

# A bibliometric analysis of research trends and hotspots in alpine grassland degradation on the Qinghai-Tibet Plateau

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A bibliometric analysis of current research, hotspots, and development trends was used to develop an overall framework of mechanisms of alpine grassland degradation on the Qinghai-Tibet Plateau. This investigation includes data from 1,330 articles on alpine grassland degradation on the Qinghai-Tibet Plateau, acquired from the Chinese Science Citation Database (CSCD) and Web of Science Core Collection (WOS). Research was divided into three themes: spatial scope and management of typical grassland degradation problems, dynamic mechanisms of grassland degradation and effects of ecological engineering, and grassland degradation risk based on remote sensing technology. The results of the analysis showed that the research can be summarized into three aspects: typical grassland degradation identification, dynamic mechanism analysis of grassland degradation, and grassland ecosystem stability strategy. The main findings can be summarized, as follows: 1) Ecological analyses using the river source as a typical region defined the formation of "black soil beach" type degraded grasslands in the region, and promoted the ecological environment management and protection of the alpine grassland by discussing the causes of regional ecological environment changes; 2. Dynamic mechanism analyses of climate change and characteristics analyses of grassland vegetation-soil degradation revealed that alpine grassland degradation is the result of multiple main factors; and 3. Risk prediction methods for grassland degradation, methods of grassland management and sustainable countermeasures for agriculture and animal husbandry development, and the development of a comprehensive index of influencing factors on grassland degradation all indicate that selecting the right grassland restoration measures is the key to grassland restoration. Remote sensing monitoring and high-throughput sequencing technology should be used in future research on grassland ecosystems. In addition, multiscale, multidimensional, and multidisciplinary systematic research methods and long-term series data mining could help identify the characteristics and causes of alpine grassland system degradation. These findings can help identify a

more effective coordination of landscape, water, lake, field, forest, grass, and sand management for the prevention of alpine grassland degradation.

# 1 **A bibliometric analysis of research trends and hotspots in alpine** 2 **grassland degradation on the Qinghai-Tibet Plateau**

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12 **Abstract:** A bibliometric analysis of current research, hotspots, and development trends was used  
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35 system degradation. These findings can help identify a more effective coordination of landscape,  
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37 degradation.

38 **Keywords:** Qinghai-Tibet Plateau, Alpine grassland degradation, Bibliometric method, Research  
39 hotspots, Grassland degradation risk, Climate change, Black soil beach

40

## 41 **Introduction**

42 The Qinghai-Tibet Plateau is a unique geographical region with the highest altitude in the world  
43 [1]. The plateau is important to water and soil conservation, as a windbreak and for sand fixation,  
44 and in biodiversity protection [2]. Alpine grasslands are an important part of the Qinghai-Tibet  
45 Plateau ecosystem that provide essential ecological services for water source protection and  
46 climate regulation. They are also important in the global carbon cycle [3]. Alpine grasslands are  
47 also the production base and ecological security barrier for animal husbandry in China and are  
48 therefore critical in regional economic development, social stability, and cultural inheritance [4].  
49 In recent years, owing to the dual effects of global climate change and human activity, alpine  
50 grasslands on the Qinghai-Tibet Plateau are experiencing serious degradation [5, 6].

51 Because of continuing grassland degradation on the Qinghai-Tibet Plateau since the 1980s, many  
52 studies have been conducted on the causes of this degradation. Climate warming, population  
53 increases, grazing pressure, and rodent damage are the key factors leading to grassland degradation  
54 [7-9]. As a combined result of those factors, coupled with the sensitivity and fragility of grassland  
55 ecosystems on the Qinghai-Tibet Plateau [5], grassland vegetation coverage and biomass in the  
56 area have decreased; soil physical, chemical, and biological properties have been damaged; and  
57 grassland productivity has gradually declined [10, 11]. Some studies indicate that climate change  
58 significantly affects alpine grasslands [12, 13]. By contrast, according to Wu et al. [14] suggest

59 that the dominant factor affecting grassland health on the Qinghai-Tibet Plateau is not climate  
60 change but the intensification of human activities associated with increases in population and  
61 grazing intensity. However, grassland degradation likely results from the combined effects of  
62 natural factors and human activities. For example, greenhouse gases emitted by overgrazing  
63 promote climate warming, which then causes grassland degradation [15]. According to Chen et al.  
64 [16], the interactions between climate change and human activities are the dominant factors in  
65 grassland degradation. This research suggests the degradation of alpine grasslands is a complex  
66 process involving multiple variables and states.

67 Many studies have examined the degradation of alpine grasslands on the Qinghai-Tibet Plateau,  
68 primarily focusing on the composition and structure of degraded grasslands, including species  
69 diversity, biomass, ecological vegetation characteristics, community succession, and soil  
70 properties [17, 18]. Field quadrangle surveys and spatial analysis are the main methods used to  
71 study degradation mechanisms in alpine grasslands, but the results vary depending on the time and  
72 data source of the case studies. Summarizing case study results, forming an overall framework of  
73 alpine grassland degradation mechanisms, and revealing similarities and differences in study  
74 results in different time periods can help identify overall research trends and direct further in-depth  
75 research on key ecological processes. A bibliometric analysis was used to objectively and  
76 systematically analyze and summarize current research on the hotspots, dynamics, and  
77 development trends in the research on alpine grassland degradation. An overall framework was  
78 developed as a reference for the future ecological environmental protection of alpine grasslands  
79 on the Qinghai-Tibet Plateau.

