

Rapid parameter estimation for selective inversion recovery myelin imaging using an open-source Julia toolkit

Nicholas J Sisco^{1,2,3}, Ping Wang^{1,2,3}, Ashley M Stokes^{1,2,3}, Richard Dortch^{Corresp. 1,2,3}

¹ Department of Translational Neuroscience, Barrow Neurological Institute, Phoenix, AZ, United States

² Barrow Neuroimaging Innovation Center, Barrow Neurological Institute, Phoenix, AZ, United States

³ St. Joseph's Hospital and Medical Center, Phoenix, Arizona, United States of America

Corresponding Author: Richard Dortch

Email address: richard.dortch@barrowneuro.org

Background. Magnetic resonance imaging (MRI) is used extensively to quantify myelin content, however computational bottlenecks remain challenging for advanced imaging techniques in clinical settings. We present a fast, open-source toolkit for processing quantitative magnetization transfer derived from selective inversion recovery (SIR) acquisitions that allows parameter map estimation, including the myelin-sensitive macromolecular pool size ratio (*PSR*). Significant progress has been made in reducing SIR acquisition times to improve clinical feasibility. However, parameter map estimation from the resulting data remains computationally expensive. To overcome this computational limitation, we developed a computationally efficient, open-source toolkit implemented in the Julia language.

Methods. To test the accuracy of this toolkit, we simulated SIR images with varying *PSR* and spin-lattice relaxation time of the free water pool (R_{1f}) over a physiologically meaningful scale from 5 to 20% and 0.5 to 1.5 s⁻¹, respectively. Rician noise was then added, and the parameter maps were estimated using our Julia toolkit. Probability density histogram plots and Lin's concordance correlation coefficients (LCCC) were used to assess accuracy and precision of the fits to our known simulation data. To further mimic biological tissue, we generated five cross-linked bovine serum albumin (BSA) phantoms with concentrations that ranged from 1.25 to 20%. The phantoms were imaged at 3T using SIR, and data were fit to estimate *PSR* and R_{1f} . Similarly, a healthy volunteer was imaged at 3T, and SIR parameter maps were estimated to demonstrate the reduced computational time for a real-world clinical example.

Results. Estimated SIR parameter maps from our Julia toolkit agreed with simulated values (LCCC > 0.98). This toolkit was further validated using BSA phantoms and a whole brain scan at 3T. In both cases, SIR parameter estimates were consistent with published values using MATLAB. However, compared to earlier work using MATLAB, our Julia toolkit provided an approximate 20-fold reduction in computational time.

Conclusions. Presented here, we developed a fast, open-source, toolkit for rapid and accurate SIR MRI using Julia. The reduction in computational cost should allow SIR parameters to be accessible in clinical settings.

1 **Rapid parameter estimation for selective inversion recovery myelin**
2 **imaging using an open-source Julia toolkit**

3

4 Nicholas J. Sisco,^{1,2,3} Ping Wang,^{1,2,3} Ashley Stokes,^{1,2,3} and Richard Dortch^{1,2,3}

5 ¹Department of Translational Neuroscience, Barrow Neurological Institute, Phoenix, AZ

6 ²Barrow Neuroimaging Innovation Center, Barrow Neurological Institute, Phoenix, AZ

7 ³St. Joseph's Hospital and Medical Center, Phoenix, AZ

8

9 ‡Correspondence:

10 Barrow Neuroimaging Innovation Center,

11 Barrow Neurological Institute

12 350 W. Thomas Rd Phoenix, AZ 85013, USA.

13 Phone: 602.406.3731

14 E-mail: Richard.Dortch@Barrowneuro.org

15

16 Abstract

17 **Background.** Magnetic resonance imaging (MRI) is increasingly used to quantify myelin
18 content; however, many of these advanced methods require long computation times that are
19 challenging to deploy in clinical settings. To overcome this challenge, we developed a fast, open-
20 source toolkit for processing quantitative magnetization transfer derived from selective inversion
21 recovery (SIR) acquisitions. While significant progress has been made in reducing SIR
22 acquisition times, parameter map estimation (e.g., the myelin specific macromolecular pool size
23 ratio, PSR) from the resulting data remains computationally expensive. To overcome this
24 computational limitation, we developed an efficient, open-source toolkit implemented in the
25 Julia language.

26 **Methods.** To test the accuracy of this toolkit, we simulated SIR images with varying *PSR* and
27 spin-lattice relaxation time of the free water pool (R_{1f}) over a physiologically meaningful range
28 from 5 to 20% and 0.5 to 1.5 s⁻¹, respectively. Rician noise was then added, and the parameter
29 maps were estimated using our Julia toolkit. Probability density histogram plots and Lin's
30 concordance correlation coefficients (LCCC) were used to assess accuracy and precision of the
31 fits to our known simulation data. To further mimic biological tissue, we generated five cross-
32 linked bovine serum albumin (BSA) phantoms with concentrations that ranged from 1.25 to
33 20%. The phantoms were imaged at 3T using SIR, and data were fit to estimate *PSR* and R_{1f} .
34 Similarly, a healthy volunteer was imaged at 3T, and SIR parameter maps were estimated to
35 demonstrate the reduced computational time for a clinical whole-brain scan.

36 **Results.** Estimated SIR parameter maps from our Julia toolkit agreed with simulated values
37 (LCCC > 0.98). This toolkit was further validated using BSA phantoms and a whole brain scan at
38 3T. In both cases, SIR parameter estimates were consistent with published values using
39 MATLAB. However, compared to earlier implementation using MATLAB, our Julia toolkit
40 provided an approximate 20-fold reduction in computational time.

41 **Conclusions.** We developed a fast, open-source, toolkit for rapid and accurate SIR parameter
42 mapping using Julia. The reduction in computational cost should allow SIR parameters to be
43 accessible in clinical settings.

44 **Introduction**

45 Conventional magnetic resonance imaging (MRI) techniques are exquisitely sensitive to
46 pathology such as demyelination, edema, and axonal loss; however, they generally lack
47 pathological specificity and are dependent on numerous acquisition parameters. As a result, there
48 has been increased interest in quantitative MRI methods (Tabelow et al., 2019; Mancini et al.,
49 2020) to derive indices with improved pathological specificity and reduced sensitivity to
50 experimental parameters. In general, this requires the acquisition of multiple images with
51 different experimental parameters. The signal in each voxel of the image series is then fit with
52 the appropriate model — often via nonlinear least-squares methods — to estimate quantitative
53 MRI parameters. Unfortunately, this process can be computationally expensive for high-
54 resolution or large field-of-view applications such as whole-brain scanning.

55 One such MRI method is quantitative magnetization transfer (qMT) imaging, which provides
56 indices (macromolecular pool size ratio or *PSR*) related to total myelin content in white matter
57 (Mancini et al., 2020; van der Weijden et al., 2021). Despite the promise of quantitative myelin
58 measurements, conventional qMT methods require specialized sequences and complicated
59 analyses that are unavailable at most sites, limiting widespread adoption. We recently overcame
60 the first of these limitations by developing a novel qMT method called selective inversion
61 recovery (SIR), which uses inversion recovery sequences that are available on most clinical MRI
62 scanners. We demonstrated that the resulting *PSR* values are repeatable across scans and relate to
63 myelin content, as well as disease duration and disability in multiple sclerosis (MS) (Dortch et
64 al., 2011, 2013; Bagnato et al., 2020). We later optimized SIR sampling schemes and acquisition
65 readouts to ensure clinical applicability (Dortch et al., 2018; Cronin et al., 2020). Together, these
66 studies demonstrated that whole-brain SIR data could be acquired in under 10 minutes.

