

***Apis mellifera* propolis enhances apoptosis and invasion inhibition in head and neck cancer cells**

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Background. Propolis is a resinous product accumulated from several plant sources which possess a wide range of therapeutic properties including anti-cancer activities. However, the role of honeybee-produced propolis on head and neck squamous carcinoma (HNSCC) is not well understood. This study aimed to investigate the effects of *Apis mellifera* propolis on apoptosis and invasiveness activity in HNSCC cell lines. **Methods.** Ethyl acetate extract of propolis (EAEP) was prepared from *A. mellifera* beehives by liquid-liquid extraction technique. High-performance liquid chromatography coupled with electrospray ionization-time of flight-mass spectrometry (HPLC-ESI-TOF-MS) were used to determine the flavonoids in EAEP. Isogenic HNSCC cell lines derived from primary (HN30 and HN4) and metastatic site (HN31 and HN12) were used in this study. Cytotoxicity, apoptosis, invasion, and MMP activity of EAEP for HNSCC cells were determined using MTT assays, flow cytometry, Matrigel invasion assay, and gelatinase zymography, respectively. **Results.** We found that EAEP exhibited cytotoxic activity and induced apoptosis in HNSCC cell lines. Furthermore, EAEP significantly decreased HNSCC cell invasion by reducing MMP-2 and MMP-9 activity. Two flavonoids, galangin and apigenin, were identified in EAEP by HPLC-ESI-TOF-MS. The results suggest that EAEP promoted apoptotic and exerts anti-invasion potential through inhibition of MMP-2 and MMP-9 activity in HNSCC cell lines. It is possible that the inhibitory effects as such were attributed to the biological activities of galangin and apigenin.

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37 **Abstract**

38 **Background.** Propolis is a resinous product accumulated from several plant sources
39 which possess a wide range of therapeutic properties including anti-cancer activities.
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41 carcinoma (HNSCC) is not well understood. This study aimed to investigate the effects
42 of *Apis mellifera* propolis on apoptosis and invasiveness activity in HNSCC cell lines.

43 **Methods.** Ethyl acetate extract of propolis (EAEP) was prepared from *A. mellifera*
44 beehives by liquid-liquid extraction technique. High-performance liquid chromatography
45 coupled with electrospray ionization-time of flight-mass spectrometry (HPLC-ESI-TOF-
46 MS) were used to determine the flavonoids in EAEP. Isogenic HNSCC cell lines derived
47 from primary (HN30 and HN4) and metastatic site (HN31 and HN12) were used in this
48 study. Cytotoxicity, apoptosis, invasion, and MMP activity of EAEP for HNSCC cells were
49 determined using MTT assays, flow cytometry, Matrigel invasion assay, and gelatinase
50 zymography, respectively.

51 **Results.** We found that EAEP exhibited cytotoxic activity and induced apoptosis in
52 HNSCC cell lines. Furthermore, EAEP significantly decreased HNSCC cell invasion by
53 reducing MMP-2 and MMP-9 activity. Two flavonoids, galangin and apigenin, were
54 identified in EAEP by HPLC-ESI-TOF-MS. The results suggest that EAEP promoted
55 apoptotic and exerts anti-invasion potential through inhibition of MMP-2 and MMP-9
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69 **Introduction**

70 Head and neck squamous cell carcinoma (HNSCC) is the seventh most common
71 cancer worldwide and the highest occurring cancer observed in southern Asia.
72 Currently, the common form of treatment for HNSCC involves in surgical operation,
73 combined with chemotherapy and/or radiation therapy (Chow 2020; Schwartz & Hayes
74 2020). Similar to other tumors, proliferation, invasion and metastasis are the critical
75 processes that indicate HNSCC aggressiveness (Chan et al. 2016; Wolf & Claudio
76 2014). Evading apoptosis is one of mechanism supporting cancer survival in the
77 extreme microenvironment (Raudenska et al. 2021). The invasion and metastasis are
78 driven by matrix metalloproteinases (MMPs). MMP-2 and MMP-9 are the key enzymes
79 which destroy the basement membrane and degrade the extracellular matrix, leading to
80 tumor invasion (Koontongkaew 2013). Thus, more effective treatments aim to trigger
81 apoptosis in cancer cells for local and metastatic HNSCC are challenged (Khan et al.
82 2012).

83 Propolis, or bee glue, is a natural resinous material collected by honey bees from
84 various tree buds to seal cracks in the hive and protects the hive against bacterial and
85 fungal infections (Calegari et al. 2017). Propolis have been used in traditional medicine
86 in many countries. More than 300 chemical compounds have been identified from
87 propolis in different geographic regions (Drescher et al. 2019; Xuan et al. 2016)
88 including flavonoids, terpenes, phenolic acid, cinnamic acid, caffeic acid and several
89 esters (Funakoshi-Tago et al. 2016; Jaiswal et al. 1997; Kocot et al. 2018). Propolis has
90 a wide range of pharmaceutical properties, including antimicrobial (Al-Ani et al. 2018;
91 Chen et al. 2018), anti-inflammatory, antioxidant (Kocot et al. 2018), anti-angiogenic
92 activities (Iqbal et al. 2019) and anti-cancer (Badr et al. 2011; Frozza et al. 2017;
93 Sawicka et al. 2012) . The crude extracts of propolis have been reported on cytotoxic
94 activities against various cancer cell lines such as human prostate cancer cells (DU145
95 and PC-3)(Li et al. 2007), cervix adenocarcinoma cells (HeLa) (Barbaric et al. 2011),
96 human laryngeal epidermoid carcinoma cells (Hep-2) (Frezza et al. 2017), human
97 colorectal adenocarcinoma cells (HT-29), human breast adenocarcinoma cells (MCF-7),
98 human epithelial colorectal adenocarcinoma cells (Caco-2), and murine melanoma cell
99 lines (B16F1) (Choudhari et al. 2013).

100 However, it has been reported that the biological and pharmacological activities
101 of propolis depend on its chemical composition, geographical zone, plant sources, and
102 seasons (Devequi-Nunes et al. 2018; Omar et al. 2017; Siheri et al. 2016). Propolis
103 extracts from *Apis mellifera* beehives in Thailand have been reported on anti-
104 proliferative and cytotoxic activities against cancer cell lines derived from human breast
105 carcinoma (BT474), human hepatocellular carcinoma (Hep-G2), gastric carcinoma
106 (KATO-III) and colon adenocarcinoma (SW620) (Teerasripreecha et al. 2012).
107 Moreover, the propolis extract from *Trigona sirindhornae* exhibited cytotoxic effects
108 against HNSCC cells (Utispan et al. 2017). However, a few studies on the effect of Thai
109 *A. mellifera* propolis extract on HNSCC cell lines have been reported. This study aims to
110 investigate cytotoxicity, apoptosis and anti-invasive activities of ethyl acetate extract
111 from Thai *A. mellifera* propolis on primary and metastatic HNSCC cell lines.