## 80 **Materials and methods**

### 81 **Literature acquisition**

82 This investigation includes data collected from 1,330 articles about alpine grassland degradation  
83 on the Qinghai-Tibet Plateau published between 1990 and 2022, acquired from the Chinese  
84 Science Citation Database (CSCD) and Web of Science Core Collection (WOS). Advanced search  
85 methods were used (keywords included: Qinghai-Tibet Plateau OR Tibetan Plateau OR  
86 Sanjiangyuan AND Alpine meadow OR Alpine grassland OR Alpine steppe OR Black soil beach

87 AND Degradation OR Deterioration OR Decline). The document type was set to “Article,  
88 Proceedings, Papers, Reviews.”

## 89 **Data analysis**

90 Both Citespace 5.7. R2 and Vosviewer 1.6.17 visual analysis software were used to conduct a  
91 quantitative analysis of the research on alpine grassland degradation on the Qinghai-Tibet Plateau.  
92 Excel 2022 and Origin 2022b software were used for data collation, and for the statistical analyses  
93 conducted on the number of published papers, institutions, and authors, and for summarizing  
94 keywords. The goal was to analyze international research frontiers and hotspots.

## 95 **Results and Discussion**

### 96 **General trends in grassland degradation research**

97 A review of the literature found there were 1,330 articles on alpine grassland degradation on the  
98 Qinghai-Tibet Plateau published before 2022, including 965 articles found in the Web of Science  
99 (WOS) Core Collection and 365 articles found in the China Science Citation Database (CSCD;  
100 Figure 1).

101 Early research primarily investigated typical phenomena and management of grassland  
102 degradation using field studies. In the 1980s, “black soil beaches” increased sharply, indicating  
103 serious grassland degradation in river headwaters [19]. In the mid-1990s, permafrost degradation  
104 caused by the dry and warming regional climate led to severe vegetation degradation in alpine  
105 steppes and meadows, resulting in rapid desertification [20]. During this period, field  
106 investigations conducted in northern Tibet, northwestern Sichuan, southern Qinghai, and Gannan  
107 found black soil beaches, indicating degraded grasslands [21]. These results indicated that the  
108 ecological environments of the grasslands in river source areas were deteriorating, with notable  
109 rodent and insect damage, and the degradation of grasslands, primarily indicated by black soil  
110 beaches, became increasingly serious [22]. To prevent further grassland degradation, different  
111 management schemes were adopted, including forbidding grazing, controlling poisonous weeds,  
112 fertilizing grasslands, and planting artificial or semi-artificial grasslands [23]. Since the  
113 implementation of the “Returning Grazing to Grassland” and “Ecological Protection and  
114 Construction of the Three-River Source” projects, research on alpine grassland degradation has

115 increased, and the ecological environmental security of grasslands on the Qinghai-Tibet Plateau  
116 has attracted great attention. From 2006 to 2015, research focused on: analyzing the causes of  
117 grassland degradation [24], reconstructing ecological environments [25], and quantitatively  
118 analyzing ecosystem components [26-28]. To provide a scientific basis for the protection of  
119 ecological environments and sustainable use of alpine grasslands, the relationships between plant  
120 species diversity, productivity, and soil characteristics were also examined during alpine grassland  
121 degradation. Follow-up research focused on determining grassland degradation risk based on  
122 remote sensing technology. Responses of grassland ecosystems to climate change were also  
123 explored, and sustainable countermeasures in grassland ecological environmental governance and  
124 grassland resource protection were implemented based on high-efficiency industrial  
125 transformations in both agriculture and animal husbandry. 3S technology (Remote Sensing RS,  
126 Geographical information System GIS and Global Positioning System GPS) was used to establish  
127 a model for grassland degradation analysis, conduct quantitative research on degraded grasslands  
128 in time and space, and predict changes in ecological environments in four-dimensional space [29].  
129 Metagenomic methods based on high-throughput sequencing technology have also been used to  
130 analyze diversity and functional changes in soil bacterial and fungal communities in degraded  
131 grasslands [30]. Research methods in this third stage of research (from 2006-2015) gradually  
132 diversified, and the influence of papers greatly increased.

133 In summary, grassland degradation is a complex process of change, and the clearest changes in the  
134 early part of this process are the dramatic increase in black soil beaches and the changes observed  
135 in grassland vegetation. Most studies on alpine grassland degradation are time series analyses,  
136 outlining changes in grass characteristic indexes to identify the degree of grassland degradation.  
137 Synthesizing the results of these studies, grassland degradation is mainly manifested in the decline  
138 of grassland productivity, biodiversity, soil quality, and ecosystem service function. In recent  
139 years, with the implementation of the protection and construction project of the ecological security  
140 barrier on the Qinghai-Tibetan Plateau, the degradation of alpine grassland has slowed and the  
141 ecology of the grasslands have started to recover through the adoption of restoration measures  
142 corresponding to the degree of degradation.

