

Relationship of central incisor implant placement to the ridge configuration anterior to the nasopalatine canal in dentate and partially edentulous individuals: A comparative study

Xueting Jia, Wenjie Hu, Huanxin Meng

Background: The aims of this study were to investigate the ridge contour anterior to the nasopalatine canal and the difference between the incidences of the nasopalatine canal perforation in dentate and partially edentulous patients by cone-beam computed tomography. **Methods:** Cone-beam computed tomography scan images from 72 patients were selected from database and divided into dentate and partially edentulous groups. The configuration of the ridge anterior to the canal including palatal concavity depth, palatal concavity height, palatal concavity angle, bone height coronal to the incisive foramen, and bone width anterior to the canal was measured. A virtual implant placement procedure was used and the incidences of perforation were evaluated after implant placement in the cingulum position with the long axis along with the designed crown. **Results:** Comparing with variable values from dentate patients, the palatal concavity depth and angle were greater by 0.9 mm and 4 degrees, and bone height was shorter by 1.1 mm in partially edentulous patients, respectively. Bone width in edentulous patients was narrower than in dentate patients by 1.2 mm at incisive foramen level and 0.9 mm at 8 mm subcrestal level, respectively. After 72 virtual cylindrical implants (4.1 × 12 mm) were placed, a total of 12 sites (16.7%) showed a perforation and three-fourths occurred in partially edentulous patients. After replacing with 72 tapered implants (4.3 × 13 mm), only 6 implants (8.3%) broke into the canal in the partially edentulous patient group. **Conclusions:** The nasopalatine canal may get close to the implant site and the bone width anterior to the canal decreases after the central incisor extraction. The incidence of nasopalatine canal perforation may occur more commonly during delayed implant placement in central incisor missing patients.

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3

4 **Abstract**

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8 Methods: Cone-beam computed tomography scan images from 72 patients were selected from
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11 angle, bone height coronal to the incisive foramen, and bone width anterior to the canal was
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14 designed crown.

15 Results: Comparing with variable values from dentate patients, the palatal concavity depth and
16 angle were greater by 0.9 mm and 4 degrees, and bone height was shorter by 1.1 mm in partially
17 edentulous patients, respectively. Bone width in edentulous patients was narrower than in dentate
18 patients by 1.2 mm at incisive foramen level and 0.9 mm at 8 mm subcrestal level, respectively.

19 After 72 virtual cylindrical implants (4.1×12 mm) were placed, a total of 12 sites (16.7%) showed
20 a perforation and three-fourths occurred in partially edentulous patients. After replacing with 72
21 tapered implants (4.3×13 mm), only 6 implants (8.3%) broke into the canal in the partially

22 edentulous patient group.

23 Conclusions: The nasopalatine canal may get close to the implant site and the bone width anterior
24 to the canal decreases after the central incisor extraction. The incidence of nasopalatine canal
25 perforation may occur more commonly during delayed implant placement in central incisor
26 missing patients.

27

28 Keywords: alveolar bone, anterior maxilla, cone-beam computed tomography, dental implants,
29 nasopalatine canal

30

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43 **Introduction**

44 Dental implant restoration has become a very common treatment in dental practices (Chung
45 et al., 2009; Fugazzotto, Vlassis & Butler, 2004; Scheller et al., 1998). In the esthetic zone, the
46 primary goal of implant treatment is to re-establish both esthetics and function (Buser & von Arx,
47 2000). As generally accepted, the implant placement is always based on a restorative-driven
48 philosophy (Garber & Belser, 1995). According to this concept, the three-dimensional ideal
49 implant position has been described (Buser, Martin & Belser, 2004; Funato et al., 2007; Grunder,
50 Gracis & Capelli, 2005; Su et al., 2010; Tarnow, Cho & Wallace, 2000). Mesio-distally, a single
51 implant should be at least 1.5 mm away from adjacent root surface (Buser, Martin & Belser, 2004;
52 Grunder, Gracis & Capelli, 2005). Apico-coronally, the implant platform is supposed to be placed
53 2 to 4 mm apically to the designed mid-facial gingival margin (Buser, Martin & Belser, 2004;
54 Funato et al., 2007). Bucco-lingually, the implant should be positioned slightly palatal to the incisal
55 edge and 2 mm of buccal bone is recommended (Funato et al., 2007; Grunder, Gracis & Capelli,
56 2005). Regarding the optimal implant orientation, placement of an implant axis in alignment with
57 the designed crown is recommended in order to fabricate a screw-retained implant crown and
58 prevent from excessive off-axis loading (Chan et al., 2014).

59 However, in both immediate and delayed implant therapy, the nasopalatine canal (NPC) is
60 often an anatomical limitation for a maxillary central incisor implant placement in an ideal position
61 according to the restorative-driven philosophy. The NPC is a bony channel located posterior to the
62 maxillary central incisors and connects the nasal floor with the oral cavity. The NPC contains the
63 nasopalatine nerve, the terminal branch of descending nasopalatine artery, fibrous connective
64 tissue, fat, and small salivary glands (Keith, 1979; Liang et al., 2009). The relative location of the

65 NPC in the maxilla was previously described by assessing the dimension of the buccal bone plate
66 anterior to this canal in some studies, and a proximity of the NPC to the implant surgical site after
67 tooth extraction was reported (Bornstein et al., 2011; Mardinger et al., 2008; Tözüm et al., 2012).
68 Moreover, placement of implants with invading into the NPC may lead to direct contact of the
69 implant with connective tissue and cause a series of complications, including hemorrhage during
70 operation, short term sensory disturbance postoperatively, non-osseointegration of implant and
71 nasopalatine duct cyst formation (Casado et al., 2008; McCrea, 2014; Mraiwa et al., 2004;
72 Peñarrocha et al., 2014; Takeshita et al., 2013). When the NPC interrupts the central incisor
73 implant placement, more complicated surgical procedure is required and the risk of complications
74 increases.

