

7,8-Dihydroxyflavone protects neurons against oxygen-glucose deprivation induced apoptosis and activates the TrkB/Akt pathway

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Background 7,8-dihydroxyflavone (7,8-DHF), a selective agonist of tropomyosin related kinase receptor B (TrkB), is known to exert protective effects in neurodegenerative diseases. However, The role of 7,8-DHF in TrkB signaling after ischemic stroke has remained elusive. **Methods** In the vitro model of ischemic stroke, we investigated the neuroprotective effect of 7, 8-DHF through activation of TrkB signaling. Neurons subject to oxygen and glucose deprivation/ reperfusion were treated with the protein kinase inhibitor K252a, a knockdown of TrkB and 7,8-DHF. Cell counting kit-8 (CCK-8) assay, Flow Cytometric Analysis, TdT-mediated dUTP nick end labeling (TUNEL) assay were conducted for measuring cell viability, numbers of apoptotic cells, and apoptosis-related proteins were analyzed by Western blotting. **Results** Compared with the Control group, OGD/R group revealed lower cell viability by CCK-8 assay, flow cytometric analysis and TUNEL assay showed increased rates of neuronal apoptosis. However, 7,8-DHF treatment increased cell viability and reduced neurons apoptosis. Western blotting indicated upregulated Bax and cleaved caspase 3 and downregulated Bcl-2 following OGD/R. Whereas, 7,8-DHF treatment downregulated Bax and cleaved caspase-3 and upregulated Bcl-2. These changes were accompanied by a significant increase in the phosphorylation of TrkB and Akt following 7,8-DHF administration. However, the administration of K252a and loss of TrkB could alleviate those effects. **Conclusion** Our study demonstrates that activation of TrkB signaling by 7,8-DHF protects neurons against OGD/R injury via the TrkB/Akt pathway, which provides the evidence for the role of TrkB signaling in OGD-induced neuronal damage and may become a potential therapeutic target for ischemic stroke.

7,8-Dihydroxyflavone Protects Neurons against Oxygen-Glucose Deprivation Induced Apoptosis and Activates the TrkB/Akt Pathway

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Abstract

Background

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Methods

In the vitro model of ischemic stroke, we investigated the neuroprotective effect of 7, 8-DHF through activation of TrkB signaling. Neurons subject to oxygen and glucose deprivation/ reperfusion were treated with the protein kinase inhibitor K252a, a knockdown of TrkB and 7,8-DHF. Cell counting kit-8 (CCK-8) assay, Flow Cytometric Analysis, TdT-mediated dUTP nick end labeling (TUNEL) assay were conducted for measuring cell viability, numbers of apoptotic cells, and apoptosis-related proteins were analyzed by Western blotting.

Results

Compared with the Control group, OGD/R group revealed lower cell viability by CCK-8 assay, flow cytometric analysis and TUNEL assay showed increased rates of neuronal apoptosis. However, 7,8-DHF treatment increased cell viability and reduced neurons apoptosis. Western blotting indicated upregulated Bax and cleaved caspase 3 and downregulated Bcl-2 following OGD/R. Whereas, 7,8-DHF treatment downregulated Bax and cleaved caspase-3 and

39 upregulated Bcl-2. These changes were accompanied by a significant increase in the
40 phosphorylation of TrkB and Akt following 7,8-DHF administration. However, the
41 administration of K252a and loss of TrkB could alleviate those effects.

42 **Conclusion**

43 Our study demonstrates that activation of TrkB signaling by 7,8-DHF protects neurons against
44 OGD/R injury via the TrkB/Akt pathway, which provides the evidence for the role of TrkB
45 signaling in OGD-induced neuronal damage and may become a potential therapeutic target for
46 ischemic stroke.

47 **Keywords**

48 7,8- dihydroxyflavone, tropomyosin related kinase receptor B, Akt, oxygen and glucose
49 deprivation/reperfusion, apoptosis,

50

51 **Introduction**

52 Ischemic stroke has emerged as the leading cause of mortality and long-term disability
53 worldwide (Virani et al. 2020). It is pathologically characterized by insufficient blood flow to the
54 brain tissues resulting in oxygen and glucose deprivation (OGD) (Ryou & Mallet 2018). The
55 viability of neurons critically depends on the delivery of oxygen and nutrients via blood vessels,
56 a lack of which can result in OGD. Consequently, OGD may result in the failure of both cellular
57 energy machinery and homeostasis and induce several pathophysiological processes, including
58 oxidative stress, neuronal loss, inflammatory responses, and apoptosis (Tasca et al. 2015).
59 Despite substantial efforts being made to explore the pathogenesis, the management of ischemic
60 neuronal injury remains a huge challenge. Although apoptosis is considered to be one of the
61 underlying mechanisms, the precise factors triggering neuronal death and its pathophysiological
62 correlates have remained unclear (Li et al. 2014; Su et al. 2012). Increasing evidence has linked
63 apoptosis to neuronal loss in most neurodegenerative diseases, such as Parkinson's and
64 Alzheimer's diseases (Waldmeier & Tatton 2004). An effective therapeutic approach is required
65 to rescue the neurons from ischemic injury.

66 BDNF is a neurotrophic molecule that is abundantly expressed in the mammalian central nervous
67 system. It may exert its effects by binding to a transmembrane receptor tyrosine kinase, TrkB, to
68 carry out a variety of biological processes, including neuronal survival (Numakawa et al. 2010).
69 Binding of BDNF to TrkB causes dimerization and auto-phosphorylation of specific sites in the
70 receptor, resulting in the activation of downstream signaling. Inhibiting the BDNF/TrkB and
71 TrkB/Akt pathways has been shown in studies to result in OGD-induced neuronal apoptosis (Du
72 et al. 2020). By activating Akt, mitochondrial integrity could be preserved. Furthermore,
73 activated Akt could regulate Bcl-2 family members and Bax while also inhibiting pro-apoptotic
74 activities (Sussman 2009). The BDNF/TrkB and TrkB/Akt signaling pathways are critical for
75 neuronal survival. As a result, system It could be a therapeutic strategy to target TrkB/Akt
76 signaling in order to alleviate brain injury caused by an ischemic stroke. However, the poor
77 delivery and short half-life of BDNF in vivo limit its clinical applications (Thoenen & Sendtner
78 2002). 7,8-dihydroxyflavone (7,8-DHF), a small flavonoid, has been identified as an agonist of

