

The role of coral colony health state in the recovery of lesions

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The coral disease literature has focused, for the most part, on the etiology of the more than 35 coral afflictions currently described. Much less understood are the factors that underpin the capacity of corals to regenerate lesions, including the role of colony health. This lack of knowledge with respect to the factors that influence tissue regeneration significantly limits our understanding of the impact of diseases at the colony, population, and community level. In this study, we experimentally compared tissue regeneration capacity of diseased versus healthy fragments of *Gorgonia ventalina* colonies at 5m and 12m of depth. We found that the initial health state of colonies (*i.e.*, diseased or healthy) had a significant effect on tissue regeneration (healing). All healthy fragments exhibited full recovery regardless of depth treatment, while diseased fragments did not. Our results suggest that being diseased or healthy has a significant effect on the capacity of a sea fan colony to repair tissue, but that environmental factors associated with changes in depth, such as temperature and light do not. We conclude that disease not just compromise vital functions such as growth and reproduction, in corals but also compromise their capacity to regenerate tissue and heal lesions.

1 **The Role of Coral Colony Health State in the Recovery of Lesions**

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21 **ABSTRACT**

22 The coral disease literature has focused, for the most part, on the etiology of the more than 35
23 coral afflictions currently described. Much less understood are the factors that underpin the
24 capacity of corals to regenerate lesions, including the role of colony health. This lack of
25 knowledge with respect to the factors that influence tissue regeneration significantly limits our
26 understanding of the impact of diseases at the colony, population, and community level. In this
27 study, we experimentally compared tissue regeneration capacity of diseased versus healthy
28 fragments of *Gorgonia ventalina* colonies at 5m and 12m of depth. We found that the initial
29 health state of colonies (*i.e.*, diseased or healthy) had a significant effect on tissue regeneration
30 (healing). All healthy fragments exhibited full recovery regardless of depth treatment, while
31 diseased fragments did not. Our results suggest that being diseased or healthy has a significant
32 effect on the capacity of a sea fan colony to repair tissue, but that environmental factors

33 associated with changes in depth, such as temperature and light do not. We conclude that disease
34 not just compromise vital functions such as growth and reproduction, in corals but also
35 compromise their capacity to regenerate tissue and heal lesions.

36 INTRODUCTION

37 Most of the present-day coral reef habitats no longer exhibit the complex community structure
38 that was commonly observed several decades ago. This is particularly evident in the Caribbean
39 where the most important reef species such as the coral-building Caribbean *Acropora palmata*, *A.*
40 *cervicornis* and the *Orbicella* complex (formerly *Montastraea*), and the predatory reef fish and
41 herbivores such as the black sea urchins and sea fan corals, have dramatically decreased in
42 abundance (*Kim & Harvell, 2002*). These losses have not just changed the seascape of the reefs,
43 but have also caused important ecological alterations to coral survival, growth and reproductive
44 schedules at local and regional scales (*Sutherland et al., 2004; Hoegh-Guldberg et al., 2007; Weil*
45 *et al., 2009; Burns and Takabayashi, 2011; Ruiz-Diaz et al., 2013*).

46 Of the myriad of stressors affecting the viability of corals, disease is currently ranked at the top of
47 the list. Coral diseases are typically diagnosed based on changes in the normal coloration of
48 corals and by the appearance of lesions (partial tissue mortality). Under severe circumstances,
49 such as when a pathogen is highly virulent or the coral host is immune-suppressed, disease-
50 induced lesions can increase in size quickly killing the colony. However, given a strong immune
51 response, diseased-induced wounds can be contained and either persist for a prolong period (if
52 the colony is able to contain the disease but not regenerate new tissue) or temporary (if the colony
53 is able to regenerate tissue over the whole lesion) (*Ruiz-Diaz et al., 2013*).

54 Several studies have identified wound characteristic as a major factor affecting the rate at which a
55 colony can regenerate new tissue and eliminate a lesion. For instance, several studies agree that
56 regeneration rate decreases with an increase in lesion size (*Bak & Steward-Van, 1980; Oren et*
57 *al., 1992; Kramrsky-Winter & Loya, 2000*). Other studies suggest that the area/perimeter ratio of
58 a lesion largely governs the rate of wound healing process (*Lirman, 2000*). Whereas other,
59 suggest that wound position within the colony *i.e.*, lesions at the edge of the colony vs. lesion at
60 the center of the colony, determine the wound healing process (*Meester et al., 1992*).

