

# The association of plasma osteoprotegerin levels and functional outcomes post endovascular thrombectomy in acute ischemic stroke patients: a retrospective observational study

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**Background:** Osteoprotegerin (OPG), also known as osteoclastogenesis inhibitory factor, is a tumor necrosis factor receptor superfamily component. There is an established relationship between OPG and cardiovascular disease. We hypothesized that plasma OPG levels are associated with functional outcomes in acute ischemic stroke patients who have undergone endovascular thrombectomy (EVT). **Methods:** From April 2014 through December 2020, a total of 360 acute ischemic stroke patients who underwent EVT were prospectively included in this retrospective observational study. Plasma OPG was measured after fasting for 12 postoperative hours after EVT. A modified Rankin Scale (mRS) was used to assess functional outcomes 3 months after index stroke occurrence. Univariate and multivariate binary logistic regression and ordinal logistic regression analyses were performed to investigate the association of plasma OPG levels with poor functional outcomes. **Results:** Overall, 145 (40.2%) patients had poor (mRS >2) outcomes. The mean  $\pm$  standard deviation plasma OPG level was  $200.2 \pm 74.4$  pg/mL. Multivariate analysis after adjusting for sex, body mass index, and variables with  $p < 0.1$  in the preceding univariate analysis revealed high plasma OPG levels were independently associated with poor functional outcomes (highest tertile vs. lowest tertile of OPG; odds ratios (OR) 2.121, 95% confidence interval (CI) [1.089–4.191],  $p = 0.037$  in binary logistic regression, OR 2.102, 95% CI [1.301–3.412],  $p = 0.002$  in ordinal logistic regression analysis). **Conclusions:** This study demonstrated that higher plasma OPG levels were associated with poor functional outcomes in acute ischemic stroke patients who underwent EVT.

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4

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26 **Abstract**

27 **Background:** Osteoprotegerin (OPG), also known as osteoclastogenesis inhibitory factor, is a  
28 tumor necrosis factor receptor superfamily component. There is an established relationship  
29 between OPG and cardiovascular disease. We hypothesized that plasma OPG levels are  
30 associated with functional outcomes in acute ischemic stroke patients who have undergone  
31 endovascular thrombectomy (EVT).

32 **Methods:** From April 2014 through December 2020, a total of 360 acute ischemic stroke  
33 patients who underwent EVT were prospectively included in this retrospective observational  
34 study. Plasma OPG was measured after fasting for 12 postoperative hours after EVT. A modified  
35 Rankin Scale (mRS) was used to assess functional outcomes 3 months after index stroke  
36 occurrence. Univariate and multivariate binary logistic regression and ordinal logistic regression  
37 analyses were performed to investigate the association of plasma OPG levels with poor  
38 functional outcomes.

39 **Results:** Overall, 145 (40.2%) patients had poor (mRS >2) outcomes. The mean  $\pm$  standard  
40 deviation plasma OPG level was  $200.2 \pm 74.4$  pg/mL. Multivariate analysis after adjusting for  
41 sex, body mass index, and variables with  $p < 0.1$  in the preceding univariate analysis revealed  
42 high plasma OPG levels were independently associated with poor functional outcomes (highest  
43 tertile vs. lowest tertile of OPG; odds ratios (OR) 2.121, 95% confidence interval (CI) [1.089–  
44 4.191],  $p = 0.037$  in binary logistic regression, OR 2.102, 95% CI [1.301–3.412],  $p = 0.002$  in  
45 ordinal logistic regression analysis).

46 **Conclusions:** This study demonstrated that higher plasma OPG levels were associated with poor  
47 functional outcomes in acute ischemic stroke patients who underwent EVT.

## 48 **Introduction**

49 In acute ischemic stroke management, endovascular thrombectomy (EVT) is widely practiced  
50 and supported by evidence from systematic reviews of randomized controlled trials (class 1A  
51 evidence). Recently, a time window of up to 24 hours for EVT implementation has been  
52 suggested (Powers et al. 2015; Powers et al. 2018). It is important for clinicians or  
53 neurointerventionalists to predict prognosis when performing EVT on acute ischemic stroke  
54 patients. Early and successful recanalization of occluded blood vessels with the presence of good  
55 collaterals have been associated with functional outcomes among acute ischemic stroke patients  
56 after EVT (Goyal et al. 2019). However, more research is needed regarding biomarkers  
57 associated with the prognosis after EVT.

