

Creating Chinese suicide dictionary for identifying suicide risk on social media

Meizhen Lv, Ang Li, Tianli Liu, Tingshao Zhu

Introduction. Suicide has become a serious worldwide epidemic. Early detection of individual suicide risk in population is important for reducing suicide rates. Traditional methods are ineffective in identifying suicide risk in time, suggesting a need for novel techniques. This paper proposes to detect suicide risk on social media using a Chinese suicide dictionary. **Methods.** To build the Chinese suicide dictionary, eight researchers were recruited to select initial words from 4,653 posts published on Sina Weibo (the largest social media service provider in China) and two Chinese sentiment dictionaries (HowNet and NTUSD). Then, another three researchers were recruited to filter out irrelevant words. Finally, remaining words were further expanded using a corpus-based method. After building the Chinese suicide dictionary, we tested its performance in identifying suicide risk on Weibo. First, we made a comparison of the performance in both detecting suicidal expression in Weibo posts and evaluating individual levels of suicide risk between the dictionary-based identifications and the expert ratings. Second, to differentiate between individuals with high and non-high scores on self-rating measure of suicide risk (Suicidal Possibility Scale, SPS), we built Support Vector Machines (SVM) models on the Chinese suicide dictionary and the Simplified Chinese Linguistic Inquiry and Word Count (SCLIWIC) program, respectively. After that, we made a comparison of the classification performance between two types of SVM models. **Results and Discussion.** Dictionary-based identifications were significantly correlated with expert ratings in terms of both detecting suicidal expression ($r=0.507$) and evaluating individual suicide risk ($r=0.455$). For the differentiation between individuals with high and non-high scores on SPS, the Chinese suicide dictionary ($t1: F_1=0.48$; $t2: F_1=0.56$) produced a more accurate identification than SCLIWIC ($t1: F_1=0.41$; $t2: F_1=0.48$) on different observation windows. **Conclusions.** This paper confirms that, using social media, it is possible to implement real-time monitoring individual suicide risk in population. Results of this study may be useful to improve Chinese suicide prevention programs and may be insightful for other countries.

1 **Creating Chinese Suicide Dictionary for Identifying Suicide Risk on Social Media**

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17 18 **ABSTRACT**

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20 risk in population is important for reducing suicide rates. Traditional methods are ineffective in
21 identifying suicide risk in time, suggesting a need for novel techniques. This paper proposes to detect
22 suicide risk on social media using a Chinese suicide dictionary.

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24 from 4,653 posts published on Sina Weibo (the largest social media service provider in China) and two
25 Chinese sentiment dictionaries (HowNet and NTUSD). Then, another three researchers were recruited to
26 filter out irrelevant words. Finally, remaining words were further expanded using a corpus-based method.
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30 expert ratings. Second, to differentiate between individuals with high and non-high scores on self-rating
31 measure of suicide risk (Suicidal Possibility Scale, SPS), we built Support Vector Machines (SVM)
32 models on the Chinese suicide dictionary and the Simplified Chinese Linguistic Inquiry and Word Count

33 (SCLIWC) program, respectively. After that, we made a comparison of the classification performance
34 between two types of SVM models.

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36 in terms of both detecting suicidal expression ($r=0.507$) and evaluating individual suicide risk ($r=0.455$).
37 For the differentiation between individuals with high and non-high scores on SPS, the Chinese suicide
38 dictionary (t1: $F_1=0.48$; t2: $F_1=0.56$) produced a more accurate identification than SCLIWC (t1: $F_1=0.41$;
39 t2: $F_1=0.48$) on different observation windows.

40 **Conclusions.** This paper confirms that, using social media, it is possible to implement real-time
41 monitoring individual suicide risk in population. Results of this study may be useful to improve Chinese
42 suicide prevention programs and may be insightful for other countries.

43 INTRODUCTION

44 Currently, suicide has been recognized as one of the most serious public health issue worldwide.

45 According to World Health Organization, from 2000 to 2012, over 800,000 people in the world and 7.8
46 per 100,000 people in China died by suicide each year. Especially for people aged between 15 and 29
47 years, suicide is one of the leading causes of death (World Health Organization, 2014).

48 Early detection of suicide risk provides the basis for early intervention programs, which can be effective
49 in preventing suicide deaths. However, in real life, suicidal people are not motivated to disclose their
50 thoughts or plans before an attempt (World Health Organization, 2014), which requires to identify
51 individuals at risk of suicide efficiently among populations. More importantly, individual suicide risk is
52 associated with several risk factors (e.g. marital status and severity of depression), which do change over
53 time (Brown et al., 2000; Roškar et al., 2011). Therefore, it is very important to identify suicide risk not
54 only effectively but also timely.

55 Traditional methods (e.g. self-report ratings, structured interview, and clinical judgment) cannot identify
56 individual suicide risk in real-time, which may lead to delayed reporting (McCarthy, 2010). For instance,
57 for Web-based Injury Statistics Query and Reporting System (WISQARS) of Centers of Disease Control
58 and Prevention in the United States (<http://www.cdc.gov/injury/wisqars/index.html>), the suicide data
59 report delays almost 3 years.

