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Microplastic pollution at Qilianyu, the largest green turtle nesting grounds in the northern South China Sea

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As new persistent pollutants, microplastics have recently attracted considerable attention. When they are present in beach sediments, microplastics may adversely affect the nesting

and hatching of sea turtles, which rely on beaches to reproduce. In this study, microplastic pollution at Qilianyu was investigated. Qilianyu is located in the northeastern Xisha Islands and has the largest known nesting grounds for green turtles in China. The present results indicate that the average abundance of microplastics in the beach surface sediments was

338.44 \pm 315.69 thousand pieces·m⁻³ or 1353.78 \pm 853.68 pieces·m⁻², with foam and plastic blocks being the main microplastics identified. The microplastic particles were categorized as small and were predominantly within the 0.05-1 mm size category. Most microplastic particles were white. Polystyrene and polyethylene were found to be the most common forms of plastic present. Microplastic pollution was observed not only on the surface of the nesting grounds but also at the bottom of the nests at approximately 60 cm depth, which may be harmful to the incubation of sea turtle eggs. Based on the present findings, removing plastic litter on beaches is suggested to reduce the threat of microplastic pollution to marine life, including sea turtles. This is particularly the case for small pieces of plastic. Furthermore, the foam used in aquaculture should be recovered and replaced before it becomes fragmented owing to age. In addition, regional cooperation between stakeholders in the South China Sea should be strengthened to collectively promote the reduction and cleanup of marine litter.

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11 Abstract:

As new persistent pollutants, microplastics have recently attracted considerable attention. 12 When they are present in beach sediments, microplastics may adversely affect the nesting and 13 hatching of sea turtles, which rely on beaches to reproduce. In this study, microplastic pollution 14 at Qilianyu was investigated. Qilianyu is located in the northeastern Xisha Islands and has the 15 largest known nesting grounds for green turtles in China. The present results indicate that the 16 average abundance of microplastics in the beach surface sediments was 338.44 ± 315.69 17 thousand pieces \cdot m⁻³ or 1353.78 ± 853.68 pieces \cdot m⁻², with foam and plastic blocks being the main 18 microplastics identified. The microplastic particles were categorized as small and were 19 predominantly within the 0.05–1 mm size category. Most microplastic particles were white. 20 Polystyrene and polyethylene were found to be the most common forms of plastic present. 21 22 Microplastic pollution was observed not only on the surface of the nesting grounds but also at the bottom of the nests at approximately 60 cm depth, which may be harmful to the incubation of sea 23 turtle eggs. Based on the present findings, removing plastic litter on beaches is suggested to 24 reduce the threat of microplastic pollution to marine life, including sea turtles. This is 25 particularly the case for small pieces of plastic. Furthermore, the foam used in aquaculture 26 should be recovered and replaced before it becomes fragmented owing to age. In addition, 27 regional cooperation between stakeholders in the South China Sea should be strengthened to 28 collectively promote the reduction and cleanup of marine litter. 29 Keywords: Beach sediment; Chelonia mydas; Fourier transform infrared spectrometer; Qilianyu; 30 Microplastics; Nesting grounds. 31

32 1. Introduction

Marine plastic pollution is a common worldwide environmental problem (Martin et al., 33 2019). Plastic fragments in the ocean are easily broken down into many miniature fragments or 34 particles as a result of long-term physical and chemical action (Andrady, 2011; Hopewell et al., 35 2009). Microplastics are defined as plastic fragments or particles that have a diameter of less 36 than 5mm (Arthur et al., 2009). It is estimated that approximately 51 trillion plastic particles are 37 present in the world's oceans (Tirkey et al., 2021; Wessel et al., 2016). Microplastics in the 38 environment can migrate over long distances through external forces such as wind, rivers, and 39 ocean currents. They can pollute some of the most remote corners of the earth, from mountain 40 lakes to deep-sea sediments (Gago et al., 2018; Moreira et al., 2016; Nelms et al., 2017). 41 Microplastics are a new pollutant in the current marine environment and are gaining increasing 42 global attention (Andrady, 2011). However, most studies focus on offshore waters, with research 43 focused on remote areas such as deep seas, polar regions, islands and reefs still being extremely 44 limited (Auta et al., 2017; Imhof et al., 2017). 45 Sea turtles are highly loyal to their nesting grounds, with most adult female sea turtles 46 returning to the beach where they were born to lay their eggs (Triessnig et al., 2012). The 47