58

59 Osteoprotegerin (OPG), a component of the tumor necrosis factor (TNF) receptor superfamily,  
60 functions as a decoy receptor for receptor activator of nuclear factor- $\kappa$ B ligands, and it inhibits  
61 the apoptosis of specific cells by binding to TNF-related apoptosis ligands (Simonet et al. 1997;  
62 Yasuda et al. 1998). OPG is elicited from vascular endothelia or smooth muscle cells, and it  
63 regulates inflammatory processes and vascular injury (Zannettino et al. 2005). Moreover, these  
64 inflammatory reactions among stroke patients are closely associated with functional outcomes  
65 assessed at 3 months after stroke by the modified Rankin Scale (mRS) (Chen et al. 2021; Li et al.  
66 2016; Oh et al. 2020).

67

68 Endothelial dysfunction or damage could occur after performing EVT (Gory et al. 2013;  
69 Rochette et al. 2019; Teng et al. 2015). This endothelial dysfunction or damage is related to the  
70 prognosis of patients after EVT (Seo et al. 2017; Stepien et al. 2012). Therefore, there is a

71 possibility that the plasma OPG level representing endothelial dysfunction is positively  
72 correlated with functional outcomes in stroke patients who have undergone EVT. Previous  
73 studies have suggested an association between plasma OPG levels and cardiovascular disease.  
74 Elevated plasma levels of OPG are associated with coronary artery atherosclerosis (Rhee et al.  
75 2005), carotid artery stenosis (Kadoglou et al. 2008), and peripheral artery atherosclerosis (Chen  
76 et al. 2017; Helske et al. 2007). In stroke patients, plasma OPG levels are associated with the  
77 burden of cerebral atherosclerosis and poor prognosis (Kim et al. 2013; Nezu et al. 2015; Song et  
78 al. 2012; Wu et al. 2016). However, little is known about the association between OPG levels  
79 and functional outcomes in acute ischemic stroke patients after EVT. After performing the EVT,  
80 endothelial dysfunction or damage could have occurred (Gory et al. 2013; Rochette et al. 2019;  
81 Teng et al. 2015). This endothelial dysfunction or damage is related to the prognosis of patients  
82 after EVT (Seo et al. 2017; Stepien et al. 2012). Therefore, we hypothesized that the plasma  
83 OPG level representing endothelial dysfunction or damage would be associated with functional  
84 outcomes in stroke patients who have undergone EVT.

85

## 86 **Materials & Methods**

### 87 **Study design**

88 This study was a retrospective observational study. Our institutional review board approved this  
89 study, and we received informed consent from all patients or their closest relatives (EUMC  
90 2014-04-023, 2018-10-036). The informed consent during the data collection process was  
91 explained directly to the patient by the researcher and was then signed. Withdrawal of consent  
92 was possible at any time, and blood samples from the patients who withdrew consent were not

93 included in the final analysis. After collecting the research data, data management and analysis  
94 were performed in an anonymized state by entering the patient's de-identified study number.

95

## 96 **Subjects**

97 From April 2014 through December 2020, 413 patients diagnosed with acute ischemic stroke and  
98 who underwent EVT were prospectively screened from Ewha Womans University Seoul  
99 Hospital and Ewha Womans University Mokdong Hospital in Korea. All screened patients were  
100 1) admitted within 24 hours after the onset of neurological symptoms or the last known normal  
101 time, 2) diagnosed with acute ischemic stroke confirmed by brain computed tomography (CT) or  
102 magnetic resonance image (MRI), and 3) performed EVT after confirming vessel occlusion and  
103 perfusion-diffusion mismatch. We excluded patients who had uncommon stroke risk factors,  
104 including cancer (n = 8), autoimmune disease (n = 2), or a history of bone fracture (n = 4) within  
105 the last 2 months because OPG is closely involved with systemic inflammatory reactions and  
106 bone metabolism (Kiechl et al. 2006; Song et al. 2012). Any samples that could not be analyzed  
107 for this study due to poor blood sampling quality were excluded (n = 1), and patients who  
108 refused (n = 33) or withdrew consent were also excluded (n = 5) (Fig. 1). Finally, we included  
109 360 patients in this study and collected blood samples for plasma OPG measurement after fasting  
110 for 12 postoperative hours after EVT.

111

112 We evaluated all patients using our institution's standard stroke evaluation protocol based on the  
113 American Heart Association and Korean clinical practice guidelines (Jauch et al. 2013; Ko et al.  
114 2019), which included routine blood tests (blood glucose level at admission, total cholesterol,  
115 low-density lipoprotein, triglyceride, white blood cell count, hemoglobin, creatinine, total  
116 calcium, phosphate, albumin, C-reactive protein, and vitamin D 25(OH)D), chest radiography,

117 12-lead electrocardiography, and brain imaging including CT and CT angiography and/or MRI  
118 and MR angiography or digital subtraction angiography (DSA) (Chang et al. 2018).

