

Prevalence and Characterization of Extended-Spectrum β -Lactamase-Producing *Escherichia coli* and *Klebsiella pneumoniae* Isolated from Raw Vegetables Retailed in Southern Thailand

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Abstract

Background. The increasing prevalence of broad-spectrum ampicillin-resistant and third-generation cephalosporin-resistant Enterobacteriaceae, particularly *Escherichia coli* and *Klebsiella pneumoniae*, has become a global concern, with its clinical impacts on both human and veterinary medicine. This study examined the prevalence, antimicrobial susceptibility, and molecular genetic features of extended-spectrum β -lactamase (ESBL)-producing *E. coli* and *K. pneumoniae* isolates from ten types of raw vegetables.

Methods. In total, 305 samples were collected from nine markets in Nakhon Si Thammarat, Thailand, in 2020.

Results. Fourteen ESBL-producing *E. coli* ($n=?$) and *K. pneumoniae* ($n=?$) isolates (1.6% and 3.0%, respectively) were highly sensitive to β -lactam/carbapenem antibiotics (imipenem, 100%), while eight were sensitive to non- β -lactam aminoglycosides (amikacin and gentamicin, 85.71%). ESBL producers were most resistant to β -lactam antibiotics including ampicillin (85.71%) and the cephalosporins cefotaxime and ceftazidime (64.29%). The *bla_{SHV}* gene was the most frequently detected in ESBL-producing *E. coli* and *K. pneumoniae*. However, two ESBL-producing *E. coli* producers also carried three other ESBL-encoding genes, *bla_{TEM}*,

Commented [DEDP1]: The title of the manuscript mention prevalence of ESBL producing *E. coli* and *K. pneumoniae*. In the first section of the results the following statement was made: ESBL-producing *E. coli* and *K. pneumoniae* isolates were found in 14 of the 305 samples obtained from seven out of ten types of vegetables (4.6% of the total).

It is important to incorporate information on prevalence in the vegetables, before describing the genes screened for.

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bla_{CTX-M1}, *bla_{GES}* and *bla_{TEM}*, *bla_{SHV}*, *bla_{CTX-M9}*, which may be due to their association with food chains and humans.

Discussion. Indeed, our results suggest that raw vegetables are an important source of ESBL-resistant *E. coli* and *K. pneumoniae*, which are **potentially transmittable** to humans via **raw** vegetable intake.

Introduction

Extended-spectrum β -lactamase (ESBL)-producing **microorganisms**, particularly *Escherichia coli* and *Klebsiella pneumoniae*, produce nosocomial infections in patients and can also affect communities of healthy people (1-3). The increasing prevalence of ESBL-producing strains has enhanced the possibility of the development of β -lactam antibiotic resistance (2, 4). This will exacerbate global public health problems and thus requires resolution. Outside of nosocomial infections, ESBL-producing *E. coli* and *K. pneumoniae* have emerged as community infection concerns, causing severe infections, such as urinary and respiratory tract infections and bacteremia (2, 4, 5). It is, therefore, crucial to **identify** ~~disseminate~~ the sources of ESBL-producing *E. coli* and *K. pneumoniae*.

Raw vegetables are considered exceptional human food due to their convenience for uncooked **consumption**. In addition, consumers deem vegetables more advantageous to health; thus, there has been a noted increase in the consumption of vegetables instead of foods produced from **animals**. However, uncooked vegetables can have high microbial contamination, which, in turn, could lead to a high rate of cross-contamination events (**microbes-vegetables-human**) (3, 6-8). In fact, it has been reported that ESBL-producing **bacteria** could be present in fresh vegetables such as iceberg lettuce, spinach, and tomato (9, 10). However, studies on the incidence of ESBL-producing bacteria in fresh vegetables, which are commonly found and consumed in tropical countries such as Thailand, remain to be limited.

Thus, this study aimed to examine the prevalence and characteristics of ESBL-producing *E. coli* and *K. pneumoniae* in common raw vegetables found in Southern Thailand. The associations between ESBL-encoding genes and ESBL-producing strains were characterized to correlate data with those previously obtained in isolates from other food and clinical sources.

