

# Characterization of the Artisanal Fishing Communities in Nepal and Potential Implications for the Conservation and Management of Ganges River Dolphin (*Platanista gangetica gangetica*)

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The Ganges River dolphin (*Platanista gangetica gangetica*) (GRD) is classified as one of the most endangered of all cetaceans in the world and the second scarcest freshwater cetacean. The population is estimated to be less than 2,000 individuals. In Nepal's Narayani, Sapta Koshi, and Karnali river systems, survival of GRD continues to be threatened by various anthropogenic activities, such as dam construction and interactions with artisanal fisheries. A basic description of the geographic scope, economics, and types of gear used in these fisheries would help managers understand the fishery-dolphin interaction conflict and assist with developing potential solutions to reduce negative interactions between GRD and local fisheries in Nepal. The main purpose of the study was to collect fishery and socio-economic information by conducting interviews with local fishermen in the Narayani, Sapta Koshi, and Karnali river systems. Based on interviews ( $N = 163$ ), 79% of Nepalese fishermen indicated fishing was their primary form of income. Fishermen reported fishing effort was greater in summer than winter; greatest in the afternoon (14:30 hrs  $\pm$  0:27) and during low water level conditions; and gear was set  $4.8 \pm 0.2$  days/week. Fishermen reported using eight different types of monofilament nets (gillnets and cast nets). Sixty percent used gillnets less than 10 m long, and nearly 30% preferred gillnets between 10 and 100 m long; a few used gillnets longer than 100 m. Fishermen reported seeing more GRD in the main river stream and tributaries in winter and summer, respectively. Most fishermen told us they believed education, awareness, and changing occupations were important for GRD conservation, but they indicated that occupational options were currently limited in Nepal. Nepalese fishermen acknowledged that fisheries posed a risk to GRD, but they believed water pollution, and dam/irrigation developments were the greatest threats.

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2 **for the Conservation and Management of Ganges River Dolphin (*Platanista gangetica***  
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7 **ABSTRACT**

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9 most endangered of all cetaceans in the world and the second scarcest freshwater cetacean. The  
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38 **INTRODUCTION**

39 Ganges River dolphin (*Platanista gangetica gangetica*) (GRD) is the only freshwater cetacean  
40 recorded in Nepal with their remaining viable population restricted to the Karnali, Narayani and  
41 Sapta Koshi river systems of Nepal (Smith et al., 1994; Timilsina et al., 2003; WWF, 2006;  
42 Paudel, 2014). The GRD is classified as one of the most endangered of all cetaceans in the world  
43 and the second scarcest freshwater cetacean (Reeves et al., 2000; Sinha et al., 2010; IUCN,  
44 2012). According to Smith & Braulik (2012), the population is estimated to be less than 2,000  
45 individuals. Similar to other cetaceans, the GRD is long-lived (~ 30 years), matures late, and  
46 gives birth to a limited number of calves (1–2 per calving) (IUCN, 2012). This freshwater  
47 cetacean is primarily found in the Ganges and Brahmaputra rivers, including several associated  
48 tributaries in Bangladesh, India, and Nepal (Jones, 1982). The Ganges river has the largest  
49 remaining population ~~in the world~~ (Smith, 1993).

50 The GRD is vulnerable to various anthropogenic activities because they are usually found in  
51 some of the most densely populated areas (Smith & Braulik, 2012). Nepalese river-dependent  
52 communities continue to grow and expand, so it is no surprise that most of the GRD interaction  
53 issues are associated with heavily populated areas (CBS, 2003), which escalates the human-  
54 dolphin interface dilemma. According to Paudel (2012), the main threat to GRD is probably  
55 habitat fragmentation caused by the construction of dams, but it is likely that other human-  
56 induced activities (e.g., fishing, pollution and habitat loss) have also led to the decline of the  
57 GRD population. Besides the construction of dams, the lack of river and watershed management  
58 (open-access resource exploitation) and the geographical expansion of artisanal fisheries are the  
59 greatest threats to GRD (Dudgeon, 2000; Manel et al., 2000; Gergel et al., 2002). Because local  
60 communities rely on natural resources for income and survival, some basic daily activities

61 threaten the conservation and recovery of the GRD, such as artisanal fisheries (Berkes, 1985;  
62 Turvey et al., 2007). Artisan fisheries affect the GRD population directly and indirectly.  
63 According to Sinha et al.; (2010), the GRD continues to be directly targeted by some fishermen  
64 for its oil and meat; the oil is used as bait in a few fisheries and the meat is consumed (~~Sinha et~~   
65 ~~al., 2010~~). The GRD is also incidentally injured or killed in gillnets (Reeves et al., 1993; Smith,  
66 1993). In 2013, a GRD was found dead in the Karnali River (Lalmati area) that was later linked  
67 to gillnet gear (Paudel, 2014). Indirect impacts include reducing the availability of prey and  
68 habitat (Kelkar et al., 2010). According to Kelkar et al., (2010), fishermen compete with GRD  
69 because they target various species of fish that are essential to the GRD's diet, such as mullet  
70 (*Rhinomugil corsula*) or siloroid catfish (*Bagarius bagarius*) (Smith, 1993).

71 A conservation action plan was developed and implemented in India to conserve, protect, and  
72 recover the GRD (Sinha et al., 2010); however, the species has received limited attention in other  
73 regions, such as Nepal (Jnawali et al., 2011). Recently, the Nepalese government began re-  
74 enforcing the mandates of the Department of National Parks and Wildlife Conservation Act of  
75 1973 and designated several protected areas in the Karnali (Bardiya National Park), Sapta Koshi  
76 (Koshi Tappu Wildlife Reserve), and Narayani (Chitwan National Park) river systems. Despite  
77 these management protective measures, the GRD population continues to decline at an alarming  
78 rate in Nepal (Jnawali & Bhujju, 2000). Although officials understand artisanal fisheries are an  
79 issue for the conservation and recovery of GRD, fishery management or strategies for reducing  
80 fishery interactions are currently lacking. At the foundation of fisheries management is a  
81 description of the fisheries. Basic information describing artisanal fisheries and activity is  
82 essential for understanding the fishery-GRD problem and developing a potential solution (Rojas-  
83 Bracho & Reeves, 2013); however, this type of information is usually unavailable and

84 challenging to obtain, especially in developing countries, such as Nepal. A basic description of  
85 the local fisheries would help managers understand the fishery-GRD interaction conflict and it  
86 could help them develop a possible resolution. Given the lack of information about artisanal  
87 fishing communities in Nepal, the main goal was to collect fishery and socio-economic  
88 information to serve as a baseline for understanding the dilemma between the endangered GRD  
89 and artisanal fishing communities in the river systems of Nepal. The specific objectives were to  
90 identify, compile, and investigate the demographics, economics, fishing characteristics, and  
91 perception of fishermen about GRD conservation in the Narayani, Sapta Koshi, and Karnali  
92 rivers.

93

## 94 MATERIAL AND METHODS

### 95 *Study Area*

96 The study was conducted in three major river systems: the Narayani, Sapta Koshi and Karnali  
97 rivers of four districts of Nepal (Bardiya, Nabalparasi, Saptari and Sunsari) representing 45  
98 villages settled within 1 km from the riverbank (**Fig. 1**). These river systems serve as habitat for  
99 the GRD in Nepal and are major tributaries of the Ganges River. All of these rivers are located  
100 downstream of the Siwalik foothills of the Nepalese Himalayas, which represents the extreme  
101 upstream limits of GRD distribution in southern Asia. With headwaters in the southern slopes of  
102 the Himalayas of Tibet, seasonal snow melt controls much of the fluctuating water levels in these  
103 river systems. Fluctuations in water level cause dolphins to migrate downstream through the  
104 barrages during flood periods. The flow rates of all three river basins varies seasonally and  
105 annually; the velocity is relatively higher upstream than downstream. For the purpose of this  
106 study, we defined the main channel mid area as the center of the main river, stream, or tributary;

107 fastest water velocity. The main channel near the riverbank was defined as the location where the  
108 water velocity and depth were lower than the center of the river. Lastly, we defined the area  
109 behind sandbars/islands as a parcel of land with sandbars surrounded by water on all sides. We  
110 defined the confluence area was located downstream and the distributary was upstream.