60 The emergence of social media may shed light on this direction. Firstly, social media has a large user
61 population. In China, the most popular Chinese microblogging service provider, Sina Weibo (weibo.com),
62 has over 500 million registered users, producing more than 100 million microblogs per day. Particularly,
63 there is a huge overlap between social media users and those with higher suicide risk. In China, 68% of
64 Weibo users aged between 10 and 30 years (China Internet Network Information Center, 2014), which
65 covers people with higher suicide risk (15-29 years) (World Health Organization, 2014). It suggests that
66 social media may help us target subset of the right people. Secondly, social media data is publicly
67 available. All posts can be collected and processed in real time. Thirdly, social media data is informative.
68 Social media users are motivated to discuss their health conditions online (Park et al., 2012; Prieto et al.,
69 2014) and some individuals even have used social media to disclose their suicide thoughts and plans
70 (Murano, 2014). In view of these advantages, it inspires us to identify individual suicide risk through
71 social media analysis.

72 The words that people use provide important psychological cues to their mental health status (Rude et al.,
73 2004; Jarrold et al., 2011). Many studies have found meaningful relationships between suicide risk and
74 linguistic patterns in social media posts (McCarthy, 2010; Sueki, 2015), which suggests that linguistic
75 features acquired from social media data can be used as indicators for identifying suicide risk. It means

76 that an efficient detection of suicidal expression in social media posts is crucial to the identification of
77 individuals with suicide risk among populations. Recently, some studies have built computational models
78 for predicting suicide risk based on patterns of word use in social media posts (Paul et al., 2014; O’Dea et
79 al., 2015), which performed fairly well. However, since those words were selected based on expert
80 knowledge, without a systematic framework, they are somehow limited and difficult to be expanded for
81 improving the performance of computational models. Dictionary-based methods can be used to address
82 this issue. Pesian et al. (2012) run a sentiment analysis on suicide notes using the Linguistic Inquiry and
83 Word Count (LIWC) program (Pennebaker et al., 2007). Li et al. (2014) used the Chinese Linguistic
84 Inquiry and Word Count (CLIWC) program to conduct a case study on a suicidal user and analyzed all his
85 blogs within one year before his suicide death. Huang et al. (2014) examined 53 suicidal users and
86 explored linguistic features in their social media posts using a Chinese sentiment dictionary (HowNet).
87 However, although previous studies confirm the validity of the dictionary-based method, dictionaries used
88 in those studies are general-purpose programs for psycholinguistic analysis, which might be limited in
89 detecting individual suicide risk more accurately. A dictionary is yet to be built for a particular purpose of
90 identifying individual suicide risk on social media.

91 This study aims to build a Chinese suicide dictionary and test its performance in identifying individual
92 suicide risk on social media.

93 **METHOD**

94 Our work consists of two steps: (1) Building the Chinese suicide dictionary and (2) Testing the
95 performance of the Chinese suicide dictionary. Methods and procedures of this study have been approved
96 by the Institutional Review Board of the Institute of Psychology, Chinese Academy of Sciences (the
97 protocol number: H09036 and H15009).

98 **Building the Chinese suicide dictionary:** The Chinese suicide dictionary was built on Weibo using a
99 four-step procedure: (1) Collecting Weibo posts; (2) Selecting initial words; (3) Filtering out irrelevant
100 words; and (4) Expanding remaining words (see **Fig. 1**).

