

# ***Staphylococcus aureus* and their virulence genes from food contact articles in restaurants**

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**Background.** *Staphylococcus aureus* is one of the most common pathogens responsible for food poisoning due to its ability to produce toxins known as staphylococcal enterotoxin (SEs). *S. aureus* can form biofilms on surfaces of food processing devices, allowing cross-contamination events to simply occur on foods. **Methods.** In this study, we investigated biofilm formation and identified virulence genes involved as well as enterotoxin genes in *S. aureus* isolated from food contact articles. **Results.** Two hundred *S. aureus* were isolated from 650 samples. The highest prevalence was found in the hands of food handlers. Although all of them were negative for the *mecA* gene, biofilm formation was detected using the CRA method. Forty-nine (24.5%) isolates produced biofilm, and biofilm-related adhesion genes (*icaAD*, *fnbA*, *cna*, and *bap*) were detected with the prevalence rates of 13.0, 14.5, 6.5 and 0.5%, respectively. Two classical enterotoxin genes (*sec* and *sed*) were also found in 4 and 6 of the *S. aureus* isolates. *S. aureus* with biofilm and enterotoxin production abilities discovered on food contact surfaces and food handlers imply significant sources of food contamination that can be harmful to consumers.

# 1 ***Staphylococcus aureus* and their virulence genes**

## 2 **from food contact articles in restaurants**

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19

## 20 **Abstract**

### 21 **Background.**

22 *Staphylococcus aureus* is one of the most common pathogens responsible for food poisoning due  
23 to its ability to produce toxins known as staphylococcal enterotoxin (SEs). *S. aureus* can form  
24 biofilms on surfaces of food processing devices, allowing cross-contamination events to simply  
25 occur on foods.

### 26 **Methods.**

27 In this study, we investigated biofilm formation and identified virulence genes involved as well  
28 as enterotoxin genes in *S. aureus* isolated from food contact articles.

### 29 **Results.**

30 Two hundred *S. aureus* were isolated from 650 samples. The highest prevalence was found in the  
31 hands of food handlers. Although all of them were negative for the *mecA* gene, biofilm  
32 formation was detected using the CRA method. Forty-nine (24.5%) isolates produced biofilm,

33 and biofilm-related adhesion genes (*icaAD*, *fnbA*, *cna*, and *bap*) were detected with the  
34 prevalence rates of 13.0, 14.5, 6.5 and 0.5%, respectively. Two classical enterotoxin genes (*sec*  
35 and *sed*) were also found in 4 and 6 of the *S. aureus* isolates. *S. aureus* with biofilm and  
36 enterotoxin production abilities discovered on food contact surfaces and food handlers imply  
37 significant sources of food contamination that can be harmful to consumers.

38

## 39 Introduction

40 *Staphylococcus aureus* is an important pathogen generally found on human bodies, medical  
41 equipment, or even contact surfaces in hospital and community environments. It is the predominant  
42 species in surgical site infections (Al-Awaysheh, 2018), and was also found in subclinical mastitis  
43 in she-camels in Algeria that could directly contaminate their milk (Hadeef, Aggad & Hamad,  
44 2018). *S. aureus* can cause food poisoning. Food poisoning caused by staphylococcal enterotoxins  
45 (SEs) occurs on an annual basis (Wieneke, Roberts & Gilbert, 1993). The pathogenesis of *S. aureus*  
46 strain is due to the battery of virulence factors such as extracellular factors, toxins, adhesion,  
47 biofilm formation, and resistance to phagocytosis (; Mehrotra, Wang & Johnson, 2000; Arciola,  
48 Baldassarri & Montanaro, 2001; Khoramian et al., 2015). Although several enterotoxins have been  
49 reported, enterotoxins A and D are the most important as a result of their heat resistance (Hwang  
50 et al., 2007; Pelisser et al., 2009). The heating process during cooking may not be sufficient to  
51 destroy the toxins. Therefore, when *S. aureus* appears on food contact utensils or food handles, the  
52 chances of its contamination of food and causing disease are unavoidable (Ciccio et al., 2015;  
53 Castro et al., 2016).

54 *S. aureus* can produce biofilm on food processing surfaces such as polystyrene and  
55 stainless steel (Hamadi et al., 204; Ciccio et al., 2015). Biofilms have become a problem in the

56 food industry as they provide barriers to cleaning (including disinfection) of surfaces contaminated  
57 with bacteria and organic matter (Avila-Novoa et al., 2018). The presence of biofilm-related genes  
58 in *S. aureus* allows intramammary adherence and biofilm formation, leading to the inefficacy of  
59 antibiotic treatment and chronicity (Cucarella et al., 2001).

