note, the role of GSK-3 $\beta$  in glioblastoma tumours is controversial (Figure 3). Li Y et al. demonstrated  
521 that GSK-3 $\beta$  is highly expressed and activated during differentiation in sensitive C6 malignant glioma cells.  
522 Interference of GSK-3 $\beta$  activity with GSK-3 $\beta$  inhibitors or siRNA potently suppresses differentiation in  
523 sensitive C6 cells. Conversely, overexpression of a constitutively active form of GSK-3 $\beta$  (GSK-3 $\beta$ -S9A) mutant  
524 in differentiation-resistant U251 glioma cells restores their differentiation abilities (Li et al., 2010). Zhao P et al.  
525 demonstrated that the levels of p-GSK-3 $\beta$  (Ser9) are significantly upregulated in glioma tissues compared to  
526 normal tissues. Ectopic expression of GSK-3 $\beta$  in glioma cells significantly inhibits tumour growth, which is  
527 accompanied by a decrease in  $\beta$ -catenin expression and downregulation of p-mTOR and p-p70S6K1 (Zhao et  
528 al., 2015). Consistently, inactivation or degradation of GSK-3 $\beta$  promotes glioblastoma invasion and epithelial-  
529 mesenchymal transition (EMT) in glioblastoma cells (Li et al., 2019; Yang et al., 2019). Furthermore,  
530 CHIR99021, a GSK-3 $\beta$  inhibitor, greatly increases glioma stem-like cell (GSLC) properties in patient-derived  
531 glioma samples (Yang et al., 2020). Nevertheless, increasing evidence also suggests that GSK-3 $\beta$  is an important  
532 molecule that leads to the malignant phenotype of GBM. AZD2858 is an effective adjunct to glioma radiotherapy  
533 at clinical doses. Most recently, studies have shown that GSK-3 $\beta$  inhibition by AZD2858 promotes glioma cell  
534 death by disrupting centrosome function and inducing mitotic defects (Brüning-Richardson et al., 2021).

535

### 536 **Conclusions and Perspectives**

537 In the present review, the possible underlying mechanisms that connect GSK-3 $\beta$  signalling with the  
538 physiopathology of the brain are discussed. From our perspective, the function of GSK-3 $\beta$  in brain  
539 pathophysiology is complicated and not entirely understood. GSK-3 $\beta$  is implicated in a variety of psychiatric  
540 and neurological disorders, emphasizing both its importance and complexity within the brain. It is meaningful  
541 to elucidate the basic biological mechanisms underlying GSK-3 $\beta$  in the brain because the increased  
542 understanding of the relationship between GSK-3 $\beta$  and the neural system greatly impacts the progress in treating  
543 several neurological diseases. Notably, there is a different opinion in the field regarding the effects of GSK-3 $\beta$   
544 on cognition in the brain. For example, studies have shown that GSK-3 $\beta$  activity in the amygdala and  
545 hippocampus is needed for memory reconsolidation (Hong et al., 2012; Xie et al., 2022). With an increase in  
546 total GSK-3 $\beta$  and phosphorylated GSK-3 $\beta$  (Tyr216) in adult mice after exercise, Zang J et al. observed that there  
547 is a significant enhancement in adult neurogenesis and cognitive functions (Zang et al., 2017). In old mice, GSK-  
548 3 $\beta$  is needed for memory formation (Koike et al., 2021). These findings suggest that inhibition of GSK-3 $\beta$  in  
549 neurological disorders may bring potential risk of cognitive impairment. To some degree, these results also  
550 possibly explain the poor efficacy of GSK-3 $\beta$  inhibitors in preserving memory capacity in AD patients.