67 Despite these methodological improvements in acquisition, widespread SIR adoption is currently
68 hindered by long computation times required to estimate model parameters, which can take on
69 the order of tens of minutes (depending on the specifics of the hardware) for whole-brain
70 acquisitions using our current MATLAB implementation. These long computation times stem
71 from the requirement to fit each voxel to the biexponential SIR signal model using nonlinear
72 regression methods, which can be computationally expensive. This is exacerbated in whole-brain
73 scans, where the fit is performed for each voxel independently, resulting in >100,000 total
74 regressions to estimate whole-brain parametric maps. As a result, faster computational
75 techniques are needed to foster widespread clinical adoption of SIR. In addition, techniques that
76 are composable, dynamic, general-purpose, reproducible, and open-sourced would further
77 minimize barriers related to code sharing and adoption.

78 A relatively new language named Julia fits all these requirements. Julia works on all major
79 operating systems — Windows, MacOS, and Linux — and has quickly situated itself as a
80 computational tool capable of reaching petaFLOPS performance (Claster, 2017). As such, it has
81 been used in diverse computationally intensive fields ranging from earth astronomical cataloging
82 (Regier et al., 2018) to quantitative MRI (Smith et al., 2015; Doucette, Kames & Rauscher,
83 2020). Currently, many MRI processing tools are developed using MATLAB (Ashburner et al.,
84 2013) and Python (Smith et al., 2004; Gorgolewski et al., 2011), which have well-known
85 limitations shared by other interpreted languages, most notably longer execution times. Julia has
86 an intuitive user interface, is similarly portable and readable to MATLAB and Python, and
87 retains most of the functionalities and syntax their users recognize (Perkel, 2019). However,
88 since Julia is compiled at run time, it has inherent qualities that make it more computationally
89 efficient, thus allowing it to approach C/C++-like speeds (Bezanson et al., 2017, 2018). In other

90 words, Julia strikes a balance between syntax that looks like an interpreted language, e.g.,
91 Python, R, MATLAB, etc., but runs with computational efficiency like a compiled language.

92 The goal of this work was to develop and validate an open source, free, fast, flexible, and simple
93 Julia toolkit for estimating SIR parameter maps. More specifically, we developed a Julia-based
94 toolkit for rapid SIR parameter estimation that resulted in a 20-fold reduction in computational
95 time over our previous MATLAB implementation. We evaluated this toolkit on simulated SIR
96 images and high-resolution images collected from tissue-model phantoms and a healthy
97 volunteer. Since our code is freely available and easily portable, we anticipate this toolbox will
98 be widely accessible to researchers and clinicians to efficiently and accurately obtain SIR
99 parameters. In addition, the toolkit is developed in a modular nature, allowing it to be easily
100 extended to other nonlinear regression problems common in quantitative MRI applications.

101 **Methods**

102 *Theory*

103 Selective inversion recovery (SIR) imaging (Edzes & Samulski, 1977; Gochberg & Gore, 2003,
104 2007) is based on a low-power, on-resonance inversion pulse that inverts free-pool longitudinal
105 magnetization (M_{zf}) of free water protons with minimal perturbation of magnetization (M_{zm}) for
106 protons in the macromolecular pool. Whereas traditional inversion recovery sequences use a pre-
107 delay time $t_D = 5 \times T_1$ (defined as the time from the center of the last spin echo in the readout
108 until the next inversion pulse) to ensure full recovery before each inversion, SIR methods often
109 use reduced t_D to yield gains in efficiency, based on the assumption that both pools are saturated
110 at $t_D = 0$ (Gochberg & Gore, 2007; Cronin et al., 2020). Mathematically, we can describe the

111 resulting time evolution of the longitudinal magnetization vector $\mathbf{M}_z = [M_{zf} M_{zm}]^T$ (Dortch et al.,
 112 2013, 2018) as

$$113 \quad \mathbf{M}_z(t_I, t_D) = \left[e^{A t_I} \mathbf{S} (\mathbf{I} - e^{A t_D}) + (\mathbf{I} - e^{A t_I}) \right] \mathbf{M}_0, \#(1)$$

114 where t_I is the inversion time, $\mathbf{S} = \text{diag}(S_f, S_m)$ accounts for the inversion pulse effect on each
 115 pool ($S_f = -1$ and $S_m = 1$ indicate complete M_{zf} inversion and no M_{zm} saturation, respectively), \mathbf{I} is
 116 the identity matrix, $\mathbf{M}_0 = [M_{0f} M_{0m}]^T$ is the equilibrium magnetization vector, and \mathbf{A} is a matrix
 117 with components

$$118 \quad \mathbf{A} = \begin{bmatrix} -(R_{1f} + k_{fm}) & k_{mf} \\ k_{fm} & -(R_{1m} + k_{mf}) \end{bmatrix}. \#(2) \text{ Here } R_{1f,m} \text{ are the spin-lattice relaxation times of each}$$

119 pool and k_{mf} is the exchange rate from the macromolecular to free pool. Given dynamic
 120 equilibrium and static compartment sizes, the exchange rate in reverse direction can be stated as
 121 $k_{fm} = PSR \times k_{mf}$. For free water protons, the observed SIR signal is directly proportional to the
 122 M_{zf} component in Eq. 1, which can be written algebraically as a biexponential function with respect
 123 to t_I (Dortch et al., 2011).

124 This results in a model with seven independent parameters: PSR , R_{1f} , R_{1m} , S_f , S_m , M_{0f} , and k_{mf} .
 125 Several assumptions can be made to reduce model parameters during fitting. S_m can be
 126 numerically estimated as $S_m = 0.83 \pm 0.07$, assuming a 1-ms hard inversion pulse, Gaussian
 127 lineshape, and $T_{2m} = 10\text{--}20 \mu\text{s}$ (Dortch et al., 2011). In addition, the SIR signal is relatively
 128 insensitive to R_{1m} ; therefore, it is often assumed that $R_{1m} = R_{1f}$ (Li et al., 2010). Furthermore, k_{mf}
 129 was shown to be relatively consistent within normal ($k_{mf} = 12.5 \text{ s}^{-1}$ for human brain) and diseased
 130 neural tissue, and optimized SIR acquisitions have been developed to minimize bias in other

131 parameters estimates (e.g., PSR , R_{1f}) when an assumed k_{mf} values is used (Dortch et al., 2011,
132 2018). This results in a model with four independent parameters (PSR , R_{1f} , S_f , and M_{0f}), which
133 can be estimated via nonlinear regression of SIR data acquired at four (or more) different t_I
134 and/or t_D values with the biexponential function shown in Eq. 1

135 *Julia Implementation*

136 For our Julia implementation, nonlinear regression was performed using `curve_fit` from the
137 `LsqFit.jl` package, which is an implementation of the efficient Levenberg-Marquardt
138 algorithm. The only non-default parameter for our fitting routine was the use of automatic
139 forward differentiation rather than the default central differencing, which has been shown to
140 speed up Jacobian estimation at little cost to parameter estimation accuracy (Revels, Lubin &
141 Papamarkou, 2016).

