

# Strategies for recovery of inhibited commercial biogas reactor feeding with palm oil mill effluent

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**Background:** The commercial biogas reactor feeding with palm oil mill effluent (POME) was inhibited by low pH and high volatile fatty acid (VFA). The strategies for recovering inhibited biogas reactor with economically feasible such as dilution, pH adjustment, and re-inoculation strategies were investigated.

**Results:** The inhibited biogas reactor was recovered within 33 days by pH adjustment strategy with 0.50% w/v  $\text{Ca}(\text{OH})_2$  and 8.0% w/v oil palm ash. The dilution with 20% v/v biogas effluent strategy was considered as more economically feasible than other strategies with a recovery time of 36 days. The recovered biogas reactor has a higher methane yield of 25-45% than self-recovery with a significantly increased hydrolysis constant and specific methanogenic activity. *Clostridiales* sp., *Bacilli* sp., and *Methanosarcina* sp. was increased in a recovered biogas reactor.

**Conclusion:** The dilution with 20% v/v of biogas effluent recovered the inhibited POME feeding commercial biogas plant with economically feasible and high biogas production performance.

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# Abstract

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**Conclusion:** The dilution with 20% v/v of biogas effluent recovered the inhibited POME feeding commercial biogas plant with economically feasible and high biogas production performance.

**Keywords** Palm oil mill effluent, Commercial biogas plant, Organic overloading, Acidified inhibition, Recovery strategy, Microbial community

# Introduction

Palm oil mill effluent (POME) is the primary wastewater generated from the palm oil extraction process, which mostly treated through anaerobic treatment (*Wu et al., 2010*) with energy production in terms of biogas (*Stamatelatou et al., 2011*). Biogas production from POME has been successfully reported by many researchers (*Fang et al., 2011; O-Thong et al., 2012; Mamimin et al., 2019; Tanikkul et al., 2019*). However, long-term operation of commercial biogas reactor feeding with POME was confronted with process imbalance such as volatile fatty acid (VFA) inhibition, long-chain fatty acids (LCFAs) inhibition, low pH inhibition, and foaming. The imbalanced biogas reactor resulted in poor performance and instability, even the failure of the anaerobic digestion (AD) process (*Joo-Hwa & Xiyue, 2000; Menardo et al., 2011*). The imbalanced biogas reactor feeding with POME was mainly caused by fluctuating in the composition and volume of POME. POME composition and volume were varied depending on the qualities of fresh fruit bunches, season, time of harvest, and oil palm extraction processing. The feedstock composition and organic loading rate (OLR) were affected in both bacterial and archaeal communities in the AD process (*Supaphol et al., 2011; Xia et al., 2012*). The fluctuation in feedstock composition and organic loading rate (OLR) always caused the process imbalanced in case of high strength feedstock leading to unstable biogas production (*Joo-Hwa & Xiyue, 2000*). Moreover, *Fotidis et al. (Fotidis et al., 2014)* reported that the organic overloading was inhibited the AD process resulting in losses of methane yield up to 30%. Reactor acidification by organic overload is one of the most common reasons for the AD process imbalanced (*Akuzawa et al., 2011*) due to the rapid build-up of VFAs accumulation from uncoupling between the acid producers and consumers (*Ahring, 1995*). The consequences of the AD process imbalanced are financial losses due to reducing biogas yield as well as increase deployment of staff and costs for the chemical. Thus, the inhibition of commercial AD reactor feeding with POME is necessary for recovery within the short-time.

The typical recovery strategy for the AD process imbalanced is stopped substrate feeding to the digester to restore the ecological function of the AD system via the self-recovery of microorganisms. However, this strategy requires a long time and is not economically feasible. The stop feeding strategy combining with trace elements addition could accelerate the process recovery of the VFA-inhibition AD reactor but still required a long feeding-stop period

(Voelklein *et al.*, 2017). The recovery of VFA and low pH inhibition in real-time without stopped feeding POME is still a significant challenge. The adjusting pH in the reactor to a near-neutral was often applied to enhance the buffering capacity of the AD system against VFA disturbance due to their low cost and smooth operation. Zhang *et al.* (Zhang *et al.*, 2013) proved that the pH adjustment in digester could be able to recover the AD process from low pH inhibition with stability reactor operation. Alkalinity addition directly improves the buffering capacity of the AD process to meet the requirements of the microbial populations (Zhang *et al.*, 2016) and enhance activities of the acidogenic bacteria and methanogenic archaea (Zhang *et al.*, 2012). Alkaline substances such as  $\text{Na}_2\text{CO}_3$  and  $\text{NaHCO}_3$  were more pronounced effects on the stability of the anaerobic process of municipal solid waste than  $\text{NaOH}$  due to  $\text{CO}_3^{2-}$  and  $\text{HCO}_3^-$  have a higher buffering capacity than  $\text{OH}^-$  (Jun *et al.*, 2009). Also, wood ash was used to adjust the pH of the AD process instead of alkaline chemicals as a cheap material (Saritpongteeraka & Chaiprapat, 2008). The palm ash was used to adjust the pH of POME with high biogas production than raw POME due to ash releasing buffer capacity and micronutrient (Gómez *et al.*, 2006). However, the pH adjustment strategy could not reverse the AD process imbalanced but only delayed the AD process failure (Gómez *et al.*, 2006). Nevertheless, the strategy of inoculum addition with micronutrient supplementation has been used to recover the AD process imbalanced (Lee & Shoda, 2008; Qiang *et al.*, 2013). The re-inoculation (Wu *et al.*, 2015) or bioaugmentation (Li *et al.*, 2018) of high-activity anaerobic microorganism was used to restart the out of order AD reactor. The re-inoculation was significantly effective in the short-term, but instability for the long-term. The combination of the pH adjustment, trace elements, and re-inoculation was always useful but was costly (Zhang *et al.*, 2018). All strategies above have proved to be effective methods to recover the AD process imbalanced. However, a systematic and comprehensive evaluation of recovery strategies from the imbalanced of the POME biogas reactor has not been reported.

This work aimed to recover the imbalanced of POME biogas reactor by pH adjustment with an alkaline substance, the dilution of the toxic compounds, and re-inoculation strategies. All strategies were combining with 20% v/v POME addition as low flow ate feeding instead of stop feeding. The microbial community responsible for each recovery strategy was investigated. The knowledge from our research can provide economically feasible and quick recovery methods for

imbalanced commercial biogas reactor with microbiological communities relevant to information to stable biogas production.