79 tropomyosin related kinase receptor (TrkB). 7,8-DHF has emerged as a substitute for BDNF in
80 the past few decades, with better pharmacokinetic properties and a higher TrkB-binding affinity
81 than BDNF (Andero & Ressler 2012). 7,8-DHF can pass the blood–brain barrier and activate
82 TrkB receptors in the brain. 7,8-DHF has been extensively explored for its therapeutic effects in
83 several cell types and disease models (Jang et al. 2010). Although studies have reported the
84 ameliorative effects of 7,8-DHF on neurological degenerative disorders, its exact effect and
85 underlying mechanism related to TrkB in ischemic stroke are unclear.
86 In this study, we investigated whether the activation of TrkB signaling by 7,8-DHF is protective
87 against neuronal glucose and oxygen deprivation. Furtherly we investigated whether 7,8-DHF
88 could promote TrkB/Akt pathway, thereby reducing neuronal injury. We believe our findings
89 will contribute to alleviating ischemic stroke-induced damage, thereby allowing the development
90 of effective therapeutic strategies.

91

92 **Materials & Methods**

93 **Primary cortical neuron cultures**

94 The cortical neurons were isolated from 1-day-old Sprague–Dawley rats and cultured as
95 described previously (Roppongi et al. 2017). The rats were obtained from the experimental
96 animal center of Chongqing Medical University (Chongqing, China). The study was approved by
97 Ethics Committee of the First Affiliated Hospital of Chongqing Medical University (Ethical
98 Application Ref: 2020-772). All rats were raised in pair-housed upon arrival in clear, plastic
99 rodent caging at room temperature (26–27 °C) and allowed free access to food and water. Briefly,
100 the rats were decapitated after cleaning with 75% alcohol. The cortical tissues without meninges
101 and blood vessels were carefully extracted from the brain and transferred to an ice-cold buffer
102 composed of 127 mM NaCl, 1.7 mM NaH₂PO₄, 5 mM KCl, 2.05 mM KH₂PO₄, 10 nM D-
103 glucose, and 100 U mL⁻¹ penicillin/streptomycin (pH 7.4). The tissues were cut mechanically
104 and digested with 0.25% trypsin at 37°C for 30 min. Next, the tissue sample was neutralized with
105 10% fetal bovine serum (FBS; Gibco Co., MA, USA) and triturated with a Pasteur pipette. The
106 tissue solution was washed with Hank’s balanced salt solution (Gibco), collected on a 400-mesh
107 grid, and centrifuged at 1000 rpm for 5 min. Afterward, the supernatant was discarded. The cells
108 were seeded in 6-well plates (1.5 × 10⁶ cells per well) and 96-well plates (1 × 10⁴ cells per well)
109 pre-coated with poly-L-lysine (PLL) in a high-glucose DMEM (Gibco) complete medium
110 containing 10% FBS and 1 × 10⁵ U/L penicillin and incubated in a humidified chamber with 5%
111 CO₂ at 37°C (Thermo Fisher Scientific Inc., USA). After 5 h, the medium was replaced with a
112 neurobasal medium (Gibco) supplemented with 2% B27 (Gibco) and 1% glutamine (Gibco).
113 Half of the culture medium was replaced every 3 days.

114

115 **Oxygen and glucose deprivation/reperfusion**

116 Neurons were subjected to oxygen–glucose deprivation/reperfusion (OGD/R) 7 days after the
117 culture. Briefly, the cells were transferred from the neurobasal-A medium to DMEM without
118 glucose (Gibco) in 6-well plates after being washed thrice by phosphate-buffered saline (PBS).

119 In this medium, the cells were incubated at 37°C for 4 h in a sealed chamber (Thermo 3111;
120 Thermo Fisher Scientific Inc., USA) in an anaerobic gas mixture filled with 94% N₂, 1% O₂, and
121 5% CO₂. Cell media were replaced with normal media and cultures for 24h.

122

123 **Drug administration**

124 7,8-DHF (MedChemExpress, USA) and K252a (0.1 μmol) (Kim & Jin 2020) (MedChemExpress,
125 USA) were obtained as a powder and dissolved in dimethyl sulfoxide (DMSO) (1 mmol with
126 DMSO concentration adjusted to 0.1%), which were administered after OGD/R for 0.5h in an
127 incubator under 95% air/5% CO₂ at 37°C till for 24 h Reperfusion. CCK-8 assay was used to
128 determine a suitable 7,8-DHF concentration (0.25, 0.5, 0.75, and 1.0 μM). The cells were seeded
129 into 96-well plates (2 × 10⁴ cells/well) and subjected to various treatments as described above.
130 Next, 10 μL of the CCK-8 solution (Dojindo Molecular Technologies, Inc.) was added to each
131 well, and cells were incubated for 3 h. The absorbance was measured at 450 nm using a
132 spectrophotometer (Thermo Fisher Scientific, Inc.). The cultures were randomly divided into five
133 groups: 1) control group, 2) OGD/R group, 3) OGD/R+7,8-DHF group, 4) OGD/R+7,8-
134 DHF+K252a group, 5) OGD/R+K252a group.

135

136 **Transfection**

137 Small interfering RNA (siRNA) were purchased from Invitrogen (Carlsbad, USA). Neurons at 5
138 days after the culture were transfected with small interfering RNAs targeting TrkB mRNA
139 (siTrkB)(GUAUCAGCUAUCAAACAAC) or the control-siRNA using Lipofectamine 2000
140 according to the provider's recommendations. Cells in a humidified atmosphere were randomly
141 divided into Control group, Control +vehicle group and Control +siRNA group. The knockdown
142 efficiency was measured by Western blot analysis after 48h of culture. Furtherly, the cultures
143 were randomly divided into five groups: 1) control group, 2) OGD/R group, 3) OGD/R+7,8-
144 DHF group, 4) OGD/R+7,8-DHF+siRNA group, 5) OGD/R+7,8-DHF+vehicle group.

