

# Suicide among university students in South Korea during the COVID-19 pandemic: the application of interpersonal-psychological theory and early maladaptive schema

Jeongmin Ha<sup>1</sup>, Dahye Park<sup>Corresp. 2</sup>

<sup>1</sup> Department of Nursing, Dong-A University, Busan, South Korea

<sup>2</sup> Department of Nursing, Semyung University, Jecheon, South Korea

Corresponding Author: Dahye Park  
Email address: dhpark@semyung.ac.kr

**Background.** This study examined the application of interpersonal-psychological theory and early maladaptive schema of suicidal ideation and suicide attempts in South Korean university students. **Methods.** In this cross-sectional study, data from 367 university students were surveyed using the Interpersonal Needs Questionnaire, Early Maladaptive Schema, Suicide Ideation Scale, and Acquired Capability for Suicide Scale. Data were collected between June 21 and July 21, 2021. **Results.** University students' interpersonal needs and early maladaptive schema were significantly associated with suicidal ideation, and influencing suicide attempts. The acquired capability for suicide moderated the relationship between suicidal ideation and attempts. **Conclusions.** In suicide prevention programs for university students, it is critical to consider their interpersonal needs and early maladaptive schema, and the acquired capability for suicide, to prevent suicidal ideation and attempts among them.

# Suicidal Ideation and Suicide Attempts among University Students in South Korea during the COVID-19 Pandemic: The Application of Interpersonal-Psychological Theory and Early Maladaptive Schema

Jeongmin Ha<sup>1</sup>, Dahye Park<sup>2</sup>

<sup>1</sup> Department of Nursing, Dong-A University, Busan, Republic of Korea

<sup>2</sup> Department of Nursing, Semyung University, Jecheon, Republic of Korea

Corresponding Author:

Dahye Park<sup>2</sup>

65 Semyung-ro, Jecheon-si, Chungbuk, Republic of Korea

Email address: [dhpark@semyung.ac.kr](mailto:dhpark@semyung.ac.kr)

Phone: +82-10-2887-0608

## Abstract

**Background.** This study examined the application of interpersonal-psychological theory and early maladaptive schema of suicidal ideation and suicide attempts in South Korean university students.

**Methods.** In this cross-sectional study, data from 367 university students were surveyed using the Interpersonal Needs Questionnaire, Early Maladaptive Schema, Suicide Ideation Scale, and Acquired Capability for Suicide Scale. Data were collected between June 21 and July 21, 2021.

**Results.** University students' interpersonal needs and early maladaptive schema were significantly associated with suicidal ideation, and influencing suicide attempts. The acquired capability for suicide moderated the relationship between suicidal ideation and attempts.

**Conclusions.** In suicide prevention programs for university students, it is critical to consider their interpersonal needs and early maladaptive schema, and the acquired capability for suicide, to prevent suicidal ideation and attempts among them.

## Introduction

Recently, there have been concerns worldwide that the coronavirus disease (COVID-19) pandemic may increase the risk of suicide (Gunnell et al., 2020). Additionally, it has been reported that suicidal ideation is increasing among adults due to the COVID-19 pandemic (Czeisler et al., 2021; Fortgang et al., 2021). Furthermore, a study analyzing suicidal tendencies due to the COVID-19 pandemic emphasized the need to consider its impact on suicidal ideation and self-harm among the youth (John et al., 2020).

South Korea has the highest suicide mortality rate among member countries of the Organization for Economic Co-operation and Development (OECD) at 24.6 per 100,000 people (OECD, 2020). Furthermore, exploring the trend over the past 30 years, the suicide mortality rate in most OECD countries has decreased by 30%; however, it has increased in South Korea (OECD, 2020). On investigating the proportion of deaths due to suicide among the deceased, differentiated by life stage, suicide has been identified as the leading cause of death among Koreans in their 20s since 2007 (Statistics Korea, 2019). This indicates the severity of the suicide problem among youth and university students in South Korea.

Various factors affect suicide among university students, including demographic and economic factors and mental health (Uchida & Uchida, 2017). Interpersonal relationships is one of the primary reasons for suicide. Joiner et al. (2005) explain that suicidal ideation is caused by experiencing a feeling of being burdened from feeling incompetent and feelings of thwarted belongingness due to not being a valuable member of the group. This leads to suicide when the acquired capability for suicide, decreased physical pain tolerance, and fearlessness of death are added to the aforementioned feelings.

Adolescence is a period of forming relationships and developing intimacy within those relationships (Erikson, 1994). However, social distancing due to COVID-19 has reduced university students' opportunities to have a social life (Kim & Park, 2021). These changes to university students' daily lives are likely to cause mental health problems.

A qualitative study on COVID-19-related stress among South Korean university students found that they experienced stress and anxiety due to concerns about poor academic quality, social disruption, the decline in employment, and health and safety (Kim & Park, 2021). Additionally, in a survey of 195 university students in the United States, 91% reported stress, anxiety, depression, and fear of losing relationships with loved ones due to the COVID-19 pandemic, and 86% reported a decrease in social interaction (Son et al., 2020). Based on this, the interpersonal-psychological theory of suicide (Joiner et al., 2005; Van Orden et al., 2012) may be a helpful model for explaining suicide among adolescents during the COVID-19 pandemic.