## Materials & Methods

### Inhibited AD sludge samples and inoculum

Raw palm oil mill effluent (POME), inhibited sludge samples, and active methane-producing sludge was collected from mesophilic biogas plant ( $40 \pm 2$  °C), Krabi province, Thailand. POME is brownish liquid effluent discharged from the palm oil at a temperature between 80-90°C and acidic pH typically between 4.0-5.0. An inhibited sludge sample was collected from the mesophilic AD digester, which was operated continuously with POME at high organic loading and consequently acidification on the process. Both the samples were measured for alkalinity, total volatile fatty acids (tVFA), total nitrogen (TN), lipid content, total solids (TS), and volatile solids (VS) (*APHA, AWWA, 2012*). Table 1 summarizes the characteristics of the raw POME, inhibited sludge samples, and inoculum used in this study. The active methane-producing sludge had a pH, suspended solids (SS), and volatile suspended solids (VSS) content of  $7.80 \pm 0.15$ ,  $9.8 \pm 0.1$  g/L, and  $37.2 \pm 0.3$  g/L, respectively.

### Recovery of inhibited AD sludge

An inhibited sludge sample was recovered by pH adjustment strategy, dilution strategy, and re-inoculation strategy. The experiments were carried out in a batch reactor. 40 mL of inhibited sludge sample was diluted with tap water (TW) and biogas effluent (BE) at concentrations of 10, 20, 30, 40, and 50%v/v, respectively, as dilution strategy. 40 mL of inhibited sludge samples were added with active methane-producing sludge at concentrations 5, 10, 15, 20, 25, 30, 35, 40, 45, and 50 %v/v, respectively, as a re-inoculation strategy. 40 mL of inhibited sludge samples was added alkaline chemicals in the form of sodium hydrogen carbonate ( $\text{NaHCO}_3$ ), sodium hydroxide ( $\text{NaOH}$ ), calcium hydroxide ( $\text{Ca(OH)}_2$ ) and palm oil ash at concentrations of 0.85-1.5% w/v, 0.1-0.14% w/v, 0.1-0.5% w/v, and 6-10% w/v, respectively, as adjusting pH strategy. All strategies were combining with 20% v/v POME addition as low flow ate feeding instead of stop feeding. The self-recovery was used as a control. All experiments were flushed with  $\text{N}_2$ :  $\text{CO}_2$  mixed at 80:20 ratios to create the anaerobic condition

and tightly with a butyl-rubber septum and aluminum cap. The experiment was carried out in duplicate and placed at ambient temperature ( $38\pm3^{\circ}\text{C}$ ) for 45 days. The biogas production in the headspace was measured via water displacement method, and biogas content was analyzed by a gas chromatograph equipped with thermal conductivity detectors (GC-TCD). Sludge samples in the AD system were analyzed for the microbial community structure using polymerase chain reaction denaturing gradient gel electrophoresis (PCR-DGGE) techniques. The specific methanogenic activity (SMA) of the sludge was investigated before and after recovery strategies applied.

### Microbial activity and community analysis

The methanogenic activities from inhibited sludge and sludge after recovery were evaluated by the SMA test using acetic acid, glucose, crystalline cellulose, and gelatin as substrate. The sludge sample without a substrate was used as a negative control to eliminate the probable influence of residual biodegradable organic substances in the sludge ([Liu et al., 2016](#)). The SMA value was calculated by the slope of methane production (based on g COD of  $\text{CH}_4$ ) against incubation time and divided with VSS added of sludge sample ([Hussain & Dubey, 2017](#)). The microbial community structure was analyzed by PCR-DGGE techniques, according to [Prasertsan et al. \(Prasertsan et al., 2009\)](#). 0.2 g of sludge sample was extracted for genomic DNA using the Ultraclean Soil DNA Kit (MoBio Laboratory Inc., USA). The 16S rDNA gene of bacteria was amplified by the first PCR with universal primer 27f (GAGTTTGATCCTTGGCTCAG) and 1525r (AAGGAGGTGWTCCARCC). 16S rDNA gene for archaea was amplified using Arch21f primers (TTCCGGGTTGATCCYGCCGGA) and Arch958r (YCCGGCGTTGAMTCCAATT). The V3 region of bacteria was amplified in second PCR by primer 357f (CTCCTACGGGAGGCAGCAG) with CG clamp and 518r (GTATTACCGCGGCTGCTGG) with the product of first bacteria PCR as a template. The V3 region of archaea was amplified in second PCR by primer 340f (CCTACGGG-GYGCASCAG) with CG clamp and 519r (TTACCGCGGCKGCTG) with the product of first archaea PCR as a template. Second PCR products were performed the DGGE analysis by using electrophoresis with 6% polyacrylamide gel for bacteria and 8% polyacrylamide gel for archaea contained a linear the urea/formamide gradient of denaturant ranging from 40% to 70% in 0.5 TAE buffer at 20 volts for 20 min and 70 volts for 15 hours at a constant temperature of  $60^{\circ}\text{C}$ . Sybr-Gold was

stained in the DGGE gels for 60 min and photographed on the Gel Doc XR system (Bio-Rad Laboratories). Predominant DGGE bands were excised with a sterile tip and suspended in 30 µL sterilized Milli-Q water. Excised DGGE band was incubated at 4 °C overnight and re-amplified by PCR using the same primers without the GC clamp. PCR products were purified and sequenced by Macrogen Inc. (Seoul, Korea). Closest matches for partial 16S rRNA gene sequences were identified by database searches in Gene Bank using BLAST (<http://blast.ncbi.nlm.nih.gov>) (Muyzer & Smalla, 1998).

