Risk factors associated with prolonged viral clearance in patients with a refractory course of COVID-19:a retrospective study

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Background: This study aimed to characterize a cohort of patients with a refractory course of COVID-19, and to investigate factors associated with the duration of viral clearance (DoVC).

Materials & Methods: A total of 65 patients with refractory COVID-19 were retrospectively enrolled from Huoshenshan Hospital. Univariate analysis and multivariate analysis were performed to examine the potential association between clinicopathologic characteristics and the DoVC.

Results: The median DoVC in the overall study cohort was 48 days (ranged from 21 to 104 days). Multivariate analysis indicated that fever at illness onset [Hazard ratio (HR) = 4.897, 95%CI, 1.809−13.260, p = 0.002], serum level of aspartate aminotransferase > 21.8 IU/L (HR = 3.010, 95% CI, 1.195−7.578, p = 0.019), and titer of SARS-CoV-2 IgG > 142.09 (HR = 3.061, 95% CI,1.263−7.415, p = 0.013) were the three independent risk factors associated with delayed viral clearance.

Conclusion: The current study suggested that clinical characteristics such as fever at illness onset, mildly impaired liver function, and a high serum level of SARS-CoV-2 IgG were associated with delayed viral clearance. Patients with these characteristics might need a more positive treatment strategy to accelerate their recovery from the refractory COVID-19 diseases.

1 **Risk factors associated with prolonged viral clearance in patients with a refractory course**

2 **of COVID-19:a retrospective study**

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Abstract

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Conclusion: The current study suggested that clinical characteristics such as fever at illness onset, mildly impaired liver function, and a high serum level of SARS-CoV-2 IgG were associated with delayed viral clearance. Patients with these characteristics might need a more positive treatment strategy to accelerate their recovery from the refractory COVID-19 diseases.

Keywords: COVID-19; Risk factors; Reinfection; Refractory; Viral Clearance

Introduction

As the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) sweeps across the globe, there is rising concern that the patients who recovered from COVID-19 may be at risk of reinfection. It was reported that a small percentage of patients were tested positive again after recovery from a previous episode of COVID-19 infection.[1,2] However, the mechanism of reinfection/reactivation has not been clarified, which created an

44   uncertainty of the criteria to define clinical and virological recovery.[3] Miscellaneous hypotheses are coming out

45   to address this scientific question, such as false positive results from the leftover genetic materials,[4,5] persistence

46   of virus within body, cross-contamination from another virus, incorrect sampling methods,[6] thermal inactivation

47   of samples,[7] impaired immune response,[5] even storage of viruses in exosomes and extracellular vesicles.[8] Given

48   the false negative rates were as high as 30%−60% for SARS-CoV-2 PCR testings in upper respiratory tract or

49   sputum specimens,[9,10] it is not easy to distinguish between reinfection and prolonged viral clearance.[11,12]

50   Underlying mechanisms and corresponding patient characteristics of reinfection or prolonged viral clearance

51   may be quite different, which requires personalized treatment strategy. As the medical institutions are

52   overwhelmed by the cumulating patients, what kind of care should be provided to reinfected patients, and how

53   to deal with the patients with a refractory course of diseases, remain to be answered by both physicians and

54   researchers.

55   The median duration of viral shedding was reported to be about 20 days in many studies.[13-17] However,

56   prolonged viral clearance is not a rare phenomenon, with the longest duration being 83 days.[18-20] In this regard,

57   a longer period of post-discharged quarantine and medical observation has been suggested.[1,18,20] Identifying the

58   patients who are at risk of reinfection or delayed viral clearance might be the first important step to tackle the

59   abovementioned challenge. This may help with optimizing the treatment and preventing the transmission of

60   diseases. Recently, studies are emerging to identify the risk factors associated with longer viral clearance.[14,15,17,21]

61   However, risk factors of prolonged duration of viral clearance (DoVC) in patients with a refractory course of

62   COVID-19 are less clear and deserve further investigation. Mo, et al. defined a hospital stay of > 10 days

63   without alleviation of symptoms or radiological improvement to be the refractory COVID-19 diseases,

64   which was the first study to investigate the clinical characteristics associated with refractory COVID-19

65 pneumonia.[22] By their definition, nearly a half of the patients in this study had a refractory course of

66 COVID-19, which suggested a necessity of further stratification.[22]

67   In our study, we characterized a cohort of patients who were deemed having a refractory course of COVID-

68 19 disease, with the purpose to identify the clinicopathologic risk factors associated with the delayed viral

69 clearance.