### 143 **Recognition of alpine grassland degradation in different time periods**

144 Keyword emergence refers to a rapid increase in the frequency of a keyword in a certain period of  
145 time, reflecting a research hotspot or new research trend in that period of time. CiteSpace software  
146 can extract emergent words from a large number of literature subject words, show the emergence  
147 and continuation of relevant research in certain years, characterize the development trend of  
148 research hotspots, and reflect the evolution of the research landscape over time[31]. Analyzing the  
149 emergence of keywords in different time periods can reveal the cutting-edge dynamics of research  
150 on alpine grassland degradation on the Tibetan Plateau over time. As seen in Table 1, early research  
151 focused on the diagnosis of degradation problems in the typical area of the river source area, and  
152 more recent research has focused on the response to degradation of various parts of the alpine  
153 grassland ecosystem. The depth and breadth of each aspect of research have increased over time,  
154 and new research hotspots have continued to emerge.

155 In the CSCD database, the keywords "ecological environment" and the research area "river source  
156 area" had appeared already prior to the years included in this study, indicating that these were the  
157 focus of early research. In 2000, the keyword "ecological environment" appeared, and the research  
158 on alpine grassland degradation at this stage focused on evolution and trends in the ecological  
159 environment and the causes of regional ecological environment changes [19, 23, 32], which  
160 effectively promoted the management and protection of the alpine grassland ecological  
161 environment. In the 2003-2007 period, the intensity of "river source area" reached a peak of 5.46  
162 (Table 1). The Three-River Source area provides crucial ecosystem functions and services for  
163 Central China and Southeast Asia [33] and is also a typical area for the study of alpine grassland  
164 degradation. Because of climate change, nitrogen deposition, and anthropogenic disturbances  
165 since the 1970s [7, 34, 35] and problems such as grassland degradation, wetland area reduction,  
166 glacier retreat, and vegetation coverage declined in the Three-River Source area [36], the  
167 ecological security of the west is threatened [37]. These factors lead to the phenomenon of black  
168 soil beaches, which are a sign of ecological environment deterioration in the river park, so "river  
169 source area" received high attention in this initial stage of alpine grassland degradation research.  
170 During the 2009-2011 period, with an emergent intensity of 4.79 for "climate change," research  
171 focused on the influence of climate change on the degradation of grass ecosystem components.

172 "Soil properties" and "biomass" are the longest lasting research hotspot areas, continuing to be  
173 hotspot words even today, as they are a comprehensive reflection of soil physical and chemical  
174 properties and biological attributes that can reveal the most sensitive indicators of soil condition

175 dynamics. Guo et al. [38] analyzed aboveground vegetation and soil nutrients in different  
176 degradation and restoration stages of alpine grasslands and found that soil nutrients and their  
177 stoichiometry were affected by aboveground biomass. Wang [39] observed an intricate  
178 relationship of positive and negative feedback between plants and soils. Soil regulates plant  
179 growth, apoplastic production, and vegetation community succession by transporting nutrients and  
180 water to plants through the inter-root zone and providing habitat conditions for plant growth and  
181 development [40]. Plants exert feedback regulation on soil, and through the input and  
182 decomposition of apoplastic matter, soil organic matter content increases, providing nutrients for  
183 the growth of soil organisms [41].

184 Emergence words in the WOS database were concentrated from 2003 to 2022 (Table 1), indicating  
185 the late start of research on alpine grassland degradation worldwide. Related topics included  
186 exploring the effects of degradation factors on grassland plants to reveal the processes and  
187 mechanisms of alpine grassland degradation [42-44] and changes in grassland area and vegetation  
188 productivity under the effects of climate change and land use patterns [45-47]. In the past three  
189 decades, primary production of the alpine steppe on the Qinghai-Tibet Plateau has been stable  
190 because of changes in the composition of plant functional groups [48]. Natural selection produces  
191 differences in plant species diversity in response to environmental changes. Interspecific  
192 competition occurs when required environmental resources or energy are insufficient [49]. The  
193 persistent emergent keywords in the WOS database focused on grassland productivity and spatial  
194 patterns. This result indicated that there is increasing concern about the ecological benefits or  
195 ecological services provided by grasslands, which is conducive to building bridges between  
196 ecological systems and the socioeconomic system.

197 In summary, the study of alpine grassland degradation on the Qinghai-Tibetan Plateau has been a  
198 gradual evolutionary process. Researchers have sought to identify and analyze the factors and  
199 characteristics of degraded grassland from different perspectives and at different times. This study  
200 aimed to expand and deepen the response analysis of grassland degradation between various parts  
201 of the grassland ecosystem based on an analysis of the keywords, research directions, and  
202 publication dates of the relevant papers. This review was more systematic than previous studies.

### 203 **Dynamic mechanisms of grassland degradation and effects of ecological engineering**

204 Keywords provide an overall summary of the topic of an article and indicate the core research  
205 topics. Thus, research hotspots can be identified through an analysis of keywords [50]. The  
206 keywords from the CSCD and WoS databases were merged (Figure 2), visualized, and analyzed  
207 by organizing the keywords in different time periods separately. The first keywords can be  
208 summarized as: ecological environment analysis of the region typified by the source of the river.  
209 The second time period of keywords can be summarized as: characterization of the vegetation-soil  
210 degradation of the grassland, with climate change, grazing activities, and the plateau sage-grouse  
211 as the main influencing factors (Figure 3).