145

146 **Flow Cytometric Analysis**

147 Flow cytometry using an Annexin V Apoptosis Detection Kit was used to analyze apoptosis.
148 Briefly, neurons were digested by EDTA-free enzymes and washed with PBS for three times,
149 after being resuspended with 500 μL binding buffer, neurons were stained with Annexin V FITC
150 apoptosis detection kit (Beyotime). Finally, a FACSCalibur (BD Biosciences, Franklin, NJ,
151 United States) flow cytometer was used to examine the neurons, and the results were analyzed
152 using Cell Quest software (BD Biosciences).

153

154 **TUNEL assay**

155 The TUNEL assay was performed to determine the cellular apoptosis rate. The neurons in each
156 group in 6-well plates containing PLL-coated coverslips were washed thrice with PBS and fixed
157 with 4% paraformaldehyde for 10 min at room temperature. The cells were again washed thrice
158 with PBS and twice with Tris-buffered saline (TBS) (8.5 g NaCl, 1.2 g Tris, 0.45 mL acetic acid

159 [98% CH₃COOH], and 1 L distilled water) on a shaking table. Next, the neurons were incubated
160 in a mixture of terminal deoxynucleotidyl transferase (TdT) and dUTP (1:9) provided in the
161 TUNEL kit (Boster Biotechnology Wuhan, China) at 37°C for 2 h. Afterward, the cells were
162 washed thrice with TBS and blocked with 5% bovine serum albumin (BSA) (Sigma Aldrich;
163 Merck KGaA) for 30 min at room temperature. The coverslips were covered with 50 µL of anti-
164 DIG-biotin (1:100) and streptavidin-biotin complex (SABC) at 37°C for 30 min. Finally, the
165 neurons were stained with DAPI (Sigma Aldrich) for nuclear staining. fluorescence microscope
166 (Olympus Corporation) was used to observe the number of apoptotic neurons. It was Ratios of
167 numbers of TUNEL-positive nuclei/ total number of nuclei that was calculated as Percentages of
168 TUNEL-positive cells.

169

170 **Western blotting**

171 To extract the total protein, cells were washed thrice with PBS and then homogenized in a lysis
172 buffer (Beyotime Institute of Biotechnology) containing protease and phosphatase inhibitor
173 cocktails (Roche, Germany). The cell lysate was set aside for 30 min on ice, after which it was
174 centrifuged at 16,000 rpm for 30 min at 4°C. The supernatant was used to determine the protein
175 concentration using the BCA Protein Assay Kit (Beyotime Institute of Biotechnology) and 1
176 µg/µL sample was run on 10% and 12% SDS-PAGE, following which the proteins were
177 transferred to nitrocellulose membranes and blocked with 7% milk in TBS and incubated
178 overnight at 4°C with the following primary antibodies: anti-pTrkB (1:1000, Cell Signaling
179 Technology), anti-TrkB (1:1000, Cell Signaling Technology), anti-pAkt (1:1000, Cell Signaling
180 Technology), anti-Akt (1:1000, Cell Signaling), GAPDH (1:1000, Proteintech China), anti-Bcl-2
181 (1:1000, Abcam), anti-cleaved-caspase 3 (1:1000, Abcam), and anti-Bax (1:1000, Abcam)
182 overnight at 4°C and washed three times in TBST (Tris-buffered saline and Tween). The protein
183 bands were incubated with secondary antibodies (1:5000, anti-rabbit IgG antibodies, Abcam) for
184 1 h at room temperature. After three washes as indicated above, the protein signal was detected
185 using a chemiluminescence kit (Perkin-Elmer). The relative protein levels were quantified using
186 the ImageJ software (NIH, Bethesda, MD, USA).

187

188 **Statistical analysis**

189 Data were obtained from at least three independent experiments with similar results and are
190 expressed as mean ± standard deviation (SD). The results were analyzed using GraphPad Prism
191 6.0 (GraphPad, San Diego, CA, USA). One-way ANOVA with a Tukey's multiple comparisons
192 post hoc test was used to assess differences among the groups. A value of $p < 0.05$ was
193 considered significant.

194

195 **Results**

196 **Determination of a suitable concentration of 7,8-DHF and effects on neuronal**
197 **apoptosis**

198 The effect of different concentrations of 7,8-DHF on the neurons after OGD/R was assessed in
199 terms of cell viability using the CCK-8 assay. The appropriate concentration that resulted in
200 higher cell viability, when compared with the OGD/R group, was determined (Fig. 1A).
201 Compared with the control group, the cell viability rates significantly decreased in the OGD/R
202 group ($p < 0.05$). Further, the groups treated with four different concentrations of 7,8-DHF (0.25,
203 0.5, 0.75, and 1 μmol) had higher cell viability rates than the OGD/R group ($p < 0.05$). The 0.5
204 μmol 7,8-DHF group had a better effect among the four concentration groups. Therefore, it was
205 selected for our further experiments and to explore the effects of 7,8-DHF on neurons under
206 OGD/R. We evaluated neuronal apoptosis in three groups (control, OGD/R, OGD/R+7,8-DHF)
207 to observe the effects of 7,8-DHF administration on neurons (Figures 1B-C). The results of Flow
208 Cytometric Analysis showed that OGD/R induced significant neuronal apoptosis. However, the
209 administration of 7,8-DHF led to dramatically less neuronal apoptosis ($p < 0.001$).

210

211 **The effects of 7,8-DHF on inhibiting OGD/R-induced cell apoptosis and regulating** 212 **apoptosis-related protein expression**

213 As shown in Fig. 2A and C, the percentage of TUNEL-positive cells in the OGD/R group were
214 significantly increased compared with that in the control group ($p < 0.001$), indicating the
215 markedly increased apoptosis rate. Notably, fewer apoptotic cells were observed in the
216 OGD/R+7,8-DHF group than in the OGD/R group ($p < 0.01$). These results demonstrated that
217 7,8-DHF significantly inhibited cell apoptosis. Furthermore, three important indicators of the
218 apoptotic pathway were investigated. First, we examined the expression of Bcl-2, an anti-
219 apoptotic protein, and Bax, a pro-apoptotic protein, and cleaved-caspase 3 (Fig. 2B). The OGD/R
220 group showed a significantly decreased level of Bcl-2 and increased levels of Bax and cleaved-
221 caspase 3 when compared with the control group ($p < 0.05$). However, 7,8-DHF treatment
222 elevated the Bcl-2 expression and reduced the Bax expression. In addition, 7,8-DHF treatment
223 inhibited OGD/R-induced increased expression of cleaved-caspase 3 ($p < 0.05$).