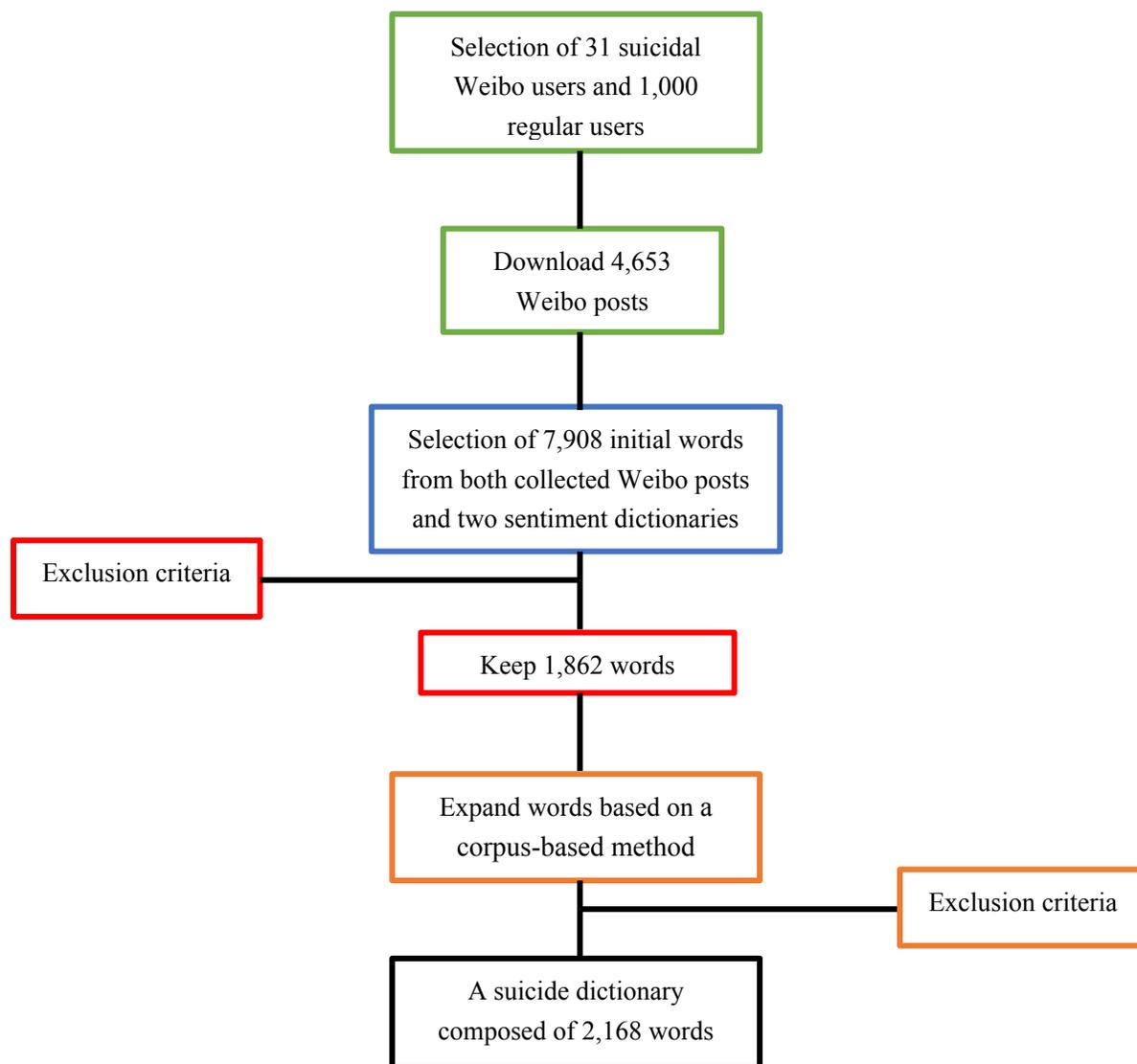
101 *1. Collecting Weibo posts.* To create a suicide dictionary, we need to find those Weibo users at risk of
102 suicide and then examine the suicidal expression in their Weibo posts. To find out those Weibo users at
103 risk of suicide, we contacted with a Weibo user (逝者如斯夫 dead), who is famous for collecting relevant
104 news reports and expressing his condolence on the death of those suicidal Weibo users. He suggested us a
105 list of suicidal Weibo users. We confirmed the list by checking relevant news reports and looking through
106 comments left on those suicidal Weibo accounts. Then, we conducted a further scrutiny of those
107 confirmed users to exclude the following: (a) users who are not Chinese citizens (excluding one user); (b)
108 users who update posts for business purposes (excluding two users); (c) users who updated less than 20

109 posts (excluding one user). Finally, we got a total of 31 suicidal Weibo users (12 males and 19 females)
110 and downloaded their Weibo posts since registration.

111 Because a small number of suicidal users can be limited in exploring suicidal expression, we further
112 randomly selected 1,000 regular users (368 men, 632 women, and 23.65 ± 5.935 years old) for examining
113 their expression. All expanded users were selected from a customized Weibo database composed of 1.06
114 million active Weibo users (Li, Li, Hao, Guan & Zhu, 2014). For each expanded user, we downloaded
115 his/her three latest Weibo posts.

116 Finally, we acquired a total of 4,653 Weibo posts, including 1,653 Weibo posts from 31 suicidal users and
117 3,000 Weibo posts ($1,000 \times 3 = 3,000$) from 1,000 expanded users.

118



119

120 **Figure 1.** Procedures in building the Chinese suicide dictionary

121

122 *2. Selecting initial words.* Eight researchers, who are postgraduate students specializing in suicide
123 research, were recruited to select Weibo posts with suicide risk using a framework of Rudd's 12 warning
124 signs for suicide risk (Rudd et al., 2006). After a training session, 50 in 4,653 Weibo posts were randomly
125 selected and coded by eight coders independently with a good inter-coder reliability ($\alpha=0.819$). Then,
126 such eight researchers were equally divided into two groups. Each one group coded one half of all Weibo
127 posts and selected Weibo posts with suicide risk. Besides, each one group was also instructed to pick up
128 any word indicating suicide risk from those selected Weibo posts. Both the selection of suicidal Weibo
129 posts and suicidal words were confirmed with an agreement of at least three coders in one group.

130 Moreover, because people at risk of suicide express negative emotions frequently (Li et al., 2012; Pestian
131 et al., 2012; Li, Chau, Yip & Wong, 2014), the same eight researchers were further instructed to select
132 suicidal words from two Chinese sentiment dictionaries, HowNet (www.keenage.com) and NTUSD (Ku
133 et al., 2007), using the same method.

134 Finally, we got a total of 7,908 initial words and then estimated the frequency of each word in the
135 customized Weibo database for further analysis.