551 GSK-3 $\beta$  has emerged as a pivotal molecule with multifaceted roles in various cellular processes, extending  
552 from glycogen metabolism to critical signalling pathways, especially those involving  $\beta$ -catenin and NF- $\kappa$ B. The  
553 intricate regulatory mechanisms of GSK-3 $\beta$ , particularly through phosphorylation events, underscore its  
554 significance in both normal cellular homeostasis and pathological conditions. In the context of glioblastoma  
555 (GBM), the aberrant activation of the GSK3 $\beta$ / $\beta$ -catenin pathway and the consequential modulation of key  
556 proteins, such as c-Myc and c-Jun, highlight the potential of GSK-3 $\beta$  as a therapeutic target. However, the role  
557 of GSK-3 $\beta$  in glioblastoma tumours is still controversial. Considering the carcinogenic risk of GSK-3 $\beta$  in  
558 gliomas, GSK-3 $\beta$  inhibitors should be used with caution as a treatment for glioblastoma. It is best to utilize an  
559 effective GSK-3 $\beta$  inhibitor that does not cause any carcinogenic risk while having an ideal anticancer effect

560 through the appropriate dose range. Overall, the profound influence of GSK-3 $\beta$  on GBM malignancy, especially  
561 its implications in GSC survival, warrants further investigation to elucidate its complete role and pave the way  
562 for targeted therapeutic strategies in GBM management.

563 Comprehensive investigations are imperative to elucidate the precise signalling mechanisms regulated by  
564 GSK-3 $\beta$  and the mechanistic contributions of GSK-3 $\beta$  in the development of brain diseases. Urgent efforts are  
565 required to expedite advancements in substantiating the advantages of GSK-3 $\beta$  interventions and addressing the  
566 challenges associated with their implementation as a therapeutic strategy for brain diseases. Despite encouraging  
567 outcomes observed in preclinical studies utilizing GSK-3 $\beta$  inhibitors, caution must be exercised prior to their  
568 utilization, necessitating further examinations to assess both their beneficial effects and potential side effects  
569 during application. With the rapid development of technologies that allow elucidation of the characteristics and  
570 pattern of GSK-3 $\beta$  in brain diseases, the time has come to build on these findings to dissect the complexity of  
571 organisms and exploit the optimal therapy method.

572 While many studies have contributed to the understanding of how GSK-3 $\beta$  is involved in brain physiology  
573 and pathology, the recent development of conditional gene editing, molecular imaging, and optogenetic tools  
574 allows a more precise determination of the functional significance of these findings and application of them to  
575 improve the understanding and treatment of neurological disorders. Combination therapeutic strategies utilizing  
576 GSK-3 $\beta$  inhibitors hold great promise for the treatment of Alzheimer's disease (AD), Parkinson's disease (PD),  
577 and bipolar disorder (BD). The activity of GSK-3 $\beta$  is regulated by diverse stimuli, which can lead to its activation  
578 or inactivation. This phenomenon is intricately associated with the complex characteristics and genetic  
579 heterogeneity of brain disorders, particularly in the realm of brain tumours. Personalized genomics and diverse  
580 omics methodologies hold promise in identifying patients who may derive therapeutic benefits from GSK-3 $\beta$   
581 inhibitor treatment. Ultimately, this knowledge can guide clinical practitioners in selecting the most appropriate  
582 therapy for each individual patient.

583

#### 584 **Author contributions**

585 Conceptualization, S.Z. and S.L.; literature analysis, S.Z. and S.L.; writing—original draft preparation, S.L.,  
586 P.W. and J.G.; writing—review and editing, S.Z. and P.W.; funding acquisition, S.Z. and J.G. All authors have  
587 read and agreed to the published version of the manuscript.