61 Many researchers have also linked the ongoing environmental degradation experienced by most
62 coral reefs with the advent of coral diseases, which currently is one of the main sources of lesions
63 on corals. For instance, in a study by *Toledo-Hernández et al.* (2007), the capacity of corals to
64 recover from diseases (*i.e.*, lesion recovery) was correlated with turbidity and/or sedimentation.
65 Corals in areas with high turbidity and sedimentation had higher frequencies of disease-induced
66 lesions and larger lesions compared to corals in less degraded habitats. Higher water temperature
67 has been linked to the progression of lesions caused by black band disease, which affects several
68 coral species in the Caribbean and the Great Barrier Reef (*Kuta & Richardson 2002; Haapkylä et*
69 *al., 2011*). Similarly, nutrient enrichment increased the severity of aspergillosis of *Gorgonia*
70 *ventalina* and yellow band disease on *Orbicella annularis* and *O. franksi* (*Bruno et al., 2003*).
71 *Muller & Woesi (2009)* showed that white-plague lesion significantly decreased on *Corpophyllia*
72 *natans* shaded from solar radiation when compared to *C. natans* without shading. Although
73 results from these studies have been useful in advancing our understanding of the healing process
74 on corals, we still lack comprehensive knowledge of how other factors such as the health state of
75 a colony bearing lesion, affect the healing process. However, progress has been made. For
76 instance, *Fine et al., (2002)* working with bleached scleractinian corals and *Ruiz-Diaz et al (in*
77 *press)*, working with diseased gorgonians, have shown that diseased corals regenerate man-made
78 lesions slower than man-made lesion inflicted on healthy looking corals.

79 Initiatives to mitigate the effects of coral disease lack information about factors affecting the
80 recovery of corals from disease-induced lesions. While we do have some understanding about the
81 factors that make a coral vulnerable to disease *i.e.*, abnormally high temperature and
82 sedimentation among others, we lack understanding regarding how the health condition of the
83 coral affects its recovery. The objective of this study is to experimentally test if the health state
84 and variability in environmental factors correlated with depth, significantly influence lesion
85 regeneration on the sea fan *G. ventalina*. To do this, we established eight nursery lines at two
86 depths within the same reef (four nursery lines per depth, 5m and 12m). Each nursery line
87 consisted of four fragments from two healthy and two diseased *G. ventalina* colonies. We scraped
88 tissue to some of the healthy fragments and scraped the diseased area of the diseased fragments
89 and followed their recovery through time. Concomitantly, we measured the temperature and light
90 intensity at both depths (5m and 12m) to document differences in these factors between depths.
91 We hypothesized that fragments from healthy colonies would regenerate new tissue at a faster
92 rate than those from diseased colonies because, at the start of the experiment, diseased colonies

93 are expected to have an activated immune response and thus fewer resources to allocate to tissue
94 regeneration than healthy ones. We also reasoned that, independent of health state, tissue
95 recovery rate at 12m would be slower than at 5m due to reduced light availability.

96 **METHODS**

97 *Study site*

98 The experiment was conducted in Cayo Largo reef (CL) from April to August 2013. CL is located
99 6.5km off the northeastern coast of Puerto Rico (N 18° 19.09' 42'' W 65° 35.01' 75''). CL is a
100 patch reef with a coral assemblage dominated by large colonies of *Gorgonia ventalina*,
101 *Pseudopterogorgia acerosa* and small colonies of the *Orbicella annularis*, *Acropora palmata* and
102 *Porites astreoides* (for further description of the study area see *Hernández-Delgado, 2006*). The
103 tissue samples were collected under permit 2012-IC-086 issued to Claudia P. Ruiz Diaz,
104 University of Puerto Rico (UPR) Rio Piedras campus, given by the Puerto Rico Department of
105 Natural Resources, Commonwealth of Puerto Rico.

106 *Experimental design*

107 *Nursery lines*

108 A total of eight nursery lines each of 2.7m in length and 1m above the bottom, were established at
109 two depths, 5m and 12m (hereafter shallow and deep zones, respectively) at CL (Fig. 1). Four of
110 these nursery lines were established at the shallow zone and the remaining four at the deep zone.
111 To setup the nursery lines, we collected tissue fragments from 16 sea fan colonies (fragment
112 donor colonies) inhabiting an area of about 800m² and at depths between 1-1.5m. Given that sea
113 fans do not exhibit asexual reproduction, selected colonies are assumed to be genetically distinct
114 from each other. Eight of the fragment donor colonies were diagnosed as healthy *i.e.*, fans
115 showing no visual sign of disease or tissue purpling; whereas the remaining eight donor colonies
116 were diagnose as diseased *i.e.*, fans showing an area colonized by fouling organisms, mainly
117 algae, with a purple tissue ring surrounding the over grown (Fig. 2). Once collected, each health
118 fragment was split in two identical halves of approximately 165.5cm², one of which was placed
119 on a shallow nursery line and the other on a deep nursery line. Diseased fragments were split so
120 that the lesion represented approximately 16%of the total surface area of each fragment. Once