Another interpersonal-related factor affecting suicide is the early maladaptive schema. Early maladaptive schema is an evaluation of oneself and others, a collection of memories, emotions, body sensations, and cognitions related to childhood developmental topics such as abandonment, abuse, neglect, and rejection (Young & Brown, 2005). Early maladaptive schema is a factor related to past interpersonal relationships and affects mental health problems, including depression, anxiety, and even suicidal ideation (Rezaei et al., 2016; Khosravani et al., 2019; Kaya & Aydin, 2021).

Recently, the three-step theory (3ST) of suicide was developed by Klonsky & May (2015). Accordingly, the first step of suicide is the development of suicide ideation, the second step is strong versus moderate ideation, and the final step is progression from ideation to attempts. Suicide ideation and suicide attempts are strong antecedents of suicide (Klonsky, May & Saffer, 2016). Thus, we should pay attention to suicidal ideation and suicide attempts to explain suicide.

However, few studies have simultaneously identified early maladaptive schema and Joiner's theory as correlated factors leading to suicidal ideation and attempts.

## Objective

This study aims to verify a model in which interpersonal-related factors explain suicidal ideation and attempts among university students during the COVID-19 pandemic, by utilizing early maladaptive schema and Joiner's interpersonal-psychological theory of suicide.

## Materials & Methods

### Study design

This cross-sectional survey study aims to construct and verify a model, to explain and predict suicide among university students during the COVID-19 pandemic. This model is developed utilizing early maladaptive schema and Joiner's interpersonal-psychological theory.

This structural model study verified the moderating effect of acquired capability on the pathway to increasing suicidal ideation and suicide attempts (*Fig. 1*).

### Study participants

University students aged 19 or older, currently enrolled in a university in South Korea, who understood this study's purpose, agreed to participate in the study, and were able to respond to the questionnaire, were included in this study using convenience sampling. University students who had difficulties communicating and responding to questionnaires due to severe stress or psychotic symptoms were excluded from the study. For the structural equation model, the appropriate sample size is considered 10–20 times the number of observed variables or 150–400 participants based on the maximum likelihood estimation (Woo, 2014). In this study, 120–240 participants were required for 12 observed variables. We received 367 responses; all 367 were included for data analysis to secure a sufficient sample.

### Study measures

#### Interpersonal needs

The Interpersonal Needs Questionnaire's Korean version (K-INV) was used as a self-report scale to evaluate feelings of burden and thwarted belongingness. Van Orden et al. (2012) validated the seven-point scale of 25 items developed by Joiner et al. (2009) to 15 items, and Lee, Lee and Oh (2015) completed the K-INV with 13 items. In this study, the 13-item K-INV was used after obtaining permission from the authors. Based on how they were feeling after the COVID-19 pandemic, students were requested to mark each item from one to seven (1 indicated "strongly disagree" and 7 indicated "strongly agree") depending on the extent to which they agreed with the statements. In Van Orden et al.'s (2012) and Lee, Lee and Oh's (2015) studies, the reliability of all the items was .85 and .86, respectively; in this study the reliability was .91.

## Early maladaptive schema

To measure early maladaptive schema, the Young Short Questionnaire Short Form (YSQ-Short Form) developed by Young (1999) and adapted by Choi and Lee (2018) was used. The YSQ-Short Form questionnaire comprises 15 sub-factors in 75 questions and is rated on a six-point Likert scale (1 indicated “strongly disagree” and 6 indicated “strongly agree”) depending on how well each statement represents the participants’ views. The higher the score, the more the characteristics of the schema measured are reflected. In this study, the reliability was .97.

## Suicidal ideation and suicide attempt

To measure suicidal ideation, a tool adapted by Kim (2002) from the Suicide Ideation Scale (SIS) developed by Harlow, Newcomb and Bentler (1986) was used after obtaining permission from the author. This is a five-point Likert scale (1 indicated “strongly disagree” and 5 indicated “strongly agree”), wherein higher scores are indicative of stronger suicidal ideation. This scale comprises five questions, including the following, “I have thought about suicide,” “I have thought about dying recently,” “I have told someone that I want to attempt suicide,” and “I have thought that my life will end in suicide,” which indicate suicidal ideation, and “I have attempted suicide,” which indicates a suicide attempt. To distinguish between suicidal ideation and a suicide attempt, the sum of suicidal ideation scores from items one to four were used for suicidal ideation, and the last item on the SIS was used to measure the experience of suicide attempts. Harlow, Newcomb and Bentler (1986) determined the validity using factor analysis but did not verify internal reliability. This tool’s internal reliability was .81 in Ha’s (2017) study and .85 in this study.

## Acquired capability for suicide

To measure the acquired capability for suicide, a scale developed by Van Orden et al. (2008), which was translated into Korean and validated by Jo (2010), was used after obtaining permission from the author. The scale comprises 20 items on a five-point Likert scale (0: very different from me, 4: very similar to me), where higher scores indicated a higher capability for fatal self-injury or suicide. The internal reliability was .85 and .80 in Van Orden et al.’s (2008) and Jo’s (2010) studies, respectively, and .81 in this study.