70

71 **Patients and Methods**

72 **Participants**

73   A total of 65 inpatients with refractory COVID-19 from Huoshenshan Hospital between February 8, 2020

74 to March 31, 2020 were enrolled in this retrospective study. All patients had a calculated DoVC longer than 20

75 days and had a previous history of COVID-19-related hospitalization before admitted to Huoshenshan Hospital.

76 Patients with a calculated DoVC ≤ 20 dayswere excluded from this study. The severity of disease was evaluated

77 based on the sixth version of Chinese clinical guideline for COVID-19.[23] Mild cases referred to mild clinical

78 symptoms with no sign of pneumonia on imaging. General cases were defined as positive clinical symptoms

79 along with pneumonia on thoracic imaging. Patients who met any of the following criteria were classified as

80 severe cases: respiratory rate ≥ 30 per minute; pulse oxygen saturation ≤ 93% at resting status; arterial partial

81 pressure of oxygen (PaO2)/oxygen concentration (FiO2) ≤ 300 mmHg; patients with > 50% progression of lesion

82 volume within 24 to 48 hours on chest imaging. Patients who presented with any of the following conditions

83 were defined as critical cases: Respiratory failure that requires mechanical ventilation; shock; organ failure that

84 requires ICU care. Patients could be discharged after they met the following criteria[13]: absence of fever for at

85 least 3 days, remission of clinical symptoms or chest imaging, and two consecutive negative results for SARS-

86   CoV-2 RNA in respiratory tract samples obtained at least 24 hours apart. This study was approved by the

87   institutional review boards of Huoshenshan Hospital (No. IEC-AF-SL-02), Guangdong Provincial People's

88   Hospital (No.GDRE20200141H) and General Hospital of Southern Theater Command (No.202039), and was

89   carried out in accordance with the Declaration of Helsinki. Electronic forms of informed consents to use their

90   demographic and clinical information were collected from all participants in advance.

91

92   **Data collection**

93   A standardized sheet for data collection was used to retrieve the demographic, clinical, laboratory and

94   treatment information from electronic medical records. Given the relatively high rate of false negative nucleic

95   acid testing by nasal/pharyngeal swabs in the previous studies,[9,10] we raised the standard to define viral clearance,

96   which was in accordance with the abovementioned standard criteria of discharge from hospital.[13] Therefore, the

97   DoVC was calculated from the date of illness onset (as stated in the history of present illness) to the date of

98   discharge from Huoshenshan hospital. For those who received their negative results of nucleic acid testing but

99   were delayed for discharge due to complications of other organ systems, the DoVC was calculated from the date

100   of illness onset to the date of the second negative nucleic acid testing. Patients with a DoVC > 20 days were

101   defined to have a refractory course of COVID-19 and satisfied the inclusion criteria of this study. All data were

102   double-checked by two researchers (W. Z. and S. H.) independently for accuracy.

103

104   **Laboratory tests**

105   Respiratory samples were tested for SARS-CoV-2 RNA by the real-time reverse transcriptase polymerase

106   chain-reaction (RT-PCR) test (BioGerm, Shanghai, China), following WHO guideline for qRT-PCR.[24,25] SARS-

107 CoV-2 IgM and IgG antibodies in blood samples were measured using chemiluminescent immunoassay

108 (Shenzhen Yahuilong Biotechnology Co., Ltd) as per manufacturer's protocol. The titers higher than 10 of either

109 IgM or IgG were considered positive infection for SARS-CoV-2.

110

111 **Treatment**

112   All patients were provided with necessary supportive care during the first and second hospitalizations,

113 including but not limited to oxygen, antipyretic, antitussive, expectorant, antidiabetic, and antihypertensive

114 agents. For etiological treatment, antivirals, antibiotics, traditional Chinese herbal tea or Chinese patent medicine

115 were used either separately or in combination.