## Analytical methods and calculation

The biogas composition (H<sub>2</sub>, N<sub>2</sub>, CH<sub>4</sub>, and CO<sub>2</sub>) was measured by gas chromatograph GC-8A (Shimadzu, Kyoto, Japan) with a 1-meter stainless steel column packed with Shin Carbon (60/80 mesh) equipped with thermal conductivity detectors (TCD). The argon at a flow rate of 14 mL/min was used as the carrier gas. The temperatures of the oven, detector, and injection port were at 40°C, 100°C, and 120°C, respectively. The 0.5 mL of the biogas sample was injected in duplicate for each reactor. The daily biogas production for each reactor was counted using the water displacement method (Yan *et al.*, 2015). The chemical and physical composition of POME, active methane-producing sludge, and inhibited sludge samples were measured of pH, lipid content, TS, VS, VSS, TN, tVFA, and alkalinity according to standard methods for the examination of water and wastewater (APHA, AWWA, 2012). POME is acidic wastewater, the determination of TS was performed at a temperature of 90°C instead of 105°C, till constant weight in order to avoid decreasing of volatile fatty acids (Angelidaki *et al.*, 2009). The liquid samples were collected by syringe (1 mL) and filtered through a nylon membrane (0.2 µm). The filtrated samples were acidified to pH 3.0–3.2 with 30% (v/v) phosphoric acid for VFAs analysis (Raposo *et al.*, 2015). VFAs were determined through a gas chromatograph GC-17A (Shimadzu, Kyoto, Japan) with a Stabilwax®-DA fused silica column (30 m of length, 0.53 mm of diameter, 85°C) connected to a flame ionization detector (FID) at 240°C. The helium at 30 mL/min was used as the carrier gas. Buswell's equation was used to calculation theoretical methane yield, assuming the total stoichiometry conversion of the organic matter to methane and carbon dioxide (Buswell & Mueller, 1952). The hydrolysis constants ( $k_h$ ) were determined by using the first-order kinetic model in equation (1) according to the protocol of Raposo *et al.* (Raposo *et al.*, 2006).



$$\ln = \frac{B_0}{B_0 - B_t} k_h t \quad (1)$$

Where  $B_t$  is the cumulative methane yield (mL-CH<sub>4</sub>/g-VS<sub>added</sub>) for time  $t$ , and  $B_0$  is the ultimate methane yield of the substrate. The first-order model is usually used to describe the hydrolysis progress and determine the rate of biodegradation. The hydrolysis rate depends on the nature of the substrate and microbial community function. The recovery time is 70% of maximum methane production in the recovery experiment obtained by simulation of the results with the modified Gompertz equation (2). The Gompertz equation was determined the lag-phase before starting of the methane production (*Lay et al., 1997*; *Nopharatana et al., 2007*) as follows in equation (2).

$$M = P \cdot \exp\left\{-\exp\left[\frac{R_m \cdot e}{P}(\lambda - t) + 1\right]\right\} \quad (2)$$

Where  $M$  is the cumulative methane production (mL-CH<sub>4</sub>),  $P$  is the methane production potential (mL),  $R_m$  is the maximum methane production rate (mL-CH<sub>4</sub>/day),  $\lambda$  is the duration of the lag phase (d), and  $t$  is the duration of the assay. The parameters  $P$ ,  $\lambda$ , and  $R_m$  were estimated by applying the least-squares fit of the above equation to the experimental data set.

## Results

### Recovery of AD process imbalanced

This biogas production process failed due to system overload or less efficiency by underload, which results in an inhibition system. Inhibited sludge sample was acidic with a pH of 3.9±0.1. High tVFA of 4.8±0.1 g/L was observed with containing butyric acid (2.5±0.1 g/L) and acetic acid (1.8±0.2 g/L) as main products (*Table 1*). The liquid in the digester still has a high COD content of 13.9±0.2 g/L. The imbalanced AD process was caused by low pH and VFA accumulation. It is possible to recover the imbalanced AD process by adjusting pH to natural or dilute intermediate inhibitors. The biogas production rate and methane yield, pH, lag phase, and recovery time of all strategies compare with self-recovery were summarized in *Table 2*. The self-recovery has methane yield and methane production rate of 209 mL-CH<sub>4</sub>/g-VS<sub>added</sub> and 40.77 mL-CH<sub>4</sub>/day, respectively. The low pH was observed in self-recovery at initial and final pH of 5.70 and 5.20, respectively. The imbalanced AD process caused by extreme consumption of

alkalinity and high VFA accumulation leading to low pH. Suitable pH for AD should maintain at 6.6-6.8. It indicates that the pH was directly affected by microbial activity, leading to low biodegradability and methane production. The low hydrolysis constant ( $k_h$ ) of 0.005 day<sup>-1</sup> and prolonging the lag phase of 21.2 days was observed in self-recovery.

The dilution strategy with tap water (TW) was lowering of the inhibitor concentration. All dilution rates (10%-50%) have a low methane yield (173.09-190.42 mL-CH<sub>4</sub>/g-VS<sub>added</sub>) and methane production rate (40.58-62.49 mL-CH<sub>4</sub>/day) with the two times shorter lag phase (9.9-15.1 days) than self-recovery. The recovery time of TW dilution was 33-42 days. It was evident that all dilution ratios with TW cannot improve the biogas production due to the stronger desorption capability on LCFA or its inhibitor. Since dilution with TW can dilute inhibitors, but this strategy can also dilute the importance of microbe and substrate in the AD system at the same time. The dilution with BE obtained the methane yield (213-281 mL-CH<sub>4</sub>/g-VS<sub>added</sub>) and methane production rate (53-108 mL-CH<sub>4</sub>/day) higher than TW at all dilution. However, the methane production rate tends to decrease when the dilution of BE was increased. Besides, the lag phase of the dilution with BE (7.1-9.9 days) was significantly shorter than the dilution with TW (9.9-15.1 days) and self-recovery (21.2 days). It was indicated that the dilution with BE at dilution rate over 10% v/v has a short lag phase, which could directly interact with large amounts of organic acids degraded in inhibited sludge. The inhibition was recovery by providing alkalinity sources for methane-producing bacteria ([Chen et al., 2015](#)) which the BE was alkalinity 4.9±0.2 g/L as CaCO<sub>3</sub> that can see in [Table 1](#).