112

113 **Materials and Methods**

114 **Chemicals**

115 Apigenin, galangin, caffeic acid, ferulic acid, rutin, quercetin and naringenin were
116 purchased from Sigma-Aldrich (St. Louis, MO, USA). Acetonitrile (HPLC grade) was
117 purchased from RCI Labscan (Bangkok, Thailand). Hexane, ethyl acetate, ethanol,
118 methanol and formic acid (analytical grade) were purchased from Merck (Darmstadt,
119 Germany).

120

121 **Preparation of ethanol extract of propolis (EEP)**

122 The propolis sample from the native Thai bee species *A. mellifera* was obtained in
123 November of 2017 in Loei province, northeastern Thailand. The sample was stored in a
124 desiccator and kept in the dark at 4°C until processed. Raw propolis (5.27g) was cut into
125 small pieces and stirred with 100 ml of 95% (v/v) ethanol (EtOH) at 100 rpm at room
126 temperature for 48 hours in dark condition. Next the insoluble portion was separated by
127 filtration through Whatman filter paper No. 2 (Whatman Inc, Piscataway, NJ, USA). In
128 order to increase the extract yield, this procedure was repeated three times on the same
129 sample. The resulting filtrates were pooled and dried in a rotatory evaporator at 40°C and

130 175 mbar (Rotovapor R-215, BUCHI Labortechnik, AG, Switzerland). Then the ethanolic
131 extract of propolis (EEP, 4.32 g) with viscous appearance was obtained.

132

133 **Liquid-liquid partitioning**

134 EEP was fractioned by means of liquid-liquid partitioning. For that purpose, the
135 EEP (4.32 g) was dissolved in 100 ml methanol and then partitioned with hexane (3 x 50
136 ml). The combined hexane extract was then rotatory evaporated at 40°C and 335 mbar
137 to yield hexane extract of propolis (HEP, 0.98 mg). The methanol portion was evaporated
138 at 40°C and 337 mbar. Next the methanol extract was dissolved in 100 ml of distilled
139 water and submitted to liquid-liquid partitioning with ethyl acetate (3 x 50 ml). Solid
140 masses were obtained for ethyl acetate extract (EAEP, 1.92 g) and aqueous extract (AEP,
141 0.12 g) after total evaporation of solvents.

142 Most of the substances found in propolis were obtained in polar organic solvents
143 such as ethanol, methanol and ethyl acetate (Sambou et al. 2020). Solvents like ethyl
144 acetate are used in extraction processes because of its chemical and biological functions
145 such as medium polarity and minimum cell toxicity. Biphasic actions of this solvent
146 enables it to be used to extract both polar and non-polar compounds (Mandal et al. 2015).
147 Therefore only EAEP was used in the present study. Before use, the EAEP extract was
148 dissolved in dimethyl sulfoxide (DMSO) and placed in a freezer (-30°C) until use.

149

150 **Cell culture**

151 Two pairs of isogenetic HNSCC cell lines representing both primary and metastatic
152 disease from the same patient were first established at Wayne State University by Ensley
153 J. (Cardinali et al. 1995) who collaborated with the researcher in the National Institute of
154 Dental and Craniofacial Research under supervision of Gutkind S. Gutkind S. provided
155 the cell lines as a gift to Koontongkaew S. HN30 and HN31 cells were obtained from
156 primary pharynx lesions and lymph node metastases (T3N1M0), respectively. HN4 and
157 HN12 cells were obtained from primary tongue lesions and lymph node metastases
158 (T4N1M0), respectively. They were maintained in Dulbecco's Modified Eagle's Medium
159 (DMEM) (Invitrogen, Carlsbad, CA, USA) supplemented with 10% fetal bovine serum,
160 100 U/ml penicillin, 100 µg/ml streptomycin (Invitrogen) and an anti-fungal agent. The

161 cells were cultured in a 37°C humidified 5% CO₂ atmosphere. They were passaged with
162 0.25% trypsin-EDTA when reaching 70-80% confluence.

163

164 **Cell viability-MTT assay**

165 The cytotoxicity of EAEP was estimated using the methyl thiazotetrazolium (MTT)
166 assay as previously described (Utispan et al. 2020). HNSCC cells were seeded onto 96-
167 well plates at a density of 2,000 cells/well. The cells were treated with serum-free DMEM
168 with 0.1% dimethyl sulphoxides (DMSO) (vehicle control) or EAEP (0.10-0.40 mg/ml) at
169 37°C for 72h. After the exposure period, the media were removed, and the cells were
170 washed with phosphate-buffed saline, followed by incubation with 0.5 mg/ml of MTT in
171 culture media for an additional for 4 h. The blue formazan crystals of viable cells were
172 dissolved and measured spectrophotometrically at 570 nm. Cell viability was calculated
173 as a percentage of that of the control (untreated) cells. Each concentration of EAEP was
174 independently assayed three times with three technical replicates. According to ISO
175 10993-5, cell viability above 80% were considered as non-cytotoxic; within 80%-60%
176 weak; 60%-40% moderate and below 40% strong cytotoxicity, respectively (International
177 Organization for Standardization ISO 10993-5 2009).

178

179 **Apoptosis assay**

180 In order to verify that the effect of the studied extracts on the growth inhibition of
181 HNSCC cells was related to apoptosis, analysis of the apoptosis and necrotic cells was
182 performed using annexin-V-fluorescein isothiocyanate (FITC) and propidium iodide (PI)
183 staining. The cells were seeded onto 6-well plates and allowed to attach for 24 h. After
184 which the cells were treated with EAEP at the weak cytotoxic doses (cell viability of 60%
185 - 80%) to each cell line for 24h. The concentration of 0.2 mg/ml EAEP was used for HN12,
186 HN30 and HN31 whereas HN4 cells were treated with 0.3 mg/ml EAEP. After this, the
187 cells were washed twice with PBS solution and detached by 0.25% trypsin, washed with
188 PBS and resuspended in ice cold binding buffer. The apoptotic cells were assessed using
189 BD Annexin V FITC Assay (BD Biosciences, San Jose, CA, USA). Ten thousand events
190 were analyzed in a flow cytometer (Cytoflex®, Beckman Coulter, Indianapolis, IN, USA).

191 The percent of viable, apoptotic and necrotic cells were evaluated by CytExpert Software
192 (Beckman Coulter).

193

194 **Invasion assay**

195 The modified Boyden chamber (Neuro Probe, Gaithersburg, MD, USA) assay used
196 for analysis of cell invasion is based on a chamber with two medium filled compartments
197 as previously described (Albini et al. 1987). Matrigel, a reconstituted basement
198 membrane gel (BD Bioscience) was applied to polycarbonate membrane filters (13 mm-
199 diameter, 8.0 μm pore size, Whatman). The filter was placed above the lower chamber,
200 which contained serum-free DMEM with 0.1% bovine serum albumin (BSA, Sigma). HN4,
201 HN12, HN30 or HN31 cells (1×10^5 cells) were resuspended in 0.1 mg/ml EAEP which
202 diluted in DMEM containing 0.1% BSA and seeded to the top of the chamber. After a 5 h
203 incubation in a 37°C and 5% CO₂ incubator, the filters were fixed with 0.5% crystal violet
204 in 25% methanol for 10 min. The invaded cells on the lower surface of the filters were
205 counted under a microscope at 400 \times magnification. Cell counting was performed by two
206 investigators. Five randomly selected fields were counted per filter in each group, and the
207 counts were averaged.