## Data collection

This study was approved by the Institutional Review Board of Semyung University (IRB No. SMU-2021-05-001-01), and data were collected between June 21 and July 21, 2021. First, three to four departments from the university were randomly selected, and permission was obtained from the department heads to collect data through phone calls and visits. Subsequently, after explaining the study’s purpose and data collection method to the professors in charge of the general elective and major subjects, we requested their cooperation. After class, a trained research assistant explained the study’s purpose, content, and methods to students, and only the students who voluntarily agreed to participate in the study were required to sign the written

consent and complete the questionnaire. It took approximately 15 minutes to complete the questionnaire, and a small reward (mobile gift voucher) was provided to the participants.

## Data analysis

The data were analyzed using SPSS 24.0 program and AMOS 23.0 (IBM Corp., Armonk, NY). Using the SPSS 24.0 program, the participants' general characteristics and measurement variables were analyzed using descriptive statistics, and the correlation between variables was analyzed with the Pearson correlation coefficient. For structural model analysis, AMOS 23.0 was used to identify the goodness of fit for the hypothetical model and the path coefficient's significance. The analysis is performed based on the Chi-Squared test ( $\chi^2$ ), standardized root means square residual (SRMR), normal fit index (NFI), Tucker-Lewis index (TLI), comparative fit index (CFI), goodness-of-fit index (GFI), and adjusted goodness-of-fit index (AGFI) to identify the model's goodness of fit. NFI, TLI, CFI, GFI, and AGFI, indices of the model's goodness of fit, show ideal fit if they are 0.9 or higher. If the SRMR is 0.8 or less, it is interpreted as an ideal fit. Multigroup structural equation modeling was used to determine whether the capability for suicide was a moderating variable. A multigroup analysis can help in determining whether the parameter estimates of models differ among groups or whether the relationships established in the model differ according to group affiliation (Kline, 1998).

## Results

### Suicidal ideation and suicide attempt according to the participants' general characteristics

The participants' mean age was 23.38 years  $\pm$  3.56 years; 21% were male and 79% were female students. The first, second, third, and fourth grades accounted for 14.7%, 20.4%, 23.7%, and 41.1%, respectively, and the middle subjective economic level was the largest at 80.4%. The residence composition was as follows: 83.7% of the participants lived with at least two people, while 16.3% lived alone.

Of the participants, 3% had been infected with COVID-19, 48.8% had been tested for COVID-19, and 11.7% had a self-isolation experience.

There were significant differences in suicidal ideation among the participants based on their gender, grade, economic status, COVID-19 test experience, and self-isolation experience; female students had significantly higher suicidal ideation than male students ( $t=-2.16$ ,  $p=.031$ ).

Additionally, it was found that the third grade had higher suicidal ideation than the first grade ( $F=3.50$ ,  $p=.016$ ), the lower the economic status, the higher the suicidal ideation ( $F=3.38$ ,  $p=.035$ ), and the more self-isolation experience due to COVID-19, the higher the suicidal ideation ( $t=2.21$ ,  $p=.028$ ).

There was a significant difference in suicide attempts based on residence composition, and it was found that suicide attempts were significantly higher in those living alone than in those living with at least two people ( $t=-65$ ,  $p=.009$ ) (*Table 1*).

## Correlation between perceived burdensomeness, thwarted belongingness, early maladaptive schema, acquired capability, suicidal ideation, and suicide attempts

Suicidal ideation had a significant positive correlation with perceived burdensomeness ( $r=.64$ ,  $p<.001$ ), thwarted belongingness ( $r=.36$ ,  $p=.001$ ), and acquired capability ( $r=.28$ ,  $p<.001$ ). Suicide attempts were significantly positively correlated with perceived burdensomeness ( $r=.37$ ,  $p<.001$ ), thwarted belongingness ( $r=.17$ ,  $p=.001$ ), acquired capability ( $r=.19$ ,  $p<.001$ ), and suicidal ideation ( $r=.55$ ,  $p<.001$ ). Perceived burdensomeness showed a significant positive correlation with thwarted belongingness ( $r=.59$ ,  $p<.001$ ) and acquired capability ( $r=.22$ ,  $p<.001$ ), but there was no significant correlation with early maladaptive schema ( $r=-.00$ ,  $p=.940$ ) (*Table 2*).

## Structural equation modeling

### Pathway analysis between interpersonal needs, suicidal ideation, and suicide attempts

As a result of analyzing the pathway of interpersonal needs, early maladaptive schema, suicidal ideation, and suicide attempts, based on this study's model, the model's goodness of fit was  $\chi^2=2.915$  ( $p<.001$ ), SRMR: .007, GFI: 1.000, AGFI: .998, TLI: 1.020, NFI: .999, and CFI: 1.000, which satisfied the fit criteria of the model (*Table 3, Fig. 2*).

### Moderating effect of acquired capability for suicide on the relationship between suicidal ideation and suicide attempts

To verify the moderating effect, it was classified into low and high groups based on the mean value of the acquired capability for suicide, which was a moderating variable. The results of the equal constrained model, in which the path coefficients of the two groups were equally constrained, were  $\chi^2=16.837$  ( $p=.010$ ), SRMR: .068, GFI: .985, AGFI: .948, TLI: .946, NFI: .967, and CFI: .978, showing the suitability of the relationship presented in this study's conceptual framework (*Table 3, Fig. 1*).

