Thank you for the conduct of this review. This topic is very important and further global attention is needed towards prevention dementia, as it has detrimental consequences for individuals and society.

Please check the language carefully, there many sentences significant incomplete. And don't have the period in different sentence.

- -1. The first issue is about the topic chosen for the systematic review. Although very important, I believe the relationship between tea and dementia are well-established. As the authors have mentioned in the Introduction, tea has the potential influence on preventing dementia and some prospective cohort studies have proven it. So, what's the aim to do the meta-analysis.
- -2. Method: Why only include dementia and AD in your medical subject terms. Actually, dementia includes many specific types, such as VD, FTD or alcohol related dementia. I don't think you can find all papers about dementia only using AD and dementia. Thus, I recommended you can include more comprehensive medical subjects terms such as, vascular dementia, frontotemporal dementia or other types of dementia.
- -3. Method: You eligible participants included VD, but this term don't included in your search strategy.
- -4. Method: Lang Yanmei and Meng Li extracted the data, why they don't be listed as co-authors?
- -5 Method: The platforms for the databases should be included, e.g., Web of Science, Medline. Cochrane database is for RCT-meta. Please use the suitable databases.
- 6 Method: Ideally, you should the number studies from each databases. Such as, xx from pubmed, xx from web of science.
- -7 Result: The trials in these studies lasted between 1.5 and 21 years, with an average of 9 years. What does trails mean?
- -8 Result: In addition, in data analysis, almost all studies adjusted for age, gender, education, disease history and other confounding factors. Please use number instead of almost all studies.
- -9 Result: can you add reference in the table 1. it's difficult to find the origin papers.

- -10 Method and result: I read the inclusion papers in your study. These studies reported consumption of tea compared with no-drinkers and categorical of tea consumption. So what's data you extracted from the paper?
- -11 Discussion: systematic evaluation showing several cross-sectional and longitudinal population-based studies demonstrating a protective effect of coffee, tea, and caffeine use

against cognitive impairment regression in later life, further supporting our findings. This sentence is not complete.

- -12 Discussion: In the 4.2 section, the discussion overkills the results. The study is a meta-analyses from prospective studies. But you introduce many biological mechanisms.
- -13 Discussion: In the 4.2 section, please discuss around your findings.