136 *3. Filtering out irrelevant words.* After collecting 7,908 initial words, we filtered out irrelevant words and
137 categorized remaining words. To do so, another three researchers, who are also postgraduate students
138 specializing in suicide research, were recruited to tune up the initial words. After a training session, they
139 were instructed to filter out any word as follows: (a) words that change their meanings in different
140 contexts (e.g. individuals suffering from discrimination might express their negative emotions using a
141 word "unfair", which can be recognized as a warning sign for suicide risk; while, the witness might
142 express their sympathy using the same word, which cannot be recognized as a sign anymore); (b) words
143 that are less sensitive to detect suicide risk; (c) words that appear in the customized Weibo database with
144 a low frequency. If two of three coders agree to filter out one word, it would be eliminated. Upon a
145 scrutiny of words, 1,862 words were kept in a preliminary suicide dictionary. Then, the same three
146 researchers were further required to give weights to those remaining words, ranging from 1 (light) to 3
147 (heavy). Words with heavier weights are thought to be more sensitive to detect suicide risk. The weights
148 of words were confirmed with an agreement of at least two coders. Among 1,862 words, 990 words were
149 weighted as 1; 505 were weighted as 2; and 367 were weighted as 3.

150 After that, based on previous studies examining suicidal factors and suicidal themes (Phillips et al., 2002;
151 Brezo et al., 2006; World Health Organization, 2014; Jashinsky et al., 2014), we analyzed 1,862 words

152 inductively, and developed an initial framework for categorizing those words. Then, the same three
 153 experts provided feedback on the framework, and a final framework was constructed (see **Table 1**). Using
 154 the framework, the three experts classified 1,862 words into 13 different categories with an agreement of
 155 at least two coders.

156 *4. Expanding remaining words.* Because of a frequent use of new words and phrases on social media, to
 157 improve the performance of a suicide dictionary in detecting innovative suicidal expression, we need to
 158 expand the suicide dictionary at all time. In this study, we developed a corpus-based method for
 159 expanding words automatically. Specifically, the suicide dictionary can be defined as a set of words (W)

$$160 \quad W = \{(w, c, x)\}_{i=1}^m$$

161 where w refers to each word in the suicide dictionary with its category (c) and weight (x). For each word
 162 (w), we search a corpus (C) for similar words (W_w) based on semantic similarity (F). The search process
 163 can be defined as

$$164 \quad w + C \xrightarrow{F} W_w$$

165 The semantic similarity between different words is estimated by word2vec, an open-source tool for
 166 computing vector representations of words (<http://code.google.com/p/word2vec/>). The performance of
 167 word2vec has been confirmed in previous studies (Mikolov et al., 2013).

168 We randomly selected Weibo posts with a capacity of 200 GB from a customized Weibo database (Li, Li,
 169 Hao, Guan & Zhu, 2014) as the corpus and utilized Chinese Language Technology Platform (LTP) (Che
 170 et al., 2010) for word segmentation. Using the word2vec, we searched the corpus for similar words. In
 171 this study, for each word, we only selected its four most similar words, which share the same category
 172 and weight.

173 Further, the same three researchers were also instructed to filter out irrelevant expanded words using the
 174 same criteria as mentioned in the section of “*Filtering out irrelevant words*”. If two of three coders agree
 175 to filter out one word, it would be eliminated. Therefore, we got a total of 306 expanded words. Both the
 176 category and the weight of expanded words might be tuned up by these three researchers with an
 177 agreement of at least two coders.

178 Finally, the suicide dictionary is composed of 2,168 words (1,862+306=2,168), which fit into 13 different
 179 categories.

180

181

Table 1. Outline of the Chinese suicide dictionary

Category	Number of words	Definition	Representative words
Suicide ideation	586	Words reflecting suicidal thoughts	want to die (想死) escape (逃离)
Suicide behavior	88	Words reflecting self-harm behaviors	seppuku (切腹) hypnotics (安眠药)
Psychache	403	Words reflecting psychological distress	want to cry (想哭) loneliness (孤单)
Mental illness	48	Words reflecting poor mental health status	depression (抑郁) hallucination (幻觉)
Hopeless	188	Words reflecting a feeling of despair	dead end (死胡同) despair (绝望)
Somatic complaints	183	Words reflecting somatic symptoms	headache (头疼) shortness of breath (透不过气)
Self-regulation	36	Words reflecting an attempt to push oneself hardly	repression (压抑) force oneself to smile (强颜欢笑)
Personality	72	Words reflecting negative personality	inferiority complex (自卑) hate oneself (讨厌自己)
Stress	83	Words reflecting pressure in daily life	failure (输) pressure (压力)
Trauma/hurt	182	Words reflecting traumatic or unpleasant experiences	get dumped (失恋) infidelity (出轨)
Talk about others	47	Words reflecting one's relatives and friends	partner (妻子) son (儿子)
Shame/guilt	72	Words reflecting a feeling of shame and guilt	lose status (丢脸) making an apology (赔罪)
Anger/hostility	180	Words reflecting a feeling of angry and hostile against others	damn it (他妈的) curse (诅咒)

182

183 Testing the Chinese suicide dictionary

184 After building the Chinese suicide dictionary, we tested its performance in identifying suicide risk on
185 Weibo.

186 *Participants.* We broadcasted participant invitation on Weibo. 1,196 Weibo users agreed to participate in
187 this study. All participants were instructed to complete an online questionnaire and allow us to download
188 their Weibo posts. From May 22th to July 13th in 2014, we got a total of 1,040 completed questionnaires.
189 Among them, 252 participants were excluded based on the following criteria: (a) users who were less than
190 18 years old; (b) users who published less than 100 Weibo posts; (c) users who provided invalid answers
191 on the online questionnaire; (d) users who had multiple user accounts (different accounts share the same

192 IP address). Finally, a total of 788 participants were recognized as valid participants in this study (298
193 men, 490 women, and 24.23 ± 4.912 years old).