60 This study aims to detect *S. aureus* contamination from food handlers and food handling  
61 equipment. Detection of biofilm formation and genes involved (e.g., *icaAD*, *fnbA*, *cna* and *bap*)  
62 as well as classical enterotoxin genes (*sea*, *seb*, *sec*, *sed* and *see*) have been conducted. The results  
63 would help improve the prevention of *S. aureus* contamination, allowing restaurants to pay more attention  
64 to food hygiene and consumer safety.

65

## 66 **Materials & Methods**

67

### 68 **Samples collection**

69 This study was approved by the Institutional Review Board Naresuan University (IRB No.  
70 P10203/64). The consent form has been provided and signed by all participants prior to collecting  
71 samples for this study by swabbing from their hands. Six hundred fifty swab samples were  
72 collected from hands, plates, spoons, knives, chopping boards, and glasses from restaurants. For  
73 each sampling, the swab sticks were removed from their sterile wrappings and the tip was  
74 moistened by immersing them in 0.1% peptone water. The area to be swabbed was chosen, and  
75 the swab tips were pressed against the surface. After taking the swab and putting it back in the  
76 buffer, the microbiologist will examine it further in the laboratory. Swab samples were transferred  
77 to MSA agar. Cultures with yellow colonies were selected for further evaluation using Gram stain,  
78 catalase, and coagulase tests. All isolates were subsequently identified as staphylococci by PCR

79 reaction using 16S rRNA primers specific for staphylococci (Kohner et al., 1999). The methicillin-  
80 resistance gene (*mecA* gene) was determined by PCR based on research by Kitti et al., 2011.

81

## 82 **Biofilm formation**

83 A Congo red agar (CRA) test was performed to determine slime production. All *S. aureus*  
84 isolates were inoculated onto the CRA plate and incubated for 24–48 hours at 35°C. Slime  
85 production was distinguished by the color change of the colonies from red to black. Non-slime  
86 producers were identified as colonies that remained red (Freeman, Falkiner & Keane, 1989).

87

## 88 **Molecular detection of biofilm-related adhesion genes**

89 Table 1 shows the primers used to detect the *S. aureus* biofilm-related genes; *bap*, *fnbA*,  
90 *icaAD*, and *cna*. DNA templates were extracted from each sample by boiling method. The reaction  
91 was carried out with a total volume of 25 µl including a 2 µl DNA template, 20 pmol of each  
92 primer, and 12.5 µl of one PCR (GeneDireX, Inc., Taiwan Taoyuan), and the volume was adjusted  
93 with sterile distilled water. Amplification begins with a pre-denaturation step at 94 °C for 2  
94 minutes, followed by 30 cycles of 94 °C for 20 sec, annealing for 30 sec at 58 °C for *icaAD*, at 55  
95 °C for *fnbA* gene, at 52 °C for *cna* and at 50 °C for *bap* gene, extension at 72 °C for 1 minute and  
96 final extension at 72 °C for 5 minutes. The PCR products were analyzed by 1% agarose gel  
97 electrophoresis.

## 98 **Molecular detection of enterotoxin genes**

99 In this study, we used five primer sets for five classical enterotoxin genes (Table 1)  
100 followed by Mehrotra *et al.* with minor modifications to the given instructions (Mehrotra, Wang  
101 & Johnson, 2000). In a 1.5 ml microcentrifuge tube, prepare 25 µl of sterile deionized water. To

102 break a cell, suspend *S. aureus* in deionized water and heat it to 95°C for 2 minutes. Centrifuge at  
103 6000 rpm for 2 minutes and use the supernatant as a template for PCR. The reaction was carried  
104 out with a total volume of 25 µl including a 2 µl DNA template, 20 pmol of each primer, and 12.5  
105 µl of one PCR (GeneDireX, Inc., Taiwan Taoyuan), and the volume was adjusted with sterile  
106 distilled water. Amplification start with initial denaturation at 94°C for 5 min was followed by 35  
107 cycles of amplification (denaturation at 94°C for 5 min, annealing at 50°C for 2 min, and extension  
108 at 72°C for 1 min), ending with a final extension at 72°C for 7 min. Amplicons were analyzed by  
109 1% agarose gel-electrophoresis.

110

## 111 **Results**

112 Of the 650 swab samples, 200 isolates were identified as *S. aureus* (26.39%). The highest  
113 prevalence of *S. aureus* (58.5%) was detected on the hands of the food handlers, followed by the  
114 chopping board (13%), plates (11.5%), knives (8%), spoons (6.5%) and glasses (2.5%). All 200  
115 isolates were found to be negative for the methicillin resistance (*mecA*) gene. Based on the CRA  
116 biofilm formation test, 49 isolates (24.5%) created biofilms as black colonies on Congo red agar,  
117 while 151 isolates (75.5%) grew as red colonies and were classified as non-biofilm producing *S.*  
118 *aureus*.

