# Spinal-pelvic sagittal parameters in patients with gluteal muscle contracture: an imaging study 

Jiyi Liu ${ }^{1,2}$, Pengzhou Huang ${ }^{2}$, Guanwei Jiang ${ }^{2}$, Liang $\mathrm{Gao}^{3,4}$, Mengdi Zhang ${ }^{2}$, Xueping Dong ${ }^{2}$, Wentao Zhang ${ }^{2}$ and Xintao Zhang ${ }^{2}$<br>${ }^{1}$ Shantou University, Shantou, China<br>${ }^{2}$ Peking University Shenzhen Hospital, Shenzhen, China<br>${ }^{3}$ Center of Experimental Orthopaedics, Saarland University Medical Center, Homburg/saar, Germany<br>${ }^{4}$ Sino Euro Orthopaedics Network (SEON), Berlin, Germany

Submitted 14 September 2020
Accepted 18 February 2022
Published 15 March 2022
Corresponding author
Xintao Zhang,
zhangxintao@sina.com
Academic editor
Zhihua Han
Additional Information and Declarations can be found on page 10
DOI 10.7717/peerj. 13093
©c) Copyright
2022 Liu et al.
Distributed under
Creative Commons CC-BY 4.0

## ABSTRACT

Background: Gluteal muscle contracture (GMC) may cause abnormal spinal alignment as well as hip and pelvic deformities. The spine-pelvis alignment of GMC patients is unclear. This study aimed to describe the spine-pelvis sagittal alignment in patients with GMC and to explore the impact of GMC on the pathogenesis of low back pain (LBP).
Methods: Radiological analysis was performed in 100 patients with GMC and 100 asymptomatic volunteers who acted as the control group. Sagittal parameters were measured by two independent raters and their averages were presented on lateral radiographs of the whole spine, including pelvic incidence (PI), sagittal vertical axis (SVA), pelvic tilt (PT), lumbar lordosis (LL), sacral slope (SS), thoracic kyphosis (TK), and the relationship between PI and LL (expressed as PI-LL). All cases were categorized into one of three classes based on the apex position of lumbar lordosis and were further divided into three groups by the PI value. The GMC and control parameters were compared and the correlations between the parameters in the GMC group were analysed.
Results: The PI value of the GMC group was significantly less than that of the control group ( $42.38 \pm 10.90^{\circ}$ vs $45.68 \pm 7.49^{\circ}, P<0.05$ ). There was no difference found between the key parameters (SVA, PT, and PI-LL), which correlated with outcomes in adult deformity. No differences of SS were found between the two groups $(P>0.05)$. The GMC group showed lower average LL ( $42.77 \pm 10.97^{\circ}$ vs $46.41 \pm$ $9.07^{\circ}$ ) and TK $\left(17.34 \pm 9.50^{\circ}\right.$ vs $\left.20.45 \pm 8.02^{\circ}\right)$ compared with the control group ( $P<0.05$ ). LL was correlated with PI, SS, PT, TK $(P<0.01)$ and SVA $(P<0.05)$. TK and SVA were not correlated with any parameters except LL and pairwise correlations were found among PI, SS, and PT. There were no differences found between the distributions of the lumbar lordosis apex of GMC and the control but the range of SS in apex groups 3 and 4 did differ. GMC patients had the most small-PI value (44\%) while approximately $64 \%$ of asymptomatic individuals had a normal PI. Interobserver variability was sufficient for all parameters calculated by the intraclass correlation coefficient (ICC).
Conclusions: Gluteal muscle contracture causes a low PI which may contribute to low back pain. Patients with GMC present the same global sagittal spinal-pelvic
balance as asymptomatic individuals due to a compensatory mechanism through excessive flat lumbar and thoracic curves. Future studies on the relationship between spinal-pelvic sagittal and coronal alignment and low back pain are needed to understand the mechanical forces involved in the onset of GMC.

Subjects Orthopedics, Radiology and Medical Imaging, Sports Medicine
Keywords Gluteal muscle contracture, Spine, Pelvis, Spinal-pelvic, Imaging

## INTRODUCTION

Gluteal muscle contracture (GMC) is currently recognized as a clinical syndrome with multiple etiologies. It is characterized by fibrosis and contracture of the gluteal muscles and the surrounding fascia (Zhang et al., 2015; Zhao et al., 2010). The degree of bilateral hip contracture is often unequal, resulting in an uneven force on the pelvis and subsequent pelvic tilt. GMC may affect the morphological development of the pelvis (Sautet et al., 2018). Clinical manifestations include usual abnormalities in the hip joint, including hip snapping, abnormal gait, hip joint movement disorder, and difficulty for patients to keep their knee joints close together during squatting (Zhang et al., 2017). Some patients with GMC presented with spinal symptoms, especially low back pain (LBP). GMC may induce related symptoms by affecting the spine and pelvis, therefore, we studied the relevant research.