Materials & Methods

Vegetable collection

In total, 305 samples derived from ten common types of edible vegetables were included in this analysis: Thai yardlong beans (34), Thai eggplant (44), winged bean (25), young cashew leaves (20), Thai basil (36), cabbage (21), cucumber (36), tomato (31), long coriander (32), and lettuce (26). These were bought randomly between September 2020 and October 2020 from four and five local retail markets in Tha Sala and Mueang districts, respectively, in Nakhon Si Thammarat, Thailand. After purchase, the vegetable samples were collected in sterile containers, maintained under 4°C, and tested within 24 h.

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79 Bacteria identification process and ESBL-producing bacteria **isolation**
80 About 25 g of each samples was weighed, suspended in 225 mL of 0.1% buffered peptone water
81 (Oxoid, Hampshire, UK), and incubated at 37°C for 24 h. These microbial enrichments were
82 streaked onto ESBL **selective** agar (HiMedia Laboratories, Mumbai, India), followed by
83 incubation at 37°C for 24 h under aerobic conditions to select for ESBL-producing bacteria. **The**
84 suspected Enterobacteriaceae colonies of *E. coli* (pink to purple) and *K. pneumoniae* (bluish
85 green) were sub-cultured onto nutrient agar (Oxoid) at 37°C for 24 h, followed by biochemical
86 identification using Vitek2 (bioMérieux, Marcy l'Etoile, France). All the *E. coli* and *K.*
87 *pneumoniae* isolates were then identified and confirmed by matrix-assisted laser desorption
88 ionization/time-of-flight mass spectrometry (MALDI-TOF MS) (11). All the confirmed isolates
89 were stored at 2°C–8°C until antimicrobial drug susceptibility testing and ESBL production
90 investigation.

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92 Screening of **presumptive** ESBL-producing isolates
93 The standard disk diffusion method was performed by placing β -lactam ring drugs ceftazidime
94 (CAZ) (30 μ g) and cefotaxime (CTX) (30 μ g) on disks. The amount of bacteria was adjusted by
95 0.5 McFarland standard, and the suspension was inoculated onto Mueller-Hinton agar (Oxoid) by
96 sterile cotton swab. Thereafter, the drug disks were placed on inoculated plates and were
97 incubated at 37°C for 24 h. Isolates presenting an inhibition zone to CTX (≤ 27 mm) and CAZ (\leq
98 22 mm) around the disks were **regarded/implied** as **presumptive β -lactam ring drug-resistant or**
99 ESBL-producing strains, based on Clinical and Laboratory Standards Institute (CLSI) **guidelines**.

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101 Confirmation of ESBL-producing isolates
102 The double-disk synergy method was performed to confirm ESBL production **of the presumptive**
103 **positive isolates after identification of inhibition zones**. *E. coli* and *K. pneumoniae* suspensions
104 were placed onto Mueller-Hinton agar (MHA). Then, 30 μ g of CTX and CAZ disks was placed
105 on the center of the plate, followed by CTX and CAZ plus clavulanic acid (30/10 μ g) disks at a
106 distance of 20 mm from the central disk in the same plate (CLSI 2020). All plates were incubated
107 at 37°C for 24 h and was considered as an ESBL-producer when there was a ≥ 5 mm increase in
108 the zone of inhibition with CTX or CAZ disk with clavulanic acid in comparison to CTX or CAZ
109 alone.

111 Antibiotic sensitivity test
112 To assess the antibiotic sensitivity profile of ESBL-producing *E. coli* and *K. pneumoniae* isolated
113 from the vegetables, ~~the~~ Kirby-Bauer disk diffusion technique was **used**. Isolates were
114 suspended and inoculated onto MHA, and then β -lactam ring antibiotic disks were placed on the
115 cultured disks. These plates contained 10 μ g each of ampicillin (AMP), imipenem (IPM),
116 meropenem (MEM), tetracycline (TE), gentamicin (CN), or cefpodoxime (CPD) or 30 μ g each
117 of amikacin (AK), CTX, ceftriaxone (CRO), CAZ, or aztreonam (ATM) and were incubated at
118 37°C thereafter. The inhibited zone was measured by using sliding calipers and interpreted via

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comparison with the Kirby-Bauer inhibited zone chart, as recommended by CLSI guidelines. *K. pneumoniae* ATCC 700603 and *E. coli* ATCC 25922 were used as positive and negative control strains, respectively, to monitor the quality of susceptibility testing and ESBL detection methods. Multidrug resistance (MDR) is defined as a resistance to at least one agent in ≥ 3 antimicrobial classes (12, 13).