208

209 **Conditioned medium preparation and zymography**

210 HN4, HN12, HN30 and HN31 cells (1×10^6 cells) were cultured in 6-well plates and
211 incubated at 37°C for 24 h. After incubation, wells were washed with PBS and treated
212 with 0.1 mg/ml EAEP which diluted in DMEM containing 0.1% BSA for 48 h. The cells
213 cultured in DMEM containing 0.1% BSA were used as control. Conditioned medium (CM)
214 was collected and centrifuged at 1,000 g and 4°C for 10 min to eliminate cells and debris.
215 The CM was stored at -80°C until used. Total protein in CM was estimated using the
216 Pierce™ BCA protein assay kit (Thermo Fisher Scientific, Waltham, MA, USA).

217 MMP-2 and MMP-9 activities in CM were measured using gelatin zymography as
218 previously described (Koontongkaew et al. 2009). For gelatin zymography, the collected
219 media were subjected to 0.2% gelatin (bloom 300, Sigma)-10% SDS polyacrylamide gel
220 electrophoresis (PAGE) to determine MMP-2 and MMP-9. After SDS-PAGE, the gels
221 were washed in 2.5% Triton X-100 for 30 min and incubated with renaturing buffer (50 mM

222 Tris, pH 8, 5 mM CaCl₂ and 10⁻⁶ M ZnCl₂) for 20-24 h. Next, the gels were stained with 0.5%
223 Coomassie blue G250 in 30% methanol, 10% glacial acetic acid for 30 min and destained
224 in the same solution without Coomassie blue. Gelatinolytic bands were quantified using
225 the Gene Tools software (Syngene, Frederick, MD, USA). Three independent
226 experiments were performed.

227

228 **HPLC-ESI-TOF-MS analysis of EAEP**

229 High-performance liquid chromatography coupled with electrospray ionization-time
230 of flight-mass spectrometry (HPLC-ESI-TOF-MS) was used to investigate selected
231 phenolic acids and flavonoids in EAEP. EAEP was prepared at 5 mg/ml in ethanol and
232 filtered through a 0.45 µm membrane filter. For compound identification, seven standard
233 polyphenolic compounds (apigenin, galangin, caffeic acid, ferulic acid, rutin, quercetin
234 and naringenin) were dissolved in methanol (10 ppm). Analyses were conducted in an
235 UltiMate® 3000 system (Thermo Fisher Scientific, DionexSoftron GmbH, Dornierstr. 4,
236 Germany) with a reverse phase column (C18 analysis column, 2.1 mm x 150 mm and 3
237 µm particle size, Thermo Fisher Scientific, Sunnyvale, CA, USA) at a temperature of 40
238 °C. The injection volume for all samples was 5 µl. The mobile phase consists of solvent
239 (A) 0.1% (v/v) formic acid in water, and solvent (B) acetonitrile, which were previously
240 degassed and filtered. The gradient program for the HPLC was as follows: 0–1 min, 5%
241 B; 1–40 min 5-55% B; 41–50 min 55-95% B; 50.1-55 min 5% B, and the flow rate was 0.3
242 ml/min.

243 The separated components from the HPLC system were applied to mass to charge
244 ratio (m/z) analysis using an ESI-TOF-MS system. ESI-TOF-MS was carried out using a
245 time of flight mass spectrometer (micrOTOF-Q-II, Bruker Daltonik, Bremen, Germany).
246 An electrostray ion source (ESI) was used in negative ion mode (ESI⁻) with following
247 settings: capillary voltage 3 kV, nebulizer gas pressure 2.0 bar, dry gas temperature
248 200°C, dry gas flow rate 8.0 L/min. Spectra were collected from m/z 50 – 1000 Da. Bruker
249 Compass Data Analysis 4.0 software (Bruker Daltonik) was used for recording and
250 processing the data. The phenolic and flavonoid content in EAEP was determined by
251 interpolation with a calibration curve constructed with the standard solutions of selected
252 polyphenols. The determination was performed 3 times.

253 **Statistical analysis**

254 Data analyses were performed using GraphPad Prism 7.04 software (GraphPad
255 Software, La Jolla, CA, USA). All results are expressed as means and standard error of
256 the mean (SEM) values from three independent experiments. P value ≤ 0.05 is considered
257 to be statistically significant by using one-way ANOVA followed by Dunnett's multiple
258 comparison.

259

260 **Results**

261 **Cytotoxic assessment of EAEP on HNSCC cell lines**

262 At first, cytotoxic effect of EAEP was evaluated using MTT assay. As shown in
263 figures 1A-D, the EAEP (0.2 mg/ml) significantly decreased viability of HN30 and HN12
264 compared with the control in dose-dependent manner whereas HN4 and HN31
265 significantly reduced in cell viability at the concentrations of 0.25 and 0.1 mg/ml,
266 respectively in a dose-dependent manner. The IC_{50} value of EAEP for HN30, HN31, HN4
267 and HN12 were 0.19, 0.16, 0.31 and 0.14 mg/ml, respectively. However, according to ISO
268 10993-5 non-cytotoxic dose (cell viability above 80%) for HN12, HN30 and HN31 was 0.1
269 mg/ml EAEP whereas 0.2 mg/ml EAEP was not toxic to HN4. Therefore, non-cytotoxic
270 concentration at 0.1 mg/ml was selected to treat with HNSCC cell lines and evaluate their
271 invasion and MMPs activity in the subsequent experiments. The weak cytotoxic dose (cell
272 viability of 60-80%) was used for apoptosis assay.

273

274 **Apoptotic effects of EAEP**

275 In view of the above-mentioned effect of EAEP on the HNSCC cell viability, we
276 considered apoptosis as an underlying mechanism. Flow cytometry was applied to
277 quantify the apoptotic, alive and necrotic cells. HN12, HN30 and HN31 were exposed to
278 EAEP at 0.2 mg/ml. HN4 cells were treated with 0.3 mg/ml of EAEP. The apoptotic effects
279 of EAEP on HNSCC cells are given in figure 2. We found that EAEP induced 42.42%,
280 44.01%, 43.28%, and 13.08% apoptosis in HN30, HN31, HN4 and HN12, respectively.

281

282

283 **EAEP decreased HNSCC invasion**

284 Furthermore, HNSCC cell invasion using Boyden chamber system was used for a
285 functional assay. We found that invasion of HNSCC down-regulated after EAEP treatment
286 for 5 h. EAEP at the non-toxic concentration (0.1 mg/ml) decreased the invasiveness of
287 HN30, HN31, HN4 and HN12 cells by approximately 51%, 67%, 37%, and 56%,
288 respectively, compared with control (Figs. 3A and 3B).