Previous studies have shown that spinal-pelvic sagittal alignment is closely related to many spinal diseases (Labelle et al., 2004; Boulay et al., 2006; Vaz et al., 2002) and may be associated with the clinical symptoms and outcomes of these diseases. Recently, PI has been found in lumbar degenerative diseases that may be associated with lower back pain (Chaléat-Valayer et al., 2011; Schwab et al., 2010; Duval-Beaupère, Schmidt \& Cosson, 1992). Prior studies have demonstrated that spinal-pelvis sagittal alignment was an independent predictor of pain and disability (Schwab et al., 2010; Glassman et al., 2005; Rose et al., 2009). Sagittal vertical axis (SVA), pelvic tilt (PT), and pelvic incidence-lumbar lordosis mismatch (PI-LL) were confirmed to be three main sagittal parameters that correlated with outcomes in adult deformity. SVA is a parameter of the efficiency degree of the overall upright position (Rose et al., 2009). PT was used to measure the retroversion of the pelvis in a standing position (Vialle et al., 2005). An increase in PT leads to an increase in compensatory muscle effort to stabilize the pelvis and keep the body upright. PT was positively correlated with worsening pain (Lafage et al., 2009). More balanced spines exhibit a smaller PT. Asymptomatic individuals presented a substantial correlation between pelvic incidence (PI) and lumbar lordosis (LL) (Vialle et al., 2005). Compared with PI, patients with too few degrees of LL showed poor clinical outcomes in pain and disability (Rose et al., 2009). Patients with chronic low back pain were also statistically more likely to have a vertically oriented sacrum (less sacral slope (SS)) and less LL (Evcik \& Yücel, 2003).

However, the spinal-pelvis alignment of GMC patients is not sufficiently clear and the sagittal features of the spinal-pelvis relationship in patients with GMC have not been
reported. Therefore, this study aimed to describe the characteristics of the sagittal alignment in patients with GMC and to explore the impact of GMC on the pathogenesis of LBP.

## MATERIALS AND METHODS

The single-center, single-blind, prospective study was approved by the Regional Ethics Committee of Peking University, Shenzhen Hospital (Reference: (research) (2017) 008 ${ }^{\text {th }}$ ). Each participant provided their written consent with a signature for confirmation (Gao et al., 2020).

A sample of 100 patients was needed to achieve a $95.77 \%$ power to reject the null hypothesis of equal means when the population mean difference was $0.3-(-1.1)=1.4 \mathrm{~mm}$ of the general spine with standard deviations of 3.0 for the degeneration group and 2.3 for the normal group and a significance level (alpha) of 0.05 using a two-sided, two-sample, unequal-variance $t$-test, based on a previous report (Yang et al., 2014).

## Inclusion criteria

Patients with GMC were randomly enrolled in this study from January 2019 to October 2020. The clinical and imaging findings met the conditions for the diagnosis of GMC. An equal number of asymptomatic volunteers, whose age and gender matched the GMC group, were included as the control group. Anteroposterior and lateral roentgenogram of the entire spine and pelvis were taken for all of the subjects. Each participant was asked to stand in an upright and comfortable posture with hands placed on an armrest.

## Exclusion criteria

Objects with any of the following conditions were excluded:

1. The subjects in the control group with LBP, leg pain, lumbar spondylolisthesis, scoliosis, and other spinal disorders were excluded through history taking and imaging examination
2. Patients with histories of spinal and pelvic operation, trauma, and lumbar spondylolisthesis were excluded.

A total of 100 patients ( 35 males and 65 females), aged 17-46 (28.50 $\pm 5.41$ ) years old were enrolled in the GMC group. Of these, there were 16 patients for whom we had the Visual Analogue Scale (VAS) adopted for LBP. A total of 100 asymptomatic individuals ( 35 males and 65 females), aged 17-47 (28.56 $\pm 7.22$ ) years old were included as the control group. The volunteers were mainly selected from medical staff, medical students, and nursing personnel affiliated with the hospital where the study was performed.

## Measures

Imaging standards: All patients and asymptomatic individuals underwent full-length spine radiography using the hospital's GE646DR photography system (General Electric Co., Boston, USA). An image of the full-length spine (including both hip joints) in the


B

Figure 1 (A) Diagrammatic sketch of PI, Pelvic Incidence angle; PT, pelvic tilt; SS, sacral slope; (B) Diagrammatic sketch of SVA, sagittal vertical axis; TK, thoracic kyphosis; LL, lumbar lordosis.