48 presence of microplastics on the beach can have a negative effect on the reproductive cycle of

49 sea turtles (Beckwith et al., 2018; Duncan et al., 2018). Sea turtles have temperature-dependent

50 sex determination, meaning that the sex determination for this species depends on the incubation

51 temperature. This is determined by the nest temperature during the mid-stage of the incubation

52 period (Mrosovsky & Yntema, 1980). The specific heat capacity of plastics is higher than that of

53	sand. Microplastics that have become-incorporated into the beach sand will increase the overall
54	temperature of the beach. This will then affect the nest temperature, which will cause a gender
55	imbalance in sea turtles (Andrady, 2011; Beckwith & Fuentes, 2018). Furthermore, microplastics
56	can absorb harmful chemical pollutants. This can affect the embryonic development of sea turtles
57	through osmosis, which can decrease hatching success (Bergeron, 1994; Yang et al., 2011).
58	Duncan et al. (2018) first discovered microplastics at a depth of 60 cm (nest depth) in nesting
59	areas for sea turtles in Mediterranean Cyprus, which considered that the presence of
60	microplastics may affect the hatching success rate and sex ratio of sea turtles, threatening their
61	population sustainability.
62	The populations of sea turtles in China have dropped sharply owing to massive illegal trade
63	and habitat loss, resulting in the loss of almost all nesting beaches (Lin et al., 2021). The Xisha
64	Islands in the South China Sea are currently the largest nesting grounds for green turtles in China.
65	A total of 100 green turtle nests were recorded per year from 2016 to 2019 (Jia et al., 2019;
66	Wang et al., 2019). These islands are the last surviving relatively intact land area in China where
67	sea turtle reproduction still occurs. This is due to the remoteness of the islands from the mainland
68	and low human population owing to low levels of development. The green turtle population in
69	the Xisha Islands has a unique genetic makeup, representing a newly defined population
70	(Gaillard et al., 2019). It is therefore vital to protect this distinct turtle population and their
71	nesting grounds to ensure the survival of these turtles into the future.
72	In this study, the abundance of microplastics in the nesting grounds of green turtles at
73	Qilianyu, Northeastern Xisha Islands is evaluated. The characteristics and possible sources of

microplastic pollutants are also described. Revised-management practices are also proposed, in
line with survey results. These data will help fill gaps in knowledge about microplastic pollution
in green turtle habitats in China. Furthermore, it will provide basic information and references
for the protection, management, and ecological restoration of beaches as sea turtle nesting
grounds in the South China Sea.

79 2. Materials and methods

80 2.1 Study area

81 The Qilianyu cluster $(16^{\circ}55'N - 17^{\circ}00' N, 112^{\circ}12'E - 112^{\circ}21' E)$ is located in the

northeastern Xisha Islands in the South China Sea, approximately 330 km from Hainan Island.

The eight small islands are connected by reefs, with a total area of approximately 1.32 km^2 . The

84 current permanent population is approximately 200, primarily living on Zhaoshu Island. With the

85 exception of Zhaoshu Island and North Island, all other islands in the archipelago are

86 uninhabited. In this study, sampling points were set up on six islands, including North Island

87 (NI), Middle Island (MI), South Island (SI), North Sand (NS), Middle Sand (MS), and South

88 Sand (SS). These islands have very good quality nesting sites for green turtles and have records

89 of green turtles laying eggs there in recent years (Figure 1).

