

# Developmental exposure to the DE-71 mixture of polybrominated diphenyl ether (PBDE) flame retardants induce a complex pattern of endocrine disrupting effects in rats

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Polybrominated diphenyl ethers (PBDEs) are legacy compounds with continued widespread human exposure. Despite this, developmental toxicity studies of DE-71, a mixture of PBDEs, are scarce and its potential for endocrine disrupting effects in vivo is not well covered. To address this knowledge gap, we carried out a developmental exposure study with DE-71. Pregnant Wistar rat dams were exposed to 0, 20, 40 or 60 mg/kg bodyweight/day from gestation day 7 to postnatal day 16, and both sexes were examined. Developmental exposure affected a range of reproductive toxicity endpoints. Effects were seen for both male and female anogenital distances, with exposed offspring of either sex displaying around 10% shorter AGD compared to controls. Both absolute and relative prostate weights were markedly reduced in exposed male offspring, with about 40% relative to controls. DE-71 reduced mammary gland outgrowth, especially in male offspring. The various effects that were observed in vivo suggest a complex effect pattern involving anti-androgenic, anti-estrogenic and maybe estrogenic mechanisms depending on tissues and developmental stages. Irrespective of the specific underlying mechanisms, these in vivo results corroborate that DE-71 causes endocrine disrupting effects and raises concern for the effects of PBDE-exposure on human reproductive health, including any potential long-term consequences of disrupted mammary gland development.

1 **Developmental exposure to the DE-71 mixture of polybrominated diphenyl**  
2 **ether (PBDE) flame retardants induce a complex pattern of endocrine**  
3 **disrupting effects in rats**

4

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25 Running Title: Endocrine disrupting effects of DE-71

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27 development, endocrine disruption, anogenital distance, nipple retention

28 **ABSTRACT**

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30 human exposure. Despite this, developmental toxicity studies of DE-71, a mixture of PBDEs, are  
31 scarce and its potential for endocrine disrupting effects in vivo is not well covered. To address  
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34 postnatal day 16, and both sexes were examined. Developmental exposure affected a range of  
35 reproductive toxicity endpoints. Effects were seen for both male and female anogenital distances,  
36 with exposed offspring of either sex displaying around 10% shorter AGD compared to controls.  
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38 with about 40% relative to controls. DE-71 reduced mammary gland outgrowth, especially in  
39 male offspring. The various effects that were observed in vivo suggest a complex effect pattern  
40 involving anti-androgenic, anti-estrogenic and maybe estrogenic mechanisms depending on  
41 tissues and developmental stages. Irrespective of the specific underlying mechanisms, these in  
42 vivo results corroborate that DE-71 causes endocrine disrupting effects and raises concern for the  
43 effects of PBDE-exposure on human reproductive health, including any potential long-term  
44 consequences of disrupted mammary gland development.

## 45 **Introduction**

46 Normal development through gestation and early postnatal life is essential for lifelong health and  
47 disruption to developmental processes can result in adverse effects and increased susceptibility to  
48 disease. Since the environment where development occurs plays a key role in ensuring proper  
49 development, environmental stressors are also major contributors to the development of diseases.  
50 This includes endocrine disrupting chemicals, which can disturb molecular and biological  
51 pathways that, through their effects on the endocrine systems, can change developmental  
52 processes and cause adverse health effects (Gore et al., 2015).

53 Polybrominated diphenyl ethers (PBDEs) are legacy compounds that were widely used as flame  
54 retardants in various consumer and industrial products. They have been shown to cause  
55 numerous adverse health effects in humans and animals and are now restricted under the  
56 Stockholm Convention on Persistent Organic Pollutants (Stockholm Convention, 2019).  
57 Unfortunately, humans are still exposed to PBDEs, as they are persistent in indoor and outdoor  
58 environments and can bioaccumulate.

59 Among the many human health effects for which PBDEs have been implicated, thyroid hormone  
60 system disruption, neurotoxicity and reproductive disorders are prevalent (Boas, Feldt-  
61 Rasmussen & Main, 2012; Attina et al., 2016; Trasande et al., 2016). Still, their specific  
62 endocrine mechanisms of action are not well understood and a characterization of the adverse  
63 reproductive effects in perinatally exposed rat offspring remain lacking. Even though PBDEs are  
64 largely banned, such information is still valuable since it will help us better understand the  
65 current disease burden of these legacy chemical substances as well as of endocrine disruptors in  
66 general. Perhaps equally important is its applicability towards improvement of current safety  
67 assessment regimens.

68 Also experimental studies have shown various potential endocrine effects of DE-71 and its  
69 metabolites. Amongst the effects potentially relevant for reproductive health are weak anti-  
70 estrogenic and estrogenic effects *in vitro* and *in vivo* (Mercado-Feliciano & Bigsby, 2008a,b) as  
71 well as clear anti-androgenic properties *in vitro* (Stoker et al., 2005) and in exposed male rats  
72 (Stoker et al., 2004, 2005). A recent meta-analysis on PBDEs suggest broad adverse reproductive  
73 effects in postnatal male rats (Zhang et al., 2020). Based on this, we surmised that the DE-71  
74 mixture could reduce androgen signaling during fetal life and induce effects resembling the  
75 testicular dysgenesis syndrome (Skakkebaek et al., 2016).

76 To test our hypothesis, and by so doing contribute new knowledge to the endocrine mode of  
77 action of PBDEs *in vivo*, we conducted a developmental rat toxicity study to determine the  
78 effects of early life exposure to DE-71 on endocrine-sensitive endpoints: anogenital distance  
79 (AGD), nipple retention (NR), and a few selected reproductive organ weights postnatally and in  
80 adulthood. We also included analyses of mammary gland development in both male and female  
81 offspring by whole-mount assessments. Mammary glands are rarely investigated in reproductive  
82 toxicity studies despite their sensitivity to endocrine disruption and importance for reproductive  
83 health (Fenton, Reed & Newbold, 2012; Gouesse et al., 2019).