Full-size DOI: 10.7717/peerj.13093/fig-1
weight-bearing position was used and the image was automatically stitched together after continuous exposure. Imaging measurement technology was used to record the deformity according to the standardized manual (Roussouly et al., 2005). Picture archiving and communication systems (PACS) were used to measure the distance (SVA), and SURGIMAP software (Surgimap, Methuen, MA, USA) was used to measure the angle parameters (Fig. 1).

Spinal sagittal parameters: sagittal vertical axis (SVA), the horizontal distance between the plumb line of the seventh cervical vertebra and the posterior superior angle of the sacral endplate; Cobb angle of thoracic kyphosis (TK) of T5 to T12 in the sagittal plane; lumbar lordosis (LL) angle, the angle between the upper endplate and S1 upper endplate.

Pelvic sagittal parameters: pelvic incidence (PI), the midpoint of the endplate and the centreline of both femoral heads make a straight line, and the angle between the straight line and the vertical line of the S1 upper endplate; pelvic tilt (PT), the angle between the straight line (the midpoint of the endplate and the center line of both femoral heads) and the plumb line; sacral slope (SS), the angle between the tangent line of the endplate and the horizontal line on S1.

All the stitched images were analyzed offline by two independent observers. Relevant parameters were also analyzed twice by the two raters and their averages were presented.

## Grouping

All subjects were divided into three groups according to the PI value. Subjects were also grouped by the position of the apex based on the classification from Roussouly et al. (2005):

1. The cases were grouped by the different values of PI. According to prior studies (Zhu et al., 2014; Fei et al., 2017), a normal PI value was approximately $45^{\circ}$. Three groups were established: namely low $\mathrm{PI}\left(\mathrm{PI} \leq 40^{\circ}\right)$, middle $\mathrm{PI}\left(40^{\circ} \leq \mathrm{PI}<50^{\circ}\right)$, and high PI (PI $\geq 50^{\circ}$ ).
2. The sagittal alignment of the spinal-pelvic was classified into three types according to the position of LL apex: I (lumbar 3 vertebral, L3), II (lumbar 4 vertebral, L4), III (lumbar 5 vertebral, L5).
3. All subjects were divided into three groups according to the value of SS in different apex groups, as mentioned above.

## Statistical analysis

All data were analyzed using SPSS 26.0 software (IBM Corp., Amonk, NY, USA). However, the sample-size calculation were performed using PASS 15.0. The continuous variables were summarized by mean $\pm$ standard deviation (SD) while categorical variables were summarized by number and percentage. The statistical level of significance was set at 0.05 . An Independent-sample Student's $t$-test or Mann-Whitney U-test was used to compare the parameters, especially PI, between the GMC group and control group; the categorical variable was described as rate ( 100 percent). We used a Pearson correlation to analyse the correlation between parameters in the GMC group. A $\chi 2$-test was used to analyze the frequency components of each group. The intraobserver reproducibility was evaluated by means of intraclass correlation coefficient (ICC).

## RESULTS

## General data

The average age of GMC patients, which included 35 males and 65 females, was $28.5 \pm 5.4$ years (range: 17-46 years). The control group also included 35 males and 65 females with a mean age of $28.6 \pm 7.2$ which ranged from 17 to 47 . The VAS of the 16 cases with data was $3.13 \pm 0.34$ for LBP. No significant difference was found for age and gender distribution using the independent sample $t$-test and $\chi 2$-test between the GMC group and the control group ( $\mathrm{P}>0.05$ ), indicating that age and gender were well-matched.

## Intraobserver variability

The results of the intraobserver agreement were excellent. ICC was $0.997,0.985,0.966$, $0.965,0.988$, and 0.968 for SVA, TK, LL, PI, SS, and PT ( $P<0.01$ ), respectively.

## Radiographic parameters

The measurement and comparison results of the radiographic parameters are shown in Table 1. It should be noted that the data of SVA and PI-LL measured in this study did not conform to normal distribution. Therefore, SVA and PI-LL were represented by the median (interquartile range), and the Mann-Whitney U test was used to compare the GMC group and the control group. The correlation among the parameters in the GMC group is shown in Table 2. The independent sample $t$-test indicated that there was

Table 1 Parameter measurement results.

| Group | SVA $(\mathbf{m m})^{* *}$ | TK $\left({ }^{\circ}\right)^{*}$ | LL $\left({ }^{\circ}\right)^{*}$ | PI $\left({ }^{\circ}\right)^{*}$ | SS $\left({ }^{\circ}\right)$ | PT $\left({ }^{\circ}\right)$ | PI-LL |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| GMC (100) | $9.65(-20.34$ to 27.35) | $17.34 \pm 9.05$ | $42.77 \pm 10.97$ | $42.38 \pm 10.90$ | $33.56 \pm 8.76$ | $8.73 \pm 8.92$ | $-1.45(-7.70$ to 6.55$)$ |
| Control (100) | $0.03(-21.06$ to 13.45) | $20.45 \pm 8.02$ | $46.41 \pm 9.07$ | $45.68 \pm 7.49$ | $34.79 \pm 6.48$ | $10.92 \pm 6.95$ | $-1.98(-7.08$ to 5.74$)$ |

