

# Microbiota plasticity in tilapia gut revealed by meta-analysis evaluating the effect of probiotics, prebiotics, and biofloc

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Tilapia species are among the most cultivated fish worldwide due to their biological advantages but face several challenges, including environmental impact and disease outbreaks. Feed additives, such as probiotics, prebiotics, and other microorganisms, have emerged as strategies to protect against pathogens and promote immune system activation and other host responses, with consequent reductions in antibiotic use. Because these additives also influence tilapia's gut microbiota and positively affect the tilapia culture, we assume it is a flexible annex organ capable of being subject to significant modifications without affecting the biological performance of the host. Therefore, we evaluated the effect of probiotics and other additives ingested by tilapia on its gut microbiota through a meta-analysis of several bioprojects studying the tilapia gut microbiota exposed to feed additives (probiotic, prebiotic, biofloc). A total of 221 tilapia gut microbiota samples from 14 bioprojects were evaluated. Alpha and beta diversity metrics showed no differentiation patterns in relation to the control group, either comparing additives as a group or individually. Results also revealed a control group with a wide dispersion pattern even when these fish did not receive additives. After concatenating the information, the tilapia gut core microbiota was represented by four enriched phyla including Proteobacteria (31%), Fusobacteria (23%), Actinobacteria (19%), and Firmicutes (16%), and seven minor phyla Planctomycetes (1%), Chlamydiae (1%), Chloroflexi (1%), Cyanobacteria (1%), Spirochaetes (1%), Deinococcus Thermus (1%), and Verrucomicrobia (1%). Finally, results suggest that the tilapia gut microbiota is a dynamic microbial community that can plastically respond to feed additives exposure with the potential to influence its taxonomic profile allowing a considerable optimal range of variation, probably

guaranteeing its physiological function under different circumstances.

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29 **ABSTRACT**

30 Tilapia species are among the most cultivated fish worldwide due to their biological advantages  
31 but face several challenges, including environmental impact and disease outbreaks. Feed  
32 additives, such as probiotics, prebiotics, and other microorganisms, have emerged as strategies to  
33 protect against pathogens and promote immune system activation and other host responses, with  
34 consequent reductions in antibiotic use. Because these additives also influence tilapia's gut  
35 microbiota and positively affect the tilapia culture, we assume it is a flexible annex organ  
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37 performance of the host. Therefore, we evaluated the effect of probiotics and other additives  
38 ingested by tilapia on its gut microbiota through a meta-analysis of several bioprojects studying  
39 the tilapia gut microbiota exposed to feed additives (probiotic, prebiotic, biofloc). A total of 221  
40 tilapia gut microbiota samples from 14 bioprojects were evaluated. Alpha and beta diversity  
41 metrics showed no differentiation patterns in relation to the control group, either comparing  
42 additives as a group or individually. Results also revealed a control group with a wide dispersion  
43 pattern even when these fish did not receive additives. After concatenating the information, the  
44 tilapia gut core microbiota was represented by four enriched phyla including Proteobacteria  
45 (31%), Fusobacteria (23%), Actinobacteria (19%), and Firmicutes (16%), and seven minor phyla  
46 Planctomycetes (1%), Chlamydiae (1%), Chloroflexi (1%), Cyanobacteria (1%), Spirochaetes  
47 (1%), Deinococcus-Thermus (1%), and Verrucomicrobia (1%). Finally, results suggest that the  
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49 additives exposure with the potential to influence its taxonomic profile allowing a considerable  
50 optimal range of variation, probably guaranteeing its physiological function under different  
51 circumstances.

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53 Keywords: Feed additives, immunostimulants, microbiota plasticity, microbiota flexibility, fish  
54 nutrition

## 55 1 INTRODUCTION

56 Tilapia species (*Oreochromis* spp.), carp, catfish, and salmon, rank as the most important farmed  
57 freshwater fish species (Cai et al. 2019) due to their high adaptability and lower demand for  
58 fishmeal in their diet (Gjedrem & Baranski 2009). Particularly tilapia is perhaps the cultivable  
59 fish species with better tolerance for a wide range of environmental conditions, handling, diets,  
60 and crossbreeding (Trujillo & Carranza 2022), features that have allowed its culture around the  
61 globe and in diverse production systems. Tilapia are omnivorous and can be fed a variety of  
62 feeds, including plant-based (Ferreira et al. 2020; Xuan et al. 2022) and animal-based (Amer et  
63 al. 2022; Kim et al. 2019) diets, making them a relatively low-cost species to farm. In addition,  
64 the tilapia industry has improved welfare in developing countries by delivering benefits such as  
65 household incomes, food security, and nutritional value through increased high-quality protein  
66 consumption (Prabu et al. 2019).

67 Even though tilapia aquaculture has experienced significant growth in the last two decades due to  
68 the above benefits and the biological advantages of the *Oreochromis* genera, several challenges  
69 can limit its productivity and profitability, including bacterial, viral, and parasitic diseases that  
70 can cause significant mortality and economic losses in tilapia farms (Van Hai 2015). Common  
71 diseases in tilapia include *Streptococcus*, *Aeromonas*, and *Edwardsiella* infections. In addition,  
72 the use of high-quality feeds is essential for the growth and health of tilapia. However, feed  
73 management can be challenging in tilapia aquaculture, as underfeeding can result in reduced  
74 growth rates and health problems, while overfeeding can lead to water quality problems. High-  
75 quality water management in fish ponds is another concern since it is a major factor determining  
76 fish production (Salama et al. 2006). Besides, inadequate temperature, pH, and oxygen levels can  
77 lead to stress, disease, and reduced growth rates. Tilapia farming can have environmental  
78 impacts, including the discharge of nutrients and waste into waterways and the potential for  
79 spreading diseases to wild fish populations (Baccarin & Camargo 2005). Sustainable tilapia  
80 farming practices that minimize these impacts are becoming increasingly important.

81 To solve the problems generated by pathogens, antimicrobials and antiparasitics have been used  
82 as preventive and corrective measures (Cao et al. 2022), but they have a consequent negative  
83 impact in the medium and long term on the environment. The antibiotics administration in high

84 doses or throughout long periods has a severe affectation on microbial communities in both the  
85 fish and the environment, as well as triggering antibiotic resistance which can even worsen  
86 pathogen control (Budiati et al. 2013; Fang et al. 2021); thus, such strategies could be a double-  
87 edged sword with immediate benefits with mid- or long-term negative consequences.

88 On the other hand, using probiotics in aquaculture emerged more than three decades ago as an  
89 alternative strategy qualified as an "environment-friendly treatment" (Gatesoupe 1999). From  
90 that point on, a plethora of scientific research on the use of probiotics ensued, including different  
91 species of microorganisms to be used as probiotics, mixtures of species, carryover forms of  
92 probiotics to ensure delivery to the gut, and even obtaining and using products such as  
93 paraprobiotics, prebiotics and synbiotics (Goh et al. 2022; Vargas-Albores et al. 2021). Over  
94 time, the evidence demonstrated that probiotics could benefit fish, such as protection against  
95 pathogens and activation of the immune system from different pathways (Hoseinifar et al. 2018;  
96 Nikiforov-Nikishin et al. 2022). In tilapia aquaculture, probiotics are typically administered as a  
97 feed supplement, either as a single strain or a combination of microbial strains. The most used  
98 probiotic bacteria in tilapia aquaculture include *Lactobacillus*, *Bacillus*, and *Lactococcus* (Cano-  
99 Lozano et al. 2022; Xia et al. 2018), which have improved growth, feed conversion, and disease  
100 resistance. On the other hand, prebiotics in fish aquaculture is typically administered as a dietary  
101 supplement, such as fructooligosaccharides (FOS) or inulin (Panase et al. 2023; Wang et al.  
102 2021c). The fish do not digest these compounds; instead, they stimulate the growth and activity  
103 of beneficial bacteria in the gut, promoting benefits for the fish (Panase et al. 2023).  
104 Administered as feed additives, probiotics and prebiotics can provide disease resistance  
105 stimulating the tilapia's immune system, making them more resistant to bacterial and viral  
106 infections (Mugwanya et al. 2022). Probiotics have improved the survival rate of tilapia infected  
107 with common pathogens such as *Streptococcus agalactiae* and *Aeromonas hydrophila* (Chen et  
108 al. 2019; Wang et al. 2021c). Probiotics and prebiotics can also improve tilapia's growth rate and  
109 feed efficiency, leading to more extensive and healthier fish (Mugwanya et al. 2022; Xuan et al.  
110 2022).

111 Due to their benefits, probiotics and prebiotics have made their way into the aquaculture  
112 industry; however, improvements in growth and health seem to be associated with the role of

113 these elements in maintaining a healthy microbiota. The gut of tilapia contains a complex  
114 community of microorganisms that play a critical role in digestion, immunity, and overall health.  
115 Prebiotics can also help to establish a healthy gut microbiota by promoting the growth of  
116 beneficial bacteria and reducing the colonization of harmful bacteria (Opiyo et al. 2019; Tan et  
117 al. 2019; Wang et al. 2021c), supporting the growth of beneficial bacteria by providing a food  
118 source. In addition, the mass growth of beneficial bacteria has been stimulated in intensive  
119 systems based on biofloc technology, which are characterized by requiring elevated  
120 carbon:nitrogen ratios and intense aeration but with insignificant water exchange, reducing the  
121 antibiotic use due to the competence generated by the high concentration of aerobic bacteria  
122 (Robles-Porchas et al. 2020). The sum of all these benefits coincides with a reduction of  
123 environmental impact. One of the most important outcomes is the reduction of the reliance on  
124 antibiotics, which can lead to the development of antibiotic-resistant bacteria and contribute to  
125 the spread of antibiotic residues in the environment (Mawardi et al. 2023; Mugwanya et al.  
126 2022).