116

117 **Statistical analysis**

118   Data of baseline characteristics such as demographic information, reasons of admission,

119 symptoms and signs, comorbidities and treatment details were presented as frequency

120 (percentage), while data of laboratory results were presented as median (interquartile range,

121 IQR). The medians of continuous variables were used as cut-off values to separate the patients

122 into two groups for the sake of comparison, except for C-reactive protein and procalcitonin,

123 where the upper limits of normal range were used. Univariate analysis was performed by using

124 log-rank test to evaluate the association of patient characteristics with DoVC. All variables with

125 p values ≤ 0.1 were included in multivariate analysis. Subsequently, log minus log function was

126 used to identify the covariates which did not satisfy the proportional hazard assumption, and

127   these covariates were excluded for the subsequent multivariate analysis. Multivariate analysis

128   was conducted using Cox regression model to identify independent risk factors of prolonged

129   viral clearance. Cases with missing data were excluded from the Cox regression model. A

130   sensitivity analysis was performed to assess the robustness of the results (see Supplementary

131   table S1, S2). Finally, Kaplan-Meier method was used to visualize the impact of these risk

132   factors on the DoVC. All data were performed using IBM SPSS statistics for Windows, Version 25.0

133   (Armonk, NY: IBM Corp., USA). Figures were generated using the using R software version 3.6.3 (R

134   Foundation for Statistical Computing, Vienna, Austria).

135

136   **Results**

137   **Baseline characteristics**

138   The mean age of patients with a refractory course of COVID-19 was 52.5 years old, and 40 out of 65

139   patients were male. According to the sixth version of Chinese clinical guideline for COVID-19,[23] 51 out of 68

140   (78.5%) patients were classified as general cases, while the others were severe cases. The number of patients

141   who were readmitted to hospitals because of recurrence of symptoms, possible reinfection with positive nucleic

142   acid testing again or referral with persistent symptoms was 3 (4.6%), 11 (16.9%) and 51 (78.5%), respectively.

143   Fever (78.5%), cough (70.8%), shortness of breath (43.1%) and fatigue (33.8%) were the four most prevalent

144   sign and symptoms at illness onset among these patients. Hypertension (26.2%) was the most common

145   comorbidity, followed by type II diabetes mellitus (18.5%) (Table 1).

146

147   **Clinicopathologic information**

148   Complete blood count and blood biochemistries such as inflammatory seromarkers, renal, cardiac and

149   hepatic function tests were measured upon admission to Huoshenshan Hospital (Table 2). Of the 65 individuals,

150   59 patients had white blood cell counts in the normal range; 8 patients had increased platelet counts; 30 patients

151   had increased C-reactive protein (CRP). Eleven out of 39 patients had increased procalcitonin (PCT). Almost all

152   patients were normal regrading cardiac, renal and hepatic function tests. Thirty-five patients were tested for the

153   serum antibodies to SARS-CoV-2, of which all patients were positive for SARS-CoV-2 IgG, while only

154   88.6% of patients were positive for SARS-CoV-2 IgM. In this study cohort, 26 out of 65 patients (40.0%)

155   were treated with antiviral agents, including ribavirin, arbidol, oseltamivir and entecavir. Thirty-seven out of 65

156   patients (56.9%) were treated with antibiotics, which were mainly cephalosporin and floxacin. Notably, 95.4%

157   of patients received traditional Chinese herbal tea or Chinese patent medicine, such as Lianhua Qingwen

158   Capsule. Corticosteroid was mainly provided to the severe or critical cases. Twenty-six out of 65 patients had

159   poor sleep quality and required prescription of hypnotics. The median DoVC in the overall study cohort

160   was 48 days (ranged from 21 to 104 days). More than a half of the patients (53.8%) had a DoVC in the

161   range of 31 to 60 days, and the DoVC was longer than 2 months in 30.8% of patients.

162

163   **Risk factors associated with longer viral clearance**

164   In univariate analyses, several clinicopathologic characteristics were found to be associated with the DoVC,

165   including fever (p = 0.03), shortness of breath (p = 0.03), and fatigue (p = 0.03) at onset, as well as serum levels

166   of CRP (p = 0.01) and SARS-CoV-2 IgG (p = 0.01) (Table 1, Table 2). Thirty-five patients with complete data

167   were included in the Cox model with a -2 Log Likelihood being 147.9 (overall Chi-square value = 27.909,

168   p<0.001), indicating an acceptable goodness-of-fit of the current model. Sensitivity analyses suggested no

169   statistically significant difference in baseline and clinical characteristics between overall study cohort and

170   patients included in Cox model (see Supplementary table S1, S2).Multivariate analysis suggested that fever at

171   illness onset [Hazard ratio (HR) = 4.897, 95%CI, 1.809−13.260, p = 0.002], serum level of AST > 21.8 IU/L

172   (HR = 3.010, 95% CI, 1.195−7.578, p =0.019), and titer of SARS-CoV-2 IgG > 142.09 (HR = 3.061, 95% CI,

173   1.263−7.415, p = 0.013) were the three independent risk factors associated with longer viral clearance in the

174   refractory COVID-19 patients (Table 3). The proportional curves of positive viral test specified by three

175   independent factors were depicted using Kaplan-Meier method (Figure 1). The estimated median DoVC was

176   significantly longer in patients with fever at admission (54 days vs. 44 days, p = 0.028), with a titer of SARS-

177   CoV-2 IgG higher than 142 AU/ml (68 days vs. 56 days, p = 0.013). Patients with mildly impaired liver function

178   (with AST > 21.8IU/L) were deemed to have only a statistically boundary significant longer DoVC (56 days vs.