## Notes:

SVA, sagittal vertical axis; TK, thoracickyphosis; Ll, lumbarlordosis; PI, pelvic incidenceangle; PT, pelvic tilt; SS, sacral slope; PI-LL, pelvic incidence lumbar lordosis mismatch.
** SVA was represented by median (interquartile range), and the Mann-Whitney u-test was used for comparison between the GMC group and the control group. * $P<0.05$.

| Table 2 Correlation among parameters in GMC. |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :---: | :---: | :---: | :---: |
|  | PI | SS | PT | TK |  |  |  |  |

Table 3 Distribution of pelvic incidence (PI) groups (cases (\%)).

|  | I | II | III |
| :--- | :--- | :--- | :--- |
| GMC (\%) | $44(44)$ | $36(36)$ | $20(20)$ |
| Control (\%) | $23(23)$ | $52(52)$ | $25(25)$ |
| $\chi^{2}$ |  | 10.047 |  |
| $P$ |  | $0.007^{*}$ |  |

## Notes:

I, PI $<40^{\circ}$; Il, $40^{\circ} \leq \mathrm{PI}<50^{\circ}$; II, $\mathrm{Pl} \geq 50^{\circ}$.
${ }^{*} P<0.01$.
difference in PI between these two groups ( $42.38 \pm 10.90^{\circ}$ vs $45.68 \pm 7.49^{\circ}, P<0.05$ ). The LL $\left(42.77 \pm 10.97^{\circ}\right.$ vs $\left.46.41 \pm 9.07^{\circ}, P<0.05\right)$ and TK $\left(17.34 \pm 9.50^{\circ}\right.$ vs $20.45 \pm 8.02^{\circ}$, $P<0.05$ ) of GMC group were lower, while its SVA (9.65 (-20.34 to 27.35) vs 0.03 $(-21.06$ to 13.45$), P>0.05), \mathrm{PT}\left(8.73 \pm 8.92^{\circ}\right.$ vs $\left.10.92 \pm 6.95^{\circ}, P>0.05\right)$, SS $\left(33.56 \pm 8.76^{\circ}\right.$ vs $\left.34.79 \pm 6.48^{\circ}, P>0.05\right)$ and PI-LL $(-1.45(-7.70$ to 6.55$) v s-1.98(-7.08$ to 5.74$), P>0.05)$ did not reach statistical significance compared to the control group. Previously, LL and SVA were shown to be related to a surgical effect (Schwab et al., 2013; Tsai et al., 2011). LL was significantly correlated with PI, SS, PT, TK ( $P<0.01$ ). However, SVA did not show significant difference with PI, SS, PT, TK $(P>0.05)$ except for LL $(P<0.05)$.

The $\chi 2$-test showed that there were fewer normal PI and more low PI in the GMC group, while the control group had the most normal PI and the fewest low PI ( $P<0.05$ ) for cases grouped by PI (Table 3). High PI occupied the middle position in both patients and asymptomatic subjects. The $\chi 2$-test suggested that there was no difference among

Table 4 Classification of the apex in GMC group and control group (cases (\%)).

|  | APEX |  |  |
| :--- | :--- | :--- | :--- |
|  | L3 | L4 | L5 |
| GMC (\%) | $6(6)$ | $74(74)$ | $20(20)$ |
| Control (\%) | $5(5)$ | $64(64)$ | $31(31)$ |
| $\chi^{2}$ |  | 3.188 |  |
| $P$ |  | 0.203 |  |

Note:
L3, apex on lumbar 3 vertebral; L4, apex on lumbar 4 vertebral; L5, apexon lumbar 5 vertebral.

Table 5 Range of sacral slope(ss) in the different apex of GMC group and control group.

|  | APEX |  |  |
| :--- | :--- | :--- | :--- |
|  | L3 | L4 | L5 |
| GMC $(n=100)$ | $38.42 \pm 4.69$ | $34.04 \pm 8.64$ | $30.34 \pm 9.39$ |
| Control $(n=100)$ | $47.18 \pm 0.88$ | $36.50 \pm 5.09$ | $29.24 \pm 4.49$ |
| $t$ | -4.479 | -2.076 | 0.491 |
| $P$ | $0.005^{*}$ | $0.040^{*}$ | 0.628 |
| Notes. |  |  |  |

Notes:
L3, apex on lumbar3 vertebral; L4, apex on lumbar 4vertebral; L5, apex on lumbar5 vertebral.