142 Julia has several unique features that were exploited to maximize both the efficiency and
143 usability of our toolkit. First, multithreading is supported by Julia and is easily implemented by
144 appending the `@threads` macro to any for-loop call. In our toolkit, this was appended to the for-
145 loop used to loop over regressions for each voxel. In contrast to MATLAB, for-loops are
146 generally encouraged in Julia rather than using vectorized code, as the former often yields highly
147 efficient machine code. In the present implementation, we provided the option to either define
148 certain parameters (e.g., S_m and R_{1m}) or use a default value if no argument is passed. Finally, the
149 dispatch of methods in Julia can be associated with multiple input variable types, which yields
150 code that is simultaneously flexible and efficient. In our case, this allowed for the dispatch of
151 different SIR fitting models simply based on whether k_{mf} was provided as an input (assumed k_{mf})
152 or not (estimated k_{mf}).

153 *Simulation Studies*

154 To evaluate the SIR Julia toolkit, SIR data were simulated using pulse sequence parameters (t_1 :
155 15, 15, 278, and 1007 ms and t_D : 648, 4171, 2730, and 10 ms) that correspond to the optimized
156 experimental parameters (Dortch et al., 2018) used in our phantom and whole-brain scans.
157 Simulated PSR and R_{1f} values were linearly varied from 5-25% and 0.5-1.5 s⁻¹, respectively, over
158 a 128x128 grid to cover the full range of values observed in human white matter at 3.0 T. S_f and
159 M_{0f} were held constant at -1 and 1, respectively, since these parameters are not biologically
160 relevant. Rician noise was added to the image at each t_1 and t_D to generate noisy data with a
161 signal-to-noise ratio (SNR) of 250 relative to M_{0f} . This produced a final simulated dataset with
162 128×128×4 matrix dimensions, where the final dimension represents the data acquired at each
163 combination of t_1 and t_D .

164 Fits for each simulated voxel were then performed using our Julia toolkit on a Dell Precision®
165 Mobile Workstation 7750 with Intel® Comet Lake Core™ i9-10885H vPRO™ @ 2.4 GHz CPU
166 with Hyper-threading® enabled, and 16 GB non-ECC DDR4 RAM at 2933 MHz using Ubuntu
167 20.04.2 LTS through Windows Subsystem Linux. The code generated here was additionally
168 evaluated on Windows 10 (Dell Precision detailed above) and an iMac (Intel® Kaby Lake™ i7-
169 7700K @ 4.2 GHz CPU with Hyper-threading® enabled, 32 GB non-ECC DDR4 RAM at 2400
170 MHz, running MacOS Catalina 10.15.7). The code was tested on Julia 1.5.2 and Julia 1.6.2, and
171 both versions completed without error.

172 *Phantom Studies*

173 Bovine serum albumin (BSA, Sigma-Aldrich) phantoms were created in 50 mL conical vials by
174 first solubilizing BSA in 15 mL of ddH₂O (18.2 MΩ.cm at 25 °C, double-distilled water) until

175 fully dissolved, followed by adding ddH₂O up to a final volume of 30 mL after accounting for
176 glutaraldehyde (Electron Microscopy Science) volume for final BSA concentrations equal to 20,
177 10, 5, 2.5, and 1.25% (w/v). The vials were centrifuged at 3500×g for 10 min to reduce bubbles
178 before the crosslinking reaction. Glutaraldehyde was added to a concentration of 12% from a
179 50% glutaraldehyde stock in ddH₂O. Once the glutaraldehyde was added, the mixture was gently
180 mixed to avoid bubble formation, centrifuged again with the same settings as above, and allowed
181 to react overnight at 4 °C. To more directly investigate the relationship between BSA
182 concentration and our SIR measures, we converted PSR to reflect the fraction of macromolecular
183 to free water magnetization using the following expression: $f = \frac{M_{0m}}{M_{0m} + M_{0f}} = \frac{PSR}{1 + PSR}$.

184 MRI was performed using a 3.0T Ingenia™ (Philips®) scanner with a dedicated 32-channel head
185 coil. The phantoms were placed in a plastic 50 mL conical tube holder and positioned in the
186 center of the RF coil. The same t_1 and t_D used for simulations were used for phantom scanning.
187 SIR data were collected at bore temperature with an inversion recovery prepared 3D turbo spin-
188 echo (TSE) sequence. The field of view (FOV) was set to 120×120×30 mm³, with 0.5×0.5×3.0
189 mm³ resolution, matrix size of 240×240×10, echo time (TE): 96 ms, TSE factor of 22, and
190 compressed sensing acceleration factor of 8 (Wang, Sisco & Dortch, 2021). The resulting data
191 were fit using our Julia toolkit as described above for the simulated data using a fixed $k_{mf} = 35.0$
192 s⁻¹ based on previous SIR experiments in BSA phantoms (Dortch et al., 2018).

193 *Whole Brain Human Studies*

194 To test the clinical applicability of our code, analogous SIR data were collected, and parameter
195 maps estimated performed in a healthy volunteer (36-year-old, male). All scanning parameters
196 were identical to the phantom scans except: FOV of 210×210×90 mm³, acquired isotropic

197 resolution of 2.25 mm^3 , with reconstructed matrix size of $224 \times 224 \times 40$ and reconstructed
198 resolution of $0.94 \times 0.94 \times 2.25 \text{ mm}^3$, and TE: 65 ms. Preprocessing of the human SIR data was
199 performed with FSL (<https://fsl.fmrib.ox.ac.uk/fsl/>) (Smith, 2002) and included rigid registration
200 using FLIRT to correct for motion and brain extraction using BET. During fitting, k_{mf} was fixed
201 to the mean value reported in healthy human brain at 3.0 T ($k_{mf} = 12.5 \text{ s}^{-1}$). This study was
202 performed per the St. Joseph's Hospital Institutional Review Board and Medical Center initial
203 reference number 039093 including written consent.

204 *Statistical Analysis*

205 We evaluated the accuracy and precision of the parameter estimates (PSR and R_{1f}) generated by
206 our Julia toolkit relative to the simulated values via histogram analyses and Lin's concordance
207 correlation coefficients (LCCC). All statistical analyses were performed using R, and the R
208 package `epiR` (Stevenson & Sergeant, 2021) was used for LCCC estimation.

