

# Improving maize's N uptake and N use efficiency by strengthening roots' absorption capacity when intercropped with legumes

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Maize's nitrogen (N) uptake can be improved through maize-legume intercropping. N uptake mechanisms require further study to better understand how legumes affect root growth and to determine maize's absorptive capacity in maize-legume intercropping. We conducted a two-year field experiment with two N treatments (zero N (N0) and conventional N (N1)) and three planting patterns (monoculture maize (*Zea mays* L.) (MM), maize-soybean (*Glycine max* L. Merr.) strip intercropping (IMS), and maize-peanut (*Arachis hypogaea* L.) strip intercropping (IMP)). We sought to understand maize's N uptake mechanisms by investigating root growth and distribution, root uptake capacity, antioxidant enzyme activity, and the antioxidant content in different maize-legume strip intercropping systems. Our results showed that On average, the N uptake of maize was significantly greater by 52.5% in IMS and by 62.4% in IMP than that in MM. The average agronomic efficiency (AE) of maize was increased by 110.5 % in IMS and by 163.4 % in IMP, compared to MM. The apparent recovery efficiency (RE) of maize was increased by 22.3% in IMS. The roots of intercropped maize were extended into soybean and peanut stands underneath the space and even between the inter-rows of legume, resulting in significantly increased root surface area density (RSAD) and total root biomass. The root-bleeding sap intensity of maize was significantly increased by 22.7%-49.3% in IMS and 37.9%-66.7% in IMP, compared with the MM. The nitrate-N content of maize bleeding sap was significantly greater in IMS and IMP than in MM during the 2018 crop season. The glutathione (GSH) content, superoxide dismutase (SOD), and catalase (CAT) activities in the root significantly increased in IMS and IMP compared to MM. Strip intercropping using legumes increases maize's aboveground N uptake by promoting root growth and spatial distribution, delaying root senescence, and strengthening root uptake capacity.

1 **Improving maize's N uptake and N use efficiency by strengthening roots' absorption**  
2 **capacity when intercropped with legumes**

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## 21 Abstract

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23 uptake mechanisms require further study to better understand how legumes affect root growth  
24 and to determine maize's absorptive capacity in maize-legume intercropping. We conducted a  
25 two-year field experiment with two N treatments (zero N (N0) and conventional N (N1)) and  
26 three planting patterns (monoculture maize (*Zea mays* L.) (MM), maize-soybean (*Glycine max* L.  
27 *Merr.*) strip intercropping (IMS), and maize-peanut (*Arachis hypogaea* L.) strip intercropping  
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29 distribution, root uptake capacity, antioxidant enzyme activity, and the antioxidant content in  
30 different maize-legume strip intercropping systems. Our results showed that On average, the N  
31 uptake of maize was significantly greater by 52.5% in IMS and by 62.4% in IMP than that in  
32 MM. The average agronomic efficiency (AE) of maize was increased by 110.5 % in IMS and by  
33 163.4 % in IMP, compared to MM. The apparent recovery efficiency (RE) of maize was  
34 increased by 22.3% in IMS. The roots of intercropped maize were extended into soybean and  
35 peanut stands underneath the space and even between the inter-rows of legume, resulting in  
36 significantly increased root surface area density (RSAD) and total root biomass. The root-  
37 bleeding sap intensity of maize was significantly increased by 22.7%-49.3% in IMS and 37.9%-  
38 66.7% in IMP, compared with the MM. The nitrate-N content of maize bleeding sap was  
39 significantly greater in IMS and IMP than in MM during the 2018 crop season. The glutathione  
40 (GSH) content, superoxide dismutase (SOD), and catalase (CAT) activities in the root  
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42 increases maize's aboveground N uptake by promoting root growth and spatial distribution,  
43 delaying root senescence, and strengthening root uptake capacity.

44

## 45 Introduction

46 Intercropping produces higher crop yields ( Waghmaref and Singh, 1984; Li et al., 2001;  
47 Beedy et al., 2010), increases nutrients, and water use efficiency (Rahman et al., 2016; Yong et  
48 al., 2018), reduces the need for fertilizers (Liu et al., 2014; Yong et al., 2014; Luo et al., 2016),  
49 and maintains soil fertility (Wang et al., 2015). The cereal-legume intercropping system has  
50 attracted attention in recent years due to legumes' symbiotic nitrogen fixation (Jiao, 2008; Zhang  
51 et al., 2017).

52 The root system absorbs and utilizes soil water and nutrients, which promotes root growth.  
53 Crops may improve soil nutrient absorption through root proliferation in nutrient-enriched  
54 regions (Chilundo et al., 2017). However, root growth and development also affects the soil  
55 nutrient cycle and nutrient availability through root exudates (Li et al., 2007; Coskun et al., 2017;  
56 Meier et al., 2017). The organic acids in root exudates activate soil nutrients (Li et al., 2007) and  
57 modify soil microbial community structure (Baudoin et al., 2003; Haichar et al., 2008; Badri and  
58 Vivanco, 2009). Crops can adapt to the non-uniform distribution of mineral nutrients in soil  
59 through root plasticity (Yu et al., 2014). Root length density (RLD), root weight density (RWD),  
60 and root surface area density (RSAD) can be used to quantify crop root extension and  
61 distribution (Liu et al., 2020; Ren et al., 2017b). Root-bleeding sap is also an important indicator  
62 of root activity as the components of the sap reflect the root system's ability to uptake and  
63 transport substances (Guan et al., 2014; Jia et al., 2018). Previous studies have determined that  
64 intercropping can promote root growth and modify root distribution (Gao et al., 2010; Ren et al.,  
65 2017b; Liu et al., 2020). In one study, maize roots extended into soybean rows and maize RLD  
66 increased in the topsoil layer, while soybean roots were mainly located near the plants (Gao et al.,  
67 2010). In another study, maize in a wheat-maize intercropping system modified its root  
68 distribution and RLD to increase N uptake per unit root length in an area occupied by wheat  
69 crops (Liu et al., 2020). Few studies have been conducted on maize roots in a maize-peanut strip  
70 intercropping system. In addition to root distribution, root bleeding sap intensity is an important  
71 indicator of root activity, and the components of bleeding sap reflect the nutrients of root  
72 absorption and transport (Yang et al. 2016; Zhang et al. 2007b). Intercropping may affect crops'  
73 root bleeding intensity. Planting patterns and maize row spacing decreased root bleeding in  
74 soybeans, which then influenced the nutrient uptake in this maize-soybean relay strip  
75 intercropping system (Yang et al., 2016).