75 Through examination of computerized tomography images of 30 American patients, Kraut &
76 Boyden studied the volumes of the NPC and bone anterior to the canal and reported that
77 approximately 4% NPC will be detrimental to the implant placement (Kraut & Boyden, 1998).
78 However, the incidence of perforation into the NPC is associated with not only the anatomic
79 morphology, but also the feature of the implant and the three-dimensional implant position. The
80 incidence of perforation into the NPC when a central incisor implant is placed in an ideal position
81 following an optimal axis was not well known yet. In addition, the change of the ridge morphology
82 caused by tooth loss may increase the incidence of perforation has not been assessed. Besides, the
83 feature of the exposure and the risk factors of the perforation have never been analyzed. Whether
84 a tapered implant or a minor adjustment of implant angulation could be beneficial for avoidance
85 of perforation was also not well known.

86 Cone-beam computed tomography (CBCT) has been widely used in clinical evaluation before
87 implant surgery because of the capability of accurate three-dimension imaging, relative low

88 radiation dose and costs (White, 2008). Moreover, virtual implant placement in CBCT scan images
89 could provide an overall evaluation of implant position and the proximity of the implant to the
90 surrounding anatomic structure (Fortin et al., 2003; Katsoulis, Pazera & Mericske-Stern, 2009).
91 The accuracy of computer-guided template-based implant dentistry was analyzed in previous
92 literature (Schneider et al., 2009). The results showed that the mean horizontal deviation was
93 approximately 1 mm at the entry point and approximately 1.6 mm at the apex. Although the
94 reliability may be insufficient to perform a “blind” implant surgery considering the fine anatomic
95 structure around the implant site, CBCT is still one of the most valuable imaging tools in dentistry.
96 Reasonable accurate three-dimensional anatomic information and the relationship between
97 implant and surrounding anatomical structures can be evaluated thoroughly by observing CBCT
98 scans, and the likelihood of complications could reduce afterwards. The aims of this study were to
99 investigate the ridge contour anterior to the NPC and the difference between the incidences of NPC
100 perforation in dentate and partially edentulous patients by CBCT.

101

102 **Materials and Methods**

103

104 **Patient Selection**

105 This study was approved by the Biomedical Ethics Committee of Peking University School
106 of Stomatology (approval ID PKUSSIRB-201519006). The pre-existing CBCT (Vatech CT,
107 Korea) data selected for this study were performed from January 2011 to July 2014 for treatment
108 planning of implant procedures. Appropriate methodology and sample size were determined by a

109 pilot study and power analysis. The sample size was calculated with $\alpha = 0.05$ and power = 0.90.
110 It was determined that a sample size of 36 specimens per group (for a total sample of 72) was
111 needed to represent a clinically significant difference in bone width anterior to the NPC.

112 Patients and images selected for this study had to fulfill the following inclusion criteria: (1)
113 Chinese adults with either full teeth of anterior maxillary sextant or missing one maxillary central
114 incisor in this sextant; (2) the present maxillary anterior teeth without obvious crowding or
115 spacing; (3) no deep (> 3 mm) overbite or increased (> 3 mm) overjet in the anterior teeth area;
116 (4) at least two pairs of posterior teeth which could be retained with occlusal contact on each side;
117 (5) complete CBCT scanning of premaxilla and NPC with clear images without scattering artifacts.

118 Patients and images were excluded if: (1) both maxillary central incisor were present but the
119 amount of alveolar bone loss exceeded one third of root length; (2) unhealed extraction sockets
120 and the period after extraction was within 6 months; (3) any socket preservation procedures were
121 performed in the missing maxillary central incisor sites; (4) both maxillary central incisors were
122 missing; (5) alveolar ridge height of implant site was less than 14 mm or the ridge width was less
123 than 3.5 mm at the level of 2 mm below the bone crest. Images were assigned into two groups:
124 dentate and partially edentulous groups. When anterior maxillary sextant presented was classified
125 as dentate group, while the edentulous ridge of missing one maxillary central incisor was classified
126 as partially edentulous group. The distributions of age, gender, NPC shape on sagittal slice
127 (Mardinger et al., 2008) and implant site were well matched between two groups, respectively.

128

129 **Data Reconstruction**

130 All images were obtained using a CBCT machine (Vatech CT, Korea) with standardized
131 routine procedures in the Peking University School of Stomatology by experienced radiologists.
132 The imaging parameters were set at 90 kVp, 7.0 mAs, scan time 24 seconds, resolution 0.15 mm
133 and a field of view that varied based on the region scanned. The scans included in this study were
134 selected from the database and processed with a measurement software program (Ez3D2009
135 Premium Ver. 1.2.1.0) in a password-protected computer. The observer examined CBCT images
136 using monitor at a $1,280 \times 1,024$ screen resolution under room lighting. The distance between
137 display and the observer was approximately 30 cm. The scans were re-oriented so that the
138 premaxilla was bilaterally symmetric and the long axis of the sagittal CBCT slice was determined
139 following the long axis of the designed crown (connecting the bucco-lingual midpoint at the
140 cemento-enamel junction and the point at the incisal edge) of the maxillary central incisor. The
141 data were reconstructed with slices at an interval of 0.5 mm. The luminance and grayscale were
142 adjusted to obtain clear CBCT views.

143

144 **Configuration of Ridge Anterior to the NPC**

145 The palatal concavity of the alveolar ridge anterior to the NPC was analyzed by examining
146 the sagittal slices (Fig 1 A) and measuring:

147 (1) The palatal concavity depth (PCD), the distance between the deepest point of the buccal
148 plate on the palatal side and a reference line parallel to the sagittal long axis of the central incisor
149 crown and passing through the labial opening of incisive foramen.

150 (2) The palatal concavity height (PCH), the distance between the deepest point of the buccal

151 plate on the lingual side and a reference line perpendicular to the sagittal long axis of the central
152 incisor crown and passing through the alveolar bone crest.

153 (3) The palatal concavity angulation (PCA), the angulation between the line connecting the
154 deepest point of the palatal concavity and the labial opening of incisive foramen and the line
155 parallel to the long axis of the central incisor crown and passing through the deepest point of the
156 palatal concavity.

157 In addition, the height of the alveolar bone coronal to the NPC (BH) was also recorded by
158 measuring the vertical distance between the alveolar bone crest and the line perpendicular to the
159 sagittal long axis of the central incisor crown and passing through the labial opening of incisive
160 foramen in the midsagittal plane of the NPC (Fig 1 A).

