

Inhibition of Connexin 43 reverses ox-LDL-mediated inhibition of autophagy in VSMC by inhibiting the PI3K/Akt/mTOR signaling pathway

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Background: Oxidized low-density lipoproteins (ox-LDL) may induce foam cell formation from the vascular smooth muscle cell (VSMC) by inhibiting VSMC autophagy. This process accelerates the formation of atherosclerosis (AS). Connexin 43 (Cx43), which is the most widely distributed connexin in VSMCs, is associated with autophagy. However, the mechanism of action and the involvement of Cx43 in ox-LDL-inhibited VSMC autophagy remain unclear.

Methods: The primary VSMC were obtained and identified, before primary VSMC were pretreated with an inhibitor (Cx43-specific inhibitor Gap26 and PI3K inhibitor LY294002) and stimulated with ox-LDL.

Results: Ox-LDL not only inhibited autophagy in VSMC via downregulation of autophagy-related proteins (such as Beclin 1, LC3B, p62), but also increased Cx43 protein levels. Then we added Gap26 to VSMC in the ox-LDL+Gap26 group, in which autophagy-related proteins were increased and the accumulation of lipid droplets was reduced. These results suggested that an enhanced level of autophagy and an alleviation of lipid accumulation might be caused by inhibiting Cx43 in VSMC. The phosphorylation levels of PI3K, AKT, mTOR were increased by ox-LDL, thus down-regulating autophagy-related proteins. However, this situation was partially reversed by the Gap26. Moreover, Cx43 expression was reduced by LY294002 in ox-LDL-induced VSMCs.

Conclusion: Inhibiting Cx43 may activate VSMC autophagy to inhibit foam cell formation by inhibiting the PI3K/AKT/mTOR signaling pathway.

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Abstract

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38 inhibiting the PI3K/AKT/mTOR signaling pathway.

39 **Keywords:** atherosclerosis; vascular smooth muscle cell; autophagy.

40 Introduction

41 Atherosclerotic cardiovascular disease is the main contributor to the increase in global
42 morbidity and mortality^[1]. Atherosclerotic plaques are formed in the vessel wall due to the
43 accumulation of lipids and other substances in the process of atherosclerosis (AS)^[2]. And these
44 lipid-rich cells in atherosclerotic plaques are called foam cells (FCs). Many past studies
45 suggested that the majority of FCs originated from macrophages. However, recently it has been
46 shown that most of the FCs in mouse and human atherosclerotic plaques originate from smooth
47 muscle cell (SMC)^[3, 4]. Accordingly, understanding the mechanism of SMC-derived FCs will
48 contribute to the prevention and treatment of atherosclerotic diseases.

49 Autophagy is a physiological process in which eukaryotic cells maintain internal
50 homeostasis^[5]. It is also involved in various physiological and pathological processes, including
51 hypertension and the formation of coronary atherosclerotic plaques^[6]. In human atherosclerotic
52 plaques, autophagy may be induced in VSMC, macrophages, and endothelial cells stimulated by
53 lipids, metabolic stress, cytokines and reactive oxygen species^[7]. Over time, almost all types of
54 cells have a certain degree of autophagy dysfunction, which negatively impacts plaque
55 progression, but the underlying mechanisms are different^[8]. In addition, more studies have
56 proven that regulation of autophagy may improve the occurrence and development of AS^[9, 10].
57 Rosuvastatin has been shown to enhance autophagic activity in macrophages by inhibiting the
58 activation of the PI3K/Akt/mTOR signaling pathway and increasing autophagic flux, thus
59 achieving the anti-AS effect^[11]. The PI3K/Akt/mTOR signaling pathway is a major regulatory
60 pathway that inhibits autophagy initiation, and inhibiting this pathway increases cholesterol
61 efflux from macrophage-derived FCs^[12, 13]. Despite lots of studies on the role of autophagy in
62 anti-AS, those on the specific mechanism of autophagy is limited.

63 Gap junction channel(GJC), which is composed of connexin(Cx) as the basic unit, is a
64 special channel to mediate direct communication at the intercellular^[14]. Cx43 is the major Cx
65 forming GJ in SMCs^[15]. Gap26 is a specific Cx43 mimic peptide^[16] that may inhibit Cx43
66 expression^[17, 18], when used as a Cx43-GJ inhibitor. The increased expression of connexin 43 in
67 intimal VSMC was observed in the early stages of human and mouse atherosclerotic lesions^[19].
68 This effect may be associated with various risk factors for AS, such as ox-LDL^[20] or angiotensin
69 II^[21], which may upregulate the expression of Cx43. Recently, studies have demonstrated that
70 there is an important interaction between Cx and autophagy, that is, Cx could be used not only as
71 an autophagy substrate, but also an autophagy regulator^[22]. Besides that, it is reported that the
72 regulation of Cx43 has impacts on the phosphorylation level of proteins in some signaling
73 pathways, such as PI3K/Akt signaling pathway and related downstream pathways^[23, 24]. This
74 finding suggests that Cx43 and PI3K/Akt-related downstream pathways may be interrelated.