194 *Measurement.*

195 **Expert ratings** were used as one of the two gold standards for evaluating the accuracy of the Chinese
196 suicide dictionary in identifying suicide risk on social media.

197 **Suicidal Possibility Scale (SPS)** was used to measure individual levels of suicide risk (Cull et al., 1988),
198 which can be recognized as another gold standard for evaluating the performance of the Chinese suicide
199 dictionary. SPS is an effective screening tool designed to assess suicide risk in adolescents and adults
200 (Gençöz, 2006; Naud, 2010). SPS consists of 36 self-rating items. Participants rated themselves on each
201 item by a 4-point Likert Scale (1=None or little of the time to 4=All of the time). We computed the
202 Suicide Probability Score for each participant. High scores indicate high suicide risk. The Chinese version
203 of SPS was used in this study (Liang et al., 2010). The Cronbach's Alphas for the whole-questionnaire
204 was 0.749 in our data. All 788 participants were divided into high risk and non-high (medium to low) risk
205 group based on the distribution of SPS scores (69.35 ± 11.66). In other words, participants from high risk
206 group of SPS scored more than 81.01 ($69.35 + 11.66 = 81.01$) and participants from non-high risk group of
207 SPS scored less than 81.01.

208 *Data analysis.*

209 We tested the performance of the Chinese suicide dictionary at the level of Weibo posts and Weibo users,
210 respectively.

211 In terms of the analysis at the level of Weibo posts, we tested the performance in (a) detecting suicidal
212 expression in Weibo posts, which can provide the basis for identifying individual suicide risk on social
213 media.

214 As to the analysis at the level of Weibo users, we tested the performance of the Chinese suicide dictionary
215 in (b) evaluating levels of individual suicide risk. Furthermore, we also tested its performance in (c)
216 differentiating between individuals with high and non-high scores on SPS.

217 **(a) Detecting suicidal expression in Weibo posts.** For testing the accuracy in detecting suicidal
218 expression, we compared dictionary-based identifications with expert ratings (Bantum et al., 2009).

219 We randomly selected users from both high and non-high risk group of SPS. In this study, we selected 30
220 users from each one group and got a total of 60 users (20 men, 40 women, and 24.43 ± 3.652 years
221 old). The performance in detecting suicidal expression was tested on Weibo posts acquired from such 60
222 Weibo users. Repeated comparisons were made based on Weibo posts with different observation

223 windows (i.e. 1 week, 1 month and 3 months before starting this study). The selection of observation
224 windows depends on whether there are enough Weibo posts to be analyzed.

225 Specifically, for expert ratings, we recruited another three researchers specializing in suicide research for
226 rating Weibo posts. All three coders were required to rate how each Weibo post relates to each one of the
227 13 categories defined in the Chinese suicide dictionary by a 7-point Likert-type scale (1=Extremely low
228 consistency to 7=Extremely high consistency). For each Weibo post, the overall rating was acquired by
229 aggregating ratings on each category. Then, the final expert ratings were the average ratings of all three
230 coders. For dictionary-based identifications, both the overall frequency of all dictionary words and the
231 frequency of particular words within each category were estimated by matching the words in each Weibo
232 post automatically.

233 In psychological studies, to validate a new measuring tool, it needs to test correlations between the new
234 tool and a popular tool measuring the same psychological feature, which is known as convergent validity.
235 If the two measures, that theoretically should be related, are in fact related, the new tool should be
236 assumed as a valid one. Because the expert-rating method is commonly used to detect suicide risk before
237 (McCarthy, 2010), in this study, we run correlations between dictionary-based identifications and expert
238 ratings.

239 **(b) Evaluating levels of individual suicide risk.** For testing the accuracy in evaluating levels of
240 individual suicide risk, we compared dictionary-based identifications with expert ratings.

241 In this study, we tested the convergent validity by estimating correlations between both of two measures.
242 The performance in evaluating levels of individual suicide risk was tested on the same 60 Weibo users as
243 mentioned in the section (a) (30 users from high risk group of SPS and 30 users from non-high risk group
244 of SPS).

245 Specifically, for expert ratings, the same three researchers were instructed to evaluate individual levels of
246 suicide risk by reading through all his/her Weibo posts. Each coder was required to rate individual suicide
247 risk by a 7-point Likert-type scale (1=Extremely low risk to 7=Extremely high risk). Then, the final
248 expert ratings were the average ratings of all three coders. For dictionary-based identifications, in each
249 post, the frequency of dictionary words were counted, and the weights of those dictionary words found in
250 each post were summed up. If the total score of one post is up to three, it is recognized as the one with
251 suicide risk. For each user, the proportion of Weibo posts with suicide risk is considered as his/her levels
252 of suicide risk, which is used to compare with expert ratings.