127 In recent years, high throughput sequencing has revealed in better resolution how probiotics and  
128 other microorganisms can influence the gut microbiota of tilapia (Haygood & Jha 2018; Standen  
129 et al. 2015; Yu et al. 2019). However, it is unclear to what extent these microorganisms used for  
130 the benefit of fish manage to change the intestinal microbiota, nor how these impact the core  
131 microbiota usually detected in tilapia. Several studies have provided relevant information on the  
132 effect of probiotics and prebiotics by observing changes in the composition of the tilapia gut  
133 microbiota; therefore, a meta-analysis concatenating the available information from these  
134 projects would provide a panoramic view but also more precise, revealing patterns on the effect  
135 of probiotics and prebiotics on tilapia. Herein, meta-analyses have been used to evaluate the gut  
136 microbiota of terrestrial animals, define the core microbiota, establish microbial biomarkers, and  
137 evaluate the effect of dietary components on the gut microbiota (Holman et al. 2017; Holman &  
138 Gzyl 2019; Mancabelli et al. 2017). Here, we aimed to perform a meta-analysis of the tilapia gut  
139 microbiota exposed to probiotics, prebiotics, and biofloc treatments to 1 evaluate the effect of  
140 such treatments on the gut microbiota of tilapia and 2, define the species' core microbiota and  
141 potential bacterial biomarkers.

## 142 2 MATERIALS & METHODS

### 143 2.1 DATASETS AND PREPROCESSING OF TILAPIA GUT MICROBIOTA

144 A systematic search for published studies was performed on the Web of Science platform using  
145 the keyword (Tilapia AND gut AND (microbiome OR microbiota)), as described in the  
146 workflow (Figure 1). As an outcome, 3,584 potentially useful references were recovered (Figure  
147 S1) and organized in an EndNote (<https://endnote.com/>) database. This database was again  
148 filtered using: "(*Tilapia* OR *Oreochromis*) AND (*Microbiome* OR *Microbiota* OR *Metagenome*)  
149 AND (*Probiotic* OR *Prebiotic* OR *Biofloc* OR *Additives*)", resulting in 60 papers considered for  
150 deeper search (Table S2). The most relevant papers were thoroughly reviewed based and only  
151 considered those that: a) used high throughput sequencing V3, V4, or both hyper-variable  
152 regions of the 16S ribosomal RNA (16S rRNA) gene for microbiota taxonomic description; b)  
153 studied the modulation of tilapia gut microbiome by feed additives (probiotic, prebiotic, biofloc);  
154 and c) the sequences are available as NGS metagenomic data (SRA or Bioproject number) and  
155 corresponding subject meta-data (up to November 2022). The full-text assessment and screening  
156 process was performed by two authors (APA, EGV), and the referee was MMP.

157 In addition, the SRA database from NCBI was also explored using the term "tilapia gut  
158 microbiome" to find available bioprojects without assigned published papers. Only bioprojects  
159 studying the effect of feed additives on the tilapia gut microbiome were considered. Thus, using  
160 both strategies (references and SRA database), 14 bioprojects with clear relevance, available  
161 metadata, and registered sequencing data were selected (Table S3). Finally, studies that fulfilled  
162 the meta-analysis criteria were evaluated for sample type (Probiotic, prebiotic, biofloc, and  
163 control) and addressed other relevant variables (Age, Additive component, Environment, Gut  
164 section, and Geographic location), as described in Table S4.

### 165 2.2 DATA RETRIEVAL AND QUALITY CONTROL OF SEQUENCED READS

166 Raw sequence files were downloaded from the Sequence Read Archive at NCBI using the SRA  
167 Toolkit. A total input of 13,123,343 demultiplexed raw data sequences corresponding to the 16S

168 rRNA hyper-variable region were imported and processed with the Quantitative Insights Into  
169 Microbial Ecology 2 (QIIME2), version 2022.2 (Bolyen et al. 2019). As data were mined from  
170 different sources, sequences were imported into QIIME2 using the manifest file (Estaki et al.  
171 2020). Raw sequences were preprocessed using an initial quality filtering process based on  
172 quality scores and setting the quality-filter plugin (Bokulich et al. 2013). Then, the deblur plugin  
173 was used to apply the denoise-16S method to the sequences (Amir et al. 2017). Reads were  
174 truncated at the 150-bp position, according to  $<$  the median quality score of  $<Q30$  and the  
175 detected chimeric sequences were removed. Then, 8,121,517 filtered reads from 221 samples  
176 were considered for further analysis. After the sequence quality control step, the obtained  
177 amplicon sequence variants (ASVs) were assigned to taxonomy using a full-length pre-trained  
178 classifier SILVA\_132 with OTUs clustered at 99%. Unassigned sequences, meaning ASVs with  
179 frequency  $<10$  reads, were discarded, keeping 8,118,612 reads for the subsequent analysis. A  
180 rooted phylogenetic tree was constructed to measure phylogenetic diversity (Faith and UniFrac).  
181 ASVs were aligned with MAFFT (Katoh & Standley 2013), and the resulting alignment was  
182 used to build a phylogenetic tree with FastTree (Price et al. 2010) software by using the align-to-  
183 tree-might-fast tree pipeline from the q2-phylogeny plugin.

### 184 **2.3 DIVERSITY ANALYSIS**

185 Library samples were rarefied to 2,900 reads to avoid unequal sample sizes and estimate alpha  
186 and beta diversity metrics. A rarefaction curve was performed sub-sampling on the processed  
187 data after deriving ASVs (post-ASV) to estimate species richness (alpha diversity) with the  
188 qiime diversity alpha-rarefaction plugin implemented in QIIME2 (Figure S5) (Bolyen et al.  
189 2019). Shannon, Chao1, and Faith's phylogenetic distance indexes estimated the samples' alpha  
190 diversity. Alpha diversity significance of Chao1 and Shannon indexes were performed with  
191 MicrobiomeAnalyst, a freely available online software ([https://www. microbiomeanalyst.ca](https://www.microbiomeanalyst.ca))  
192 (Chong et al. 2020; Dhariwal et al. 2017), using a Kruskal and Wilcoxon statistical test ( $p <$   
193  $0.05$ ) in the ASV set at the phylum level. Meanwhile, Faith's phylogenetic distance significance  
194 was performed in QIIME2 using the sub-sampled data with the plugin alpha-group-significance  
195 and the Kruskal-Wallis statistical test ( $p < 0.05$ ) in the raw ASV at the feature level.

196 Beta diversity was calculated to estimate sample differences of pairs among tilapia gut microbial  
197 communities. Distance matrices were calculated using the Bray-Curtis dissimilarity, Weighted  
198 UniFrac distance, and Jensen-Shannon divergence. Bray-Curtis dissimilarity and Weighted  
199 UniFrac distance were performed with a sub-sampling of 2,900, using the plugin core-metrics-  
200 phylogenetic of QIIME2. Distance matrices were visualized using the principal coordinates  
201 analysis (PCoA) carried out by EMPEROR from QIIME2. A pairwise comparison of the digestive  
202 tract beta diversity distance matrices was performed using the analysis of similarities (ANOSIM)  
203 within QIIME 2 to establish the degree of separation between the tested groups of samples. The  
204 statistical significance of the R statistic was assessed by 4,999 random permutations ( $p < 0.05$ )  
205 on the distance/dissimilarity matrix (Clarke 1993). An R of 1 indicates complete separation,  
206 whereas an R of 0 indicates that the null hypothesis is true (Chapman & Underwood 1999). A  
207 PCoA of the Jensen-Shannon divergence was also calculated at the phylum level with the  
208 statistical analysis ANOSIM, using the MicrobiomeAnalyst platform ([https://www.](https://www.microbiomeanalyst.ca)  
209 [microbiomeanalyst.ca](https://www.microbiomeanalyst.ca)) (Chong et al. 2020; Dhariwal et al. 2017). A PCoA of the Jensen-  
210 Shannon divergence was also calculated at the phylum level using the MicrobiomeAnalyst  
211 platform (<https://www.microbiomeanalyst.ca>) (Chong et al. 2020; Dhariwal et al. 2017; Lu et al.  
212 2023).

213 Abundance profiling of tilapia gut microbiota was performed as percentage abundance. Samples  
214 were merged into groups according to the sample type. The taxa resolution was set at the phylum  
215 level and small taxa with counts  $< 20$  were merged. In addition, Linear Discriminant Analysis  
216 (LDA) Effect Size (LEfSe) identified the key microbial taxa which are differentially abundant at  
217 the phylum level in Tilapia (*Oreochromis*) intestinal microbiota associated with the different  
218 additives included in their diet (Segata et al. 2011) and integrating the statistical significance  
219 with biological consistency (effect size) estimation. The LEfSe submodule within  
220 MicrobiomeAnalyst was used with the default settings of an FDR-adjusted p-value cut-off set to  
221 0.05, and the log LDA cut-off at 2.0 (effect size) LEfSe analysis was performed with  
222 MicrobiomeAnalyst, a freely available online software (<https://www.microbiomeanalyst.ca>)  
223 (Chong et al. 2020; Dhariwal et al. 2017). Additionally, the prevalence of microorganisms at the  
224 phylum level across all the samples was estimated to define the core microbiome in the tilapia  
225 gut microbiota and performed with MicrobiomeAnalyst. The input table was performed using the

226 relative abundances of each bioproject at the phylum level that comprises 90% of all the samples  
227 (Table S6).