121 split, one half-fragment from the same donor colony was placed at a shallow nursery lines and the
122 other half at a deep nursery line. Once fully assembled, each nursery line consisted of four colony
123 fragments (two healthy and two diseased) separated by 30cm each (Fig.1). Notice that, no two
124 fragments from the same colony were placed in the same nursery line nor at the same depth.

125 *Tissue scraping*

126 Tissue scraping was performed to measure the capacity of fragments to regenerate tissue under
127 contrasting health states and environmental conditions. We scraped tissue from one of the healthy
128 and diseased fragments per nursery line, per depth (hereafter HFS and DFS, respectively) (Fig.
129 1). In the case of HFS fragments, the equivalent of ten percent of the total surface area was
130 scraped from the center of the fragment. For DFS fragments, the total injured area (the area
131 overgrown by fouling organisms plus the purpled tissue) was scraped. Scraping was performed
132 using a metal bristle brush and resulted in the exposure of the axial skeleton in both cases. The
133 remaining healthy and diseased fragments, (hereafter HF and DF respectively), were not
134 subjected to any tissue scraping (Fig. 1). HF fragments were used as sentinels. Tissue mortality in
135 these fragments would signal either an adverse effect of fragmentation or too harsh
136 environmental conditions both of which would invalidate the experiment. HFS and DFS
137 fragments were included to address the main objective of the study, which is to test the effect of
138 health state on tissue generation. DF are disease fragments with filamentous algae or other
139 fouling growing in the expose skeleton. They were added to the experiment to measure the
140 “natural” regeneration rate of tissue growing over skeleton covered by fouling organisms or/and
141 pathogen(s).

142 *Tissue regeneration estimates*

143 To document the progression of the wound-healing process, close-up pictures of each fragment
144 were taken every two weeks between April and August 2013 or until lesions healed completely.
145 Lesions were deemed healed (fully recovered), if the bare skeleton was completely covered by
146 healthy tissue. The percent area of the lesion that did recovered at the end of the experiment was
147 estimated by subtracting the area without soft tissue measured at the end of the experiment to the
148 area (bared axial skeleton) measured at the beginning of the experiment, just after scraping the
149 lesion. Image analysis software (Sigma Scan Pro Image Analysis version 5.0 Software) was used

150 to measure all individual and clone fragments pictures. These measurements were validated using
151 *in situ* measurements.

152 *Environmental variables*

153 To quantitatively determine if environmental conditions differed at each depth (5m and 12m), we
154 measured the water temperature and light intensity. Temperature and light were measured using
155 one Hobo Pendant temperature/light data logger 64k-UA-002-64 (Onset Company) at each depth.
156 Data loggers were secured in place using metal rods and a zip tie. Temperature measurements
157 were recorded every 15 minutes for 14 days from April 26 to May 3, May 16 to June 7, June 28
158 to July 12, and August 9 to August 23, 2013. Light intensity data was obtained only during the
159 first 10 days after the loggers were placed as seaweeds typically colonize the logger and affect the
160 readings (personal observations).

161 *Statistical analysis*

162 Lesion recovery was expressed as the rate at which tissue regenerated (in cm^2) through time. This
163 can be represented as the slope of a linear regression with time (in days) in the x-axis and lesion
164 area in the y-axis (log transformed) (Meester *et al.*, 1992). To determine whether depth (5m and
165 12m) and fragment treatments (DF DFS, and HFS) had an effect on the tissue regeneration
166 through time, the slope of each fragment was analyzed using a repeated measure ANOVA, as
167 fragments from the same colony (placed at the shallow and deep nursery lines) are not
168 independent from each other. Statistical analyses were performed using R version 3.1 (R Core
169 Team, 2014).

170 **RESULTS**

171 *Environmental variables and recovery*

172 Light intensity and temperature showed statistical differences between depths (see Table 1).
173 Average temperature at 5m was $28.555 \pm 0.012^\circ\text{C}$ (mean \pm SE), while at 12m it was $28.334 \pm$
174 0.006°C . Average light intensity at 5m was $11203.55 \pm 459.410\text{Lux}$; while at 12m it was
175 $3429.36 \pm 129.11\text{Lux}$.