The adjusting pH with NaOH addition at a concentration of 0.10-0.14 %w/v showed significant improvement in methane yield of 217.98.-383.33 mL-CH<sub>4</sub>/g-VS<sub>added</sub> and methane production rate 86-112 mL-CH<sub>4</sub>/day. The hydrolysis constant ( $k_h$ ) of adjusting pH with NaOH was ranged of 0.006-0.007 day<sup>-1</sup> for all concentrations, indicating that the biodegradability did not depend on the concentration of NaOH addition. The adjusting pH with NaOH has a lag phase of 8.90-9.50 days and recovery time of 30-35 days that shorter than self- recovery. [Lens et al. \(2003\)](#) reported that alkalinity addition has higher methane productions than non-alkalinity addition reactors. The adjusting pH with NaHCO<sub>3</sub> at a concentration of 0.85-1.25 %w/v had improved the biogas production. However, increasing the concentration of NaHCO<sub>3</sub> to 1.45 and 1.50 %w/v resulted in decreasing methane production. The addition of NaHCO<sub>3</sub> at 1.25%w/v was enhanced the methane yield for 22.06% comparing with self-recovery. The lag

phase time of this strategy was more prolonged than another strategy except for dilution with TW, which showed in the range of 12-14 days and relatively long recovery time (45-62 days). It has been reported that the addition of  $\text{NaHCO}_3$  resulted in a relatively high level of alkalinity and pH in the digester, which gradually causes specific inhibition on the metabolism and growth of methanogens. The adjusting pH with  $\text{Ca}(\text{OH})_2$  at a concentration of 0.20-0.50 %w/v has the methane yield of 318.96-372.65 mL- $\text{CH}_4$ /g- $\text{VS}_{\text{added}}$  and methane production rate of 103.82-151.41 mL- $\text{CH}_4$ /day. The addition of  $\text{Ca}(\text{OH})_2$  at a concentration of 0.20-0.50 %w/v can improve methane production in the range of 34.47-43.92% compared with self-recovery. The maximum methane yield of 372.65 mL- $\text{CH}_4$ /g- $\text{VS}_{\text{added}}$  was achieved at a concentration of 0.40 %w/v of  $\text{Ca}(\text{OH})_2$  with enhancing methane yield of 43.92% compared to self-recovery with the methane production rate of 151.41 mL- $\text{CH}_4$ /day. The results similar to the previous reported that lime mud ( $\text{Ca}(\text{OH})_2$ ) addition at a concentration of 0.6 and 1.0% w/v could maintain an active and stable state of the AD process (Zhang *et al.*, 2014). An adjusting pH with oil palm ash can improve the buffer capacity and methane production of the inhibited sludge with methane yield and the methane production rate of 211.43-346.54 mL- $\text{CH}_4$ /g- $\text{VS}_{\text{added}}$  and 147.49-226.27 mL- $\text{CH}_4$ /day, respectively. All concentrations of oil palm ash can recover the AD process with a shorter lag phase of 7.90-9.20 days and recovery time 32.14-33.19 days than self-recovery and dilution with TW. The maximum methane yield and methane production rate of 347 mL- $\text{CH}_4$ /g- $\text{VS}_{\text{added}}$  and 226 mL- $\text{CH}_4$ /day, respectively, were achieved at 8.00 %w/v oil palm ash addition. The addition of 1.18% w/v oil palm ash into POME has a high methane yield of 218.79 mL- $\text{CH}_4$ /g-COD<sub>removed</sub> and adjusts the pH in the suitable range (Jijai *et al.*, 2017).

The results of the re-inoculation strategy were shown in Table 3. The addition of active methane-producing sludge at 5-50% to inhibited sludge was able to accelerate the recovery process. It was observed that methane production increased with increasing the concentration of active methane-producing sludge. The biodegradable of LCFAs or VFAs in POME could be complete by re-inoculation at a concentration of 40-45% v/v, which has a high methane yield of 226.66 – 237.05 mL- $\text{CH}_4$ /g- $\text{VS}_{\text{added}}$  and methane production rate of 80.92-83.45 mL- $\text{CH}_4$ /day. In our test found that at 50%, re-inoculation achieved high methane yield (Table 3) due to it can improve the amount of the biomass in the mixed liquid and reduce inhibiting intermediate compound. The previous report also showed that a re-inoculum size of 80% could recover the

inhibition of mesophilic anaerobic sludge treating the de-oiled grease trap waste (*Wu et al., 2015*).

## Economic evaluation

The cost of various strategies for recovery imbalanced biogas reactor was investigated. The cost estimation was listed in [Table 4](#). This evaluation of chemical costs in the recovery process was considered, whereas the human resources, transporting, and energy costs were not discussed. The best concentration of NaOH for recovery of the imbalanced biogas reactor was 0.14 %w/v corresponding to 1.40 kg/m<sup>3</sup>-inhibited sludge with the cost for recovery of 0.41 \$/m<sup>3</sup>-inhibited sludge. The best concentration of NaHCO<sub>3</sub> for recovery was 1.25 %w/v corresponding to 12.5 kg/m<sup>3</sup>-inhibited sludge with the cost to restore the system about 2.63 \$/m<sup>3</sup>-inhibited sludge. Meanwhile, the best concentration of Ca(OH)<sub>2</sub> for recovery was 0.4 %w/v corresponding to 4.0 kg/m<sup>3</sup>-inhibited sludge with the cost to restore the system about 0.76 \$/m<sup>3</sup>-inhibited sludge. The best concentration of BE for recovery was 20%v/v corresponding to 60-100 kg/m<sup>3</sup>-inhibited sludge and 100-500 L/m<sup>3</sup>-inhibited sludge with no cost considering in the calculation. The best concentration of oil palm ash for recovery was 8%v/v corresponding to 60-100 kg/m<sup>3</sup>-inhibited sludge with no cost considering in the calculation. Because the oil palm ash and BE used in the experiments are by-products from the process of palm oil mill industry and POME biogas reactor. Oil palm ash is by-product obtained by burning of fibers, shells, and empty fruit bunches as fuel in palm oil mill boilers while BE is effluent from POME AD digester with free of charge. Hence, we suggest that the recovering imbalanced AD reactor with alkali substances that existing in a biogas plant, e.g., biogas effluent (BE) and oil palm ash could be economically feasible.