75 Nevertheless, the connection between Cx43 in VSMC and autophagy remains elusive in
76 atherosclerotic lesions. Therefore, it is worth exploring whether Cx43 takes part in regulating the
77 PI3K/AKT/mTOR signaling pathway to have an impact on autophagy. Autophagy is important
78 in various pathological environments, such as cardiovascular disease and cancer, therefore,
79 Cx43-mediated autophagy may be an important regulatory mechanism in disease development.
80 However, the involvement of Cx43 in atherosclerotic lesions in ox-LDL-inhibited VSMC
81 autophagy and its potential mechanism is unclear. Understanding the role of Cx43 in autophagy
82 may reveal its importance as a regulatory mechanism for disease development, causing it to
83 become a potential therapeutic target due to its importance in a variety of pathological
84 environments such as cardiovascular disease.

85 **Materials & Methods**

86 **Culture of thoracic aortic VSMC and study design**

87 Male Sprague-Dawley (SD) rats, 6-8 weeks of age (210g-250g), were selected from the
88 Animal Experimental Center of Xinjiang Medical University. The license number was SCXK
89 Xin (2018-001). All animals were treated humanely. Experimental research strictly conformed to
90 the regulations of the Medical Ethics Committee of Shihezi University.

91 High-purity VSMC were then obtained from the thoracic aortas of the rats (drug
92 anaesthesia, 2% pentobarbital sodium (40 mg/kg), intraperitoneal injection) by in vitro culture,
93 as described previously^[25]. The rats were euthanized via intravenous overdose of pentobarbital
94 sodium. Third- to sixth-passage (P3-P6) VSMC were used in all experiments and cultured with
95 DMEM/F12 (10% FBS).

96 Ox-LDL (80 mg/ml) was treated to primary VSMC for periods of 0, 3, 6, 12, 24 and 48 h
97 and different concentrations of ox-LDL (0, 20, 40, 80, 160 µg/ml) were incubated for 24h. The
98 experiment was then divided into four groups, including the Control group, ox-LDL^[26] (80
99 µg/ml, 24 h) group, ox-LDL + Gap 26^[20] (Cx43 specific inhibitor, 100 µM pretreatment for 45
100 min, and then ox-LDL for 24 h,) group, ox-LDL +LY294002 ^[27] (20 µM pretreatment for 30 min
101 and then ox-LDL for 24h) group, and the Gap26 group.

102 **Reagents and antibodies**

103 ox-LDL (Cat. No. YB-002, Yiyuan Biotechnology, China), TRIzol reagent (Thermo Fisher
104 Scientific, Inc., USA), Gap26 (Cat. No. A1044; APExBIO Technology LLC, USA), LY294002
105 (Cat. No. A8250, APExBIO Technology LLC, USA), anti- α -SM (ab124964), anti-Desmin
106 (ab32362), anti-LC3B (ab192890), anti-p62 (ab109012), the secondary antibody of western
107 blotting were obtained from ZSGB-BIO(China), the secondary antibody of immunofluorescence
108 were obtained from ZSGB-BIO(China), polyclonal rabbit anti-Bec11 1 (ab62557), and anti-
109 Cx43 (ab11370) were obtained from Abcam (UK). Anti-PI3K p85 (#4257), anti-AKT (#4060),
110 anti-mTOR (#2983), anti-phospho-PI3K p85 (Tyr458)/p55 (Tyr199)-actin (#17366), anti-
111 phospho-AKT (#13038), and anti-phospho-mTOR (#5536) were obtained from CST (Inc).

112 **Western blot analysis**

113 The proteins from each VSMC samples were lysed after their respective drug treatments.
114 The protein concentration was measured with BCA assays. The proteins were separated on 10%
115 or 12% SDS-PAGE, electroblotted onto PVDF membranes, and blocked with 5% BSA, followed
116 by immunoblotting. The primary(1:1000) and secondary (1:10000) antibodies were incubated in
117 order. Finally, image analysis was performed using ImageJ software (National Institutes of
118 Health, Bethesda, USA).