119 According to the PCR results of the 200 *S. aureus* identified, genes involved in biofilm  
120 formation, *ica*, *fnbA* and *cna* genes were found in 26, 29 and 13 isolates, respectively, whereas the  
121 *bap* gene was detected in only 1 isolate. Statistically, analyses were performed using Phi-  
122 coefficients, which is a measure of the strength of an association between two categorical variables.  
123 The sample size is 200 and the degree of freedom is 1. Phi-coefficients revealed that the *ica* gene  
124 was closely associated with the *fnbA* gene at the 0.01 significance level in the same direction,

125 followed by the relationships between *cna* and *fnbA* genes (0.01), and between *cna* and *ica* genes  
126 (0.05) in the same direction, while the *bap* gene was not related to other genes (Table 2).

127 Of the 5 SEs (*sea*, *seb*, *sec*, *sed*, and *see*), 2 SEs were detected in 200 *S. aureus* isolates.  
128 The *sec* gene was found in 4 isolates (2%) and *sed* gene in 6 isolates (3%).

129

## 130 Discussion

131

132 Among 650 swab samples collected from the surface of food contact articles (hands, plates,  
133 spoons, knives, chopping boards, and glasses) in restaurants, 200 isolates of *S. aureus* were found.  
134 Swab samples collected from the hands of food handlers were shown as the main source (58.5%)  
135 of *S. aureus* isolates. *S. aureus* is a symbiotic bacterium known to inhabit human skin, nostrils,  
136 and the gastrointestinal tract. A study of nasal carriers working in food production environments  
137 revealed that the *staphylococcus* carrier could contaminate food via contact with respiratory  
138 secretions, causing staphylococcal food poisoning (Bencardino et al., 2021). Ogidi *et al.* also  
139 reported the most occurrence of *S. aureus* (23.30%) found on street foods sold in Akure  
140 Metropolis, Nigeria, amongst the other bacterial contaminants (Ogidi, Ovetavo & Akinyele, 2016).  
141 This could be caused by unwashed hands and other poor hygiene practices of food vendors.  
142 Detection of *S. aureus* from the hands of food processors or other food contact containers is,  
143 therefore, an important source of staphylococcal contamination in foods, emphasizing the risks  
144 associated with cross-contamination.

145 Kim *et al.* reported the formation of biofilms affected the attachment of *S. aureus* to food  
146 contact vessels (Kim et al., 2017). Because of their low antibiotic sensitivity, Staphylococci in  
147 clinical isolation were difficult to treat clinically (Cramton, Gerke & Götz, 2001). In this study,  
148 we used the CRA method for the detection of *S. aureus* isolated from food contact articles. Forty-

149 nine biofilm-forming *S. aureus* (49/200), accounted for 24.5%, were found. Most of which (39/49)  
150 (79.59%) were isolated from the hands of food handlers. In the Avila-Novoa *et al.* study, biofilm  
151 formation of *S. aureus* isolated from food contact surfaces (FCS) of six dairy industries in the  
152 Mexican state of Jalisco was found to produce 75% biofilm (63/84) (Avila-Novoa *et al.*, 2018). In  
153 the study of Ciccio *et al.*, they found only one *S. aureus* strain from food handlers was a biofilm  
154 producer at 12°C (Ciccio *et al.*, 2015).

155 PCR detection of 26 *S. aureus* isolates was positive for both phenotype and *ica* gene. This  
156 is consistent with the study by Khoramian *et al.*, 2015 and Arciola *et al.*, 2001. They also  
157 discovered the relationship between biofilm formation and the *ica* gene. The other 23 samples  
158 were phenotypically positive but could not detect the *ica* locus gene, assuming that *S. aureus* might  
159 use the other operon to produce biofilm (Marques *et al.*, 2017). We didn't find the relationships in  
160 biofilm formation between the other genes (*fnbA*, *cna*, and *bap*). However, the results of this  
161 experiment are consistent with experiments by various researchers, suggesting that the presence  
162 of the *cna*, *fnbA*, and *bap* genes is not consistent with biofilm formation (Płoneczka-Janeczko *et al.*  
163 *et al.*, 2014; Tangchaisuriya *et al.*, 2014; Seng *et al.*, 2017).