161 The minimum width of buccal bone plate anterior to the NPC (BW) was measured in the axial
162 view images at three levels: incisive foramen level, 8 mm subcrestal level and 14 mm subcrestal
163 level (Fig 1 B).

164

165 **Relative Location of the NPC and the Virtual Implant**

166 Seventy-two cylindrical implants (Straumann Bone-Level Implant, 4.1×12 mm, Fig 2) and
167 72 tapered implants (Nobel Replace Tapered Implant 4.3×13 mm, Fig 2) were placed virtually in
168 the selected maxillary central incisor sites sequentially.

169 In the dentate group, each implant was placed in the midsagittal plane of selected maxillary
170 central incisor mesio-distally. Bucco-lingually, the most lingual point of the implant platform was
171 located at the cingulum of the central incisor. Apico-coronally, the implant platform was placed 2

172 mm below the crestal level. The sagittal long axis of the implant was parallel to the central incisor
173 crown (Fig 3 A-C).

174 In the partially edentulous group, each implant was placed in the center of the edentulous site
175 mesio-distally. Bucco-lingually, the implant platform was also placed at the cingulum region
176 (Chan et al., 2014). The details were present as follows: connecting the most prominent points of
177 the two lateral incisors or the two canines on their palatal side to draw a reference line and
178 measuring the distance between the cingulum of the natural contralateral central incisor at its most
179 palatal point and the reference line, and then the most palatal point of the implant platform was
180 placed labial to the reference line by the same distance. Apico-coronally, the location of the
181 implant platform was the same as that of the dentate group. The sagittal long axis of the implant
182 was parallel to the contralateral central incisor crown (Fig 3 D-F).

183 After each virtual implant was placed, whether the implant penetrating through the interior
184 wall of the NPC was assessed in the sagittal and axial views slice by slice. For the NPC perforation
185 cases caused by cylindrical implants, the position of the implant platform was kept unchanged and
186 the embedded direction was rotated distally and labially by a minor angulation (5 degrees and 10
187 degrees), respectively. The size and the location of each perforation were measured in the sagittal
188 and axial view images, which included its length, depth, area and the distance between the most
189 coronal point of the perforation and the alveolar bone crest (Fig 4).

190 All measurements were conducted by two examiners (XJ and WH). The inter- and
191 intraexaminer agreement was determined by comparing two repeated measurements at 20
192 randomly chosen sites taken 1-week apart.

193

194 Statistical Analysis

195 All statistical analysis was performed using a statistical package (IBM, SPSS Statistics 19.0).
196 The inter- and intraexaminer agreement was determined using a *t* test. All measurements were
197 presented as means \pm standard deviations (SDs). The occurrence of the NPC perforation was
198 expressed as the number of sites and the percentage of the number of sites divided by the total
199 number of sites. The PCD, PCH, PCA, BH and BW were compared between dentate group and
200 partially edentulous group by Mann-Whitney U test. The chi-square test was used to compare the
201 incidences of perforation between groups, genders and sides. Univariate and multivariate logistic
202 regression analyses were performed to identify risk factors associated with the NPC perforation
203 with the significance level at $\alpha = 0.05$.

204

205 Results

206

207 A total of 703 subjects were screened and 72 subjects (54 males and 18 females) were selected
208 for this study. The mean age was 45.6 years, with a range of 28 to 64 years of age. Each group
209 consisted of 36 subjects. The age, gender and implant site were well matched between the dentate
210 group and the partially edentulous group, respectively. The distribution of NPC shape recorded on
211 sagittal plane did not show statistically significant differences between groups (Table 1). The intra-
212 examiner and inter-examiner agreements were 0.94 and 0.87, respectively ($p > 0.05$).

213 The measuring results of configuration of ridge anterior to the NPC are shown in Table 2. A

214 total of 54 ridges (75.0%) showed a palatal concavity in sagittal views. The mean and SD of PCD,
215 PCH and PCA values were 1.8 ± 1.7 mm, 14.3 ± 7.3 mm and 8.6 ± 6.5 degrees, respectively. The
216 incisive foramen was located at 5.9 ± 2.3 mm below the alveolar bone crest. The mean and SD
217 values of BWs at the incisive foramen level, 8 mm and 14 mm related to the subcrestal level were
218 6.0 ± 1.7 mm, 6.3 ± 1.5 mm and 6.9 ± 1.9 mm, respectively. Results of comparisons of ridge
219 configuration between the dentate group and the partially edentulous group were also listed in
220 Table 2 and shown in Fig 5. There was statistically significant difference between the mean PCD
221 values of the dentate group and the partially edentulous group (1.4 ± 1.4 mm vs. 2.3 ± 1.9 mm, p
222 $= 0.036$). In addition, the mean PCA values of the dentate group and the partially edentulous group
223 were 6.6 degrees and 10.6 degrees respectively ($p = 0.022$). The distance between the incisive
224 foramen and the bone crest was significant closer in the partially edentulous group than in the
225 dentate group by 1.1 mm approximately ($p = 0.022$). At the incisive foramen level, the mean BW
226 was statistically significantly thinner in the partially edentulous group than the dentate group, 5.4
227 ± 2.5 mm and 6.6 ± 1.1 mm, respectively ($p = 0.013$). Furthermore, the mean BW values measured
228 at 8 mm subcrestal level of the dentate group and the partially edentulous group were 6.7 mm and
229 5.8 mm respectively ($p = 0.028$). There was no statistically significant difference between groups
230 of the PCH and BW values at 14 mm subcrestal level ($p > 0.05$).