84

85

## 86 **Materials and Methods**

87

### 88 *Chemicals*

89 The test compound was a commercial mixture of PBDEs, DE-71 (penta-brominated diphenyl  
90 ethers (BDE), lot 7550OK20A), a kind gift from Dr. Kevin Crofton at the U.S. Environmental

91 Protection Agency. The manufacturer reports DE-71 to contain 50-62% pentaBDE, 24-38%  
92 TetraBDE, 4-12% hexaBDE, and 0-1% triBDE (amounting to a possible total of 154 congeners)  
93 (ENVIRON International Corporation, 2003). Corn oil (Sigma-Aldrich) was used as control  
94 compound and vehicle for all treatments.

95

#### 96 *Animals and treatment*

97 We conducted two rat toxicity studies (Fig. 1). Study 1 (range-finding) aimed at determining the  
98 highest doses of DE-71 that could be given to pregnant and lactating rat dams without causing  
99 overt systemic toxicity in either dams or offspring. Study 2 (main study) aimed at assessing a  
100 series of endocrine sensitive endpoints. In both studies, time-mated nulliparous young adult  
101 Wistar rats (HanTac: WH, SPF, Taconic Europe, Ejby, Denmark) were received on gestation day  
102 (GD) 3 of pregnancy (day of plug-detection designated GD1), randomly distributed for pairwise  
103 housing and on GD4 pseudo-randomly divided into groups with similar weight distribution.  
104 The expected day of delivery, GD23, was designated PD1 irrespective of the actual day of  
105 delivery.

106 In Study 1, dams were divided into 4 groups (n = 10 per group) and exposed to vehicle control or  
107 20, 40 or 60 mg/kg body weight (bw)/day DE-71. Study 2 was performed in two balanced blocks  
108 with 3 groups (n = 22 per group, in order to have sufficient sample size for mammary gland  
109 examinations) exposed to vehicle, 40 or 60 mg/kg bw/day DE-71. Dosing of the dams was  
110 performed daily by gavage in the morning from GD7 to GD22, and again from postnatal day  
111 (PD)2 – PD14 in Study 1 (study termination) and PD2-16 in Study 2. Dosing was performed  
112 with a metal gastric tube with either vehicle (corn oil) or experimental solutions at a constant

113 volume of 2 ml/kg/day, with the individual doses based on the body weight of the animal prior to  
114 dosing.

115

116 Dams were housed pairwise until GD17 and individually thereafter. We used semitransparent  
117 plastic cages (15 × 27 × 43 cm) with aspen wood hides and with aspen bedding (Tapvei,  
118 Gentofte, Denmark) placed on racks (balanced for treatment group) in an animal room with  
119 controlled environmental conditions: reversed light/dark cycles of 12 hours (light from 9 pm-9  
120 am, light intensity 500 lux), temperature 22±1°C, humidity 55±5%, and ventilation changing air  
121 10 times per hour. All animals were fed ad libitum on a standard diet, Altromin 1314 (soy- and  
122 alfalfa-free; Altromin GmbH, Lage, Germany), and acidified tap water was provided ad libitum  
123 in PSU bottles (84-ACBT0702SU Techniplast).

124 All endpoint examination procedures were carried out with treatment groups represented in a  
125 random order (i.e. not examining all controls first, then treated animals). Examinations and  
126 outcome measures of live animals were conducted blinded to exposure group while data analysis  
127 was conducted unblinded.

128 Animals were observed twice daily for health and signs of overt toxicity. Criteria followed for  
129 euthanasia of animals: if it was considered irresponsible or unethical to let the animal live or if  
130 they were in a severe condition (expected to die within 24hrs). Accordingly, some litters and  
131 pups in Study 1 (see Table 1) were euthanized, as the dams did not take care of them and they  
132 were without milk in their stomachs. In Study 2, one dam was euthanized on GD23 as she  
133 appeared unwell and incapable of giving birth (necropsy did not reveal any explanations for the  
134 dystocia).

135 Animal experiments were carried out at the DTU National Food Institute (Mørkhøj, Denmark)  
136 facilities. Ethical approval was obtained from the Danish Animal Experiments Inspectorate, with  
137 authorization number 2012-15-2934-00089 C4. The experiments were overseen by the National  
138 Food Institute's in-house Animal Welfare Committee for animal care and use. All methods in the  
139 study were performed in accordance with relevant guidelines and regulations.

140

#### 141 *Birth and postnatal development*

142 On the morning after overnight birth, dam and pup body weights were registered, and the pups  
143 were sexed and checked for macroscopic anomalies. Body weights of offspring were recorded on  
144 PD6, -10 and -14 in Study 1 and on PD6, -14 and -27 in Study 2.

145

146 Endocrine sensitive endpoints were investigated in Study 2. Anogenital distance (AGD), the  
147 distance between the anus and the genital papilla was measured in all live offspring on PD1,  
148 using a stereomicroscope with a micrometer eyepiece. The AGD index (AGDi) was calculated  
149 by dividing the AGD with the cube root of the body weight. On PD14 all offspring had their  
150 areolas/nipples counted. Nipple retention (NR) of male pups was defined as the number of  
151 areolas/nipples (a dark focal area with or without a nipple bud) visible where nipples are usually  
152 located in female pups. Both AGD and NR were assessed by the same technician, blinded to  
153 exposure group.

154

155 On PD27, one male pup from each litter was weaned and housed pairwise with another male  
156 from the same group, avoiding cohabitation with a sibling whenever possible.

157

158 *Necropsy*

159 Before necropsy all animals were weighed, anesthetized with CO<sub>2</sub>/O<sub>2</sub> and killed by decapitation.  
160 Selected reproductive organs were examined in offspring killed on PD16, PD27 and PD300 in  
161 Study 2. On PD16 one male and one female from each litter were killed and ovaries and ventral  
162 prostate were excised and weighed. Mammary glands were collected as whole-mounts from one  
163 male and one female on PD27. On PD300, one male offspring from each litter was terminated  
164 and prostate together with seminal vesicle was excised and weighed. The ventral prostate was  
165 subsequently dissected and weighed alone.

166

167 All dams not giving birth were humanely killed on PD3, those with litters were humanely killed,  
168 along with remaining pups, on PD14 in Study 1 and on PD27 in Study 2. Implantation scars in  
169 uteri were counted to determine pregnancy rates and resorptions.