209 *Code Usage Examples*

210 To encourage the use of the Julia toolkit, we provide easy-to-use bash-shell code that can be
211 copied line by line and used within a Linux-like command line or saved as a script for execution
212 in our GitHub repository (https://github.com/nicksisco1932/The_SIR-qMT_toolbox..
213 Additional documentation and source code can is also provided in this repository. Required
214 input parameters include the SIR images in either NIfTI or MATLAB's MAT format along with
215 arrays for inversion and predelay times. Optional parameters can also be defined for k_{mf} , S_m , and
216 R_{1m} , depending on the application; otherwise, the default values listed above are used.
217 Alternatively, the toolkit can be implemented as a shell script in bash or can be incorporated into
218 Python and MATLAB pipelines. Finally, we supply a Jupyter notebook tutorial written for Julia

219 to create and evaluate the simulation data shown in this manuscript. This notebook, along with
220 code snippets needed to run our Julia toolkit via Python, MATLAB, bash scripts, or the
221 command line, can all be found at our code repository.

222 A separate challenge that is common in quantitative neuroimaging analysis relates to image
223 format and data loading. To provide flexibility for other imaging formats (aside from NIFTI and
224 MAT files), a code branch called `using_pycall_import` was developed to enable the usage of
225 the Python package nibabel, which imports nibabel software (Brett et al., 2020) to read in various
226 types of medical images, such as DICOM and PARREC (Philips format), as well as NifTI.
227 However, as this branch implementation requires a Python environment with nibabel installed, it
228 was implemented separately to simplify usage for end users.

229 **Results**

230 In Figure 1, we show the simulated and fit R_{1f} (Fig. 1A) and PSR (Fig. 1B) values for each pixel,
231 along with the residuals from the simulated and fit data for R_{1f} (Fig. 1C) and PSR (Fig. 1D). The
232 difference between simulated and estimated R_{1f} (Fig. 1C) and PSR (Fig. 1D) showed no
233 systematic differences. Quantitatively, these data are nearly identical to the known values (Fig.
234 2A,B) with $LCCC = 0.99/0.99$ and $RMSE = 2.2\%/9.2\%$ for R_{1f}/PSR shown in Fig. 2C and D.
235 Figures 1 and 2 support the accuracy of the Julia toolkit over a range of biologically realistic
236 values in the presence of experimental noise.

237 Next, we performed real-world SIR experiments to test our Julia toolkit in samples with well-
238 characterized PSR and R_{1f} values using BSA phantoms. The values from the fit are displayed in
239 Fig. 3 and correspond to within 10% margin of error of published values of similar phantoms
240 (Dortch et al., 2018). Fig. 3A and 3B show the PSR and R_{1f} values, respectively. The

241 arrangement and percentage labels of BSA are depicted in Fig. 3C. The linear relationship
242 between the SIR-derived f values and BSA concentration is shown in Fig. 3D with an intercept
243 close to zero (0.003) and slope of 0.64 (standard error 0.002 and 0.019, respectively).

244 Lastly, we tested our Julia code using whole-brain data from a healthy volunteer, as shown in
245 Fig. 4. Fig. 4A shows the raw image at $t_i, t_D = 278, 2730$ ms; Fig. 4B shows the expected contrast
246 from PSR maps with higher values in white matter; Fig. 4C is the R_{1f} map with higher values in
247 the white matter; and Fig. 4D reflects inversion efficiency, which is characteristically flat
248 (average $S_f = -0.86 \pm 0.14$ for whole brain) and accounts for nonideal inversions of the water
249 signal.

250 For comparison, we evaluated the same whole brain with our original code written in MATLAB
251 and generated identical maps with a significant reduction in computation time. More specifically,
252 using the Core™ i9 laptop listed the Methods section and single threaded operations, MATLAB
253 and Julia fit the entire brain (596,389 voxels within the brain mask) in 1,254 s (MATLAB) and
254 14 s (Julia); corresponding to an $\sim 90\times$ reduction in computation time for Julia. Using MATLAB
255 parallel processing (parfor) improved performance for MATLAB to 224 s, but this was still
256 approximately $16\times$ slower than Julia single threaded operations and requires significant overhead
257 related to initiating separate MATLAB processes. The Julia multi-threading macro requires
258 significantly less overhead than MATLAB; however, it did not significantly reduce computation
259 times over single-threaded operations for our current implementation, suggesting that memory
260 allocation may be the rate limiting factor in our Julia code. A more intuitive way to compare
261 computational times is to measure how many voxels were fit per second, which was 46,319 and
262 2,662 voxels per second for Julia's and MATLAB's fastest times, respectively.

263

264 **Discussion**

265 We present an efficient implementation of SIR parameter estimation using the Levenberg-
266 Marquardt algorithm via the Julia language. We used this toolkit to estimate SIR parameters on
267 simulated data, BSA phantoms, and whole-brain human data. We then tested the run time of our
268 toolkit to fit whole-brain SIR images resulting in *PSR* maps fit in 14 s for using Julia, which took
269 MATLAB 224 s (using parallel processing), amounting to a nearly 16-fold decrease in
270 computational time. Additionally, we note that the entire script, including reading and writing
271 files, as well as fitting, takes only 29 s to complete. The robustness of the fit was evaluated using
272 the simulated data with Rician noise added (Fig. 1A and B). After fitting, the residuals from the
273 known data were characteristic of the noise encoded in the simulated image (Fig. 1C and D) with
274 very high correlation according to LCCC, i.e., the fit recovered the data with high precision and
275 accuracy (Fig. 2). Next, we acquired SIR data on a 3T scanner using phantoms made with BSA,
276 and the estimated *PSR* and R_{If} parameters agreed with previously published data (Dortch et al.,
277 2018) (Fig. 3). The linear relationship between f and BSA, shown in Fig. 3D, along with the near
278 zero offset provides good evidence that the phantoms were consistent, and that the fitting code
279 performs well with real-world data. Finally, we acquired whole-brain data on a healthy volunteer
280 at 3T, which showed that SIR parameters were consistent with expectations. More specifically,
281 the *PSR* values (Fig. 4B) and R_{If} (Fig. 4C) were higher for white matter and consistent with
282 published values (Dortch et al., 2018) that used our previous MATLAB implementation, while S_f
283 was relatively flat (Fig. 4D).

284 Due to its computational efficiency, Julia has become an increasingly popular tool for use in
285 MRI data analysis. For example, it has been used for fitting dynamic contrast-enhanced MRI
286 (`DCEMRI.jl`) data in less than a second (Smith et al., 2015) and myelin water imaging (MWI)
287 with Decomposition and Component Analysis of Exponential Signals (`DECAES.jl`) that showed
288 50-fold improvement in computational time (Doucette, Kames & Rauscher, 2020). We should
289 note that numerous other MRI computational packages exist for quantitative analysis, including
290 QUIT (QUantitative Imaging Tools, C Wood, 2018) and qMRLab (Quantitative MRI analysis,
291 under one umbrella, Karakuzu et al., 2020), with the former written predominately in C++ and
292 Python and the latter written in MATLAB. In particular, qMRLab has a large array of tools for
293 processing MT data, including a SIR-FSE fitting routine that is similar to our previous
294 MATLAB implementation.

295 In the present study, our toolkit showed whole-brain SIR data can be fit with a biexponential
296 model in clinically feasible time of less than half a minute using a high-end laptop with a
297 virtualized Linux operating system within the Windows 10 system and on the same laptop using
298 Windows 10 version of Julia. Additionally, the toolkit was equally efficient on a standard
299 desktop computer running MacOS. Given that our toolkit is highly efficient on all operating
300 systems, easy to use, lightweight, and open source, we believe this opens the possibility of
301 incorporating this toolset on any scanner operating system to significantly expand the clinical use
302 for SIR. As the computational steps represented a barrier to the clinical implementation, we
303 anticipate that the Julia-based implementation of SIR fitting is a critical step toward broader
304 clinical use.