### 111 *Survey Methods*

112 Fishery and socio-economic information was collected using a face-to-face questionnaire  
113 approach with registered (fishing associations) fishermen located along the Narayani, Sapt  
114 Koshi, and Karnali rivers in Nepal during August 2013. We specifically chose to interview  
115 registered fishermen because fishermen associations represented a large number of artisanal  
116 fishermen that not only reside near the rivers, but regularly fish these rivers. Three interviewers  
117 conducted the survey in the local Nepali language. To reduce any potential sampling bias, we  
118 randomly selected 15 percent of registered fishermen residing along the Karnali, Sapt Koshi and  
119 Narayani rivers to interview.

120 To increase the response rate and the quality of responses, the purpose and importance of the  
121 study was explained to fishermen before they were asked to participate in the survey. The  
122 questionnaire format was explained to each fisherman and then a point of contact for the study  
123 was provided to them. The questionnaire was composed of 87 simple and direct questions  
124 arranged into six themes: general description of fisheries, demographic information, fishery  
125 description, sightings and interactions with dolphins, dolphin population status, and preferred  
126 conservation measures. Questions included both open-ended and multiple-choice answer  
127 formats. Demographic and fishing information (i.e., fishing effort, gear, and experience)  
128 questions were asked at the beginning and more sensitive (income and interactions with dolphin)  
129 questions were asked near the end to further increase the response rate. Income was provided in

130 Nepali currency, but converted and reported in US dollar (\$1 USD = 98 NRs). In general, there  
131 were no multiple-choice questions. Questions regarding dolphin interactions/sightings were  
132 divided by season (summer/winter) and time (past [ $>10$  years] and present [ $< 10$  years]). The  
133 questionnaire ended with multiple-choice questions about potential threats and preferred  
134 conservation measures for the GRD in Nepal.

### 135 *Statistical Analysis*

136 Differences (expected vs observed) in categorical variables (e.g., demographics, fishery  
137 description, and fishermen perceptions of the dolphin population conservation status) between  
138 fishermen from different rivers were tested with a Chi-square Goodness-of-Fit test ( $\chi^2$ ) using a  
139 Yates correction when expected cell frequencies were below 10. To counter the effects of  
140 multiple paired testing (i.e., pair-wise comparisons), a  $\chi^2$  approach was also applied when  
141 differences among rivers were detected (Todorov & Filzmoser, 2009). The  $\chi^2$  test was used to  
142 test the null hypothesis that there was no significant difference in the frequency of observed  
143 responses. The  $\chi^2$  test was applied following the guidelines of Koehler and Larntz (1980);  $k$   
144 classes  $> 3$  (Zar, 1994). A Fligner-Killen test of homogeneity of variances (FK $\chi^2$ ) was applied  
145 for evaluating continuous variables (e.g., age, years living in the same village, fishing  
146 experience, fishing effort, and income). The FK $\chi^2$  test is an adaptation of the Kruskal-Wallis test  
147 that is robust against departures from normality (Conover et al., 1981; Rouseeuw et al., 2014). A  
148 Dunnett-Tukey-Kramer pairwise multiple comparison test was used to investigate the mean  
149 difference in more than two groups with unequal variance and sample size (Lau, 2013). Data  
150 were summarized, graphed, and evaluated using descriptive and hypothesis testing statistics.  
151 Data were managed using Microsoft Excel<sup>®</sup> and analyses were conducted using R version 3.0.2  
152 (R Core Team, 2013). Statistical significance was defined as  $P < 0.05$ .

153

154 **RESULTS**155 *Survey*

156 A total of 163 fishermen from the Karnali ( $n = 56$ ), Sapta Koshi ( $n = 47$ ) and Narayani ( $n = 60$ )  
157 rivers participated in the study. Every interviewed fisherman ~~we encountered~~ was willing to  
158 participate and complete most of the questionnaire. Interviews took 15 to 107 minutes, and the  
159 average time was  $39.42 \pm 1.67$  minutes.

160 *Demographics*

161 Fishermen ages ranged from 16 to 94 years-of-age, and the average age was 44.1 years-of-age.  
162 Fishermen from Narayani river were significantly older than those from either the Karnali or  
163 Sapta Koshi rivers (**Table 1**). Eighty-seven percent of fishermen were men but there were more  
164 women fishermen in the Narayani river than in the other two rivers. Artisanal fishermen  
165 represented 15 different ethnic groups, mostly Malha (27%) and Sonaha (25.2%) followed by  
166 Bote (16.6%), Chaudhary (11%). Most fishermen indicated they had little to no education: sixty-  
167 nine percent reported to be illiterate and 23% to have primary education level. The education  
168 level of fishermen was lowest in the Karnali river and highest in Sapta Koshi river. Most  
169 fishermen (93.9%) reported they had resided in their villages for over 40 years.

170 *Economic dependence on fisheries*

171 Monthly earnings from fishing was \$US  $60.2 \pm 2.6$ ; most fishermen (44.8%) earned less than  
172 \$US 50 per month. Though fishing effort (fishing days per week) was not significantly different  
173 between rivers, reported monthly earnings in the Karnali significantly lower than in the other two  
174 rivers (**Table 2**). Although fishermen were highly dependent upon fishing for their income  
175 (78.5%), they reported to have alternative sources of income, mostly agriculture (47.9%). The



176 mean earnings from other activities were \$US 101.1 ± 9.9 per month. Monthly earnings from  
177 alternative activities were significantly higher in the Narayani river and lower in the Karnali  
178 river.

### 179 *Fishing Activity*

180 Seventy-eight percent of respondents reported that fishing was their primary occupation. On  
181 average, fishermen had 36.9±1.1 years of experience; most began fishing at an early age. Eighty-  
182 eight percent reported they started fishing before the age of 15. Most fishermen (77.9%; **Table 2**)  
183 indicated their fathers were or currently are fishermen. Most fishermen indicated they only  
184 owned one small wooden fishing vessel, but eight fishermen (4.9 %) **told us** they owned more  
185 than one fishing vessel (**Table 3**). The mean fishing crew size was 4.7 ± 0.6 fishermen /vessel.

### 186 *Fishing Effort*

187 Fishermen spend an average of 4.8±0.2 fishing day per week. Overall, fishing effort varied  
188 significantly among river segment ( $\chi^2 = 14.0$ ;  $P < 0.001$ ). The highest fishing effort occurred in  
189 the Sapta Koshi river (6.2 ± 0.7 days/week) and lowest occurred in the Naryani river (3.7 ± 0.3  
190 days/week). Overall fishing effort was 3.3 ± 0.1 months per year in all river systems, but it was  
191 significantly higher in the Sapta Koshi river than the other two rivers (**Table 2**). Fishing effort  
192 was significantly different between seasons ( $P < 0.05$ ). In winter (dry season), fishermen spent  
193 3.1 ± 0.1 hours/day fishing and in summer (wet season) they spent 5.2 ± 0.2 hours/day. This  
194 pattern was similar in the Karnali and Narayani rivers, but fishing effort in the Sapta Koshi river  
195 was significantly higher ~~in summer than winter~~.  
196 Most fishermen (90.2%) reported they preferred to fish in the afternoon (14:50 hrs ± 0.16), and  
197 during low water levels (65%). The primary fishing period varied among river segment ( $P <$   
198 0.001). Fishermen from the Sapta Koshi river (13:44 ± 0.32) preferred to fish earlier in the day

199 than those from Naryani ( $14:44 \pm 0.32$ ) or Karnali rivers ( $15:52 \pm 0.16$ ). They also ~~told us~~ they  
200 preferred to fish during certain conditions. Most fishermen ( $> 50\%$ ) from the Naryani and Sapta  
201 Koshi rivers indicated they preferred to fish during high turbid and/or low water levels, while  
202 those from the Karnali river preferred to fish during the spawning and low water period (**Table**  
203 **3**). Fishermen indicated they usually fished close to their village. The mean distance travelled  
204 was  $2.9 \pm 0.1$  km; they rarely travelled more than 7 or 8 km to the fishing grounds. We did not  
205 detect a significant difference in the distance travelled upstream, but fishermen from the  
206 Narayani river travelled further downstream than those from either Sapta Koshi or Karnali rivers.