253 **(c) Differentiating between individuals with high and non-high scores on SPS.** For testing the
254 accuracy in differentiating between individuals with high and non-high scores on SPS, we built Support

255 Vector Machines (SVM) models (Cortes et al., 1995) on the Chinese suicide dictionary and the Simplified
 256 Chinese Linguistic Inquiry and Word Count (SCLIW) program (Gao et al., 2013), respectively. The
 257 classification accuracy of the SCLIW models can be recognized as the baseline.

258 Models were built on all 788 participants who completed SPS successfully, and evaluated on different
 259 observation windows (i.e. 1 month and 2 months before conducting SPS test). The selection of
 260 observation windows depends on whether there are enough Weibo posts to be analyzed. To build SVM
 261 models, we extracted a feature vector (X) from all Weibo posts of each user. Elements (X_1, X_2, \dots, X_n) in
 262 this feature vector represent the ratio of words in different categories, which are defined by either the
 263 Chinese suicide dictionary or the SCLIW. We compared the classification performance between two
 264 types of SVM models on different observation windows.

265 RESULTS

266 Detection of suicidal expression in Weibo posts

267 **Table 2** presents the test results. With a 1-week observation window, for the estimation of suicidal
 268 expression in 13 different categories, 11 of 13 correlation coefficients were significant between
 269 dictionary-based identifications and expert ratings, ranging from 0.263 to 0.913. The correlations on both
 270 of personality and trauma/hurt were not significant. For the overall estimation of suicidal expression, the
 271 correlation coefficient was 0.507 ($p < 0.01$). These correlations decreased with an increase in length of
 272 observation window.

273
 274 **Table 2.** Comparison of the performance in detecting suicidal expression between dictionary-based
 275 identifications and expert ratings

Observation window	Correlations between dictionary-based identifications and expert ratings													
	SI	SB	Psy	MI	H	SC	SR	Pers	S	T/H	TAO	S/G	A/H	O
1 week	.651**	.750**	.551**	.459**	.406**	.913**	.400**	.047	.480**	.043	.329*	.901**	.263*	.507**
1 month	.254*	.146	.437**	.032	.077	.637**	.300*	.291*	.328*	.027	.138	-0.007	.300*	.188
3 months	.289*	.105	.485**	-0.046	.182	.227	.124	-0.029	-0.014	-0.037	0.050	.436**	.271*	.063

276 *Note.* N=60; SI=suicide ideation; SB=suicide behavior; Psy=psychache; MI=mental illness; H=hopeless; SC=somatic complaints;
 277 SR=self-regulation; Per=personality; S=stress; T/H=trauma/hurt; TAO=talk about others; S/G=shame/guilt; A/H=anger/hostility;
 278 O=overall estimation; * $p < 0.05$; ** $p < 0.01$.

279

280 Evaluation of levels of individual suicide risk

281 Results showed that, for evaluating levels of individual suicide risk, the correlation coefficient between
 282 dictionary-based identifications and expert ratings was 0.455 ($p < 0.01$).

283 **Differentiation between individuals with high and non-high scores on SPS**

284 **Table 3** presents the test results. For the same observation window, the Chinese suicide dictionary (t1:
 285 $F_1=0.48$; t2: $F_1=0.56$) performs better than SCLIWC (t1: $F_1=0.41$; t2: $F_1=0.48$).

286

287 **Table 3.** Predicting high vs non-high risk group of SPS using the Chinese suicide dictionary and the
 288 SCLIWC

	Precision	Recall	F-measure
1 month			
Chinese suicide dictionary	0.60	0.40	0.48
SCLIWC	0.43	0.40	0.41
2 months			
Chinese suicide dictionary	0.49	0.64	0.56
SCLIWC	0.48	0.48	0.48

289 *Note.* N=788; Precision is the fraction of retrieved instances that are relevant; Recall is the fraction of relevant instances that are
 290 retrieved; F-Measure is the harmonic mean of precision and recall.

291

292 **DISCUSSION**

293 This study built a Chinese suicide dictionary for identifying suicide risk on social media and tested its
 294 performance on Chinese social media (Sina Weibo). This study confirmed that a real-time monitoring of
 295 suicide risk in population can be realized through social media analysis.

296 Firstly, the Chinese suicide dictionary can be used to detect suicidal expression in social media posts. For
 297 an overall estimation, a moderate correlation existed between dictionary-based identifications and expert
 298 ratings ($r=0.507$), suggesting an acceptable level of convergent validity (Rogers, et al., 2002; Posner, et
 299 al., 2011). However, correlations were not significant on categories of personality and trauma/hurt. It
 300 might be because, for human coders, some aspects of individual personality cannot be estimated easily
 301 through social media analysis (Qiu et al., 2012; Li, Li, Hao, Guan & Zhu, 2014), which might lead to a
 302 decrease in correlations between dictionary-based identifications and expert ratings. Besides, Holmes et al.
 303 (2007) concluded that traumatic experience is tightly associated with negative emotional expressions and
 304 feelings of physical pain. It means that words which should be included in the category of trauma/hurt
 305 might be actually assigned to other similar categories (e.g. psychache, hopeless, somatic complaints),
 306 which leads to a non-significant correlation on trauma/hurt between two different measures. More
 307 importantly, with an increase length of observation time, the performance of suicide dictionary decline. It
 308 might be due to the increase number of innovative words and phrases in Weibo posts which have not been
 309 included in the suicide dictionary yet. Because the Chinese suicide dictionary itself can be updated
 310 automatically, the performance can be improved in the future on any new corpus.