231 Table 2 also illustrated the comparison results between genders. At the incisive foramen level,
232 the mean BW was statistically significantly greater in male subjects compared with female subjects
233 by 0.8 mm ($p = 0.040$). In addition, the mean BWs measured at 8 mm subcrestal level of the male
234 and the female subjects were 6.5 mm and 5.5 mm, respectively ($p = 0.004$). The PCD, PCH, BH

235 values were greater in male subjects, although the statistically significant difference did not exist
236 ($p > 0.05$). With virtual cylindrical implants (4.1×12 mm) were placed, a total of 12 sites (16.7%)
237 showed invading and perforation (Table 3). Three cases of them occurred in the dentate group
238 (8.3%) while other nine cases occurred in the partially edentulous group (25.0%). The incidence
239 of perforation was much higher in the partially edentulous group, although the statistically
240 significant difference did not exist ($p = 0.058$). With respect to the implant site, the incidence of
241 perforation was statistically significantly higher in the right central incisor site than in the left
242 central incisor site, 33.3% and 4.8%, respectively ($p = 0.001$). The occurrence of perforation did
243 not show statistically significant differences between genders ($p > 0.05$). In the axial view images,
244 all the perforations were located at the mesio-palatal site of the virtual implant. Furthermore, the
245 depth and the area of exposure were 0.7 ± 0.6 mm (range = 0.2-2.1 mm) and 1.0 ± 1.3 mm² (range
246 = 0.2-4.7 mm²), respectively. In the sagittal view images, the exposure located at 8.5 ± 3.5 mm
247 below the alveolar bone crest, with a range of 2.3 mm to 12.1 mm, and the length of the exposure
248 was 5.1 ± 3.4 mm, with a range of 1.6 mm to 12.0 mm.

249 After replacing the cylindrical implants with the tapered implants (4.3×13 mm), a total of 6
250 implants (8.3%) entered into the NPC, which all belonged to the partially edentulous group (Table
251 3). The incidence of perforation with the selected tapered implant was statistically significantly
252 different between the dentate and partially edentulous groups ($p = 0.011$). Besides, five out of six
253 perforations occurred in the right central incisor sites, and the statistically significant difference
254 existed between different sides ($p = 0.031$). The location of the exposure was at the 6.2 ± 3.2 mm
255 below the alveolar bone crest. The length, depth and area of the exposure were 5.4 ± 3.1 mm, 0.8

256 ± 0.6 mm and 1.3 ± 1.7 mm², respectively.

257 The numbers of perforation sites was reduced to 4 (5.6%) and 2 (2.8%) by tilting the
258 embedded direction of the cylindrical implant distal-apically by 5 degrees and 10 degrees,
259 respectively. After the embedded direction was rotated labial-apically by the same degrees (5
260 degrees and 10 degrees), the incidence of perforation decreased to 8.3% and 4.2%, respectively.
261 The changes of incidences of perforation, as well as the features of exposure after a minor
262 adjustment of cylindrical implant angulation, were presented in Table 4.

263 The multivariate logistic regression analysis revealed that the PCD was a statistically
264 significant risk factor of perforation (OR 4.332; 95% CI 1.596–11.760; $p = 0.004$). Implant
265 placement in the left central incisor site (OR 0.087; 95% CI 0.010–0.783; $p = 0.029$) and BW
266 measured at 8 mm below the alveolar bone crest (OR 0.273; 95% CI 0.111–0.671; $p = 0.005$) were
267 two protective factors appeared in the last model (Table 5).

268

269 **Discussion**

270 Chan and colleagues used CBCT imaging technique and found that a buccal concavity of
271 ridge always existed anterior to the maxillary central incisor (Chan et al., 2014). The mean value
272 of buccal concavity depth was reported to have mean of 3.42 mm, and it was associated with the
273 occurrence of buccal plate fenestration. However, few studies have provided information regarding
274 the palatal concavity and its relationship with the NPC during implant placement procedure. In the
275 present study, the perforations of the NPC by the virtual implants were located at the labia-distal
276 side only. Therefore, with an obvious palatal concavity, that means the NPC is located relatively

277 at the labial side, may increase the risk of implant entering and damaging the neurovascular
278 bundles within the NPC. In this study, 75% of ridges were present with a palatal concavity. More
279 importantly, the palatal concavity depth was a statistically significant risk factor of NPC
280 perforation. Therefore, not only the location of the incisive foramen, but also the trend of the NPC
281 configuration should be carefully evaluated by CBCT during diagnostic procedure and treatment
282 plan for implant therapy.

283 Bone dimensions anterior to the NPC are important factors for successful implant placement.
284 In previous studies, bone dimensions were measured at crestal, middle, and (or) the most apical
285 point of the canal in the midsagittal plane of the NPC with the reference line perpendicular to the
286 maxillary plane or the sagittal long axis of the canal (Bornstein et al., 2011; Tözüm et al., 2012).
287 A mean bone width of 7.17 ± 1.49 mm has been reported in a multicenter study (Tözüm et al.,
288 2012). However, the implant is rarely placed in the midsagittal plane of the NPC, and also not
289 involving the nasal part of the canal. In addition, the embedded direction may be different from
290 the direction of measurement mentioned above. As a result, the data obtained by previous
291 measuring methods might not reflect the implant condition accurately. In this study, the bone width
292 anterior to the NPC was first measured in the axial view images at three levels: the incisive foramen
293 level, 8 mm below the alveolar bone crestal level, and 14 mm below the crestal level. The incisive
294 foramen level is where the NPC prevents the implant from placement procedure at the early
295 beginning. The 8 mm and 14 mm below the bone crestal levels may represent the middle level and
296 the apex level of the virtual implant selected in this study, respectively. In addition, the measuring
297 direction was perpendicular to embedded direction of implant, that is, the sagittal long axis of the

298 restoration. As a result, the measuring results of the present study would reflect the real implant
299 condition with better accuracy. In the present study, the mean bone width anterior to the NPC was
300 6.0 and 6.3 mm at the incisive foramen level and 8 mm below the alveolar crest level, respectively.
301 The results were slightly narrower than the bone width (7.17 mm) reported by Tözüm et al (Tözüm
302 et al., 2012).