119

## 120 **Clinical and Radiologic Assessment**

121 Detailed information regarding risk factors is shown in the supplementary methods (Chang et al.  
122 2018). The National Institute of Health Stroke Scale (NIHSS) was used to evaluate the severity  
123 of neurological symptoms. Successful recanalization was defined as a grade of 2b or 3, assessed  
124 by modified treatment in cerebral ischemia based on the final DSA (Higashida et al. 2003).  
125 Hemorrhagic transformation was defined according to the European Cooperative Acute Stroke  
126 Study (ECASS)-3 trial classification and was confirmed in follow-up brain images by consensus  
127 discussions (Hacke et al. 2008; Higashida et al. 2003). Stroke subtypes were classified into three  
128 categories according to the Trial of Org 10172 in Acute Stroke Treatment classification system  
129 (Adams et al. 1993).

130

## 131 **Acute stroke treatment**

132 Administration of intravenous tissue plasminogen activator (IV tPA) and EVT were performed  
133 according to current guidelines for acute stroke management (Hacke et al. 2008). IV tPA  
134 administration was performed under the supervision of a neurologist according to standard  
135 guidelines within 4.5 hours of symptom onset (Hacke et al. 2008). EVT also adhered to standard  
136 guidelines, and the decision on whether to perform EVT was arrived at through discussions  
137 between neurologists and neuroradiologists (Jauch et al. 2013; Kernan et al. 2014). If the  
138 appropriate time window for performing EVT was uncertain, CT or MR angiographic, brain MR  
139 diffusion-perfusion, diffusion-fluid attenuated inversion recovery (FLAIR), and diffusion-

140 clinical mismatch findings were considered to inform the decision (Jauch et al. 2013; Kernan et  
141 al. 2014). EVT primarily involved mechanical thrombectomy. If reocclusion or distal  
142 embolization was present, glycoprotein IIb/IIIa antagonists could be administered as adjuvant  
143 therapy. Noncontrast brain CT was routinely performed 24 hours after EVT, and brain MR  
144 (diffusion, FLAIR, gradient recalled echo image) and MR angiography were also routinely  
145 performed after 48–72 hours.

146

### 147 **Outcomes**

148 In the present study, a modified Rankin Scale (mRS) at 3 months (90 days  $\pm$  14 days) after index  
149 stroke occurrence was used to assess functional outcomes. The mRS was evaluated by a  
150 neurologist with more than 5 years of experience and assessed based on face-to-face visits when  
151 the patients visit the outpatient clinic; if they could not visit in person, we provided a  
152 teleconsultation. Poor outcomes were defined by mRS ratings  $>2$ .

153

### 154 **Measurement of plasma OPG levels**

155 At admission, we collected venous samples in EDTA from all enrolled patients. Samples were  
156 immediately centrifuged at 1900 g for 15 min at the correct temperature (4°C), followed by  
157 storing at  $-80^{\circ}\text{C}$  until analysis. OPG DuoSet (R&D Systems, Abingdon, UK), an enzyme-linked  
158 immunosorbent assay kit, was used to measure plasma OPG levels. The detection range was  
159 31.25–4000 pg/mL. One of our research team members measured and averaged OPG levels in  
160 duplicate (Song et al. 2012). Coefficients of variability were 3.1% for inter-assay comparisons  
161 and 2.5% for intra-assay comparisons.

162

**163 Sample size estimation**

164 According to previously published studies, the rates of poor functional outcome defined as below  
165 mRS 2 are reported to be between 20 and 40% (Appelros et al. 2003; Song et al. 2012). We  
166 applied a formula for sample size calculation for descriptive studies with proportions. Using a  
167 30% prevalence rate, a precision value of 0.05 and a Z-value of 1.96, the formula yielded a  
168 minimum sample size of 323. Taking into account a 10% loss to follow up, this study planned to  
169 include a total of 355 participants.