224

225 **Activities of TrkB and Akt induced by 7,8-DHF after OGD/R**

226 To analyze the effect of 7,8-DHF on TrkB and its associated downstream signaling,
227 pharmacologically inhibiting TrkB by using K252a was conducted. We examined whether 7,8-
228 DHA treatment could promote the expression of TrkB and Akt with the treatment of K252a. As
229 shown in Figure 3A and 3B, expressions of pTrkB and pAkt were reduced after OGD/R
230 ($p < 0.05$). 7,8-DHF treatment increased relative intensity of pTrkB/TrkB and pAkt/Akt
231 expression. However, when compared with OGD/R+7,8-DHF group, relative intensity of
232 pTrkB/TrkB and pAkt/Akt levels were decreased in OGD/R+7,8-DHF+K252a group, which
233 indicated K252a partially blocked the progress induced by 7,8-DHF.

234

235 **The role of TrkB in TrkB/Akt signaling activated by 7,8-DHF**

236 Furtherly, to confirm the necessities of TrkB for 7,8-DHF and the related TrkB is within neurons.
237 We utilized a small interfering RNA targeting TrkB mRNA (siTrkB) to knock down TrkB in

238 neurons. siTrkB neurons had relatively reduction in TrkB expression (Figure 5A). We examined
239 whether 7,8-DHF treatment could still activate TrkB/Akt signaling. As shown in Figure 5C,
240 when compared with OGD/R+7,8-DHF group, TrkB, pTrkB and pAkt/Akt levels were decreased
241 in OGD/R+7,8-DHF+siTrkB group ($p < 0.001$), which indicated the effects of 7,8-DHF treatment
242 were partially abolished by a knockdown of TrkB protein expression.

243

244 **Protective effects of 7,8-DHF by activating TrkB/Akt signaling**

245 To better understand the protective mechanism of 7,8-DHF against OGD/R induced apoptosis,
246 K252a treatment (Figure 4) and a knockdown of TrkB (Figure 5) was performed to confirm the
247 effect of 7,8-DHF in preventing OGD/R-induced apoptosis in neurons, and we found that
248 OGD/R significantly induced neural apoptosis. However, relative to that of the OGD/R group,
249 7,8-DHF treatment effectively attenuated OGD/R-induced apoptosis. Nevertheless, the apoptosis
250 inhibitory effect of 7,8-DHF in neurons can be attenuated by K252a and a knockdown of TrkB.
251 As shown Figure 4 and Figure 5, Lower Box, Cleaved-caspase-3, and higher BCL-2 expressions
252 were observed in the 7,8-DHF treatment groups than those in OGD/R group ($p < 0.05$).

253 However, those effects were suppressed by treatment with K252a and a knockdown of TrkB
254 (Figure 5G-I); in contrast, Bax, Cleaved-caspase3 levels were increased and BCL-2 levels were
255 decreased in OGD/R+7,8-DHF+K252a group and OGD/R+7,8-DHF+siTrkB group when
256 compared with OGD/R+7,8-DHF group ($p < 0.01$). As a result, 7,8-DHF was effective in
257 protecting neurons from preventing OGD-induced apoptosis and TrkB/Akt signaling was
258 necessary for the neuroprotective functions of 7,8-DHF.

259

260 **Discussion**

261 **Anti-apoptotic effects of 7,8-DHF in cerebral ischemia**

262 Cerebral ischemic penumbra (CIP) refers to the injured ischemic brain tissue and is a crucial
263 target of therapeutics (Jackman & Iadecola 2015). An ischemic penumbra is characterized by the
264 activation of apoptotic pathways and inflammatory responses resulting in neuronal apoptosis
265 (Broughton et al. 2009; Kawabori & Yenari 2015). The damaged neurons in this region can be
266 reversed to a healthy state if treated appropriately. The therapeutic strategy to rescue the
267 ischemic penumbra primarily focuses on inhibiting apoptosis and modulating inflammatory
268 responses (Broughton et al. 2009; Macrez et al. 2011). OGD/R results in ischemic neuronal
269 damage by inducing apoptosis, neuroinflammatory responses, and autophagy (Shan et al. 2019).
270 In the present study, Flow Cytometric Analysis and the TUNEL assay revealed that OGD/R
271 induced excessive apoptosis. However, the treatment with 7,8-DHF reduced numbers of
272 apoptotic cells. Members of the B cell lymphoma-2 (Bcl-2) family, such as Bcl-2, Bax, and
273 cleaved-caspase 3 play a vital role in regulating apoptosis, whereas their abnormal expression
274 can promote apoptosis (Czabotar et al. 2014; Liu et al. 2018). 7,8-DHF treatment groups showed
275 upregulated Bcl-2, and downregulated Bax and cleaved-caspase 3, implying that it protected the
276 neurons against apoptosis. These findings indicated that 7, 8-DHF, with strong neuroprotective
277 functions, markedly inhibited OGD-induced injury by suppressing apoptosis.

278

279 Roles of TrkB/Akt signal pathway and 7, 8-DHF in protecting neurons from
280 ischemic injury in central nervous system