90 2.2 Sample collection and separation

The geographic coordinates of the sample points were recorded using a global positioning system. Sediment samples within an area of 25 cm × 25 cm and a depth of 0–2 cm were collected from both the strand line and the turtle nesting line (TNL) for six nesting grounds. This sampling process was repeated three times at each nesting ground. Additional samples were collected from

95 the TNL using a custom-made cylindrical galvanised steel core with a diameter of 20 cm.

Samples were collected at depths of 0-60 cm (0-2 cm, <2-20 cm, <20-40 cm, and <40-60 cm).

97 This was to further explore the presence and extent of microplastic pollution at the depth where

98 sea turtles nest at approximately 60 cm (Duncan et al., 2018).

The saturated sodium chloride density method described by Zhang et al. (2021) was used to 99 separate the microplastics from the sediment. For each sample, 250 cm³ was weighed and placed 100 in a beaker. A total of 500 mL of saturated sodium chloride solution was added. The mixture was 101 then stirred for 2 minutes, after which it was left to settle for 10 minutes. The supernatant was 102 then passed through a 300-mesh sieve. The remaining compositions from the beaker were added 103 to sodium iodide solution and stirred for 2 minutes, after which the mixture was left to settle for 104 10 minutes. After density separation had taken place the sample was transferred to a 100 mL 105 beaker. A solution of 10% potassium hydroxide was added, and the mixture was left to digest for 106 two days. Finally, the supernatant solution was decanted and filtered through a 0.45 µm glass 107 108 fiber membrane (GF/F, 47 mm Ø, Whatman, Shanghai, China). This was done using a vacuum filtration device (GM-0.33A, Zhengzhou, China), while waiting for the one-step analysis. 109

110 2.3 Observation and identification of microplastics

All samples on the filter membrane were observed under a stereo microscope (SMZ-168

112 SERIES, MOTIC, Xiamen, China), and images were obtained with a SONY DSC-RX10M2

113 digital camera. The microplastics were classified and counted according to their morphological

114 characteristics, color and size (Zhang et al., 2021).

115 Samples suspected to be microplastics that were representative of each group were

116 randomly selected, and their surface structures were tested for polymer types using a Fourier

transform infrared spectrophotometer (IRTracer-100, SHIMADZU, Japan). The detector spectral
range was 600–4,000 cm⁻¹, co-adding 16 scans at a resolution of 8 cm⁻¹ (Zhang et al., 2021). The
resulting atlas was compared to the IR polymer spectral library, with only readings at a
confidence level of 70% or higher being considered reliable and accepted.

121 2.4 Experiment quality control

All containers were rinsed at least three times with Milli-Q water and then dried before the start of the experiments. All plastic equipment was replaced with non-plastic if possible. If this was not possible, they were rinsed three times with Milli-Q water and then inspected to ensure that no plastic fragments were generated during sample processing. In addition, all containers were always covered with aluminum foil to avoid contamination. Nitrile gloves and cotton lab coats were constantly worn throughout the experiment, with lab windows also remaining closed. Three procedural blanks were set to minimize contamination from the environment.

129 **2.5 Statistical analysis**

Statistical analysis was performed using Excel and SPSS 19.0 statistical software. All data were tested for normal distribution and variance homogeneity before the statistical analysis. Oneway analysis of variance was used to analyze the difference in microplastic abundance between the six nesting grounds. The relevant data are shown as mean \pm standard deviation. *P* < 0.05 was considered a significant difference, and *P* < 0.01 was considered a highly significant difference according to the two-tailed test.