176 *Tissue Recovery*

177 All the healthy sentinel fragments (HF) survived the experiment without any necrosis; in fact,
178 they increasing in size at both depths. The results from the repeated measure ANOVA analysis
179 performed showed that tissue recovery was only affected by fragment's health state ($F_{2,15}=5.477$,
180 $p=0.0317$). Depth ($F_{1,15}=3.587$, $p=0.095$) and the interaction between depth and health state
181 showed no significant differences ($F_{5,15}=3.915$, $p=0.065$; Fig. 3B). The results of the Tukey HSD
182 analysis showed significant differences between DFS and HFS (diff=0.020, $p=0.001$) and DFS
183 and DF (diff=0.015, $p=0.016$).

184 **DISCUSSION**

185 Coral colonies are very vulnerable to tissue loss due to predation, pathogens, and abrasion,
186 among others. Failure to regenerate lost tissue could impair their survivorship by allowing
187 potentially harmful organisms to settle in the exposed skeleton, further infecting healthy areas of
188 the corals. Repair failure could also affect other vital function of corals such the heterotrophic
189 feeding and ultimately growth, in addition to reproduction, as loss of polyps will negatively affect
190 such activities. Thus, tissue regeneration should be of utmost importance in order for coral
191 colonies to reduce the risk of diseases, improving their survivorship, competitive capacity and
192 ultimately reproduction and somatic growth.

193 Numerous researchers have studied the link between environmental factors, and the frequency
194 and severity of coral diseases. In fact, some of these studies have argued that as climate change
195 continues to exacerbate, so will be the physiological stress associated with it, and consequently,
196 the frequency and severity of coral disease will also increase (*Kuta & Richardson, 2002*;
197 *Haapkylä et al., 2011*; *Croquer et al., 2006*; *William et al., 2014*). In comparison, studies
198 addressing how the health state of corals affects the coral's capacity to repair are by far less
199 common (however see *Mascarelli & Bunkley-Williams, (1999)*; *Fine et al., 2002*; *Ruiz-Diaz et*
200 *al., in Press*). This study is an attempt to address this knowledge gap by documenting the
201 relationship between the recovery dynamics of healthy and diseased coral colonies and
202 environmental factors such as temperature, light intensity while controlling for genetic variability.

203 ***Effect of the state of coral health on lesion recovery***

204 This study shows that the health state of colonies (*i.e.*, being diseased or healthy) has a significant
205 effect on the tissue repair capacity of sea fans. All healthy fragments, regardless of the depth
206 where they were placed (thus regardless of temperature and light regimes), exhibited full
207 recovery whereas diseased fragments did not. Furthermore, scraped healthy fragments healed
208 faster than scraped diseased fragments (*i.e.*, on average 78 days vs. 97 days, respectively). It is
209 possible that genetic differences among colonies, that may have lead to different levels of susceptibility to
210 disease in the first place, might have lead to the observed differences in healing rate. However, another
211 result is that unscraped diseased fragments (DF) healed at a significantly slower rate than scraped
212 ones (DFS) supports that tissue with lesion cannot heal as fast as tissue without a lesion even if they
213 come from the same colony. In other words, growing tissue over a skeleton covered with fouling
214 organisms is a slower process because it is more costly, as the coral is competing for space and
215 also allocating resources into tissue regeneration. By contrast, scraped fragments can allocate
216 resources into tissue regeneration.

217 The results of the experiment agree with our initial hypothesis, which stated that the health state
218 does affect the capacity of fragments to recover. In fact our results show that being diseased
219 negatively affect the capacity of fragments to recover. These results also concur with several
220 authors that have argued that the diseased condition negatively affect the tissue regeneration
221 capacity of corals. For instance, *Mascarelli & Bunkley-Williams, (1999)* compared the rates of
222 tissue regeneration of *Orbicela annularis* corals under contrasting health conditions (healthy and
223 artificially bleached fragments) and reported that healthy ramets did not just heal completely but
224 they also recovered faster than diseased ones. By contrast, two of the bleached ramets died, and
225 the remaining fragments did not exhibit full recovery. Likewise, *Ruiz-Diaz et al., (in Press)*
226 scraped naturally occurring lesions from sea fan colonies and as control, scraped the equivalent of
227 10% of the surface area of healthy sea fan colonies and found that tissue recovery was
228 significantly slower in diseased fans when compared to healthy fans. A plausible explanation for
229 these differences is that diseased colonies have fewer resources to invest into tissue repair as their
230 resources were already compromised by the immune response prior to scraping (*Nagelkerken et*
231 *al., 1997*). Further evidence in support of this explanation of resource limitation would have been
232 obtained by contrasting regeneration rates of healthy fragments from diseased colonies with that
233 of diseased and healthy fragments from healthy colonies; we, however, did not included healthy
234 fragments from diseased colonies in our experimental design. Corals, like all living organisms,
235 have finite resources to allocate into several vital functions such as growth, reproduction, immune