303 The incidence of NPC perforation during the maxillary central incisor implant procedure was
304 evaluated using virtual implant placements in CBCT images. Using a cylindrical central incisor
305 implant (4.1 × 12 mm) placed in the cingulum position with the long axis following that of its
306 restoration, the incidence of NPC perforation was revealed to be 16.7% and significant higher than
307 a previous study reported in using computerized tomography scanning images of American
308 patients (Kraut & Boyden, 1998). The increased versatility of both latest CBCT and software could
309 provide a more accurate and precise measurement of the relationship between implant and
310 anatomical structures. Considering that the incidence of NPC perforation is associated with not
311 only the anatomic morphology, but also the feature of implant and the three-dimensional implant
312 position, the results present in this study may reflect the clinical implant condition more accurately.
313 In addition, different racial sampling may have some effects on the skeletal development. Another
314 study of our research team showed that the mean closest distance between the NPC and the apex
315 of the central incisor root were 3.88 mm in axial CBCT images (unpublished data, Jia X et al.),
316 much closer than the mean distance of 5.22 mm reported by Chatriyanuyoke et al (Chatriyanuyoke
317 et al., 2012). The relatively lower values of the closest distances implied that insertion of implants
318 into the NPC might be more likely to occur in Chinese patients.

319 The absence of maxillary central incisors affected some dimension changes of bony structure
320 and incidences of NPC perforation. The results of comparison between the dentate and partially
321 edentulous group revealed that, the PCD and PCA were statistically significantly greater in the
322 partially edentulous group by 0.9 mm and 4 degrees, respectively, although the distribution of NPC
323 shape recorded on sagittal plane did not show statistically significant differences between groups.
324 Mardinger et al. also found that the bucco-lingual NPC diameter was wider along the degree of
325 ridge resorption (Mardinger et al., 2008). In the present study, it is implied that a closer proximity
326 of NPC to implant site might be presented after tooth loss for a while with wound healed. In
327 addition, bone width anterior to the canal and the bone height coronal to the canal were greater in
328 dentate subjects in the present study by 1.2 mm and 1.1 mm respectively, mainly due to the alveolar
329 bone remodeling after tooth loss (Araújo & Lindhe, 2005; Schropp et al., 2003). Other studies
330 reported similar results regarding the change of bone width after tooth loss as the present study
331 (Mardinger et al., 2008; Tözüm et al., 2012). Considering the ridge modeling after tooth loss,
332 including the change of PCD, PCA, BH and BW as mentioned before, it would be no surprise that
333 the incidence of NPC perforation was significantly higher in the partially edentulous group than
334 the dentate group (25.0% and 8.3% after cylindrical implant placement; 16.7% and 0.0% after
335 tapered implant placement). It is indicated that delayed implant placement in the maxillary central
336 incisor site may require more care to avoid NPC perforation (Table 3). Another thing to keep in
337 mind is that, in this study, one maxillary central incisor was present in the partially edentulous
338 group for reference. Considering that loss of both central incisors may affect the ridge resorption,
339 the potential of NPC perforation during delayed implant placement might increase in patients

340 without both maxillary central incisors.

341 The results showed that the gender influenced the alveolar bone dimensions anterior to the
342 NPC (Table 2). The mean BW values measured at the incisive foramen level and at 8 mm
343 subcrestal level were significantly greater in men compared with women by 0.8 mm and 1.0 mm,
344 respectively ($p < 0.05$). Our results correlates well with some other studies. Güncü et al. reported
345 that buccal bone thickness were greater in male subjects (Güncü et al., 2013). Chatriyanuyoke et
346 al. also found that men had larger amounts of bone between the NPC and the MCIR sockets than
347 women (Chatriyanuyoke et al., 2012). Considering the results of comparisons of anatomic
348 structures between genders, it would not be a surprise that insertion of implants into the NPC was
349 more likely to occur in women, although the difference of incidence was not statistically
350 significant, maybe due to insufficient sample size.

351 Another interesting finding was that the perforation usually occurred in the right central
352 incisor site. The multivariate logistic regression analysis also revealed that the implant site was
353 associated with the occurrence of NPC perforation (Table 5). This corresponds with the results of
354 our preliminary study about the location of the NPC leaning on the right side at both the incisive
355 foramen level and the apical level (unpublished data, Jia X et al.).

356 The location, length, depth, and area of perforation are important information for implant
357 placement. In the axial view images, all the perforations were located at the mesio-palatal side of
358 the implant. However, in the sagittal view images, the perforation could occur at any part of
359 implant (2.3–12.1 mm below the bone crest). The mean distance between the exposure and the
360 crest was 8.5 mm in the present study, which meant that the perforation usually occurred at the

361 mid-root level of the implant. A mean length of exposure of 5.1 mm indicated that the NPC
362 perforation could not be ignored. However, on the other hand, the depth of exposure was only 0.7
363 mm on average, which meant that a tapered implant or a minor adjustment of implant angulation
364 might be beneficial to prevent NPC from being invaded. In this study, tapered implant platform
365 (4.3×13 mm) was selected and larger than the cylindrical implant in diameter by 0.2 mm.
366 However, the diameter of the tapered implant will be narrowed to 4.1 mm at about 3.4 mm below
367 the implant platform level, and only proximately 2.56 mm in diameter at the implant apical level,
368 narrower than the cylindrical implant by approximately 1.5 mm (Fig 2). Considering the relative
369 shallow depth of exposure after cylindrical implant placement, a significant decrease of the
370 incidence of perforation from 16.7% to 8.3% will be achieved if a cylindrical implant is replaced
371 with a tapered implant (4.3×13 mm). A minor change of embedded direction was also beneficial
372 for decreasing NPC perforation percentage from 16.7% down to 8.3% to 2.8% (Table 4). However,
373 before the adjustment of implant angulation, practitioners should keep the proximity of adjacent
374 lateral incisor to the implant site and the existing buccal concavity in mind. The distance between
375 the implant apex and the adjacent root surface should not be too close and should not be less than
376 1.5 mm separation after rotating the implant to the distal, while the buccal plate fenestration is
377 always the major factor to be considered during rotating the implant to the labial.

378 However, neither selected a tapered implant nor a minor adjustment (less than 10 degrees) of
379 implant angulation can avoid NPC perforation successfully in some cases. Therefore, it is
380 recommended to take full analysis of the NPC using CBCT at the time of implant treatment
381 planning with consideration of individual differences. The results in this study suggested that other

382 appropriate features of implant, for example a shorter implant or a narrower implant, or a greater
383 embedded angle that departed from the axis of the restoration might be selected to avoid
384 perforation in some cases. For the cases that the implant may invade into the NPC inevitably, the
385 debridement or the displacement of the neurovascular bundle in conjunction with the guided bone
386 regeneration were proposed to prevent direct contact of implant surface with the neurovascular
387 bundle and to provide adequate bone (Artzi et al., 2000; Peñarrocha et al., 2014; Rosenquist &
388 Nyström, 1992; Verardi & Pastagia, 2012). These methods could significantly improve the
389 condition of implant placement, but more long-term studies with large samples are necessary.