* $P<0.01$.
the three groups in the distribution of apex $(P>0.05)$ for the position of lordosis apex (Table 4). Nonetheless, the range of SS in L3 ( $38.42 \pm 4.69^{\circ}$ vs $47.18 \pm 0.88^{\circ}, P<0.01$ ) and L4 ( $34.04 \pm 8.64^{\circ}$ vs $36.50 \pm 5.09^{\circ}, P<0.05$ ) (Table 5) showed a statistical difference between the GMC group and


## DISCUSSION

The sagittal alignment of the spine and pelvis was found to be highly variable in different subjects and the imaging parameters revealed a number of differences between GMC patients and asymptomatic participants.

## Pelvic incidence in patients with gluteal muscle contracture

Pelvic incidence was associated with low back pain (Chaléat-Valayer et al., 2011). The PI was lower in patients with lumbar degeneration, as discovered by Yang et al. (2014) who hypothesized that a low PI would direct more vertical pressure on the disc and cause degeneration. Furthermore, they also assumed that a low PI may reduce the average PI in the control group with asymptomatic degeneration. Moreover, in a study on the spinal-pelvic sagittal alignment in young Chinese patients with lumbar disc herniation (LDH), low PI may have caused degeneration of the disc, which was associated with low back pain (Chaléat-Valayer et al., 2011; Fei et al., 2017). The sagittal shape of the pelvis is relatively stable, and it will not change with age or degeneration in adulthood. Therefore, pelvic incidence can be used as a permanent information source for the original shape of the spinal sagittal plane (Sautet et al., 2018; Lafage et al., 2009; Mac-Thiong, Labelle e Roussouly, 2011; Mac-Thiong et al., 2004). You et al. (2020) found that in female patients
with GMC, the pelvis becomes narrower, which affects the normal delivery of infants among women of childbearing age. It should be surmised that the shape of the pelvis may be impacted by GMC during growth, which leads to low PI. We compared 100 GMC patients and 100 asymptomatic volunteers. The results show a significant difference in PI between these two groups. The mean PI of GMC patients was smaller than the mean PI of the control group. In summary, GMC may cause a low PI which contributes to low back pain. However, not all the GMC patients with low PI presented with LBP. This may be due to compensation by stronger muscles, greater endurance, or spinal-pelvic autoregulation.

## Sagittal alignment in patients with gluteal muscle contracture

Sagittal alignment of the spine has been described as an independent predictor of pain and disability in patients with a spinal deformity (Glassman et al., 2005; Rose et al., 2009; Schwab et al., 2010). Substantial evidence in the earlier literature revealed the correlation of sagittal alignment with HRQoL (Kim et al., 2011; Heo et al., 2015; Kumar, Baklanov \& Chopin, 2001). Schwab et al. (2010) established ground-breaking correlations among SVA, PT, and PI-LL, and pain and ODI scores. The threshold of SVA to distinguish between patients' HRQoL is around 50 mm (Schwab et al., 2010) and this is considered to be the highest degree of efficiency of the global upright trunk position a patient can attain. The more positive the SVA, the greater the patients' pain and disability and the poorer the function. There is also a positive correlation found in a study on truncal inclination between PT and worsening pain and disability scores (Lafage et al., 2009). An increase of PT causes an increase in the pelvic torque, which is the torsion moment of the body weight and the ground reaction force respectively applied to the pelvis at the sacrum and acetabula. To stabilize the pelvis and keep the body upright there is an increase in the compensatory muscle effort. A substantial correlation between PI and LL is shown in asymptomatic individuals (Vialle et al., 2005). Patients with too few degrees of LL when compared with PI are shown to have poor clinical outcomes for pain and disability.

However, this study showed that SVA, PT, and PI-LL were not different between the GMC group and the control group. The effect of impacting the global sagittal balance of spinal-pelvic was inconspicuous when compared to the asymptomatic volunteers in this study. It was inferred by the results that there may be compensation for this influence. Previous studies have suggested that there appears to be a compensatory mechanism with the loss of the spinal sagittal balance. The pelvis may compensate for sagittal balance by tilting backward, which leads to increasing PT. However, most asymptomatic individuals have a PT less than 21 degrees. In the present study, the mean PT of the GMC group and the control group were not greater than 21 degrees. Barrey et al. (2007) presumed that backward rotation of the pelvis may compensate for the loss of LL and sagittal imbalance since SS is equivalent to the lower lumbar spine which accounts for more than $2 / 3$ of LL. According to the geometric relationship, PI $=\mathrm{PT}+\mathrm{SS}$. The pelvis was thought to be involved in compensation when SS < PT. It was shown that the mean SS was greater than PT in both the GMC group and the control group. These results suggested that the compensation mechanism did not include the increase of PT and
decrease of SS in the patients with GMC. It is noteworthy that the decrease of TK was involved in the compensatory mechanism in which there was a loss of sagittal balance in young LDH patients, which was indicated by Fei et al. (2017). We also found that the TK of the GMC group was smaller than that of the control group.