119 **Immunofluorescence analysis**

120 After the VSMC samples were fixed with 4% paraformaldehyde for 15 min, permeabilized
121 with 0.2% Triton X-100 for 3 min and blocked by 5% BSA for 30 min, they were then incubated
122 with primary(1:100) and secondary(1:100) antibodies. Subsequently, DAPI (1:1000, Sigma-
123 Aldrich, MerckKGaA, USA) was counterstained for 10 min to display where the nucleus is.
124 Images were acquired using laser confocal microscopy (Zeiss LSM 510 META, Germany).

125 **Quantitative Real-time PCR**

126 The total RNA from VSMC sample was isolated using TRIzol reagent. Next, cDNA was
127 synthesized using a kit (Thermo Fisher Scientific, Inc., USA). The gene primers used were:

Cx43	Forward: TCACGTCCCACGGAGAAAAC	Reverse: ATCCGCAGTCTTTTGATGGG
GAPDH	Forward: GACATGCCGCCTGGAGAAAAC	Reverse: AGCCCAGGATGCCCTTTAGT

128 SYBR Green Real-time PCR master mix (Toyota Corporation, Japan) was used to amplify the
129 cDNA in the reaction system, which consisted of 40 cycles of 50°C, 95°C, and 60°C. The $2^{-\Delta\Delta Ct}$
130 method was used to analyze the data^[28].

131 **Transmission electron microscopy (TEM)**

132 After the cells terminated digestion, the bottom cells were left to add 2.5% glutaraldehyde
133 (special for electron microscopy) at 4°C overnight. After that, autophagosomes were observed by
134 transmission electron microscopy (JEOL, Japan).

135 **Oil red O staining**

136 The accumulation of lipid droplets was determined by referring to the instructions of the oil
137 red staining kit (Cat. No. D027-1, NJC BIO, China).

138 **Statistical analysis**

139 GraphPad 6.01 software was used for statistical analysis and chart preparation and the
140 results are expressed as mean±SD. One-way analysis of variance (ANOVA) was used to
141 compare the differences among groups, and the Student's test was used for pairwise comparisons
142 between groups. A value of $P<0.05$ was considered to be statistically significant.

143 **Results**

144 **Ox-LDL inhibited autophagy in VSMC via downregulation of autophagy-related**
145 **protein**

146 To examine the effect of ox-LDL on autophagy in VSMC, we monitored changes in the
147 autophagy marker proteins p62, Beclin1, and LC3B, after they were treated with various
148 concentrations of ox-LDL, and ox-LDL was used at different lengths of time. In our study, ox-
149 LDL decreased Beclin-1 protein levels and the ratio of LC3II to LC3I ratio at various time points
150 in VSMC while the p62 protein levels were increased (Fig. 1A-D). The p62 levels were
151 increased with the elevation of ox-LDL concentrations, which was contrary to the results of
152 Beclin 1 and LC3B (Fig. 1E-H). These data indicated that ox-LDL inhibited autophagy in VSMC
153 in a time-and concentration-dependent manner.

154 **Ox-LDL increased Cx43 protein levels in VSMC**

155 Next, we investigated the effect of ox-LDL on Cx43 in VSMC. The results appeared that
156 ox-LDL treatment (80 µg/ml, 24 h) obviously elevated the protein (Fig. 2A and B) and mRNA
157 (Fig. 2C) levels of Cx43 in VSMC. Moreover, the semi-quantitative results of
158 immunofluorescence appeared that the relative fluorescence intensity of Cx43 were evidently
159 enhanced after ox-LDL treatment, and Cx43 was mainly distributed in the cytoplasm and cell
160 membrane (Fig. 2D and E). Thus, the above results prompted us that ox-LDL-inhibited
161 autophagy in VSMC was accompanied by the upregulation of Cx43 protein levels.

162 **Involvement of Cx43 in VSMC autophagy and FCs formation mediated by Ox-LDL.**

163 To identify whether Cx43 was involved in ox-LDL-inhibited autophagy in VSMC, we
164 assessed the role of Gap26, an Cx43-specific inhibitor, on autophagy. The results demonstrated
165 that Gap26 treatment increased Beclin 1 protein levels and the induction of LC3II in VSMC
166 incubated with ox-LDL, which was the opposite of p62 protein levels (Fig. 3A-D). And the
167 immunofluorescence results were consistent with those of the Western blot (Fig. 3E-J). At the
168 ultrastructural level, autophagosomes presents a double-membraned structure, which contains
169 undigested cytoplasmic contents. The TEM studies indicated that Gap26 treatment increased the
170 number of autophagosomes compared with that in the ox-LDL group (Fig. 3K). These results
171 revealed that inhibiting Cx43 could improve the autophagy level of VSMC. To clarify whether
172 alternation of autophagy levels affected transformation of VSMC into foam cells, we evaluated
173 the changes in lipid droplets (Fig. 3L). The findings suggested that inhibition of Cx43 prevented
174 the ox-LDL-induced lipid droplet accumulation in VSMC, thereby suppressing FCs formation.