390 The limitation of this study is that the results are based on virtual analysis. When taking the
391 findings of this study for reference, the practitioners should keep some consideration in mind,
392 including the accuracy of CBCT scans, the features of the implant, and the surgical experience.
393 Further clinical trial is required to clarify this issue. In addition, unassisted socket healing cases
394 were adopted in the present study, although alveolar ridge preservation has become a key
395 component of contemporary clinical dentistry (Avila-Ortiz et al., 2014). However, the effects of
396 socket grafting and preservation procedures on the contour changes of the NPC are almost
397 unknown. There is a need to evaluate the impact of specific alveolar ridge preservation procedures
398 on the contour changes of the NPC and perforation incidences during implant placement in future.

399

400 **Conclusions**

401 Within the limits of this study, it can be concluded that the NPC may get close to the implant
402 site after the central incisor extraction, and the bone width anterior to the canal may also reduce.

403 The NPC perforations may occur more commonly in partially edentulous patients for delayed
404 implant placement and in the right central incisor site. The right central incisor site with narrower
405 bone width measured at 8 mm below the crest and a deep palatal concavity are associated with the
406 common occurrence of NPC perforation during implant placement. A minor adjustment of implant
407 angulation or using a tapered implant may be beneficial for preventing from NPC perforation.

408

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Table 1 (on next page)

General characteristics of tested subjects

1

Table 1 General characteristics of tested subjects

	Total (n=72)	Dentate group (n=36)	Partially edentulous group (n=36)	p value
Age (mean \pm SD)	45.6 \pm 8.8	45.5 \pm 9.0	45.6 \pm 8.8	0.906
Gender (n)				
male	54	27	27	
female	18	9	9	1.000
Implant site (n)				
Right central incisor	30	15	15	
Left central incisor	42	21	21	1.000
Canal shapes (n)				
cylindrical	29	17	12	
funnel-like	17	6	11	
hourglass-like	15	9	6	
banana-like	11	4	7	0.290

2

3

Table 2 (on next page)

Ridge configuration and comparison results (mean \pm SD)

PCD: palatal concavity depth; PCH: palatal concavity height; PCA: palatal concavity angulation; BH: bone height coronal to the canal; BW: bone width anterior to the canal

1

Table 2 Ridge configuration and comparison results (mean \pm SD)

Variable	Dental status				Gender		
	Total (n=72)	Dentate (n=36)	Partially edentulous (n=36)	p	Male (n=54)	Female (n=18)	p
Palatal Concavity							
PCD (mm)	1.8 \pm 1.7	1.4 \pm 1.4	2.3 \pm 1.9	0.036	1.9 \pm 1.7	1.6 \pm 1.8	0.349
PCH (mm)	14.3 \pm 7.3	13.9 \pm 7.8	14.8 \pm 6.8	0.539	14.9 \pm 7.7	12.6 \pm 5.8	0.275
PCA (degree)	8.6 \pm 6.5	6.6 \pm 5.9	10.6 \pm 6.5	0.022	8.4 \pm 6.3	9.1 \pm 7.2	0.758
BH (mm)	5.9 \pm 2.3	6.5 \pm 1.9	5.4 \pm 2.5	0.022	5.9 \pm 2.4	5.8 \pm 1.7	0.958
BW (mm)							
incisive foramen level	6.0 \pm 1.7	6.6 \pm 1.1	5.4 \pm 2.0	0.013	6.2 \pm 1.7	5.4 \pm 1.6	0.040
8 mm subcrestal level	6.3 \pm 1.5	6.7 \pm 1.2	5.8 \pm 1.6	0.028	6.5 \pm 1.4	5.5 \pm 1.4	0.004
14 mm subcrestal level	6.9 \pm 1.9	7.0 \pm 1.6	6.7 \pm 2.1	0.401	7.1 \pm 2.0	6.4 \pm 1.3	0.141

2 PCD: palatal concavity depth; PCH: palatal concavity height; PCA: palatal concavity angulation; BH: bone

3 height coronal to the canal; BW: bone width anterior to the canal

4

Table 3(on next page)

Frequency distribution of perforation with different implant type

* Statistically significant difference exists between implant sites with cylindrical implant ($p = 0.001$). ** Statistically significant difference exists between dentate and partially edentulous groups with tapered implant ($p = 0.011$) . *** Statistically significant difference exists between implant sites with tapered implant ($p = 0.031$).

1

Table 3 Frequency distribution of perforation with different implant type

Group	Implants (number)	Number of Perforations (number and percent)	
		Cylindrical 4.1 × 12 mm	Tapered 4.3 × 13 mm
Dental Status			
dentate group	36	3 (8.3%)	0 (0.0%) **
partially edentulous group	36	9 (25.0%)	6 (16.7%) **
Implant Site			
right central incisor site	30	10 (33.3%) *	5 (16.7%) ***
left central incisor site	42	2 (4.8%) *	1 (2.4%) ***
Gender			
male	54	7 (13.0%)	3 (5.6%)
female	18	5 (27.8%)	3 (16.7%)
Total	72	12 (16.7%)	6 (8.3%)

2 * Statistically significant difference exists between implant sites with cylindrical implant ($p = 0.001$).

3 ** Statistically significant difference exists between dentate and partially edentulous groups with tapered implant
4 ($p = 0.011$).

5 *** Statistically significant difference exists between implant sites with tapered implant ($p = 0.031$).