### Analysis of the difference in the path coefficients between the low and high groups with acquired capability for suicide

The analysis revealed a significant difference between the two pathways in the low and high groups. The extent of change in  $\chi^2$  between the equal constrained and non-constrained models were  $df = 1$  to 7.057, indicating a significant moderating effect. The higher the suicidal ideation,

the more the number of suicide attempts was not significant in the group with low acquired capability for suicide, but significant in the group with high acquired capability for suicide. Therefore, the acquired capability for suicide significantly regulates the relationship between suicidal ideation and suicide attempts (*Table 4*).

## Discussion

This cross-sectional survey study aimed to construct and verify a model to explain and predict suicide among university students during the COVID-19 pandemic by utilizing early maladaptive schema and Joiner et al.'s (2005) interpersonal-psychological theory of suicide. The results showed that interpersonal needs and early maladaptive schema influenced suicidal ideation, and that the acquired capability for suicide was a factor in controlling the relationship between suicidal ideation and suicide attempts. Overall, it was found that the hypothetical model utilizing both, the early maladaptive schema and interpersonal-psychological theory of suicide was the most suitable for explaining suicide attempts in Korean university students. This study is consistent with a meta-analysis of studies on the relationship between early maladaptive schema and suicidal ideation, identifying that early maladaptive schema is related to suicidal ideation (Pilkington, Younan & Bishop, 2021).

Additionally, this study determined that university students' experience of living alone and self-isolation had a significant relationship with suicide-related variables. Furthermore, it was found that thwarted belongingness significantly affected suicidal ideation. Consistent with our study, a study of 500 adults in the United States identified that they experienced thwarted belongingness when quarantined at home, which consequently acted as a factor in influencing suicidal ideation (Gratz et al., 2020). These results support the existing theory that frustration with belongingness can increase the desire for suicide and the risk of suicide (Van Orden et al., 2010).

In Gratz et al.'s (2020) study, the feeling of burdensomeness after the pandemic was not significantly correlated with suicidal ideation; however, this study identified that the feeling of burdensomeness had a significant effect on suicidal ideation, showing a slight difference. This study also demonstrated that a poor economic situation was related to suicidal ideation among university students. This may be due to future-related stress and their economic situation. It was found that suicidal ideation was significantly higher in the third grade than in the first grade. Moreover, suicidal ideation increased significantly until the third grade but decreased slightly in the fourth grade. This seems to be consistent with Hong and Lee's (2020) qualitative study results; although South Korean nursing students are under a significant amount of pressure to find employment as they get closer to their graduation, they learn to cope with stress while maturing through various experiences during the fourth year.

In South Korea, the number of university students experiencing stress due to financial reasons has increased since the pandemic because they were unable to find employment (Kim & Park, 2021). University students may have judged themselves as incompetent and considered themselves a burden under these circumstances. Additionally, Classen and Dunn's (2012) study demonstrated that although short-term unemployment is not related to an increase in suicide risk,



long-term unemployment is related to an increase in suicide risk. However, as this study collected data for a considerable period after the COVID-19 outbreak, it can be interpreted that the results were slightly different due to identifying the long-term effects when compared to Gratz et al.'s (2020) study.

This study's results emphasize the relationship between interpersonal needs and early maladaptive schema to the risk of COVID-19-related suicide among South Korean university students. These findings suggest that interpersonal needs and early maladaptive schema may be critical for suicide prevention and intervention. Unemployed university students whose interpersonal relationships were disrupted during COVID-19 and who reported early maladaptive schema should be targeted for intensive suicide prevention and intervention. Additionally, interventions should be implemented to alleviate the negative psychological consequences of social isolation and economic problems that may arise or worsen due to quarantine measures. For example, universities should develop systems (e.g., entrance ceremony using metaverse) through which students can communicate online and thereby experience a sense of belonging (Kim & Park, 2021).

Universities should provide active livelihood support for their students by creating jobs related to their education, such as creating jobs through practical institutions with industry-academic linkage (Kim & Park, 2021). It is also necessary to allow university students to express their emotions in various ways to help them with their uncertainty about the future and employment-related stress, and prepare various systematic department adaptation or employment preparation programs. Furthermore, as childhood trauma and adversity may be related to their interpersonal needs, it is necessary to periodically examine their interpersonal needs or early maladaptive schema to provide an effective intervention with insight into their suicidal ideation (Pilkington, Younan & Bishop, 2021).

Finally, in individuals with high acquired capability for suicide, suicidal ideation directly affected suicide attempts; however, the association was not significant in individuals with low acquired capability for suicide. It is consistent with the interpersonal-psychological theory of suicide (Joiner et al., 2005; Van Orden et al., 2010), which holds that the acquired capability for suicide plays a moderating role in the relationship between suicidal ideation and suicide attempts.

Based on these results, our capability to better predict and prevent suicide depends on a better understanding of the transition from suicidal ideation to attempt. It was also found that intense suicidal ideation leads to suicide only if there are means and capabilities (dispositional, acquired, and practical) to attempt it (Dhingra, Klonsky & Tapola, 2019). For suicide prevention and intervention, the acquired capability level for suicide should be evaluated by assessing a participant's history of attempted suicide (Bostwick et al., 2016) and should be accompanied by reduced access to lethal means of suicide, such as guns (Anestis & Capron, 2018). As there are more suicides with briquettes and coal firelighters than suicides with guns in South Korea, it is necessary to restrict the distribution and sale of briquettes and coal firelighters, and manage them safely and systematically (Roh & Kang, 2019). It is also essential to train university students to

deal with negative emotions in an adaptive way and not resort to suicide (Hu et al., 2019; Kang et al., 2019).