76 Changes in root antioxidation are an emergency response for crops needing to adapt to  
77 variations in the soil environment, e.g., water (Hu et al., 2010), nutrient (Liu and Jiang, 2017;  
78 Yao et al., 2019), heavy metal (Maiti et al., 2012; Zhang et al., 2007a), and salt stress (Zhu et al.,  
79 2004; Shalata and Tal, 2010). Superoxide anion radicals ( $O_2^-$ ) and hydrogen peroxide ( $H_2O_2$ ) are  
80 induced when plants suffer from environmental stress (Bowler et al., 2011; Maiti et al., 2012).  
81 Reactive oxygen species (ROS) are toxic for the growth and development of plants and  
82 antioxidant enzymes. Antioxidants, including superoxide dismutase (SOD), catalase (CAT), and

83 glutathione (GSH), help eliminate the excess ROS and maintain the intracellular homeostasis  
84 (Gill and Tuteja, 2010). If root antioxidation responds quickly, then the soil environment may  
85 delay root senescence (Hu et al., 2010; Mucha et al., 2012). However, few studies have been  
86 conducted on delaying senescence in a root system belonging to a maize-legume strip  
87 intercropping system.

88 Maize-soybean strip intercropping (IMS) and maize-peanut strip intercropping (IMP) are  
89 two popular planting patterns used in Chinese agriculture. Maize has a greater N uptake when  
90 intercropped with legumes (Zhang et al., 2017), which may be the result of belowground  
91 interactions, such as root interactions, interspecific facilitation, and the competitive use of  
92 nutrients (Li et al., 2001; Xia et al., 2013; Liu et al., 2020). Previous studies have shown that  
93 intercropping can increase nutrient uptake by altering root plasticity (Gao et al., 2010; Xia et al.,  
94 2013; Ren et al., 2017a; Liu et al., 2020). However, it is still unclear what impact intercropping  
95 legumes with other plants has on root growth and maize. Additionally, delayed root senescence  
96 and the influence of legumes on antioxidants (e.g., enzyme activity) in the maize root system still  
97 needs further study. Therefore, we hypothesized that maize intercropped with legumes will  
98 increase N uptake by improving the root's spatial distribution by expanding the nutrient  
99 acquisition area, enhancing maize roots' antioxidant capacity to delay root senescence and  
100 increase the nutrient acquisition time, and increasing the root bleeding intensity to strengthen  
101 roots' nutrient acquisition ability. The objective of this study was to clarify the influence of  
102 legumes on the root growth and maize's nutrient use in maize-legume strip intercropping  
103 systems. With this aim, we studied the RSAD, root biomass, root bleeding sap intensity, root  
104 antioxidant enzyme activity, and root antioxidants of maize.

105

## 106 **Materials and methods**

### 107 **Experiment site**

108 Our field experiment was performed in Renshou County (30°16'N, 104°00'E), Sichuan  
109 Province, Southwest China, from April to November during the 2017 and 2018 crop seasons.  
110 The experimental site has a subtropical monsoon humid climate with an annual temperature of  
111 17.4 °C and annual precipitation of 1,009.4 mm. The temperature and precipitation during the  
112 cropping seasons are shown in **Fig. 1**. The soil is anthrosol with a clay loam texture and the  
113 nutritional characteristics of the topsoil are as follows: 14.19 g kg<sup>-1</sup> of organic matter, 1.22 g kg<sup>-1</sup>

114 of total N, 1.95 g kg<sup>-1</sup> of total P, 26.06 g kg<sup>-1</sup> of total K, and an average pH of 8.18.

### 115 **Experimental design and crop management**

116 We designed a split-plot experiment with three replicates. The main variable was N  
117 application rates with no N fertilizer (N0) and conventional N fertilizer (N1); the sub-factor was  
118 planting patterns, including monoculture maize (MM), monoculture soybean (MS), monoculture  
119 peanut (MP), maize-soybean strip intercropping (IMS), and maize-peanut strip intercropping  
120 (IMP). The plots measured 5.8 × 6.0 m. Crop density was 100,000 plants ha<sup>-1</sup> for MM and  
121 200,000 plants ha<sup>-1</sup> for both MS and MP. Rows were spaced 0.5 m apart in all three types. In  
122 MM, plants were spaced 0.2 m apart and for monoculture legumes (MS and MP) plants were  
123 spaced 0.1 m apart. Two rows of maize were replaced by two rows of legumes in the two maize-  
124 legume strip intercropping systems. Spacing between plants was the same as the corresponding  
125 monocultures. Crop density was 50,000 plants ha<sup>-1</sup> for maize and 10,000 plants ha<sup>-1</sup> for legumes.  
126 The conventional N rate (N1) was 240 kg N ha<sup>-1</sup> for MM and 80 kg N ha<sup>-1</sup> for both MS and MP.  
127 The amount of N applied in each intercropping system depended on the proportion of crops  
128 compared to the corresponding monocultures. The total N rate was 120 kg N ha<sup>-1</sup> for  
129 intercropped maize (IM) and 40 kg N ha<sup>-1</sup> for intercropped legumes (MS and MP). P and K  
130 fertilizers were applied at 120 kg P<sub>2</sub>O<sub>5</sub> ha<sup>-1</sup> and 100 kg K<sub>2</sub>O ha<sup>-1</sup> in all planting patterns. We used  
131 the maize cultivar “Xianyu-335”, the soybean cultivar “Nandou-12”, and the peanut cultivar  
132 “Tianfu-18”. Crops were sown and harvested by artificially. In the 2017 planting year, maize  
133 was sown on April 8 and harvested on August 4, soybean was sown on June 9 and harvested on  
134 November 1, and peanut was sown on April 7 and harvested on September 13. In the 2018  
135 planting year, maize was sown on April 5 and harvested on August 1, soybean was sown on June  
136 5 and harvested on November 5, and peanut was sown on April 7 and harvested on September 10.

### 137 **Root growth, antioxidant enzyme activity, and antioxidants content investigation**

138 Maize root samples were collected at the silking stage. We collected three soil cores (P1-P3)  
139 from the maize monoculture (Fig. 2A) and five soil cores (P1-P5) from intercropped maize (Fig.  
140 2C) to determine the roots' spatial distribution. The soil cores were collected using a 10 cm  
141 auger at the base of the maize plant and 25 cm away. Soil cores were collected at 20 cm intervals  
142 to a maximum depth of 100 cm. Maize roots were scanned at a 300 dpi resolution (Epson  
143 expression 10000 XL (Japanese) Co., Ltd). The scanned root images were analyzed using Win-  
144 RHIZO™ software (Régent Instruments Inc., Canada).