6

Table 4 (on next page)

Incidence of perforation after implant angulation adjustment

1

Table 4 Incidence of perforation after implant angulation adjustment

Embedded Direction	Number (Percent)	Location (mm)	Length (mm)	Depth (mm)	Area (mm ²)
Axis of Restoration	12 (16.7%)	8.5 ± 3.5	5.1 ± 3.4	0.7 ± 0.6	1.0 ± 1.3
Distal by 5 degrees	4 (5.6%)	5.4 ± 3.7	5.5 ± 2.0	0.8 ± 0.4	3.9 ± 4.9
Distal by 10 degrees	2 (2.8%)	2.4 ± 0.1	6.6 ± 2.1	1.1 ± 0.2	2.3 ± 0.7
Labial by 5 degrees	6 (8.3%)	6.8 ± 3.7	5.9 ± 3.9	0.9 ± 0.7	1.5 ± 1.9
Labial by 10 degrees	3 (4.2%)	5.3 ± 4.9	8.2 ± 5.1	1.2 ± 0.9	2.4 ± 2.4

2

Table 5 (on next page)

Multivariate logistic regression of factors affecting the NPC perforation

NPC: nasopalatine canal; BW: bone weight anterior to the canal; PCD: palatal concavity depth.

1 Table 5 Multivariate logistic regression of factors affecting the NPC perforation

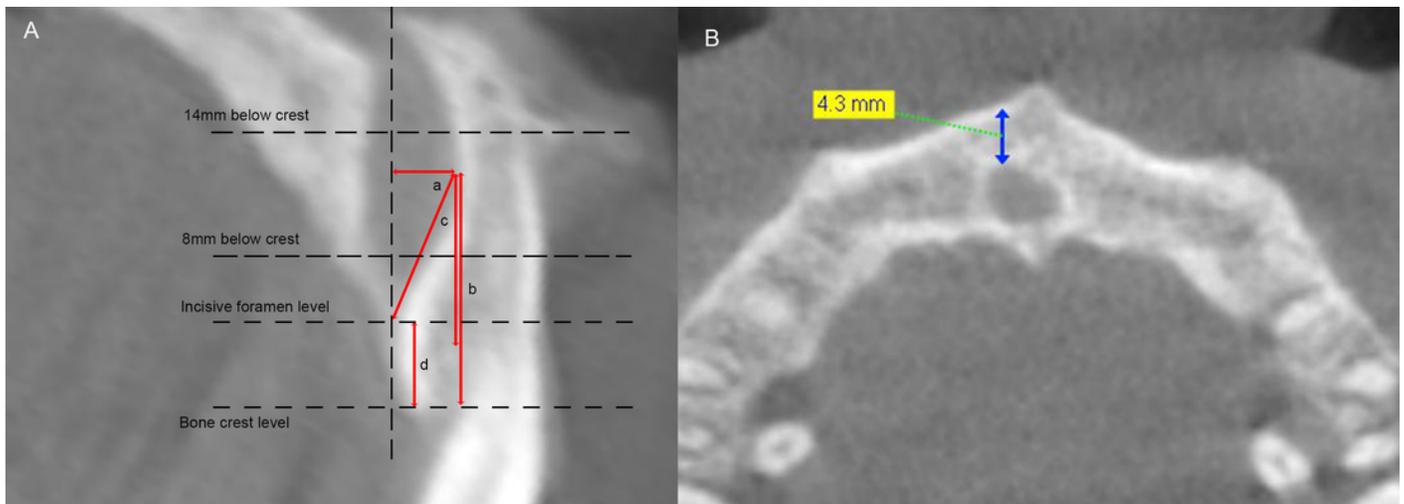
Variables	β	OR	95% CI	p Value
Left central incisor implant site	-2.446	0.087	0.010 - 0.783	0.029
BW measured at 8 mm below crest	-1.299	0.273	0.111 - 0.671	0.005
PCD	1.466	4.332	1.596 - 11.760	0.004
Constant	1.974	7.200		0.329

2 NPC: nasopalatine canal; BW: bone weight anterior to the canal; PCD: palatal concavity depth.

1

Configuration of Ridge Anterior to the NPC.

A, a = the palatal concavity depth (PCD); b = the palatal concavity height (PCH); c = the palatal concavity angulation (PCA); d = the height of the alveolar bone coronal to the NPC (BH). B, the arrow stands for minimum bone width anterior to the NPC (BW), measured at incisive foramen level, 8 mm and 14 mm below bone crest level, respectively.



2

Features of the selected implants.

a = Straumann Bone-Level Implant 4.1 × 12 mm; b = Nobel Replace Tapered Implant 4.3 × 13 mm.