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Genotypic Characterization of ~~genotypic~~ ESBL-producing isolates
Standard polymerase chain reaction (PCR) was performed to screen for the presence of seven ESBL genes: blaTEM, blaSHV, blaCTX-M1, blaCTX-M9, blaGES, blaVEB, and blaPER using specific primers described in Table 1. PCR reactions contained 1× buffer, 1.5 mM of MgCl₂, 400 μM of dNTPs, 0.2 μM of forward and reverse primers each, and 1 U Taq polymerase and the concentration of DNA template, depending on specific primers. The PCR cycling conditions were dependent on their specific primers of the targeted gene as tabulated in Table 1. After PCR processing, PCR products were analyzed by agarose gel electrophoresis.

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Commented [DEDP17]: Were these primers for Group 9? Please look at the following article which clarifies the groups and variants of genes very nicely: Njage, P.M.K., Buys, E.M. (2014). Pathogenic and commensal *Escherichia coli* from irrigation water 512 show potential in transmission of extended spectrum and AmpC β-lactamases determinants to 513 isolates from lettuce. *Microbial Biotechnology*, 8, 462–473. doi: 10.1111/1751-7915.12234.

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DNA extraction
DNA extraction was performed via AccuPrep Genomic DNA Extraction Kit (Bioneer, South Korea). Briefly, the bacterial suspension was centrifuged at 1,200 rpm, and the supernatant was removed. The pellet was washed with phosphate-buffered saline. After centrifugation, the supernatant was removed, and 20 μL of proteinase K was added. Tris-EDTA (TE) buffer was added to the DNA, and the final solution was adjusted for direct use as a PCR template.

Enterobacterial repetitive intergenic consensus-polymerase chain reaction (ERIC-PCR) and DNA amplification
Primers of 5'-ATG TAA GCT CCT GGG GAT TCA C-3' (F) and 5'-AAG TAA GTG ACT GGG GTG AGC G-3' (R) were used designed for ERIC-PCR amplification (14-16). The total volume was 25 μL for each reaction, including 2 μL of template DNA (*E. coli* or *K. pneumoniae*), 5.2 μL of mastermix, 0.25 μL of forward and reverse primers (100 μM), and 17.3 μL of deionized water. The thermocycler was then run for 30 cycles of denaturation (95°C), annealing (48°C), and extension (72°C) steps for 60 s each. Deionized water and bacterial DNA of *E. coli* and *K. pneumoniae* strains) were then used as negative and positive controls, respectively.

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Polymerase chain reaction products and gel electrophoresis
The ERIC-PCR products were electrophorized on a 1.5% agarose gel in loading buffer. A 100-base pair (bp)-DNA marker (Fermentas) was used as a standard measuring means. The gel bands were observed by UV light.

Dendrogram and phylogenetic relationships

The DNA band pattern from the *E. coli* and *K. pneumoniae* samples from gel electrophoresis regarding ERIC-PCR products was used as a generational structure for dendrogram analysis using the GelClust free software. For constructing a computerized dendrogram, the presence and absence of bands were presumed as 1 and 0, respectively. The dendrogram was then designed using the unweighted pair-group method with arithmetic mean, which is categorized in clustering methodologies and is based on clustering analysis.

Results

Prevalence of ESBL-producing *E. coli* and *K. pneumoniae* bacteria

ESBL-producing *E. coli* and *K. pneumoniae* isolates were found in 14 of the 305 samples obtained from seven out of ten types of vegetables (4.6% of the total) (Table 2). The highest frequencies of both ESBL-producing bacterial species were found in Thai yardlong beans (3/34, 8.8%) and Thai basil (3/36, 8.3%), followed by winged beans (2/25, 8%), tomato (2/31, 6.5%), and cucumber (2/36, 5.6%), with minimal detection in long coriander (1/32, 3.1%) and Thai eggplant (1/44, 2.3%). Meanwhile, ESBL producers were not detected in young cashew leaves, cabbage, or lettuce (Table 2 and 3).

ESBL-producing *K. pneumoniae* isolates were more frequently found than *E. coli* strains at 9/14 (64.29%) and 5/14 (35.71%), respectively. Nine *K. pneumoniae* isolates that produced ESBL were variously distributed in several vegetables in this study. Only one out of nine *K.*

pneumoniae isolates (11.11%) was obtained from each of represented in five types of vegetables, i.e., Thai eggplant, winged beans, Thai basil, cucumber, and long coriander, and four of the nine isolates (22%) were found in Thai yardlong beans and tomato (two each). Five ESBL-producing *E. coli* isolates were found in four types of vegetables. Two isolates were most frequent in Thai basil (40%), and one isolate (20%) was detected in each vegetable including Thai yardlong beans, winged beans, and cucumber (Table 2 and 3).