## Microbial activity and microbial community

The best-recovered system was selected based on the maximum biogas production, short lag time, and high hydrolysis constant. Successful methods were 20%v/v BE, 0.14% w/v NaOH, 0.50% w/v Ca(OH)<sub>2</sub> and 8.0% w/v ash. SMA test was used for evaluating the performance of the inhibited sludge (*Hussain & Dubey, 2017*). The original inhibited sludge had SMA values of 0.40 g CH<sub>4</sub>-COD/g-VSS/day ([Fig. 1](#)). Certainly, the recovery sludge has SMA value higher than the self-recovery strategy. The recovered system by 0.50%w/v Ca(OH)<sub>2</sub> and 8.00%w/v oil palm

ash has a high activity of hydrolytic bacteria and acidogenic bacteria with SMA value between 0.69-0.84 g CH<sub>4</sub>-COD/g-VSS/day and 0.44-0.60 g CH<sub>4</sub>-COD/g-VSS/day, respectively. The higher microbial diversity encountered in this strategy, indicating that more opportunities for microorganisms for degrading within the microbial consortium. The heat map of the dynamics of the bacterial and archaeal communities of self-recovery and recovered systems analyzed by DGGE was shown in Fig. 2. The bacterial communities were dominated by phyla of *Bacteroidetes* and *Firmicutes*, which appeared all strategies during the 5<sup>th</sup>-20<sup>th</sup> days (Fig.2A). The phylum *Firmicutes* are the major bacteria commonly found in the AD process (Sundberg et al., 2013). The order *Clostridiales* and *Bacilli* were observed as main bacteria in the recovered system. A major genus of *Clostridiales* order was observed in the recovered system was *Desulfotomaculum* sp., *Blautia* sp., and *Clostridium* sp., which were fermentative bacteria and acetogenic bacteria that could convert soluble organics to VFAs. The *Clostridiales* has high abundance in the stable AD digester (Li et al., 2015). *Desulfotomaculum* sp. was found in all strategies while *Blautia* sp., *Clostridium* sp., and *Anaerostipes* sp. were remarkably abundant during 12-20 days in adjustment pH with 0.50%w/v of Ca(OH)<sub>2</sub> and 8.00 %w/v of oil palm ash addition. During the third week, *Bacilli*, *Lactobacillus helveticus* (98 % similarity, Supplementary data, Table S1), *Staphylococcus intermedius* (100% similarity), *Kurthia gibsonii* (99 % similarity), *Lysinibacillus* sp., *Exiguobacterium* sp., and *Bacillus* sp were observed in all strategies. The strategy of 0.50 %w/v Ca(OH)<sub>2</sub> and 8.0 %w/v oil palm ash addition were predominant by bacteria belonging to the class of *Bacilli* consists of *Kurthia gibsonii*, *Exiguobacterium* sp., and *Bacillus* sp. These bacteria can produce fatty acids from monomers after hydrolysis. Especially, *Exiguobacterium* sp. was a high number in the third week. The member of *Bacteroides* sp. and *Selenomonas* sp. was a low number in self-recovery but abundant in the recovered system with 0.14% of NaOH, 0.5% of Ca(OH)<sub>2</sub>, and 8.0% of oil palm ash addition. *Bacteroidetes* sp. has been shown in other studies to be the major microbial components of anaerobic reactors (Levén et al., 2007; Trzcinski et al., 2010). The distribution of the exclusive bacterial in different groups clearly shown that recovery strategy significantly influences the bacterial community structure and selectively enriches specific acidogenic bacteria during recovery. Meanwhile, self-recovery was observed as a low member of *Bacilli* and *Clostridium* resulting in the lowest SMA activity in the self-recovery (0.11- 0.12 g CH<sub>4</sub>-COD/g-VSS/day). The dilution with 20%v/v BE and adjustment pH with 0.14%w/v NaOH also had

relatively low SMA activity. While, the adjustment pH with 0.5%Ca(OH)<sub>2</sub> and 8.0% of oil palm ash addition had a high SMA activity and high microbial diversity resulting in higher redundant functions that being able to operate under stable conditions, which results in good AD performances (Carballa et al., 2015). The acetoclastic methanogen (*Methanosaeta concilii*, 99% similarity, Supplementary data, Table S2) was more abundant than hydrogenotrophic methanogens in the recovered system (Fig. 2B). *Methanosaeta* sp. and *Methanosarcina* sp. were predominant in the recovered system with 0.50%w/v Ca(OH)<sub>2</sub> and 8.00 %w/v oil palm ash addition. These strategies also have a high SMA activity of 0.761-0.767 g CH<sub>4</sub>-COD/g-VSS/day that higher than 20%v/v BE and 0.14%w/v NaOH follow by self-recovery (Fig. 1). The dominant of *Methanosarcina* sp. (at 20<sup>th</sup> day) of adjusting pH by 0.50%w/v Ca(OH)<sub>2</sub> and 8.00 %w/v oil palm ash addition was most important during the recovery process, which utilization acetate to produce CH<sub>4</sub>.

## Discussion

The inhibited AD sludge was caused by the extreme consumption of alkalinity from high VFA accumulation in the AD reactor. It indicates that the pH was directly affected the microbial activity leading to low biodegradability and methane production. The long lag phase was observed self-recovery, indicating the adaptation and initiating bacterial multiplication is required due to the loss of a dynamic balance between acetogens and methanogens. The dilution with water was not significant to accelerate the recovery process, but this strategy could delay the time of inhibition (Wu et al., 2015). The dilution with 20%v/v BE could enhance methane yield of 25.78% comparing with self-recovery with shorter recovery time and high  $k_h$ , indicating a high conversion rate of the recovered AD sludge (Sosnowski et al., 2008). The adjusting pH with 0.14 %w/v NaOH addition could adjust the pH of inhibited sludge to 7.30 due to NaOH can capture CO<sub>2</sub>. The pH recovered AD was relatively stable (6.80-7.50) with enhancing the methane yield of 45.48% comparing with self-recovery. The results of this study agreement with Zhang et al. (Zhang et al., 2018), who reported that the adjustment pH by 0.013% NaOH could delay the time of process failure by enhancing the tolerance of methanogens to the high concentration of VFA via reducing the ratio of un-dissociated. NaOH is one of the most popular alkaline chemicals used in AD due to the potential to buffer the pH (Gáspár et al., 2007). The adjusting pH with NaHCO<sub>3</sub> at a concentration of 1.25%w/v was enhanced the methane yield. However,



