

Influence of rimonabant treatment on peripheral blood mononuclear cells; flow cytometry analysis and gene expression profiling

Stefan Almestrand^{1,*}, Xiao Wang^{1,**}, Åsa Jeppsson-Ahlberg², Marcus Nordgren^{1,***}, Jenny Flygare^{1,****}, Birger Christensson¹, Stephan Rössner³ and Birgitta Sander¹

¹ Department of Laboratory Medicine, Division of Pathology, Karolinska Institutet and Karolinska University Hospital Huddinge, Stockholm, Sweden

² Pathology/Cytology, Karolinska University Hospital Huddinge, Stockholm, Sweden

³ Department of Medicine, Karolinska University Hospital Huddinge, Stockholm, Sweden

* Current affiliation: AstraZeneca, Södertälje, Sweden

** Current affiliation: Center for Primary Health Care Research, Skåne University Hospital, Malmö, Sweden

*** Current affiliation: Laboratory of Lipid Biochemistry and Protein Interactions, Department of Cellular and Molecular Medicine, KU Leuven, Leuven, Belgium

**** Current affiliation: Department of Laboratory Medicine, Division of Clinical Chemistry, Karolinska Institutet, Stockholm Sweden

ABSTRACT

The cannabinoid receptor type 1 (CB1) antagonist rimonabant has been used as treatment for obesity. In addition, anti-proliferative effects on mitogen-activated leukocytes have been demonstrated *in vitro*. We have previously shown that rimonabant (SR141716A) induces cell death in *ex vivo* isolated malignant lymphomas with high expression of CB1 receptors. Since CB1 targeting may be part of a future lymphoma therapy, it was of interest to investigate possible effects on peripheral blood mononuclear cells (PBMC) in patients treated with rimonabant. We therefore evaluated leukocyte subsets by 6 color flow cytometry in eight patients before and at treatment with rimonabant for 4 weeks. Whole-transcript gene expression profiling in PBMC before and at 4 weeks of rimonabant treatment was done using Affymetrix Human Gene 1.0 ST Arrays. Our data show no significant changes of monocytes, B cells, total T cells or T cell subsets in PBMC during treatment with rimonabant. There was a small but significant increase in CD3⁻, CD16⁺ and/or CD56⁺ cells after rimonabant therapy. Gene expression analysis detected significant changes in expression of genes associated with innate immunity, cell death and metabolism. The present study shows that normal monocytes and leukocyte subsets in blood remain rather constant during rimonabant treatment. This is in contrast to the induction of cell death previously observed in CB1 expressing lymphoma cells in response to treatment with rimonabant *in vitro*. These differential effects observed on normal and malignant lymphoid cells warrant investigation of CB1 targeting as a potential lymphoma treatment.

Submitted 23 February 2015

Accepted 5 June 2015

Published 30 June 2015

Corresponding author

Birgitta Sander,
birgitta.sander@ki.se

Academic editor
Julia Kzhyshkowska

Additional Information and
Declarations can be found on
page 10

DOI 10.7717/peerj.1056

© Copyright
2015 Almestrand et al.

Distributed under
Creative Commons CC-BY 4.0

OPEN ACCESS

Subjects Cell Biology, Neuroscience, Hematology, Immunology, Metabolic Sciences

Keywords Blood leukocytes, Gene expression profiling, Cannabinoid receptor, Rimonabant, Flow cytometry

INTRODUCTION

The endocannabinoid system consists of the cannabinoid type 1 (CB1) and cannabinoid type 2 (CB2) receptors, their endogenous ligands anandamide and 2-arachidonoyl glycerol and the enzymes involved in their biosynthesis and metabolism (*Di Marzo, Bifulco & De Petrocellis, 2004*). CB1 is involved in the regulation of food intake, energy balance and metabolism of glucose and lipids (*Di Marzo & Matias, 2005*). In clinical studies, CB1 receptor blockage by the selective CB1 antagonist rimonabant (SR141716A) induced weight loss and improvement in serum lipid, glucose and insulin levels by targeting central and peripheral CB1 receptors (*Van Gaal et al., 2008*). However, some patients experienced depression, and this was considered an unacceptable side effect for treating obesity/metabolic syndrome. Hence, the drug was withdrawn from clinical use but there is remaining interest in some of its many potential medical applications (*Cooper & Regnell, 2014; Zhou et al., 2012*) including treatment of various malignancies. It is therefore of interest to investigate possible adverse effects on blood cells in patients treated with rimonabant.