Interestingly, both ESBL-producing *E. coli* and *K. pneumoniae* isolates were present among four specific vegetables, namely, Thai yardlong beans, Thai basil, winged beans, and cucumber (Table 2). There was an equal proportion (1:1) of ESBL-producing *E. coli* and *K. pneumoniae* isolates in both winged beans and cucumber. Moreover, ESBL-producing *E. coli* and *K. pneumoniae* were frequently found in Thai basil and Thai yardlong beans. More ESBL-producing *E. coli* isolates were detected in Thai basil than in Thai yardlong beans (2:1), which was in contrast to the proportion found in these vegetables (1:2) with another ESBL-producing *K. pneumoniae* (Table 2).

Indeed, both the ESBL-producing *E. coli* and *K. pneumoniae* were widely distributed in seven out of ten edible vegetables and were more frequent in Thai yardlong beans and Thai basil samples than in other vegetables. Individually, the most frequent ESBL-producing *E. coli* was found in Thai basil, whereas the most frequent ESBL-producing *K. pneumoniae* was found in Thai yardlong beans and tomato.

Antibacterial susceptibility phenotype

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Eleven antibiotic agents of five classes (both of β -lactam and non- β -lactam ~~ring~~) were used to assess the antimicrobial susceptibility of ESBL-producing *E. coli* and *K. pneumoniae* isolates from ten common edible vegetables in Southern Thailand by disk diffusion method. All 14 isolates (100%) were strongly sensitive to IPM, followed by AK/CN, MEM/TE, ATM, CRO, CPD, CTX/CAZ, and AMP (Table 4).

All ESBL-producing *E. coli* isolates were sensitive to not only IPM but also CN with 100% susceptibility (5/5). The frequency of sensitivity in ESBL-producing *E. coli* isolates decreased in AK, TE/ATM, and AMP/MEM/CRO/CPD by 80% (4/5), 60% (3/5), and 40% (2/5), respectively. Furthermore, only one isolate (20%) exhibited intermediate activity against AK and CPD (Table 4). ESBL-producing *K. pneumoniae* isolates were also determined to be all susceptible to carbapenem IPM and MEM antibiotics (100%, 9/9). These strains were also highly sensitive to TE/AK (88.89%, 8/9), CN/ATM (77.78%, 7/9), CRO (66.67%, 6/9), and CTX/CAZ/CPD (55.56%, 5/9), respectively. Intermediate sensitivity was showed with AK and CRO (1/9 isolate of each) against *K. pneumoniae*, representing 11.11% of the total sample (Table 4).

The presence of IPM and AK sensitivity against ESBL-producing *E. coli* and *K. pneumoniae* is promising; however, these strains were also resistant to several antibiotics (Tables 4 and 5). In total (n = 14), both ESBL producers (12) were found to be resistant to AMP (85.71%), followed by CTX/CAZ (9, 64.29%), CPD (6, 42.86%), CRO (5, 35.71%), ATM (4, 28.57%), MEM/TE (3, 21.43%), and CN (2, 14.29%).

The antibiotic-resistant profile of ESBL-producing *E. coli* (n = 5) was established as 100% of CTX/CAZ (5/5), 60% of AMP/MEM/CRO (3/5), and 40% of TE/CPD/ATM (2/5). All isolates of ESBL-producing *K. pneumoniae* (n = 9) were completely resistant to AMP (100%), followed by CTX/CAZ/CPO (4, 44.44%), CN/CRO/ATM (2, 22.22%), and TE (1, 11.11%) (Table 4).