### 207 *Fishing Gear*

208 Fishermen reported using eight different types of fishing gear (**detail given in appendix 1**).  
209 Twenty-five percent of fishermen used Phekuwa Jaal (cast net), and another 24.5% used Maha  
210 Jaal (gillnet). Slightly fewer fishermen (22.7%) used Pakhure Jaal (cast net), and the rest used  
211 various nets (27%), such as Bagaune Jaal (gillnet), Dadiya (cast net), Ghumauwa or Khaap Jaal  
212 (cast net), Paat or Hate Jaal (cast net) or Tiyari Jaal (gillnet). Differences in gear characteristics  
213 were detected among river segment ( $\chi^2=23.80$   $P < 0.001$ ). Fishermen from the Naryani river  
214 primarily used Pakhure Jaal cast nets, whereas fishermen from the Karnali and Sapta Koshi  
215 rivers preferred to use Maha Jaal gillnets and Phekuwa Jaal cast nets, respectively.

216 Gillnet gear varied in length, net width, and mesh-size. Gillnets ranged in length from 1.2 to 250  
217 m. Sixty percent of those interviewed reported they used gillnets less than 10 m long, 30.1%  
218 were 10 and 100 m long, and another 30.1% used longer than 100 m. Fishermen from the Karnali  
219 river used gillnets much longer than fishermen from either Sapta Koshi or Naryani rivers ( $\chi^2 =$   
220  $9.7$ ;  $P < 0.008$ ). Most fishermen (69.9%) stated their gillnets were around 3 to 4 m width. The  
221 average gillnet length was  $65.2 \pm 6.7$  m and the net width was  $4.6 \pm 0.4$  m. The net width also

222 varied among river segment ( $\chi^2 = 55.1, P < 0.001$ ). Fishermen from the Naryani river used  
223 gillnets that were wider than fishermen from Sapta Koshi and Karnali rivers (**Table 3**). The  
224 stretch-mesh size ranged from 0.23 to 7 cm, but the most common (79.8%) stretch-mesh size was  
225 around 2.0 cm or less. It should be noted that some fishermen (25.2%) indicated they recently  
226 changed to a smaller mesh size expecting to increase catch. Despite this gear change, they **told us**  
227 they did not notice any major difference in catch.

### 228 *Fishing Activity Perceptions*

229 Sixty-one percent of fishermen perceived a decline in catch over time and more than half  
230 believed the number of fishing boats in the area was similar to the past. Perceptions were  
231 significantly different among fishermen from different rivers ( $\chi^2 = 138.4; P < 0.001$ ). Fishermen  
232 from the Karnali and Sapta Koshi rivers believed fishing was worse now than before. In contrast,  
233 most fishermen from the Narayani river ~~actually~~ actually thought fishing was better now than before  
234 (~~70%~~). Most fishermen from the Karnali River believed there were fewer fishing boats now that  
235 before, while fishermen from the other two rivers did not think there was a difference.  
236 Interestingly, every fisherman ~~we interviewed~~ indicated they did not believe fishing was a good  
237 job and preferred their children pursued another occupation. Some fishermen (35%) indicated  
238 they wanted their children to work for a private firm followed by a government agency (31.3%)  
239 or a non-government organization (12.3%) (**Table 4**).

### 240 *Ganges River Dolphin Sightings and Observations*

241 Most fishermen (62.6%) indicated they rarely spotted GRD on recent trips, but many (61.3%)  
242 **told us** they used to regularly spot them in the past (> 10 years). Fishermen from the Karnali  
243 river indicated they occasionally spotted GRD on recent fishing trips, while most fishermen from  
244 the Narayani and Sapta Koshi rivers **told us** they seldom spotted GRD ( $\chi^2 = 70.4; P < 0.001$ ).


245 Karnali river fishermen reported occasionally spotting GRD in the past, while Narayani and  
246 Sapta Koshi river fishermen reported frequently spotting them in the past. Karnali river  
247 fishermen **told us** they used to spot around two GRD in the past, while Sapta Koshi and the  
248 Narayani river fishermen reported spotting four or more individuals, respectively.

249 A Chi-square test detected a significant difference in the location ~~when~~ fishermen usually spotted  
250 GRD ( $\chi^2 = 104.7$ ;  $P < 0.001$ ). Most fishers reported they **seem** more dolphins in deep pools and  
251 that they tend to be diving during sightings. There are significant differences between fishermen  
252 from different rivers. While all fishermen from Narayani river report to see **fishers** in deep pools,  
253 those from Sapta river said most sightings occurred in the confluences and on the straight  
254 channel; and those from the Karnali river that they see most dolphins in deep pools and straight  
255 channels. Again when it comes to the behaviour dolphins exhibit during sightings there were  
256 differences in reports between fishermen operating in the different rivers ( $\chi^2 = 138.2$ ;  $P < 0.001$ ).  
257 All fishermen from Narayani and Sapta Koshi rivers reported that ~~fishers~~ were diving during  
258 sightings, while those from Karnali reported they were showing their back and snout. Overall,  
259 only one fisherman from the Narayani river **told us** he had encountered a dead GRD.

#### 260 *Conservation Measures for Ganges River Dolphin*

261 Most fishermen (89.5%) perceived the GRD population had declined. Most fishermen believed  
262 the main threat to GRD were humans ~~(53.5%)~~, stating the construction of dams/irrigations  
263 systems and **fishing** as the main threats while 32.1% thought the recent decline in the GRD  
264 population was associated with physical changes (width and depth) in the river (**Table 5**). Most  
265 fishermen suggested that increasing GRD awareness and establishing new training opportunities  
266 using locally available natural and social resources would help reduce fishing pressure and risk  
267 to GRD.

268 **DISCUSSION**

269 Anthropogenic activities (e.g., commercial fishing and vessel collisions) are the leading cause of  
270 mortality for most cetaceans around the world (van der Hoop et al., 2013). ~~Although cetacean~~  
271 ~~injuries and mortalities have been associated with vessel strikes and other human-induced~~  
272 ~~activities (Silber et al., 2015),~~ many are attributed to the incidental entanglement with fishing  
273 gear; especially monofilament gillnets (Reeves et al., 2013). ~~According to Reeves et al., (2013),~~   
274 limited information is available describing cetacean bycatch in gillnets. Understanding fishery  
275 interactions is essential for preventing further losses of cetacean diversity and abundance  
276 (Reeves et al., 2013). In Nepalese rivers, the incidental entanglement of GRD with fishing gear is  
277 one of the major threats to the conservation and recovery of the GRD (Kelkar et al., 2010; Sinha  
278 et al., 2010); it is also a major problem in the Brahmaputra River in India (Wakid & Braulik,  
279 2009). Developing and implementing effective recovery actions for the GRD requires having  
280 adequate socio-economic and fishery information. Without this type of information, it is almost  
281 impossible for conservation managers to make informed and effective decisions. Given the  
282 economic constraints of researchers in Nepal, in terms of available research funding, information  
283 describing artisanal fisheries and potential conservation implications for the GRD has been  
284 unavailable until now.