However, considering that in this study suicidal ideation among university students living alone is significantly higher than among those living with their families, it may be challenging to use the aforementioned methods to prevent suicide among those who live alone. Therefore, in a country with a high suicide rate like South Korea, all citizens should receive gatekeeper-related education and actively play their role to effectively prevent suicide. It is also vital to continue funding and deploying staff to crisis hotlines so that individuals with limited social contact can ask for help in emergencies (Gratz et al., 2020). Furthermore, as suicidal ideation was significantly higher among university students with self-isolation experience than those without self-isolation experience in this study, vulnerable individuals should be able to use and access evidence-based remote mental health services during stay-at-home orders and other social distancing adjustments (Reger, Stanley & Joiner, 2020).

Despite the significance of this study, there are several limitations. First, as the participants were all university students living in South Korea, one should be cautious about generalizing the results to other populations. Moreover, most of the participants in this study were women, and all of them were nursing students. A report stated that men attempt suicide in a more lethal way than women (Jordan, & McNiel, 2020) and a previous study indicated that there is a difference in the socio-psychological problems experienced by college students in a pandemic situation according to their major (Ha, & Park, 2021). It can be inferred that the sample bias makes it difficult to generalize the study results. Therefore, further studies should expand the sampling range to other countries and races. Second, this study cannot infer a causal relationship between variables as a cross-sectional design was used. Additionally, there are limitations to self-report questionnaire data that can be affected by social desirability bias or recall difficulties. Future studies should adopt a clinical interview and longitudinal approach. Third, this study evaluated suicide attempts using a single item of the SIS. Future studies need to further clarify suicidal ideation and attempts by adding a scale for suicide attempts. This study is meaningful in that it theoretically verified the interpersonal psychological theory, including early maladaptive schema for suicide among Korean university students in a pandemic situation. The results can help provide a theoretical rationale for understanding and preventing suicide in university students.

## Conclusions

This study provides a theoretical rationale for understanding and preventing suicide among Korean university students during a pandemic. When developing a suicide prevention program for university students, their interpersonal needs and early maladaptive schema should be considered. Additionally, as acquired capability for suicide was a moderating factor in the relationship between suicidal ideation and suicide attempts, the acquired capability for suicide in university students should also be managed in suicide prevention programs.

## Acknowledgements

The authors are very grateful to the participants who consented to participate in this study.

## Funding Details

This work was supported by the Ministry of Education of the Republic of Korea and the National Research Foundation of Korea (NRF-2021R1I1A3051439). The funders had no role in study design, data collection, analysis, decision to publish, or manuscript preparation.

## Ethical Considerations

This study was approved by the Institutional Review Board of Semyung University (IRB No. SMU-2021-05-001-01).

## Disclosure Statement

The authors report there are no competing interests to declare.

## Data Availability Statement

The data that support the findings of this study are available from the corresponding author upon reasonable request.

## References

- Anestis MD, Capron DW. 2018. Deadly experience: The association between firing a gun and various aspects of suicide risk. *Suicide & Life-threatening Behavior* 48(6):699–708. doi: 10.1111/sltb.12381.
- Bierman KL, Coie JD, Dodge KA, Greenberg MT, Lochman JE, McMahon RJ, Pinderhughes E. 2010. The effects of a multiyear universal social–emotional learning program: The role of student and school characteristics. *Journal of Consulting and Clinical Psychology* 78(2):156–168. doi: 10.1037/a0018607.
- Bostwick JM, Pabbati C, Geske JR, McKean AJ. 2016. Suicide attempt as a risk factor for completed suicide: Even more lethal than we knew. *The American Journal of Psychiatry* 173(11):1094–1100. doi: 10.1176/appi.ajp.2016.15070854.
- Choi NY, Lee YH. 2018. The relation between childhood trauma and early adulthood interpersonal problem: The mediating effects of early maladaptive schemas, self-concept and emotion regulation difficulties. *Korean Journal of Youth Studies* 25(2):137–166.
- Classen TJ, Dunn RA. 2012. The effect of job loss and unemployment duration on suicide risk in the United States: A new look using mass-layoffs and unemployment duration. *Health Economics* 21(3):338–350. doi: 10.1002/hecl.1719.
- Czeisler MÉ, Lane RI, Wiley JF, Czeisler CA, Howard ME, Rajaratnam SMW. 2021. Follow-up survey of US adult reports of mental health, substance use, and suicidal ideation during the COVID-19 pandemic, September 2020. *JAMA Network Open* 4(2):e2037665. doi: 10.1001/jamanetworkopen.2020.37665.

391 Dhingra K, Klonsky ED, Tapola V. 2019. An empirical test of the Three-Step Theory of suicide  
392 in UK university students. *Suicide & Life-threatening Behavior* 49(2):478–487. doi:  
393 10.1111/sltb.12437.

394 Erikson EH. 1994. *Identity and the life cycle*. New York: Norton.

395 Fortgang RG, Wang SB, Millner AJ, Reid-Russell A, Beukenhorst AL, Kleiman EM, Bentley  
396 KH, Zuromski KL, Al-Suwaidi M, Bird SA, Buonopane R, DeMarco D, Haim A, Joyce VW,  
397 Kastman EK, Kilbury E, Lee HIS, Mair P, Nash CC, Onnela JP, Smoller JW, Nock MK. 2021.  
398 Increase in suicidal thinking during COVID-19. *Clinical Psychological Science* 9(3):482–488.  
399 doi: 10.1177/2167702621993857.