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Multidrug resistance patterns

MDR is defined as bacteria's resistance to antibiotics or to at least one agent in three or more antimicrobial classes (12). Here, seven out of 14 (50%) of *E. coli* and *K. pneumoniae* isolates were MDR. There were three *E. coli* MDR isolates (60%) and four *K. pneumoniae* MDR isolates (44.44%) (Tables 5, 6). Interestingly, the *E. coli* isolate (A60301) obtained from Thai yardlong beans at a market in Mueang exhibited more resistance (63.64%) than sensitivity (36.36%). ~~The MDR analysis showed that patterns of this isolate were resistant to present in four classes of antibiotics and were resistant to seven out of 11 antibiotics in total. Another isolate (E50501) of ESBL-producing *E. coli* from Thai basil in Tha Sala also had an MDR profile including four antibiotic classes and was resistant to five out of 11 antibiotics. However, this isolate had slightly more antibiotic sensitivity (54.55%) than resistance (45.45%). The proportional sensitivity was similar to that in MDR isolate (C30501). An MDR *E. coli* isolate derived from an MDR *K. pneumoniae* (A80301) was also isolated from Thai yardlong beans in Mueang district and was resistant to four classes of antibiotics (6/11) and exhibited greater resistance (54.55%) than sensitivity (45.45%). Although the *K. pneumoniae* isolates (B90101, C70101, and G70301) were~~

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obtained from several vegetables (Thai eggplant, winged bean, and cucumber, respectively) in different Mueang markets, all exhibited MDR to three classes of antibiotics (3/11), though these isolates were more susceptible (72.73%) to eight other antibiotics in comparison with their resistance (27.27%). Consequently, these MDR patterns were more frequently found in *E. coli* than in *K. pneumoniae* isolates and were more frequently detected in samples from Mueang markets, which had the highest proportion of contamination in Thai yardlong beans (Table 6). Several of the above isolates showed MDR activity, but their sensitivities to other antibiotics ensure these are still available for infection treatment.

We then characterized seven ESBL-encoding genes (*bla*_{TEM}, *bla*_{SHV}, *bla*_{CTX-M1}, *bla*_{CTX-M9}, *bla*_{GES}, *bla*_{VEB}, and *bla*_{PER}) by PCR and confirmed the identity of these genes by DNA sequencing. This demonstrated that the *bla*_{SHV}-ESBL gene (57.14%) (8/14) was the most prevalent ESBL-encoding gene in the *E. coli* and *K. pneumoniae* (Table 7), with four out of 14 (28.57%) isolates from each species. Notably, there was no detection of other ESBL-coding genes in *K. pneumoniae* isolates. Furthermore, there was limited detection of MDR genes in the *E. coli* isolates, with two (40%) and one (20%) being positive for *bla*_{TEM} and *bla*_{CTX-M1}/*bla*_{CTX-M9}/*bla*_{GES} genes, respectively. There was no detection of *bla*_{VEB} or *bla*_{PER} genes in any of the *E. coli* or *K. pneumoniae* isolates.

Multiple ESBL-encoding genes were found in the *E. coli* isolates (2/5). A60301 and C30501 were isolated from Thai yardlong beans and winged beans from Mueang and Tha Sala markets, respectively, including two sets of three ESBL-coding genes: *bla*_{TEM}/*bla*_{CTX-M1}/*bla*_{GES} and *bla*_{TEM}/*bla*_{SHV}/*bla*_{CTX-M9}. Each ESBL genes amplified from *E. coli* isolates was detected by agarose gel electrophoresis (Figure 1).

Dendrogram relationship of isolated strains of *E. coli* and *K. pneumoniae*

Phylogenetic trees of five *E. coli* isolates were generated by GelClust (Figure 2A). This demonstrated that the A60301 isolate was more closely related to C30501 than to other *E. coli* isolates, with an identity of approximately 73%. The G30501 isolate is probably another strain that is related to the E20301 and E50501 isolates (with 77% identity). The E20301 and E50501 strains were more closely related to each other than to other isolates (~84% identity). The phylogenetics of the five *E. coli* isolates could thus be ~~used~~^{implied} for individual strain identification. Each isolate of *E. coli* obtained from the same vegetable or market was ~~of~~ different strain, but as E20301 and E50501 came from the same vegetables, they were likely to be closely related.

We also created a phylogenetic tree for all isolated *K. pneumoniae* strains, which had a wider range of genetic heterogeneities than was present in the *E. coli* isolates (Figure 2B). The cluster analysis and related dendrogram showed that five molecular genetic clusters were represented individually in each strain of *K. pneumoniae*. The H80301 strain was similar to I70201 (85% identity), although these were the least related to any of the other strains (Figure 2B). G70301 was related with 67% identity to A80301/E20502 and had 55% identity with H30301. The A80301 and E20502 isolates were shown to be of the same strain. Moreover, H30301 showed 60%

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identity with C70101. The final clusters delineated for the relationship of C70101 and A70201/B90101 isolates had 58% identity. A70201 and B90101 were of different strains with 67% identity. The *K. pneumoniae* strains showed a high diversity from all types of vegetables and markets, with each isolate coming from an independent source.