145 We collected roots from six maize plants using a traditional excavation method to obtain  
146  $0.20 \times 0.50 \times 0.30$  m soil clods. These samples were used to calculate the total root biomass of a  
147 single plant and determine antioxidant enzymes activities and the antioxidant content of maize.  
148 The root samples were washed in ice water. Three roots samples were dried at  $85\text{ }^{\circ}\text{C}$  to a  
149 constant weight. Three plant roots samples were stored in liquid nitrogen and taken to the  
150 laboratory where they were stored at  $-80\text{ }^{\circ}\text{C}$  for further investigation. SOD activity was  
151 determined using the nitrogen blue tetrazole (NBT) method at  $560\text{ nm}$  (Li et al., 2019). The CAT  
152 activity was determined by measuring the abs decrease at 30 seconds intervals at  $240\text{ nm}$  (Zhang  
153 et al. 2018). The GSH content was measured using the DTNB method (5,5'-dithiobis-2-  
154 nitrobenoic acid) at  $412\text{ nm}$  (Li et al., 2018a). We determined the physiological parameters using  
155 prepared kits (Beijing Solarbio Science & Technology Co., Ltd., Beijing: SOD, BC0170; CAT,  
156 BC0200; GSH, BC1175).

#### 157 **Root bleeding intensity and nitrate-N content investigation**

158 We collected sap from roots using a modified technique from Guan et al. (2014). Three  
159 maize plants were sampled at the twelfth-leaf stage (V12), the silking stage (R1), and the milk  
160 stage (R3). Maize plants were cut 3-4 cm from the internode (about 12 cm above the soil surface)  
161 at 6:00 pm. Skimmed cotton was put into a self-sealing bag, placed on the maize stalk, and fixed  
162 with a rubber band. The sap in the skimmed cotton was collected and weighed after 12 hours.  
163 The weight by difference method was used to estimate the intensity of the bleeding sap (g plant  
164  $^{-1}12\text{h}^{-1}$ ). We determined the nitrate-N content of maize sap using a Cleverchem Anna Random  
165 Access Analyzer (DeChem-Tech.GmbH-Hamburg, Germany).

#### 166 **Plant sampling and determination of plant N content**

167 Three plants were sampled at the maturity stage (R6) in each treatment. Plant samples were  
168 categorized as stems, leaves, or kernel. Samples were dried at  $105\text{ }^{\circ}\text{C}$  for 30 min to kill living  
169 plant tissue. Next, they were dried at  $85\text{ }^{\circ}\text{C}$  to a constant weight. Samples were ground and  
170 passed through a 60-mesh sieve ( $0.25\text{ mm}$ ). We determined the total N-content using a  
171 Cleverchem Anna Random Access Analyzer (DeChem-Tech.GmbH-Hamburg, Germany). The  
172 N-content was measured using the sulfuric acid-sodium salicylate method.

#### 173 **Calculations:**

174 Maize N uptake was calculated as follows:

$$175 \quad \text{N uptake (g plant}^{-1}\text{)} = \text{N concentration} \times \text{Dry matter yield} \quad (1)$$

176 RSAD was defined as the root surface area per unit soil volume, which was calculated using  
177 the following formula:

$$178 \quad RSAD = \frac{S}{V} \quad (2)$$

179 Where RSAD is the root surface area density ( $\text{cm cm}^{-3}$ ), S is the root surface area ( $\text{cm}^2$ ), and  
180 V is the soil sample volume ( $1, 570\text{cm}^3$ ).

181 We used the agronomic efficiency (AE) and apparent recovery efficiency (RE) to determine  
182 maize's N-use efficiency (NUE) under different planting patterns (Gao et al. 2020). The  
183 following equations were used:

$$184 \quad \begin{aligned} & \text{AE (kg kg}^{-1}\text{)} \\ & = \frac{\text{yield with N application (kg kg}^{-1}\text{)} - \text{yield without N application (kg kg}^{-1}\text{)}}{\text{total N application (kg kg}^{-1}\text{)}} \end{aligned} \quad (3)$$

$$185 \quad \begin{aligned} & \text{RE (\%)} \\ & = \frac{\text{Total N uptake with N application (kg kg}^{-1}\text{)} - \text{Total N uptake without N application (kg kg}^{-1}\text{)}}{\text{Total N application (kg kg}^{-1}\text{)}} \\ & \quad \times 100 \end{aligned} \quad (4)$$

186

## 187 **Statistical analysis**

188 We used two-way ANOVA analysis to test the influence of N levels and legumes on N  
189 uptake and the physiological conditions of different planting patterns. Fisher's least significant  
190 difference (LSD,  $\alpha=0.05$ ) was used for data analysis, and our analyses were performed with  
191 SPSS v.22 and Microsoft Excel. SigmaPlot14.0 (Systat Software Inc. USA), Origin 2017  
192 (OriginLab Corporation, USA) and Surfer v. 8.0 (Golden Software LLC, USA) were used to  
193 draw the figures.

## 194 **Results**

### 195 **N uptake and NUE**

196 Intercropping significantly increased maize's aboveground N uptake compared with  
197 monoculture maize in our two-year field experiment (Table 1). On average, the N uptake of  
198 maize stem, leaf, kernel, and total accumulation increased by 27.6%, 35.4%, 63.9%, and 52.5%  
199 in IMS, respectively, and increased by 53.9%, 42.5%, 68.6% and 62.4% in IMP, respectively,  
200 when compared with the MM. The total aboveground N uptake of maize in IMP was 8.4%  
201 greater than IMS in 2017. The N application significantly increased the aboveground

202 accumulation of N in maize in all three planting patterns. Planting patterns significantly  
203 influenced RE, but there was little effect on AE (Table 2). AE was significantly influenced by  
204 the planting year (Table 2). The average maize AE peaked in IMP (7.26 kg kg<sup>-1</sup>), followed by  
205 IMS (6.75 kg kg<sup>-1</sup>), and MM (4.49 kg kg<sup>-1</sup>). AE significantly increased by 110.5% in IMS and  
206 163.4% in IMP, compared to MM. RE increased by 22.3% in IMS and decreased by 2.6% in  
207 IMP compared with MM.