170

**171 Statistical analysis**

172 Continuous variables and categorical variables were analyzed using independent t-tests, the  
173 Mann–Whitney test, Kruskal–Wallis test, chi-square test, or Fisher's exact test, as appropriate.  
174 The Shapiro–Wilk test was performed for evaluating normality, and continuous variables in our  
175 dataset were normally distributed except for the NIHSS. Univariate and multivariate binary  
176 logistic regression and ordinal logistic regression analyses were performed to investigate the  
177 association of plasma OPG levels with poor functional outcomes. For multivariate analyses, sex,  
178 body mass index, and variables with  $p$  values  $<0.1$  in the univariate analysis (age, NIHSS,  
179 thrombolysis methods, number of trials for thrombectomy, successful recanalization, any  
180 hemorrhagic transformation, blood glucose level at admission, hemoglobin, total cholesterol, C-  
181 reactive protein, and vitamin D 25(OH)D) were adjusted. Because of over-fitting in the logistic  
182 regression, hemorrhagic transformation was entered after dichotomization. For the sensitivity  
183 analysis, plasma OPG levels were entered in the multivariate analysis model as continuous  
184 variables, per standard deviation and categorical variable (tertiles), respectively. For  
185 investigating the predictability of the plasma OPG levels for the prognosis, receiver operator

186 characteristic (ROC) curves, area under the curve (AUC), integrated discrimination index (IDI)  
187 and net reclassification improvement (NRI) were performed to evaluate the performance of OPG  
188 levels for predicting poor outcomes (Pencina et al. 2012). We performed a subanalysis to check  
189 whether the association between OPG levels and functional outcome was consistent according to  
190 the door-to-puncture time. Using 8 hours of door-to-puncture time as a cut-off, we divided  
191 patients into two groups (Jahan et al. 2019). All variables with  $p$  values  $<0.05$  were considered  
192 statistically significant. Statistical analyses were performed using SPSS Statistics for Windows,  
193 version 21.0 (IBM Corp., Armonk, NY, USA).

194

## 195 **Results**

### 196 **Demographic data**

197 Demographic data are shown in Table 1 and thrombectomy related variables and stroke subtypes  
198 are shown in Table 2. Of the 360 patients enrolled, 185 (51.4%) were men. Their mean age was  
199  $74.9 \pm 13.9$  years. Their mean  $\pm$  standard deviation plasma OPG level was  $200.2 \pm 74.4$  pg/mL.  
200 Of all included patients, 215 (59.8%) and 145 (40.2%) patients had good (mRS  $\leq 2$ ) and poor  
201 (mRS  $>2$ ) functional outcomes, respectively. Plasma OPG levels were higher in patients with  
202 poor outcomes ( $212.9 \pm 63.7$  vs.  $191.7 \pm 79.8$  pg/mL,  $p = 0.008$ ) than in patients with good  
203 outcomes. Patients with poor outcome were older ( $78.1 \pm 13.2$  vs.  $72.7 \pm 13.9$  years,  $p < 0.001$ )  
204 and were more likely to have diabetes mellitus (68.3% vs. 41.9%,  $p < 0.001$ ), undergo  
205 mechanical thrombectomy only (67.6% vs. 54.4%,  $p = 0.017$ ), and undergo hemorrhagic  
206 transformation (46.9% vs. 28.8%,  $p = 0.001$ ), and they less frequently underwent successful  
207 recanalization (74.5% vs. 94.4%,  $p < 0.001$ ) than patients with good outcomes. Compared with  
208 patients with good outcomes, patients with poor outcomes also had higher NIHSS scores

209 (median 18, interquartile range [13–22] vs. median 12 interquartile range [7–16],  $p < 0.001$ ) and  
210 a higher mean blood glucose level at admission ( $148.2 \pm 48.1$  vs.  $134.8 \pm 50.9$  years,  $p = 0.013$ ).  
211 Patients with poor outcomes had lower mean vitamin D 25(OH)D ( $19.4 \pm 6.7$  vs.  $21.5 \pm 6.8$   
212 years,  $p = 0.004$ ) and hemoglobin ( $12.9 \pm 2.2$  vs.  $13.5 \pm 1.8$  years,  $p = 0.004$ ) levels than patients  
213 with good outcomes (Table 1 and Table 2). Supplementary Table 1 shows the correlations  
214 between the plasma OPG concentration tertiles and other variables. Higher plasma OPG  
215 concentrations were associated with higher NIHSS scores ( $p = 0.011$ ).