increasing the concentration of  $\text{NaHCO}_3$  at 1.45 and 1.50 %w/v resulted in decreasing methane production. The  $\text{Na}^+$  concentration at a  $\text{NaHCO}_3$  addition higher than 1.25 %w/v was started to inhibit the methanogens and resulted in decrease biogas production. The  $\text{Na}^+$  concentration at  $\text{NaHCO}_3$  of 0.31%w/v were slightly inhibitory to methanogens at mesophilic temperatures has been reported by [Chen et al. \(Chen et al., 2008\)](#). The adjusting pH with  $\text{Ca}(\text{OH})_2$  showed functional buffering capacity for the AD system with a stable pH in the recovered AD reactor. The results agree with [Li et al. \(Li et al., 2009\)](#), who indicated that the pH adjustment with  $\text{Ca}(\text{OH})_2$  was improved methanogenic activity via maintaining a stable near-neutral environment for methanogens. The  $\text{Ca}(\text{OH})_2$  at concentrations of 0.40 %w/v exhibited remarkable performance as indicated by suitable pH (7.00-7.30), shorted lag phase (9.10 days), and short recovery time of 33.76 days. However, the accumulation of  $\text{Ca}^{2+}$  maybe leads to the precipitation of calcium salt and accumulation onto reactor walls leading to loss of nutrition and lower buffer ability in the digestion system ([Zhu et al., 2010](#)). The adjusting pH with oil palm ash can improve the buffer capacity and methane production of the inhibited sludge. All concentrations of oil palm ash can recover the AD process imbalanced with a shorter time of the lag phase and recovery time. An optimal concentration of 8.00 %w/v of oil palm ash is the best concentration for improving the inhibited sludge with raising the pH, supply trace elements, and enhancing the methane yield of 39.69% comparing with self-recovery. The addition of ash showed functional buffering capacity corresponding with [Bunrung et al. \(Bunrung et al., 2011\)](#), who reported that 15% (w/v) palm ash addition increasing the pH from 7.5 to 9.1. The pH of ash addition was the same as the effluent of POME anaerobically digestion with a pH range of 8.25-9.14 ([Tangchirapat et al., 2009](#)). The oil palm ash composed of silicon dioxide (58-65%), calcium oxide (6-7%), and potassium oxide (7-8%) could result in balance or enhance of trace element in the digester. Re-inoculation in our test can decrease the lag phase and can improve biogas production higher than self-recovery. The results in line with previous research ([Salminen & Rintala, 2002](#); [Cirne et al., 2007](#)) found that an increase of active methane-producing sludge proportion can reduce the recovery time from 45 to 28 days. The re-inoculation at 30%-50% was applicable range with shorter lag time and increased tolerance of microorganism to low pH, high VFA or LCFA and greater methane yield than the self-recovery. However, the re-inoculation strategies showed methane production and efficiency for recovery less than alkali substance addition due to lacking buffering capacity.

The results indicated that the best strategy of 0.50 %w/v  $\text{Ca}(\text{OH})_2$  and 8.0 %w/v oil palm ash addition were dominated by bacteria belonging to the class of *Bacilli* consists of *Kurthia gibsonii*, *Exiguobacterium* sp., and *Bacillus* sp. It has been identified as being involved in biogas production, especially in hydrolysis and acidogenesis stages (Wirth et al., 2012). Mainly, *Exiguobacterium* sp. was dominated when the system reached three weeks. This microbe has been confirmed as amylase and protease producing bacterium (Kumar et al., 2014) and produces highly effective proteolytic enzymes (Oh et al., 2018). The member of *Bacteroides* sp. have been shown as major microbial components of anaerobic reactors and abundant in recovered systems with 0.14% of NaOH, 0.5% of  $\text{Ca}(\text{OH})_2$ , and 8.0% of oil palm ash addition. Addition alkaline in the form of  $\text{Ca}(\text{OH})_2$  and oil palm ash can enrich *Clostridium*, *Bacillus*, and *Bacteroides*. The acetoclastic methanogens were more abundant than hydrogenotrophic methanogens in the recovered system. The inhibited sludge commonly induced hydrogen production and consequently facilitating the growth of hydrogenotrophic methanogens (Liu et al., 2016). The hydrogenotrophic methanogens were decreased in the recovered system. The recovered system by 0.50%w/v  $\text{Ca}(\text{OH})_2$  and 8.00 %w/v oil palm ash addition enhanced acetoclastic methanogens resulting in the highest methane yield. The dominant *Methanosarcina* sp. was most important in the recovered system, which utilization acetate to produce  $\text{CH}_4$ . Maintenance of *Methanosarcinales* during the anaerobic process is critical for the stability of performance (Yang et al., 2016).

## Conclusions

The recovery strategies with  $\text{Ca}(\text{OH})_2$  and oil palm ash addition have a short time for recovery of the AD process imbalanced with a recovery time of 33 days without stop feeding. The dilution strategy with 20% biogas effluent was considered a more economical strategy with a recovery time of 36 days. The pH and dilution have two times shorter recovery time capering to self-recovery time (50 days). The recovered system can increase methane yield by 25-45% more than self-recovery and significantly high kinetics, the SMA activity, and the multiplication of initial microorganism leading to short lag time. The *Clostridiales* sp., *Bacilli* sp., and *Methanosarcina* sp. were dominated in the recovered system. The pH adjustment with  $\text{Ca}(\text{OH})_2$  and dilution with 20% v/v of biogas effluent can recovery the acidified and low pH inhibition of POME feeding commercial biogas plant with economically feasible.



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## Figure Captions

Figure 1. Specific methanogenic activity (SMA) of inhibited microbial sludge, self recovery sludge and the recovered sludge with various methods.