179   44 days, p = 0.089).

180

181

182   **Discussion**

183   The DoVC is central for decision-making of nosocomial isolation precaution and post-discharge quarantine.

184   Due to the high infectivity of virus and the overloaded medical system, a refractory clinical course of COVID-

185   19 could be rather annoying for both patients and medical workers. However, there is still a lack of clinical

186   guideline to deal with this particular group of patients. The current study documented the demographical,

187   epidemiological, laboratory, and many other clinical data in a cohort of patients with a refractory course of

188   COVID-19 disease, with the purpose to identify the risk factors of prolonged hospitalization or viral clearance

189   in these patients. In this retrospective study, 11 out of 65 (16.9%) were considered as possible reinfection (Table

190 1), given that they were negative for viral RNA in the former two consecutive nucleic acid tests. However, there

191 was no concrete evidence to support this assumption as the false negative rate of nucleic acid testing was too

192 high. Therefore, they were collectively recognized as patients with a refractory clinical course of COVID-19,

193 along with those with recrudescent or persistent symptoms. It should be noted that this definition did not

194 necessarily signify a severe or critical disease.

195   Before the cross-study comparison, it is worth noting that the definition of duration of viral shedding or

196 viral clearance has not been unified in the previous studies.[14,17,21] In consideration of the high false negative rate

197 of nucleic acid testing, we adopted a more conservative criteria to define the date of discharge as the endpoint

198 of viral clearance. As two patients were still in hospitalization due to the complications from other organ systems

199 despite their negative viral RNA results, their DoVC was was calculated from the date of illness onset to the date

200 of the second negative nucleic acid testing. The median DoVC was 48 days in our study, which was similar to

201 the finding of one previous study (median = 53.5 days, IQR 47.75-60.5 days).[18] The duration of viral shedding

202 was about 20 days in many other studies, which was much shorter because the patients with multiple COVID-

203 19-related admissions were usually not enrolled.[13-17] It should be noted that nasal or pharyngeal swabs were

204 mostly used for nucleic testing in these studies, but persistent SARS-CoV-2 RNA has been found elsewhere (e.g.

205 anal swab or stool sample) after negative conversion of nasopharyngeal RT-PCR test.[9,26]

206   In the current study, the DoVC had a very wide range (Table 2), which indicated that the further

207 stratification among this population might be helpful for personalized management. We have identified the

208 presence of fever at illness onset, AST > 21.8 IU/L and titer of SARS-CoV-2 IgG > 142.09 to be the three

209 independent risk factors for longer viral clearance in the refractory COVID-19 patients (Table 3, Figure 1).

210 Several other studies have also revealed the presence of fever was significantly associated with prolonged

211 DoVC.[27,28] These patients were hypothesized to be more severely affected by the SARS-CoV-2 infection in the

212 lungs and thus the prolonged DoVC.[27] Fever at illness onset may indicate a cytokine storm or a higher viral load

213 at the time of symptom onset,[29] as the viral load was found to be associated with more severe COVID-19 and a

214 longer virus-shedding period.[30] Mildly abnormal liver function test was frequently reported in COVID-19

215 patients, especially the elevated plasma AST.[26,30,31] Although a serum level of AST > 21.8 IU/L in our study not

216 necessarily signified clinical relevance, it was significantly associated with a delayed viral clearance in

217 multivariable analysis (HR = 3.010, 95% CI, 1.195–7.578, p=0.019). Drug-induced liver injury should be taken

218 into consideration,[31] because a longer hospital stay usually required more medication, which were potentially

219 hepatotoxic. Other possible underlying mechanisms included direct viral hepatitis or immune-mediated

220 inflammatory response.[27] The presence of angiotensin-converting enzyme 2 (ACE2) receptor on cholangiocytes

221 and hepatocytes suggested a plausible mechanism of SARS-CoV-2 related hepatotoxicity.[33] Interestingly, a high

222 level of SARS-CoV-2 IgM was also found to be related to the prolonged viral shedding in a previous study,[18]

223 which was instead echoed by the level of IgG in our study. The larger magnitude of SARS-CoV-2 IgG, along

224 with presence of fever at illness onset, might imply a higher viral load or stronger immune response to the virus.