305 The implementation of Julia shown here is also a steppingstone for more comprehensive Julia
306 computational implementation within the magnetic resonance research community. The fast and

307 composable nature of our Julia toolkit allows additional model functions to be added with little
308 effort. For example, we anticipate using our basic code design in other non-linear fitting models,
309 such as for rapidly estimating T_1 , T_2^* , and T_2 in other applications. Overall, a robust, easily
310 adaptable, and fast computational tool would be a welcome addition to the field.

311 One limitation to the adoption of Julia stems from the fact that it is a relatively new language and
312 is continuously being updated. This novelty can make the developed packages obsolete relatively
313 quickly; however, the upside is that Julia versions greater than 1.0 are increasingly stable and are
314 constantly improving with a dedicated and vibrant community of developers. For example, we
315 chose to use established tools (FSL) for preprocessing steps (registration, segmentation) rather
316 than develop them natively in Julia. We anticipate future work will focus on porting these tools
317 into Julia, which would alleviate potential dependencies issues that can arise from using multiple
318 software packages within a processing pipeline. Furthermore, GPU accelerated computing is
319 continually expanding in Julia with the JuliaGPU.jl package (Besard et al., 2019), which does not
320 require a specific brand of graphics card and could make GPU acceleration more accessible and
321 fits even faster. We assessed the code presented here with two different versions of Julia and
322 found no bugs or code failures in anticipation of this deprecation issue. Julia is highly flexible
323 and can be easily adapted to suit the function of the user. Although we focused on standard
324 model assumptions (fixed k_{mf} , $R_{1m} = R_{1f}$), the flexibility of our Julia implementation allows one
325 to alter these assumptions for each specific application. For example, k_{mf} may be altered
326 inflammation (Harrison et al., 2015). Furthermore, increasing evidence suggests that R_{1m} values
327 are much slower than previously assumed, and these incorrect assumptions may bias R_{1f}
328 estimates (Wang et al., 2020). We believe that the combined flexibility and efficiency our

329 toolkit will allow investigators to systematically evaluate the impact of these model assumptions
330 on estimated SIR parameters and, ultimately, deploy SIR as clinical myelin biomarker.

331 **Conclusions**

332 We developed a fast, open-source toolkit for SIR MRI analysis using Julia. This toolkit was
333 validated using simulations, phantoms, and healthy volunteer images. More specifically, myelin-
334 related SIR parameters were estimated in simulated images with high accuracy and precision,
335 agreeing with published values in tissue-mimicking phantoms. Whole-brain SIR myelin maps
336 further demonstrated with a 20-fold reduction in computational time, providing evidence that this
337 toolkit would be instrumental in a clinical setting.

338 **Acknowledgments**

339 We acknowledge Philips Healthcare, the Barrow Neurological Foundation, and financial support
340 listed in the funding section.

341 **References**

- 342 Ashburner J, Chen C, Moran R, Henson R, Glauche V, Phillips C, Barnes G, Chen C, Daunizeau
343 J, Moran R, Henson R, Glauche V, Phillips C. 2013. SPM8 Manual The FIL Methods
344 Group (and honorary members). *Functional Imaging Laboratory*:475–1. DOI:
345 10.1111/j.1365-294X.2006.02813.x.
- 346 Bagnato F, Franco G, Ye F, Fan R, Commiskey P, Smith SA, Xu J, Dortch R. 2020. Selective
347 inversion recovery quantitative magnetization transfer imaging: Toward a 3 T clinical
348 application in multiple sclerosis. *Multiple Sclerosis Journal* 26:457–467. DOI:
349 10.1177/1352458519833018.
- 350 Besard T, Churavy V, Edelman A, Sutter B De. 2019. Rapid software prototyping for
351 heterogeneous and distributed platforms. *Advances in Engineering Software* 132:29–46.
352 DOI: 10.1016/j.advengsoft.2019.02.002.
- 353 Bezanson J, Chen J, Chung B, Karpinski S, Shah VB, Vitek J, Zoubritzky L. 2018. Julia:
354 dynamism and performance reconciled by design. *Proceedings of the ACM on*
355 *Programming Languages* 2:1–23. DOI: 10.1145/3276490.

- 356 Bezanson J, Edelman A, Karpinski S, Shah VB. 2017. Julia: A Fresh Approach to Numerical
357 Computing. *SIAM Review* 59:65–98. DOI: 10.1137/141000671.
- 358 Brett M, Markiewicz CJ, Hanke M, Côté M-A, Cipollini B, McCarthy P, Jarecka D, Cheng CP,
359 Halchenko YO, Cottaar M, Larson E, Ghosh S, Wassermann D, Gerhard S, Lee GR, Wang
360 H-T, Kastman E, Kaczmarzyk J, Guidotti R, Duek O, Daniel J, Rokem A, Madison C,
361 Moloney B, Morency FC, Goncalves M, Markello R, Riddell C, Burns C, Millman J,
362 Gramfort A, Leppäkangas J, Sólon A, van den Bosch JJF, Vincent RD, Braun H,
363 Subramaniam K, Gorgolewski KJ, Raamana PR, Klug J, Nichols BN, Baker EM, Hayashi
364 S, Pinsard B, Haselgrove C, Hymers M, Esteban O, Koudoro S, Pérez-García F, Oosterhof
365 NN, Amirbekian B, Nimmo-Smith I, Nguyen L, Reddigari S, St-Jean S, Panfilov E,
366 Garyfallidis E, Varoquaux G, Legarreta JH, Hahn KS, Hinds OP, Fauber B, Poline J-B,
367 Stutters J, Jordan K, Cieslak M, Moreno ME, Haenel V, Schwartz Y, Baratz Z, Darwin BC,
368 Thirion B, Gauthier C, Papadopoulos Orfanos D, Solovey I, Gonzalez I, Palasubramaniam
369 J, Lecher J, Leinweber K, Raktivan K, Calábková M, Fischer P, Gervais P, Gadde S,
370 Ballinger T, Roos T, Reddam VR, freec84. 2020. nipy/nibabel: 3.2.1. DOI:
371 10.5281/ZENODO.4295521.
- 372 C Wood T. 2018. QUIT: QUAntitative Imaging Tools. *Journal of Open Source Software* 3:656.
373 DOI: 10.21105/joss.00656.
- 374 Claster A. 2017. *Julia Joins Petaflop Club*.
- 375 Cronin MJ, Xu J, Bagnato F, Gochberg DF, Gore JC, Dortch RD. 2020. Rapid whole-brain
376 quantitative magnetization transfer imaging using 3D selective inversion recovery
377 sequences. *Magnetic Resonance Imaging* 68:66–74. DOI: 10.1016/j.mri.2020.01.014.
- 378 Dortch RD, Bagnato F, Gochberg DF, Gore JC, Smith SA. 2018. Optimization of selective
379 inversion recovery magnetization transfer imaging for macromolecular content mapping in
380 the human brain. *Magnetic Resonance in Medicine* 80:1824–1835. DOI:
381 10.1002/mrm.27174.
- 382 Dortch RD, Li K, Gochberg DF, Welch EB, Dula AN, Tamhane AA, Gore JC, Smith SA. 2011.
383 Quantitative magnetization transfer imaging in human brain at 3 T via selective inversion
384 recovery. *Magnetic Resonance in Medicine* 66:1346–1352. DOI: 10.1002/mrm.22928.
- 385 Dortch RD, Moore J, Li K, Jankiewicz M, Gochberg DF, Hirtle JA, Gore JC, Smith SA. 2013.
386 Quantitative magnetization transfer imaging of human brain at 7T. *NeuroImage* 64:640–
387 649. DOI: 10.1016/j.neuroimage.2012.08.047.
- 388 Doucette J, Kames C, Rauscher A. 2020. DECAES – DEcomposition and Component Analysis
389 of Exponential Signals. *Zeitschrift für Medizinische Physik* 30:271–278. DOI:
390 10.1016/j.zemedi.2020.04.001.
- 391 Edzes HT, Samulski ET. 1977. Cross relaxation and spin diffusion in the proton NMR of
392 hydrated collagen. *Nature* 265:521–523. DOI: 10.1038/265521a0.
- 393 Gochberg DF, Gore JC. 2003. Quantitative imaging of magnetization transfer using an inversion
394 recovery sequence. *Magnetic Resonance in Medicine* 49:501–505. DOI:
395 10.1002/mrm.10386.