289

290 **EAEP reduced MMPs activities of HNSCC cells**

291 To further confirm whether MMPs are down-regulated in EAEP treated HNSCC
292 cells. The cell culture medium of HNSCC cells was assayed for MMP-2 and MMP-9
293 activities after treatment with EAEP for 48 h. Zymographic data showed that EAEP
294 inhibited the MMP-2 and MMP-9 activity of HN30, HN31, HN4 and HN12 cells (Fig. 4A).
295 Quantitative analysis of MMP activity showed that at non-toxic concentration (0.1 mg/ml),
296 EAEP significantly reduced MMP-2 activity of HN30 and HN31 cells by 64% and 27%,
297 respectively as shown in figure 4B. However, MMP-2 activities in EAEP-treated HN4 and
298 HN12 and control cells were not significantly different. In contrast, EAEP (0.1 mg/ml)
299 significantly decreased MMP-9 activity in HN30, HN31, HN4 and HN12 cells to
300 approximately 51%, 32%, 18% and 21%, respectively.

301

302 **HPLC-ESI-TOF-MS analysis of EAEP**

303 HPLC-ESI-TOF-MS was used to analyze the profiles of phenolics and flavonoids
304 of EAEP. Commercially available polyphenolic compounds were used as standards in
305 this determination. At first, baseline calibration of HPLC system was performed using the
306 sample solvent (Fig. 5A). Although very minor peaks were inevitably present, only two
307 compounds were detected in measurable quantity. The EAEP chromatograms
308 demonstrated peaks 1 and 2 with retention times that corresponded to those of apigenin
309 (24.7 min) and galangin (32.9 min), respectively (Figs. 5B and 5C). Furthermore, HPLC-
310 ESI-TOF-MS parameters were optimized and used to profile EAEP. The selected 2
311 compounds in EAEP were putatively identified by comparison to the database (Table 1).
312 The results revealed that compound 1 and 2 were apigenin and galangin, respectively.
313 The amount and chemical structures of apigenin and galangin were shown in figure 6.

314 The concentration of these phenolic compound in EAEP was estimated by interpolation
315 with a calibration curve constructed with standard solutions of apigenin and galangin. The
316 quantitative determination revealed that the amount (mean \pm SD) of apigenin and
317 galangin in the EAEP was found to be $149.0 \pm 7.07 \mu\text{g/g}$ and $628.66 \pm 16.42 \mu\text{g/g}$,
318 respectively.

319

320 Discussion

321 The main objective of the present study was to evaluate the anti-cancer effect
322 and establish the underlying mechanisms of Thai propolis in HNSCC cells. In this study
323 we investigated, for the first time, the anti-cancer effect of ethyl acetate extract of
324 propolis (EAEP) from Thai *A. mellifera* on primary and metastatic HNSCC cell lines. We
325 found that EAEP showed dose-dependent cytotoxic activity and caused apoptosis in
326 HN30, HN31, HN4 and HN12 cell lines. Our findings are agree with previous showing
327 that anti-cancer effects of propolis obtained from many countries. Brazilian propolis
328 extract inhibits cell growth and induces apoptotic mechanism in human prostate
329 carcinoma (DU145 and PC-3 cells) (Li et al. 2007). Propolis extract from Turkey
330 exhibited inhibition of cell proliferation, apoptotic and cell cycle in breast cancer (MCF7),
331 lung cancer (A549) and gastric cancer (HGC27) (Aru et al., 2019). Turkish propolis
332 extract also exhibited an increase in the apoptosis of MCF-7 (Misir et al. 2020).

333 Although we analyzed standards of apigenin, galangin, caffeic acid, ferulic acid,
334 rutin, quercetin and naringenin but only apigenin and galantine were observed in our
335 propolis samples. This demonstrated that propolis extracts differed qualitatively and
336 quantitatively regarding phenolic acids and flavonoids (Anjum et al. 2019). Apigenin
337 (Swanson et al. 2014; Yan et al. 2017; Zhu et al. 2016) and galantine (Yang et al. 2018;
338 Zhu et al. 2014) have been reported to show anticancer activity against various cancer
339 cell lines and they might involve in cytotoxic effect on HNSCC cell lines. It was
340 suggested that cytotoxic activities of phenolic compounds depended on their chemical
341 structures especially the total number of hydroxyl groups in their molecules (Czyzewska
342 et al. 2016). Here we demonstrated the the inhibition of HNSCC cell proliferation by
343 propolis extracts could undergo at least partially through apoptosis. Apigenin and
344 galantine may play an important role in cytotoxicity as such. We do not know exactly how

345 EAEP caused apoptosis in HNSCC cells. It is possible that these phenolic compounds
346 induced apoptosis in HNSCC cells with decreased expression of the antiapoptotic
347 proteins and increased expression of proapoptotic proteins (Zhu et al. 2014). EAEP
348 might modulate caspase-3 and AKT signaling pathways (Wang & Tang 2017). However,
349 synergistic effects of polyphenols in the propolis extract might be responsible for their
350 cytotoxicity (Czyzewska et al. 2016).

351 Invasion and migration are considered as the important hallmarks of malignant
352 tumors. MMP-2 and MMP-9 are enzymes that play an important role in the basement
353 membrane degradation process which is the first step of invasion and metastasis of
354 cancer cells (Koontongkaew, 2013). In our studies, we investigated the effects of EAEP
355 on cell invasion by focusing on the activity of MMP-2 and MMP-9 on HNSCC cell lines.
356 It is interesting that EAEP significantly decreased the invasion of stage III, HN30 and
357 HN31 cells through inhibition of MMP-2 and MMP-9 activities. However, the extract
358 reduced invasion of stage IV, HN4 and HN12 cell by attenuating only MMP-9 activity.
359 Previous studies showed apigenin inhibited invasion and migration abilities of human
360 metastatic cancer cell lines by reducing MMP-9 expression through suppressing the p38
361 MAPK signaling pathways (Noh et al. 2010). Moreover, galangin reduces MMP-9
362 expression and cell migration in human neuroblastoma cell lines (Yang et al. 2018) and
363 human fibrosarcoma cells (Choi et al. 2015). We inferred that apigenin and galangin in
364 EAEP may be a key factor in inhibiting invasive HNSCC cells.

365

366 **Conclusions**

367 In conclusion, present studies revealed that EAEP from Thai *A. mellifera* have
368 shown cytotoxic activity in dose-dependent manner and induces apoptosis of HNSCC.
369 The EAEP inhibited the invasion of primary and metastatic HNSCC cells through
370 inhibition of MMP-2 and MMP-9 expression. Apigenin and galangin, were identified in
371 EAEP. The two flavonoids may contribute to anti-cancer activities of EAEP. As evidence
372 from the above results, the EAEP has the potential to be a powerful candidate in
373 developing preventive agents for cancer metastasis and this beneficial effect may
374 expand future research on anticancer properties of EAEP *in vitro* and *in vivo*.