175 **Inhibition of Cx43 up-regulated the autophagy levels of VSMC after ox-LDL**
176 **treatment via inhibiting the PI3K/AKT/mTOR signaling pathway**

177 We pretreated VSMC with LY294002 and Gap26 to explore the potential mechanism by
178 which Cx43 is involved in ox-LDL-inhibited autophagy in VSMC. As compared with ox-LDL-
179 treated VSMC, LY294002 markedly inhibited p62 protein levels, increased Beclin-1 protein
180 levels, and promoted the conversion of LC3-I to LC3-II(Fig. 4A-D), indicating that

181 PI3K/AKT/mTOR signaling pathway might be involved in ox-LDL-mediated autophagy of
182 VSMC. Next, ox-LDL up-regulated the protein levels of p-PI3K, p-AKT, and p-mTOR, which
183 was partially reversed by Gap26 (Fig. 4E-H), suggesting that Cx43 inhibition prevented the
184 activation of this pathway. To further analyse the relationship between Cx43 and this signaling
185 pathway, LY294002 treatment was used to examine changes in Cx43 protein levels in ox-LDL-
186 treated VSMC. Cx43 protein levels was decreased as VSMC was exposed to LY294002 (Fig. 4I
187 and J).

188 Discussion

189 VSMC are an important source of FCs in atherosclerotic lesions and have received
190 increased attention in recent years. Many studies have reported that FCs formation may be
191 inhibited by regulating autophagy in atherosclerotic lesions^[9, 10, 29]. We demonstrated that ox-
192 LDL-inhibited autophagy induction in VSMC via the downregulation of autophagy-related
193 protein. Cx43 protein levels were also found to increase after ox-LDL treatment. The inhibition
194 of Cx43 could activate autophagy and reduced ox-LDL-mediated lipid droplet accumulation by
195 inhibiting PI3K/Akt/mTOR signaling pathway.

196 There are many risk factors for the formation of AS, and one of which is ox-LDL^[30]. It is
197 closely associated with the formation of FCs. Consequently, we used the atherogenic factor ox-
198 LDL^[31] to induce the formation of VSMC-derived FCs. There is increasing in vitro evidence that
199 autophagy is present in atherosclerotic plaques^[32]. However, autophagy has dual effects on AS^{[32,}
200 ^{33]} and may be either protective or harmful. Therefore, we examined the effect of ox-LDL on
201 VSMC autophagy and found that it regulated autophagy in a time-dependent manner^[34].
202 Additionally, different doses of ox-LDL affected SMC autophagy in a variety of ways^[35]. In the
203 early stage of AS, a low concentration of ox-LDL increased the protective autophagy in SMCs,
204 while a high concentration of ox-LDL weakened the protective effect of autophagy and enhanced
205 autophagy-induced cell death^[36]. ox-LDL downregulated the accumulation of LC3-II and
206 Beclin1 protein levels in macrophage transformation into the foam cell^[37]. Nevertheless, ox-LDL
207 was found to increase the LC3II/LC3I ratio and Beclin1 protein levels in vascular endothelial
208 cells in a cell injury model of vascular endothelial cells induced by ox-LDL^[38]. This finding
209 implied that there were differences in the influence of ox-LDL on autophagy in different cell
210 models.

211 We also determined that ox-LDL increased Cx43 expression on VSMC. However, few
212 studies have shown a relationship between Cx43 and autophagy in VSMC and the roles of these
213 factors. It has been demonstrated that Cxs could regulate autophagy^[22]. Cx43 located on the
214 plasma membrane may directly interact with autophagy-related gene 16 (Atg16), which is the
215 initial step in the formation of autophagosomes. Therefore, Cxs may act as negative regulators of
216 basal autophagy by binding to the components of the initiation complex. Other Cx subtypes
217 (Cx26 or Cx32) may also have negative effects on autophagic flux, suggesting that some
218 members of the Cx family may regulate autophagy. Pharmaceuticals including tamoxifen and

219 lindane have been shown to increase autophagy in Cx43-expressing cells but not in Cx43-
220 knockout cells^[22], which suggests that Cx43 may take part in the regulation of autophagy. Other
221 studies have found the mRNA level of LC3B in Cx43-knockout group was significantly
222 increased compared with untreated porcine early embryos^[39]. However, there have been few
223 reports on the interaction between Cx43 and autophagy in AS^[22]. Our results showed that the
224 autophagic flux in VSMC was impaired after ox-LDL incubation, and this effect was partly
225 reversed by the specific Cx43 inhibitor, Gap26.