GMC did not make an evident impact on the loss of global sagittal balance of the spine. It is also possible that the sagittal imbalance was offset by an inconspicuous compensation, which may be another reason that GMC patients with low PI did not suffer from LBP.

## Lumbar curve and sacral slope in patients with gluteal muscle contracture

The correlation between SS and the LL apex was discovered by Roussouly et al. (2005). The different LL apex had a unique SS range since LL is correlated with PI, which contributes to LBP. The relationship between the lumbar curve and SS in patients with GMC was explored in this study through an analysis of the position of the LL apex. There was no difference among the three groups in the distribution of the apex. The least common category (L3) contained six patients (GMC group) vs five individuals in the control group, whereas the most common category (L4) contained 74 patients (GMC group) vs 64 individuals in the control group. The majority of the inflation points of the lumbar curve in GMC patients were located on the $4^{\text {th }}$ lumbar vertebral body, which was also seen in the control group. However, compared to the control group, the range of SS in patients with GMC was greater when the apex was located on the L5 vertebral body. Remarkably, asymptomatic individuals presented with the same SS range as the control participants in a study by Roussouly et al. (2005). It suggested that the correlation between SS and the LL apex may fluctuate in response to the fibrotic gluteal. Further, according to the apex classification in this study, the range of SS in L3 and L4 showed a statistical difference between the GMC group and the control group, revealing that the mean SS of the GMC group was smaller than that of the control group. We speculated that the lumbar curve may be impacted by the gluteal muscle contracture and found that the lumbar range of motion in patients with GMC was limited, especially in regard to lumbar flexion Fig. 2. Therefore, the LL of the two groups differed and the LL of the GMC group was smaller in comparison to the control group, indicating that the lumbar curve of patients with GMC decreased.

Asymptomatic individuals showed no direct evidence that a gluteal muscle contracture affected the global spinal-pelvic sagittal alignment $v s$ the partial spine and pelvis, as indicated by a decrease in the LL and TK in patients with GMC.

## Limitations

This study was limited by a lack of previous research on the correlation between GMC and clinical spinal symptoms. Further, there was a large range of normal individual parameters measured, indicating that there may be large individual differences in the sagittal shape of the spine-pelvis. Future research should seek to improve and clarify the effect of GMC on the shape and alignment of the spinal-pelvic sagittal plane.


Figure 232 years old male with gluteal muscle contracture complained of low back pain and limitation of lumbar flexion. (A, B) Extension and flexion of lumbar, ( $\mathrm{C}, \mathrm{D}$ ) standing lateral radiograph of spine-pelvis, SVA 61.6 mm , LL $15.4^{\circ}$, TK $12.8^{\circ}$, PT $21.6^{\circ}$, PI $41.3^{\circ}$, SS $19.7^{\circ}$, (E, F) extension-LL $-50.2^{\circ}$, flexion-LL $5.4^{\circ}$. Full-size DOI: 10.7717/peerj.13093/fig-2

## CONCLUSION

Gluteal muscle contracture causes a low PI which may contribute to low back pain. Patients with GMC present the same global sagittal spinal-pelvic balance as the asymptomatic individuals by compensatory mechanism through the excessive flat lumbar and thoracic curves. To clarify the mechanical forces involved in GMC onset, further investigations between both relations of spinal-pelvic sagittal and coronal alignment and low back pain are needed.

## ADDITIONAL INFORMATION AND DECLARATIONS

## Funding

This study was supported by the Sanming Project of Medicine in Shenzhen, China (No. SZSM201612078). The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.

## Grant Disclosures

The following grant information was disclosed by the authors:
Sanming Project of Medicine in Shenzhen, China: SZSM201612078.

## Competing Interests

Stephen L. Gao is an Academic Editor for PeerJ. The other authors declare that they have no competing interests.

## Author Contributions

- Jiyi Liu conceived and designed the experiments, performed the experiments, analyzed the data, prepared figures and/or tables, authored or reviewed drafts of the paper, and approved the final draft.
- Pengzhou Huang performed the experiments, prepared figures and/or tables, and approved the final draft.
- Guanwei Jiang performed the experiments, prepared figures and/or tables, and approved the final draft.
- Liang Gao conceived and designed the experiments, authored or reviewed drafts of the paper, and approved the final draft.
- Mengdi Zhang analyzed the data, prepared figures and/or tables, and approved the final draft.
- Xueping Dong analyzed the data, prepared figures and/or tables, and approved the final draft.
- Wentao Zhang conceived and designed the experiments, authored or reviewed drafts of the paper, and approved the final draft.
- Xintao Zhang conceived and designed the experiments, authored or reviewed drafts of the paper, and approved the final draft.