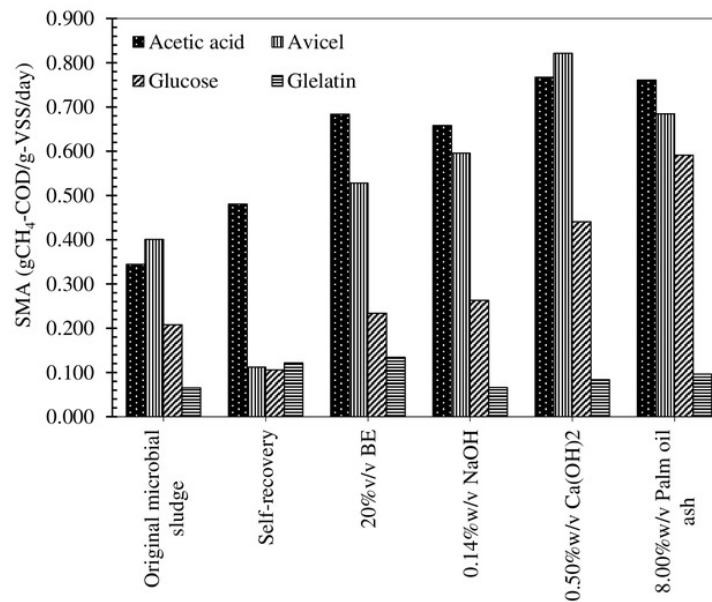
Figure 2. Dynamic diversity of bacteria (A) and archaea (B) during recovery by selfrecovery, 20%v/v BE 0.14% w/v NaOH, 0.5% w/v Ca(OH)<sub>2</sub> and 8.0% w/v ash. The size of the rectangle respect to the dominance of microorganisms is represented from long-size to

649 short-size for strong dominant to low decrease dominant of microorganisms, respectively.



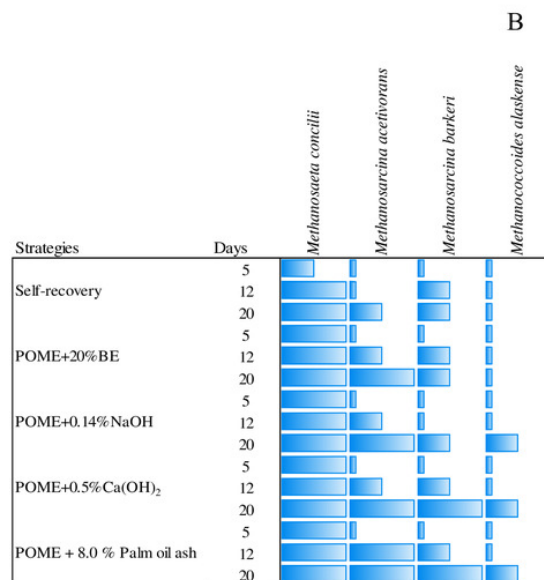
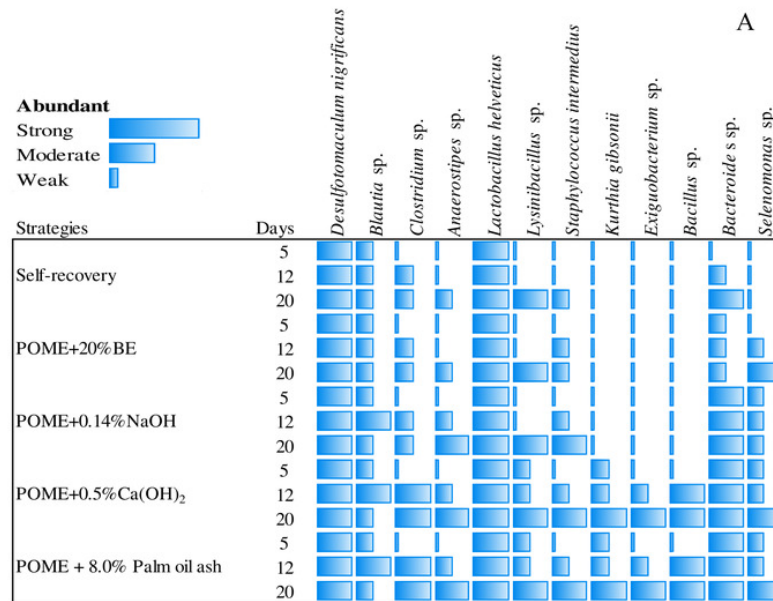
# Figure 1

Specific methanogenic activity (SMA) of inhibited microbial sludge, self recovery sludge and the recovered sludge with various methods.



# Figure 2

Dynamic diversity of bacteria (A) and archaea (B) during recovery by selfrecovery, 20%v/v BE 0.14% w/v NaOH, 0.5% w/v  $\text{Ca}(\text{OH})_2$  and 8.0% w/v ash. The size of the rectangle respect to the dominance of microorganisms is represented from long-size to



**Table 1** (on next page)

The characteristics of POME, inoculum and inhibited sludge samples.

**Table 1** The characteristics of POME, inoculum and inhibited sludge samples.

Parameter	Unit	POME	Biogas effluent	Active methane producing sludge	Inhibited sludge sample
pH	-	4.1±0.1	7.8±0.1	7.5±0.1	3.9±0.1
Total solids (TS)	g/L	45.4±0.2	13.4±0.3	48.4±0.3	24.0±0.2
Volatile solids (VS)	g/L	36.1±0.3	4.8±0.2	41.5±0.2	7.0±0.1
Suspended solids (SS)	g/L	N.D.	N.D.	59.8±0.1	N.D.
Volatile suspended solids (VSS)	g/L	N.D.	N.D.	37.2±0.3	N.D.
Total nitrogen (TN)	g/L	1.2±0.2	0.2±0.3	2.5±0.4	0.7±0.2
Alkalinity	g/L as CaCO <sub>3</sub>	2.9±0.2	4.9±0.2	6.1±0.1	2.4±0.2
Lipid	g/L	6.5±0.3	1.1±0.2	4.5±0.1	4.4±0.1
Total chemical oxygen demand (tCOD)	g/L	59.0±0.1	7.5±0.1	N.D.	33.9±0.2
Soluble chemical oxygen demand (sCOD)	g/L	38.2±0.3	N.D.	12.5±0.2	23.9±0.3
Total volatile fatty acids (tVFA)	g/L	1.1±0.1	0.12±0.2	0.92±0.3	4.8±0.1
Acetic acid	g/L	0.4±0.1	N.D.	0.3±0.3	1.8±0.2
Propionic acid	g/L	0.06±0.01	N.D.	0.07±0.3	1.4±0.1
Isobutyric acid	g/L	0.03±0.03	N.D.	0.05±0.3	0.3±0.1
Butyric acid	g/L	0.6±0.1	N.D.	0.5±0.1	2.5±0.1

Note: N.D. = Not determined.

## Table 2 (on next page)

Process performance of recovery reactor by by self-recovery, 20%v/v BE 0.14% w/v NaOH, 0.5% w/v  $\text{Ca(OH)}_2$  and 8.0% w/v ash, the colors respect to the high performance to low performance for recovering inhibited system is represented from dark red

The colors respect to the high performance to low performance for recovering inhibited system is represented from dark red to light red, respectively.