375

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380

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550 **Figures and legends**

551 **Figure 1 Cytotoxic evaluation of EAEP on HNSCC cells measured by MTT assay.**

552 The EAEP in various concentrations were used to treat (A) HN30, (B) HN31, (C) HN4,
553 and (D) HN12 cells for 72 h. Bars represent means \pm SEM of three independent
554 experiments (n=3). * $P < 0.05$ compared with the control.

555

556 **Figure 2 Effect of EAEP on HNSCC cells, after treatment for 24 h, evaluated by flow**

557 **cytometry.** (A) Dot plots of apoptosis assay are displayed with Annexin V-FITC (X-axis)/
558 7-AAD-PE (Y-axis). (B) Percentage of apoptotic cell HN30, HN31, HN4, and HN12 cells
559 treated with EAEP at concentrations of 0.2, 0.2, 0.3 and 0.2 mg/ml respectively for 24 h.
560 Bars represent means \pm SEM of three independent experiments (n=3). * $P < 0.05$
561 compared with the control.

562

563 **Figure 3 EAEP decreased HNSCC cell invasion.** A non-cytotoxic dose of EAEP was

564 used to treat HN30, HN31, HN4 and HN12 cells. (A) Representative images of cells that
565 invaded onto the underside of polycarbonate filters coated with Matrigel membrane from
566 Boyden chemoinvasion assays at 400 \times magnification under a light microscope. (B)
567 Number of cells of each field was counted under a microscope at 400 \times magnification.
568 Values are the mean \pm SEM of three independent experiments (n=3) of. * $P < 0.05$
569 compared with the control.

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571 **Figure 4 EAEP reduced MMP activities.** EAEP (0.1 mg/ml) was used to treat the cancer

572 cells for 48 h and MMP activities in conditioned media of (A) HN30 and HN31, and (B)
573 HN4 and HN12 cells were detected using zymography. GeneTools software was used to
574 quantify gelatinolytic bands of (C) MMP-2 and (D) MMP-9 activities. Bars represent
575 means \pm SEM of three independent experiments (n=3). * $P < 0.05$ compared with the
576 control.

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581 **Figure 5 HPLC-ESI-TOF-MS analysis of EAEP.** (A) Total ion chromatogram (TIC) of
582 blank solution, (B) EAEP sample and (C) standard compounds [apigenin (Cmpd 1, 24.7
583 min) and galangin (Cmpd 2, 32.9 min)] by negative mode HPLC-ESI-TOF-MS.

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585 **Figure 6 Concentration and putative structure of compounds in EAEP.** (A)
586 Concentrations of apigenin and galangin in EAEP measured by HPLC-ESI-TOF-MS. (B)
587 The chemical structure of apigenin and galangin.

588

Figure 1

Cytotoxic evaluation of EAEP on HNSCC cells measured by MTT assay.

The EAEP in various concentrations were used to treat (A) HN30, (B) HN31, (C) HN4, and (D) HN12 cells for 72 h. Bars represent means \pm SEM of three independent experiments (n=3). * $P < 0.05$ compared with the control.

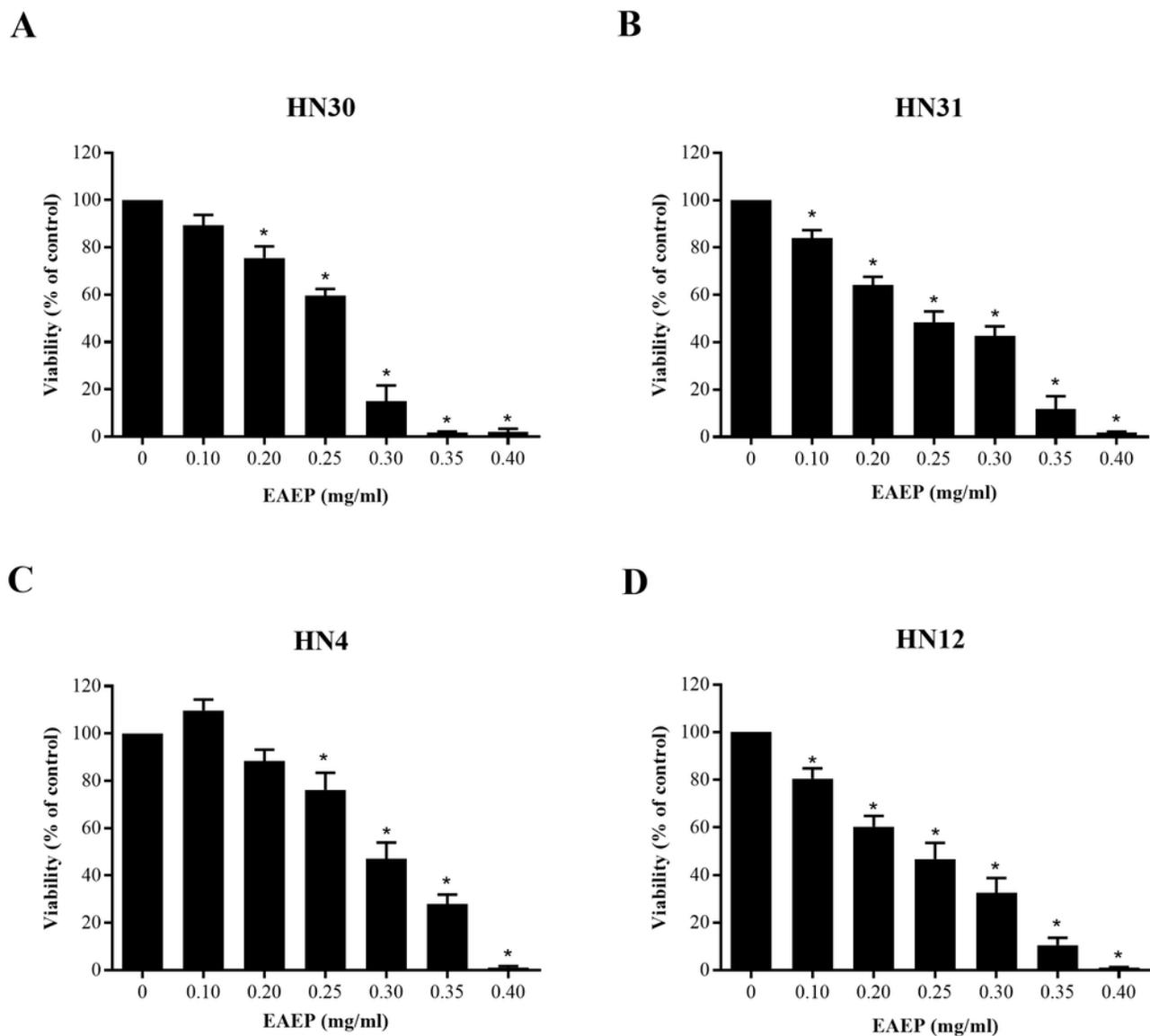
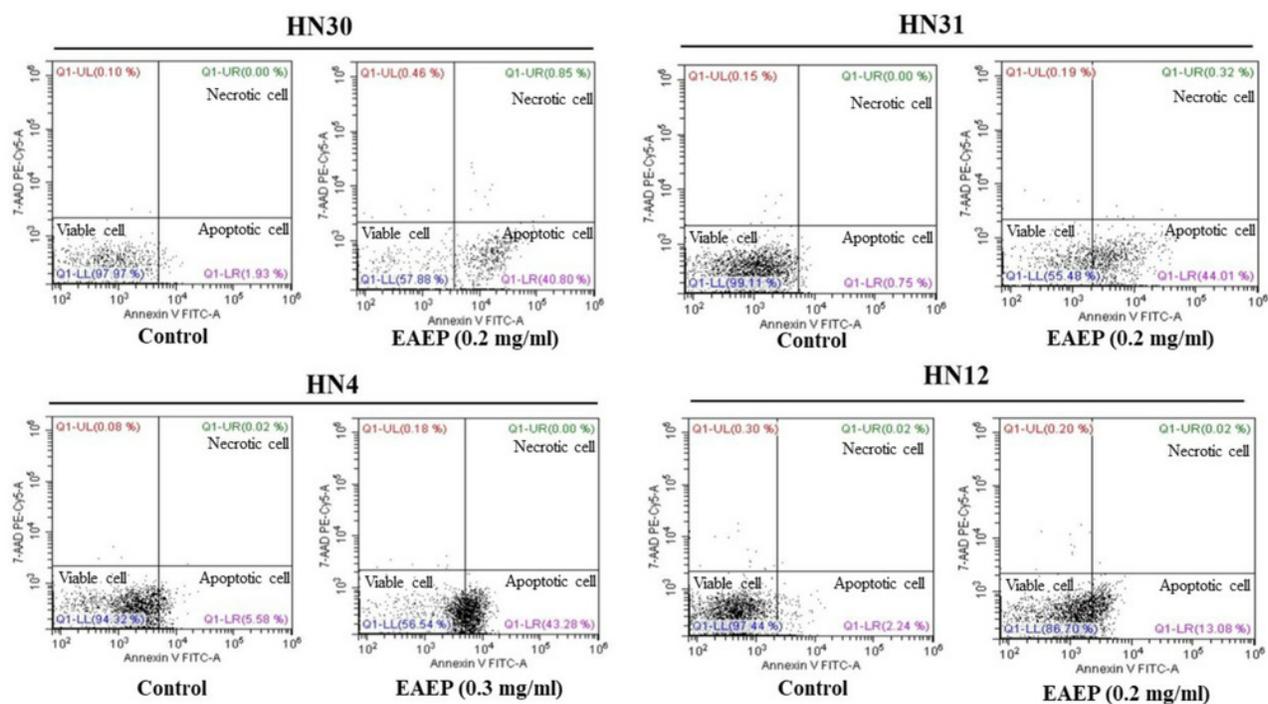