## 228 **2.4 CORRELATION GUT MICROBIOTA NETWORK ANALYSIS**

229 Microbiome interaction networks were constructed via correlation values. To obtain the sparse  
230 correlation matrix for linear correlation among phyla in the tilapia gut microbiota among  
231 treatments (control, probiotic, prebiotic, and biofloc), we used the Pearson correlation coefficient  
232 after correcting for sample and taxon-specific biases with the Sparse Estimation of Correlations  
233 Among Microbiomes (SECOM) algorithm (Lin et al. 2022a). Biases considered with the SECOM  
234 model are the compositional, experimental, and zero excess bias (Lin et al. 2022b). Correlation  
235 networks were performed in the MicrobiomeAnalyst 2.0 platform (Lu et al. 2023).

## 236 **2.5 FUNCTIONAL PREDICTION OF THE GUT MICROBIOME**

237 The 16S rRNA amplicon sequencing data from bioprojects were processed to predict the  
238 functional potential of tilapia gut microbiota. Functional predictions were estimated using the  
239 Phylogenetic Investigation of Communities by Reconstruction of Unobserved States version 2  
240 (PICRUSt2) (Douglas et al. 2020). PICRUSt2 aligned ASVs previously retrieved from QIIME2  
241 to reference sequences using HMMER (Finn et al. 2011); then, the resulting sequences were  
242 placed into a reference tree using EPA-NG and Gappa (Barbera et al. 2019). Also, predictions  
243 were normalized according to the bacterial 16S rRNA copies using castor from the hidden state  
244 prediction tool (Louca & Doebeli 2018). The obtained prediction of metagenomic functional  
245 abundances was combined with descriptions from the Kyoto Encyclopedia of Genes and  
246 Genomes (KEGG) Orthology (KO) database at level 3. ASVs with an NSTI score  $> 2$  were  
247 removed from the final predictions. A heatmap was performed using the predicted functions of  
248 each bioproject using the KEEG level 3 table without descriptions. The input table was  
249 performed using the relative KO abundances of each bioproject that comprise 90% of all the  
250 samples (Table S7). The heatmap was generated using a complete hierarchical clustering average  
251 linkage method with a one minus Pearson correlate matrix using the MORPHEUS web tool  
252 (Morpheus, Cambridge, MA, USA (<https://software.broadinstitute.org/morpheus>)). In addition, a

253 differential abundance (DA) analysis with the ALDEx2 method of the predicted functional  
254 profile was performed with the R package ggpicrust2 (Yang et al. 2023). The input table in the R  
255 package was the unstratified predicted metagenome of KO pathways generated by PICRUSt2.

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### 259 3 RESULTS

260 Alpha diversity indexes Chao1, Shannon, and Faith were unaffected by probiotics, prebiotics, or  
261 biofloc (Figures 2 and 3), indicating that the gut microbiota of fish in terms of richness,  
262 evenness, and phylogeny remains relatively similar. Regarding beta diversity analyses performed  
263 by ANOSIM, no significant differences among the four groups were detected. In addition, PCoA  
264 estimated by Bray-Curtis ( $R = 0.019$ ,  $p = 0.33$ ), Unweighted UniFrac ( $R = 0.0042$ ,  $p = 0.38$ ), and  
265 Jensen-Shannon ( $R = 0.05$  and  $p = 0.792$ ) divergences did not show clear clustering or defined  
266 differentiation patterns between the studied groups (Figures 4 and 5). For example, less than 23%  
267 and 43% of the variation was explained by axes 1, 2, and 3 in the Bray–Curtis and the Weighted  
268 Unifrac distances analyses, indicating that probiotics, prebiotics, or biofloc may not have a  
269 significant influence on the gut bacterial communities of fish either considering only the taxa  
270 abundance or the phylogenetic relatedness of such taxa. Also, principal coordinate analysis  
271 (PCoA) based on Jensen-Shannon divergence distance showed no clear differentiation pattern,  
272 with most of the samples ( $\geq 95\%$ ) located within the control area. Finally, no significant  
273 differences were detected when probiotics and prebiotics were separately compared with the  
274 control ( $p > 0.05$ ).

275 Regarding taxonomic structure, similar profiles were observed with Proteobacteria, Fusobacteria,  
276 Actinobacteria, Firmicutes, Bacteroidetes, and Planctomycetes as the most representative phyla  
277 regardless of treatment (Figure 6). However, effects on specific phyla were detected; for  
278 example, the LEfSe analysis ( $p > 0.05$ ) revealed that Actinobacteria and Deinococcus-Thermus  
279 were influenced by prebiotic use, whereas the use of biofloc had a higher effect size on  
280 Proteobacteria, Bacteroidetes, Planctomycetes, Verrucomicrobia and Chlamydiae (Figure 7).  
281 Fusobacteria and Chloroflexi showed an increase in the probiotic treatment. However, such  
282 individual changes do not significantly change the overall structure of the taxonomic profile.

283 A core microbiota could be defined across groups. At the phylum level, the tilapia core microbiota  
284 was dominated by Proteobacteria (31%), Fusobacteria (23%), Actinobacteria (19%), and  
285 Firmicutes (16%); however, other phyla were always present regardless of treatment, including  
286 Planctomycetes (1%), Chlamydiae (1%), Chloroflexi (1%), Cyanobacteria (1%), Spirochaetes  
287 (1%), Deinococcus-Thermus (1%), and Verrucomicrobia (1%), which served to construct a

288 hypothetical polygon to visualize the variations in the taxonomic profile of tilapia (Figure 8). At  
289 the genus level, *Cetobacterium* (23%), *Lactobacillus* (4%), *Legionella* (3%), *Lactococcus* (3%),  
290 *Rhodobacter* (2%), *Pelomonas* (2%), and *Streptococcus* (2%) were the most representative genera  
291 detected in all tilapia groups. Also, the core microbiome was defined by the phylum prevalence in  
292 all the samples. Proteobacteria was the most prevalent phylum among all the samples and also the  
293 phylum with the highest relative abundance. Other phyla remained stable among the samples; for  
294 instance, Firmicutes, Actinobacteria, and Bacteroidetes represented a 50% prevalence in the tilapia  
295 gut microbiota; such values are addressed in Table S8 (Figure 9).

296 The Sparse Estimation of Correlations Among Microbiomes (SECOM) analysis was performed  
297 to assess the correlations between gut microbiota in tilapia. The significant correlations between  
298 bacterial phyla were presented in the correlation network (Fig. 10). Eight phyla were correlated  
299 among treatments, including, Actinobacteria, Bacteroidetes, Chloroflexi, Firmicutes,  
300 Fusobacteria, Planctomycetes, Proteobacteria, and Verrumicrobia, which showed a positive and  
301 negative correlation between each other. Interestingly, Chloroflexi was the phyla that showed the  
302 most correlations with seven phyla. Chloroflexi positively correlates with Bacteroidetes,  
303 Firmicutes, Fusobacteria, and Planctomycetes but negatively with Proteobacteria, Verrumicrobia,  
304 and Actinobacteria. Overall, a few positive correlations occurred among phyla; for instance,  
305 Chloroflexi and Planctomycetes registered the stronger positive correlation detected in tilapia gut  
306 microbiota with a value of 0.42; similarly, Proteobacteria and Verrumicrobia were the second  
307 most correlated phyla with a value of 0.38. At the same time, the highest negative correlation  
308 presented in the tilapia gut microbiota was between Proteobacteria and Chloroflexi, with a  
309 negative correlation value of -0.55, followed by Bacteroidetes and Actinobacteria with -0.47  
310 (Table S9).

311 The heatmap of the predicted functional profiles from the tilapia gut microbiota inferred by  
312 PICRUST2 does not present defined clusters among treatments (control, probiotic, prebiotic, and  
313 biofloc) (Figure S10). Additionally, the results of the DA analysis of the functional predicted  
314 KEGG level 3 with the ALDEx2 method did not register significant features.

315

## 316 **4 DISCUSSION**

317 The biological performance of the cultivated aquatic species can be favored using microbial  
318 consortia (biofloc), well-identified microbes (probiotics), or microbial-enhancing substances  
319 (prebiotics). Several reports have documented the influence of microbes and changes in  
320 environmental microbial composition on gut microbiota (Abakari et al. 2021; Abdel-Ghany et al.  
321 2020; Baumgartner et al. 2022). However, from a broader perspective, our results did not reveal  
322 significant differences in alpha and beta diversity, suggesting that modifications can only occur  
323 within a narrow range. It was impossible to define a pattern between the microbiota profiles of  
324 fish when they were or were not exposed to probiotics, prebiotics, and biofloc. However, the  
325 SECOM analysis showed networking within eight phyla in the tilapia gut microbiota,  
326 specifically, Actinobacteria, Bacteroidetes, Chloroflexi, Firmicutes, Fusobacteria,  
327 Planctomycetes, Proteobacteria, and Verrumicrobia as highly correlated phyla; however, this  
328 correlation is an expected outcome considering that all these constituted the core microbiota in  
329 tilapia. In addition, the functional predicted KEGG pathways of the 16S ARNr amplicon  
330 sequences from tilapia gut microbiota among treatments did not show significant changes. This  
331 steady state of the predicted functional profile remarks the functional redundancy importance in  
332 the tilapia gut ecosystem due to its implication in the community stability and resilience (Biggs  
333 et al. 2020). Overall, these results indicate that tilapia microbiota plasticity can withstand  
334 considerable microbiota variations of the intestinal tract to host different microbial taxa and their  
335 predicted functions. Despite PICRUSt2 provides accuracy and flexibility for marker gene  
336 metagenome inference, the predictions could be biased toward existing reference genomes  
337 (Douglas et al. 2020).

338 Although there are no studies in fish regarding the plasticity of the intestinal microbiota, this is  
339 recognized as a highly plastic entity in humans and animals, as it can be reconfigured in response  
340 to different environmental factors (Candela et al. 2012). This plasticity acts as a mutualistic  
341 configuration in which the microbiota can modify its functional and taxonomic profile caused by  
342 either intrinsic or extrinsic factors. In this case, it seems that using beneficial microbes or  
343 prebiotics does not modify the microbiota in a harmful way, as occurs in disease-associated fish  
344 microbiota profiles (Medina-Félix et al. 2023).