170

171 *Whole-mounts*

172 Mammary glands were excised and spread onto a glass slide, covered with parafilm and placed  
173 under pressure for 2 hours. The whole-mounts were subsequently fixed in 4% formalin buffer,  
174 stained with alum carmine, dehydrated in alcohol and cleared with xylene. The slides were  
175 scanned in a flatbed scanner at 4800 dpi and images of the 4<sup>th</sup> gland evaluated as described in  
176 (Mandrup et al., 2015) for outer area (defined as the smallest polygon enclosing the gland),  
177 transverse growth (as defined by (Mandrup et al., 2012)), longitudinal growth, distance to lymph  
178 node, distance to 5<sup>th</sup> gland (n = 13-17, except distance to the 5<sup>th</sup> gland where n = 11, 4 and 10 in  
179 control, PBDE-40 and PBDE-60, respectively) and number of terminal end buds (TEB) (TEB

180 was defined as tear-drop shaped buds with a diameter  $>100 \mu\text{m}$  in zone C, as defined by (Russo  
181 & Russo, 1996) (n = 17, 11 and 14 in control, PBDE-40 and PBDE-60, respectively). Distance to  
182 lymph node was measured and scored (scores 1-3, with a score of 1 representing mammary  
183 tissue not reaching the lymph node, score 2 representing mammary tissue reaching the lymph  
184 node and score 3 was given to mammary glands where the tissue reaches beyond the lymph  
185 node). All data were assessed for males and females separately and blinded to exposure. In  
186 addition, for area measurements, longitudinal and transverse growth data from both sexes were  
187 pooled for analysis with increased statistical power. Images were analyzed with Image Pro Plus  
188 7.0 (Media Cybernetics, Bethesda, MD, USA) and calibration performed for each picture before  
189 measurements were made.

190

### 191 *Statistical analysis*

192 The alpha level for statistical significance was always set to 5% and all samples were included in  
193 the analysis. Data with normal distribution and homogeneity of variance were analyzed for  
194 treatment-related effect differences relative to the control by analysis of variance (ANOVA)  
195 followed by Dunnet's correction for multiple comparisons. Data were transformed if these  
196 conditions were not met and data not fulfilling the criteria were analyzed using a non-parametric  
197 statistical test (Kruskal-Wallis with Dunn's multiple comparison test). When relevant, body  
198 weight was included as a covariate in the analysis (ANCOVA), e.g. for terminal organ weights  
199 and whole-mount measurements. Litter effects were accounted for by only analyzing one pup per  
200 litter, using litter means or by including the litter as a random effect variable (e.g. AGD, NR and  
201 pooled whole mounts). Distance to lymph node was evaluated as the distance and as scores. The  
202 scores were analyzed using Kruskal-Wallis and using a two-sided Fishers exact test to compare

203 the number of animals with glands reaching past the lymph node with the number not reaching  
204 past. The number of nipple/areolas (NR) was assumed to follow a binomial-distribution with a  
205 response range between 0 and 12 (12 assumed to reflect the biologically possible maximal  
206 number of nipples in rats). Litter effects on NR and over-dispersion in the data were accounted  
207 for by using Generalized Estimating Equations (GEE) as reported in (Christiansen et al., 2012).  
208 SAS Enterprise guide 4.3 (2010) (SAS Institute Inc, Cary, NC, USA) and GraphPad Prism 5  
209 (Graphpad Software, San Diego, CA; USA) was used for statistical analysis.

210

## 211 **Results**

### 212 *Effects on pregnancy, postnatal growth and general toxicity*

213 We administered DE-71 at doses of 20, 40 and 60 mg/kg to the pregnant and lactating dams from  
214 GD7 to PD14/16. Pregnancy and litter data from Study 1 and Study 2 are listed in Table 1 and  
215 Table 2. In Study 1, there were signs of decreased maternal weight gain at 40 and 60 mg/kg.  
216 Pups from the 60 mg/kg bw/day exposure group weighed 8% less than control pups at birth and  
217 gained 20% less during the first postnatal week. However, none of these findings were  
218 statistically significant. Thus, 60 mg/kg was chosen as the highest dose in Study 2 as it did not  
219 induce excessive systemic toxicity in dams and pups.

220 In Study 2, dam weight gain during pregnancy was significantly decreased at 60 mg/kg (Table  
221 2). The high dose pups had decreased body weight on PD6 (Table 2) and body weight remained  
222 non-significant reduced throughout the postnatal period (Table 2) with non-significant reductions

223 also on PD27 (~7% reduction). Gestation lengths, litter size and pup mortality was not affected  
224 by exposure.

225

#### 226 *Effects on markers of early-life endocrine disruption*

227 A shorter anogenital distance (AGD) and retained nipples in male offspring are considered  
228 sensitive markers of disrupted androgen action during development (Schwartz et al., 2019). DE-  
229 71 exposure induced a significantly shorter AGD and smaller AGDindex (AGDi, AGD adjusted  
230 for pup body size) at both 40 and 60 mg/kg. However, the dose-response curve was ‘flat’ in that  
231 reductions in AGD/AGDi were comparable between the two dose groups (10/11% reduced in the  
232 low dose group and 8/6% in the high dose group). The effect on AGD was also comparable  
233 between both sexes (Fig. 2A and Table 2). Nipple retention was increased in males from the high  
234 dose group ( $p = 0.0249$ ). Notably, the mean number of 0.25 nipple in these high dose males is  
235 considered very small (Fig. 2B) and falls well within the range of our historic control data  
236 (Schwartz et al 2021, in submission - ref to come).

237

#### 238 *Early- and late-life effects on reproductive tissue weights*

239 Weights of selected reproductive organs were assessed both early in life and in adulthood. DE-71  
240 at a dose of 60 mg/kg reduced absolute and relative male PD16 prostate weights with 37% and  
241 42%, respectively (Fig. 3 and Table 3). In female offspring, ovary weights were assessed on  
242 PD16 and showed no significant differences between controls and exposed animals.  
243 On PD300, changes to prostate weights in exposed offspring were no longer apparent, nor were  
244 effects on seminal vesicle or ventral prostate weights (Table 3).

245

246 *Effects on mammary gland development*

247 We assessed mammary gland development by whole-mounts in both male and female offspring  
248 at PD27 and found that mammary gland outgrowth was stunted by perinatal exposure to DE-71.