212 The Qinghai-Tibet Plateau is a unique ecogeographic region characterized by abnormally changing  
213 climate and harsh natural conditions that accelerate grassland degradation [51]. The effects of  
214 climate change on vegetation are complex [52] and include the effects of nitrogen addition rate on  
215 species richness and aboveground primary productivity in alpine meadows [53]. Although  
216 warming and precipitation, as the main factors of influence, promote the growth of vegetation to a  
217 certain extent, precipitation and excessive temperature in summer inhibit the growth of vegetation  
218 in alpine areas [54], resulting in a decline in forage quality in alpine grasslands [3]. In addition,  
219 changes in soil microbial communities in grasslands can cause long-term degradation of the whole  
220 ecosystem [24, 55]. The interaction of warming and soil moisture affect plant growth and forage  
221 quality in alpine meadows in the perennial permafrost zone of the Tibetan Plateau, with warming-  
222 induced changes seen in community composition, biomass, and forage quality in response to soil  
223 moisture availability. Under drought conditions, warming decreased the relative importance of  
224 grass and aboveground biomass but increased the importance value of weeds[56]. Duan et al. [57]  
225 found that the response to climate change varied among different grass types in the Tibetan Plateau  
226 region, and that the differences in grass vegetation types resulted in a greater spatial heterogeneity  
227 in the response to climate factors among alpine meadows and alpine grasslands. There is also a  
228 large spatial heterogeneity in the response of Normalized difference vegetation index (NDVI) to  
229 climate factors during the growing season. Open top chambers (OTCs) warming experiments have  
230 also been conducted in alpine meadow and alpine grassland habitats in the central Tibetan Plateau,  
231 and the results showed that warming led to a significant decrease in the area covered by grasses  
232 and forbs and a significant increase in the area covered by legumes, leading to a rapid loss of  
233 species. Changes in soil moisture were the main cause of these changes in grasses and legumes in  
234 alpine grasslands [58]. Climate warming has a positive effect on alpine meadow plant community

235 structure and function, and a negative effect on alpine grassland plant community structure and  
236 function.

237 Livestock grazing affects grassland stability, resilience, and productivity through livestock  
238 trampling, foraging, and defecation. Over time, trampling affects a wide range of grassland  
239 components and can have lasting effects. Trampling helps keep grasslands healthy but excessive  
240 trampling can also lead to the degradation of these grasslands [62]. Cattle and sheep can inhibit  
241 growth or kill plants by grazing and trampling, increasing soil hardness, and reducing soil  
242 permeability, which is not conducive to plant growth or root development [63]. Overgrazing  
243 seriously threatens the balance of stock–soil–grassland ecosystems and grassland productivity  
244 [64], resulting in the severe degradation of grasslands [3, 65], with a loss of biodiversity and natural  
245 habitats and accelerated soil erosion [66]. High levels of rodent activity can also accelerate  
246 grassland degradation. Grazing behavior destroys vegetation, changes community structure, and  
247 affects grassland quality. Soil digging behavior changes the distribution of plant biomass and soil  
248 structure in grasslands. Such behavior can directly or indirectly affect energy flow and material  
249 cycling in alpine grassland ecosystems, leading to the gradual formation of “black soil flats” [67,  
250 68]. Rodents have long been considered the culprits of alpine grassland degradation because their  
251 foraging behavior reduces vegetation height and alters plant community structure and biomass,  
252 and their digging behavior destroys surface vegetation and increases the risk of soil erosion [69,  
253 70].

254 Overgrazing and climate change are important drivers of alpine grassland degradation in the  
255 Tibetan Plateau [60]. Climate change inhibits the normal growth of grassland plants, resulting in  
256 a decrease in grassland productivity and in the proportion of high-quality pasture grasses,  
257 exacerbating the rate of grassland degradation. Continuous grazing causes a decrease in vegetation  
258 height and an increase in weed growth, triggering a large increase in plateau zokors and pikas,  
259 which further exacerbate grassland degradation by digging and gnawing on the turf [71]. Shi et  
260 al. [72] found that the combined effects of sage-grouse and grazing disturbance reduced  
261 aboveground biomass, and that the greater the sage-grouse population, the more intense the  
262 competition for food and subsistence space, leading to more biomass loss from these animals  
263 nibbling on the soil substrate. In addition, the synergistic effects of grazing activities and pika  
264 burrowing affect plant composition, soil properties, and spatial patches in alpine grasslands [73-

265 75]. In the Three-River Source region, an appropriate rodent population density is important to  
266 the sustainable development of alpine meadows and the protection of grassland resources [76].

267 Thus, the degradation of alpine grasslands is the result of interactions between multiple factors,  
268 with temperature and precipitation being the primary climatic factors, small herbivorous mammals  
269 the main wildlife factor, and livestock overgrazing being the main factor of human activity [77].

## 270 **Strategies for stabilization of grassland ecosystems**

271 The degradation of alpine grassland on the Tibetan Plateau is the result of the joint action of  
272 anthropogenic and natural factors, and long-term overgrazing, rodent damage, and climate change  
273 have accelerated this degradation [19]. A cluster analysis framework of alpine grassland  
274 degradation (Figure 4) can be drawn by synthesizing the previous analyses:

275 In terms of degradation characteristics, the first phase of research focused on the diagnosis of  
276 ecological problems in the source area of the river, which was manifested in the serious  
277 degradation of alpine grassland with large areas of the surface exposed, changes in soil structure,  
278 and a large loss of soil nutrients, stunting vegetation growth and leading to a variety of ecological  
279 problems. In the early stage of research on alpine grassland degradation, Zhou et al. [19] analyzed  
280 the formation of the black soil beach type of degraded grassland in the source area of the Yangtze  
281 River and proposed that the management of degraded grassland in that area should begin by  
282 reducing grazing pressure. Yang [32] found that, with degradation leading to black soil beaches,  
283 vegetation coverage, aboveground biomass, and the proportion of quality herbage yield decreased  
284 significantly with the aggravation of grassland degradation. According to Shang and Long [23] the  
285 black soil beach degraded grassland is a unique manifestation of grassland degradation ecological  
286 behavior in the alpine grasslands located in the source regions of rivers, and is caused by a  
287 combination of factors such as climate warming, glacier retreat, and overgrazing. Revegetation is  
288 one of the most effective measures of ecological restoration of black soil beach degraded  
289 grasslands, as revegetation can increase the proportion of good forage grasses, improve and restore  
290 land productivity, and help control desert spread. Desert spread can be suppressed through desert  
291 management and water sand control, or through other effective ecological control measures [78,  
292 79], which can alleviate the degradation of alpine grassland. The management of black soil beach  
293 degraded grasslands is a comprehensive project involving a variety of measures based on

294 degradation degree, and requiring continuous investment and management in order to maintain  
295 effectiveness.

296 Different influencing factors lead to different degrees of grassland degradation. Selecting the right  
297 grassland restoration measures is the key to effective grassland restoration. Under mild and  
298 moderate degradation, measures such as rodent and insect pest control, fencing and sealing,  
299 rotational grazing, fertilizer application, and poisonous weed control should be adopted, while  
300 effective grassland restoration strategies, such as artificial intervention to re-establish grassland  
301 vegetation or cut through the turf, are needed for moderately and severely degraded grasslands  
302 [80]. Among these strategies, rational fertilization has become an important management measure  
303 to maintain nutrient balance, improve plant community structure, and increase grassland  
304 productivity [81]. Li et al. [49] found that the addition of biochar and nitrogen improved soil  
305 nutrients and microbial communities and helped to restore degraded alpine grassland. However,  
306 in some studies [82], although restoration measures quickly restored the vegetation coverage and  
307 productivity of degraded alpine grasslands, the species diversity of the constructed communities  
308 was low because of reseeded with a single species, failure to fully consider the overall ratio of  
309 species or functional groups, and unsustainable grassland management measures. Therefore, near-  
310 natural restoration methods are advocated in degraded alpine grasslands because these methods  
311 fully consider and utilize natural processes and the self-regulation of natural systems to achieve  
312 sustainable restoration and stability.

313 In terms of research methodology, measured data and modeling assessments are still the main tools  
314 used in grassland degradation research, with a variety of remote sensing data sources and different  
315 interpretation methods being used, combined with ground observations and field surveys to  
316 improve the accuracy and reliability of plant phenological period models [3]. With the use of  
317 remote satellite tools and mathematical models, the effects of factors such as climate change,  
318 grazing activities, and plateau pikas on the degradation of alpine grassland ecosystems and  
319 grassland vegetation productivity can be determined more accurately than with previous  
320 approaches [83-86]. Zhao et al. [87] used the vegetation index calculated from Landsat-8 OLI  
321 remote sensing data to construct a single factor regression model and a random forest model and  
322 then determined the best model for a remote sensing estimation of aboveground biomass. The  
323 spatial distribution of grassland biomass in 2019–2021 was obtained by inversion. To better predict  
324 the effects of pika distribution in alpine grasslands on grassland degradation, BIOMOD

325 (BIOdiversity MODelling) was combined with remote sensing technology to determine grassland  
326 spatial distribution and explore the factors limiting that distribution [88]. At the eastern margin of  
327 the Qinghai-Tibet Plateau, the Biome-BGC carbon cycle model and the SHAW surface model  
328 were coupled to predict the interaction between an alpine meadow ecosystem and the atmosphere  
329 and to explore the effects of environmental factors on the flux of the alpine meadow [89]. The net  
330 primary productivity of alpine meadows on the Qinghai-Tibet Plateau was also analyzed using the  
331 Biome-BGC model [90]. A spatially explicit simulation model was constructed in an alpine  
332 meadow under the influence of grazing using field observations and remote sensing data and then  
333 used to explore the long-term dynamics of the alpine meadow community. The results indicated  
334 that moderate grazing intensity could maintain normal growth and livestock production and was a  
335 sustainable use of grassland and pasture [91]. Microbial sequencing technology was used to  
336 evaluate the degradation degree of alpine grassland and the restoration effects of different  
337 restoration measures from the perspective of soil microbial community structure and diversity [92-  
338 95]. It is evident from the existing research that understanding and predicting the response of soil  
339 microbes and vegetation to environmental variables and the impact of the ecosystem services they  
340 provide is both a great challenge and a major research opportunity.

341 The degradation and succession process of alpine grasslands on the Tibetan Plateau is closely  
342 related to the fragile ecological environment of this area, as well as climate change and human  
343 activity. These grassland ecosystems have produced different responses from various parts of the  
344 ecosystems when faced with external stresses. Future research should explore the various  
345 vegetation and soil change characteristics manifested in the grassland degradation process and  
346 study and formulate the criteria for using remote sensing to evaluate grassland degradation at the  
347 regional scale based on these vegetation and soil characteristics. Although remote sensing can  
348 quickly and objectively assess the current status of grass growth, it is currently impossible to  
349 exclude information such as increased vegetation cover and grass productivity caused by  
350 poisonous weeds. Therefore, applying grass productivity or vegetation cover indicators to the  
351 quantitative characterization of vegetation communities is necessary to obtain accurate  
352 information on grassland degradation. Future research should also focus on: integrating the  
353 influencing factors of grassland degradation into a comprehensive index, using spatial analysis  
354 techniques and ecological risk assessment to measure the potential risk of alpine grassland  
355 degradation caused by human activities and extreme climate changes and evaluate the main

356 sources of risk, exploring and predicting the formation mechanism of ecological risks and  
357 mitigating the losses brought about by those sources of risk. Research scales in this research area  
358 continue to broaden from local to regional and global, with expanding spatial scales of research,  
359 and lengthened time scales.