136 **3. Results**

137 3.1 Distribution and abundance of microplastics pollution at Qilianyu

138	The quantity of microplastics found in the nesting grounds at Qilianyu ranged from $92-$
139	782 thousand pieces \cdot m ⁻³ or 368 – 3128 pieces \cdot m ⁻² , with an average abundance of 338.44 ±
140	315.69 thousand pieces \cdot m ⁻³ or 1353.78 ± 853.68 pieces \cdot m ⁻² . The distribution of microplastics
141	across the six islands had a degree of spatial variation (Figure 2). MS was the nesting ground that
142	was most severely polluted with microplastics, followed by NS, SI, and NI, respectively ($df = 17$;
143	F = 7.202; $P = 0.002$). In contrast, MI and SS were found to be less polluted in comparison to the
144	other sampling sites. The abundance of microplastics in the sediment samples exhibited a gradual
145	increase from northwest to southeast, with the exception of MI and SS.
146	A Bugh many investigations and studies into beach microplastic pollution exist, the
147	particle size survey range is not uniform. This makes it difficult to compare the variation in
148	abundance of microplastics at the regional level. Therefore, only broad comparisons were made
149	for the same particle sizes across different studies. When comparing the abundance of beach
150	microplastics with other areas (Table S1), results showed that the abundance of microplastics
151	(0.05–5 mm in size) in nesting grounds of green turtles at Qilianyu was lower than in Hainan
152	Island, Hong Kong, and Guangdong Province but similar to Ganquan and Quanfu Island in the
153	Xisha Islands. Moreover, microplastics with a particle size range of 0.05–0.33 mm accounted for
154	27.79 % of all particles in this study. The actual abundance of microplastics at Qilianyu is
155	therefore considerably lower than that found in Guangdong and hong Kong. It is likely that the
156	lower abundance of microplastics at Qilianyu in the Xisha Islands is associated with increasing
157	distance from the mainland.

158 **3.2 Morphological characteristics of microplastics**

159	When they were separated, the microplastics were shown to have different morphological
160	characteristics. Figure S1 shows the shape category of the microplastics found in the samples.
161	Among the microparticles observed, plastic blocks formed the largest proportion at 58.74 %,
162	followed by foams at 36.01 % and fibers at 4.76 %. Meanwhile, microbeads and films were
163	found to be relatively rare, accounting for only 0.75 % of the total microplastic particles (Figure
164	3).
165	The most common color of the sampled microplastics was white, This included both
166	transparent and white microplastics (68.71 %). Among these, white foam was the most common
167	type. The second most common color was black (23.87 %), Multicolored microplastics such as
168	yellow, green, gray, and blue were relatively rare, as shown in Figure 4. The average size of the
169	microplastics at Qilianyu is indicated in Figure 5. Small microplastic particles (<1 mm)
170	comprised the majority of the microplastics (90.22 %).
171	3.3 Polymer compositions of microplastics
172	The polymer compositions of the microplastics included polyethylene (PE), polypropylene
173	(PP), and polystyrene (PS) (Figure S2). The most common polymer compositions were PS
174	(40.74 %) and PE (40.74 %). Foams comprised PS, fibers and microbeads comprised PE, and
175	plastic blocks primarily included PE or PP (Figure 6).
176	3.4 Changes in microplastic density with increasing sampling depth
177	Results showed that as the sampling depth increased, the average density of the
178	microplastics decreased. When the depths were 0–2, <2–20, <20–40, and <40–60 cm, the

average microplastic densities were 418.89 ± 270.41 , 415.11 ± 301.35 , 277.85 ± 140.14 and 179 264.67 ± 200.40 thousand pieces m⁻³. However, there was no significant difference between 180 microplastic densities at each depth (df = 66; F = 2.043; P = 0.117 > 0.05) (Figure 7). This 181 indicated that microplastic pollution was not limited to the surface of green turtle nests but can 182 also be found deeper underground. This means that microplastics can come into close contact 183 with the turtle eggs, which usually lie at a depth of 60 cm. 184 4. Discussion 185 4.1 Current status of microplastic pollution at Qilianyu 186 Beaches are gathering points for ocean microplastics and key areas of environmental 187 pollution (Nelms et al., 2016; Poeta et al., 2014). Although the island is relatively remote from 188 the mainland, the nesting grounds of the green turtles at Qilianyu have still been exposed to 189 190 microplastic pollution. Microplastic pollution is closely related to regional population activities and economic development (Fang et al., 2021). The overall abundance of microplastics (size 191 range 0.05–5 mm) at Qilianyu was lower than that at other places such as Hainan and 192 Guangdong, China. This is likely the small population of the islands, implying that it is less 193 severely affected by land-sourced plastic litter. However, microplastics are stable and can exist 194 in the environment for a long time. Therefore, their abundance may increase with time. Measures 195 need to be taken to prevent the microplastic pollution increase in Qilianyu. 196 4.2 Sources of microplastic pollution for Oilianvu 197