249 In male offspring, the transverse growth and mammary gland areas were statistically  
250 significantly reduced in the highest exposure group (Fig. 4). Females appeared to display a  
251 similar trend, albeit not statistically significant. When analyzing pooled data from both sexes  
252 (litter effects were accounted for by including the litter as a random nested factor in the statistical  
253 analysis) there was an effect on area in both dose groups and on the transverse growth in the high  
254 dose group (Fig. 4). These effects cannot be accounted for by reduced body weight of the  
255 offspring in the high dose as the effects were observed both on absolute numbers and when  
256 accounting for the body weight of the animals in the statistical analysis.

257

258 **Discussion**

259 While production and use of DE-71 is no longer permitted, the constituents of the DE-71 mixture  
260 still account for a significant proportion of the brominated flame retardants found in house dust  
261 (Bramwell et al., 2016). Humans, including babies and toddlers, continue to be exposed to  
262 PBDEs (Klinčić et al., 2020), especially from indoor environments, so a continued focus on the  
263 potential detrimental health effects of this exposure is warranted. In this study, we have shown  
264 strong endocrine disrupting effects following developmental exposure to DE-71. In contrast to  
265 what was expected from existing studies, however, the endocrine disrupting effects seems to be

266 caused by a complex pattern of modalities and not simply anti-androgenic, as discussed in the  
267 following.

268

269 Studies on DE-71, including a Hershberger assay, have clearly shown dose-dependent anti-  
270 androgenic effects in male rats when exposure occurs during puberty and adulthood. Effects  
271 include delayed preputial separation and reduced prostate weights in animals exposed to 30  
272 mg/kg and above. Additional reproductive tissues such as seminal vesicle, glandula  
273 bulbourethralis and penis showed dose-dependent weight reductions at higher doses (up to 240  
274 mg/kg bw/day) (Stoker et al., 2004, 2005). Reductions in reproductive organ weights were seen  
275 at 200 mg/kg, but not at 67 mg/kg or lower in a 28-day exposure study (van der Ven et al., 2008).  
276 In contrast, a dietary study using a 70-day exposure to a mixture of PBDEs (of which 52% was  
277 DE-71), but at maximum dose of 20 mg/kg, found no effects on male reproductive organs,  
278 hormone concentrations or sperm count (Ernest et al., 2012). Thus, PBDEs can seemingly elicit  
279 anti-androgenic effects in pubertal and adult male rats at doses of 30 mg/kg or higher. With  
280 respect to fetal and early postnatal exposure, however, there are not much available data.

281 One study examines effects on anti-androgenic endpoints after developmental exposure (GD21-  
282 PND22) to 1, 10 and 30 mg/kg DE-71 administered by gavage (Kodavanti et al., 2010). Here  
283 effects in the male offspring included a statistically significant 1.8-day delay in preputial  
284 separation, a 5% non-significant shortening of AGD, and a 20% non-significant decrease in  
285 testosterone concentration on PND 60. Using a similar experimental setup to Kodavanti et al  
286 (2010), but with higher exposure doses, we observed shorter male AGD of around 10% in both  
287 dose groups (40 and 60 mg/kg). We also observed a small effect on male nipple retention in the  
288 high dose group, with a mean of 0.25 retained nipples - an incidence rate that lies within our

289 historical control data (Schwartz et al 2021, in submission - ref to come) but is significantly  
290 different from the concurrent control. Reduced male AGD is usually indicative of an anti-  
291 androgenic mode of action. However, we also observed shorter female AGD to a very similar  
292 degree as in the male offspring, which we do not normally see for clear anti-androgenic  
293 compounds (Schwartz et al., 2019). Rather, this effect on female AGD suggests additional  
294 modalities induced by the DE-71 mixture.

295 We have previously shown that developmental exposure to BPA and butylparaben, which mainly  
296 are considered estrogenic compounds, albeit they also have other modes of action, induce some  
297 of the same effects as those observed with the DE-71 mixture: moderately shorter AGD without  
298 dose response, similar effects on AGD in both sexes, and no or minimal effect on nipple  
299 retention (Christiansen et al., 2014; Boberg et al., 2016). This could indicate that some of the  
300 same endocrine mechanisms are targeted by BPA, butylparaben and DE-71. However, our  
301 understanding of the underlying mechanisms causing this particular effect pattern in males and  
302 the reduced AGD in females remain elusive (Schwartz 2019). Thus, weak anti-androgenic effects  
303 and other endocrine mechanisms could be responsible for the PBDE induced moderate effects on  
304 AGD and NR. Notably, intrauterine exposure to PBDEs has been associated with increased risk  
305 of hypospadias in boys (Poon et al., 2018; Koren et al., 2019). Although hypospadias has been  
306 linked to anti-androgenic chemicals in both humans and rodents, so too have several compounds  
307 with known estrogenic potentials, which suggests the involvement of disrupted androgen-  
308 estrogen balance as a critical factor in phallus development (Mattiske & Pask, 2021). Taken  
309 together, this could suggest that the DE-71 mixture induce a more complex disruption to steroid  
310 hormone homeostasis which can result in a varied effect pattern.

311 The most marked effect observed in the present study was reduction in prostate weights on  
312 PD16, which was around 40% decreased in exposed versus control animals. Again, this effect  
313 could be caused by DE-71 having anti-androgenic properties in the postnatal pups as clearly seen  
314 in pubertally exposed animals (Stoker 2004, 2005). However, prostate development is also  
315 sensitive to estrogen signaling (Gupta, 2000; Prins & Korach, 2008; OECD, 2018) which could  
316 also contribute to the observed effect. Interestingly, neither BPA nor butylparaben exposure  
317 affected PD16 prostate weights in our studies (Boberg 2016, Christiansen 2014) which could  
318 indicate that DE-71 works through a different mechanism or possess different ADME properties  
319 than BPA and butylparaben in the postnatal period. Overall, it remains possible that the reduced  
320 prostate weight induced by DE-71 could have been a result of disrupted androgen-estrogen  
321 balance similarly to external genitalia.

322 In addition to the more commonly assessed effect endpoints AGD, NR and prostate weights, we  
323 also assessed mammary gland development in both male and female offspring. DE-71 exposure  
324 decreased mammary gland area and transverse growth in perinatally exposed offspring,  
325 corroborating findings from a DE-71 toxicity study in Long-Evans rats. In the Long-Evans study  
326 only female pups were examined, but perinatally exposed female pups showed less outgrowth,  
327 fewer lateral branches and limited terminal end bud (TEB) formation on PND 21 (Kodavanti et  
328 al., 2010).