225 Nevertheless, the underlying mechanism requires further investigation.

226   Although less importantly, attention should also be paid to the symptoms such as shortness of breath, fatigue

227 and the serum level of CRP (Table 1, Table 2). However, we did not observe the impact of age, comorbidities,

228 severity of disease and treatment on the DoVC. Previous studies revealed multiple risk factors associated with

229 prolonged viral shedding, including age,[14,21] sex,[17] fever[15,34] or chest tightness[21] at admission, comorbidities such

230 as hypertension and diabetes mellitus,[27] the duration from symptom onset to admission,[15,17] albumin level,[16]

231 antiviral treatment,[14,16] invasive mechanical ventilation,[17] and length of hospital stay.[15] What is noteworthy is

232   that many studies directly divided the patients into two groups using a cutoff value in the DoVC and perform

233   multivariate analysis by logistic regression, instead of using Kaplan-Meier method and Cox regression

234   model.[14,15,17] This might have led to a loss of detailed temporal information, and thus the inaccuracy of results.

235   Although this study is bolstered by its design and methodological strength, it is also limited by its

236   retrospective nature and small sample size. Not all tests were performed and monitored in all patients during

237   hospitalization, especially the serology testing for SARS-CoV-2. Therefore, patients with incomplete data were

238   excluded from multivariable regression analysis, which limited its statistical power despite a sensitivity analysis

239   had proved the representativeness of the included samples. The patients with multiple hospitalizations might

240   potentially subject to recall bias in retrieving the treatment history. Additionally, we only enrolled patients with

241   a refractory COVID-19 disease, therefore, the results and conclusion should be customized to this specific group

242   of patients, which limits the generalizability of this study. Finally, the ability to associate clinicopathologic

243   characteristics with DoVC might be limited by using a convenient instead of statistically determined sample

244   size.

245   In conclusion, clinical characteristics such as fever at illness onset, mildly impaired liver function, and a

246   high serum level of SARS-CoV-2 IgG were associated with delayed viral clearance in patients with a refractory

247   course of COVID-19.   Patients with these characteristics might need a more positive treatment strategy to

248   accelerate their recovery from the refractory COVID-19.

249

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351

352   **Figure Legend**

353

354   **Figure 1. Proportional curves of positive viral testing.** Comparison of duration of viral clearance between

355   patients (A) with or without fever at onset; (B) with lower ($\leq$142.09) or higher (> 142.09) levels of SARS-

356   CoV-2 IgG; (C) with lower (≤ 21.8 IU/L) or higher (> 21.8 IU/L) levels of aspartate aminotransferase (AST).

357   Log-rank test was used for comparison.

Table 1 Baseline characteristics of patients with a refractory clinical course of COVID-19

1   **Table 1** Baseline characteristics of patients with a refractory clinical course of COVID-19

Baseline Characteristics	Study cohort = 65 Frequency (%) / Mean ± SD	p value*
Age (years)	52.5 ± 14.1	0.85
≤60	43 (66.2)	
>60	22 (33.8)	
Male	40 (61.5)	0.76
Reasons of admission		0.89
Recurrence of symptoms	3 (4.6)	
Possible reinfection with positive nucleic acid testing again	11 (16.9)	
Referral with persistent symptoms	51 (78.5)	
Symptoms and signs at illness onset		
Fever	51 (78.5)	**0.03**
Shortness of breath	28 (43.1)	**0.03**
Dyspnea	5 (7.7)	0.17
Chest tightness	11 (16.9)	0.77
Myalgia	13 (20.0)	0.97
Dry cough	16 (24.6)	0.70
Productive cough	30 (46.2)	0.82
Fatigue	22 (33.8)	**0.03**
Diarrhea	4 (6.2)	0.99
Headache	3 (4.6)	0.99
Comorbidities		
Hypertension	17 (26.2)	0.35
Type II diabetes mellitus	12 (18.5)	0.91
Coronary artery disease	4 (6.2)	0.24
COPD	3 (4.6)	0.94
Hepatitis B	3 (4.6)	0.50
Malignancy	2 (3.1)	0.67
Smoker	5 (7.7)	0.80
Alcohol user	2 (3.1)	0.99
Severity of COVID-19 pneumonia		0.40

Mild	0
General	51 (78.5)
Severe	14 (21.5)
Critical	0

2   *Univariate analysis to determine the association of baseline characteristics with duration of viral clearance by

3   using log-rank test. COPD, chronic obstructive pulmonary diseases. Variables with p value in bold were included

4   in multivariable analysis.