164 The enterotoxin genes detected in this study were *sec* and *sed*. *S. aureus* with *sec* positive  
165 came from kitchen utensils that usually have direct contact with meat, such as knives and cutting  
166 boards. Previous reports showed that *sec* was most common in animals (Marr *et al.*, 1993; Pinchuk,  
167 Beswick & Reyes, 2010). Enterotoxin D is the second most common cause of food poisoning in  
168 the world. A small amount of this toxic substance can cause the disease (Pinchuk, Beswick &  
169 Reyes, 2010). Food poisoning has been caused by microbial contamination of kitchen utensils and  
170 hands during cooking (Wit, Broekhuizen & Kampelmacher, 1979; Jong *et al.*, 2008). Cleaning  
171 utensils such as sponges are also a source of microbial contamination (Kusumaningrum *et al.*,

172 2003). The hands of food workers can be mutually contaminated with objects containing food  
173 (Jong et al., 2008).

174

## 175 **Conclusions**

176 In this study, *S. aureus* was detected from food contact articles, of which the most  
177 prevalence was found on the hands of food handlers. The isolated strains possess genes involved  
178 in biofilm formation and enterotoxin production, which increase the chance to deliver  
179 staphylococcal food poisoning to the consumers.

180 According to our food safety policy, zero tolerance for foodborne pathogens is currently of  
181 interest. The data from our results could be applied in restaurants, food shops, or even food stalls,  
182 allowing them to take more action and with more carefulness during the preparation of food.  
183 Especially, when it comes into contact with hands, or any other food-contact articles. Training of  
184 food hygiene and food safety regulations is urgently needed for the people involved in food  
185 preparation.

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**Table 1** (on next page)

primer list

Nucleotide sequences and sizes of PCR products for the *S. aureus* gene-specific oligonucleotide primers used in this study.

- 1 Table 1:  
 2 Nucleotide sequences and sizes of PCR products for the *S. aureus* gene-specific oligonucleotide  
 3 primers used in this study.

Genes	Primer	Primer 5' ->3'	Reference
16srRNA	16sF	CGAAAGCCTGACGGAGCAAC	Kohner et al., 1999
	16sR	AACCTTGCGGTCGTACTCCC	Kitti et al., 2011
<i>mecA</i>	mecAF	TGGCTATCGTGTCAACAATCG	
	mecAR	CTGGAAGCTTGTTGAGCAGAG	Seng et al., 2018
<i>icaAD</i>	icaADF	AATGTGCTTGGATGCAGATACTATC	
	icaADR	GAATCGTCATCTGCATTTGCA	Arciola et al., 2005
<i>cna</i>	CnaF	AAAGCGTTGCCTAGTGGAGA	
	CnaR	AGTGCCTTCCCAAACCTTTT	Arciola et al., 2005
<i>fnbA</i>	FnaF	GATACAAACCCAGGTGGTGG	
	FnaR	TGTGCTTGACCATGCTCTTC	Cucarella et al., 2001
<i>bap</i>	Bap971F	CCCTATATCGAAGGTGTAGAATTGCAC	
	Bap971R	GCTGTTGAAGTTAATACTGTACCTGC	
<i>Sea</i>	SEAF	GGTTATCAATGTGCGGGTGG	Mehrotra et al., 2000
	SEAR	CGGCACTTTTTTCTCTTCGG	
<i>Seb</i>	SEBF	GTATGGTGGTGTAACTGAGC	
	SEBR	CCAAATAGTGACGAGTTAGG	
<i>Sec</i>	SECF	AGATGAAGTAGTTGATGTGTATGG	
	SECR	CACACTTTTAGAATCAACCG	
<i>Sed</i>	SEDF	CCAATAATAGGAGAAAATAAAAG	

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	SEDR	ATTGGTATTTTTTTTCGTTC
<i>See</i>	SEEF	AGGTTTTTTCACAGGTCATCC
	SEER	CTTTTTTTCTTCGGTCAATC

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**Table 2** (on next page)

biofilm related genes

The correlation between biofilm-related genes in this study.

- 1 Table 2:
- 2 The association between biofilm-related genes in this study.
- 3

		<i>Ica</i>	<i>fnbA</i>	<i>cna</i>	<i>bap</i>
<i>Ica</i>	Phi-coefficient		0.39**	0.14*	-0.03
	Sig. (2-tailed)		0.00	0.05	0.70
	N		200	200	200
<i>fnbA</i>	Phi-coefficient	0.39**		0.24**	-0.03
	Sig. (2-tailed)	0.00		0.00	0.68
	N	200		200	200
<i>Can</i>	Phi-coefficient	0.14*	0.24**		-0.02
	Sig. (2-tailed)	0.05	0.00		0.79
	N	200	200		200
<i>Bap</i>	Phi-coefficient	-0.03	-0.03	-0.02	
	Sig. (2-tailed)	0.70	0.68	0.79	
	N	200	200	200	

\*\* . Correlation is significant at the 0.01 level (2-tailed).

\* . Correlation is significant at the 0.05 level (2-tailed).

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