- 1 **Table 2** Process performance of recovery reactor by by self-recovery, 20%v/v BE 0.14% w/v NaOH, 0.5% w/v Ca(OH)<sub>2</sub> and 8.0% w/v ash, the colors respect to the
- 2 high performance to low performance for recovering inhibited system is represented from dark red to light red, respectively.

Strategies	Initial pH	Final pH	Methane yield (mL-CH <sub>4</sub> /g-VS <sub>added</sub> )	Methane Production rate (mL-CH <sub>4</sub> /day)	$k_h$ (d <sup>-1</sup> )	Lag time (day)	Recovery time (day)
Self-recovery	5.70	5.20	209.00	40.77	0.005	21.20	49.42
10%v/v TW	6.20	6.30	190.42	42.72	0.007	15.10	41.72
20%v/v TW	6.30	6.40	186.79	40.58	0.006	12.40	39.23
30%v/v TW	6.30	6.40	178.37	46.02	0.007	14.30	38.11
40%v/v TW	6.50	6.50	173.09	46.43	0.007	10.90	36.53
50%v/v TW	6.50	6.50	176.57	62.49	0.006	9.90	33.21
10%v/v BE	6.70	6.30	213.71	53.41	0.008	12.30	41.99
20%v/v BE	6.80	6.40	281.59	91.38	0.009	7.10	36.36
30%v/v BE	6.90	6.50	253.04	108.04	0.008	7.70	30.77
40%v/v BE	6.50	6.60	229.20	100.42	0.009	7.20	31.23
50 %v/v BE	6.50	6.80	230.10	92.81	0.008	9.90	32.79
0.10%w/v NaOH	6.50	6.60	217.98	85.89	0.007	9.50	30.79
0.11%w/v NaOH	6.60	6.80	237.98	87.25	0.007	9.50	29.97
0.12%w/v NaOH	6.80	6.80	277.68	87.02	0.006	8.90	34.98
0.13%w/v NaOH	7.00	7.20	263.39	85.88	0.006	9.10	34.07
0.14%w/v NaOH	7.30	7.50	383.33	111.65	0.006	9.00	34.96
0.85%w/v NaHCO <sub>3</sub>	6.70	6.80	222.74	31.80	0.008	12.00	45.75
1.00%w/v NaHCO <sub>3</sub>	6.80	6.80	224.01	24.22	0.008	12.00	58.83
1.25%w/v NaHCO <sub>3</sub>	6.90	6.90	268.15	27.22	0.009	12.00	61.57
1.45%w/v NaHCO <sub>3</sub>	6.90	7.00	167.93	20.82	0.008	14.00	58.45
1.50%w/v NaHCO <sub>3</sub>	7.00	7.10	158.01	22.01	0.008	14.00	53.35
0.10%w/v Ca(OH) <sub>2</sub>	6.70	7.10	318.96	103.82	0.008	7.60	36.70
0.20%w/v Ca(OH) <sub>2</sub>	6.80	7.10	333.26	129.46	0.007	9.00	35.30
0.30%w/v Ca(OH) <sub>2</sub>	6.80	7.00	367.87	112.01	0.007	8.30	35.33
0.40%w/v Ca(OH) <sub>2</sub>	7.00	7.30	372.65	151.41	0.008	9.10	33.76
0.50%w/v Ca(OH) <sub>2</sub>	7.10	7.60	359.87	137.66	0.006	9.40	33.85
6.0%w/v Palm oil ash	6.50	7.00	239.00	155.44	0.007	7.90	33.19
7.0%w/v Palm oil ash	6.90	7.00	264.80	155.22	0.006	8.60	32.14
8.0%w/v Palm oil ash	6.90	7.00	346.54	226.27	0.007	8.20	32.38
9.0%w/v Palm oil ash	6.90	7.00	217.99	147.49	0.006	9.20	33.04
10.0%w/v Palm oil ash	6.90	7.00	211.43	152.15	0.006	9.10	32.48



4 **Notes.**

5 The colors respect to the high performance to low performance for recovering inhibited system is represented from dark red to light red, respectively.

# **Table 3**(on next page)

Process performance of recovery reactor by reinoculation strategy

The colors respect to the high performance to low performance for recovering inhibited system is represented from dark red to light red, respectively.

**Table 3** Process performance of recovery reactor by reinoculation strategy

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Strategies	Initial pH	Final	Methane yield (mL-CH <sub>4</sub> /g- VS <sub>added</sub> )	Methane production rate(mL-CH <sub>4</sub> /day) pH	$k_h$ (d <sup>-1</sup> )	Lag time (day)	Recovery time (day)
5% reinoculation	6.40	6.50	211.70	40.42	0.007	15.20	45.75
10% reinoculation	6.40	6.50	216.25	47.22	0.007	15.10	46.11
15% reinoculation	6.40	6.50	214.35	60.76	0.007	15.00	47.21
20% reinoculation	6.40	6.50	221.74	77.04	0.006	15.00	45.23
25% reinoculation	6.40	6.50	222.07	70.65	0.006	15.00	44.21
30% reinoculation	6.40	6.60	223.74	65.94	0.006	13.20	43.56
35% reinoculation	6.40	6.60	222.29	67.87	0.006	12.00	43.92
40% reinoculation	6.40	6.60	226.66	80.92	0.006	12.00	44.00
45% reinoculation	6.40	6.90	229.92	80.12	0.007	11.00	44.45
50% reinoculation	6.40	6.95	237.05	83.45	0.008	11.00	45.75

3 **Notes.**

4 The colors respect to the high performance to low performance for recovering inhibited system is represented from dark red to light red, respectively.

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**Table 4**(on next page)

The economic analysis of strategy for recovery the commercial failure biogas.

**Table 4** The economic analysis of strategy for recovery the commercial failure biogas.

Chemical or alkali substance	Market price (\$/kg or \$/L)	Cost of the proposed process (\$/m <sup>3</sup> -reactor)
Tap water (TW)	0.0005	0.02-0.05
Biogas effluent (BE)	-	-
NaOH	0.29	0.29-0.41
Ca(OH) <sub>2</sub>	0.19	0.19-0.95
NaHCO <sub>3</sub>	0.21	1.79-3.15
Palm oil ash	-	-