285 *Demographics and Economics*

286 Interviews revealed that established communities and associated ethnic groups (e.g., Malaha,  
287 Sonaha, Bote, and Chaudary) residing (< 1 km) along major rivers in Nepal rely almost  
288 exclusively on fishing for their income. Fishing has been not only a way of life for many  
289 residents since an early age (~ 15 years old), but they tend to fish for most of their lives.  
290 Because fishermen begin fishing at an early age, it limits their education and ability to pursue

291 other occupations. Despite the importance of fishing to the community, we were surprised to  
292 discover that most fishermen did not want their children to pursue fishing as a job. Thus, it is  
293 might be possible, with the right training, parents could potential encourage their children to  
294 pursue other occupations, especially since some of them already have a second job, such as  
295 agriculture. Obviously, reducing the fishing pressure in the region would have a positive impact  
296 on the GRD even though the construction of dams and other anthropogenic activities are still a  
297 major problem for GRD. Clearly, alternative income opportunities for river-dependent residents  
298 in Nepal are limited, but there are still a few options that could benefit locals and the GRD, such  
299 as eco-tourism, farming, or simply changing fishing tactics or fishing gear. The farming trade is  
300 growing throughout Nepal (Joshi et al., 2012), so it is possible that Nepalese fishermen would  
301 consider permanently changing occupations.

302 According to the FAO (2011), Nepal was the 12<sup>th</sup> poorest country in the world during 2010 with  
303 a per capita income of US \$480. Although employment opportunities are limited, the economic  
304 status in Nepal is improving, which could give fishermen other options to making a living in the  
305 near future. Agriculture (paddy, maize, wheat, millet, and legumes) is a large industry in Nepal,  
306 but there are other non-agricultural industries that provide jobs, such as manufacturing,  
307 construction, and personal services (CBS, 2011). Regrettably, these options are limited in rural  
308 areas (river communities) so fishermen have less economic opportunities. Based on interviews,  
309 fishermen indicated they would be interested in establishing some sort of ecotourism, which is  
310 possible for Nepal. Actually, tourism is already a major industry (US \$170 million annually) in  
311 various regions of Nepal, so expanding this industry could help reduce poverty in both urban and  
312 rural areas (GON, 2013). Tourism contributes to about 7.4 percent of Nepal's National gross  
313 domestic product and 5.8 percent of the total employment (Chan & Bhatta, 2013). According to

314 GON (2013), most tourists are from India, China, Sri Lanka, United States, and the United  
315 Kingdom. Most tourists indicated the primary purpose for visiting Nepal was for  
316 holiday/pleasure, and visiting National Parks and Wildlife Reserves. Thus, it is very possible that  
317 Nepal could develop an ecotourism industry in rural areas, but to do it correctly it will take a lot  
318 of planning and support from various groups (government institutions, NGOs, and private  
319 companies), especially since infrastructure will need to be developed in these remote locations  
320 (Chan & Bhatta, 2013). Ecotourism has already been very successful in various remote locations,  
321 such as India, Belize, and the Dai villages of Yunnan Province of China (Chan & Bhatta, 2013).  
322 Maybe expanding ecotourism would provide other job options for fishermen while at the same  
323 time provide a way to promote the conservation and recovery of the GRD in Nepal.

#### 324 *Fishing Activity*

325 Most fishermen only own one fishing vessel, so it appears that local river residents are simply  
326 attempting to support their families rather than establishing large thriving fishing businesses with  
327 a fleet of vessels. Our findings suggest that fishing is probably not expanding in Nepal.  
328 According to responses, the mean crew size is between 4 and 5, but fishermen from the Naryani  
329 river use larger crews because many of them cannot purchase their own vessel. Assuming a  
330 larger crew corresponds to less gear in the water then overall risk to GRD could be relatively less  
331 in the Naryani river. Our survey revealed that fishermen from the Naryani river prefer to use cast  
332 nets rather than gillnets, which is a safer for GRD. Bycatch associated with gillnets is a major  
333 issue for cetaceans worldwide (Kennelly & Broadhurst, 2002). Thus, there may be an option for  
334 fishermen from Karnali and Sapta Koshi river to switch from using gillnets to cast nets and still  
335 make an average income, especially since Sapta Koshi fishermen **told us** they thought fishing  
336 was better now than before. Unfortunately, this perception could also potentially intensify

337 localized fishing pressure and increase the risk to GRD inhabiting the Sapta Koshi river. The  
338 GRD population in the Sapta Koshi river has been declining at an alarming rate over the last 25  
339 years, so additional fishing pressure poses an immediate risk to the conservation of the species,  
340 particularly since immense fishing pressure is still a problem in the Sapta Koshi river  
341 (Chaudhary, 2007). Fishermen also **told us** they believed fishing was worse now than before in  
342 the Naryani river. Assuming this is an accurate description and fishermen are taking fish that are  
343 essential to the GRD diet, then fishing could be indirectly impacting the GRD in the Naryani  
344 river. In Brazil, fishermen have indirectly impacted the diet of Franciscana (*Pontoporia*  
345 *blainvillei*) through gillnetting (Secchi & Wang, 2002). Is this situation occurring in Nepal? We  
346 recommend future studies investigate this potential phenomenon.

#### 347 *Fishing Effort*

348 Fishermen depend on catching fish to support their families, so most of them fish as much as  
349 possible (> 4 days per week). Interestingly, fishermen from the Sapta Koshi river **told us** they  
350 fished every day, which clearly increases the risk to the GRD in that region. These fishermen  
351 also **told us** they preferred to fish in the morning rather than in the afternoon, which is the  
352 opposite tactic used by fishermen from either the Naryani or Karnali rivers. Based on some  
353 evidence, (e.g. Sinha et al., 2010; Sasaki -Yamamoto et al., 2013) it appears GRD are more  
354 active during early-morning (0800-1100 hrs) and late-afternoon (1330-1600 hrs) than during the  
355 day. It is clear from our study that fishermen also prefer to fish during these periods, which poses  
356 a greater risk to the GRD. It is likely that GRD are depredating and interacting with gillnets,  
357 which is a common behavior for many cetaceans around the world (Read et al., 2003; Waples et  
358 al., 2013). Given this behavior, is it possible that Nepalese fishermen could set their gear during



359 day instead of the morning and late-afternoon without compromising their catch? Additional  
360 research is warranted.

361 The GRD is known to migrate seasonally according to water level (dry vs wet season). Kelkar et  
362 al., (2010) reported that GRD were found in deep pools or the main channels of rivers in the dry  
363 season (October–May), and migrate upstream to tributaries following the monsoon period  
364 (June–September). Paudel (2014) also reported that GRD occurrence in Nepal was more  
365 probable in river segments with deep pools. Seasonal movement in conjunction with the low  
366 water period has also been reported for GRD in the Brahmaputra river from the Assam-  
367 Arunachal to India-Bangladesh border (Wakid & Braulik, 2009). Given GRD movement  
368 patterns, fishing in winter during low water season poses a greater risk to the GRD because they  
369 are more concentrated in specific areas like deep pools where fisherman prefer to fish. Although  
370 interviews revealed that fishermen spent almost twice as many hours fishing in summer (5.7  
371 hours/day) than in winter (3.7 hours/day), fishing in winter still poses a threat to GRD. Most  
372 fishermen **told us** they preferred to fish in tributaries, especially in the Karnali river. Fishing in  
373 Karnali river area poses a threat to GRD during wet season because the Karnali and Sapta Koshi  
374 rivers are more critical to GRD population than the Narayani river population given their lower  
375 relative abundance (Paudel, 2014). Even though abundance is generally lower (Kelkar et al.,  
376 2010; Paudel, 2014) in the post-monsoon than the pre-monsoon period (Paudel, 2014), it should  
377 be noted that fishing in the dry season could also endanger the GRD because the lower water  
378 level makes it more difficult for the GRD to avoid being entangled in gillnets; the average width  
379 of gillnets used by fishermen is 4.5 m. In general, GRD are found in water depths around 4.4 m,  
380 which is much deeper than most of the river sections during the dry season (Paudel, 2014).