#### 208 **RSAD distribution**

209 The RSAD of monocultured maize indicated that roots had a horizontal symmetrical  
210 distribution (Figs. 3A, 3G, 3D, and 3J). Roots with an asymmetrical distribution was observed in  
211 maize in intercropping systems (Figs. 3B-C, 3H-I, 3E-F, and 3K-L). Maize roots extended into,  
212 under (Fig. 2C), and even across the legume inter-rows (Fig. 2C) (i.e., soybean or peanut rows)  
213 in the intercropping systems. Maize roots were distributed in the 0-60 cm soil layer. The higher  
214 RSAD was observed in the top layers of soil (0-20 cm). Compared with MM, the total RSAD of  
215 maize under P2 (Fig. 2C) significantly increased by 21.5% in IMS and by 24.9% in IMP.  
216 Intercropped maize's RSAD was higher at the P3 site than at the P1 site at most soil depths.  
217 Maize's total RSAD was greater by 11.9% in IMP than in IMS under the N1 treatment. Maize's  
218 total RSAD was lower in IMP by 6.4% than in IMS under the N0 treatment. Lastly, maize's total  
219 RSAD increased using the N application in the different planting patterns.

#### 220 **Root biomass**

221 Maize root biomass was significantly higher in the intercropping system than in the  
222 monocultures (Table 3). Under the N0 treatment, the root biomass of maize was significantly  
223 increased by 52.6% in IMS and 64.7% in IMP compared with the MM. Under the N1 treatment,  
224 maize root biomass significantly increased by 60.4% in IMS and 82.3% in IMP versus MM.  
225 Intercropped maize root biomass was higher in IMP than in IMS and significantly increased by  
226 11.8% in IMP compared with IMS in 2018 (Table 3).

#### 227 **Root bleeding intensity and nitrate-N content of sap**

228 There were significant differences in maize's bleeding intensity in monocultured and  
229 intercropped systems at different stages of growth. The bleeding intensity of maize significantly  
230 increased with the application of N (Table 4). The intensity of the bleeding in maize increased at  
231 the R1 stage and then decreased at the R3 stage as the plant grew. Similar trends were observed  
232 at the same growth stages in different planting patterns. The intensity of bleeding was

233 significantly enhanced in IMS and IMP compared with the MM, independent of the growth state  
234 in maize. Compared with the MM, the bleeding intensity over a two-year average was  
235 significantly increased by 49.3%, 28.4%, and 22.7% in IMS at the V12, R1, and R3 stages,  
236 respectively. The bleeding intensity significantly increased by 66.7%, 40.0%, and 37.9% in IMP  
237 contrast in MM at the V12, R1, and R3 stages, respectively. Maize's nitrate-N content  
238 significantly increased by 87.4% in IMS and by 96.8% in IMP compared with MM (Fig. 4).

### 239 **Antioxidant enzyme activity and antioxidants of root**

240 The antioxidant enzyme activity and antioxidants of the roots were significantly increased  
241 in the intercropping systems compared with the monocultured crops (Fig. 5). The antioxidant  
242 capacity of maize was enhanced by N application with different planting patterns (Fig. 5). The  
243 SOD activity was significantly increased by 53.2% in IMS and 99.8% in IMP compared with  
244 MM (Fig. 5A). The CAT activity was significantly increased by 73.3% in IMS and 113.6% in  
245 IMP compared to MM (Fig. 5B). The GSH content was 26.0% higher in IMS and 32.8% in IMP  
246 than MM (Fig. 5C). The SOD and CAT enzyme activities were significantly greater by 30.2%  
247 and by 23.2% in IMP than in IMS, respectively (Fig. 5A, 5B).

248

### 249 **Discussion**

250 Intercropping increased the nutrient uptake of wheat, soybean, chickpea, and maize. This  
251 effect has been reported in numerous studies ( Li et al., 2003; Li et al., 2004; Zhang et al., 2017).  
252 We found that maize's total aboveground N uptake significantly increased by 52.5% in IMS and  
253 significantly increased by 62.4% in IMP compared with the MM over 2 years. N uptake was  
254 significantly higher by 2.5%-14.3% in IMP than in IMS (Table 1). Maize AE was greater by  
255 110.5% in IMS and 163.4% in IMP than in MM over an average of 2 years. Maize RE in IMS  
256 increased by 36.8% in 2017 and by 7.9% in 2018 compared with MM. RE in IMP was decreased  
257 by 18.9% in 2017 and increased by 13.6% in 2018 compared with MM (Table 2). This effect  
258 may be due to the differences in precipitation during the two cropping seasons. The precipitation  
259 was greater by 109.6% in the 2018 cropping season versus the 2017 cropping season (Fig. 1).  
260 Although N uptake was greater in 2017 than in 2018, similar trends were observed  
261 demonstrating that N uptake was greater in intercropped systems than in MM. Maize's N uptake  
262 may be have been promoted in maize-legumes intercropping, and similar results may be seen  
263 even in the variable environment.

264 Root growth affects crop growth, and nutrient and water uptake. We found that the average  
265 biomass of maize roots was significantly increased by 52.6%-60.4% in IMS and 64.7%-82.3% in  
266 IMP compared with the MM over 2 years (Table 3). A well-developed fine root system replaced  
267 the large root biomass to enhance maize's N uptake (Zeng and Peng, 2017). Maize roots showed  
268 an asymmetric horizontal distribution under IMS and IMP (Figs. 3B-C, 3H-I, 3E-F, and 3K-L).  
269 However, a symmetric distribution of roots was observed in MM (Figs. 3A, 3G, 3D, and 3J). The  
270 competitive use of nutrients and water between the component crops in the intercropping system  
271 was affected by the distribution of the roots ( Xia et al., 2013; Yong et al., 2015; Li et al., 2018b).  
272 The competitive uptake of nutrients and water by the component crops altered the distribution of  
273 nutrients and water in the soil, thus, the crops regulated their root growth and spatial distribution  
274 to obtain the necessary nutrients and water for growth (Yu et al., 2014; Liu et al., 2020). We  
275 found that the intercropped maize's roots extended into the soybean and peanut rows and into the  
276 rows between legumes (Figs. 3B-C, 3H-I, 3E-F, and 3K-L). Our finding is consistent with the  
277 results of previous studies (Gao et al., 2010; Xia et al., 2013). Maize intercropped with legumes  
278 altered maize root distribution and increased their root absorption area. Intercropped maize's  
279 total RSAD under the P2 significantly increased in IMS and IMP compared with MM (Fig.2).  
280 Importantly, maize's RSAD was greater in the interspecific rows between maize and legume  
281 than in intraspecific maize rows at most soil depths (Figs. 3B-C, 3H-I, 3E-F, and 3K-L). The  
282 changes in the roots' spatial distribution and maize's increased root RSAD improved the  
283 aboveground N uptake in the intercropping system versus the MM (Table 1 and Table 2).  
284 Maize's total RSAD and root biomass were greater in IMP than in IMS (Fig. 3, Table 3),  
285 resulting in a higher N uptake in IMP than in IMS (Table 1 and Table 2).