## Human Ethics

The following information was supplied relating to ethical approvals (i.e., approving body and any reference numbers):

The present study was approved by Peking University Shenzhen Hospital Ethical
Review Approval [(research) [2017] NO.008].

## Data Availability

The following information was supplied regarding data availability:
The raw data are available in the Supplemental File.

## Supplemental Information

Supplemental information for this article can be found online at http://dx.doi.org/10.7717/ peerj.13093\#supplemental-information.

## REFERENCES

Barrey C, Jund J, Noseda O, Roussouly P. 2007. Sagittal balance of the pelvis-spine complex and lumbar degenerative diseases. A comparative study about 85 cases. European Spine Journal 16(9):1459-1467 DOI 10.1007/s00586-006-0294-6.
Boulay C, Tardieu C, Hecquet J, Benaim C, Mouilleseaux B, Marty C, Prat-Pradal D, Legaye J, Duval-Beaupère G, Pélissier J. 2006. Sagittal alignment of spine and pelvis regulated by pelvic incidence: standard values and prediction of lordosis. European Spine Journal 15(4):415-422 DOI 10.1007/s00586-005-0984-5.
Chaléat-Valayer E, Mac-Thiong JM, Paquet J, Berthonnaud E, Siani F, Roussouly P. 2011. Sagittal spino-pelvic alignment in chronic low back pain. European Spine Journal 20(S5):634-640 DOI 10.1007/s00586-011-1931-2.

Duval-Beaupère G, Schmidt C, Cosson P. 1992. A Barycentremetric study of the sagittal shape of spine and pelvis: the conditions required for an economic standing position. Annals of Biomedical Engineering 20(4):451-462 DOI 10.1007/BF02368136.
Evcik D, Yücel A. 2003. Lumbar lordosis in acute and chronic low back pain patients. Rheumatology International 23(4):163-165 DOI 10.1007/s00296-002-0268-x.
Fei H, Li WS, Sun ZR, Ma QW, Chen ZQ. 2017. Analysis of spino-pelvic sagittal alignment in young Chinese patients with lumbar disc herniation. Orthopaedic Surgery 9(3):271-276 DOI 10.1111/os. 12340.
Gao L, Guo R, Han Z, Liu J, Chen X. 2020. Clinical trial reporting. The Lancet 396(10261):1488-1489 DOI 10.1016/S0140-6736(20)32265-0.
Glassman SD, Berven S, Bridwell K, Horton W, Dimar JR. 2005. Correlation of radiographic parameters and clinical symptoms in adult scoliosis. Spine 30(6):682-688 DOI 10.1097/01.brs.0000155425.04536.f7.
Heo Y, Park JH, Seong HY, Lee YS, Jeon SR, Rhim SC, Roh SW. 2015. Symptomatic adjacent segment degeneration at the L3-4 level after fusion surgery at the L4-5 level: evaluation of the risk factors and 10-year incidence. European Spine Journal 24(11):2474-2480 DOI 10.1007/s00586-015-4188-3.
Kim MK, Lee SH, Kim ES, Eoh W, Chung SS. 2011. The impact of sagittal balance on clinical results after posterior interbody fusion for patients with degenerative spondylolisthesis: a pilot study. BMC Musculoskeletal Disorders 12(1):69-76 DOI 10.1186/1471-2474-12-69.
Kumar MN, Baklanov A, Chopin D. 2001. Correlation between sagittal plane changes and adjacent segment degeneration following lumbar spine fusion. European Spine Journal 10(4):314-319 DOI 10.1007/s005860000239.
Labelle H, Roussouly P, Berthonnaud E, Transfeldt E, O’Brien M, Chopin D, Hresko T, Dimnet J. 2004. Spondylolisthesis, pelvic incidence, and spinopelvic balance: a correlation study. Spine 29(18):2049-2054 DOI 10.1097/01.brs.0000138279.53439.cc.
Lafage V, Schwab F, Patel A, Hawkinson N, Farcy JP. 2009. Pelvic tilt and truncal inclination: two key radiographic parameters in the setting of adults with spinal deformity. Spine 34(17):E599-E606 DOI 10.1097/BRS.0b013e3181aad219.
Mac-Thiong JM, Berthonnaud E, Dimar JR, Betz RR, Labelle H. 2004. Sagittal alignment of the spine and pelvis during growth. Spine 29(15):1642-1647 DOI 10.1097/01.BRS.0000132312.78469.7B.
Mac-Thiong JM, Labelle H, Roussouly P. 2011. Pediatric sagittal alignment. European Spine Journal 20(S5):586-590 DOI 10.1007/s00586-011-1925-0.
Rose PS, Bridwell KH, Lenke LG, Cronen GA, Mulconrey DS, Buchowski JM, Kim YJ. 2009. Role of pelvic incidence, thoracic kyphosis, and patient factors on sagittal plane correction following pedicle subtraction osteotomy. Spine 34(8):785-791 DOI 10.1097/BRS.0b013e31819d0c86.