Table 2 Clinicopathologic characteristics of patients with a refractory clinical course of COVID-19

1   **Table 2** Clinicopathologic characteristics of patients with a refractory clinical course of COVID-19

Clinicopathologic characteristics	Study cohort = 65 Frequency (%) / Median (Q1, Q3)	Normal range	p value*
Laboratory results			
WBC # (×10^9/L)	6.00 (5.05, 7.10)	3.5−9.5	0.90
RBC # (×10^12/L)	4.10 (3.80, 4.45)	4.3−5.8	0.76
Platelet # (×10^9/L)	230.00 (184.5, 291.50)	125−350	**0.07**
NLR	2.35 (1.77, 3.45)		**0.08**
C-reactive protein (mg/L)	2.90 (1.59, 9.66)	0−4	**0.01**
Normal	35 (53.8)		
Increased	30 (46.2)		
Procalcitonin (ng/ml) (n=38)	0.05 (0.03, 0.06)	0−0.05	0.12
Normal	27 (71.1)		
Increased	11 (28.9)		
Albumin (g/L)	38.15 (35.35, 40.65)	40−55	0.54
ALT (IU/L)	30.15 (16.60, 49.85)	9−50	0.23
AST (IU/L)	21.80 (17.25, 29.20)	9−60	**0.09**
HBDH (IU/L) (n=48)	152.90 (128.20, 193.43)	24−190	0.33
LDH (IU/L) (n=48)	181.15 (156.83, 239.95)	120−250	0.44
CK (IU/L) (n=48)	48.05 (34.35, 70.43)	24−190	0.74
CK-MB (IU/L) (n=48)	7.75 (6.40, 11.50)	0−24	0.96
SARS-CoV-2 IgM (n=35) (AU/ml)	39.01 (17.74, 90.51)	< 10	0.26
SARS-CoV-2 IgG (n=35) (AU/ml)	142.09 (116.40,179.86)	< 10	**0.01**
Treatment details			
Antivirals	26 (40.0)	—	0.12
Antibiotics	37 (56.9)	—	0.24
Traditional Chinese medicine	62 (95.4)	—	0.11
Corticosteroid	12 (18.5)	—	0.27
Hypnotics	26 (40.0)	—	0.66
Duration of viral clearance	49 (35, 65)	—	—
20-30 days	10 (15.4)		
31-60 days	35 (53.8)		

> 60 days	20 (30.8)

2   * Univariate analysis to determine the association of clinicopathologic characteristics with duration of viral

3   clearance by using log-rank test. Patients were categorized into two groups based on the median value of

4   laboratory results except for C-reactive protein and procalcitonin. NLR, neutrophil-lymphocyte ratio; ALT,

5   Alanine aminotransferase; AST, Aspartate aminotransferase; HBDH,α-Hydroxybutyrate dehydrogenase;

6   LDH, lactase dehydrogenase; CK, creatine kinase; CK-MB, creatine kinase isoenzyme. Variables with p value

7   in bold were included in multivariable analysis.

Table 3 Multivariate analysis using Cox regression model (n=36)

1   **Table 3** Multivariate analysis using Cox regression model (n=35)

Variables (Reference)	Hazard Ratio	95% Confidence Interval		p value
		Lower	Upper	
Fever (No)				
Yes	4.897	1.809	13.260	**0.002**
Shortness of breath (No)				
Yes	1.239	0.436	3.521	0.687
Fatigue (No)				
Yes	1.515	0.569	4.034	0.406
Platelet # ($\leq$230 × 10^9/L)				
> 230 × 10^9/L	0.479	0.205	1.123	0.091
NLR ($\leq$2.35)				
>2.35	2.831	0.984	8.145	0.054
CRP ($\leq$4 mg/L)				
>4 mg/L	0.311	0.087	1.115	0.073
AST ($\leq$21.8 IU/L)				
> 21.8 IU/L	3.010	1.195	7.578	**0.019**
SARS-CoV-2 IgG ($\leq$142.09)				
> 142.09	3.061	1.263	7.415	**0.013**

2   NLR, neutrophil-lymphocyte ratio; CRP, C-reactive protein; AST, aspartate aminotransferase; SARS-CoV-2

3   IgG, Severe acute respiratory syndrome coronavirus 2 immunoglobulin G.

Figure 1

Figure 1 Proportional curves of positive viral testing.