286 Our study confirmed that the root-bleeding intensity was closely related to active nutrient  
287 uptake in the root system. Sap bleeding reflects the roots' physiological activity (Noguchi et al.,  
288 2005) and is affected by the environment and cultivation practices (Guan et al., 2014 ; Yang et  
289 al., 2016; Jia et al., 2018). The intensity of the root-bleeding significantly increased with  
290 intercropping and N application at the different growth stages for maize (Table 4). A previous  
291 study indicated a close relationship between bleeding intensity and root traits in maize (Morita et  
292 al., 2000). Maize intercropped with soybean and peanuts promoted root growth and changed the  
293 root distribution (Fig. 3 and Table 3), leading to a greater root-bleeding sap intensity in IMS and  
294 IMP than in MM at the different growth stages (Table 3). Our results suggested that maize

295 intercropped with soybean and peanuts may enhance the physiological activity of maize roots,  
296 improving N uptake by the roots and aboveground N accumulation (Table 1). The heavy  
297 precipitation in 2018 affected the root-bleeding sap intensity and N uptake of maize when  
298 compared to 2017 (Fig. 1). The root-bleeding sap intensity and N uptake were significantly lower  
299 in 2018 than in 2017 (Table 1) but similar trends were observed showing that for maize roots  
300 bleeding was greater in intercropping than in MM. (Table 4). Sap's nitrate-N content was  
301 significantly higher in intercropped systems compared with MM at the silking stage in 2018. The  
302 nitrate-N content significantly increased by 85.5%-89.5% in IMS and by 91.2%-102.4% in IMP  
303 compared with MM (Fig. 4). These results indicated that maize-legume intercropping could  
304 enhance root activity and increase the N uptake of maize roots.

305 Cultivation practices alter the soil environment to produce nutrient and water stress, and  
306 produce the ROS toxic effect (Hu et al., 2010; Liu and Jiang, 2017; Yao et al., 2019). The ROS  
307 ( $O_2^-$ ,  $H_2O_2$ ) are highly reactive and toxic, damaging DNA, proteins, lipids, and carbohydrates to  
308 ultimately cause cell death (Gill and Tuteja, 2010) and accelerate crop roots senescence. To  
309 eliminate the excess ROS, antioxidant enzyme activities and contents, including superoxide  
310 dismutase (SOD), catalase (CAT), and glutathione (GSH), are increased (Gill and Tuteja, 2010).  
311 We determined the activities of the root SOD and CAT and found that the GSH content of maize  
312 were significantly increased in intercropping systems, compared with the MM (Fig. 5).  
313 Intercropped maize's root SOD activity was significantly increased by 38.5%-67.8% in IMS and  
314 76.5%-123.1% in IMP (Fig. 5A). Its CAT activity was significantly increased by 68.8%-77.8%  
315 in IMS and 101.0%-126.3% in IMP compared with MM (Fig. 5B). The GSH content was  
316 significantly increased by 15.7%-36.4% in IMS and 19.7%-45.8% in IMP compared with MM  
317 (Fig. 5C). These results suggest that intercropping regulated maize roots' intracellular  
318 homeostasis, delayed the maize root senescence, and maintained roots' nutrient acquisition by  
319 avoiding the redox reaction imbalance. Intercropping may increase the N uptake capacity and  
320 prolong the uptake time of the maize root system. Maize roots' SOD and CAT activities were  
321 greater in IMP than in IMS (Figs. 5A and 5B). These results indicated that intercropped maize's  
322 root senescence was slower in IMP than in IMS. Thus, the root absorptive capacity of  
323 intercropped maize was greater in IMP than in IMS (Fig. 4 and Table 3).

## 324 **Conclusions**

325 The maize-legume strip intercropping system significantly increased maize's aboveground

326 N uptake and N use efficiency compared with monocultured maize. Maize's AE was greater in  
327 IMP than in ISM. Its RE was greater in IMS than in IMP. Maize roots extended under soybean  
328 and peanut roots and across the legume inter-rows in the intercropping system. Intercropping  
329 with soybean and peanuts significantly increased the RSAD and total root biomass of maize,  
330 which performed better in IMP than in IMS. Intercropping with soybean and peanuts increased  
331 the roots bleeding sap intensity, root antioxidant enzymes activity, and maize roots' antioxidant  
332 content.

333 Our results suggest that maize intercropped with legumes can enhance the aboveground N  
334 uptake and N use efficiency of maize by promoting root growth, changing the spatial distribution  
335 of the roots, delaying root senescence, and improving root activity. Maize-legume strip  
336 intercropping may reduce the need for N fertilizer and improve N use efficiency.

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340 **References**

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**Table 1** (on next page)

Aboveground N uptake of maize under different N application and planting patterns at the full-maturity stage ( $\text{g plant}^{-1}$ ).

Different lower-case letters indicate significant differences under different planting patterns in the same cropping seasons (LSD,  $P < 0.05$ ). The asterisk (\*) and (\*\*), and (ns) indicate significant difference ( $P < 0.05$ ), highly significant difference ( $P < 0.01$ ), and no significant difference ( $P > 0.05$ ), respectively. MM, monoculture maize; IMS, maize-soybean strip intercropping system; IMP, maize-peanut strip intercropping system. N0, no N fertilizer; N1, conventional N fertilizer.

1

Treatments		Stem		Leaf		Kernel		Total	
		N0	N1	N0	N1	N0	N1	N0	N1
2017	MM	0.40±0.01 c	0.51±0.01 c	0.22±0.01 b	0.29±0.00 b	1.21±0.01 c	1.55±0.03 b	1.82±0.00 c	2.35±0.04 c
	IMS	0.50±0.02 b	0.58±0.02 b	0.37±0.04 a	0.40±0.00 a	1.82±0.05 b	2.44±0.03 a	2.69±0.11 b	3.42±0.11 b
	IMP	0.62±0.02 a	0.70±0.03 a	0.35±0.01 a	0.41±0.02 a	2.10±0.00 a	2.39±0.02 a	3.07±0.01 a	3.50±0.01 a
2018	MM	0.29±0.02 c	0.44±0.01 b	0.12±0.00 b	0.18±0.00 b	0.73±0.04 b	1.26±0.15 b	1.15±0.05 b	1.88±0.06 b
	IMS	0.42±0.02 b	0.56±0.03 a	0.16±0.01 a	0.19±0.01 b	1.47±0.04 a	1.87±0.11 a	2.04±0.05 a	2.62±0.11 a
	IMP	0.54±0.01 a	0.61±0.04 a	0.16±0.02 a	0.25±0.01 a	1.44±0.04 a	1.89±0.17 a	2.14±0.06 a	2.74±0.21 a
ANOVA (F-value)									
Year (Y)		103.51 **		967.26 **		432.25 **		671.93 **	
N application (N)		223.20 **		124.36 **		368.74 **		483.06 **	
Planting patterns (P)		290.14 **		110.01 **		467.23 **		578.35 **	
Y×N		4.14 ns		0.06 ns		0.82 ns		1.76 ns	
Y×P		2.99 ns		34.28 **		6.74 **		8.59 **	
N×P		5.82 **		8.47 **		3.34 ns		2.32 ns	
Y×N×P		2.48 ns		2.02 ns		8.45 **		4.32 *	