400 Gratz KL, Tull MT, Richmond JR, Edmonds KA, Scamaldo KM, Rose JP. 2020. Thwarted  
401 belongingness and perceived burdensomeness explain the associations of COVID-19 social and  
402 economic consequences to suicide risk. *Suicide & Life-threatening Behavior* 50(6):1140–1148.  
403 doi: 10.1111/sltb.12654.

404 Gunnell D, Appleby L, Arensman E, Hawton K, John A, Kapur N, Khan M, O'Connor R, Pirkis  
405 J, Yip PS, COVID-19 Suicide Prevention Research Collaboration. 2020. Suicide risk and  
406 prevention during the COVID-19 pandemic. *The Lancet Psychiatry* 7(6):468–471. doi:  
407 10.1016/S2215-0366(20)30171-1.

408 Ha JM. 2017. Effects of dating violence victimization on suicidal ideation. Master's thesis,  
409 Chung-Ang University.

410 Ha J., Park D. (2021). Factors associated with psychosocial problems in Korean nursing and non-  
411 nursing students during the COVID-19 pandemic. *PeerJ*, 9:e12541.  
412 <https://doi.org/10.7717/peerj.12541>.

413 Harlow LL, Newcomb MD, Bentler PM. 1986. Depression, self-derogation, substance use, and  
414 suicide ideation: Lack of purpose in life as a mediational factor. *Journal of Clinical Psychology*  
415 42(1):5–21. doi: 10.1002/1097-4679(198601)42:1<5::aid-jclp2270420102>3.0.co;2-9.

416 Hong JE, Lee H. 2020. Experiences of hospital pre-employment among senior nursing students.  
417 *Journal of Korean Academy of Psychiatric and Mental Health Nursing* 29(2):83–95. doi:  
418 10.12934/jkpmhn.2020.29.2.83.

419 Hu CS, Huang J, Ferrari M, Wang Q, Xie D, Zhang H. 2019. Sadder but wiser: Emotional  
420 reactions and wisdom in a simulated suicide intervention. *International Journal of Psychology:*  
421 *Journal International de Psychologie* 54(6):791–799. doi: 10.1002/ijop.12536.

422 Indicators, Organisation for Economic Co-operation and Development. 2020. Health at a Glance.  
423 Available at <http://stats.oecd.org> (accessed 7 January 2022).

424 Jo MH. 2010. Evaluation of interpersonal psychological model of suicide in Korean army.  
425 Master's thesis, Korea University.

426 Jordan JT., McNiel DE (2020). Characteristics of persons who die on their first suicide attempt:  
427 results from the National Violent Death Reporting System. *Psychological Medicine*, 50(8), 1390-  
428 1397. <https://doi.org/10.1017/s0033291719001375>.

429 Joiner TE Jr, Conwell Y, Fitzpatrick KK, Witte TK, Schmidt NB, Berlim MT, Fleck MPA, Rudd  
430 MD. 2005. Four studies on how past and current suicidality relate even when “everything but the

431 kitchen sink” is covaried. *Journal of Abnormal Psychology* 114(2):291–303. doi: 10.1037/0021-  
 432 843X.114.2.291.

433 Joiner TE Jr, Van Orden KA, Witte TK, Selby EA, Ribeiro JD, Lewis R, Rudd MD. 2009. Main  
 434 predictions of the interpersonal-psychological theory of suicidal behavior: Empirical tests in two  
 435 samples of young adults. *Journal of Abnormal Psychology* 118(3):634–646. doi:  
 436 10.1037/a0016500.

437 John A, Pirkis J, Gunnell D, Appleby L, Morrissey J. 2020. Trends in suicide during the covid-  
 438 19 pandemic. *BMJ* 371: m4352. doi:10.1136/bmj.m4352.

439 Kang N, You J, Huang J, Ren Y, Lin MP, Xu S. 2019. Understanding the pathways from  
 440 depression to suicidal risk from the perspective of the Interpersonal–Psychological Theory of  
 441 Suicide. *Suicide & Life-threatening Behavior* 49(3):684–694. doi: 10.1111/sltb.12455.

442 Kaya Y, Aydin A. 2021. The mediating role of early maladaptive schemas in the relationship  
 443 between attachment and mental health symptoms of university students. *Journal of Adult*  
 444 *Development* 28(5):15–24. doi: 10.1007/s10804-020-09352-2.

445 Khosravani V, Mohammadzadeh A, Bastan FS, Amirinezhad A, Amini M. 2019. Early  
 446 maladaptive schemas and suicidal risk in inpatients with bipolar disorder. *Psychiatry Research*  
 447 271:351–359. doi: 10.1016/j.psychres.2018.11.067.

448 Kim GS, Park YJ. 2021. A qualitative study on the stress of undergraduate due to COVID-19.  
 449 *The Journal of the Korea Contents Association* 21(9):644–651. doi:  
 450 10.5392/JKCA.2021.21.09.644.

451 Kim HS. 2002. A study on epistemology of Korean elder’s suicidal thought. *Journal of Korean*  
 452 *Gerontological Nursing* 22(1):159–172.