- 396 Gochberg DF, Gore JC. 2007. Quantitative magnetization transfer imaging via selective
397 inversion recovery with short repetition times. *Magnetic Resonance in Medicine* 57:437–
398 441. DOI: 10.1002/mrm.21143.
- 399 Gorgolewski K, Burns CD, Madison C, Clark D, Halchenko YO, Waskom ML, Ghosh SS. 2011.
400 Nipype: A Flexible, Lightweight and Extensible Neuroimaging Data Processing Framework
401 in Python. *Frontiers in Neuroinformatics* 5:13. DOI: 10.3389/fninf.2011.00013.
- 402 Harrison NA, Cooper E, Dowell NG, Keramida G, Voon V, Critchley HD, Cercignani M. 2015.
403 Quantitative Magnetization Transfer Imaging as a Biomarker for Effects of Systemic
404 Inflammation on the Brain. *Biological Psychiatry* 78:49–57. DOI:
405 10.1016/j.biopsych.2014.09.023.
- 406 Karakuzu A, Boudreau M, Duval T, Boshkovski T, Leppert I, Cabana J-F, Gagnon I, Beliveau P,
407 Pike G, Cohen-Adad J, Stikov N. 2020. qMRLab: Quantitative MRI analysis, under one
408 umbrella. *Journal of Open Source Software* 5:2343. DOI: 10.21105/joss.02343.
- 409 Li K, Zu Z, Xu J, Janve VA, Gore JC, Does MD, Gochberg DF. 2010. Optimized inversion
410 recovery sequences for quantitative T 1 and magnetization transfer imaging. *Magnetic*
411 *Resonance in Medicine* 64:491–500. DOI: 10.1002/mrm.22440.
- 412 Mancini M, Karakuzu A, Cohen-Adad J, Cercignani M, Nichols TE, Stikov N. 2020. An
413 interactive meta-analysis of MRI biomarkers of myelin. *eLife* 9. DOI: 10.7554/eLife.61523.
- 414 Perkel JM. 2019. Julia: come for the syntax, stay for the speed. *Nature* 572:141–142. DOI:
415 10.1038/d41586-019-02310-3.
- 416 Regier J, McAuliffe J, Thomas R, Prabhat ., Pamnany K, Fischer K, Noack A, Lam M, Revels J,
417 Howard S, Giordano R, Schlegel D. 2018. Cataloging the Visible Universe Through
418 Bayesian Inference at Petascale. In: *2018 IEEE International Parallel and Distributed*
419 *Processing Symposium (IPDPS)*. IEEE, 44–53. DOI: 10.1109/IPDPS.2018.00015.
- 420 Revels J, Lubin M, Papamarkou T. 2016. Forward-Mode Automatic Differentiation in Julia.
- 421 Smith SM. 2002. Fast robust automated brain extraction. *Hum Brain Mapp* 17:143–155. DOI:
422 10.1002/hbm.10062.
- 423 Smith SM, Jenkinson M, Woolrich MW, Beckmann CF, Behrens TEJ, Johansen-Berg H,
424 Bannister PR, Luca M De, Drobnjak I, Flitney DE, Niazy RK, Saunders J, Vickers J, Zhang
425 Y, Stefano N De, Brady JM, Matthews PM, De Luca M, Drobnjak I, Flitney DE, Niazy RK,
426 Saunders J, Vickers J, Zhang Y, De Stefano N, Brady JM, Matthews PM. 2004. Advances
427 in functional and structural MR image analysis and implementation as FSL. *Neuroimage* 23
428 Suppl 1:S208-19. DOI: 10.1016/j.neuroimage.2004.07.051.
- 429 Smith DS, Li X, Arlinghaus LR, Yankeelov TE, Welch EB. 2015. DCEMRI.jl : a fast, validated,
430 open source toolkit for dynamic contrast enhanced MRI analysis. *PeerJ* 3:e909. DOI:
431 10.7717/peerj.909.
- 432 Stevenson M, Sergeant E. 2021. Package ‘epiR.’
- 433 Tabelow K, Balteau E, Ashburner J, Callaghan MF, Draganski B, Helms G, Kherif F, Leutritz T,
434 Lutti A, Phillips C, Reimer E, Ruthotto L, Seif M, Weiskopf N, Ziegler G, Mohammadi S.

- 435 2019. hMRI - A toolbox for quantitative MRI in neuroscience and clinical research.
436 *Neuroimage* 194:191–210. DOI: 10.1016/j.neuroimage.2019.01.029.
- 437 Wang Y, van Gelderen P, de Zwart JA, Duyn JH. 2020. B0-field dependence of MRI T1
438 relaxation in human brain. *NeuroImage* 213:116700. DOI:
439 10.1016/j.neuroimage.2020.116700.
- 440 Wang P, Sisco NJ, Dortch RD. 2021. Rapid Whole-Brain Myelin Mapping via Selective
441 Inversion Recovery and Compressed SENSE. In: *International Society for Magnetic*
442 *Resonance in Medicine Annual Meeting and Exhibition*.
- 443 van der Weijden CWJ, García DV, Borra RJH, Thurner P, Meilof JF, van Laar P-J, Dierckx
444 RAJO, Gutmann IW, de Vries EFJ. 2021. Myelin quantification with MRI: A systematic
445 review of accuracy and reproducibility. *NeuroImage* 226:117561. DOI:
446 10.1016/j.neuroimage.2020.117561.
- 447

Figure 1

Simulated and Fit SIR images.