281 BDNF belongs to the family of neurotrophies and is widely distributed in the peripheral and
282 central nervous systems. It binds to a specific receptor, TrkB, and this complex exerts its
283 neurotrophic effects by providing nutritional support to the neurons (Ji et al. 2005). The binding
284 of BDNF to TrkB induces dimerization and auto-phosphorylation of specific sites in the receptor,
285 consequently initiating Akt pathway and PLC pathways to regulate intracellular Ca²⁺ and inhibit
286 neuronal cell apoptosis. Therefore, the BDNF/TrkB signaling and downstream TrkB/Akt
287 signaling protects the injured neurons and promotes the recovery of cerebral ischemia (Eberhardt
288 et al. 2006; Mantilla et al. 2013; Yoshii & Constantine-Paton 2010). Deficiencies in the
289 BDNF/TrkB/Akt activity have been identified in several neurodegenerative diseases such as
290 Alzheimer's disease (Hu & Russek 2008). 7,8-DHF is considered to functionally mimic BDNF,
291 which could activate BDNF/TrkB pathway and the downstream pathway (Jang et al. 2010). We
292 found that OGD/R-triggered reduction in the pathway was reversed after 7,8-DHF treatment. In
293 addition, the reduced number of apoptotic cells and the downregulated levels of apoptotic
294 proteins in our study following the treatment of neurons with 7,8-DHF indicated that the
295 OGD/R-induced neuronal apoptosis was alleviated. In the present study, we observed
296 downregulated activity of the TrkB/Akt pathway in the neurons after OGD/R, similarly to the
297 results following TrkB/Akt deficiencies observed in other CNS diseases. These findings
298 suggested that TrkB/Akt signaling could be one of the mechanisms underlying OGD/R-induced
299 injuries. we asked whether downstream activation of TrkB receptors by 7,8-DHF was required
300 for neuroprotection. So, we took a pharmacological approach using TrkB receptor inhibitor
301 K252a and knocked down TrkB to inhibit TrkB/Akt signaling pathway. Our study found that
302 7,8-DHF could attenuate OGD/R-related phenomena, including enhanced apoptosis and
303 downregulation of TrkB/Akt signaling, whose effects were partially alleviated by K252a and a
304 loss of TrkB protein. The results suggested that TrkB/Akt pathway is necessary for protective
305 role of 7,8-DHF. Thus, 7,8-DHF activated the TrkB/Akt signaling pathway and protected the
306 injured neurons. These findings indicated that 7,8-DHF protects neurons against ischemic injury
307 and promotes neuronal survival by exerting physiological effects similar to those of BDNF (Jang
308 et al. 2010).

309 Potential Role of 7,8-DHF in neurological disorders

310 7,8-DHF is a natural flavone derivative that is obtained from *Godmania aesculifolia*, *Tridax*
311 *procumbens*, and certain other plants. Several of its biological effects have been investigated,
312 with increasing attention being given to its effects on neurodegeneration and neuroprotection
313 (Obianyo & Ye 2013; Ragen et al. 2015; Zeng et al. 2013). Certain studies have reported the
314 therapeutic effects of 7,8-DHF on diseases related to CNS, such as Alzheimer's disease (Chen et
315 al. 2018), Parkinson's disease (Sconce et al. 2015), cognitive dysfunction (García-Díaz Barriga
316 et al. 2017), and depression (Amin et al. 2020). However, the literature on its role in stroke is
317 little. Therefore, more studies need to be conducted to prove its beneficial effects.

318 Neuroprotective and anti-apoptotic effects of 7,8-DHF have been described in cellular and
319 animal models deficient for TrkB expression (Choi et al. 2013; Han et al. 2014; Ryu et al. 2014).
320 However, the molecular mechanism of 7,8-DHF-induced TrkB activity varies in different
321 diseases (Jiang et al. 2013; Todd et al. 2014). In this study, 7,8-DHF upregulated pTrkB and the
322 downstream pAkt in the neurons after OGD/R and protected neurons from apoptosis.
323 Furthermore, we found TrkB/Akt pathway signaling is required for the possible underlying
324 mechanism of protective roles of 7,8-DHF in ischemic stroke. These findings suggest that the
325 intact TrkB/Akt signaling cascade is required for 7,8-DHF to have neuroprotective effects. This
326 also suggests that the positive feedback of the BDNF/TrkB/Akt signal is important for neuronal
327 survival (Kowiaski et al. 2018). As a result, the BDNF/TrkB/Akt signaling axis is a promising
328 target for neuroprotective research and drug discovery. There were applications of recombinant
329 BDNF in clinic, however, the effect is not satisfactory (Ochs et al. 2000), probably due to its
330 limited delivery, short half-life, and inability to cross the blood–brain barrier. Alternatively, 7,8-
331 DHF could pass through the blood-brain barrier and can be administered via various routes such
332 as oral, intraperitoneal(i.p.) and intramuscular (i.m.), It is unlikely to elicit an immune response
333 and mimics the biological functions of BDNF by binding directly to the TrkB receptor (Andero
334 et al. 2011). As a result, 7,8-DHF is expected to be a therapeutic target with broader clinical
335 applications than BDNF.

336

337 **Conclusions**

338 In conclusion, our study demonstrated the protective effects of 7,8-DHF against neuronal
339 apoptosis after OGD/R injury. The results showed that these effects were mediated by the
340 interaction of 7,8-DHF with the TrkB/Akt signaling pathway. We believe that 7,8-DHF could
341 serve as a potential therapeutic target for clinical applications in ischemic stroke.

342

343 **Ethics**

344 The study was approved by Ethics Committee of the First Affiliated Hospital of Chongqing
345 Medical University.

346

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355

356 **Author Contributions**

357 Methodology, Qinxiang Zhou; formal analysis, Qinxiang Zhou and Hao Tang; writing—original
358 draft preparation, QinXiang Zhou and YuHang Kong; writing—review and editing, QinXiang
359 Zhou and YuHan Kong; project administration, DingQun Bai; funding acquisition, YuHan Kong.
360 All authors have read and agreed to the published version of the manuscript
361

362 **Data Availability Statement**

363 The data presented in this study are available. The data are not publicly available due to data
364 privacy regulations.
365

366 **Conflicts of Interest**

367 The authors declare that they have no known competing financial interests or personal
368 relationships that could have appeared to influence the work reported in this paper.
369

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Figure 1

Determination of a suitable concentration of 7,8-DHF and Flow Cytometric Analysis

(A) The cell viability was assessed using a cell counting kit-8 (CCK-8) assay compared with the control group. The cell viability was significantly increased in the OGD/R+7,8-DHF groups as compared with that in the OGD/R group and peaked in the 0.5 μmol OGD/R+7,8-DHF group. * $p < 0.05$. vs the control group; # $p < 0.05$ vs OGD/R group; $\square p < 0.05$ vs 0.25 μmol 7,8-DHF+OGD/R group; $\blacksquare p < 0.05$ vs 0.75 μmol OGD/R+7,8-DHF group; $\circ p < 0.05$ vs 1 μmol OGD/R+7,8-DHF group. (B-C) Neuronal apoptosis is analyzed by Flow Cytometric Analysis. Mean \pm standard deviation (SD) values from 24 independent experiments are presented. *** $p < 0.001$. vs The Control group, ### $p < 0.001$. vs OGD/R group. Differences between the groups were analyzed using one-way ANOVA followed by Tukey's post hoc test.