236 defense or lesion regeneration. Given these resource constraints, the allocation of resources into
237 certain vital functions, such as immune defense, means that fewer resources could be available
238 for lesion regeneration (*Oren et al., 2001*). Several studies conducted on a variety of corals
239 support this hypothesis. For instance, *Petes et al., (2003)* working on sea fan coral *G. ventalina*
240 reported reproductive suppression in diseased colonies, presumably due to a shift in resource
241 allocation from reproduction to immunity. Similarly, *Palmer et al., (2010)* suggest that *Porites* sp.
242 invests considerably more resources into immune constituents such as melanin biosynthesis than
243 *A. millepora*. This investment of resources into immunity provides *Porites* with a higher disease
244 and bleaching resistance. By contrast, *A. millepora* invests more resources into growth compared
245 to *Porites*, although at a cost in reduced immunity, as acroporids are among the corals most
246 susceptible to bleaching and disease.

247 ***Effect of depth on lesion recovery***

248 One of the main concerns of the scientific community is that changes in environmental conditions
249 could induce physiological stress on corals (*Alker et al., 2004*). These stresses could impair vital
250 life history traits such as grow, reproduction or even the capacity of corals to recover after a
251 disturbance. In our study, however, environmental factors associated with changes in depth,
252 showed no evident effects on the capacity of sea fan fragments to regenerate tissue, even though,
253 the parameters measured were statistically different between depths. Our failure to detect depth
254 effects could have several explanations, not necessarily mutually exclusive. For instance, it could
255 be possible that the difference in environmental factors recorded between 5m and 12m were not
256 sufficient to induce physiological stresses on the fragments, thereby not precluding their capacity
257 to regenerate tissue. Alternatively, it could be that, there was a depth effect, but was manifested
258 on other life history trait such as reproduction or somatic growth, in which case, we were not able
259 to detect it. It is also plausible to argue that sea fans are rather tolerant to changes in
260 environmental conditions. Indeed, *Ruiz-Diaz et al., (in Press)* found no differences in tissue
261 recovery of in *G. ventalina* inhabiting reefs with contrasting water quality.

262 ***Conclusions***

263 Diseases of corals not just compromise vital functions such as growth and reproduction, but also
264 compromise their recovery capacity. Arguably, resources invested against pathogens could also
265 be the same driving the tissue repair as stated by limited budget theory proposed by *Oren et al.,*

266 2001. In that regard, these vital functions may be competing for resources. This raises questions
267 regarding the sharing of resources and resource depletion. For instance, in the eventuality of two
268 simultaneous but different immunological insults, how corals should prioritize its resources to
269 respond to both events? How intense should be a disturbance in order to induce immune
270 responses that affect several life history traits? It that regard, it could be possible that the
271 environmental conditions in this study may have indeed caused stress on the sea fan fragments,
272 but these stresses were manifested in other vital functions such as reproduction or rate growth,
273 which they were not studied in this work. Our study also shows that sea fans are very robust
274 corals that can tolerate variable environmental conditions. In this regard, this may explain why
275 this species thrives relatively well in many coral reefs across Puerto Rico regardless of
276 environmental degradation.