345 Even though the evidence shows that the microbiota responds plastically to beneficial microbes  
346 and prebiotics without leading to a substantive difference, some specific differences were  
347 detected. For instance, prebiotic use highly influenced Actinobacteria and Deinococcus-  
348 Thermus. Actinobacteria produce secondary metabolites acting against pathogenic  
349 microorganisms; the abundance of this phylum in fishes depends on the sediment composition  
350 and fauna residues in water (Thejaswini et al. 2022); in this case, prebiotics seem to favor  
351 Actinobacteria. Previous reports have documented Actinobacteria enrichments in the gut  
352 microbiota of other animals provided with similar prebiotics, including yeast cell walls high in  
353 beta-glucan and mannanoligosaccharides (Van den Abbeele et al. 2020),  
354 galactooligosaccharides, xylooligosaccharides, and inulin (Mitmesser & Combs 2017; Wang et  
355 al. 2021b). Regarding Deinococcus-Thermus, these bacteria are known for their resistance to  
356 extreme conditions (desiccation, high temperature, oxidation, radiation, oxidation). Whether the  
357 function of this phylum is still unclear in any gut microbiota, it is assumed (by genome  
358 sequencing) to participate in the metabolizing of sugars and probably in the elimination of  
359 organic and inorganic cell toxic components (Méndez-Pérez et al. 2020).

360 The linear discriminant analysis also revealed biofloc influencing Proteobacteria, Bacteroidetes,  
361 Planctomycetes, Verrucomicrobia and Chlamydiae, most of which are common in freshwater  
362 biofloc (Liu et al. 2019) and thus expected to influence the gut microbiota; however, the  
363 concatenation of these changed did not influence the overall taxonomic profile of tilapia  
364 compared with the other studied groups. On the other hand, probiotics showed low or moderate  
365 effect size on most phyla. Although some of the bioprojects reported significant differences in  
366 the gut microbiota when additives were used, these changes were not different from the group  
367 concatenating all tilapia fish belonging to the respective controls suggesting that these changes  
368 occurred within an optimum interval delimited by the variations in the phyla forming the core of  
369 the gut microbiota.

370 Our results confirm previous evidence affirming that 80% of the gut microbiota of fish is formed  
371 by Proteobacteria, Fusobacteria, Actinobacteria, Firmicutes, and Bacteroidetes (Yukgehnaish et  
372 al. 2020). In this study, the concatenation of all analyzed projects revealed that these five phyla  
373 accounted for 93% of the relative abundance in the tilapia gut. Moreover, results revealed other

374 phyla always detected in all groups, such as Planctomycetes, Deinococcus-Thermus,  
375 Spirochaetes, Chloroflexi, and Verrucomicrobia; therefore, these could be considered as minor  
376 members of the core microbiota of tilapia. In this regard, we propose the establishment of  
377 polygons formed and delimited by the interval of variance of the core microbiota in tilapia and  
378 other fishes, which may serve to determine if a variation in the gut microbiota is within or  
379 beyond safe limits and to compare gut microbiota profiles between taxa.

380 At more specific taxonomic levels, *Cetobacterium* (23%), *Lactobacillus* (4%), *Legionella* (3%),  
381 *Lactococcus* (3%), *Rhodobacter* (2%), *Pelomonas* (2%), and *Streptococcus* (2%) were the most  
382 representative genera, suggesting a relevant role at least in the balance of the gut microbiota, and  
383 providing information for therapeutic strategies for microbiota restoring purposes. Regarding the  
384 most abundant genera, *Cetobacterium*, this was also detected as the most abundant genera in  
385 carnivores like the hybrid striped bass, European bass, and red drum, in herbivores like the  
386 hybrid tilapia and flathead grey mullet, and omnivores like the common carp (Ofek et al. 2021).  
387 *Cetobacterium* is hypothesized to play beneficial roles in biochemical processes that contribute  
388 to glucose homeostasis and improve fish carbohydrate utilization (Wang et al. 2021a).  
389 *Lactobacillus* and *Lactococcus* are recognized as probiotics for fish (Kuhlwein et al. 2014;  
390 Vargas-Albores et al. 2021). *Legionella* has been identified as a pathogenic bacteria  
391 (Olorocisimo et al. 2022) but is frequently detected in fish. Although the biological role has not  
392 been elucidated (Bereded et al. 2022) it is probably a pathobiont contributing with significant  
393 functions to the microbiota but acting as a pathogen under specific circumstances. *Rhodobacter*  
394 species are considered potential antibiotic substitutes in crustacean and fish aquaculture; for  
395 instance, protein supplementation obtained from *Rhodobacter* inhibits the propagation of  
396 intestinal opportunistic pathogens, while improving growth, immune response, antioxidant  
397 capability, and survival in shrimp (Liao et al. 2022a; Liao et al. 2022b).

398 In the end, despite some of the individual projects reported microbiota modifications when using  
399 additives, the conglomeration of information from multiple projects suggests that although  
400 additives may influence the microbiota, these modifications remain within an optimal range of  
401 variation delimited by the plasticity of the intestinal microbiota. Finally, it is possible that this  
402 same pattern could occur with other factors that impact the microbiota.

## 403 **5 CONCLUSIONS**

404 This meta-analysis suggests little variations in the structure and composition of gut microbial  
405 communities among tilapia gut microbiota exposed to feed additives (probiotics, prebiotics, and  
406 biofloc) from the integrated 221 samples from different tilapia gut microbiota studies. Despite  
407 technical and host factor biases can influence the obtained results, as expected in meta-analytic  
408 approaches, some patterns were defined and contributed to establishing the composition and  
409 variations of the tilapia gut microbiota while defining a host-adapted core microbiota, which  
410 included the phyla Proteobacteria, Fusobacteria, Actinobacteria, Firmicutes, and Bacteroidetes.  
411 In this regard, we also conclude that the gut microbiota of tilapia is a plastic component that can  
412 vary as a response to probiotics, prebiotics, and biofloc addition. At the same time, tilapia gut  
413 microbiota is an adaptive and probably resilient component with a wide dynamic range that  
414 seems to allow a considerable optimal range of variation; therefore, modifications in the  
415 taxonomic profile caused using feed additives may be safe for tilapia.

416 Additionally, the results provide perspectives for developing therapeutic manipulations using the  
417 signature microorganism of the tilapia gut microbiota. Consequently, tilapia with great dysbiosis  
418 could modify or regenerate their microbiota configuration. Moreover, it is necessary to assess the  
419 gut microbiota adaptability strategies and relations among the microorganisms to comprehend  
420 the complex gut ecosystem.

421 **ACKNOWLEDGMENTS**

422 The authors thank Azucena Santacruz and Sheyla Acosta for their contribution to the manuscript  
423 format and figures.

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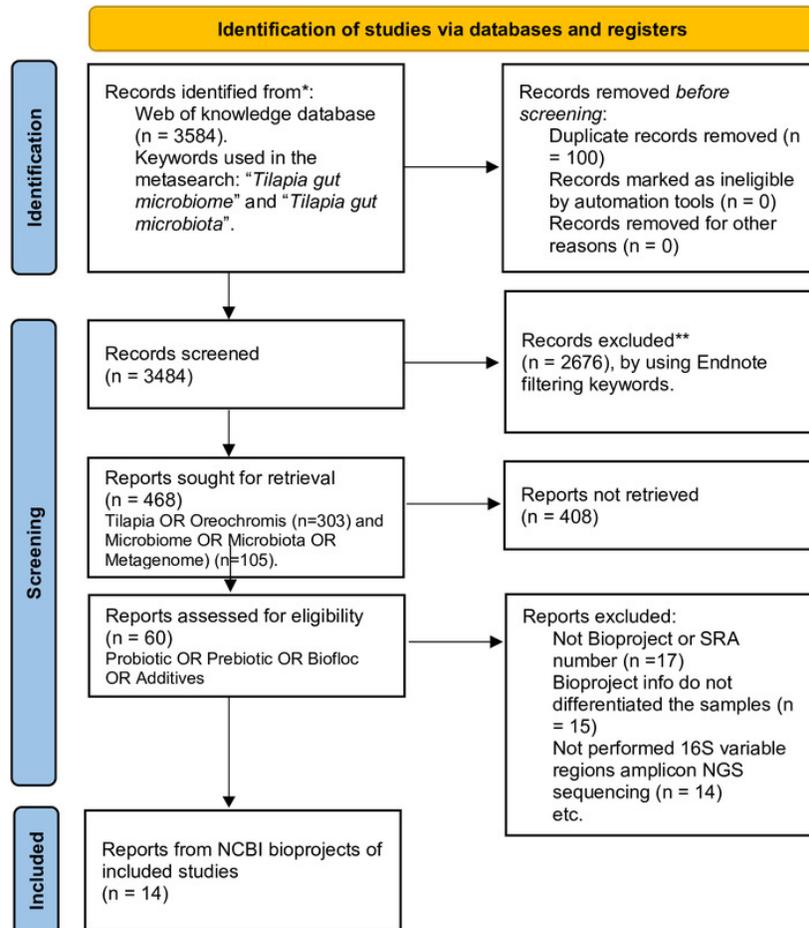
681

# Figure 1

PRISMA flow chart for studies and bioprojects inclusion performed during the metasearch.

Metasearch was performed in the Web of Knowledge platform retrieved 3,584 studies, which were screened. Studies were filtered by using endnote automated tools and keywords. Then, 60 studies were considered for the deeper search of bioprojects. After screening, we include 14 studies from 14 NCBI bioprojects.