381 The proximity to the fishing grounds also poses a serious threat to the GRD. Based on  
382 interviews, fishermen indicated that almost all of them set their nets within 5.4 km of their  
383 village (2.9 km upstream or 2.5 km downstream). Given this tactic, it appears that nets are  
384 concentrated in specific areas (fishing hotspot), which could reduce the mobility for the GRD  
385 and increase the risk of being accidentally entangled. More nets in specific areas have been  
386 shown to increase the risk to marine mammals (e.g., Kinsas, 2002). In addition, it is likely that  
387 GRD are attracted to these fishing hotspots because they commonly depredate catch from nets;  
388 ~~cetaceans depredate from fishing gear throughout the world~~ (Mathias, 2012). According to  
389 Chaudhary (2007), a hotspot for the GRD is the southern section of the Koshi barrage, which is  
390 also an area fishermen prefer to set their nets. Spatial overlap between GRD distribution and  
391 fishing activity was previously been reported by (Malla, 2009; Kelkar et al., 2010). Smith (1993)  
392 reported that the primary habitats of GRD also coincide with the areas of greatest human use.  
393 Interestingly, interviews with Narayani River fishermen indicated they tend to travel further  
394 downstream, which suggests that they are expanding their fishing range. Expanding the fishing  
395 range could further increase the risk to GRD in the Narayani River.

### 396 *Fishing Gear*

397 Fishermen use a variety of monofilament gillnets and cast nets, but we did find some differences  
398 in fishing gear among river segment. Fishermen from the Naryani and Sapta Koshi rivers  
399 preferred to use cast nets, whereas fishermen from the Karnali River primarily used gillnets.  
400 Plainly, cast nets pose a lower risk to the GRD than gillnets given their smaller size and the  
401 deployment method. Cast nets are thrown off a vessel and immediately retrieved, while gillnets  
402 are allowed to soak for an extended period; soak time and cetacean entanglement are positively  
403 correlated (Rossman & Palka, 2011). It is difficult to understand why most fishermen from the

404 Karnali River are inclined to use gillnets instead of casts, but it is probably associated with some  
405 sort of local tradition or river characteristic. We recommend additional research to understand  
406 fishing tactics and gear in the Karnali River.

407 Most fishermen used gillnets less than 10 m long. Thirty percent **told us** they used gillnets longer  
408 than 100 m, which increases the entanglement risk; net length and fishery interactions are  
409 generally correlated. Although most of the gillnets were less than 10 m long, these still pose a  
410 risk to the GRD, especially if they are allowed to soak for extended periods. We don't know  
411 much about the soak time, but this could be a major problem for GRD, especially if fishermen  
412 soak their nets overnight. The length of gillnet and cetacean entanglement risk is probably  
413 correlated, but is difficult to predict what factor contributes the greatest impact to potential  
414 entanglement. Interviews pointed out that gillnet length varied significantly by river segment.  
415 Fishermen from the Karnali River used longer gillnets than fishermen from either the Sapta  
416 Koshi or Naryani rivers. Again, we do not know why this is the case, but understanding this  
417 tactic could help us recommend alternatives that might reduce the risk to GRD in the Karnali  
418 river. Despite the fact that fishermen from the Naryani river used shorter gillnets, they **told us**  
419 their gillnets were much deeper than those used by fishermen from either the Karnali or Sapta  
420 Koshi rivers. Using deeper nets could actually be more harmful to the GRD than longer nets  
421 since the GRD is known to chase prey along the bottom (Sinha et al., 2010).

422 The majority of fishermen used gillnets constructed with a mesh size less than 2.0 cm. We also  
423 observed that fishermen continued to construct nets with smaller mesh over the years, which  
424 suggests that catch is decreasing over time. Because gillnets are selective, mesh size is an  
425 important factor to evaluate since it relates to catch composition and size-frequency. The type  
426 and size of catch could be an important factor affecting the GRD given their diet requirements;

427 GRD prey on Reba carp (*Cirrhinus reba*) and Baam (*Mastacembelus armatus*) (Bashir et al.,  
428 2010). In the Vikramshila Gangetic Dolphin Sanctuary, a 65-km stretch of the Ganga River  
429 between Sultanganj and Kahalgaon towns in Bhagalpur, Bihar, India, Kelkar et al., (2010) found  
430 that distributions of sampled fish lengths were mostly (75%) within the size range preferred by  
431 GRD. This finding suggests that fishermen are affecting the GRD diet. Should local officials  
432 consider implementing gillnet mitigation measures to reduce entanglement risk for GRD, such as  
433 acoustic deterrents (Dawson et al. 2013)? Other mitigation options that have been used before to  
434 reduce the frequency of marine mammal-fishery-interactions include changing human behavior  
435 (time-area closures) and gear modifications (mesh-size, gillnet length, soak time, and tie-downs).  
436 We recommend research into gear modification, and suggest that fishermen are encouraged to  
437 use best management practices, such as reduced soak times or continuous monitoring of nets.  
438 Removing entangled fish on a regular basis would likely reduce GRD depredation and overall  
439 risk.

#### 440 *Ganges River Dolphin Sightings and Observations*

441 Based on responses, fishermen observe fewer GRD now than before; thus, it appears the GRD  
442 continues to decline in Nepal river systems – a finding that is consistent with previous studies  
443 (Smith, 1993; Reeves et al., 2000; Reeves et al., 2003; Paudel, 2014). Little is known about the  
444 social aspects of the GRD, but it is likely that small group sizes, including reports of single  
445 individuals is indicative of the fragmentation of the population as a whole and habitat  
446 degradation. Small groups may lack the benefits associated with social living (e.g., predator  
447 avoidance, detection of prey, and facilitated reproductive activities) (Baird & Whitehead, 2000).  
448 Fishermen also indicated that fewer GRD are seen in the Narayani and Karnali rivers than in the  
449 Sapta Koshi, a finding consistent with that of Paudel (2014). Paudel (2014) reported that the

450 GRD range is shrinking and few dolphins are using the remaining available habitat in the Karnali  
451 river system, leading to the suggestions that GRD may unable to recover to previous population  
452 levels (Smith, 1993; Paudel, 2014).

#### 453 *Conservation Measures for Ganges River Dolphin*

454 Most fishermen believed the ~~conservation~~ of the GRD is related to water pollution, and/or  
455 dam/irrigation development. The construction of dams and other water diversion projects for  
456 hydro-electric power production and irrigation lowers local water levels not only permanently  
457 alters river ecology, but it causes the range of GRD to be limited and changes the daily and  
458 seasonal movement patterns. Water level is an important habitat factor that controls the seasonal  
459 distribution of GRD; this species have never been observed in water levels less than 2.0 m  
460 (Biswas & Boruah, 2000; Braulik et al., 2012; Paudel, 2014). Construction of dams in Nepal is  
461 likely to continue since only about 50 % of urban and 5 % of the rural population has access to  
462 electricity (Bergner, 2012). The construction of dams in Nepal also negatively impacts GRD  
463 habitat and causes population fragmentation. Water flow diversion by the construction of a  
464 barrage during the dry season led to the stranding of a GRD in very low (Smith & Braulik,  
465 2012). Smith & Reeves (2000) stated that building a high dam in the Karnali river would “almost  
466 certainly eliminate the small amount of dolphin habitat in Nepal’s last river with a potentially  
467 viable dolphin population”. The same scenario is found in the Sapta Koshi river, where Koshi  
468 barrage, above 7 km from Nepal/India boarder, deters the upstream movement of river dolphin  
469 during summer season.