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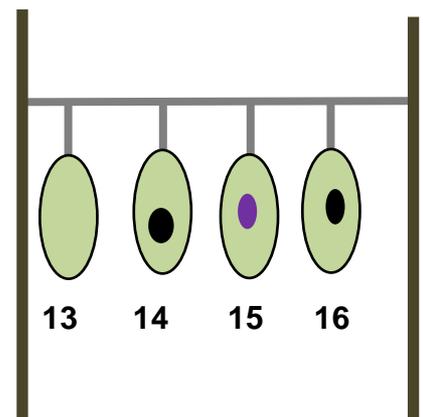
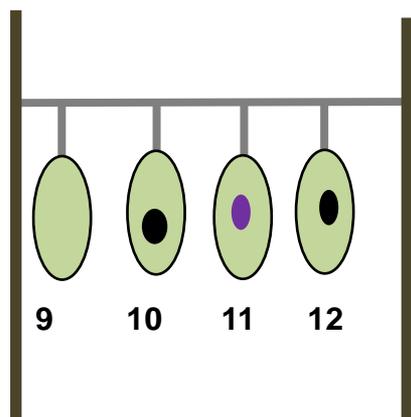
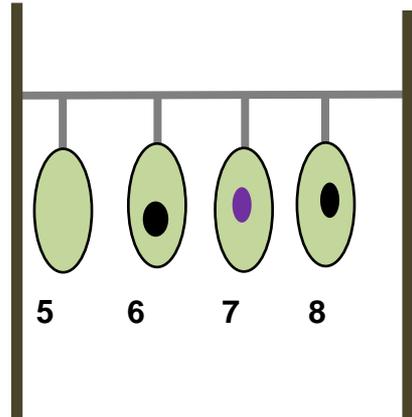
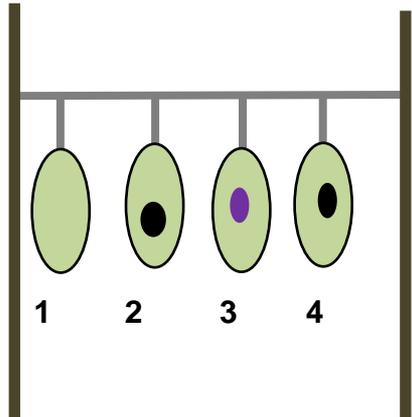
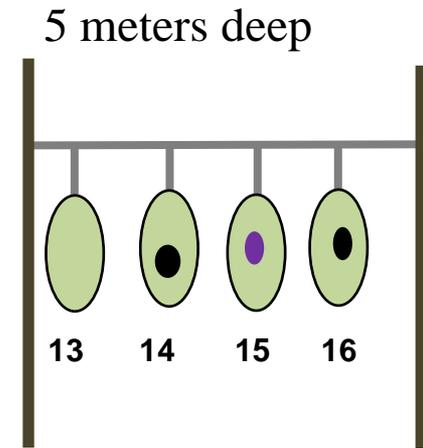
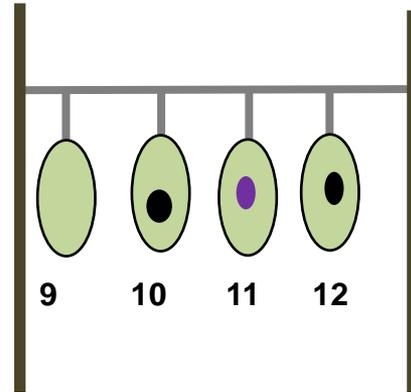
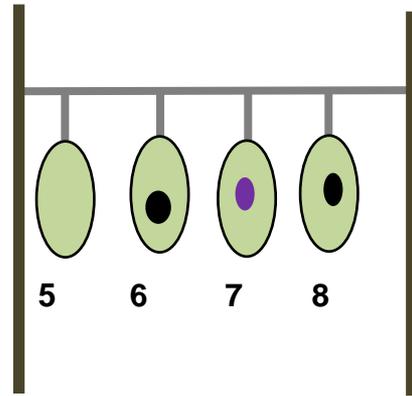
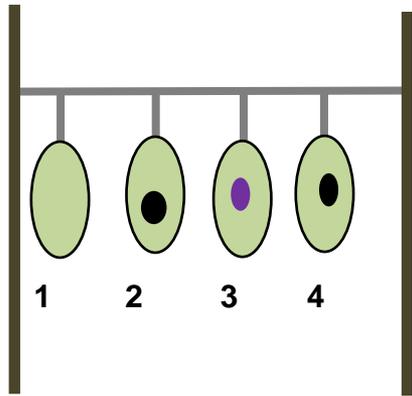
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Figure 1 (on next page)

Nursery line of the *Gorgonia ventalina* fragments with treatment enumerated.