## PRISMA 2020 flow diagram for new systematic reviews which included searches of databases and registers only



\*Consider, if feasible to do so, reporting the number of records identified from each database or register searched (rather than the total number across all databases/registers).

\*\*If automation tools were used, indicate how many records were excluded by a human and how many were excluded by automation tools.

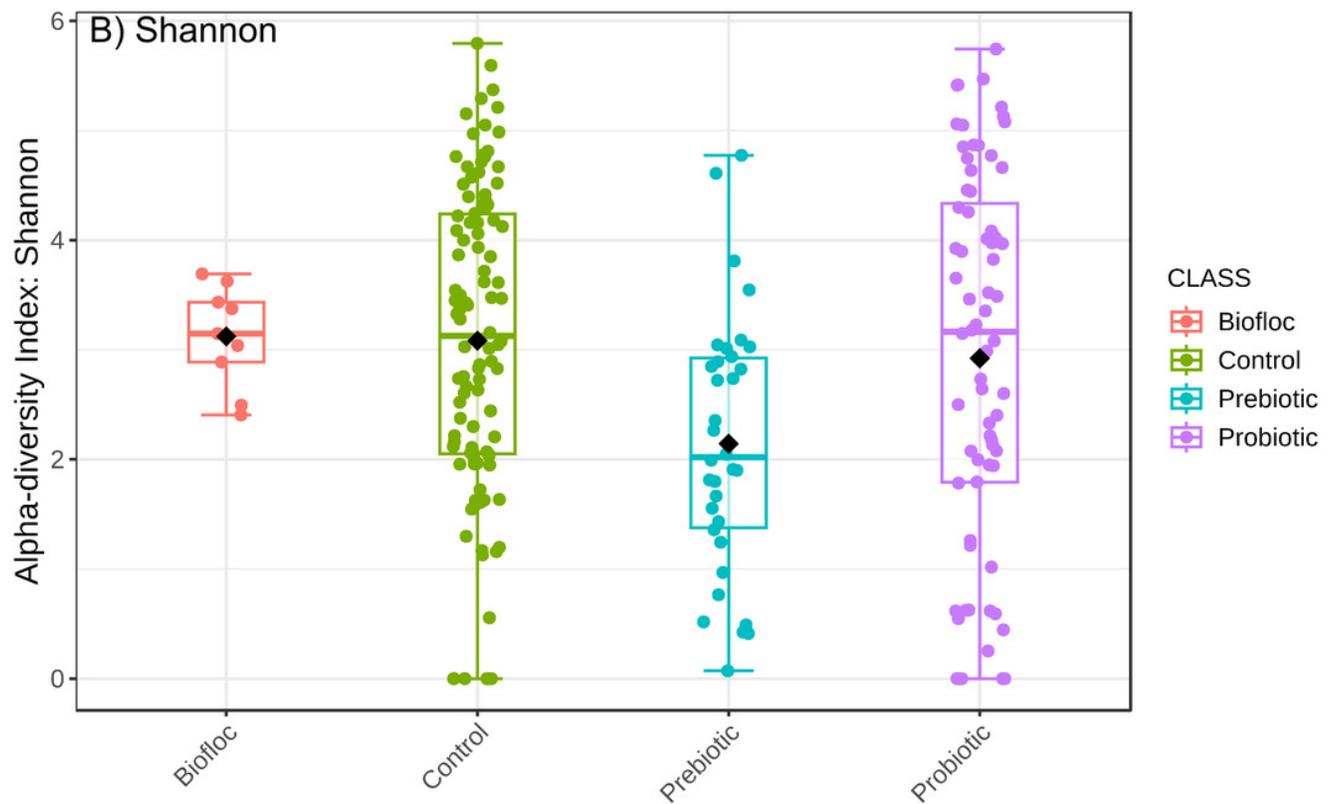
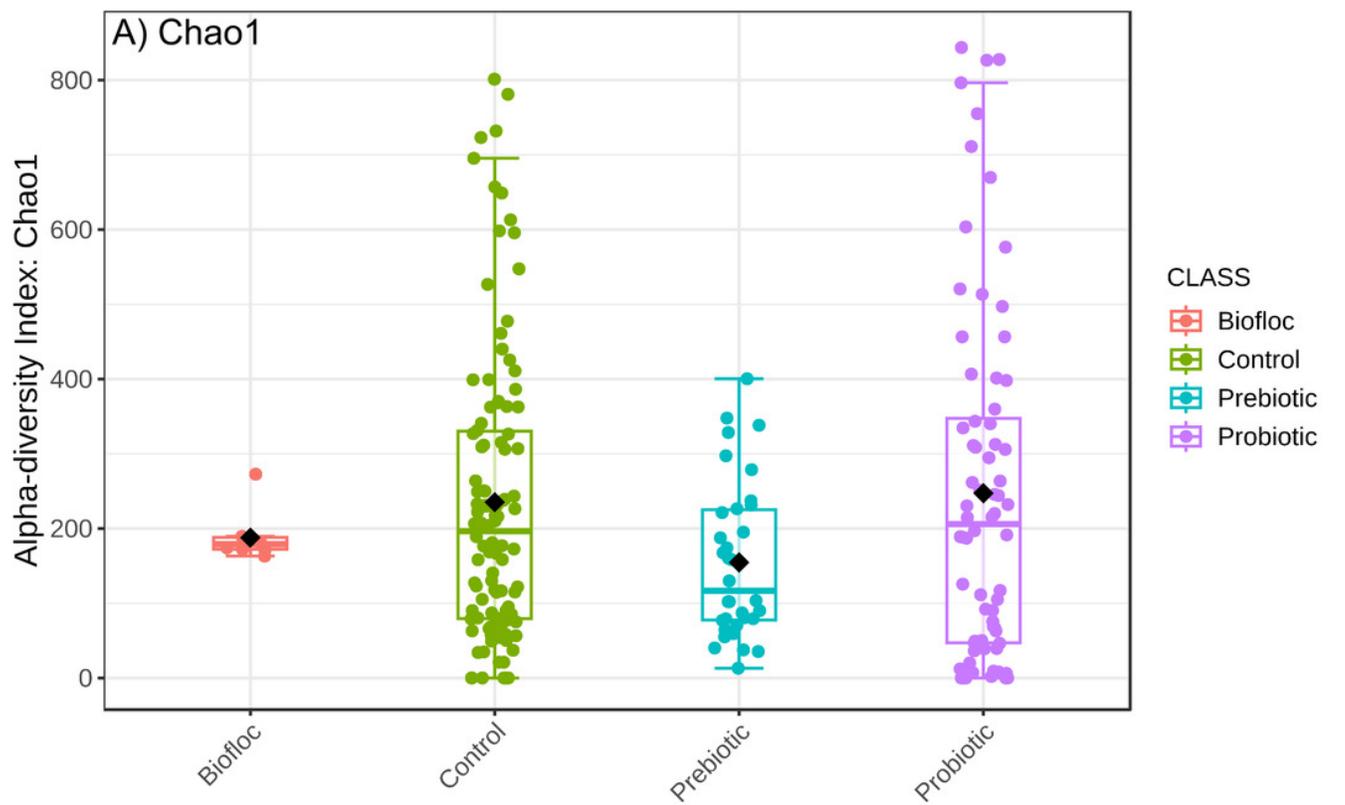
From: Page MJ, McKenzie JE, Bossuyt PM, Boutron I, Hoffmann TC, Mulrow CD, et al. The PRISMA 2020 statement: an updated guideline for reporting systematic reviews. *BMJ* 2021;372:n71. doi: 10.1136/bmj.n71

For more information, visit: <http://www.prisma-statement.org/>

## Figure 2

Alpha diversity of tilapia gut microbiota was estimated as Chao1 and Shannon indexes.

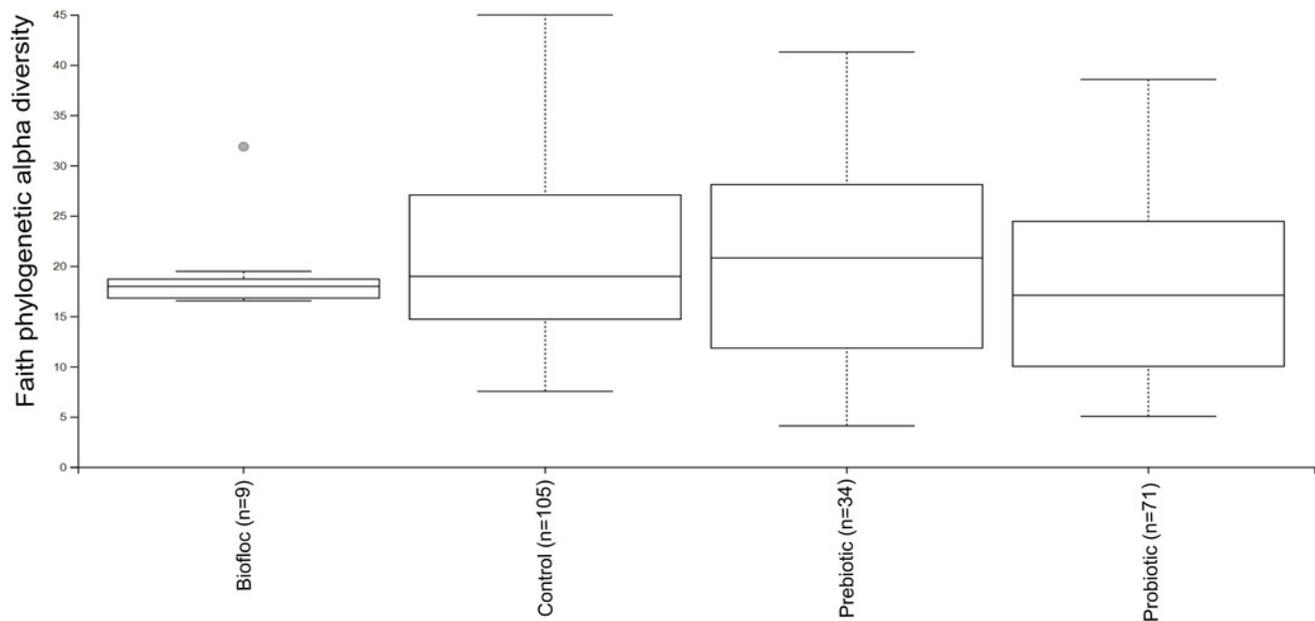
Alpha diversity analyses were estimated at the feature level as Chao1 and Shannon indexes to analyze the complexity of species diversity in the tilapia gut microbiota exposed to probiotic, prebiotic, and biofloc treatments. Fish not receiving any of the above treatments were grouped as control.