216

### 217 **Plasma OPG levels and functional outcomes**

218 After adjusting for sex, body mass index, and variables with  $p < 0.1$  in the univariate analysis  
219 (age, diabetes mellitus, NIHSS, thrombolysis methods, number of trials for thrombectomy,  
220 recanalization, any hemorrhagic transformation, glucose at admission, hemoglobin, total  
221 cholesterol, and C-reactive protein, and vitamin D 25(OH)D), higher plasma OPG levels were  
222 independently associated with poor functional outcomes (continuous variable: odds ratios (OR)  
223 1.004, 95% confidence interval (CI) (1.000–1.008),  $p = 0.031$ ; per standard deviation: OR 1.373,  
224 95% CI (1.039–1.824),  $p = 0.031$ ; highest tertile vs. lowest tertile: OR 2.121, 95% CI (1.089–  
225 4.191),  $p = 0.037$ ) in the multivariate binary logistic regression analysis (Table 3).

226 Supplementary Table 2 shows the associations between the poor functional outcome and other  
227 variables after adjusting plasma OPG concentration in the univariate and multivariate binary  
228 logistic regression analysis.

229

230 In the ordinal logistic regression analysis with mRS as a dependent variable, higher plasma OPG  
231 concentrations were associated with poor functional outcomes (continuous variable: OR 1.004,

232 95% CI (1.002–1.007),  $p = 0.029$ ; per standard deviation: OR 1.388, 95% CI (1.134–1.700),  $p =$   
233 0.029; highest tertile vs. lowest tertile: OR 2.102, 95% CI (1.301–3.412),  $p = 0.002$ ) (Table 4).  
234 Supplementary Table 3 shows the associations between the poor functional outcome and other  
235 variables after adjusting plasma OPG concentration in the univariate and multivariate binary  
236 logistic regression analysis. In the ROC comparison, the AUC of the multivariate analysis model  
237 with OPG was higher, but not significantly so, than the model without OPG (AUC 0.859 vs  
238 0.855,  $p = 0.379$ ). In contrast, NRI was significantly increased in the multivariate analysis model  
239 with OPG relative to without OPG (0.012,  $p = 0.027$ ), although IDI did not increase it (0.174,  $p$   
240 = 0.104) (Supplementary Table 4).

241

242 In the subgroup analysis, there were no associations between plasma OPG levels and functional  
243 outcomes at 3 months after index stroke according to sex, age, hypertension, diabetes mellitus  
244 status, body mass index, hypercholesterolemia status, coronary artery disease status, congestive  
245 heart failure status, atrial fibrillation status, smoking history, alcohol intake, previous stroke  
246 history, NIHSS score, or thrombolysis method (mechanical thrombectomy only vs. tPA and  
247 mechanical thrombectomy). Onset-to-puncture time (<480 min vs.  $\geq 480$  min,  $p$  for interaction =  
248 0.028) was the only variable with a significant association in the subgroup analysis. In the binary  
249 logistic regression analysis, the association of plasma OPG levels with poor functional outcomes  
250 was significant among patients with door-to-puncture times <480 min (OR 1.551, 95% CI  
251 (1.199–2.030),  $p = 0.001$ ), but it was not significant in patients with door-to-puncture times  $\geq 480$   
252 min (OR 0.863, 95% CI (0.541–1.355),  $p = 0.526$ ) (Supplementary Table 5).

253

## 254 Discussion

255 The key finding of this study was that higher plasma OPG levels were associated with poor  
256 functional outcomes in acute ischemic stroke patients who underwent EVT. Several previous  
257 studies have revealed that OPG levels are associated with the presence and severity of carotid  
258 artery stenosis, coronary atherosclerosis, and peripheral artery atherosclerosis (Helske et al.  
259 2007; Kadoglou et al. 2008; Rhee et al. 2005). Previous studies also showed that OPG might  
260 predict symptomatic carotid atherosclerosis (Musialek et al. 2013) and that OPG is a risk factor  
261 for progressive atherosclerosis and cardiovascular disease (Kiechl et al. 2004). The Framingham  
262 Heart Study confirmed that higher plasma OPG levels are associated with increased severity of  
263 silent lacunar infarction and white matter hyperintensities in brain MRI (OR 1.1, 95% CI 1.0–  
264 1.2) (Shoamanesh et al. 2015). Moreover, stroke patients with severe cerebral artery  
265 atherosclerosis and poor functional outcomes have higher plasma OPG levels (Kim et al. 2013;  
266 Song et al. 2012; Ustundag et al. 2011). Indeed, there are significant associations between  
267 coronary artery disease, higher plasma OPG levels, and long-term mortality in the context of  
268 coronary artery disease (Omland et al. 2008; Venuraju et al. 2010) and future cardiovascular  
269 death in the general population (Vik et al. 2011). Long-term all-cause mortality in stroke patients  
270 is also associated with higher plasma OPG levels (Jensen et al. 2010). Our findings are in line  
271 with these previous studies and may provide additional evidence that plasma OPG levels are  
272 associated with poor functional outcomes among patients who have undergone EVT.