311 Secondly, based on the accurate detection of suicidal expression in Weibo posts, the Chinese suicide
312 dictionary can be used to evaluate levels of individual suicide risk. A moderate correlation existed
313 between dictionary measures and expert ratings ($r=0.455$), suggesting an acceptable level of convergent
314 validity.

315 Thirdly, apart from evaluating levels of individual suicide risk, the Chinese suicide dictionary also can be
316 used to differentiate between individuals with high and non-high scores on self-rating measure of suicide
317 risk. The Chinese suicide dictionary produces a more accurate estimation than the general-purpose
318 dictionary for psycholinguistic analysis (e.g. SCLIWC). It means that building a dictionary for a
319 particular purpose of identifying suicide risk on social media is worthwhile.

320 It is important to note the limitations of this study. (a) The sample size is a bit limited. We tested the
321 performance in both detecting suicidal expression and evaluating levels of individual suicide risk on
322 Weibo posts acquired from only 60 participants. Collecting and analyzing posts from a larger number of
323 social media users might further validate the performance of the Chinese suicide dictionary. (b) The
324 Chinese suicide dictionary was built and tested on Sina Weibo. We are not sure whether it will perform
325 well on other Chinese social media platforms. (c) This study excluded low-frequency words in the
326 Chinese suicide dictionary, which might also be sensitive to the variation of suicide risk. (d) The
327 development of the suicide dictionary is based on a closed-vocabulary approach, which might limit
328 findings to preconceived relationships with words or categories (Schwartz et al., 2013). Extracting a data-
329 driven collection of words might further improve the performance in identifying suicide risk. (e) The
330 Chinese suicide dictionary focuses on the frequency of words in a particular category and does not take
331 contextual factors into account. Changes in elements of surrounding linguistic context may determine the
332 relationship between individual psychological features and patterns of language use (Jarrold et al., 2011).
333 Future works should not only focus on the frequency of words, but also examine vocabulary words in
334 context. (f) In the Chinese suicide dictionary, the weights of words were assigned by experts. We are not
335 sure whether the automated weight assignment techniques could improve the performance of the Chinese
336 suicide dictionary. (g) The suicide dictionary is built for identifying suicide risk, which cannot predict the
337 suicide action.

338 However, this study provides an innovative framework to prevent suicide in an effective manner. That is,
339 through social media analysis, we can monitor individual suicide risk and capture those at high risk of
340 suicide. After that, we can deliver intervention programs to those people immediately, which will be
341 beneficial to improve the performance of suicide prevention.

342

343 **CONCLUSION**

344 This paper built a Chinese suicide dictionary to detect suicide risk on social media. Results indicate that
345 the Chinese suicide dictionary works fairly well in identifying suicide risk at both levels of posts and
346 users. The Chinese suicide dictionary can be used to implement real-time monitoring of suicide risk in
347 population, thus improve the performance of suicide prevention and mental health promotion.