## Figure 3

Phylogenetic alpha diversity of tilapia gut microbiota.

Alpha diversity was estimated at feature-level with the faith phylogenetic diversity index of tilapia gut microbiota exposed to probiotic, prebiotic, and bioûoc treatments. Fish not receiving any of the above treatments were grouped as control.

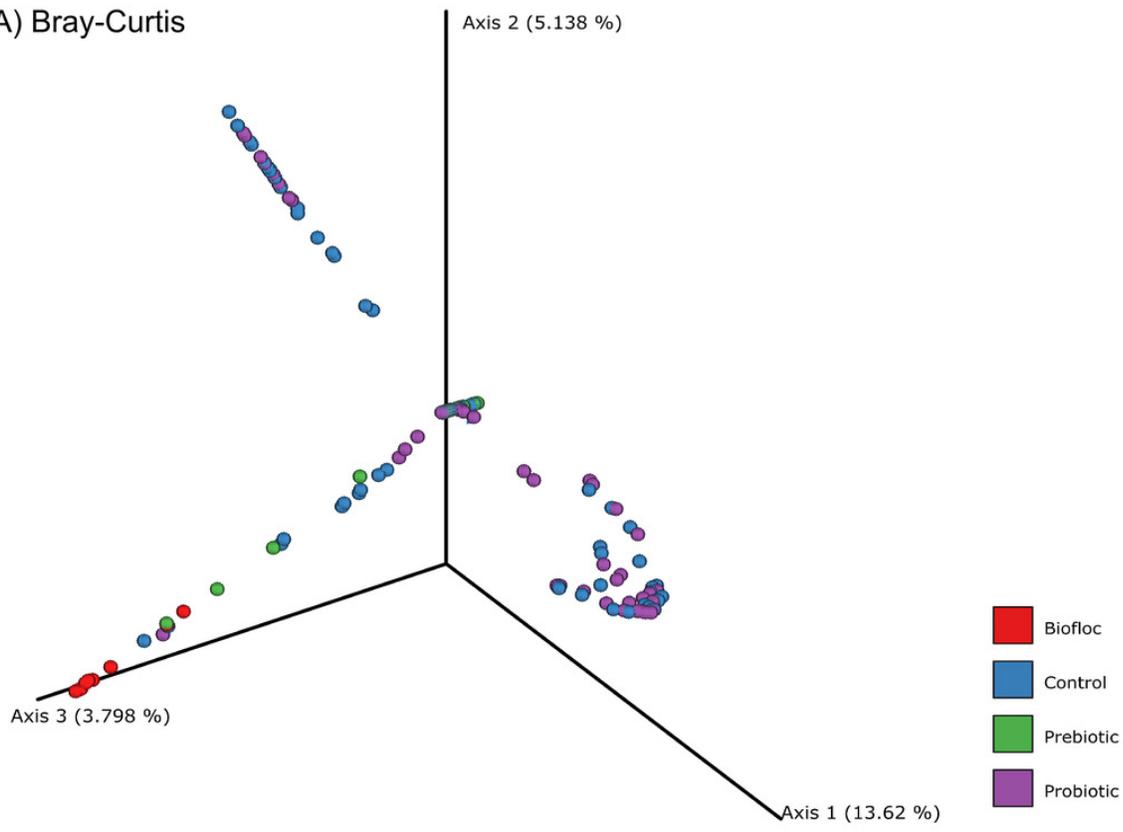


## Figure 4

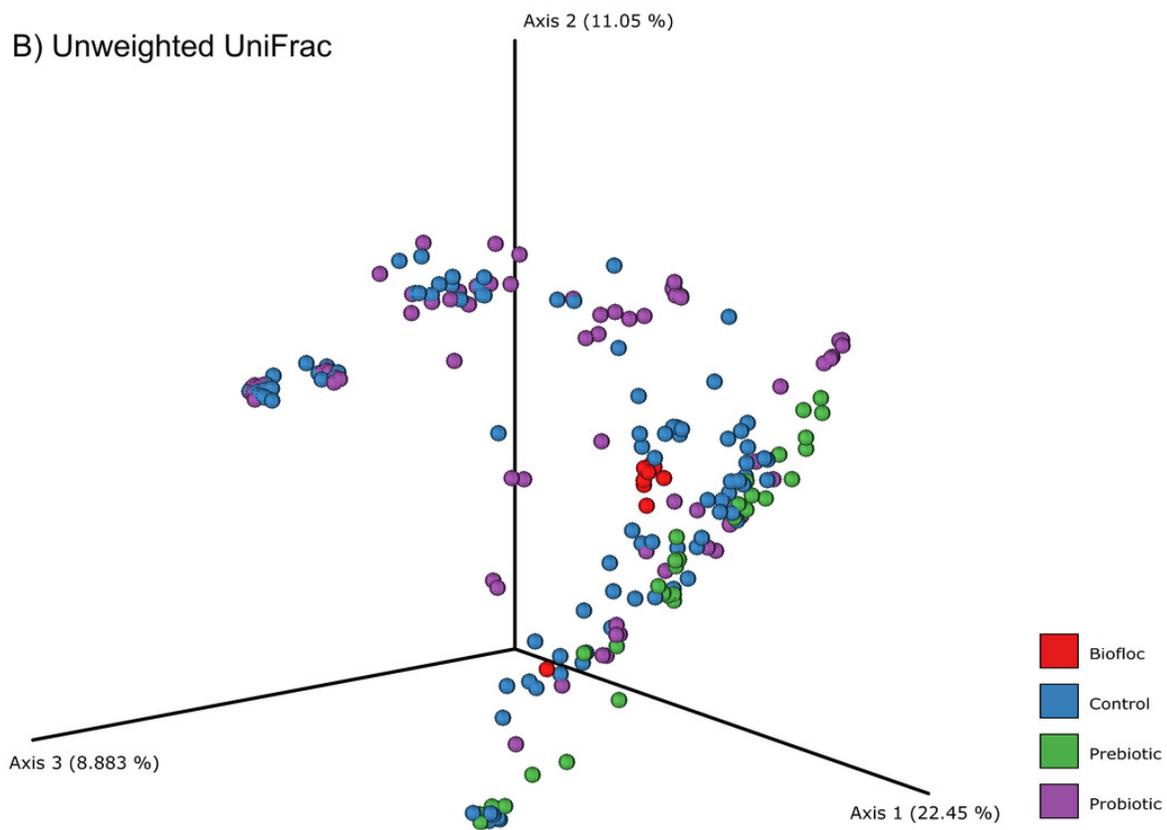
PCoA of Beta diversity was calculated using the Bray-Curtis and Unweighted matrix distances.

Principal coordinate analysis (PCoA) was performed using the (A) Bray-Curtis (ANOSIM,  $R = 0.019$ ,  $p = 0.33$ ) and the (B) Unweighted Unifrac (ANOSIM,  $R = 0.0042$ ,  $p = 0.38$ ) distance matrix of the beta diversity of tilapia gut microbiota exposed to probiotic, prebiotic, and biofloc treatments. Fish not receiving any of the above treatments were grouped as control.