273

274 Our study could not delineate the mechanism underlying the association between increased  
275 plasma OPG levels and poor functional outcomes, but some hypotheses have been proposed.  
276 First, higher OPG levels are associated with modulations of matrix metalloproteinase-9  
277 production in vascular cells, and matrix metalloproteinases (including matrix metalloproteinase-

278 9) play an important role in neuroinflammation in patients undergoing thrombolytic therapy (Heo  
279 et al. 2003). Second, mechanical thrombectomy is associated with endothelial trauma or injury  
280 (Park et al. 2013). The OPG pathway also can modulate endothelial dysfunction and endothelial  
281 inflammation (Rochette et al. 2019; Shin et al. 2006). Therefore, the OPG-related molecular  
282 pathway could be activated by endothelial injury or endothelial dysfunction caused by brain  
283 damage or mechanical thrombectomy itself. Third, OPG can induce a complex with von  
284 Willebrand factor in endothelial vessels (Zannettino et al. 2005). This OPG–von Willebrand  
285 factor complex is presented in blood and could modulate vascular injury, inflammation, and  
286 thrombogenesis (Zannettino et al. 2005). Therefore, increased endothelial destabilization and  
287 thrombogenesis due to brain tissue injury or mechanical thrombectomy via OPG–von Willebrand  
288 factor complexes may contribute to poor functional outcomes. Fourth, it is known that calcified  
289 plaque lesions express RANKL, which initiates osteogenic phenotypic transformation and  
290 increases alkaline phosphatase activity. OPG, which functions as a decoy receptor for RANKL,  
291 may inhibit this osteogenic process and thus arterial calcification. Therefore, increased OPG  
292 levels may reflect the degree of calcified plaque lesions (Venuraju et al. 2010).

293

294 In this study, the association between plasma OPG levels and poor functional outcomes among  
295 patients who underwent EVT was demonstrated specifically among patients with door-to-  
296 puncture times <480 min. We acknowledge that we cannot clearly explain why plasma OPG  
297 levels are associated with poor functional outcomes only among patients with an onset time <8  
298 hours. Perhaps, for acute ischemic stroke patients who have undergone EVT, it can be speculated  
299 that the association between plasma OPG and functional outcomes varies over time. This may be  
300 because the effect of plasma OPG on stroke prognosis becomes smaller as time passes after

301 stroke occurrence or because other factors other than OPG have greater effects on prognosis.  
302 Further studies are needed in this area. Therefore, when interpreting our study results, it should  
303 be noted that the relationship between plasma OPG levels and poor functional outcomes in acute  
304 ischemic stroke patients who underwent EVT was significant mainly in patients with door-to-  
305 puncture times <480 min.

306 There were some limitations to this research. First, we did not have blood sample data for the  
307 general population. However, this study investigated the association between plasma OPG levels  
308 and functional outcomes in stroke patients who underwent EVT. Second, all examination results  
309 were collected once at the time of hospitalization. Therefore, we could not evaluate continuous  
310 or serial changes in plasma OPG levels or the effects of such changes on stroke prognosis. Third,  
311 it is difficult to infer causal relationships because our study is an observational study for the  
312 association.

313 This study showed that plasma OPG levels are related to prognosis in acute stroke patients  
314 receiving EVT. Accordingly, we could utilize plasma OPG as a prognostic biomarker in stroke  
315 patients undergoing EVT. For example, if the plasma OPG level is high in stroke patients after  
316 they undergo EVT, the outcome may be poor, so these patients may need a more aggressive  
317 treatment strategy or close monitoring. Furthermore, the possibility of endothelial damage can be  
318 estimated based on the OPG level, and it can be used as a reference for limiting the number of  
319 trials for stent retrievers in EVT.

320

## 321 **Conclusions**

322 Our study demonstrated that increased plasma OPG levels were associated with poor functional  
323 outcomes in acute ischemic stroke patients who underwent EVT. We may ascribe this

324 association to the pleiotropic roles of OPG in neuroinflammation, endothelial dysfunction and  
325 thrombogenesis. Plasma OPG may be a potential biomarker for predicting neurologic outcomes  
326 in acute ischemic stroke patients who undergo EVT.