226 Furthermore, studies have demonstrated that autophagy takes part in lipid metabolism.
227 Autophagy may be effective in the decomposition of lipid droplets to provide free fatty acids for
228 cells^[40]. The role of autophagy in lipid metabolism is associated with triglycerides breakdown
229 and cholesterol stored in lipid droplets by selective lysosome-dependent macrophages^[41]. Many
230 important metabolic disorders, such as fatty liver, obesity, and AS, may be associated with
231 impaired lipid autophagy^[42, 43]. Our results show that ox-LDL-induced FC formation may be
232 inhibited by activating autophagy^[44] and that autophagy levels increased and intracellular lipid
233 droplets decreased significantly after the inhibition of Cx43 in VSMC. This effect may be
234 associated with the activation of autophagy and the increase of autophagosomes, which can
235 engulf more lipid droplets and bind to lysosomes to degrade lipids.

236 The PI3K/Akt/mTOR signaling pathway has been demonstrated that it plays an important
237 role in regulating autophagy in AS^[45] and our study has shown that ox-LDL could activate this
238 pathway^[46]. Propofol reduces cell adhesion by inhibiting Cx43 and the downstream
239 PI3K/Akt/NF- κ B signaling pathway. Cx43 was overexpressed (or knocked down) on monocytes,
240 resulting in a decrease of the related protein p-AKT with the downregulation of Cx43, and vice
241 versa^[47]. Other studies have shown that resveratrol inhibits Akt and its downstream pathway by
242 upregulating Cx43 in colorectal cancer cell lines^[48]. This finding suggests that there is a
243 relationship between Cx43 and the PI3K/AKT pathway. Therefore, we used the PI3K-specific
244 inhibitor LY294002^[49] and Gap26 to confirm whether there is a connection between Cx43 and
245 the PI3K/AKT/mTOR signaling pathway. We found that the promoting effect of Cx43 on
246 autophagy may be produced by inhibiting the activation of this pathway, thus preventing FCs
247 formation. Furthermore, we found that LY294002 decreased Cx43 protein levels. This effect
248 may be associated with the fact that when autophagy is induced (such as during hunger),
249 internalized Cx43 will be degraded by autophagy^[50]. Autophagy has been identified as an
250 important pathway in the degradation of different types of Cxs, and autophagy induced by
251 different factors will directly affect the expression level of Cxs^[22, 51]. We hypothesized that
252 VSMC autophagy was activated by LY294002, which resulted in the degradation of internalized
253 Cx43, thereby reducing Cx43 expression^[52]. These findings suggest that Cxs can be used as
254 autophagy substrates and as autophagy regulators.

255 Based on the above results, this study still has some limitations. Although some studies
256 have reported that the silencing of Cx43 expression improved the autophagy flux impaired of
257 podocytes (cell line MPC5) induced by high glucose^[53], the role of Cx43 in ox-LDL-mediated

258 autophagy of primary VSMC still needs to be verified by more experimental techniques, such as
259 knockdown Cx43 by transfection technology. In addition, we can also explore the role of gap
260 junction intercellular communication (GJIC) function in VSMC autophagy. It has been found
261 that GJIC negatively regulated autophagy and inhibited autophagy flux. In summary, ox-LDL
262 prevented VSMC autophagy. The inhibition of Cx43 significantly reversed this effect. The
263 underlying mechanism may be mediated by inhibiting the PI3K/Akt/mTOR signaling pathway.
264 These findings may become an important regulatory mechanism for disease development,
265 making it a potential target for the treatment of AS.

266 **Acknowledgements**

267 We would like to thank the Key Laboratory of Xinjiang Endemic and Ethnic Diseases, the
268 NHC Key Laboratory of Prevention and Treatment of Central Asia High Incidence Diseases, and
269 the Department of Physiology and Pathophysiology of Shihezi University School of Medicine
270 for their support.

271 **Funding**

272 This work was funded by the National Natural Science Foundation of China
273 (Nos.81860085,81860286), the Corps Science and Technology Cooperation Project of China
274 (No.2020BC004), and the Central Research Institute Fund of Chinese Academy of Medical
275 Sciences (2020-PT330-003).