A) Bray-Curtis



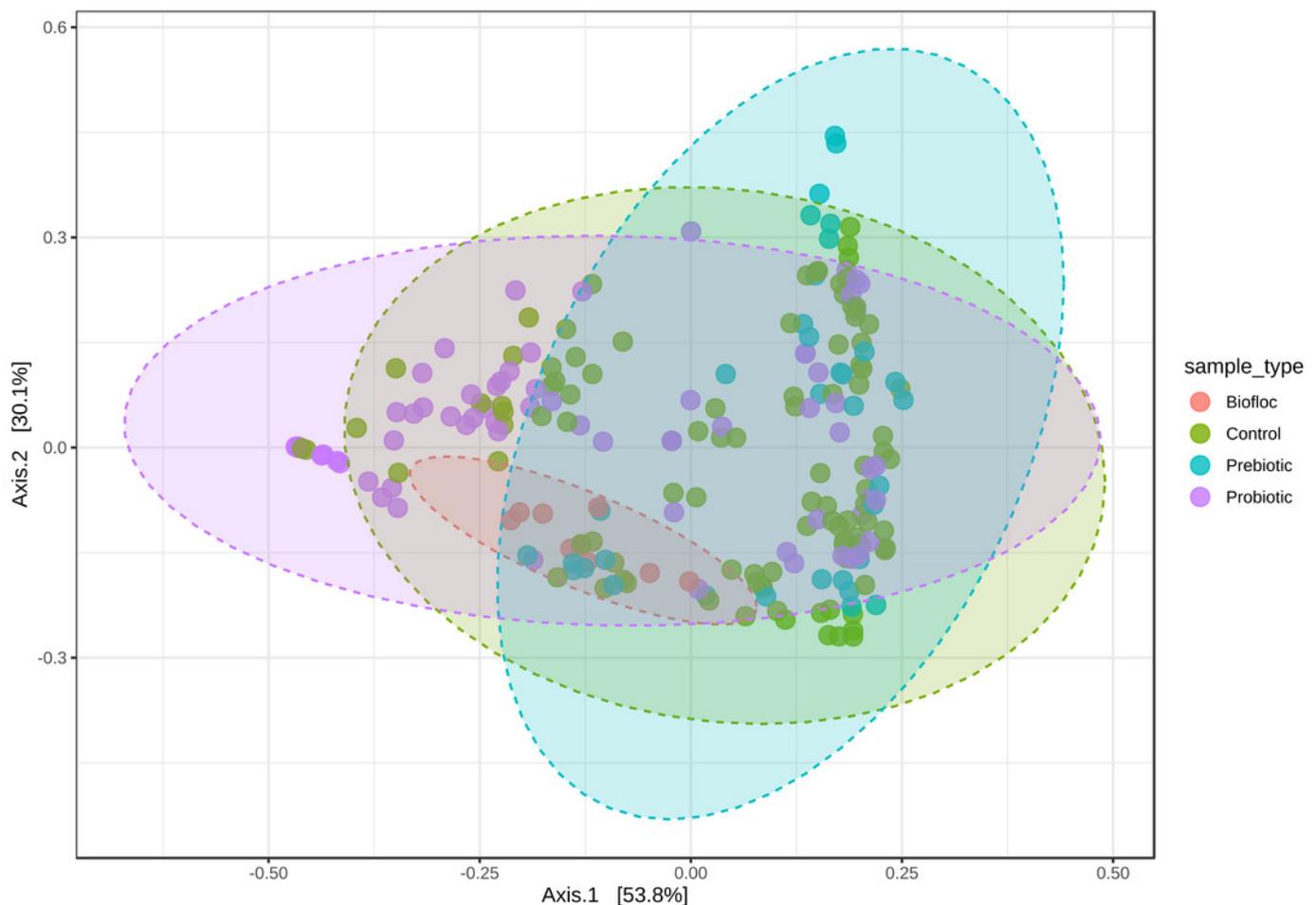
B) Unweighted UniFrac



## Figure 5

PCoA of Beta diversity was calculated using the Jensen-Shannon distance matrix.

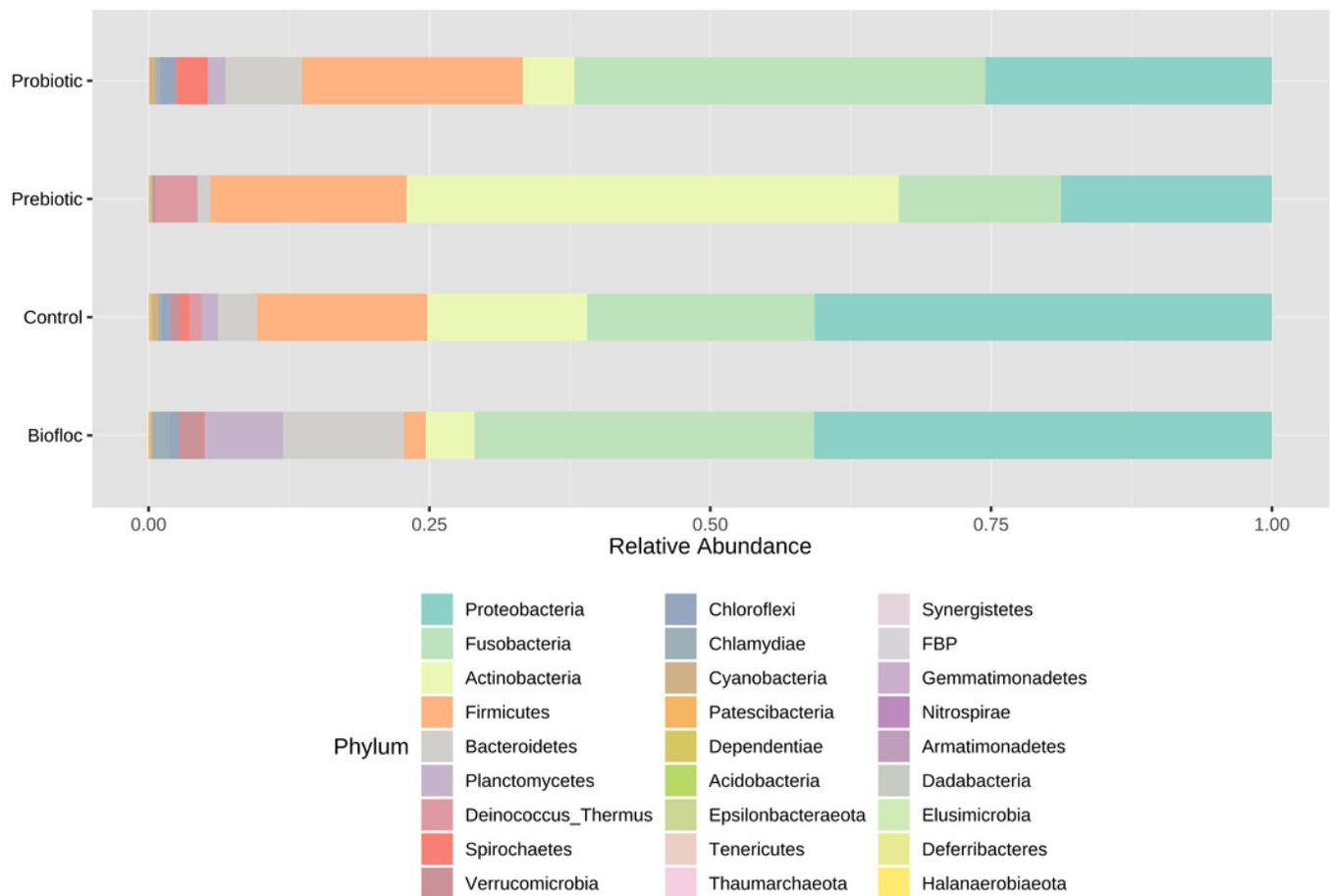
Principal coordinate analysis (PCoA) based on the Jensen-Shannon divergence distance matrix shows the similarity of bacterial compositions of tilapia gut microbiota exposed to probiotic, prebiotic, and biofloc treatments. ANOSIM  $R = 0.05$  and  $p = 0.792$ . Fish not receiving any of the above treatments were grouped as control.



## Figure 6

Gut microbial composition at phylum level of tilapia.

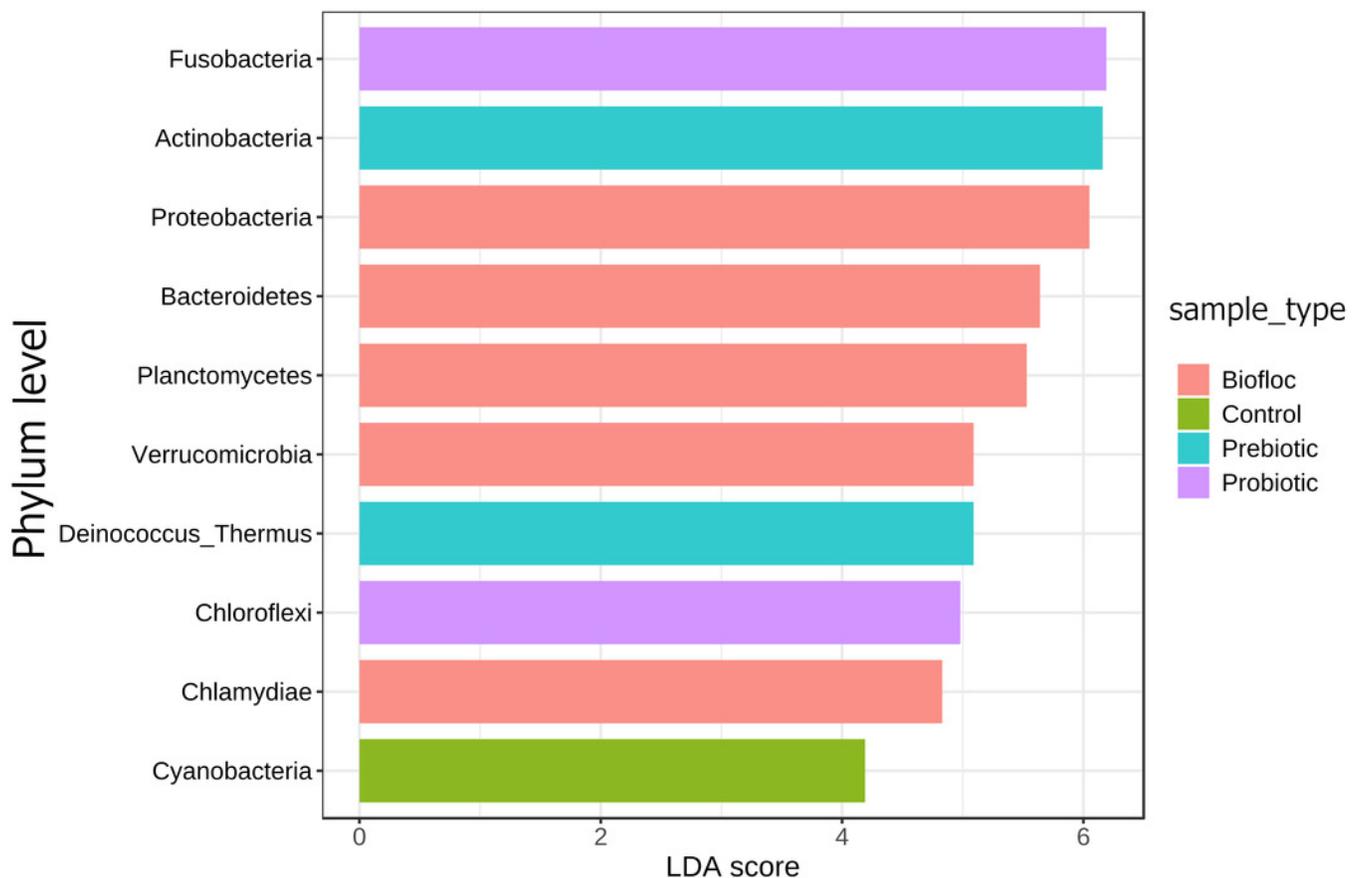
Gut microbial composition at the phylum level of tilapia exposed to probiotic, prebiotic, and bioûoc treatments. Fish not receiving any of the above treatments were grouped as control.