453 Kline RB. 1998. Software review: Software programs for structural equation modeling: Amos,  
 454 EQS, and LISREL. *Journal of Psychoeducational Assessment* 16:343–364. doi:  
 455 10.1177/073428299801600407.

456 Klonsky ED, May AM. (2015). The three-step theory (3ST): A new theory of suicide rooted in  
 457 the “ideation-to-action” framework. *International Journal of Cognitive Therapy*, 8(2), 114–129.

458 Klonsky ED, May AM, Saffer BY. (2016). Suicide, suicide attempts, and suicidal ideation.  
 459 *Annual Review of Clinical Psychology*, 12(1), 307–30. [https://doi.org/10.1146/annurev-clinpsy-](https://doi.org/10.1146/annurev-clinpsy-021815-093204)  
 460 [021815-093204](https://doi.org/10.1146/annurev-clinpsy-021815-093204).

461 Lee HY, Lee JA, Oh KS. 2015. Validation of the Korean version of Interpersonal Needs  
 462 Questionnaire (K-INQ). *Korean Journal of Clinical Psychology* 34(1):291–312.

463 Pilkington P, Younan R, Bishop A. 2021. Early maladaptive schemas, suicidal ideation, and self-  
 464 harm: A meta-analytic review. *Journal of Affective Disorders Reports* 3:100051. doi:  
 465 10.1016/j.jadr.2020.100051.

466 Reger MA, Stanley IH, Joiner TE. 2020. Suicide mortality and coronavirus disease 2019—A  
 467 perfect storm? *JAMA psychiatry* 77(11):1093–1094. doi: 10.1001/jamapsychiatry.2020.1060.

468 Rezaei M, Ghazanfari F, Rezaee F. 2016. The role of childhood trauma, early maladaptive  
 469 schemas, emotional schemas and experiential avoidance on depression: A structural equation  
 470 modeling. *Psychiatry Research* 246:407–414. doi: 10.1016/j.psychres.2016.10.037.

471 Roh H, Kang Y. 2019. The management of patient attempting suicide in the emergency room.  
 472 *The Journal of Medicine and Life Science* 16(3):60–63. doi: 10.22730/jmls.2019.16.3.60.  
 473 Son C, Hegde S, Smith A, Wang X, Sasangohar F. 2020. Effects of COVID-19 on college  
 474 students' mental health in the United States: Interview survey study. *Journal of Medical Internet*  
 475 *Research* 22(9):e21279. doi: 10.2196/21279.  
 476 Statistics Korea. 2019. The numbers of deaths and mortality rates by causes. Available at [http://](http://kostat.go.kr/portal/korea/index.action)  
 477 <https://kostat.go.kr/portal/korea/index.action> (accessed 22 March 2021).  
 478 Uchida C, Uchida M. 2017. Characteristics and risk factors for suicide and deaths among college  
 479 students: A 23-year serial prevalence study of data from 8.2 million Japanese college students.  
 480 *The Journal of Clinical Psychiatry* 78(4):2512. doi: 10.4088/JCP.16m10807.  
 481 Van Orden KA, Cukrowicz KC, Witte TK, Joiner TE. 2012. Thwarted belongingness and  
 482 perceived burdensomeness: Construct validity and psychometric properties of the Interpersonal  
 483 Needs Questionnaire. *Psychological Assessment* 24(1):197–215. doi: 10.1037/a0025358.  
 484 Van Orden KA, Witte TK, Gordon KH, Bender TW, Joiner TE Jr. 2008. Suicidal desire and the  
 485 capability for suicide: Tests of the interpersonal-psychological theory of suicidal behavior among  
 486 adults. *Journal of Consulting and Clinical Psychology* 76(1):72–83. doi: 10.1037/0022-  
 487 006X.76.1.72.  
 488 Woo JP. 2014. *The misunderstanding and prejudice of structural equation models*. Seoul:  
 489 Hannare Publishing, 276–278.  
 490 Young JE. 1999. *Cognitive therapy for personality disorders: A schema-focused approach*. New  
 491 York: Professional Resource Press.  
 492 Young JE, Brown G. 2005. *Young Schema Questionnaire-Short Form; Version 3 (YSQ-S3,*  
 493 *YSQ)*. APA PsycTests. doi: doi.org/10.1037/t67023-000.

## 494 Figure Captions

495 **Figure 1: The study's conceptual framework based on Joiner's interpersonal needs model**  
 496 **Figure 2: Verification of research model**

**Table 1**(on next page)

Suicidal ideation and attempt according to the participants' general characteristics

Suicidal ideation and attempt according to the participants' general characteristics

1 **Table 1:**

2 **Suicidal ideation and attempt according to the participants' general characteristics**