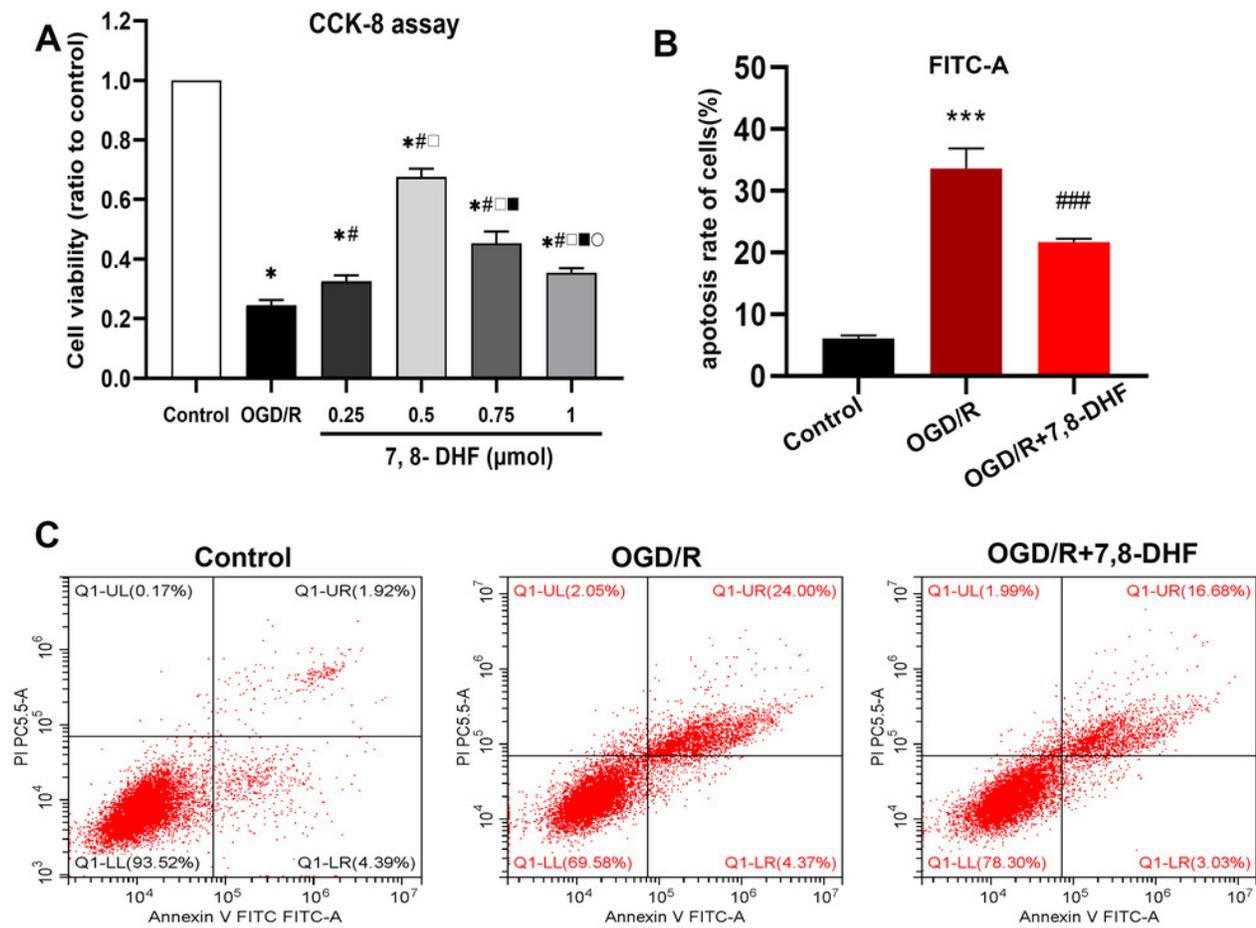


Figure 2

7,8-DHF inhibits OGD/R-induced cell apoptosis.

(A) The TUNEL staining of neurons in the control, OGD/R, and OGD/R+7,8-DHF groups. (B) Western blotting of B-cell lymphoma 2 (Bcl-2), Cleaved-Caspase-3, and Bcl-2-associated X (Bax) expression in control, OGD/R, and OGD/R+7,8-DHF groups. (C) The semiquantitative analysis of TUNEL positive neurons in the three groups. (D) The semiquantitative analysis of Bax, (E) Bcl-2, and (F) cleaved-caspase 3. Scale bar = 50 μ m. Mean \pm standard deviation (SD) values are presented. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$. vs the control group.; # $p < 0.05$, ## $p < 0.01$, ### $p < 0.001$. vs OGD/R group. Differences between the groups were analyzed using one-way ANOVA followed by Tukey's post hoc test.