The simulated images were generated with constant inversion times of 15, 15, 278, and 1007 ms and delay times of 648, 4171, 2730, and 10 ms with PSR and R_{1f} changing per pixel in a 128×128 matrix and Rician noise added, depicted in the A and B. We fit the simulated image to the SIR-qMT model, resulting in the central panel parameter map for A and B. The difference between the simulated image and the parameter map is depicted in C and D. Qualitatively, C and D show that R_{1f} and PSR were estimated with high accuracy relative to the simulated values with $LCCC = 0.99/0.99$ and $RMSE = 2.2\%/9.2\%$ for R_{1f}/PSR (the distribution of the differences is assessed in Fig. 2 A,B.).

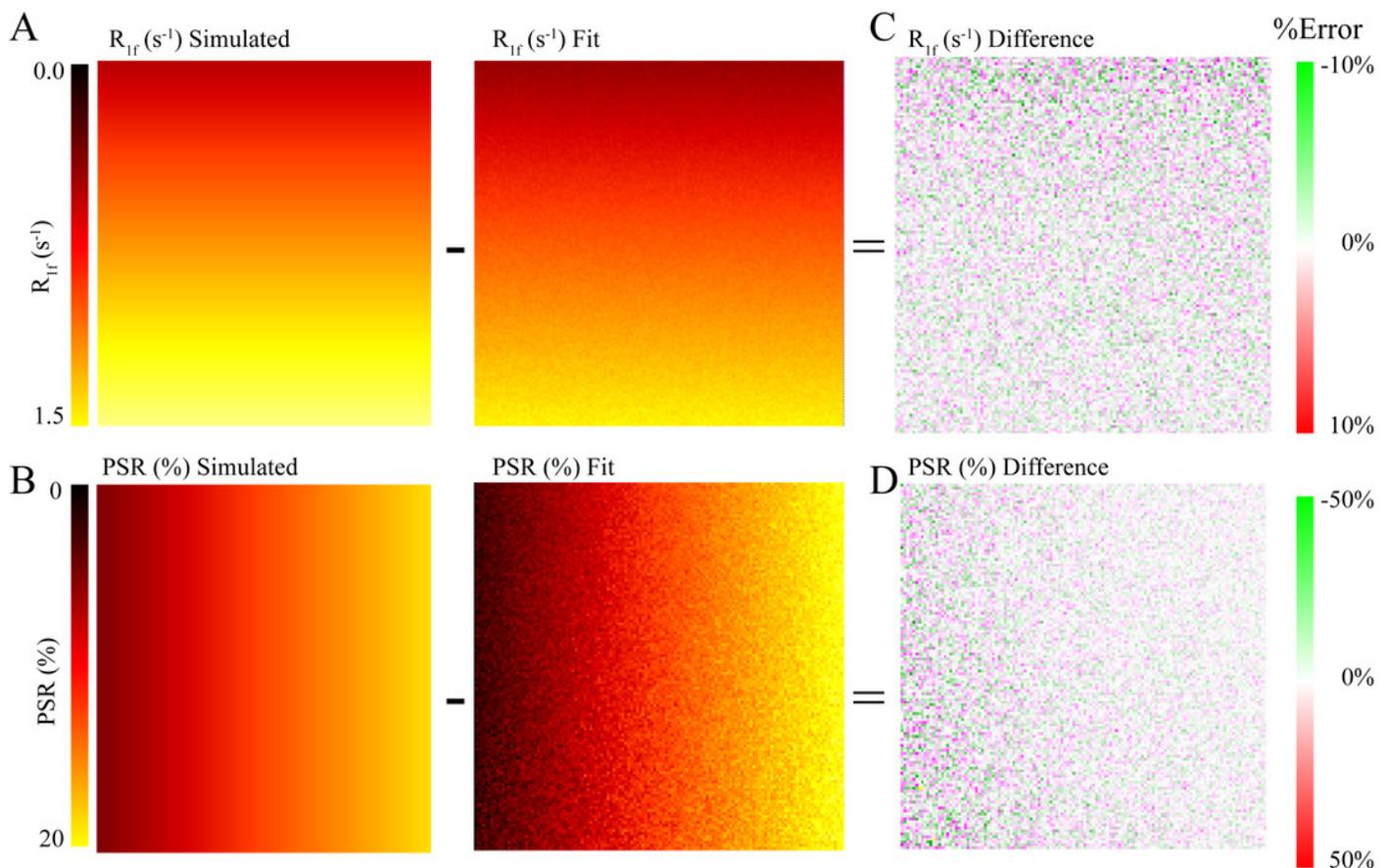


Figure 2

Probability density histograms and Lin's Concordance Correlation Coefficient plots.

Simulated phantoms were fit with high agreement and precision. Percent differences between the fit and known data for R_{1f} values (A) and PSR values (B) have small, differences which is explained by Gaussian noise as expected. In C and D, the PSR and R_{1f} show high agreement between the fit and simulated values with LCCC = 0.99 and 0.98, respectively, while the solid line for unity and dotted correlation fit are nearly overlapped. These data give us confidence that our Julia code is fitting the data to the expected values.