Characteristics	Categories	n (%) or M±SD	Suicidal ideation		Suicide attempt	
			M±SD	t or F (p)	M±SD	t or F (p)
Age (year)		23.38±3.56	7.90±3.58	1.375 (.136)	1.51±0.88	1.128 (.321)
Gender	Male	77 (21.0)	7.11±3.15	-2.161 (.031) *	1.49±0.09	-.209 (.834)
	Female	290 (79.0)	8.10±3.66		1.52±0.05	
Grade	1st	54 (14.7)	6.63±3.46	3.500 (.016) * 3>1	1.26±0.76	2.067 (.104)
	2nd	75 (20.4)	7.60±3.68		1.55±0.87	
	3rd	87 (23.7)	8.44±3.61		1.63±0.94	
	4th	151 (41.1)	8.18±3.46		1.52±0.88	
Residence	1	113 (30.8)	7.76±3.35	0.492 (.841)	1.49±0.86	0.710 (.664)
	2	37 (10.1)	7.16±3.37		1.35±0.59	
	3	5 (1.4)	8.40±4.16		1.60±0.89	
	4	15 (4.1)	7.67±2.50		1.20±0.56	
	5	115 (31.3)	8.09±3.57		1.58±0.90	
	6	49 (13.4)	8.45±4.33		1.63±1.20	
	7	9 (2.5)	7.56±4.30		1.56±0.88	
	8	24 (6.5)	7.79±3.73		1.45±0.72	
Economic status	Low	54 (14.7)	8.81±3.81	3.375 (.035)*	1.56±0.95	0.705 (.495)
	Middle	295 (80.4)	7.82±3.55		1.52±0.89	
	High	18 (4.9)	6.44±2.66		1.28±0.57	
Family composition	Living alone	60 (16.3)	8.03±3.33	.324 (.747)	1.78±1.01	2.649 (.009)*
	Living with at least 2	307 (83.7)	7.87±3.63		1.45±0.84	



	people					
COVID-19 confirmed experience	Yes	3 (0.8)	11.33±5.03	1.674 (.095)	2.00±1.00	0.960 (.338)
	No	364 (99.2)	7.86±3.56		1.50±0.88	
COVID-19 test experience	Yes	179 (48.8)	8.27±3.81	1.978 (.049) *	1.53±0.91	0.272 (.786)
	No	188 (51.2)	8.74±3.32		1.50±0.86	
Self-isolation experience	Yes	43 (11.7)	9.02±4.00	2.209 (.028) *	1.70±0.94	1.467 (.143)
	No	324 (88.3)	7.74±3.50		1.49±0.87	

3

**Table 2**(on next page)

Correlations among the major variables

Correlations among the major variables

1 **Table 2:**

2 **Correlations among the major variables**

Variables	Perceived burdensomeness	Thwarted belongingness	Early maladaptive schemas	Acquired capability for suicide	Suicidal ideation	Suicide attempts
Perceived burdensomeness	1					
Thwarted belongingness	.59 (p<.001)	1				
Early maladaptive schemas	-.00 (.940)	.05 (.940)	1			
Acquired capability	.22 (p<.001)	-.01 (.840)	-.06 (.246)	1		
Suicidal ideation	.61 (p<.001)	.36 (p<.001)	-.06 (.246)	.28 (p<.001)	1	
Suicide attempts	.37 (p<.001)	.17 (p=.001)	-.31 (.056)	.19 (p<.001)	.55 (p<.001)	1

3

**Table 3**(on next page)

Fitness of the models testing theory of suicide

Fitness of the models testing theory of suicide

1 **Table 3:**

2 **Fitness of the models testing theory of suicide**

	$\chi^2$	p	Standardized root mean square residual	Goodness- of-fit index	Adjusted goodness- of-fit index	Tucker– Lewis index	Normed fit index	Comparative fit index
Research model	2.915	.000	.007	1.000	.998	1.020	.999	1.000
	16.837	.010	.068	.985	.948	.946	.967	.978

3

**Table 4**(on next page)

Difference in path coefficients between low and high acquired capability for suicide groups

Difference in path coefficients between low and high acquired capability for suicide groups

1 **Table 4:**

2 **Difference in path coefficients between low and high acquired capability for suicide groups**

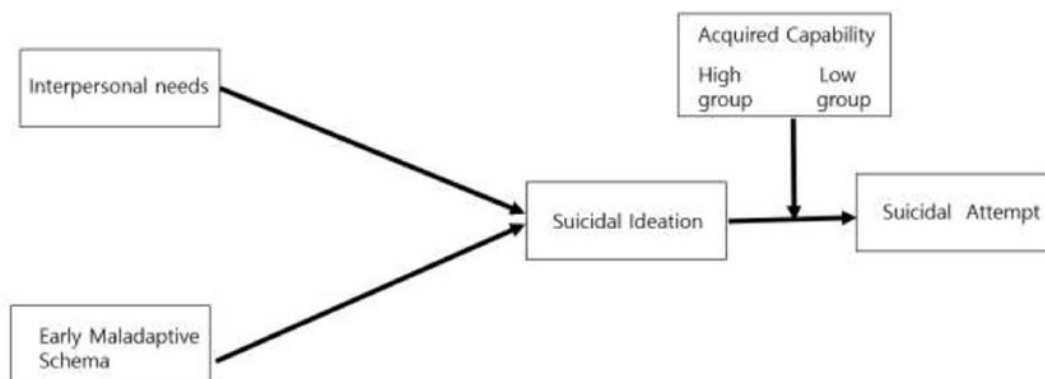
Path	df	$\Delta\chi^2$	Coefficient	
			Low group ( $\beta 1$ )	High group ( $\beta 2$ )
Suicidal ideation → Suicide attempt	1	7.057	.011	12.169 (<.001) *

3 \*  $p < 0.001$

# Figure 1

The study's conceptual framework based on Joiner's interpersonal needs model

The study's conceptual framework based on Joiner's interpersonal needs model





# Figure 2

Verification of research model

Verification of research model