Figure 2

Effect of EAEP on HNSCC cells, after treatment for 24 h, evaluated by flow cytometry.

(A) Dot plots of apoptosis assay are displayed with Annexin V-FITC (X-axis)/ 7-AAD-PE (Y-axis). (B) Percentage of apoptotic cell HN30, HN31, HN4, and HN12 cells treated with EAEP at concentrations of 0.2, 0.2, 0.3 and 0.2 mg/ml respectively for 24 h. Bars represent means \pm SEM of three independent experiments (n=3). * $P < 0.05$ compared with the control.

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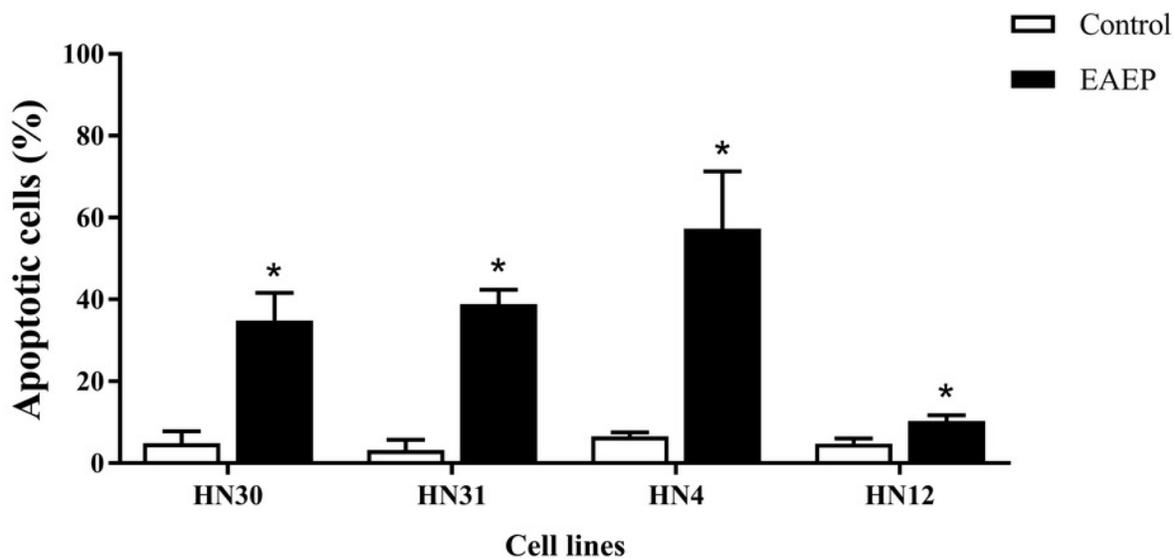


Figure 3

EAEP decreased HNSCC cell invasion.

A non-cytotoxic dose of EAEP was used to treat HN30, HN31, HN4 and HN12 cells. (A) Representative images of cells that invaded onto the underside of polycarbonate filters coated with Matrigel membrane from Boyden chemoinvasion assays at 400× magnification under a light microscope. (B) Number of cells of each field was counted under a microscope at 400× magnification. Values are the mean±SEM of three independent experiments (n=3) of. * $P < 0.05$ compared with the control.