329 The delayed mammary gland development in DE-71 exposed offspring is in contrast to what  
330 would be expected for estrogenic compounds, as accelerated or increased mammary gland  
331 growth is typically seen after exposure to estrogenic compounds (Mandrup et al., 2012, 2015;  
332 Macon & Fenton, 2013) including for BPA and butylparaben (Boberg et al., 2016; Mandrup et  
333 al., 2016). Thus the effects of DE-71 on the mammary glands do not appear to support an

334 estrogenic mode of action. The reduced mammary gland outgrowth caused by DE-71 is also not  
335 indicative of anti-androgenic mode of action, as such compounds may not induce an effect on  
336 mammary growth in prepubertal stages, but only later in life (Škarda, 2003; Peters et al., 2011;  
337 Jacobsen et al., 2012; Mandrup et al., 2015). In fact, the observed reductions in mammary gland  
338 outgrowth in the present study may best be attributed to an anti-estrogenic mode of action. This  
339 fits well with other studies where anti-estrogenic compounds such as ICI 182,780 can cause  
340 decreased mammary gland growth and branching in prepubertal female offspring (Silberstein et  
341 al., 1994; Cotroneo, 2002).

342 Although mammary gland development is sensitive to estrogen signaling, it is also regulated  
343 through other signaling pathways. For instance, 2,3,7,8-Tetrachlorodibenzo-p-dioxin (TCDD)  
344 given on GD15 can stunt mammary gland growth from PD 4 and persist until PD 68 when the  
345 glands still retained undifferentiated terminal structures (Fenton et al., 2002). This effect has  
346 been suggested to be mediated through AhR activation (Hushka, Williams & Greenlee, 1998;  
347 Fenton et al., 2002; Helle et al., 2016), a mechanism that may also be relevant for DE-71  
348 (Hamers et al., 2006). Also 3,3',4,4',5-pentachlorobiphenyl (PCB-126), which can bind AhR and  
349 have anti-estrogenic properties has affected mammary glands similarly to DE-71 (Fenton et al.,  
350 2002; Muto et al., 2002). Thus various environmental chemicals, including DE-71, seem to cause  
351 similar effect patterns on the mammary gland albeit the exact mechanism(s) are still unclear.

352

353 Although the effect pattern observed from developmental DE-71 exposure is perplexing, it is not  
354 uncommon for environmental chemicals to have several endocrine targets and display different  
355 toxicokinetic patterns over the course of development and maternal-fetal-pup compartments.  
356 Furthermore, it must be considered that DE-71 is a complex mixture of PBDEs with a large

357 number of congeners and degradation products that may all have their own targets and specific  
358 ADME properties. Thus multiple targets/endocrine modes of action and ADME differences  
359 between dams, fetuses, neonates and older offspring as well as in different tissue compartments  
360 (Bondy et al., 2011) can all be at play at once. Obviously this complicates the process of  
361 determining what the mode of action is in different compartments at different developmental  
362 stages when exposing to complex mixtures such as DE-71.

363

364 In conclusion, we have shown that developmental exposure to DE-71 induces endocrine  
365 disrupting effects in rats. The effect pattern is complex and likely involve various mechanisms of  
366 action, which are difficult to pin down. It is however likely that the mixture acts by anti-  
367 androgenic, anti-estrogenic and maybe estrogenic mechanisms, possibly in combination with  
368 effects on other signaling pathways such as AhR signaling. DE-71 exposure causes endocrine  
369 disruption in both male and female rat offspring and thus raises concerns for the long-term  
370 consequences of human exposure to PBDEs, especially since associations between PBDE  
371 concentrations, AGD, and hypospadias in boys have been reported.

372

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382

## 383 Declaration of interests

384 We declare that we have no conflicts of interest.

385

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- 531

532 **Figure 1.** Study design for developmental toxicity studies with a technical mixture of brominated  
533 flame retardants, DE-71. Study 1 was a range-finding study to choose doses for the larger Study  
534 2 that investigated endocrine sensitive endpoints in the perinatally exposed rat offspring. AGD:  
535 anogenital distance, Bw: body weight, GD: gestation day, NR: nipple retention, PBDE:  
536 polybrominated diphenyl ethers (DE-71), PD: postnatal day.

537

538 **Figure 2.** Anogenital distance (AGD) and nipple retention (NR) in rat offspring after perinatal  
539 exposure to brominated flame retardants (DE-71). (A) Reduced AGD in PD1 male and female  
540 offspring. (B) NR in male PD14 offspring. n = 19-21 litters. Statistical analysis performed on all  
541 pups from each litter with adjustment for litter effects. Litter means+SEM, \*p<0.05 and  
542 \*\*\*p<0.001 compared to control.

543

544 **Figure 3.** Relative ventral prostate weights in PD16 male offspring after perinatal exposure to  
545 brominated flame retardants (DE-71). Mean+SEM, n = 16-19. \*\*\*p<0.001.