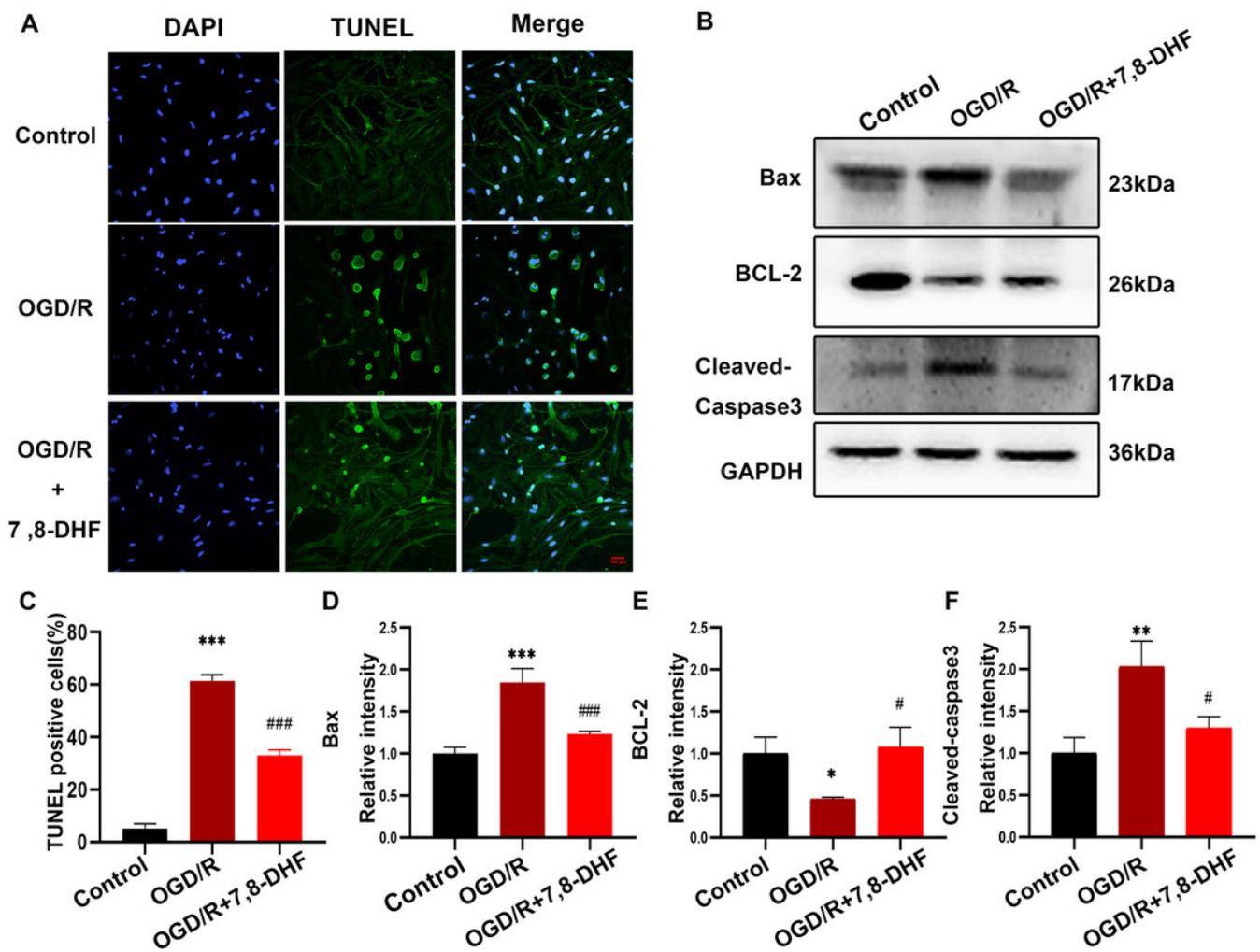


Figure 3

Effect of 7, 8-DHF on expression of TrkB and Akt

(A) Western blotting of TrkB, pTrkB, Akt and pAkt in five groups. The semiquantitative analysis of pTrkB(B) and pAkt/Akt(C). * $p < 0.05$, ** $p < 0.01$.vs the control group; Mean \pm standard deviation (SD) values are presented. & $p < 0.05$, && $p < 0.01$.vs OGD/R group; # $p < 0.05$ □ # $p < 0.01$. vs OGD/R+7,8-DHF group. Differences between the groups were analyzed using one-way ANOVA followed by Tukey's post hoc test.