588

#### 589 **Conflicts of Interest**

590 The authors declare no conflict of interest.

591

592

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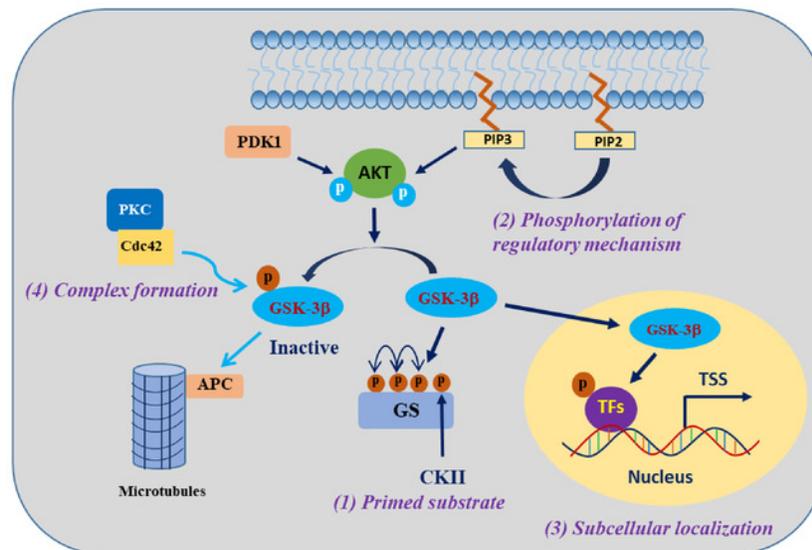
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# Figure 1

Regulatory mechanisms governing the activities of GSK-3 $\beta$ .

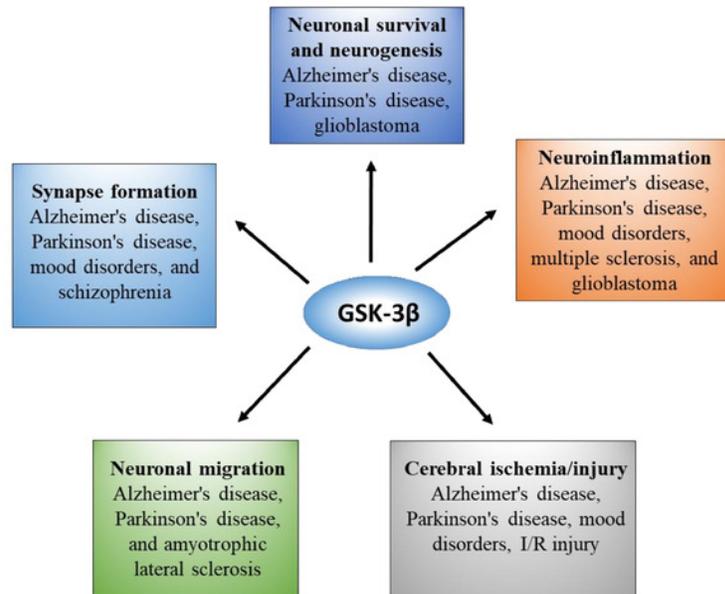
GSK-3 $\beta$  phosphorylation of substrates is synergistically regulated by four mechanisms.

Modified from Jope RS et al., 2007. Copyright 2007, Springer Nature.



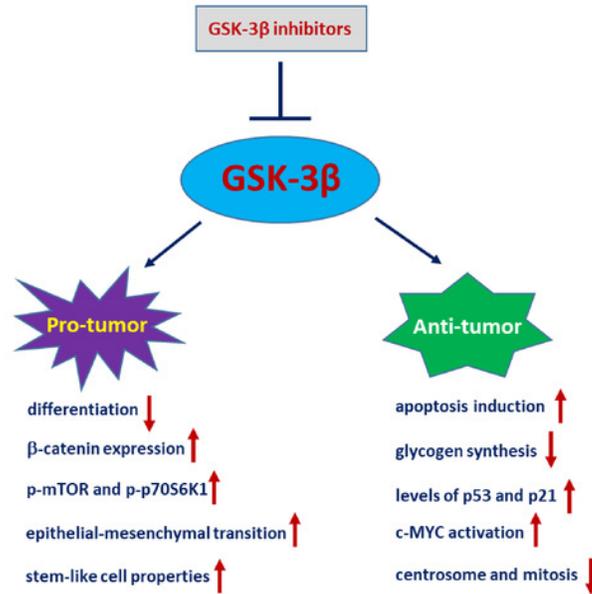
## Figure 2

Overview of GSK-3 $\beta$  functions and correlated diseases in the brain.