276 **Conflict of interest**

277 The authors have no conflicts of interest to declare.

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Figure 1

The effect of various concentrations of ox-LDL for different lengths of time on autophagy marker proteins in VSMCs.

(A-H) Immunoblot analysis of p62, Beclin 1 and LC3B, after ox-LDL (80 $\mu\text{g}/\text{ml}$) was treated at various time (A-D) points (0, 3, 6, 12, 24 and 48 h) and different doses (E-H) of ox-LDL (0, 20, 40, 80, 160 $\mu\text{g}/\text{ml}$) were incubated for 24h. (* $P < 0.05$ vs. Control, ** $P < 0.01$ vs. Control, $n=3$, data shown as the mean \pm SD).

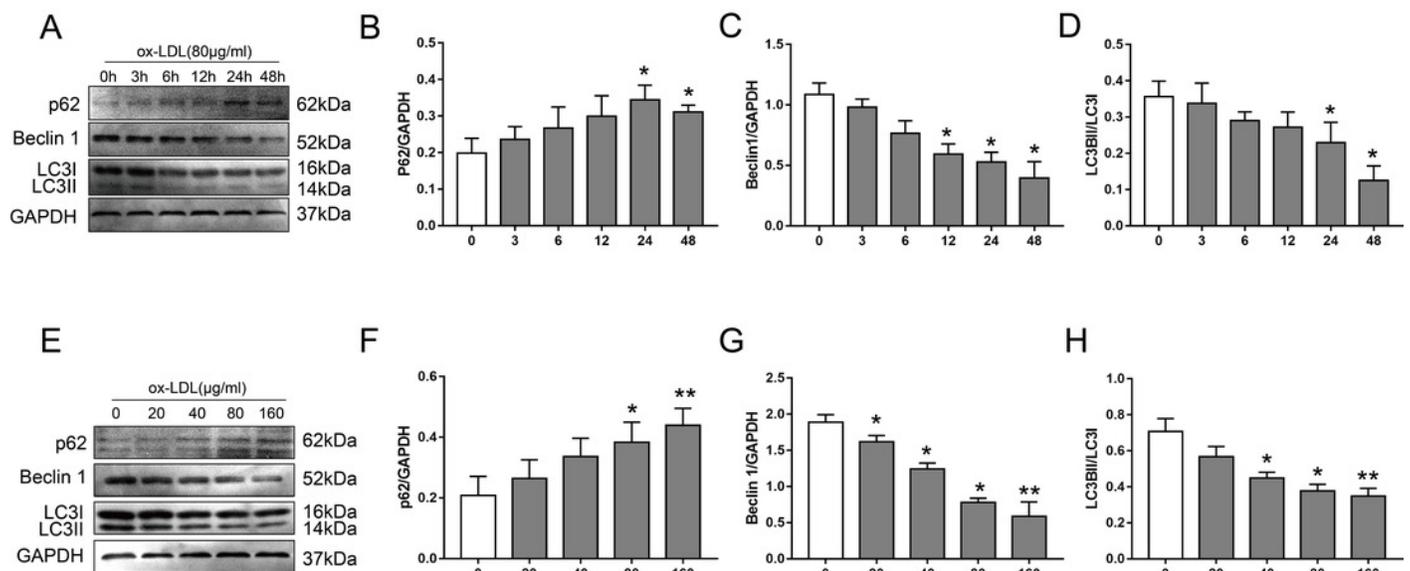


Figure 2

The effect of ox-LDL on the expression and localization of Cx43 in VSMCs.

(A-B) Immunoblot analysis of Cx43 on ox-LDL-treated (80 $\mu\text{g/ml}$, 24 h) VSMC. (C) qRT-PCR analysis for Cx43 mRNA levels in VSMC. (D and E) Immunofluorescence analysis of Cx43 (green), DAPI (blue) staining of the nucleus. Scale bar=50 μm . (* $P < 0.05$ vs. Control, ** $P < 0.01$ vs. Control, $n=3$, data shown as the mean \pm SD).