The types of microplastics found at the nesting grounds at Qilianyu were primarily plastic blocks and foams, with the main compositions being PS and PE. However, Huang et al. (2020)

showed that the types of microplastics found in the sea water of the Xisha Islands are primarily
fibers and films, with the composition predominantly being polyethylene terephthalate (56.2%)
and PP (20.3%). The different types and compositions found indicate that microplastics in beach
sediment at Qilianyu may not be directly derived from local sea water but inste come primarily
from beach debris.

Previous investigations have found that the greatest proportion of beach debris at Qilianvu 205 is plastic and foam (Zhang et al., 2020) (Figure S3). Plastic blocks and foam can easily break in a 206 beach environment. This is more common under higher temperatures as a result of weathering 207 and degradation (Fok & Cheung, 2015; Fok et al., 2017). Owing to its tropical climate, Oilianvu 208 experiences strong direct solar radiation, accounting for 60–70% of the world's solar radiation. 209 The average annual average temperature is approximately 27.4 °C (Xu et al., 2018), which is 210 conducive to the breakdown of plastic. Furthermore, the highest percentage of the microplastics 211 at Qilianyu were white in color, followed by black. In line with the results of 24 investigations 212 analyzed by Hidalgo-Ruz et al. (2012), this is likely to be because of the weathering and fading 213 of plastics in beach or ocean environments. Therefore, it is likely that most of the microplastics 214 found as part the current study were from broken plastic debris on the beach. Items such as 215 plastic bottle caps being broken into small plastic particles on the beach were commonly seen 216 during field work (Figure S4). 217 Furthermore, Zhang et al. (2020) confirmed that the geographic source of beach litter at 218

219 Qilianyu was primarily from abroad, primarily from Southeast Asian countries, such as Vietnam

and Malaysia. Therefore, it is likely that the microplastics in the nesting grounds for the green

221	turtles at Qilianyu were produced from plastic litter from abroad that drifted there with the ocean
222	currents, washed ashore, and then was broken into smaller fragments on the beach.
223	4.3 Potential threats of microplastic pollution to sea turtles at Qilianyu
224	Consistent with previous research results (Mohamed Nor & Obbard, 2014; Peng et al., 2017;
225	Vianello et al., 2013), the microplastics found in the nesting grounds on Qilianyu were
226	predominantly small particles (0.05-1 mm). However, the smaller the microplastic particle size,
227	the larger their specific surface area. Implying that they can absorb more pollutants, which may
228	cause greater harm in the hatching of green turtles (Duncan et al., 2018).
229	The presence of microplastics is extensive in the sea turtle nesting grounds at Qilianyu, with
230	them even coming into close contact with their eggs. Owing to the effects of climate change and
231	the presence of microplastics, the beach temperature at Qilianyu has been increasing annually.
232	Temperatures have increased by 1 to 2 °C in 2021 in comparison with data collected in 2018 (T.
233	Zhang and L. Lin, unpublished data.). An increased incubation temperature may change the sex
234	ratio of any-sea turtles which are born locally. In addition, the microplastic surfaces can
235	accumulate heavy metals and organic pollutants (Bergeron, 1994; Yang et al., 2011). Jian et al.
236	(2020) indicated that heavy metals can enter the embryo through penetration of the shell
237	membrane. Therefore, we opined that microplastics near the green turtle nests may adversely
238	affect the development of turtle embryos. However, the degree of harm to the hatching of green
239	turtle eggs due to microplastics at Qilianyu is not yet clear. Therefore, research and monitoring
240	in this field needs to be strengthened going forward. Important areas for future research include
241	the impact of microplastic enrichment on turtle hatching temperature, and the impact of attached

242 microplastic surface pollutants on sea turtle hatching.