The endocannabinoid system is regulating various aspects of lymphocyte proliferation, maturation and immune response (*Klein, 2005; Muppidi et al., 2011; Pandey et al., 2009; Pereira et al., 2009; Sido, Nagarkatti & Nagarkatti, 2014*). Targeting the endocannabinoid system may therefore be a possible new treatment option in various lymphoproliferative disorders. CB1 receptors are expressed on cells of the immune system, but generally at lower levels than CB2 (*Bouaboula et al., 1993; Galiegue et al., 1995*). We and others have found that CB1 and CB2 are highly expressed on neoplastic lymphocytes in malignant lymphoma (*Gustafsson et al., 2008; Islam et al., 2003; McKallip et al., 2002; Wasik et al., 2014*). Targeting of CB1 and CB2 with endogenous or synthetic agonists reduced cell proliferation *in vitro* and *in vivo* and induced programmed cell death selectively in tumor cells of mantle cell lymphoma (*Flygare et al., 2005; Gustafsson et al., 2006; Gustafsson et al., 2008; Wasik et al., 2011*). Similarly, CB2 agonists induced cell death in T cell lymphoblastic leukemia (*McKallip et al., 2002*). Also the CB1 antagonist rimonabant impaired proliferation and induced cell death in *ex vivo* isolated mantle cell lymphoma cells, alone, or in combination with anandamide (*Flygare et al., 2005*). Others have reported antiproliferative effects of rimonabant on *in vitro* activated PBMC but not on freshly isolated, non-activated PBMC (*Gallotta et al., 2010; Malfitano et al., 2008*). These results show that CB1 blockade may have immunomodulatory and antiproliferative effects on malignant lymphoma and on activated normal lymphocytes *in vitro* but seems to spare resting lymphocytes. Very little is published on the effects of rimonabant on human PBMC *in vivo*, and the aim of this study was to investigate how treatment with rimonabant affected blood leukocytes. We therefore collected blood cells from obese patients treated with rimonabant and analyzed blood leukocytes by flow cytometry before and during treatment. To investigate which genes were differentially expressed in PBMC during rimonabant treatment, we used oligonucleotide arrays to compare gene expression profiles in PBMC before and at 4 weeks of treatment. This pilot study shows that rimonabant treatment induces expression of genes involved in immune responses but have only marginal effects on leukocyte subset frequencies in blood.

MATERIALS AND METHODS

Patients and study design

Rimonabant was prescribed to eight patients, admitted to the Overweight Study Unit at the Department of Medicine, Karolinska University Hospital. Rimonabant was administered according to the manufacturers guidelines. All patients had a BMI >35 kg/m², were treated on clinical indications (metabolic and mechanical disability) and without mental disturbances. They were not included in any other study. The clinical characteristics of these patients are presented in [Table 1](#). Blood samples were collected before treatment and at the first clinical control, when the patients had received rimonabant, 20 mg daily, for 4 weeks. All patients gave their informed consent and the study was performed in accordance with the Declaration of Helsinki and approved by the Regional Ethical Committee in Stockholm.

Flow cytometry

The phenotypes of cells in the blood were analyzed by flow cytometry according to standard procedures at the Hematopathology Unit, Dept. of Pathology, Karolinska University Hospital, using 6 color flow cytometry to detect T, B, NK cells and CD3[−] CD4⁺ cells (monocytes and dendritic cells). Flow cytometry was performed on a CANTO 1 flow cytometer (BD, Becton-Dickinson, Europe).

For data acquisition and analysis, a CANTO 1 flow cytometer (BD, Becton Dickinson, Europe) was used with Cell Quest software (Becton Dickinson, Franklin Lakes, New Jersey, USA). All samples were analyzed by setting appropriate side and forward scatter gates to identify the mononuclear cell population, using CD45 and forward and side scatter for gate setting. Consistency of analysis parameters was ascertained by calibrating the flow cytometer with calibrating beads and FACSComp software, both from Becton Dickinson. The results are reported as percentage of gated cells positive for each antibody. The following fluorochrome conjugated antibodies, all from BD, were used: CD4 PE, CD3 PerCP-Cy5.5, CD19 PE-Cy7, CD8 APC and CD45 APC-H7. We also used BD Multitest 6-Color TBNK Reagent containing CD3 FITC clone SK7, CD16 PE clone B73, CD56 PE clone NCAM 16.2, CD45 PerCP-Cy5.5 clone 2D1, CD4 PE-Cy7 clone SK3, CD19 APC clone SJ25C1 and CD8 APC-Cy7, clone SK1. The gating strategy is shown in [Fig. S1](#).