## 360 **Conclusions**

361 This paper introduces a general framework of the hotspots and development trends in research on  
362 alpine grassland degradation on the Qinghai-Tibet Plateau. Research on alpine grassland  
363 degradation was divided into three themes: revealing typical degraded grasslands, analyzing the  
364 dynamic mechanisms of degraded grasslands, and studying degradation risk based on remote  
365 sensing monitoring and ecological models. In earlier research, a sharp increase in the area of “black  
366 soil beaches” was found in river source areas, revealing the characteristics of grassland  
367 degradation. In recent years, studies have focused on the responses of each part of the alpine  
368 grassland ecosystems, identifying climate change as the main factor of influence on the decrease  
369 in productivity of grassland vegetation communities. Community structure degradation and  
370 declines in both soil water-holding capacity and nutrient levels in grasslands have also been  
371 investigated.

372 Although major research hotspots and their evolution were identified, more in-depth information  
373 is still needed about each hotspot. Therefore, the following future research priorities are  
374 recommended: (1) characterize the relationships between soil microorganisms and vegetation with  
375 the help of remote sensing monitoring technology and high-throughput sequencing technology and  
376 develop remote sensing identification technology for grass species to improve the precision of  
377 identifying affected alpine grassland ecosystem processes; (2) examine changes in alpine grassland  
378 ecosystems based on long-term data mining to better understand the characteristics and causes of  
379 alpine grassland degradation and establish bridges between grassland ecosystems and the  
380 socioeconomic system; and (3) use a system perspective to understand the key mechanisms of  
381 multi-type process coupling, multi-factor regulation, and multi-scale effects on the relationships  
382 between the socioeconomic system and grassland ecosystems. This summary of current research  
383 progress and hotspots provide a reference for future research on alpine grassland degradation on  
384 the Qinghai-Tibet Plateau.

**385 Data availability**

386 The following information was supplied regarding data availability:

387 The raw data has been provided as a Supplemental File.

**388 Author contributions**

389 LZ conceptualized this study, supervised the writing, and revised the manuscript. ZX led the  
390 writing. ZX and XL investigation and collected the data. LZ provided funding support. All  
391 authors contributed to this work and approved the final manuscript before submission.

**392 Funding**

393 This work was financially supported by the National Natural Science Foundation of China  
394 (42171285), the Second Scientific Expedition to the Qinghai-Tibet Plateau (2019qzkk0308), and  
395 the Pilot Project of the Chinese Academy of Sciences (XDA20020402).

**396 Conflict of interest**

397 The authors declare that the research was conducted in the absence of any commercial or  
398 financial relationships that could be construed as a potential conflict of interest.