## Figure 3

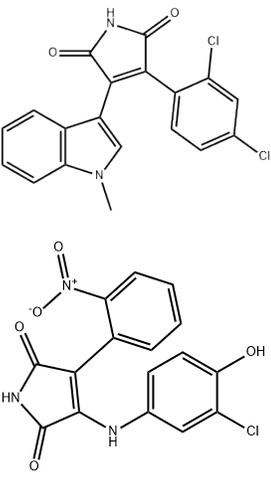
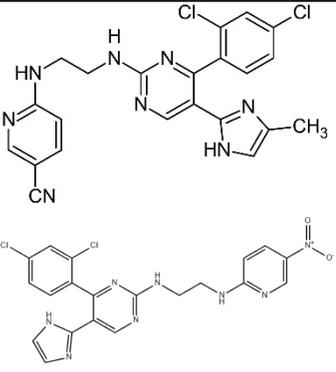
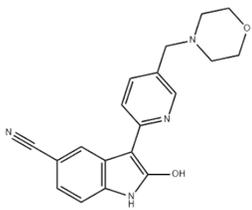
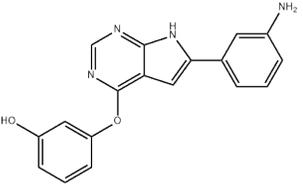
GSK-3 $\beta$  plays a paradoxical role in glioblastoma.

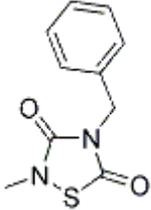
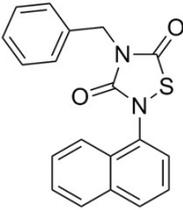
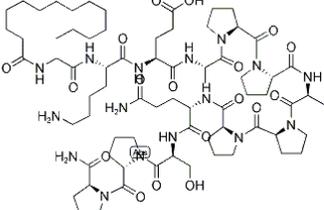
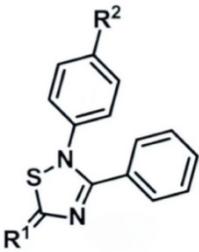


**Table 1** (on next page)

Representative GSK-3 $\beta$  inhibitors and its usage in brain disease models.

Abbreviations of disease: AD: Alzheimer's disease; PD: Parkinson's disease; HD: Huntington's disease; ALS: Amyotrophic Lateral Sclerosis; MS: Multiple Sclerosis; BD: Bipolar Disorder; SZ: Schizophrenia; GBM: Glioblastoma; I/R injury: Ischemia-reperfusion (I/R) injury.

Type	Typical compounds	Structures	Applications in brain disease
ATP competitive	SB-216763, SB-415286		AD, PD, BD, I/R injury (Kalinichev and Dawson, 2011; Wang et al., 2019; Xiong et al., 2013; Zhang et al., 2014)
	CHIR99021, CHIR98023		HD, GBM, I/R injury (Hu et al., 2021a; Yang et al., 2020; Zhang et al., 2022b)
	AZD1080		PD (Hu et al., 2020)
	TWS119		AD, I/R injury (Gao et al., 2021; Jiang et al., 2021)

Non-ATP competitive	TDZD-8		AD, PD, BD, GBM, MS, SZ, I/R injury (Aguilar-Morante et al., 2010; Beurel et al., 2013; Duka et al., 2009; Huang et al., 2017; Kalinichev and Dawson, 2011; Koehler et al., 2019; Willi et al., 2013)
	Tideglusib		AD, PD, ALS, BD, GBM, I/R injury (Al-Zaidi et al., 2021; Bahmad et al., 2021; del Ser et al., 2013; Martínez-González et al., 2021; Moretti, 2015; Wang et al., 2016)
Substrate competitive	L803mts		AD, MS, HD (Beurel et al., 2013; Eldar-Finkelman and VanHook, 2016; Rippin et al., 2021)
	ITDZs		MS (Palomo et al., 2012; Redondo et al., 2012)

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Cations	Lithium	Li	AD, PD, ALS, MS, BD, GBM, SZ, I/R injury (Leucht et al., 2007; Ochoa, 2022; Smith et al., 2020; Young, 2009)
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