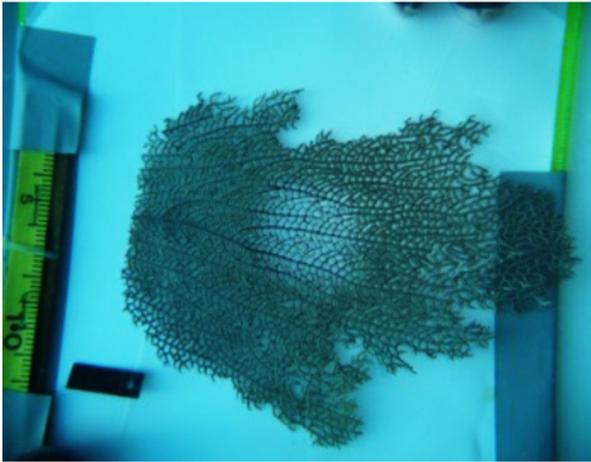
12 meters deep

2

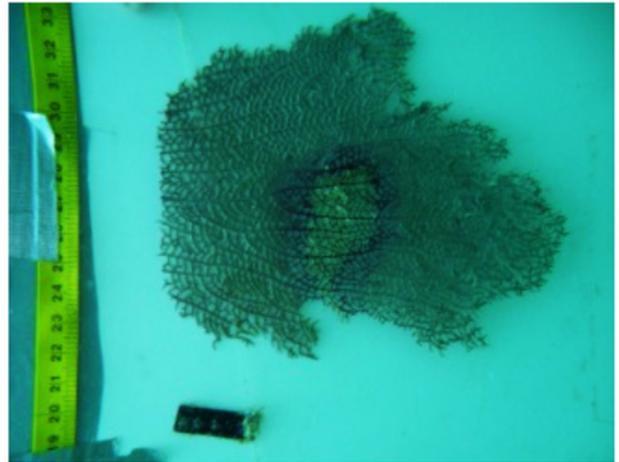
Example of wound-healing process.

Figure 2. Close-up pictures of scraped healthy individuals showing the healing process over the course of the experiment.

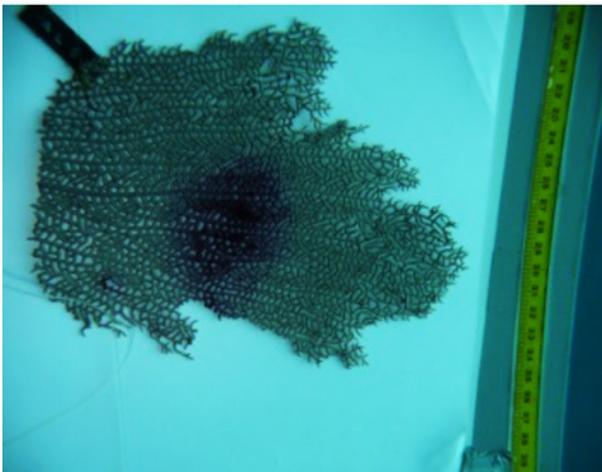
April 26, 2013



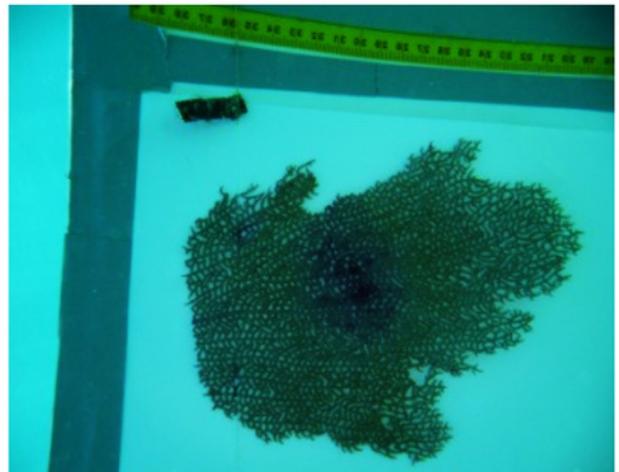
May 16, 2013



June 28, 2013



July 12, 2013



August 9, 2013



August 30, 2013

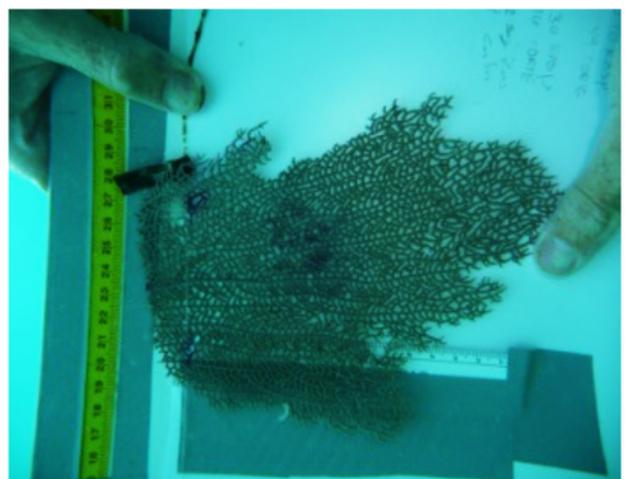


Figure 3 (on next page)

Boxplot showing the slopes (rate at which tissue regenerated) through time) between health state treatments (healthy and diseased) and fragments.