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473 **CONCLUSIONS**

474 The GRD is recognized as one of the most endangered cetacean in the world. In Nepal, its  
475 distribution is restricted to the Narayani, Sapta Koshi, and Karnali river systems. Regrettably,  
476 various anthropogenic activities continue to jeopardize the GRD's survival, such as fishing.  
477 Nepal is one of the poorest countries in the world, so economic opportunities are limited,  
478 especially in rural remote areas. Although river-dependent residents residing along the Narayani,  
479 Sapta Koshi, and Karnali rivers have other sources of income, artisanal fishing is their main  
480 occupation. Based on interviews with local fishermen, it is evident there is spatial overlap  
481 between the fishing grounds and potential GRD suitable habitat. This spatial overlap between  
482 fisheries and GRD increases the risk of fishery-interactions and threatens the recovery of the  
483 GRD in Nepal, especially since most fishermen **told us** they use monofilament gillnets. Although  
484 we did not directly sample catch, artisanal fisheries could be indirectly impacting the GRD's diet  
485 by taking preferred prey. We recommend additional research into this topic. The GRD and  
486 fishery interaction problem in Nepal is challenging to solve given the socio-economic situation,  
487 but gear modifications (mesh-size, gillnet length, soak time, and tie downs), changing human  
488 behaviour (time-area closures), and switching professions (eco enterprise business using natural  
489 and socio economic resources) are a few options that have been implemented in other regions.  
490 Making these changes could potentially reduce the risk to the GRD in Nepal. Further research is  
491 warranted. Lastly, we believe conservation managers need to seriously consider using the non-  
492 transboundary management approach with neighbouring countries to protect the remaining GRD  
493 population before it's too late.

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503

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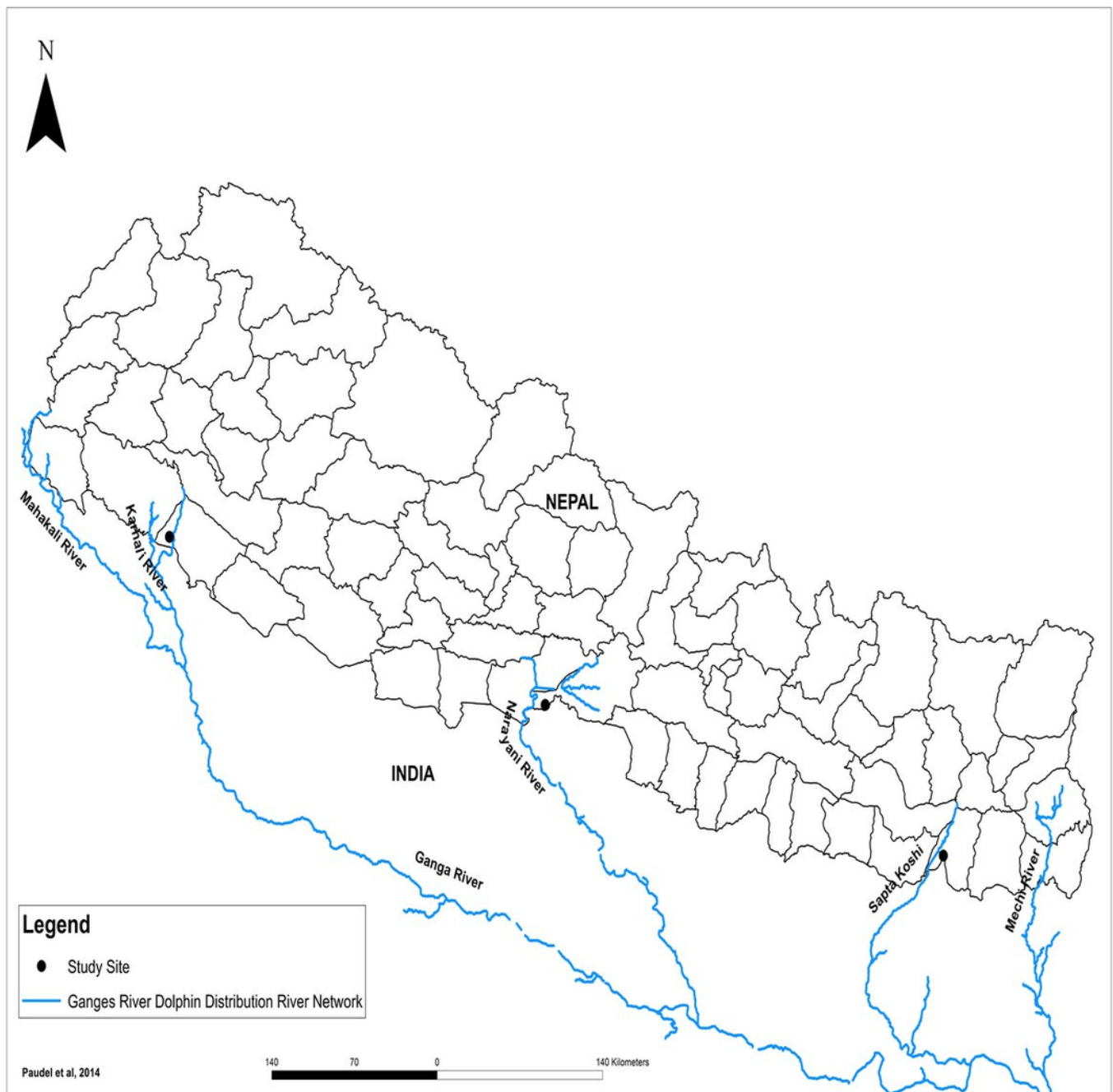
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## 1

Study Area. **Map of Nepal** and five main river systems, and associated tributaries of the Ganges River. Interview surveys were conducted on the Karnali, Narayani and Sapta Koshi rivers



**Table 1** (on next page)

Demographic characteristics of fishermen from the Karnali ( $n = 56$ ), Narayani ( $n = 60$ ), and Sapta Koshi ( $n = 47$ ) rivers.

Continuous data are shown as mean  $\pm$  standard error and categorical data are shown as percentages. Differences between rivers and pairwise multiple comparisons were respectively tested with Fligner-Killeen and Dunnett-Tukey-Kramer test for continuous variables, and a Chi-square test with Yates correction (when required) was used for categorical variables. It should be noted that subscripts (a, b, c) sharing the same letter are statistically significantly different.

1

Demographic characteristics	Total	Karnali River	Narayani River	Sapta Koshi River	Statistics, p-value
Age	44.1 ± 1.1	38.7 ± 1.4 <sup>a</sup>	50.7 ± 1.8 <sup>a,b</sup>	42.1 ± 2.0 <sup>b</sup>	FK $\chi^2$ =6.3, p=0.043
Gender					
Male	86.5	87.5 <sup>a</sup>	75.0 <sup>a,b</sup>	100.0 <sup>b</sup>	$\chi^2$ =14.2, p=0.001
Female	13.5	12.5	25.0	0.0	
Ethnicity					
Bote	16.6	0.0 <sup>a</sup>	45.0 <sup>a</sup>	0.0 <sup>a</sup>	$\chi^2$ =283.0, p<0.001
Chaudhary	11.0	10.7	18.3	0.0	
Malha	27.0	0.0	0.0	93.6	
Sonaha	25.2	73.2	0.0	0.0	
Other	20.3	16.1	36.6	8.3	
Education level					
Illiterate	69.4	82.1 <sup>a</sup>	80.0 <sup>b</sup>	42.6 <sup>a,b</sup>	$\chi^2$ =30.0, p<0.001
Primary education	22.7	8.9	15.0	48.9	
Secondary education	6.8	7.1	5.0	8.5	
Higher education	0.6	1.8	0.0	0.0	
Permanent local resident	93.9	96.4 <sup>a</sup>	86.7 <sup>a</sup>	100.0 <sup>a</sup>	$\chi^2$ = 9.1, p=0.011
Years living in the same village	43.6 ± 0.9	47.7 ± 1.1 <sup>a,b</sup>	41.8 ± 1.5 <sup>a</sup>	41.1 ± 2.0 <sup>b</sup>	FK $\chi^2$ =15.3, p<0.001



**Table 2** (on next page)

Characteristics of the fishing activity in the Karnali ( $n = 56$ ), Narayani ( $n = 60$ ), and Sapta Koshi ( $n = 47$ ) rivers.