## Figure 7

LEfSe analysis indicates differentially abundant phyla.

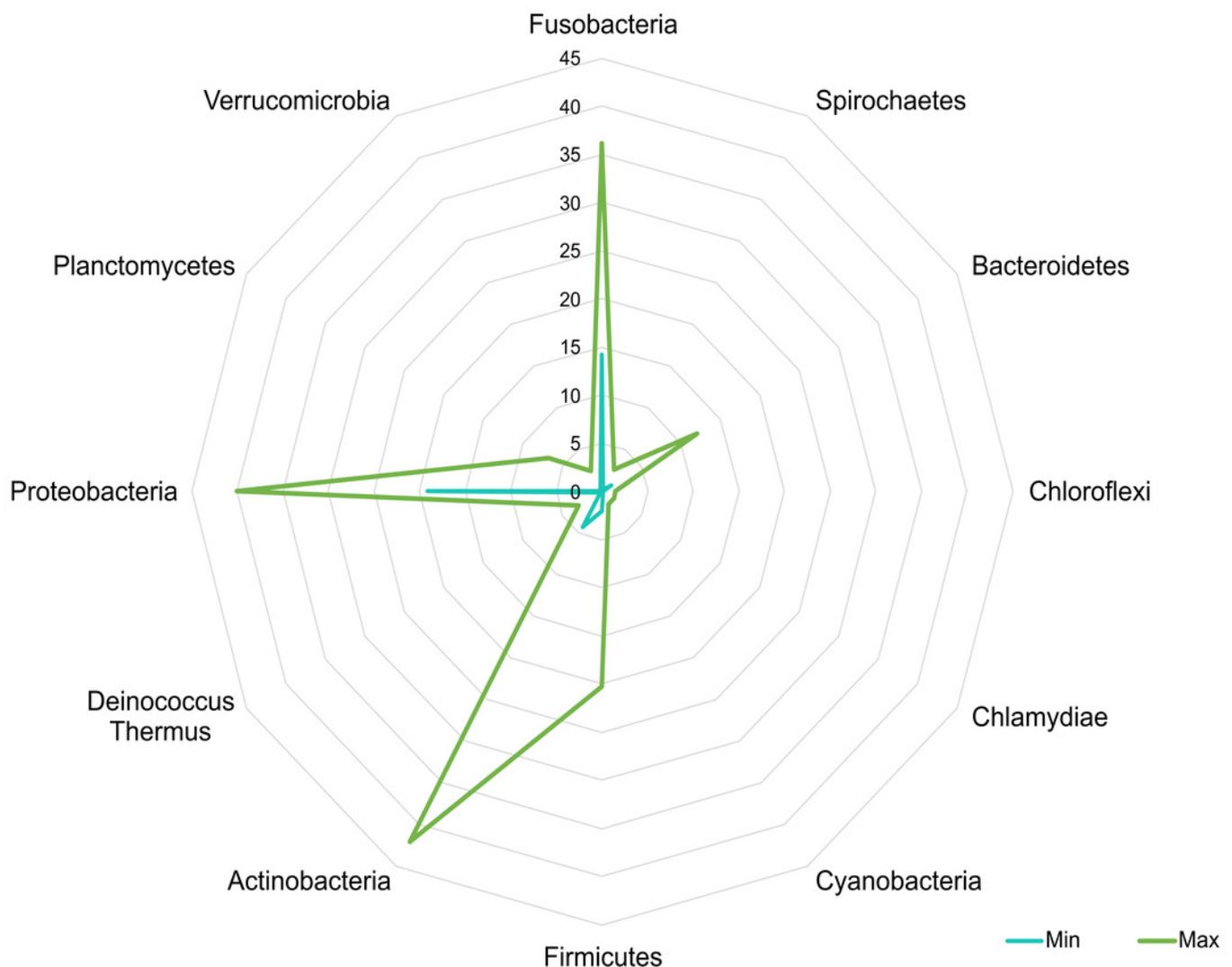
Linear discriminant analysis effect size (LEfSe) analysis computed from phyla identified differentially abundant (FDR-adjusted p-value cut-off set to 0.05) phyla in the analyzed gut microbiota of tilapia exposed and not exposed (control) to probiotics, prebiotics, and biofloc treatments. The top 10 enriched phyla in the gut tilapia microbiota are presented in the figure. Each different color represents the most abundant phyla by sample type.



## Figure 8

Potential plasticity of tilapia gut microbiota.

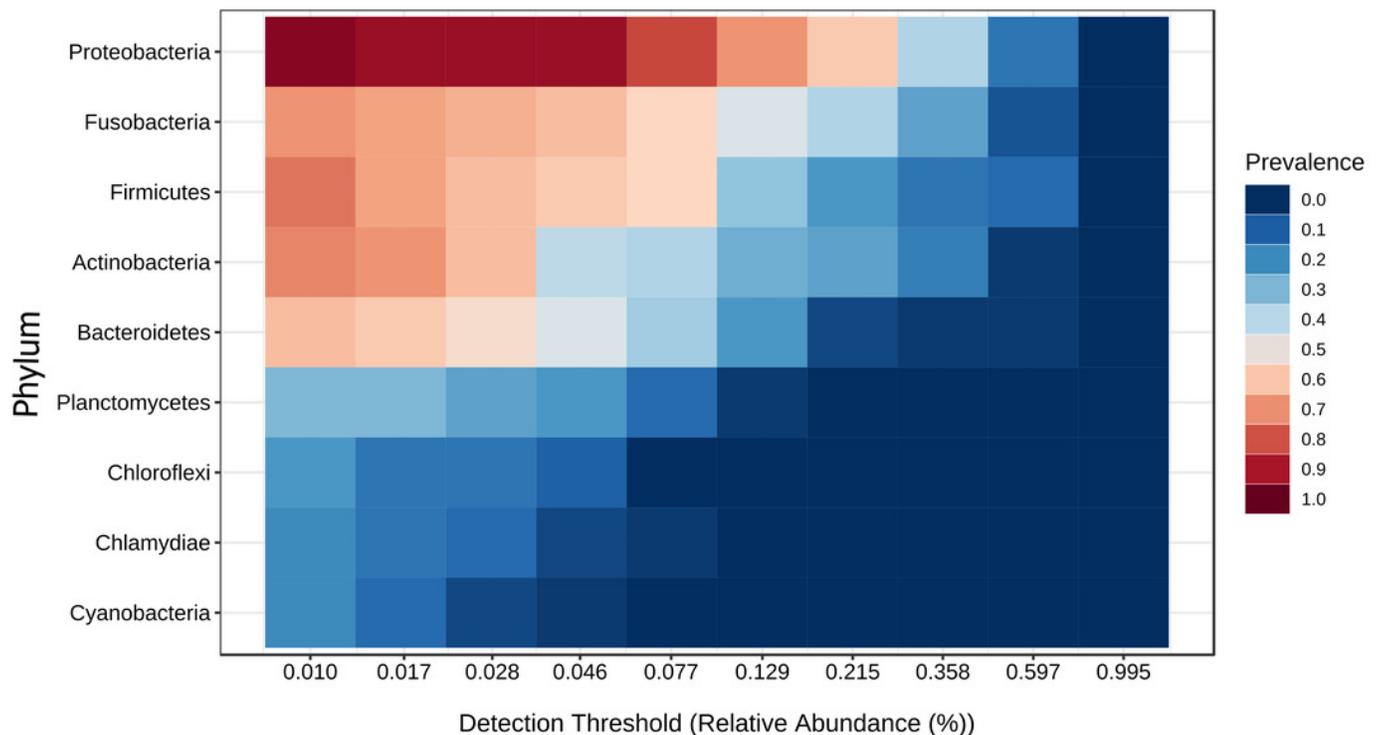
The core microbial community that can plastically respond to feed additives exposure considering the minimum and maximum mean relative abundance of the phyla detected in the evaluated bioprojects. Numbers in the figure represent the percentage of relative abundance.



## Figure 9

Core microbiome base on the phylum prevalence.

Heatmap of the tilapia gut microbiota core at phylum level which include the most prevalent taxa among all the treatments (probiotics, prebiotics and bioflocs). The x-axis represents the relative abundance detection from lower to higher abundance values. Color shading indicates the prevalence of each bacterial family among samples for each abundance threshold. As we increase the detection threshold, the prevalence decreases.



## Figure 10

SECOM correlation network analysis applied to tilapia gut microbiome at the phylum level.

Figure 10. SECOM correlation network analysis applied to tilapia gut microbiome at the phylum level. Estimation of Correlations among Microbiomes (SECOM) network analysis at the phylum level of the tilapia gut microbiota reveals significant interactions. Each node represents a phylum level, and its size is based on the number of connections to the phylum. Different colors in the node indicate the phylum proportion by sample type (control, probiotic, prebiotic, and biofloc). The edge thickness is equivalent to the correlation values. Blue edges represent positive correlations and red edges represent negative correlations.