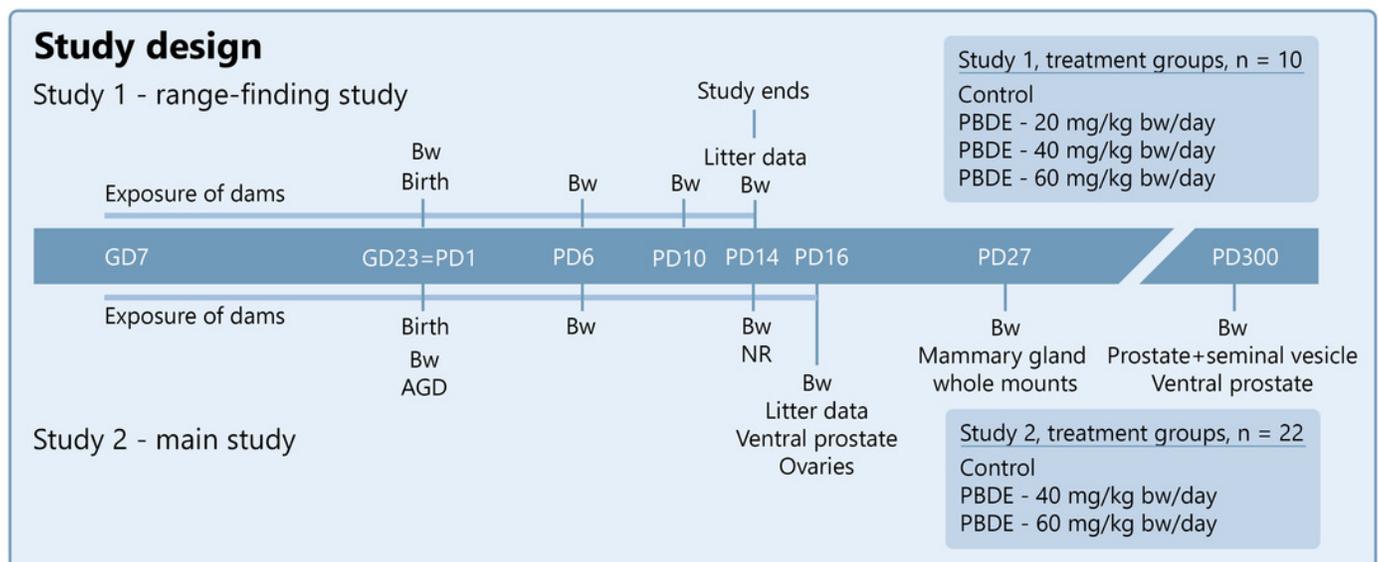
546

547 **Figure 4.** Mammary gland development in PD27 offspring after perinatal exposure to  
548 brominated flame retardants (DE-71). (A) Area of the mammary gland was reduced. (B)  
549 Transverse growth of the mammary gland was reduced at the highest dose. Mean+SEM. n = 14-  
550 17 males, n = 18-20 females, n = 32-37 for males and females pooled and litter effects accounted  
551 for in the statistical analysis. Mean+SEM. \*p<0.05 (bw as covariate), #p<0.05 using ANOVA.

## Figure 1

Study design for developmental toxicity studies with a technical mixture of brominated flame retardants, DE-71.

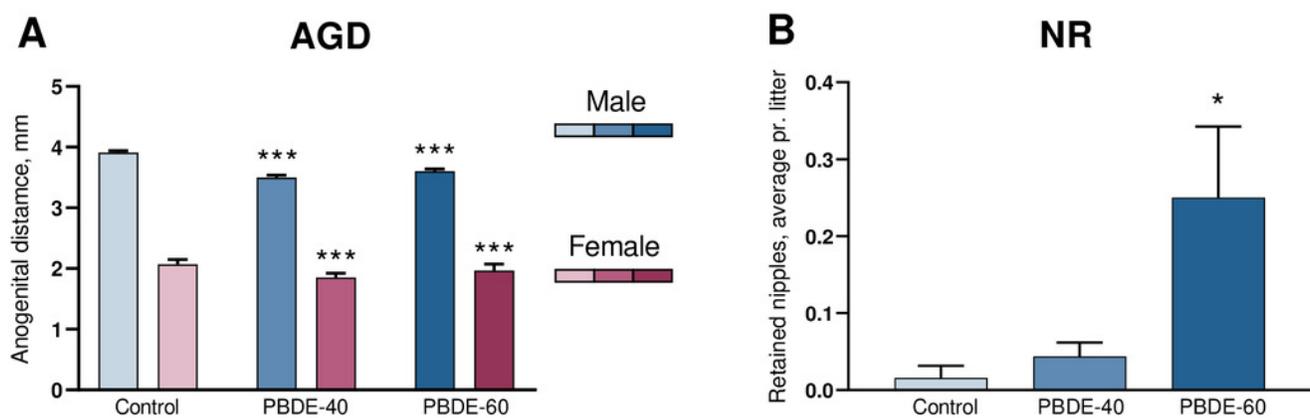
Study 1 was a range-finding study to choose doses for the larger Study 2 that investigated endocrine sensitive endpoints in the perinatally exposed rat offspring. AGD: anogenital distance, Bw: body weight, GD: gestation day, NR: nipple retention, PBDE: polybrominated diphenyl ethers (DE-71), PD: postnatal day.



## Figure 2

Anogenital distance (AGD) and nipple retention (NR) in rat offspring after perinatal exposure to brominated flame retardants (DE-71)

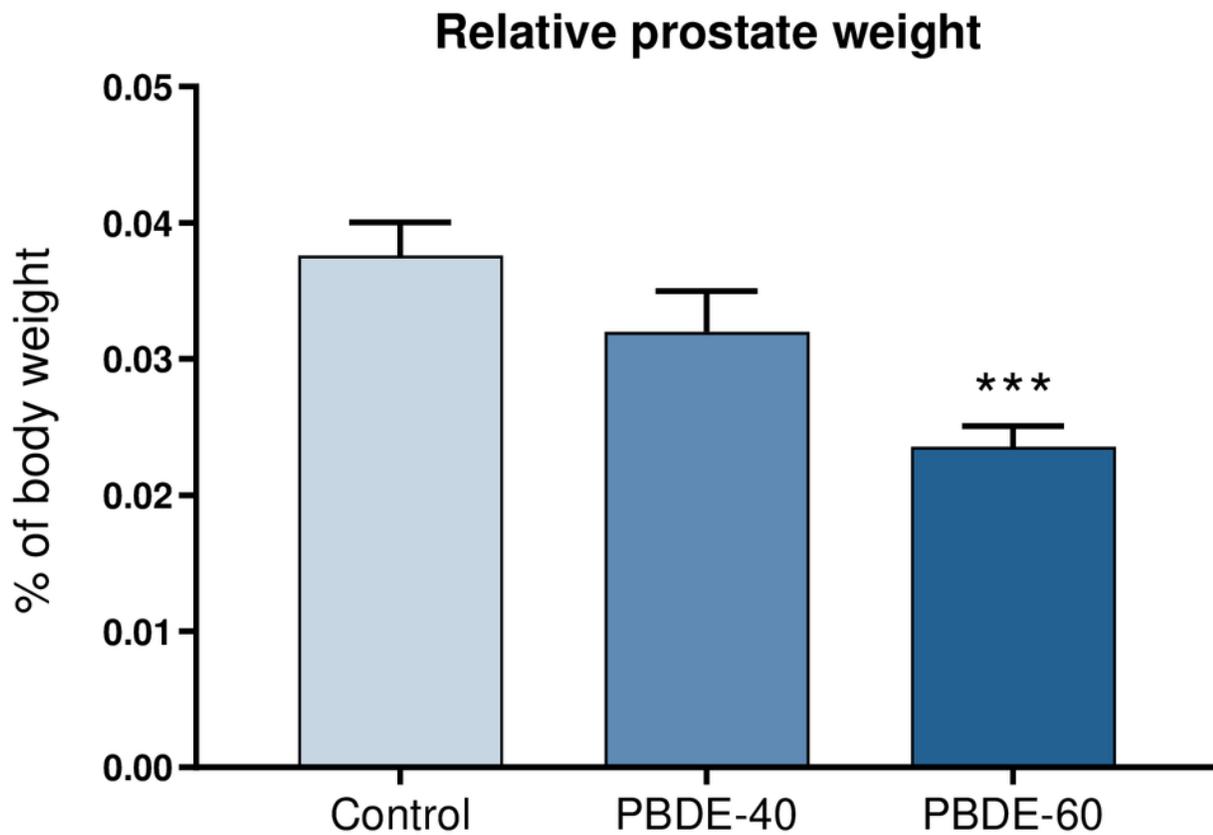
(A) Reduced AGD in PD1 male and female offspring. (B) NR in male PD14 offspring.  $n = 19-21$  litters. Statistical analysis performed on all pups from each litter with adjustment for litter effects. Litter means+SEM, \* $p < 0.05$  and \*\*\* $p < 0.001$  compared to control.