348

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1

Procedures in building the Chinese suicide dictionary

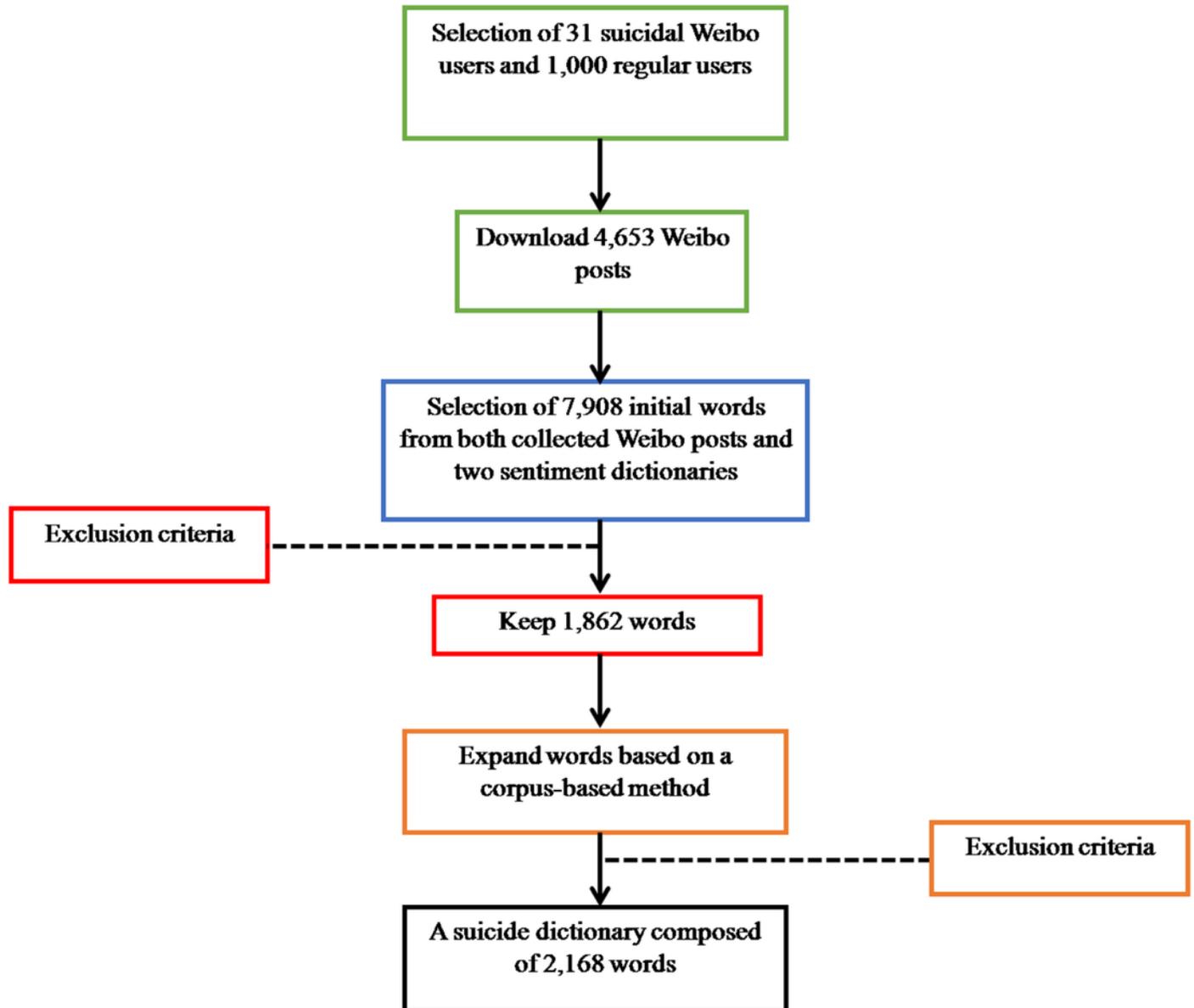


Table 1 (on next page)

Outline of the Chinese suicide dictionary

1 **Table 1.** Outline of the Chinese suicide dictionary

Category	Number of words	Definition	Representative words
Suicide ideation	586	Words reflecting suicidal thoughts	want to die (想死) escape (逃离)
Suicide behavior	88	Words reflecting self-harm behaviors	seppuku (切腹) hypnotics (安眠药)
Psychache	403	Words reflecting psychological distress	want to cry (想哭) loneliness (孤单)
Mental illness	48	Words reflecting poor mental health status	depression (抑郁) hallucination (幻觉)
Hopeless	188	Words reflecting a feeling of despair	dead end (死胡同) despair (绝望)
Somatic complaints	183	Words reflecting somatic symptoms	headache (头疼) shortness of breath (透不过气)
Self-regulation	36	Words reflecting an attempt to push oneself hardly	repression (压抑) force oneself to smile (强颜欢笑)
Personality	72	Words reflecting negative personality	inferiority complex (自卑) hate oneself (讨厌自己)
Stress	83	Words reflecting pressure in daily life	failure (输) pressure (压力)
Trauma/hurt	182	Words reflecting traumatic or unpleasant experiences	get dumped (失恋) infidelity (出轨)
Talk about others	47	Words reflecting one's relatives and friends	partner (妻子) son (儿子)
Shame/guilt	72	Words reflecting a feeling of shame and guilt	lose status (丢脸) making an apology (赔罪)
Anger/hostility	180	Words reflecting a feeling of angry and hostile against others	damn it (他妈的) curse (诅咒)

2

3

Table 2 (on next page)

Comparison of the performance in detecting suicidal expression between dictionary-based identifications and expert ratings

1 **Table 2.** Comparison of the performance in detecting suicidal expression between dictionary-based
 2 identifications and expert ratings

Observation window	Correlations between dictionary-based identifications and expert ratings													
	SI	SB	Psy	MI	H	SC	SR	Pers	S	T/H	TAO	S/G	A/H	O
1 week	.651**	.750**	.551**	.459**	.406**	.913**	.400**	.047	.480**	.043	.329*	.901**	.263*	.507**
1 month	.254*	.146	.437**	.032	.077	.637**	.300*	.291*	.328*	.027	.138	-0.007	.300*	.188
3 months	.289*	.105	.485**	-0.046	.182	.227	.124	-0.029	-0.014	-0.037	0.050	.436**	.271*	.063

3 *Note.* N=60; SI=suicide ideation; SB=suicide behavior; Psy=psychache; MI=mental illness; H=hopeless; SC=somatic complaints;
 4 SR=self-regulation; Per=personality; S=stress; T/H=trauma/hurt; TAO=talk about others; S/G=shame/guilt; A/H=anger/hostility;
 5 O=overall estimation; *p<0.05; **p<0.01.

6
 7

Table 3 (on next page)

Predicting high vs non-high risk group of SPS using the Chinese suicide dictionary and the SCLIWC

1 **Table 3.** Predicting high vs non-high risk group of SPS using the Chinese suicide dictionary and the
2 SCLIWC

	Precision	Recall	F-measure
1 month			
Suicide dictionary	0.60	0.40	0.48
SCLIWC	0.43	0.40	0.41
2 months			
Suicide dictionary	0.49	0.64	0.56
SCLIWC	0.48	0.48	0.48

3 *Note.* N=788; Precision is the fraction of retrieved instances that are relevant; Recall is the fraction of relevant instances that are
4 retrieved; F-Measure is the harmonic mean of precision and recall.

5
6