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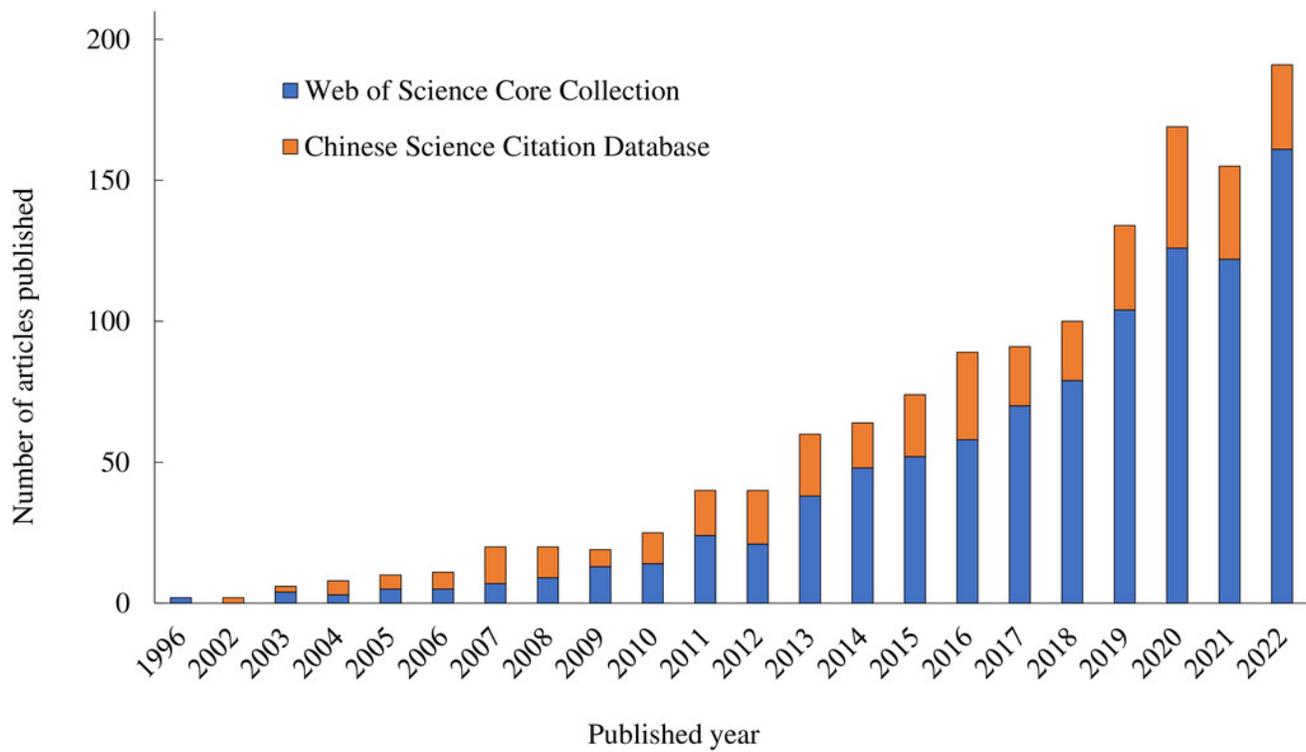
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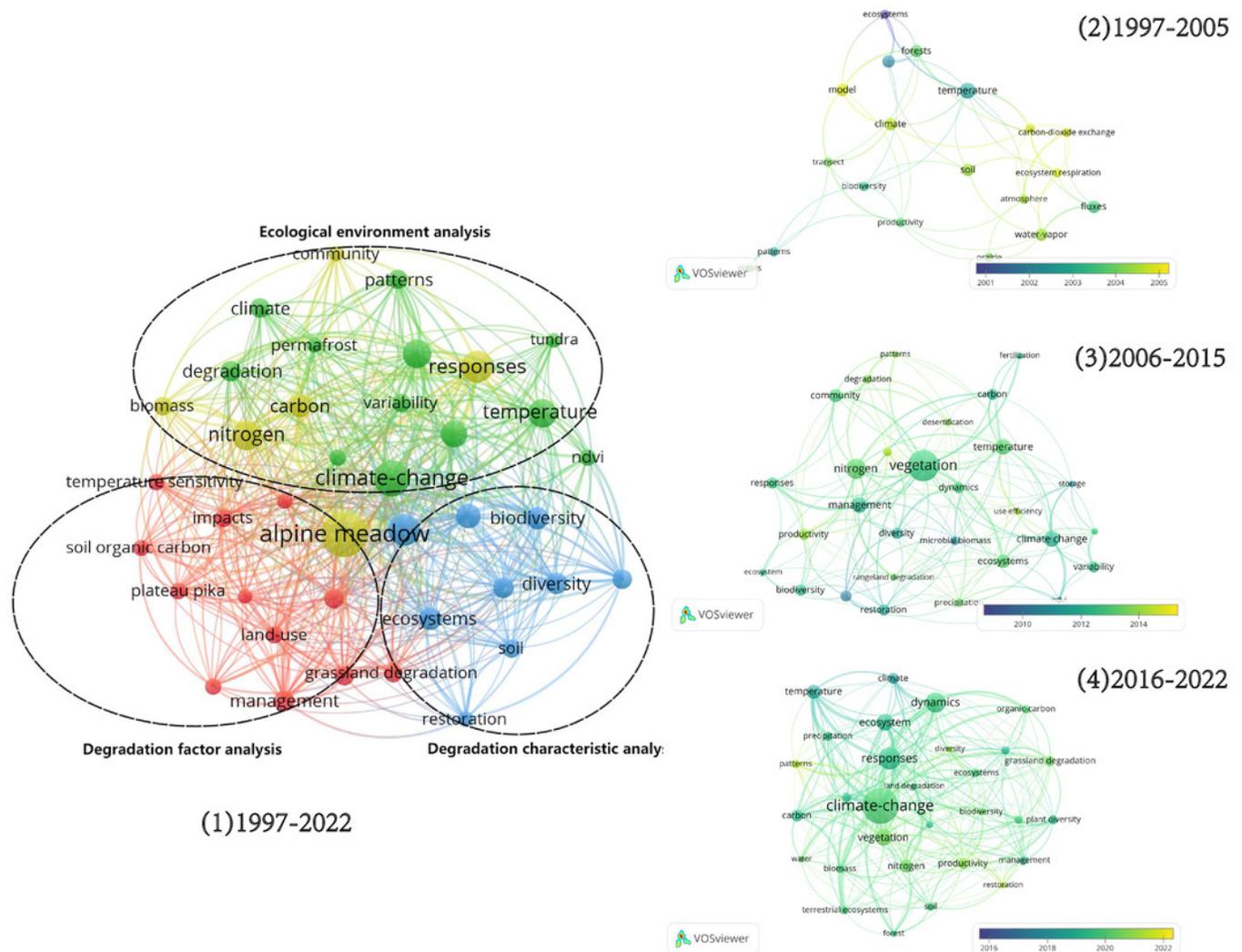
# Figure 1