2

**Table 2** (on next page)

Agronomic efficiency (AE) and apparent recovery efficiency (RE) of maize as influenced by planting patterns.

Different lower-case letters indicate significant differences under different planting patterns in the same cropping seasons (LSD,  $P < 0.05$ ). The asterisk (\*) and (\*\*), and (ns) indicate significant difference ( $P < 0.05$ ), highly significant difference ( $P < 0.01$ ), and no significant difference ( $P > 0.05$ ), respectively. MM, monoculture maize; IMS, maize-soybean strip intercropping system; IMP, maize-peanut strip intercropping system.

1

	2017		2018	
	AE kg grain kg <sup>-1</sup> fertilizer N	RE (%)	AE kg grain kg <sup>-1</sup> fertilizer N	RE (%)
MM	1.75±1.01 b	22.25±1.44 b	7.24±0.44 a	22.24±0.56 a
IMS	5.41±0.94 a	30.43±4.67 a	8.10±0.78 a	24.00±2.96 a
IMP	7.53±2.44 a	18.05±1.67 b	6.99±0.19 a	25.27±5.99 a
	ANOVA (F-value)			
Year (Y)	7.10 *	0.02 <sup>ns</sup>		
Planting patterns (P)	3.17 <sup>ns</sup>	4.69 *		
Y × P	3.32 <sup>ns</sup>	5.86 *		

2

**Table 3**(on next page)

The total root biomass of maize under different N application rates and planting patterns at the silking stage ( $\text{g plant}^{-1}$ ).

Different lower-case letters indicate significant differences under different planting patterns in the same cropping seasons (LSD,  $P < 0.05$ ). The asterisk (\*) and (\*\*), and (ns) indicate significant difference ( $P < 0.05$ ), highly significant difference ( $P < 0.01$ ), and no significant difference ( $P > 0.05$ ), respectively. MM, monoculture maize; IMS, maize-soybean intercropping system; IMP, maize-peanut intercropping system. N0, no N fertilizer; N1, conventional N fertilizer.

1

Treatments		N0	N1
2017	MM	9.90±1.15 b	10.27±0.70 b
	IMS	15.54±0.32 a	17.98±2.53 a
	IMP	16.42±1.14 a	20.51±1.18 a
2018	MM	9.89±0.32 c	11.52±0.11 c
	IMS	14.66±0.25 b	16.89±0.19 b
	IMP	16.17±0.68 a	19.13±0.79 a
ANOVA (F-value)			
Year (Y)		1.34 <sup>ns</sup>	
N application (N)		45.91 <sup>**</sup>	
Planting patterns (P)		187.85 <sup>**</sup>	
Y×N		0.00 <sup>ns</sup>	
Y×P		2.28 <sup>ns</sup>	
N×P		4.66 <sup>*</sup>	
Y×N×P		1.06 <sup>ns</sup>	

2

**Table 4**(on next page)

The bleeding intensity of maize under different N application and planting patterns (g plant<sup>-1</sup> 12h<sup>-1</sup>).

Different lower-case letters indicate significant differences under different planting patterns in the same cropping seasons (LSD,  $P < 0.05$ ). The asterisk (\*) and (\*\*), and (ns) indicate significant difference ( $P < 0.05$ ), highly significant difference ( $P < 0.01$ ), and no significant difference ( $P > 0.05$ ), respectively. MM, monoculture maize; IMS, maize-soybean intercropping system; IMP, maize-peanut intercropping system. N0, no N fertilizer; N1, conventional N fertilizer. V12, the twelve-leaf-stage of maize; R1, the silking-stage of maize; R3, the milk-stage of maize.