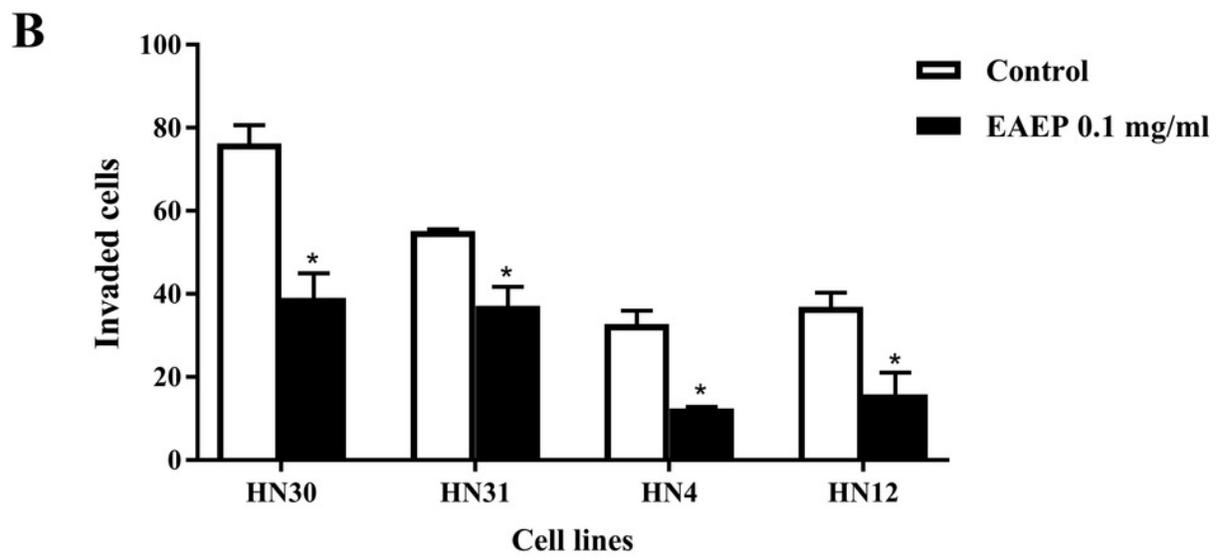
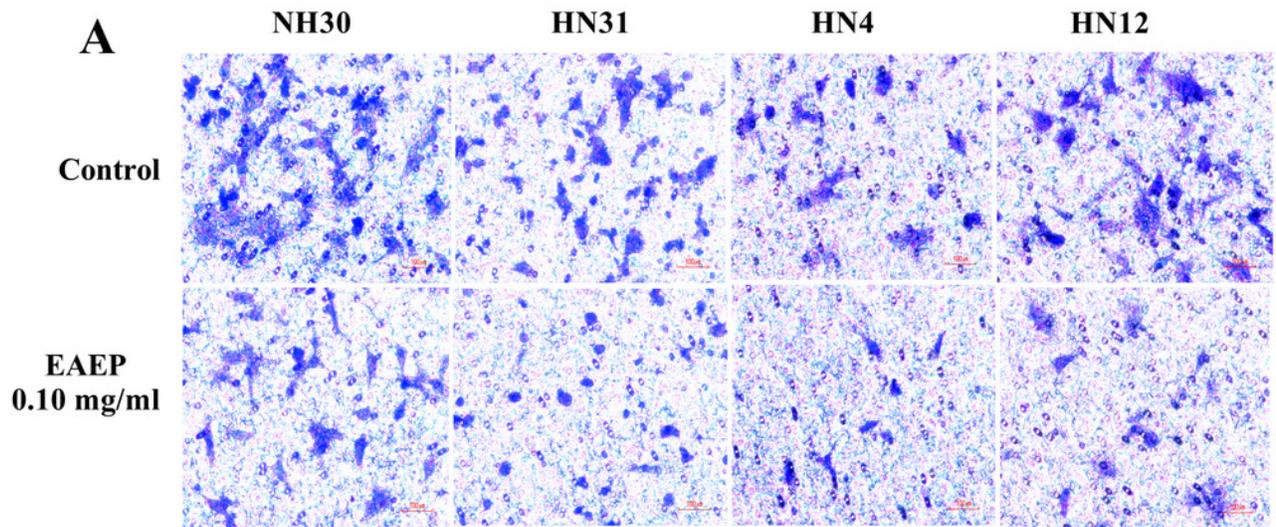


Figure 4

EAEP reduced MMP activities.

EAEP (0.1 mg/ml) was used to treat the cancer cells for 48 h and MMP activities in conditioned media of (A) HN30 and HN31, and (B) HN4 and HN12 cells were detected using zymography. GeneTools software was used to quantify gelatinolytic bands of (C) MMP-2 and (D) MMP-9 activities. Bars represent means \pm SEM of three independent experiments (n=3). * $P < 0.05$ compared with the control.

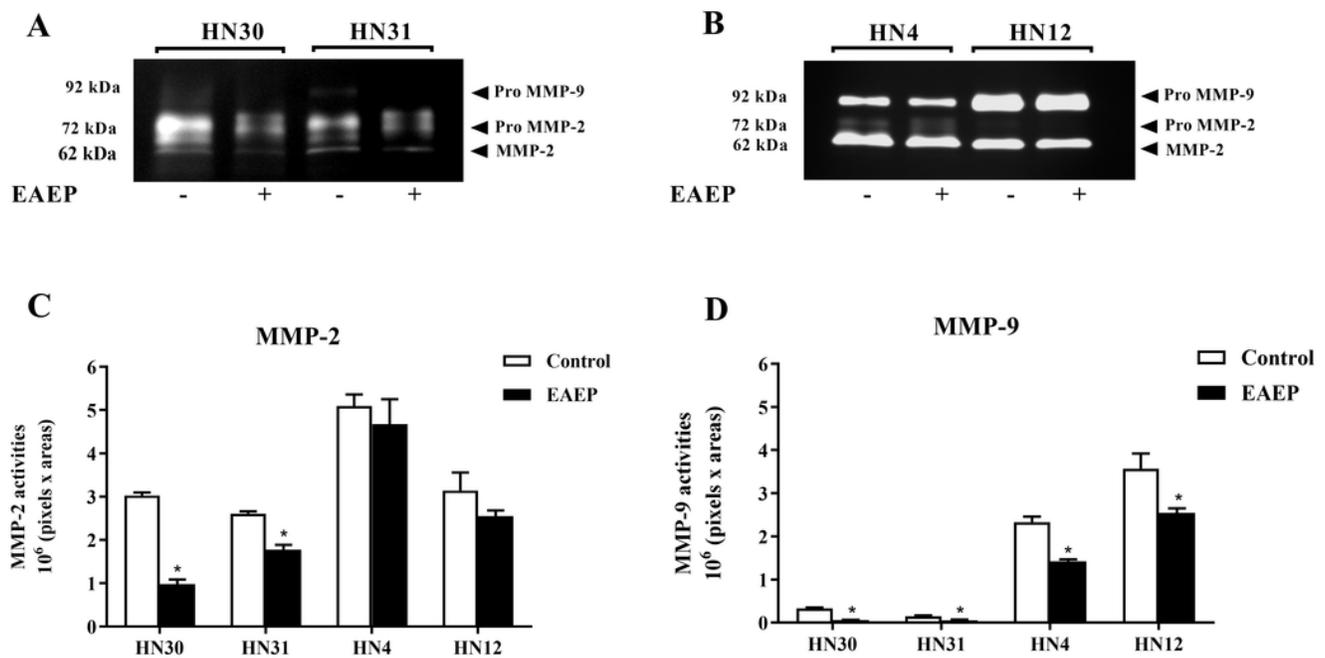


Figure 5

HPLC-ESI-TOF-MS analysis of EAEP.

(A) Total ion chromatogram (TIC) of blank solution, (B) EAEP sample and (C) standard compounds [apigenin (Cmpd 1, 24.7 min) and galangin (Cmpd 2, 32.9 min)] by negative mode HPLC-ESI-TOF-MS.