## Figure 3

Relative ventral prostate weights in PD16 male offspring after perinatal exposure to brominated flame retardants (DE-71).

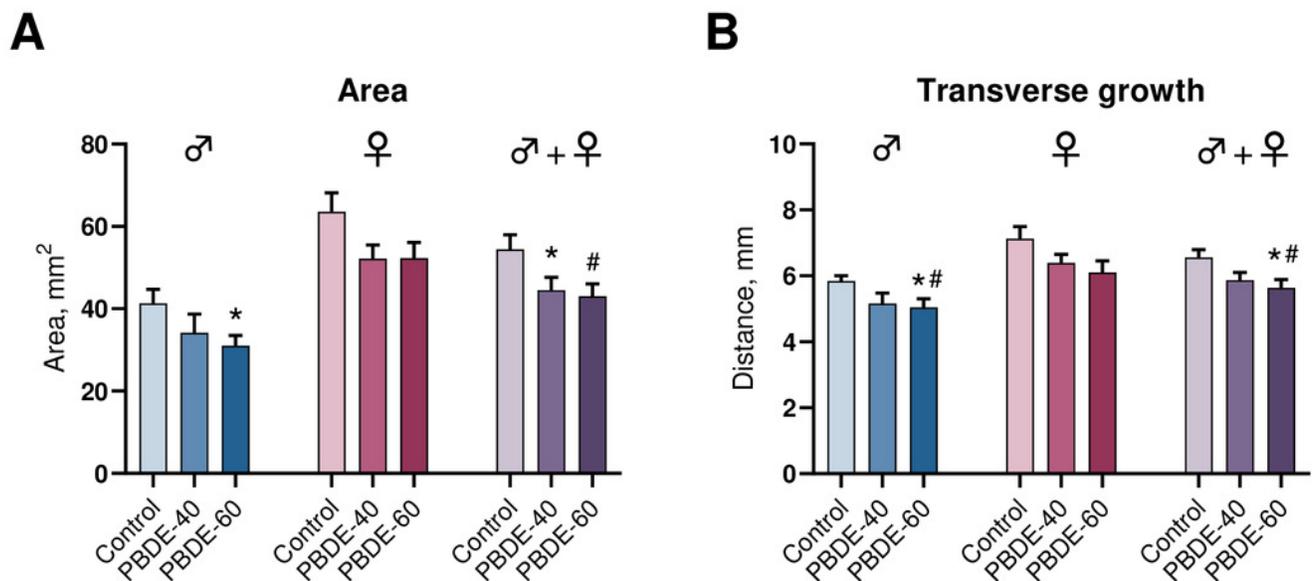
Mean+SEM, n = 16-19. \*\*\*p<0.001.



## Figure 4

Mammary gland development in PD27 offspring after perinatal exposure to brominated flame retardants (DE-71)

(A) Area of the mammary gland was reduced. (B) Transverse growth of the mammary gland was reduced at the highest dose. Mean+SEM.  $n = 14-17$  males,  $n = 18-20$  females,  $n = 32-37$  for males and females pooled and litter effects accounted for in the statistical analysis. Mean+SEM. \* $p < 0.05$  (bw as covariate), # $p < 0.05$  using ANOVA.



**Table 1** (on next page)

Pregnancy and litter data: Study 1

\*  $p < 0.05$ , versus control. bw: body weight, GD: Gestation day, PD: postnatal day. <sup>a</sup>Unrelated to exposure there were dams eating or not taking care of their pups in this study. Data represented as Mean  $\pm$  SD.

1 **Table 1.** Pregnancy and litter data: Study 1

<b>Dams and litters</b>	<b>Control</b>	<b>20 mg/kg DE-71</b>	<b>40 mg/kg DE-71</b>	<b>60 mg/kg DE-71</b>
No. of dams (viable litters)	n = 10 (8)	n = 10 (7)	n = 10 (8)	n = 10 (8)
<b>Dam body weight gain</b>				
Dam bw-gain, GD7-GD21 (g)	79.6 ± 13.0	87.1 ± 8.4	82.2 ± 14.6	90 ± 17.2
Dam bw-gain, GD7-PD1 (g)	16.5 ± 8.8	8.9 ± 20.0	2.1 ± 10.9	4.5 ± 9.2
Dam bw-gain, PD1-14 (g)	15.6 ± 13.4	16.6 ± 14.3	26.1 ± 10.2	28.4 ± 10.8
<b>Litters</b>				
Gestation length	22.9 ± 0.6	23.0 ± 0.0	23.0 ± 0.0	23.0 ± 0.0
Postimplantation loss (prenatal mortality) (%)	16.0 ± 12.6	6.0 ± 5.0	4.7 ± 5.5	4.9 ± 6.4
Perinatal loss <sup>a</sup> (pre- and postnatal mortality) (%)	32.3 ± 37.7	21.0 ± 32.0	6.6 ± 6.5	27.6 ± 39.1
Litter size (no.)	9.6 ± 4.3	11.3 ± 2.5	11.8 ± 3.4	11.8 ± 3.4
Postnatal death <sup>a</sup> (%)	21.0 ± 41.8	15.1 ± 34.7	2.0 ± 3.7	23.5 ± 13.0
Sex ratio, males / females (%)	58 / 42 ± 17.9	56 / 44 ± 11.7	46 / 54 ± 12.9	52 / 48 ± 9.2
<b>Offspring</b>				
Male birth weight (g)	6.2 ± 0.7	6.1 ± 0.9	6.2 ± 0.9	5.8 ± 0.7
Female birth weight (g)	5.9 ± 0.6	5.9 ± 0.6	5.9 ± 0.7	5.5 ± 0.7
Mean bw-gain PD1-6 (g)	7.4 ± 1.2	6.9 ± 1.7	6.0 ± 1.3	5.9 ± 1.5
Mean bw-gain PD6-14 (g)	23.1 ± 2.0	24.2 ± 1.0	21.7 ± 1.3	22.1 ± 1.8