Discussion

Previously, many studies have reported the prevalence of ESBL-producing Enterobacteriaceae bacteria; in particular, *E. coli* and *K. pneumoniae* have been found in human and animal foods and in food-producing animals (3, 13, 17-25). The isolation of both ESBL-producing species from vegetable samples has also been described in many studies (3, 6, 9, 10, 21, 25-28).

Although the prevalence and role of ESBL producers in vegetables, such as cabbages, cucumbers, tomatoes, corianders, and lettuce that are cultivated ubiquitously worldwide, have been examined, there have been few studies on vegetables (yardlong beans, winged beans, basil, eggplant, and young cashew leaves) specifically found in either Thailand or tropical countries and that are frequently consumed in Southern Thailand.

~~In this study, we have determined that the highest prevalence of isolates of ESBL-producing *E. coli* and *K. pneumoniae* producers is in Thai yardlong beans and Thai basil samples, representing 8.3%–8.8% of all samples.~~ This is the first report describing the number of ESBL producers that have been found contaminating Thai basil. ~~In this study, we have determined that the highest prevalence of isolates of ESBL-producing *E. coli* and *K. pneumoniae* producers is in Thai yardlong beans and Thai basil samples, representing 8.3%–8.8% of all samples.~~ Nevertheless, the prevalence of ESBL-producing *E. coli* and *K. pneumoniae* was lower when compared with that of other studies (different types and sample sizes of vegetables), with frequencies of 10.1%, 13.3%, 16.4%, and 43.3% (6, 10, 21, 27). Therefore, this may imply that the variation in the prevalence of ESBL-producing strains depends on the sample size collection and types of vegetables tested.

We have determined that the *E. coli* and *K. pneumoniae* strains isolated here contained a range of antibiotic resistance. These isolates were resistant to broad-spectrum AMP (85.71%) and third-generation cephalosporin antibiotics, including CTX, CRO, CAZ, and CPD (40%–70%). Our results are in accordance with a previous review by Falagas and Karageorgopoulos that showed that *E. coli* and *K. pneumoniae* bacteria were high producers of ESBL enzyme, which could hydrolyze many common antibiotics, i.e., penicillin (the same antibiotic class with AMP), cephalosporins, and ATM (carbapenem), leading to the antibiotic resistance in these bacteria (2). Furthermore, Zurfluh et al. reported that 26 isolates of ESBL-producing *E. coli* and *K. pneumoniae* derived from imported vegetables in Dominican Republic, India, Thailand, and Vietnam were resistant to AMP (100%) and to narrow-spectrum cephalosporins: cephalothin (INN) and CTX (88.3%) (27). Kim et al. determined the antibiotic susceptibility of ESBL-producing *E. coli* and *K. pneumoniae*, isolated from sprout samples in South Korea, and showed these were resistant to CTX (100%)(6). Another study showed that all of ESBL-producing *E. coli* isolated from raw vegetables were completely resistant to AMP, CTX, and other antibiotics (piperacillin, cefazoline, and nalidixic acid (28). *E. coli* isolated from fresh vegetables showed

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318 cephalosporin resistance, such as CTX and CAZ (92%) (21). In our study, the most frequent
319 resistance was to cephalosporins, such as CTX and CAZ (100%) and AMP (60%) in *E. coli* only,
320 which was not only consistent with the above reports for isolates from raw vegetables but also
321 for isolates from clinical specimens (60%–62% to cephalosporins) and healthy subjects (72% to
322 AMP) in low- and middle-income countries (1, 5, 21, 28). The resistant patterns from sources of
323 *E. coli* may be associated with each other because of transmission of resistant genes between
324 human and environments. Moreover, in this study, MDR patterns in *E. coli* (21.43%) as well as
325 *K. pneumoniae* (28.57%) were present in 50% of ESBL-producing isolates that shared resistance
326 of three to four antibiotic classes in β -lactam antibiotics (aminopenicillin, cephalosporin, and
327 carbapenem) and non- β -lactam antibiotics (aminoglycosides and TE). Our results correlated with
328 previously described MDR strains, particularly against β -lactam CTX and non- β -lactam CHL
329 and TE found in iceberg lettuce (26). An MDR *E. coli* strain that was resistant to β -lactam
330 (AMP, INN, and CTX) and non- β -lactam (trimethoprim and TE) antibiotics was isolated from
331 imported Thai yardlong beans to Switzerland (27). Two *E. coli* strains isolated from sprouts were
332 MDR to CTX, CAZ, cefepime, ATM, ciprofloxacin (CIP), and trimethoprim/sulfamethoxazole
333 (6). We have also found strong resistance to multiple antibiotic classes in *E. coli*, highlighting
334 concerns of MDR. Although the presence of MDR in *K. pneumoniae* isolates was higher than
335 that in *E. coli* isolates, other antibiotic sensitivities remained high (except for AMP). Conversely,
336 Bhutani et al. (2015) reported major resistance to CTX (86%) by two *K. pneumoniae* isolates
337 from iceberg lettuce (26).