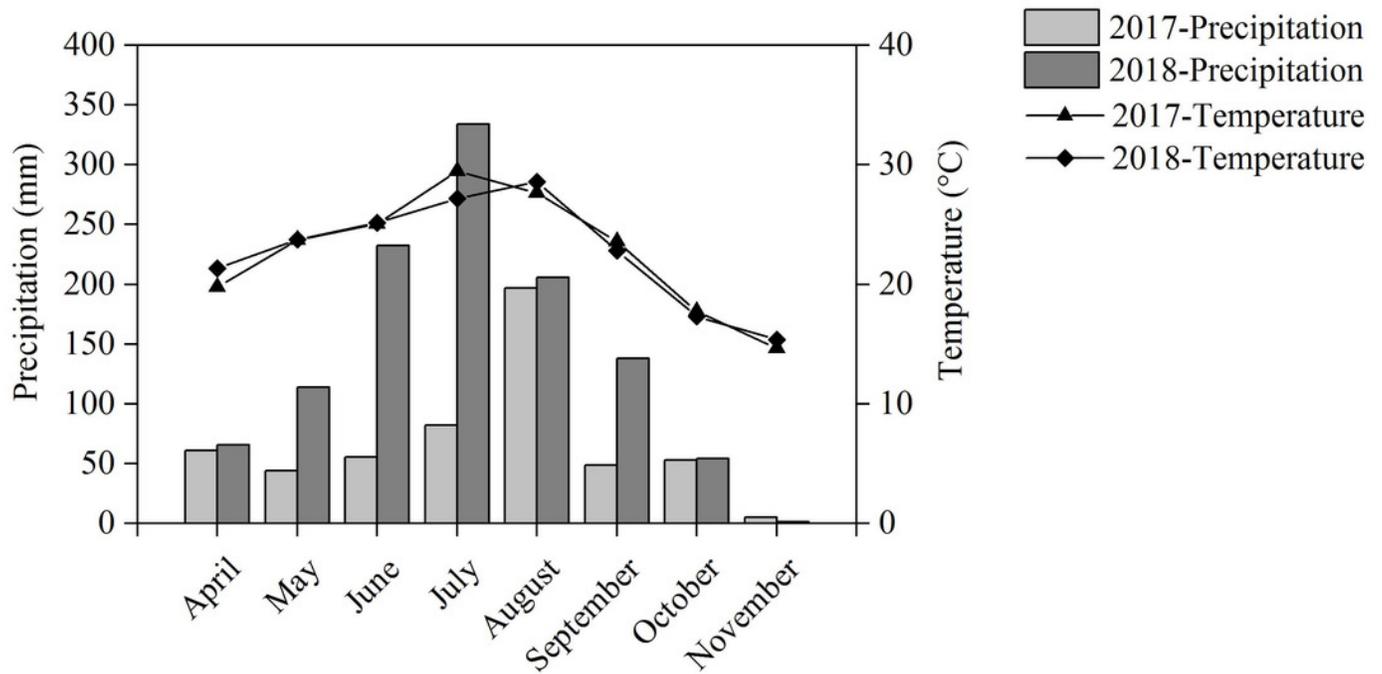
1

Treatments	V12		R1		R3		
	N0	N1	N0	N1	N0	N1	
2017	MM	8.72±0.32 c	8.91±0.50 c	11.59±0.02 c	14.93±0.24 c	8.50±0.33 b	9.78±0.52 b
	IMS	15.28±0.97 b	15.82±0.36 b	17.09±0.67 b	18.84±0.50 b	8.60±0.49 b	9.76±0.67 b
	IMP	17.63±0.96 a	18.18±0.33 a	19.71±0.19 a	22.04±0.65 a	9.65±0.25 a	12.87±0.65 a
2018	MM	10.60±0.09 c	12.87±0.11 c	12.62±1.00 b	13.92±0.32 b	3.96±0.23 b	5.03±0.89 b
	IMS	13.57±0.61 b	14.95±0.39 b	15.44±0.50 a	16.36±0.41 a	5.92±0.54 a	7.06±0.18 a
	IMP	14.48±0.02 a	15.93±0.52 a	15.59±0.17 a	16.50±0.04 a	6.19±0.78 a	7.55±0.40 a
ANOVA (F-value)							
Year (Y)		4.14 **		204.16 **		473.07 **	
N application (N)		37.37 **		119.84 **		73.56 **	
Planting patterns (P)		465.24 **		368.65 **		52.45 **	
Y×N		13.20 **		19.94 **		3.77 ns	
Y×P		93.68 **		76.29 **		11.75 **	
N×P		0.24 ns		3.35 ns		4.37 *	
Y×N×P		1.34 ns		1.18 ns		2.62 ns	

2

# Figure 1

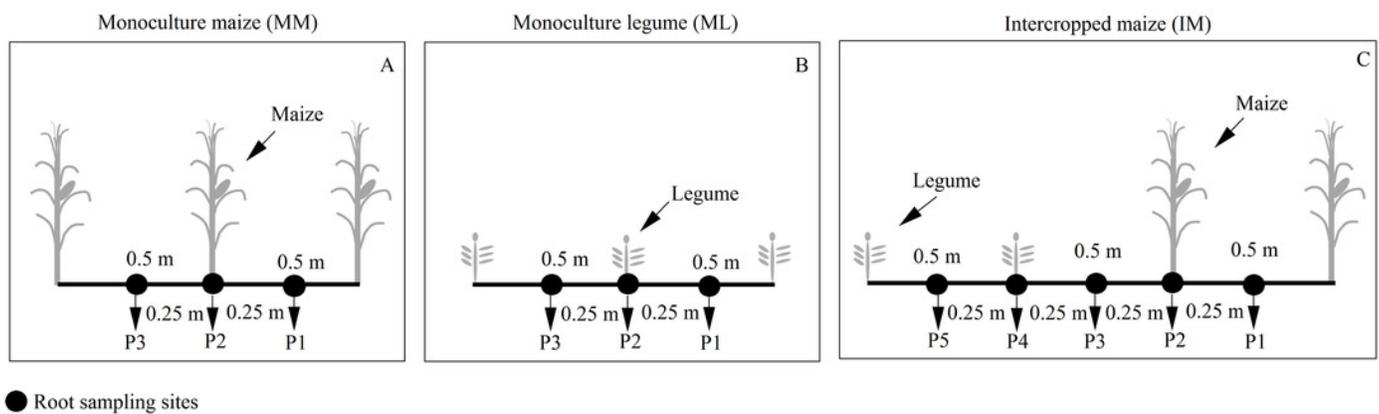
Precipitation and temperature during the cropping season in 2017 and 2018



## Figure 2

Planting patterns and root sampling sites in the field experiment.

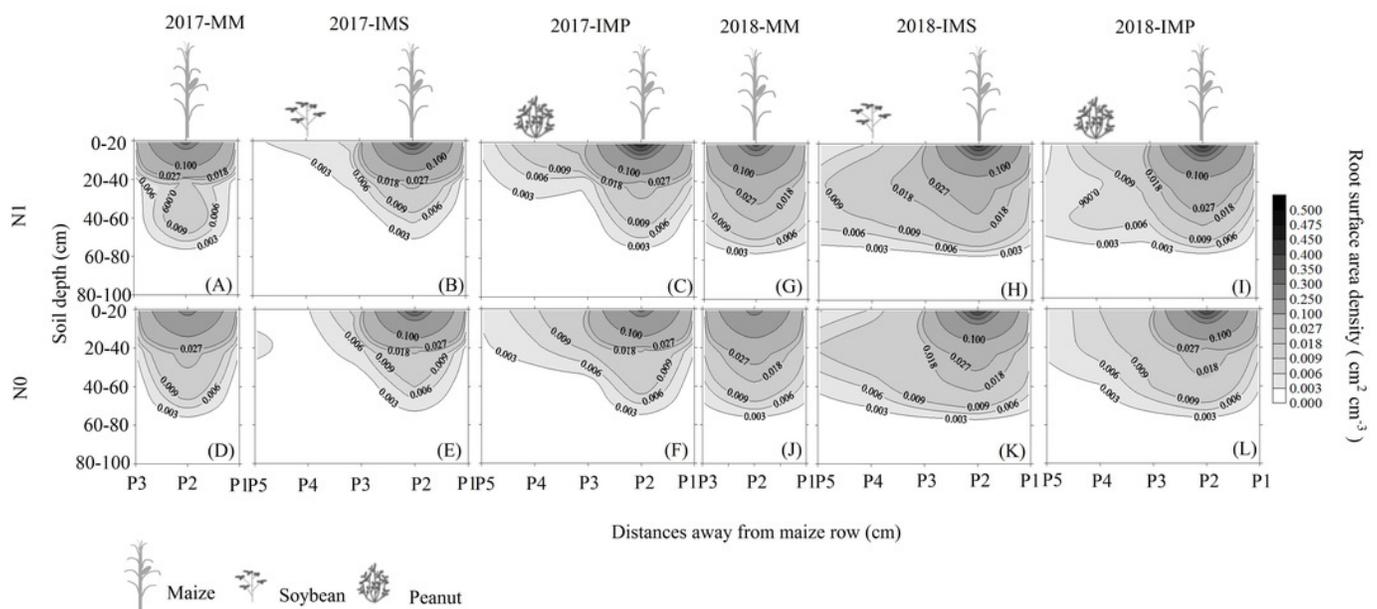
(A), monoculture maize (MM); (B) monoculture legume (ML); (C) intercropped maize (IM). P1, the inter-row of maize; P2, intra-row of maize; P3, adjacent row of maize and legume; P4, intra-row of legume; P5, inter-row of legume.