2 \* p&lt;0.05, versus control. bw: body weight, GD: Gestation day, PD: postnatal day.

3 <sup>a</sup>Unrelated to exposure there were dams eating or not taking care of their pups in this study.

4 Data represented as Mean±SD.

**Table 2** (on next page)

Pregnancy and litter data: Study 2

\*  $p < 0.05$ . \*\*\* $p < 0.001$ . Bw: body weight, GD: Gestation day, PD: postnatal day. Data shown as Mean  $\pm$ SD.

1 **Table 2.** Pregnancy and litter data: Study 2

<i>Dams and litters</i>	Control	40 mg/kg DE-71	60 mg/kg DE-71
No. of dams (viable litters)	n = 22 (21)	n = 22 (20)	n = 22 (20)
<b><i>Dam body weight gain</i></b>			
Dam, GD7-GD21 (g)	84.5 ± 13.6	83.8 ± 14.2	78.6 ± 16.6
Dam, GD7-PD1 (g)	13.0 ± 11.1	11.8 ± 12.5	<b>2.8 ± 11.0*</b>
Dam, PD1-14 (g)	42.4 ± 13.1	37.0 ± 11.4	39.9 ± 17.8
Dam, PD14-27 (g)	-20.9 ± 11.6	-21.5 ± 9.6	<b>-12.0 ± 10.9*</b>
<b><i>Litters</i></b>			
Gestation length	23.0 ± 0.3	23.0 ± 0.2	23.0 ± 0.1
Postimplantation loss (prenatal mortality) (%)	6.6 ± 8.6	6.3 ± 7.9	11.7 ± 23.9
Perinatal loss <sup>a</sup> (pre- and postnatal mortality) (%)	10.3 ± 8.3	7.1 ± 8.0	21.2 ± 31.9
Litter size (no.)	10.9 ± 3.0	10.7 ± 3.1	10.8 ± 3.6
Postnatal death (%)	3.8 ± 6.1	0.8 ± 2.5	9.5 ± 26.0
Sex ratio, males / females (%)	45 / 55 ± 14	46 / 54 ± 16	46 / 54 ± 14
<b><i>Offspring</i></b>			
Male birth weight (g)	6.2 ± 0.4	6.3 ± 0.7	5.9 ± 0.6
Female birth weight (g)	5.9 ± 0.5	6.0 ± 0.6	5.8 ± 0.7
Male AGDi	2.13 ± 0.06	<b>1.90 ± 0.09***</b>	<b>1.99 ± 0.08***</b>
Female AGDi	1.15 ± 0.04	<b>1.02 ± 0.03***</b>	<b>1.09 ± 0.05***</b>
Male bw PD6 (g)	12.5 ± 1.8	12.3 ± 2.7	<b>11.1 ± 2.1**</b>
Female bw PD6 (g)	12.2 ± 1.9	12.0 ± 2.3	<b>11.1 ± 2.3**</b>
Male bw PD14 (g)	27.9 ± 4.1	28.1 ± 5.9	25.6 ± 4.4
Female bw PD14 (g)	27.3 ± 4.4	27.5 ± 5.5	25.8 ± 5.2
Male bw PD27 (g)	65.3 ± 1.7	65.1 ± 1.9	61.2 ± 1.6
Female bw PD27 (g)	67.2 ± 1.7	67.5 ± 2.5	62.0 ± 1.8

2 \* p<0.05. \*\*\*p<0.001. Bw: body weight, GD: Gestation day, PD: postnatal day. Data shown as Mean  
3 ±SD.

**Table 3**(on next page)

Absolute organ weights after perinatal exposure to a mixture of brominated flame retardants, Study 2

Mean±SD. \*\*\*p<0.001 compared to control with body weight as covariate in the analysis.

1 **Table 3.** Absolute organ weights after perinatal exposure to a mixture of brominated flame retardants,  
 2 Study 2

<i>Offspring</i>	Control	40 mg/kg DE-71	60 mg/kg DE-71
<b>Male PD16</b>	n = 19	n = 18	n = 17
Body weight, g	30.6 ± 4.2	29.95 ± 5.7	28.60 ± 5.1
Ventral prostate, mg	11.8 ± 4.9	9.8 ± 5.1	<b>6.8 ± 2.2***</b>
<b>Female PD16</b>	n = 21	n = 20	n = 19
Body weight, g	30.8 ± 5.0	31.0 ± 6.4	29.1 ± 5.6
Ovary, right, mg	2.4 ± 0.6	2.3 ± 0.5	2.2 ± 0.5
Ovary, left, mg	2.3 ± 0.6	2.3 ± 0.7	2.4 ± 0.6
<b>Male PD300</b>	n = 19	n = 18	n = 18
Body weight, g	516 ± 69.5	549 ± 60.6	529 ± 55.6
Prostate and seminal vesicle, g	3.02 ± 0.38	3.14 ± 0.37	3.10 ± 0.35
Ventral prostate, g	0.74 ± 0.12	0.69 ± 0.17	0.72 ± 0.14

3 Mean±SD. \*\*\*p<0.001 compared to control with body weight as covariate in the analysis.

4