327

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**Table 1** (on next page)

Demographics of the included patients

1 **Table 1.** Demographics of the included patients

Variables	Total patients (n=360)	mRS≤2 (n=215)	mRS>2 (n=145)	<i>p</i> value
<b>Demographics</b>				
Sex, male	185 (51.4)	113 (52.6)	72 (49.7)	0.665
Age, years	74.9 ± 13.9	72.7 ± 13.9	78.1 ± 13.2	<0.001
Body mass index, kg/m <sup>2</sup>	20.5 ± 4.0	20.8 ± 3.8	20.1 ± 4.2	0.102
<b>Risk factors</b>				
Hypertension	269 (74.7)	163 (75.8)	106 (73.1)	0.648
Diabetes mellitus	189 (52.5)	90 (41.9)	99 (68.3)	<0.001
Hypercholesterolemia	164 (45.6)	95 (44.2)	69 (47.6)	0.598
Coronary artery disease	97 (26.9)	57 (26.5)	40 (27.6)	0.917
Congestive heart failure	27 (7.5)	12 (5.6)	15 (10.3)	0.139
Atrial fibrillation	182 (50.6)	106 (49.3)	76 (52.4)	0.637
Smoking	58 (16.1)	33 (15.3)	25 (17.2)	0.739
Alcohol intake	87 (24.2)	49 (22.8)	38 (26.2)	0.537
Previous stroke history	104 (28.9)	58 (27.0)	46 (31.7)	0.392
<b>Prior medication</b>				
Anti-platelet	119 (33.1)	70 (32.6)	49 (33.8)	0.808
Anti-coagulant	72 (20.0)	48 (22.3)	24 (16.6)	0.179
Statins	117 (32.5)	69 (32.1)	48 (33.1)	0.841
NIHSS	14 [9 – 19]	12 [7 – 16]	18 [13 – 22]	<0.001
<b>Blood laboratory findings</b>				
Osteoprotegerin, pg/mL	200.2 ± 74.4	191.7 ± 79.8	212.9 ± 63.7	0.008
Vitamin D 25(OH)D, ng/mL	20.7 ± 6.9	21.5 ± 6.8	19.4 ± 6.7	0.004
Glucose at admission, mg/dL	140.2 ± 50.1	134.8 ± 50.9	148.2 ± 48.1	0.013
Triglyceride, mg/dL	112.0 ± 66.4	107.8 ± 67.0	118.3 ± 65.0	0.141
Total cholesterol, mg/dL	163.5 ± 43.8	166.9 ± 42.8	158.5 ± 44.9	0.075
Low-density lipoprotein, mg/dL	95.4 ± 36.4	96.9 ± 35.4	93.3 ± 37.9	0.353
White blood cell count, ×10 <sup>3</sup>	8.3 ± 4.0	8.0 ± 3.9	8.7 ± 4.2	0.092
Hemoglobin, mg/dL	13.3 ± 2.0	13.5 ± 1.8	12.9 ± 2.2	0.004
Creatinine, mg/dL	0.9 ± 0.5	0.9 ± 0.5	0.9 ± 0.6	0.830
Total calcium, mg/dL	8.2 ± 0.4	8.2 ± 0.4	8.2 ± 0.3	0.879

Phosphate, mg/dL	3.1 ± 0.5	3.1 ± 0.5	3.1 ± 0.6	0.246
C-reactive protein, mg/L	0.8 ± 2.2	0.6 ± 0.9	1.1 ± 3.3	0.026

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2 Data are shown as n (%), mean ± standard deviation or median [interquartile range].

3 Statistical analyses were performed using the Chi-square test for categorical variables and independent t-test for continuous variables  
4 except NIHSS, analyzed by the Mann–Whitney test.

5 NIHSS: National Institute of Health Stroke Scale.

6

7

8

**Table 2** (on next page)

Thrombectomy related variables and stroke subtypes of included patients

1 **Table 2.** Thrombectomy related variables and stroke subtypes of included patients