Figure 3. In the boxplot median is represented by the bold line, the extremes of the box are the 1st and 3rd quartile and the whiskers are the maximum and minimum. DF: diseased fragments, DFS: diseased fragments scrapped, HFS: healthy fragments.

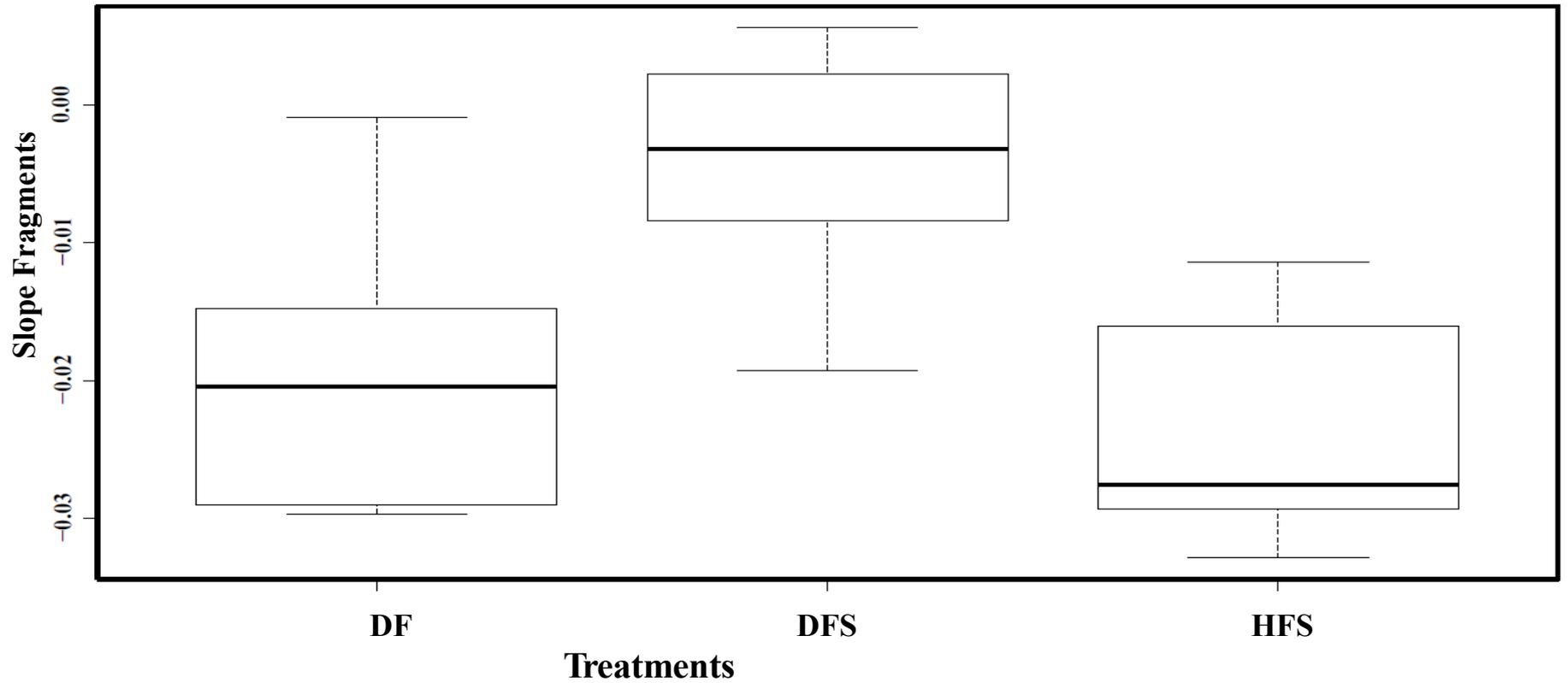


Table 1 (on next page)

t-test statistics for light intensity and temperature for different time periods for both the shallow and deep sites.

The experimental period lasted between April 26 to August 23 2014.

	April 26–May3	May 16 – June 7	June 28 – July 12	August 9 –August 23
Light Intensity	$t = 15.13$	$t = 15.52$	$t = 17.58$	$t = 17.53$
	$df = 363.40$	$df = 992.63$	$df = 902.61$	$df = 897.81$
	$p < 0.001$	$p < 0.001$	$p < 0.01$	$p < 0.001$
Temperature	$t = 10.42$	$t = 17.50$	$t = 12.87$	$t = 26.72$
	$df = 838.22$	$df = 3541.62$	$df = 2274.34$	$df = 3051.96$
	$p < 0.001$	$p < 0.001$	$p < 0.01$	$p < 0.001$

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