Continuous data are shown as mean  $\pm$  standard error and categorical data are shown as percentages. Differences between rivers and pairwise multiple comparisons were tested with Fligner-Killeen and Dunnett-Tukey-Kramer test respectively for continuous variables, and a Chi-square test with Yates correction was used for categorical variables. It should be noted that subscripts (a, b, c) sharing the same letter are statistically significantly different.

Fishing activity characteristics	Total	Karnali River	Narayani River	Sapta Koshi River	Statistics, p-value
<b>Fishing activity</b>					
Fishing is main occupation (%)	78.5	75.0 <sup>a</sup>	70.0 <sup>b</sup>	93.6 <sup>b</sup>	$\chi^2=9.3$ , $p=0.009$
Years of experience fishing	36.9 ± 1.1	35.5 ± 1.53 <sup>a</sup>	43.0 ± 2.0 <sup>a,b</sup>	30.7 1.5 <sup>b</sup>	FK $\chi^2=17.7$ , $p<0.001$
Age started fishing	13.6 ± 0.3	15.2 ± 0.1 <sup>a</sup>	11.4 ± 0.5 <sup>a,b</sup>	14.5 ± 0.7 <sup>b</sup>	FK $\chi^2=35.8$ , $p<0.001$
Occupation of father (%)		a	b	a	$\chi^2=10.2$ , $p=0.006$
Fisher	77.9	75.0	31.7	93.6	
Other	22.1	25.0	68.3	6.4	
<b>Fishing Effort</b>					
Days fishing per week	4.8 ± 0.2	5.0 ± 0.2 <sup>a</sup>	3.7 ± 0.3 <sup>b</sup>	6.2 ± 0.7 <sup>c</sup>	FK $\chi^2=14.0$ , $p<0.001$
Time spent fishing per day in winter (h)	3.1 ± 0.1	2.8 ± 0.1 <sup>a</sup>	2.6 ± 0.2 <sup>b</sup>	4.1 ± 0.2 <sup>a,b</sup>	FK $\chi^2=18.8$ , $p<0.001$
Time spent fishing per day in summer (h)	5.2 ± 0.2	3.7 ± 0.1 <sup>a</sup>	3.6 ± 0.1 <sup>b</sup>	9.0 ± 0.4 <sup>a,b</sup>	FK $\chi^2=50.3$ , $p<0.001$
Effective number of months fishing	3.3 ± 0.1	2.6 ± 0.2 <sup>a</sup>	2.6 ± 0.1 <sup>b</sup>	5.1 ± 0.2 <sup>a,b</sup>	FK $\chi^2=20.5$ , $p<0.001$
<b>Economy</b>					
Monthly earnings from fishing (\$)	60.2 ± 2.6	26.0 ± 2.3 <sup>a,b</sup>	78.0 ± 3.7 <sup>a</sup>	78.2 ± 2.5 <sup>b</sup>	FK $\chi^2=26.8$ , $p<0.001$
Annual earnings from fishing (\$)	233.5 ± 16.3	84.0 ± 3.8 <sup>a</sup>	208.1 ± 18.0 <sup>a</sup>	418.6 ± 33.4 <sup>a</sup>	FK $\chi^2=38.5$ , $p<0.001$
Monthly earnings from other activities (\$)	101.1 ± 9.9	41.8 ± 2.0 <sup>a</sup>	171.0 ± 23.9 <sup>a</sup>	82.1 ± 3.5 <sup>a</sup>	FK $\chi^2=32.2$ , $p<0.001$ FK $\chi^2=191.1$ , $p<0.001$
Secondary occupation		a	a	a	
Agricultural labor	47.9	5.4	71.7	68.1	
Gold filtering	25.8	75.0	0.0	0.0	
Fishing unbanned areas	3.1	0.0	0.0	10.6	
Daily wages	9.8	0.0	26.7	0.0	
Other	10.4	17.9	1.7	10.7	

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<del>Fishing activity characteristics</del>	<del>Total</del>	<del>Karnali River</del>	<del>Narayani River</del>	<del>Sapta Koshi River</del>	<del>Statistics, p-value</del>
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**Table 3** (on next page)

Fishery description in the Karnali ( $n = 56$ ), Narayani ( $n = 60$ ), and Sapta Koshi ( $n = 47$ ) rivers. 

Fishery description	Total	Karnali River	Narayani River	Sapta Koshi River	Statistics, p-value
<b>Fishing boats</b>					
Owner of one boat	64.8	82.1 <sup>a,b</sup>	52.5 <sup>a</sup>	59.6 <sup>b</sup>	$\chi^2=11.8$ , $p=0.003$
Type of boat		<sup>a</sup>	<sup>b</sup>	<sup>a,b</sup>	$\chi^2=94.3$ , $p<0.001$
Single man traditional wooden boat	81.0	100.0	100.0	17.9	
More than one man modern boat	19.0	0.0	0.0	82.1	
Average number fishermen per vessel	4.7 ± 0.6	2.1 ± 0.1 <sup>a</sup>	11.8 ± 1.1 <sup>a,b</sup>	2.3 ± 0.1 <sup>b</sup>	FK $\chi^2=26.8$ , $p<0.001$
<b>Fishing gears</b>					
Fishing gear		<sup>a</sup>	<sup>a</sup>	<sup>a</sup>	$\chi^2=23.8$ , $p<0.001$
Phekuwa Jaal	25.8	14.3	3.3	68.1	
Maha Jaal	24.5	71.4	0.0	0.0	
Pakhure Jaal	22.7	0.0	58.3	2.3	
Other	26.9	14.3	38.3	27.7	
Net mesh size (cm)	1.8 ± 0.2	-	1.7 ± 0.2 <sup>a</sup>	1.9 ± 0.2 <sup>b</sup>	FK $\chi^2=0.1$ , $p=0.990$
Net length (m)	65.2 ± 6.7	170.2 ± 7.8 <sup>a,b</sup>	5.6 ± 1.2 <sup>a</sup>	14.1 ± 3.6 <sup>b</sup>	FK $\chi^2=9.7$ , $p=0.008$
Net width (m)	4.6 ± 0.4	1.2 ± 0.1 <sup>a</sup>	9.1 ± 0.6 <sup>a</sup>	3.0 ± 0.1 <sup>a</sup>	FK $\chi^2=55.1$ , $p<0.001$
<b>Fishing time</b>					
Travel distance	2.9 ± 0.1 14:50 ±	2.6 ± 0.1 <sup>a</sup>	2.7 ± 0.2 <sup>a</sup> 14:44 ± 0:32	3.3 ± 0.3 <sup>b</sup> 13:44 ± 0:32	FK $\chi^2=4.5$ , $p=0.110$
Preferred fishing time (hrs)	0:16	15:52 ± 0:16 <sup>a</sup>	<sup>b</sup>	<sup>a,b</sup>	FK $\chi^2=18.8$ , $p<0.001$
Preferred fishing time		<sup>a</sup>	<sup>a</sup>	<sup>a</sup>	$\chi^2=48.7$ , $p<0.001$
Breeding time for fish	10.4	12.5	16.7	0.0	
High turbidity	22.1	0.0	43.3	21.3	
Low water season	65.0	85.7	36.7	76.6	
Summer season with hot water	1.2	1.8	0.0	2.1	
Other	1.2	0.0	3.4	0.0	

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**Table 4**(on next page)

Fishermen perception about the fishing activity and fisheries as a job in the Karnali ( $n = 56$ ), Narayani ( $n = 60$ ), and Sapta Koshi ( $n = 47$ ) rivers.

Continuous data are shown as mean  $\pm$  standard error and categorical data are shown as percentages. Differences between rivers and pairwise multiple comparisons were tested with Fligner-Killeen and Dunnett-Tukey-Kramer test respectively for continuous variables, and a Chi-square test with Yates correction was used for categorical variables. It should be noted that subscripts (a, b, c) sharing the same letter are statistically significantly different.