338 The *K. pneumoniae* strains isolated here commonly carried the blaSHV gene, which was also
339 present in several *E. coli* strains. However, *E. coli* isolates from selected vegetables seem be
340 strong producers of ESBL enzymes via the co-existence of several ESBL-encoding genes. The *E.*
341 *coli* A60301 and C30501 strains isolated from yardlong beans and winged beans carried the
342 blaTEM, blaCTX-M1, and blaGES and the blaTEM, blaSHV, and blaCTX-M9 genes,
343 respectively. Their co-expression may result in stronger ESBL production and increased
344 antibiotic resistance or MDR. Consequently, strong ESBL-producing *E. coli* strains may be
345 harbored in Thai yardlong beans and wing beans.

346 Not surprisingly, the blaSHV genes were frequently found both in *E. coli* and *K. pneumoniae*
347 because this gene is a common genetic type found in the ESBL-producing Enterobacteriaceae
348 family (4, 27). blaSHV and blaTEM were recognized as being ESBL and were initially reported
349 from clinical isolation as were the blaVEB, blaPER, and blaGES genes, although five types of
350 blaCTX-M were originally mainly found in environmental bacteria (*Kluyvera* spp.) (4, 27). The
351 relevant genes are thought to have been mobilized into conjugative plasmids and thus transferred
352 to pathogenic bacteria (27). Community-onset ESBL-associated infections, including urinary and
353 bloodstream system, are principally caused by *E. coli* producing blaCTX-M type ESBLs (27).
354 Therefore, the relevant genes might contribute to the presence of ESBLs in the community
355 transmitted by animal sources to humans via food chains or patient-to-patient transmission (27).
356 Notably, in this study, the A60301 and C30501 *E. coli* isolates that co-harboured expressed those
357 relevant ESBL gene types may be associated as antibiotic-resistant predictors that can pass

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between food chains (vegetable) and human transmission in community if consumers lack good hygiene. Carbapenems are widely regarded as the antibiotics of choice for the treatment of severe infections caused by ESBL-producing Enterobacteriaceae (4). In our study, the antibiotic susceptibility of ESBL-producing *E. coli* and *K. pneumoniae* isolates was completely resistant to carbapenem (IPM) and mostly resistant (85.71%) to aminoglycosides such as AK and CN. Carbapenem sensitivities similar to these have also been noted in other studies (83% and 99.3%–100%) (21, 29). The prevalence of *E. coli* and *K. pneumoniae* isolates was demonstrated by the range of different diversities of strains determined using phylogenetic tree analysis. ESBL-producing bacteria may, therefore, be involved in terms of its spread to community, causing infectious diseases. One of the major limitations of the study is that the collection of detailed data on places of the harvest was not possible. Moreover, we included only two districts, both facts might have its limitation in collecting a true representative sample for Southern of Thailand. Nevertheless, the collection of a truly random sample by one person and investigating all samples in one laboratory might have reduced the variability observed.

Conclusions

As per our findings, it was determined that retail vegetables at local markets in Nakhon Si Thammarat may be reservoirs for the spread of ESBL-producing *E. coli* and *K. pneumoniae*. This may lead to antibiotic resistance through food chain transmission if consumer hygiene is poor. Future studies should investigate the presence of ESBL-producing *E. coli* and *K. pneumoniae* in fresh vegetables and to explore whether the exchange of resistance genes between these ESBL-producing *E. coli* and *K. pneumoniae* and other enterobacterial species in the human gut does indeed occur.

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