Figure1 Trend of published articles



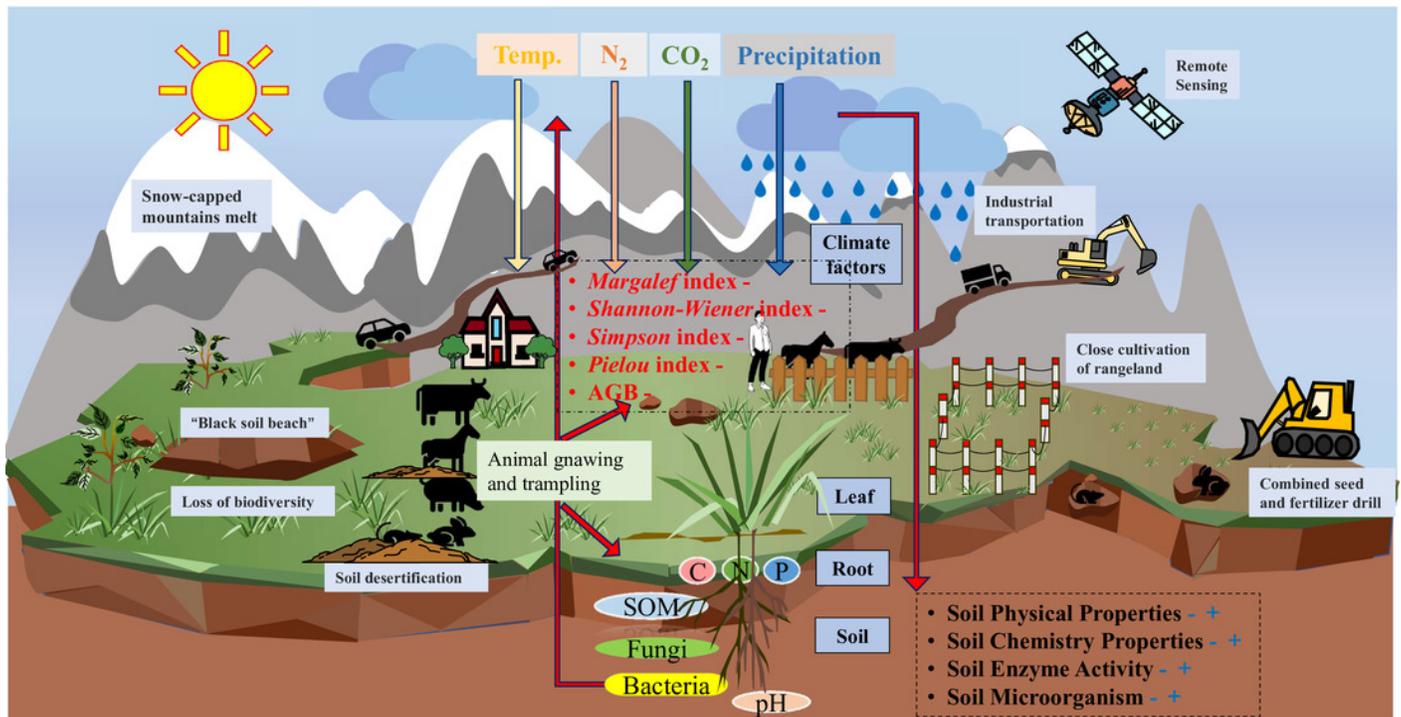
# Figure 2

Figure 2 Cluster graphs of research hotspots in different periods



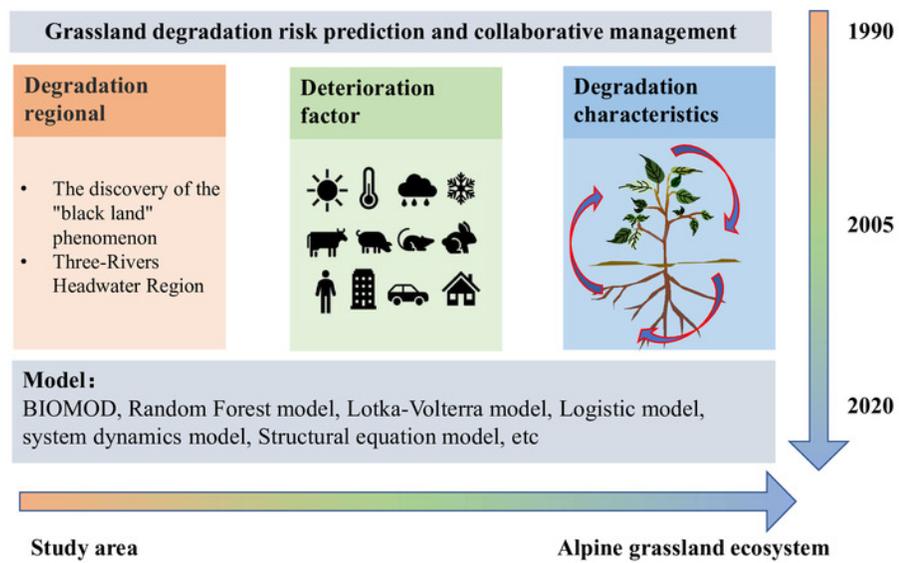
# Figure 3

Figure 3 Overview map of alpine grassland degradation



## Figure 4

Figure 4 Frame diagram for cluster analysis of alpine grassland degradation



**Table 1** (on next page)

Table 1 List of burst terms from document analysis

1

**Table 1 List of burst terms in document analysis.**

Data sources	Burst term	Strange	Begin	End	1996–2022
CSCD	ecological environment	2.97	2000	2006	
	river source area	5.46	2003	2007	
	climate change	4.79	2009	2011	
	soil property	2.76	2009	2022	
	biomass	2.74	2009	2022	
WOS	competition	2.71	2003	2007	
	vegetation	4.47	2014	2015	
	temperature	3.34	2015	2017	
	productivity	2.9	2019	2022	
	pattern	3.57	2019	2022	

2