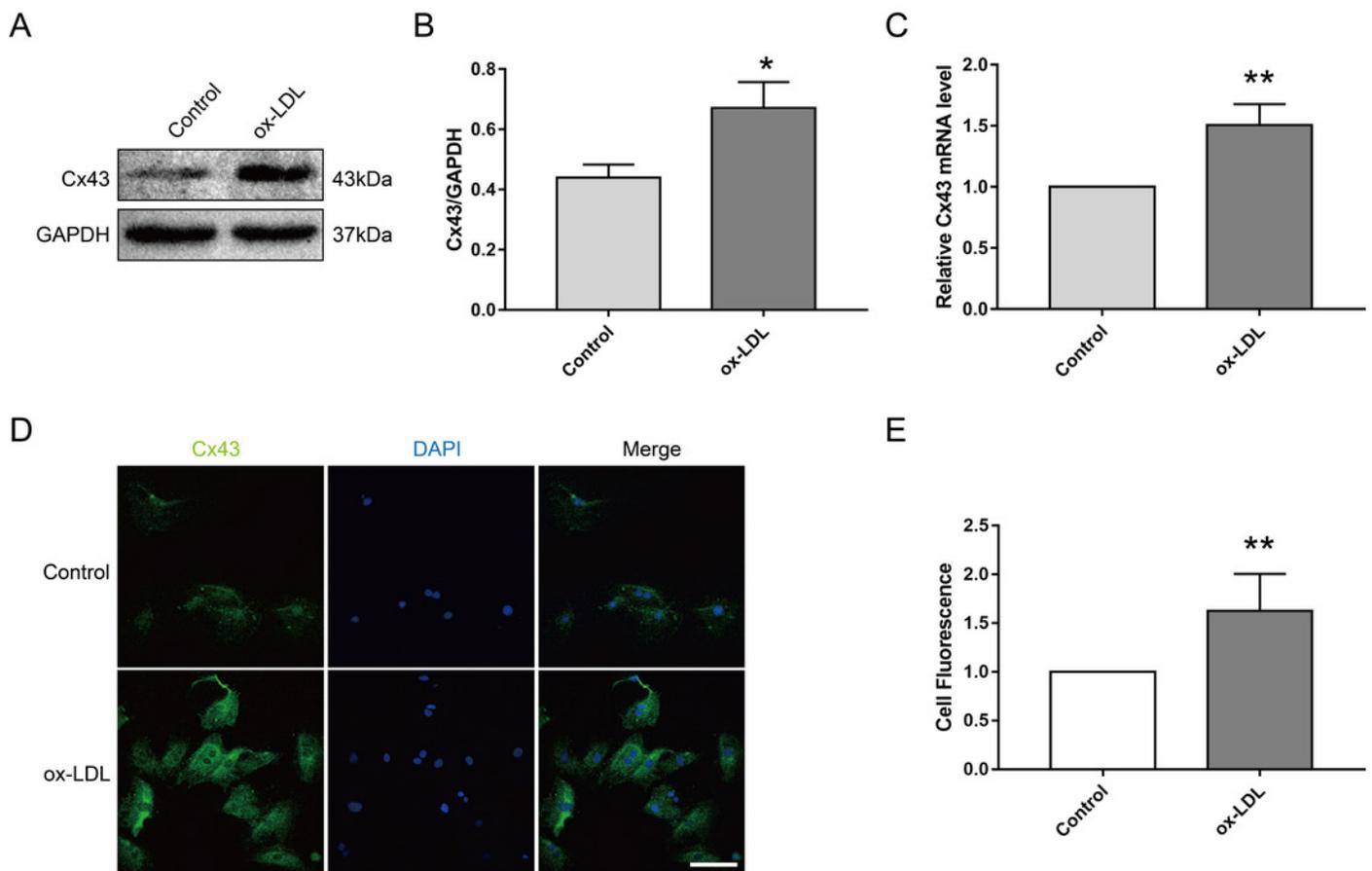


Figure 3

The function of Cx43 in ox-LDL-inhibited autophagy in VSMCs.

(A-D) Immunoblot analysis of p62 (B), Beclin 1 (C) and LC3B (D) in ox-LDL-mediated VSMCs after Gap26 pretreatment. (E-J) Immunofluorescence analysis of p62 (E and H), Beclin 1 (F and I) and LC3B (G and J) in VSMCs. DAPI (blue) staining of the nucleus. Scale bar=50 μm . (K) The changes in autophagosome were detected by TEM. The yellow arrow indicated autophagosomes. Scale bar=2 μm . (L) The accumulation of lipid droplets in VSMCs was examined by oil red O staining. Scale bar=100 μm . (* $P < 0.05$ vs. Control, ** $P < 0.01$ vs. Control, # $P < 0.05$ vs. ox-LDL, ## $P < 0.01$ vs. ox-LDL, $n=3$, data shown as the mean \pm SD).