Roussouly P, Gollogly S, Berthonnaud E, Dimnet J. 2005. Classification of the normal variation in the sagittal alignment of the human lumbar spine and pelvis in the standing position. Spine 30(3):346-353 DOI 10.1097/01.brs.0000152379.54463.65.
Sautet P, Giorgi H, Chabrand P, Tropiano P, Argenson JN, Parratte S, Blondel B. 2018. Is anatomic acetabular orientation related to pelvic morphology? CT analysis of 150 healthy pelvises. Orthopaedics \& Traumatology: Surgery \& Research 104(3):347-351 DOI 10.1016/j.otsr.2017.10.006.
Schwab FJ, Blondel B, Bess S, Hostin R, Shaffrey CI, Smith JS, Boachie-Adjei O, Burton DC, Akbarnia BA, Mundis GM, Ames CP, Kebaish K, Hart RA, Farcy JP, Lafage V, International

Spine Study Group. 2013. Radiographical spinopelvic parameters and disability in the setting of adult spinal deformity: a prospective multicenter analysis. Spine 38(13):E803-E812
DOI 10.1097/BRS.0b013e318292b7b9.
Schwab F, Patel A, Ungar B, Farcy JP, Lafage V. 2010. Adult spinal deformity-postoperative standing imbalance: how much can you tolerate? An overview of key parameters in assessing alignment and planning corrective surgery. Spine 35(25):2224-2231
DOI 10.1097/BRS.0b013e3181ee6bd4.
Schwab F, Patel A, Ungar B, Farcy JP, Lafage V. 2010. Adult spinal deformity-postoperative standing imbalance: how much can you tolerate? An overview of key parameters in assessing alignment and planning corrective surgery. Spine 35(25):2224-2231
DOI 10.1097/BRS.0b013e3181ee6bd4.
Tsai TH, Huang TY, Lieu AS, Lee KS, Kung SS, Chu CW, Hwang SL. 2011. Functional outcome analysis: instrumented posterior lumbar interbody fusion for degenerative lumbar scoliosis. Acta Neurochirurgica 153(3):547-555 DOI 10.1007/s00701-010-0909-x.
Vaz G, Roussouly P, Berthonnaud E, Dimnet J. 2002. Sagittal morphology and equilibrium of pelvis and spine. European Spine Journal 11(1):80-87 DOI 10.1007/s005860000224.
Vialle R, Levassor N, Rillardon L, Templier A, Skalli W, Guigui P. 2005. Radiographic analysis of the sagittal alignment and balance of the spine in asymptomatic subjects. The Journal of Bone of Joint Surgery 87(2):260-267 DOI 10.2106/JBJS.D.02043.
Yang X, Kong Q, Song Y, Liu L, Zeng J, Xing R. 2014. The characteristics of spinopelvic sagittal alignment in patients with lumbar disc degenerative diseases. European Spine Journal 23(3):569-575 DOI 10.1007/s00586-013-3067-z.
You T, Yang B, Zhang XT, Ren SY, Bai L, Jiao FJ, Jiang XC, Guan SY, Zhang WT. 2020. A possible prediction of dystocia at the time of cesarean delivery: gluteal muscle contracture, a single center experience from China. Medicine 99(7):e19138 DOI 10.1097/MD. 0000000000019138.
Zhang X, Ma Y, You T, Tian X, Zhang H, Zhu Q, Zhang W. 2015. Roles of TGF- $\beta$ /Smad signaling pathway in pathogenesis and development of gluteal muscle contracture. Connective Tissue Research 56(1):9-17 DOI 10.3109/03008207.2014.964400.
Zhang X, Jiang X, He F, Liang Z, You T, Jin D, Zhang W. 2017. Arthroscopic revision release of gluteal muscle contracture after failed primary open surgery. International Orthopaedics 41(8):1521-1526 DOI 10.1007/s00264-016-3354-5.
Zhao CG, He XJ, Lu B, Li HP, Kang AJ. 2010. Increased expression of collagens, transforming growth factor-beta1, and -beta3 in gluteal muscle contracture. BMC Musculoskelet Disord 11(1):15 DOI 10.1186/1471-2474-11-15.
Zhu Z, Xu L, Zhu F, Jiang L, Wang Z, Liu Z, Qian BP, Qiu Y. 2014. Sagittal alignment of spine and pelvis in asymptomatic adults: norms in Chinese populations. Spine 39(1):E1-E6 DOI 10.1097/BRS. 0000000000000022.