## Figure 3

Spatial root surface area density (RSAD) ( $\text{cm}^2 \text{cm}^{-3}$ ) distribution of maize gume.

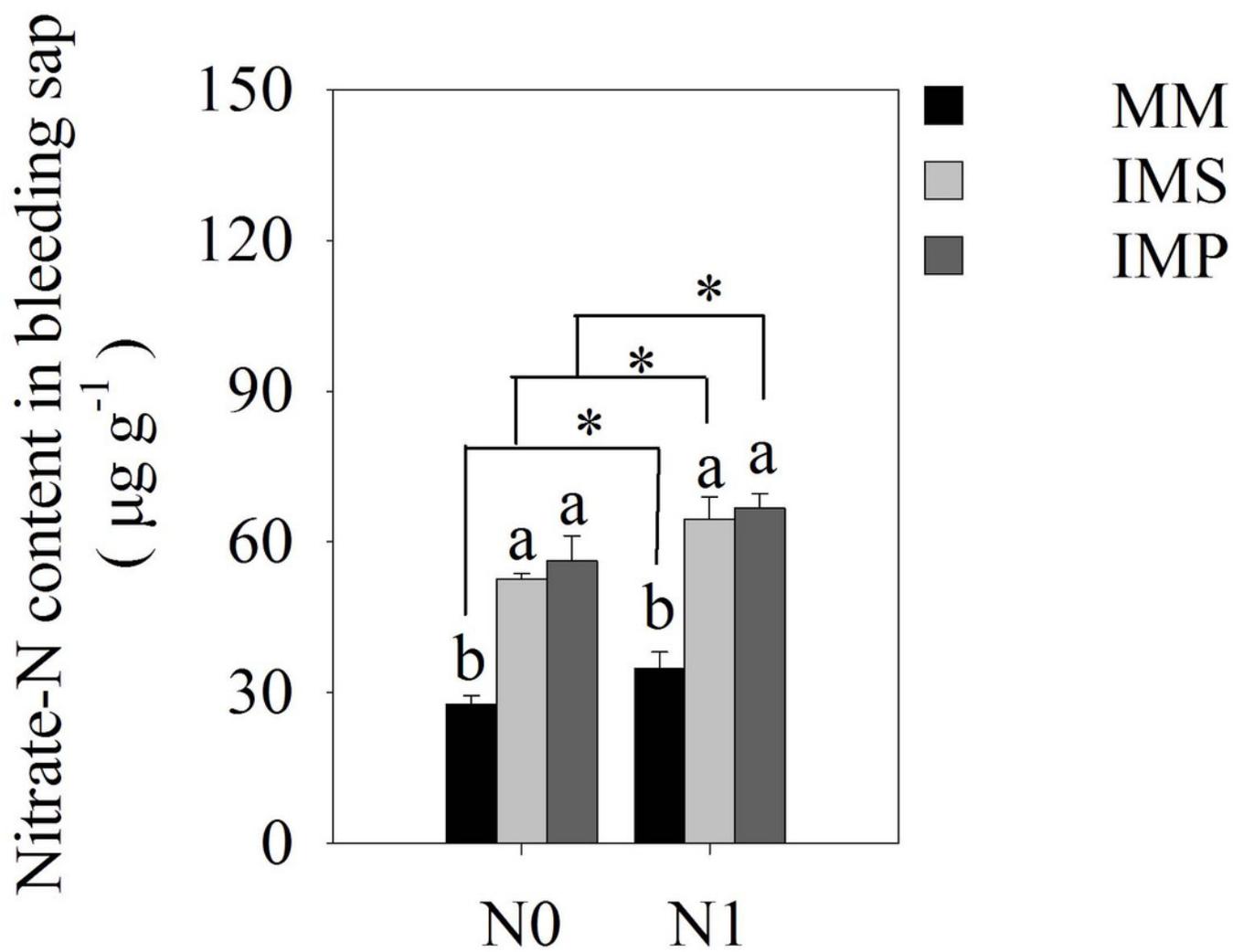
MM, monoculture maize; IMS, intercropped maize with soybean; IMP, intercropped maize with peanut. P1, the inter-row of maize; P2, intra-row of maize; P3, adjacent row of maize and legume; P4, intra-row of legume; P5, inter-row of legume. N0, no N fertilizer; N1, conventional N fertilizer.



## Figure 4

The nitrate-N content of maize bleeding sap under different N application and planting patterns in 2018.

Different lower-case letters indicate significant differences under different planting patterns (LSD,  $P < 0.05$ ). Vertical bars are standard errors. The asterisk (\*) and (\*\*), and (ns) indicate significant difference ( $P < 0.05$ ), highly significant difference ( $P < 0.01$ ), and no significant difference ( $P > 0.05$ ), respectively. MM, monoculture maize; IMS, maize-soybean strip intercropping system; IMP, maize-peanut strip intercropping system. N0, no N fertilizer; N1, conventional N fertilizer.



## Figure 5

The antioxidant enzyme activity and antioxidant content in maize root under different N application and planting patterns in 2018.

Different lower-case letters indicate significant differences under different planting patterns (LSD,  $P < 0.05$ ). Vertical bars are standard errors. The asterisk (\*) and (\*\*), and (ns) indicate significant difference ( $P < 0.05$ ), highly significant difference ( $P < 0.01$ ), and no significant difference ( $P > 0.05$ ), respectively. MM, monoculture maize; IMS, maize-soybean relay strip intercropping system; IMP, maize-peanut strip intercropping system. N0, no N fertilizer; N1, conventional N fertilizer.