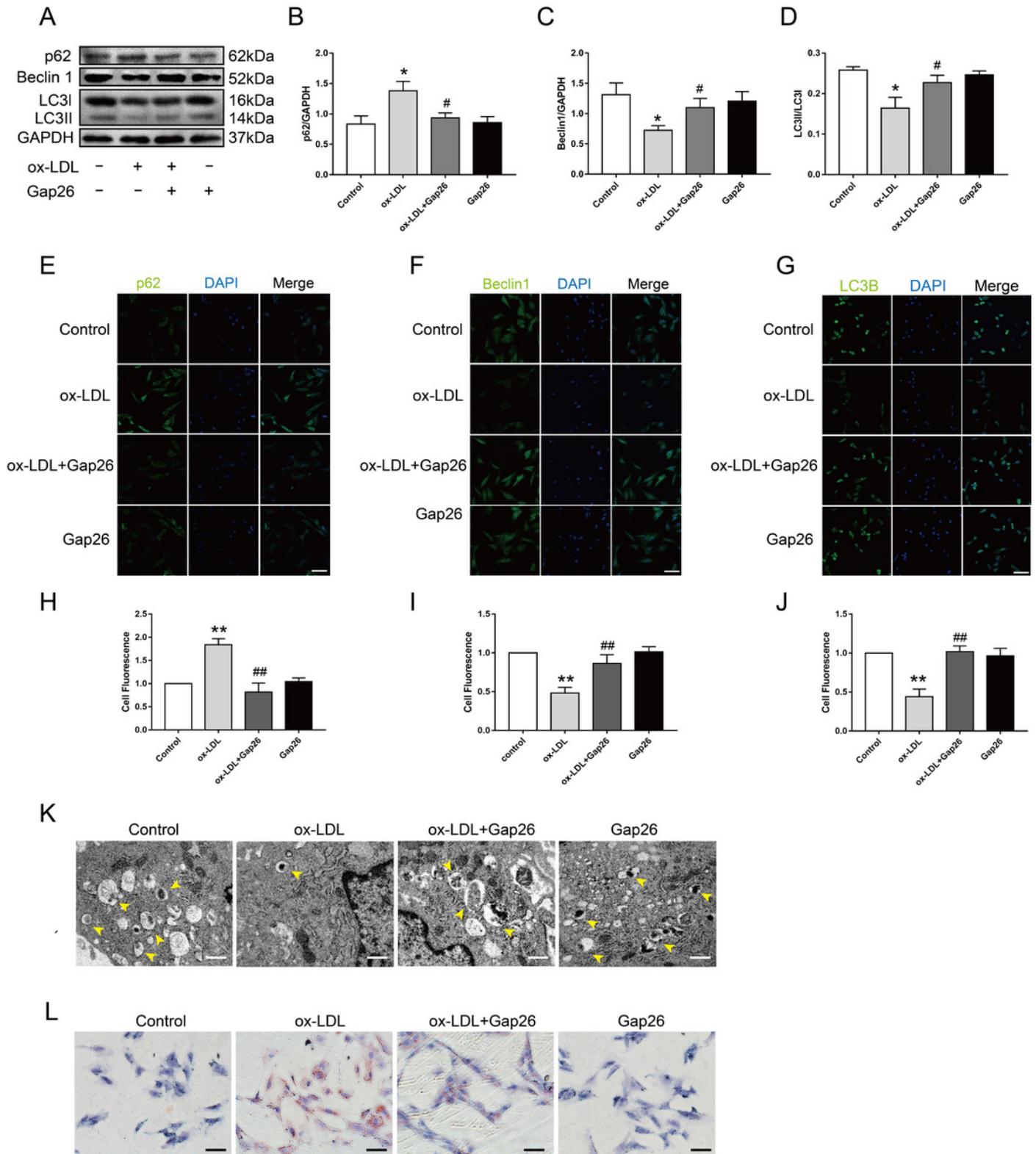


Figure 4

The relationship between Cx43 and PI3K/Akt/mTOR.

(A-D) Immunoblot analysis of p62 (B), Beclin 1 (C) and LC3B (D) in VSMCs treated with ox-LDL after LY294002 pretreatment. (E-H) Immunoblot analysis of the marker proteins of PI3K/AKT/mTOR signaling pathway in VSMCs after Gap pretreatment. (I and J) Immunoblot analysis of Cx43 in ox-LDL-treated VSMCs after LY294002 pretreatment. (* $P < 0.05$ vs. Control, ** $P < 0.01$ vs. Control, # $P < 0.05$ vs. ox-LDL, $n=3$, data shown as the mean \pm SD).