a

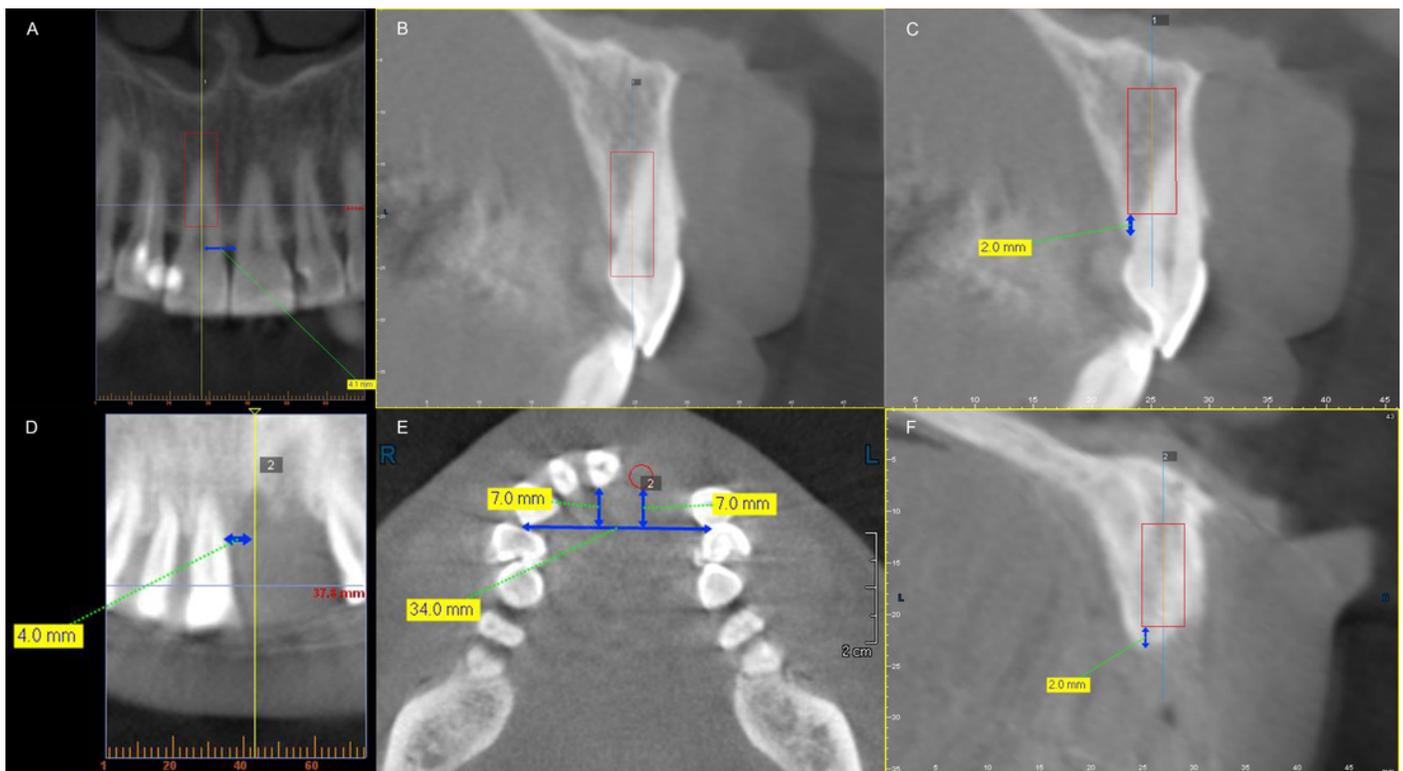


b

3

Three-dimensional location of virtual implant in dentate patients (A, B, C) and partially edentulous patients (D, E, F).

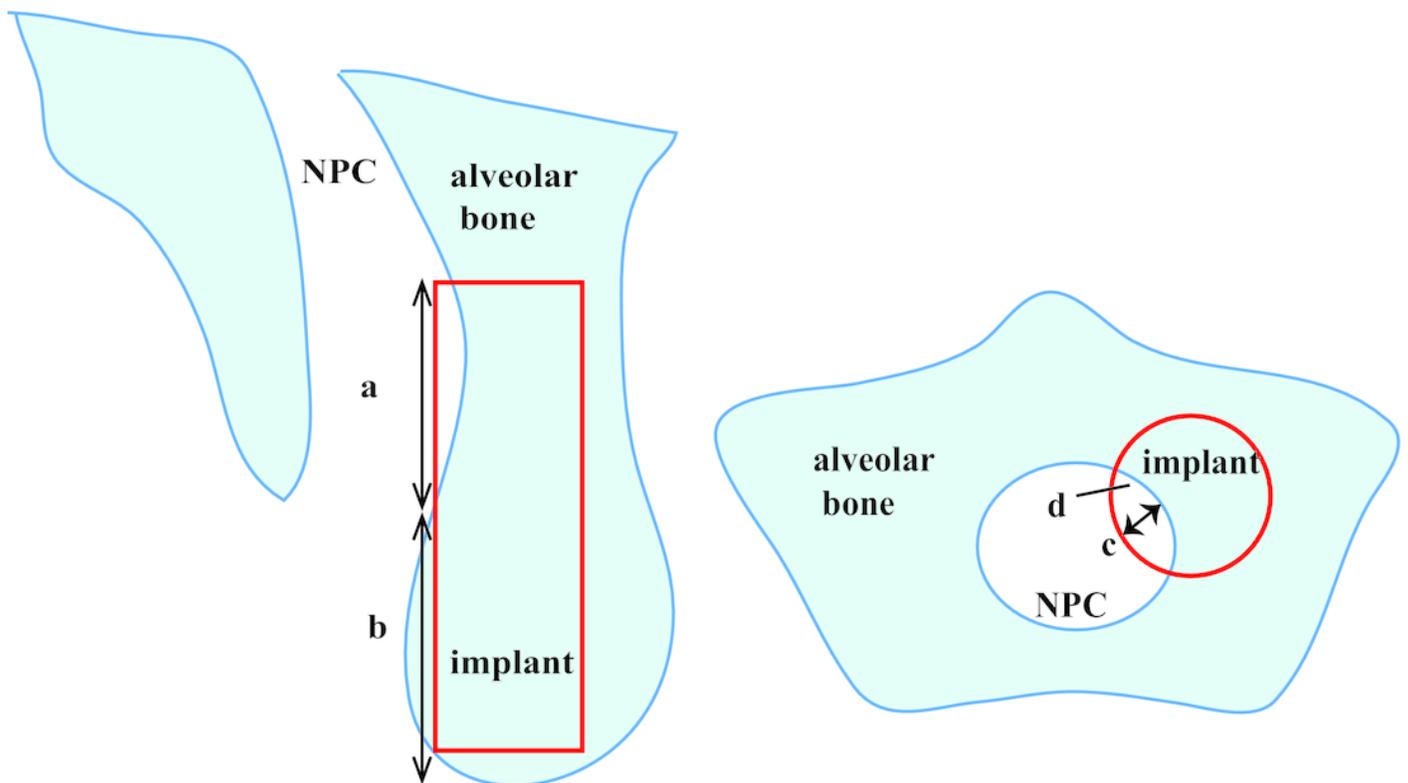
A and D, mesio-distal location in dentate and partially edentulous group; B and E, bucco-lingually, the implant platform was placed at the cingulum of the future restoration in both dentate and partially edentulous group; C and F, apico-coronally, the implant platform was located 2 mm below the alveolar bone crest in both groups.



4

Description of nasopalatine canal (NPC) perforation in both sagittal slice and axial slice.

a = length of exposure; b = distance between the alveolar crest and the perforation (location of perforation); c = the depth of the exposure; d = the area of the exposure.



5

Comparison of ridge configuration anterior to the nasopalatine canal (NPC) between dentate and partially edentulous patients.

The red line stands for the ridge contour of partially edentulous patients.