Variables	Total patients (n=360)	mRS≤2 (n=215)	mRS>2 (n=145)	<i>p</i> value
Thrombolysis methods				0.017
Mechanical thrombectomy only	215 (59.7)	117 (54.4)	98 (67.6)	
tPA and mechanical thrombectomy	145 (40.3)	98 (45.6)	47 (32.4)	
Onset-to-puncture time (min)	338.5 ± 300.2	332.5 ± 290.9	347.4 ± 314.2	0.645
Number of trials for thrombectomy	2 [1 – 3]	1 [1 – 3]	2 [1 – 3]	0.058
Recanalization (TICI IIb or III)	311 (86.4)	203 (94.4)	108 (74.5)	<0.001
Hemorrhagic transformation				<0.001
No hemorrhagic transformation	230 (63.9)	153 (71.2)	77 (53.1)	
HI1	45 (12.5)	29 (13.5)	16 (11.0)	
HI2	37 (10.3)	20 (9.3)	17 (11.7)	
PH1	22 (6.1)	7 (3.3)	15 (10.3)	
PH2	26 (7.2)	6 (2.8)	20 (13.8)	
Any hemorrhagic transformation	130 (36.1)	62 (28.8)	68 (46.9)	0.001
Stroke subtype				0.564
Cardioembolism	190 (52.8)	111 (51.6)	79 (54.5)	
Large artery atherosclerosis	58 (16.1)	34 (15.8)	24 (16.6)	
Undetermined two or more causes	48 (13.3)	34 (15.8)	14 (9.7)	
Undetermined negative	44 (12.2)	25 (11.6)	19 (13.1)	
Other determined <sup>a</sup>	20 (5.6)	11 (5.1)	9 (6.2)	

2 Data are shown as n (%), mean ± standard deviation or median [interquartile range].

3 Statistical analyses were performed using the Chi-square test for categorical variables and independent t-test for continuous variables.

4 <sup>a</sup>Other determined stroke etiology is like dissection, endocarditis, or hypercoagulable state.

5 mRS: modified Rankin Scale, tPA: tissue plasminogen activator, TICI: thrombolysis in cerebral infarction, HI: hemorrhagic infarction,

6 PH: parenchymal hematoma.

7

**Table 3** (on next page)

Multivariable binary logistic regression analysis for the association of osteoprotegerin levels with functional outcomes

1 **Table 3. Multivariable** binary logistic regression analysis for the association of osteoprotegerin  
 2 levels with functional outcomes

<b>Variables</b>	<b>Adjusted OR</b>	<b>Log - odds</b>	<b>p value</b>
Osteoprotegerin (continuous variable) <sup>a</sup>	1.004 (1.000 – 1.008)	0.004	0.027*
Osteoprotegerin per 1 SD <sup>a</sup>	1.373 (1.039 – 1.824)	0.317	0.027*
Osteoprotegerin (categorical <b>variable</b> ) <sup>a</sup>			
Tertile 1	Reference		
Tertile 2	1.990 (1.002 – 4.006)	0.688	0.051
Tertile 3	2.121 (1.089 – 4.191)	0.752	0.028*

3 Data are shown as OR (95% CI). \* $p < 0.05$ .

4 OR: odds ratio, CI: confidence interval, SD: standard deviation.

5

6 <sup>a</sup>Adjusted for sex, body mass index, and variables with p values  $< 0.1$  in the univariate analysis  
 7 (age, NIHSS, DM, thrombolysis methods, number of trials for thrombectomy, successful  
 8 recanalization, any hemorrhagic transformation, blood glucose level at admission, hemoglobin,  
 9 total cholesterol, WBC, C-reactive protein, and vitamin D 25(OH)D)

10 Functional outcomes is variable ? : LevelA vs LevelB (LevelA is the reference)

11

**Table 4**(on next page)

Multivariable ordinal logistic regression analysis for the association of osteoprotegerin levels with functional outcomes

1 **Table 4. Multivariable** ordinal logistic regression analysis for the association of osteoprotegerin  
 2 levels with functional outcomes

<b>Variables</b>	<b>Adjusted OR</b>	<b>Log - odds</b>	<b>p value</b>
Osteoprotegerin (continuous variable) <sup>a</sup>	1.004 (1.002 – 1.007)	0.004	0.002*
Osteoprotegerin per 1 SD <sup>a</sup>	1.388 (1.134 – 1.700)	0.328	0.001*
Osteoprotegerin (categorical <b>variable</b> ) <sup>a</sup>			
Tertile 1	Reference		
Tertile 2	2.232 (1.358 – 3.690)	0.803	0.002*
Tertile 3	2.102 (1.301 – 3.412)	0.743	0.003*

3 Data are shown as OR (95% CI). \* $p < 0.05$ .

4 OR: odds ratio, CI: confidence interval, SD: standard deviation.

5

6 <sup>a</sup>Adjusted for sex, body mass index, and variables with p values  $< 0.1$  in the univariate analysis  
 7 (age, NIHSS, DM, thrombolysis methods, number of trials for thrombectomy, successful  
 8 recanalization, any hemorrhagic transformation, blood glucose level at admission, hemoglobin,  
 9 total cholesterol, WBC, C-reactive protein, and vitamin D 25(OH)D)

10

11 Functional outcome is variable ? : Level A to Level E (Level A is the reference)

# Figure 1

Flow chart of the study design