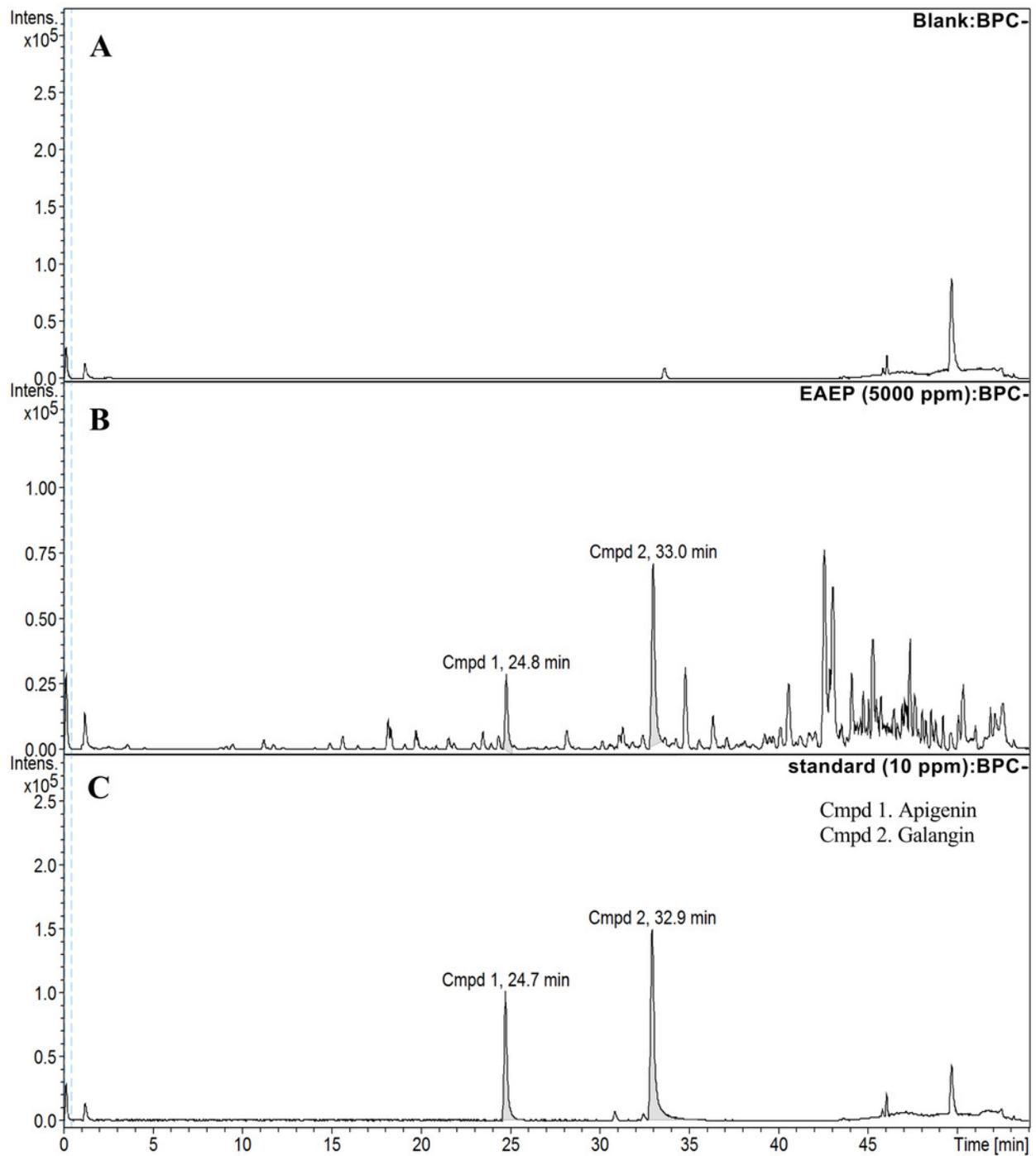


Figure 6

Concentration and putative structure of compounds in EAEP.

(A) Concentrations of apigenin and galangin in EAEP measured by HPLC-ESI-TOF-MS. (B) The chemical structure of apigenin and galangin.

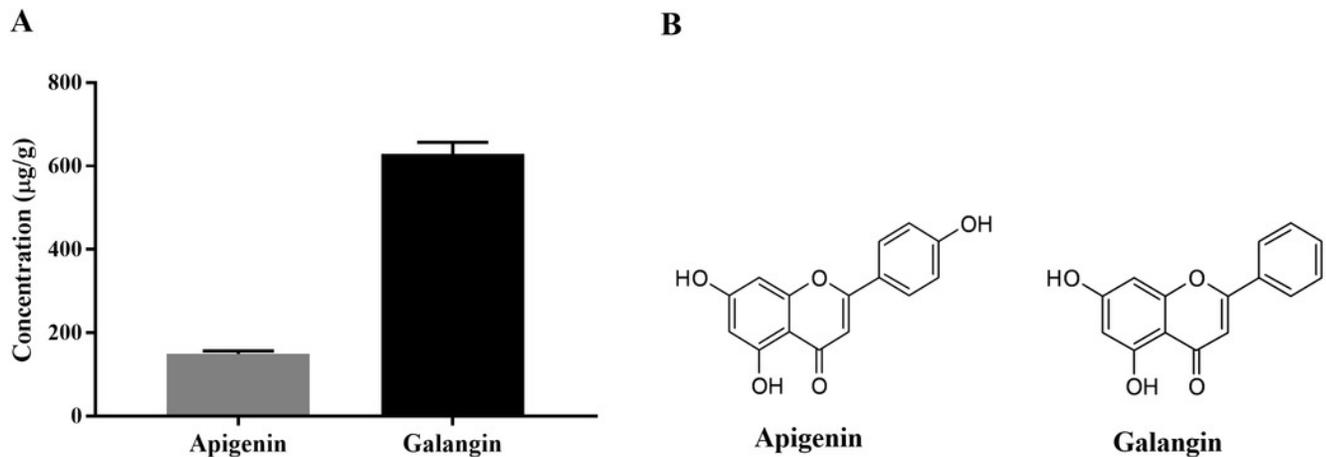


Table 1 (on next page)

Retention time, calculated and detected masses, calculated formula, concentration and putative identification of the two compounds in EAEP analyzed by HPLC-ESI-TOF-MS.

1 **Table 1:**

2 **Retention time, calculated and detected masses, calculated formula, concentration and**
3 **putative identification of the two compounds in EAEP analyzed by HPLC-ESI-TOF-MS**

Peak	Retention time (min)	Calculated mass [M-H] ⁻ (m/z)	Detected mass [M-H] ⁻ (m/z)	Calculated formula [M-H] ⁻	Concentration (μg/g)	Putative Identification
Cmpd 1	24.8	269.0455	269.0465	C ₁₅ H ₉ O ₅	149.0	Apigenin
Cmpd 2	33.0	269.0455	269.0471	C ₁₅ H ₉ O ₅	628.6	Galangin

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