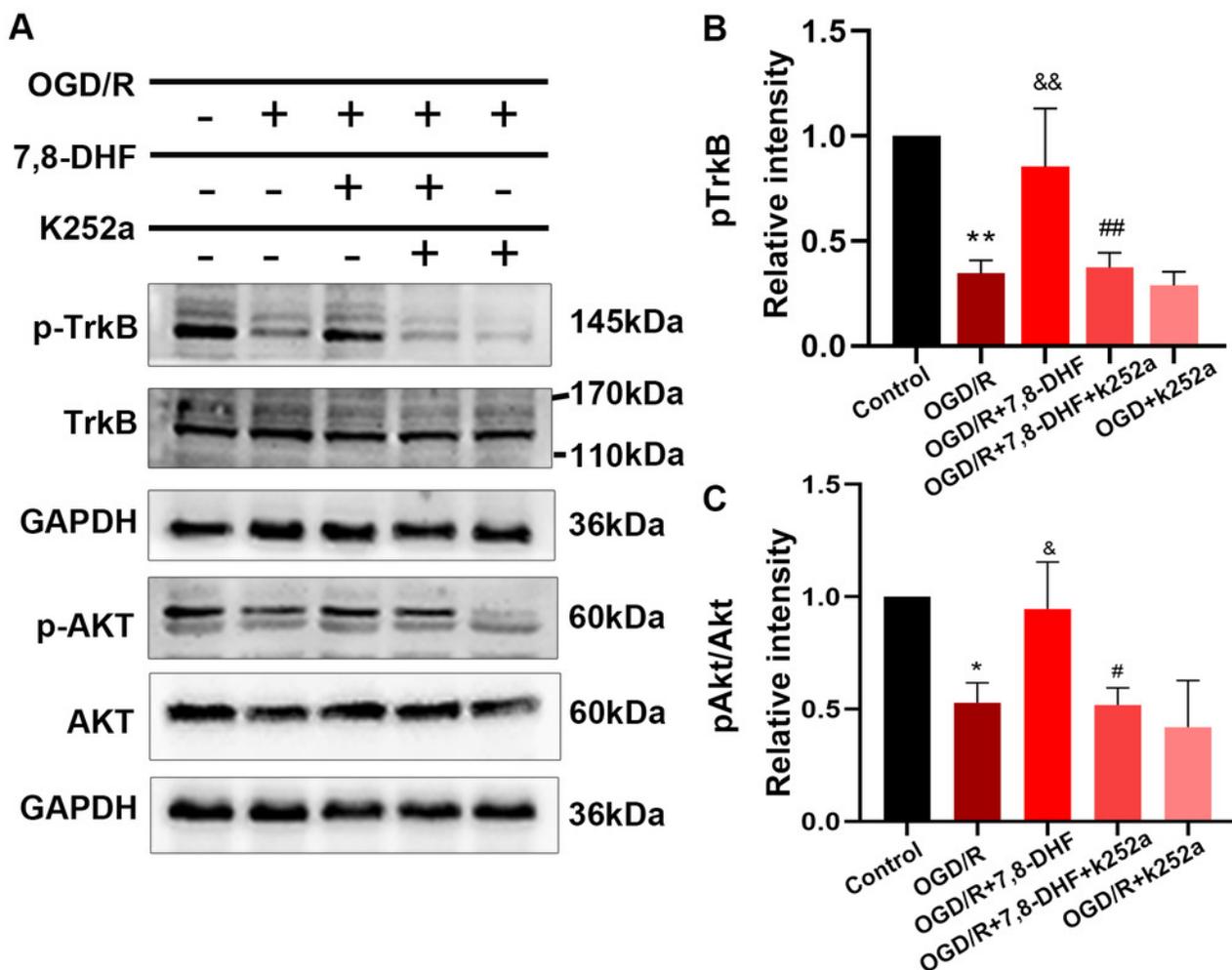


Figure 4

Effect of 7, 8-DHF and K252a on expression of apoptosis related proteins

(A) Western blotting showing the expression of Bax, BCL-2 and Cleaved-Caspase3 in five groups. The semiquantitative analysis of Bax(C), Bcl-2(B), and cleaved-caspase 3(D). Mean \pm standard deviation (SD) values are presented. ** $p < 0.01$ *** $p < 0.001$.vs the control group; & $p < 0.05$, && $p < 0.01$, &&& $p < 0.001$.vs OGD/R group; ## $p < 0.01$, ### $p < 0.001$. vs OGD/R+7,8-DHF group. Differences between the groups were analyzed using one-way ANOVA followed by Tukey's post hoc test.

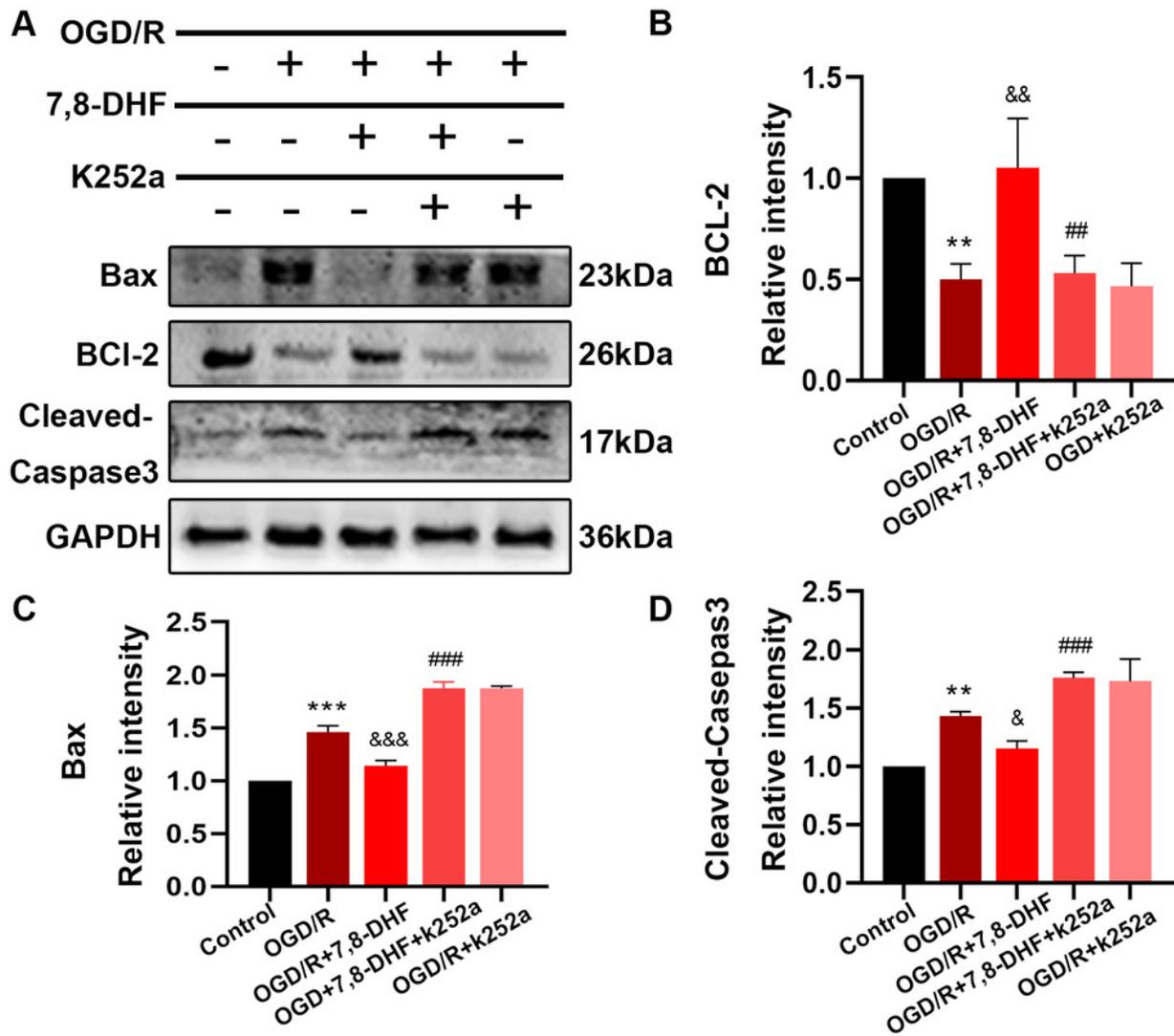


Figure 5

The role of TrkB in neurons after 7,8-DHF treatment

(A) Western blotting showing a knockdown of TrkB. (B) The semiquantitative analysis of TrkB. (C) Effect of 7,8-DHF on related proteins with a knockdown of TrkB. The semiquantitative analysis of pTrkB(D), TrkB(E), pAkt/Akt(F), Bax(G), Bcl-2(H) Cleaved-Caspase3(I). Mean \pm standard deviation (SD) values are presented. ** $p < 0.01$ *** $p < 0.001$.vs the control group; && $p < 0.01$, &&& $p < 0.001$.vs OGD/R group; # $p < 0.05$, ## $p < 0.01$, ### $p < 0.001$. vs OGD/R+7,8-DHF group. Differences between the groups were analyzed using one-way ANOVA followed by Tukey's post hoc test.