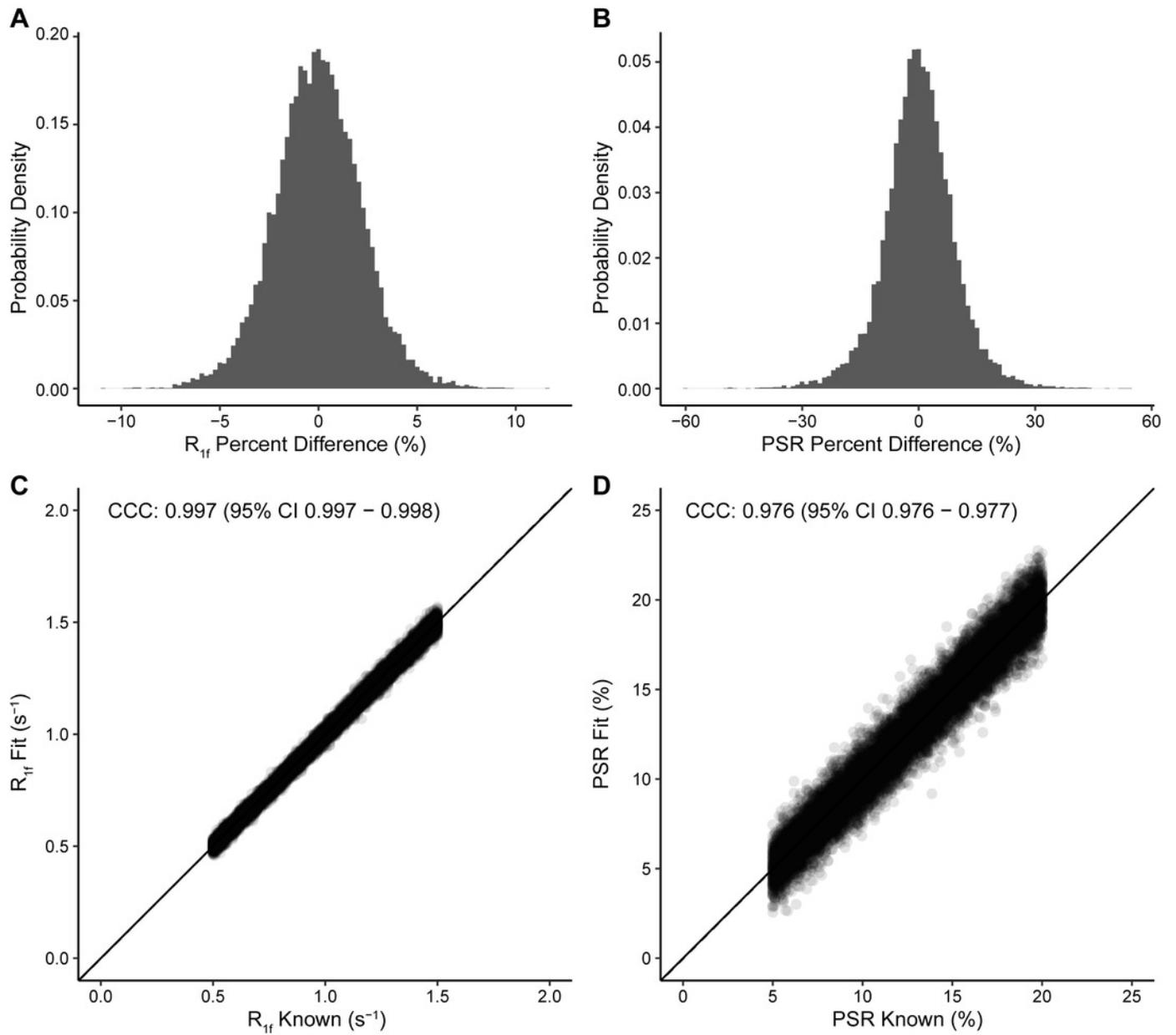


Figure 3

Tissue model phantom images.

Five BSA phantoms were used to assess the Julia model fitting shown here. BSA concentrations ranged from 1.25 to 20% (w/v). In A, PSR values were 0.9 ± 0.7 , 1.9 ± 1.5 , 3.9 ± 1.1 , 6.5 ± 1.1 , and 13.2 ± 2.9 as a function of BSA concentration. R_{1f} shown in B values were 0.41 ± 0.01 , 0.46 ± 0.03 , 0.51 ± 0.02 , 0.63 ± 0.002 , and 0.83 ± 0.05 per BSA concentration. The BSA concentrations are depicted in C showing the arrangement of the phantom tubes when in the scanner. A black box marks the slice location that was that can be seen visually after a rotation. The values fit in these phantoms are like those found in literature using SIR within a 10% margin of error. Additionally, when PSR is converted to a fraction of macromolecular pool to free water, see Methods, it correlates well with BSA concentration with a near 0 offset, as expected. Deviations are likely due to scanner differences and minor phantom preparation method differences. The macromolecular to free rate constant (k_{mf}) was held constant at 35.0 s^{-1} for phantom fitting.

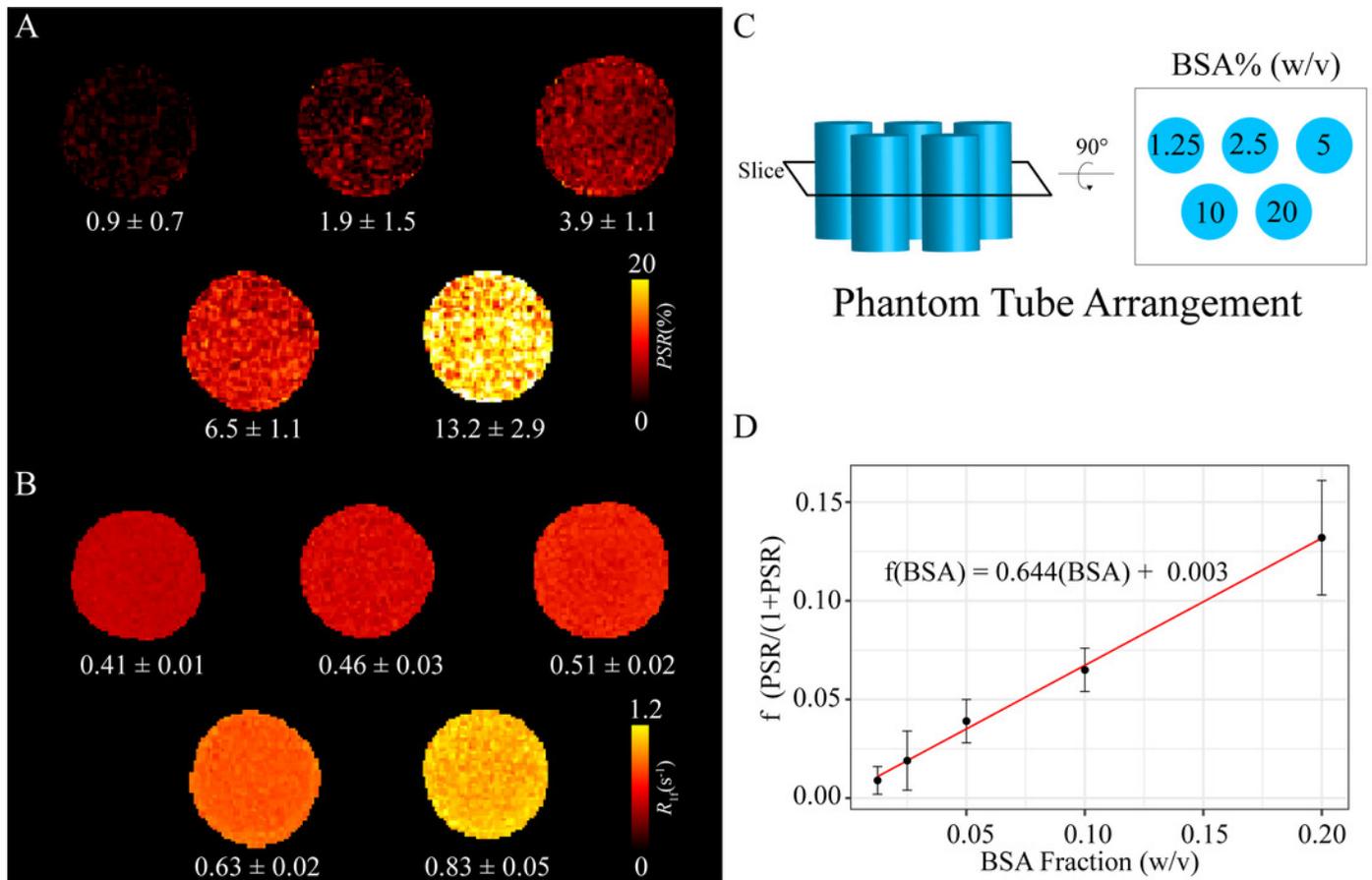


Figure 4

Representative SIR on a healthy volunteer.

Panel A represents the first data point corresponding to $t_i, t_D = 278, 2730$ ms. B, C, and D are maps from the fit parameters pool size ratio, R_{1f} , and S_f (B_1 inhomogeneity), respectively.

These images are consistent with published parameters, white matter have the highest relative PSR and R_{1f} , while S_f remains relatively flat at 3T with slight increases near the posterior of this map.