Fishermen perceptions and opinions	Total	Karnali River	Narayani River	Sapta Koshi River	Statistic, p-value
<b>Perception about fishing</b>					
Perception about changes in the amount of fish caught over time		a	a	a	$\chi^2=138.4$ , p<0.001
Worse than before	61.3	100.0	6.4	66.1	
Same as before	18.4	0.0	23.4	33.9	
Better than before	20.2	0.0	70.2	0.0	
Perception about changes in the quantity of boats in the river		a	a	a	$\chi^2=89.4$ , p<0.001
Fewer than before	36.8	78.3	14.9	10.7	
Same as before	54.0	10.0	68.1	89.3	
More than before	9.2	11.7	17.0	0.0	
<b>Fishing job</b>					
Don't want their children will be a fisher	100.0	100.0 <sup>a</sup>	100.0 <sup>b</sup>	100.0 <sup>c</sup>	$\chi^2=1.6$ , p=0.442
Don't think fishing is a good job	100.0	100.0 <sup>a</sup>	100.0 <sup>b</sup>	100.0 <sup>c</sup>	$\chi^2=1.6$ , p=0.442
Which job they would like for their children		a	a	a	$\chi^2=99.3$ , p<0.001
Agriculture	10.4	1.8	21.7	6.4	
Fishing business	3.7	3.6	0.0	8.5	
Governmental job	31.3	10.7	51.7	29.8	
NGO	12.3	3.6	11.7	23.4	
Private firm	35.0	80.4	5.0	19.1	
Other small business	7.4	0.0	10.0	12.8	

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**Table 5** (on next page)

Fishermen perceptions about dolphin population and conservation status in the Karnali ( $n = 56$ ), Narayani ( $n = 60$ ), and Sapta Koshi ( $n = 47$ ) rivers.

Continuous data are shown as mean  $\pm$  standard error and categorical data are shown as percentages. Differences between rivers and pairwise multiple comparisons were tested with Fligner-Killeen and Dunnett-Tukey-Kramer test respectively for continuous variables, and a Chi-square test with Yates correction was used for categorical variables. It should be noted that subscripts (a, b, c) sharing the same letter are statistically significantly different.



Perceptions about dolphins and their conservation	Total	Karnali river	Narayani river	Sapta Koshi river	Statistic, p-value
<b>Dolphin sightings</b>					
Does not know (saw or heard) of dead dolphins	99.4	100.0 <sup>a</sup>	98.3 <sup>b</sup>	100.0 <sup>c</sup>	$\chi^2=1.7$ , $p=0.422$
Perceives to seeing dolphins often in the past	61.3	28.6 <sup>a,b</sup>	73.3 <sup>a</sup>	85.1 <sup>b</sup>	$\chi^2=53.5$ , $p<0.001$
Perceives to rarely see dolphins now	62.6	23.2 <sup>a</sup>	98.3 <sup>a</sup>	63.8 <sup>a</sup>	$\chi^2=70.4$ , $p<0.001$
Type of habitat where dolphins are most often sighted		a	a	a	$\chi^2=104.7$ , $p<0.001$
Deep pool (depth >3m)	56.0	50.0	100.0	10.6	
Confluence	12.6	7.1	0.0	34.0	
Straight channel (depth <3m)	26.4	42.9	0.0	38.3	
Meandering	5.0	0.0	0.0	17.0	
Type of behavior when dolphins are sighted		a,b	a	b	$\chi^2=138.2$ , $p<0.001$
Diving	66.5	7.1	100.0	100.0	
Showing back and snout	31.6	87.5	0.0	0.0	
Swimming	1.9	5.4	0.0	0.0	
Distance dolphin to boat during sightings (m)	48.1 ± 8.4	1.8 ± 0.1 <sup>a</sup>	131.4 ± 19.3 <sup>a,b</sup>	3 ± 0.0 <sup>b</sup>	FK $\chi^2=74.8$ , $p<0.001$
<b>Dolphin conservation</b>					
Perceives decrease in number of dolphins over time	89.5	87.5 <sup>a</sup>	100.0 <sup>a,b</sup>	78.7 <sup>b</sup>	$\chi^2=13.0$ , $p=0.002$
Perceived major threats to dolphins		a	a	a	$\chi^2=64.7$ , $p<0.001$
Habitat overlapped with fishermen	10.7	0.0	28.3	0.0	
Low depth and width of river	32.1	12.5	36.7	51.2	
High human disturbances	53.5	85.7	26.7	48.8	
Decrease in prey density	3.7	1.8	8.3	0.0	
Ways to conserve dolphins		a,b	a	b	$\chi^2=64.3$ , $p=0.001$
Awareness among the fishermen/river dependent communities	53.4	89.3	30.0	40.4	
Enterprise training facilities for river dependents	23.3	1.8	38.3	29.8	

<b>Perceptions about dolphins and their conservation</b>	<b>Total</b>	<b>Karnali river</b>	<b>Narayani river</b>	<b>Sapta Koshi river</b>	<b>Statistic, p-value</b>
Monitoring of fishing activities through watch group	8.6	3.6	13.3	8.5	
Punishing people engaged in illegal activities according to law	5.5	0.0	5.0	12.8	
Careful fishing by avoiding killing dolphins	4.9	5.4	1.7	8.5	
Other	4.3	0.0	11.7	0.0	

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**Table 6** (on next page)

Appendix 1. An overview of fishing gear use in Narayani, Sapta Koshi, and Karnali rivers.

1 **Appendix 1. An overview of fishing gear use in Narayani, Sapta Koshi, and Karnali rivers.**

<b>Gear Type</b>	<b>Gear Name</b>	<b>General Description</b>	<b>Mesh-Size</b>	<b>Scope of Use</b>
Gillnet	Maha Jaal	A long simple net with small weights distributed around its bottom edge.	Mesh size ranges from 0.5 to 1 mm	Mainly in ponds or narrow river channel
	Bagaune Jaal	A net that is dragged or hauled across a river or along the bottom of a lake or sea. The fishing depth of this net can be adjusted by adding weights to the bottom.	Varies in size based on target species.	Narrow channel river
	Tiyari Jaal	A net that is used by two people in small wooden boat where one hand is hitting the water with paddle and other is catching fish.	Varies in size based on target species.	Narrow river channel with slow water current
	Maha Jaal	A long simple net with small weights distributed around its bottom edge which is hold by two persons on two ends.	Mesh size ranges from 0.5 mm to 1 mm	Mainly in ponds or narrow river channel by two persons or more
	Paat or current Jaal	Drift netting (locally called <i>Current or Paat jaal</i> ), is a fishing technique where drift nets hang vertically in the water column and drift with the current	Varies in size based on target species.	Main river channel

Gear Type	Gear Name	General Description	Mesh-Size	Scope of Use
		without being anchored to the bottom. The nets are kept vertical in the water by floats attached to a rope along the top of the net and weights attached to another rope along the bottom of the net.		
<b>Cast Net</b>	Phekuwa jaal or Haate jaal	A cast net (locally known as <i>Phekuwa jaal</i> ), also called a throw net. It is a circular net with small weights distributed around its edge.	Ranges from 1.2 to 3.6 m (4- 12 ft)	Ponds, lake, or river
<b>Other</b>	Ghumauwa or Khaap Jaal	A kind of lift net that has an opening that faces upwards and submerged to a desired depth, and then lifted or hauled from the water manually or mechanically.	Ghumauwa or Khaap Jaal	Stream or river
	Dadhiya	Locally knitted bamboo stick is placed in flowing water path as the obstruction for the fishes.	Dadhiya	Stream or river
	Pakhure Jall	A hand net, also called a scoop net or dip net,	Mesh size varies from 1 to 2 mm; it can be larger	Shallow water

Gear Type	Gear Name	General Description	Mesh-Size	Scope of Use
		(locally <i>pakhure jaal</i> ) is a net or mesh basket held open by a hoop. A hand net with a long handle is often called a <i>dip net</i> . The basket is made of wire or nylon mesh. The hand net is sometimes used to help land a fish it is called a <i>landing net</i> .	depending on the target species.	

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