243 4.4 Management Suggestions

Foketal et al. (2017) opined that cleaning up plastic litter on beaches may reduce the 244 generation of microplastics there. However, the current beach litter cleaning at Qilianyu 245 primarily removes large plastic litter of a size > 10 cm. The overall amount of large litter has 246 been reduced to a low level by regular cleaning efforts. However, a large amount of small litter 247 (1-10 cm) still remains after cleaning has taken place. The proportion of smaller pieces of litter 248 being removed requires improvement (Zhang et al., 2020). In addition, during the peak period for 249 sea turtle nesting, the accumulation rate of plastic litter on the green turtle nesting ground beach 250 at North Island of Qilianyu was 1.01 pieces m⁻²·month⁻¹. This was higher than that found by 251 other studies (D. Q. Li and L. Lin, unpublished data.). This plastic litter should be cleaned up in 252 time to prevent it from breaking down to form microplastics. Therefore, it is suggested that the 253 strength and frequency of beach litter cleaning should increase. This should particularly focus on 254 the removal of small plastic particles and foam, with cleaning frequency being increased from 255 once a week to once every 2-3 days. In view of the increasing number of foam plastics, it is 256 suggested that the foam used for local commercial activities such as aquaculture and seafood 257 transportation should be recovered and replaced before aging and fragmentation into smaller 258 pieces of plastic litter occurs. 259

Considering the litter at Qilianyu being primarily from abroad, regional cooperation
between stakeholders in the South China Sea should be strengthened, with joint promotion taking
place about the appropriate treatment of marine litter. This will help to reduce the generation of

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263	large plastic litter and prevent large plastics from breaking down to form more microplastics, to
264	the benefit of the conservation of the green turtle populations of the South China sea.
265	Credit author statement
266	Ting Zhang: Conceptualization; Methodology; Investigation; Formal analysis; Writing-
267	original draft. Deqin Li: Conceptualization; Methodology; Investigation; Formal analysis;
268	Writing-original draft. Jichao Wang: Validation; Visualization; Writing-review & editing.
269	Yunteng Liu: Methodology; Writing-review & editing. Rui Li: Visualization; Investigation,
270	Methodology. Shannan Wu: Methodology; Writing-review & editing. Liu Lin:
271	Conceptualization; Writing-review & editing. Haitao Shi: Conceptualization; Writing-review &
272	editing.
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Figure 1

Figure 1. Map of study area and sampling points.



Figure 2. Microplastic abundance in surface sediments of six nesting grounds at Qilianyu. Different lowercase letters in the figure indicate significant differences at the P < 0.05 level.

Different lowercase letters in the figure indicate significant differences at the *P*<0.05 level.





Figure 3. Composition (%) of microplastics with different shapes (n = 18).

The solid horizontal lines from the top to the bottom of each box plot indicate the maximum value, 75% quartile, median, 25% quartile, and minimum value. Empty boxes indicate average values, and solid circles are outliers.



Types of microplastic

Figure 4. Composition (%) of microplastics with different colors (n = 18).

The solid horizontal lines from the top to the bottom of each box plot indicate the maximum value, 75% quartile, median, 25% quartile, and minimum value. Empty boxes indicate average values, and solid circles are outliers.



Figure 5. Composition (%) of microplastics with different grain sizes (n = 18).

The solid horizontal lines from the top to the bottom of each box plot indicate the maximum value, 75% quartile, median, 25% quartile, and minimum value. Empty boxes indicate average values, and solid circles are outliers.



Figure 6. Composition of the selected items from six nesting grounds at Qilianyu.



Figure 7

Figure 7. Values of average microplastic abundance at different depths in the nesting grounds of green turtles.