RNA isolation and oligonucleotide array hybridization

Blood mononuclear cells were isolated by Ficoll separation (Ficoll-Paque PLUS, GE Healthcare, Little Chalfont, UK). From the cell-pellet total RNA was prepared using Qiagen midi plus kit (Qiagen GmbH, Hilden Germany) as recommended by the manufacturer and was quality controlled on an Agilent Bioanalyzer (Agilent Technologies, Inc. Palo Alto, California, USA). Six pretreatment samples and seven samples obtained after rimonabant treatment passed the quality control. The cRNA synthesis for microarray experiments and the hybridizations were carried out using Affymetrix Human Gene 1.0 ST Array (Affymetrix, Inc., Santa Clara, California, USA) according to standard Affymetrix

Table 1 Clinical parameters of included subjects and percentages of blood cells as analyzed by flow cytometry before and after 4 weeks of rimonabant treatment. Total T cells were defined as CD3+, CD4+ T cells as CD3+CD4+, CD8+ T cells as CD3+CD8+ and B cells as CD19+. The CD3–CD4+ cell population consists of monocytes and dendritic cells. The CD3–, CD16+ and/or CD56+ contain NK cells and monocytes with CD16 expression. There was a significant increase in CD3–, CD16+ and/or CD56+ cells after treatment ($p = 0.049$, paired t -test), all other changes were non significant.

Patient	Age, sex	Weight change (kg)	Leukocyte subsets as analyzed by flow cytometry*											
			Total T cells		CD4+ T cells		CD8+ T cells		B cells		CD3–CD4+ cells		CD3–, CD16+ and/or CD56+	
			Before	After	Before	After	Before	After	Before	After	Before	After	Before	After
1	50, F	nd	75	73	61	59	14	13	15	12	7.2	8	9	14
2	41, F	–6.3	58	61	37	34	21	26	32	25	7	6.6	8	12
3	55, F	nd	72	72	54	53	19	20	16	12	5.7	8	11	15
4	56, M	–3.1	70	72	48	51	21	20	15	17	5.9	4.6	14	10
5	47, F	–2.8	75	73	51	49	23	24	11	12	4.9	8	13	15
6	44, F	0.0	69	70	51	50	17	19	20	18	3.9	4.6	8	12
7	69, F	–2.0	81	81	37	35	45	46	8	8	3.3	3.4	9	11
8	58, M	–3.0	85	87	52	53	32	40	4	3	2.1	5.7	7	9
Median	52.5	2.9	73.5	72.5	51	50.5	21	22	15	12	5.3	6.15	9	12
(range)	(41–69)	(0–6.3)	(58–85)	(61–87)	(37–61)	(34–59)	(14–45)	(13–46)	(4–32)	(3–25)	(2.1–7.2)	(3.4–8)	(8–14)	(9–15)

Notes.

* Values are percentage of cells in mononuclear gate.

protocols at the core facility for Bioinformatics and Expression Analysis, Department of Biosciences and Nutrition, Karolinska Institutet.

Gene expression data analysis

We used tools provided in the Partek Genomic Suite 6.5 software (Partek Inc., St. Louis, Missouri, USA). Normalization was done by Robust Multiarray Analysis (RMA) followed by 1-way Analysis Of Variance (ANOVA) comparing the patient group before and after treatment. Significantly changed genes and exons were selected with an unadjusted p -value of <0.001 , a False Discovery Rate (FDR) <0.1 and a fold-change equal or greater than >1.5 for up regulated genes and equal or less than <-1.5 for down regulated genes. Gene functional annotations were performed by using the free software DAVID v6.7 (Database for Annotation, Visualization and Integrated Discovery) (Huang *da*, Sherman & Lempicki, 2009). The gene expression data are deposited at the GEO repository under the number GSE68055.

Statistical analysis

Leukocyte subsets (as measured by flow cytometry) in blood before and after rimonabant treatment were analyzed using a paired t -test.

RESULTS

Analysis of PBMC by flow cytometry before and during treatment with rimonabant

Blood levels of mononuclear cells on eight obese patients were analyzed by flow cytometry before and during treatment with rimonabant. There were no significant changes in the relative frequencies of total CD3+ T cells, CD4+ T cells, CD8+ T cells, B cells or CD3-CD4+ cells (monocytes and dendritic cells) in the patients during the treatment period (Table 1, graphically presented in Fig. 1) There was however a trend towards an increase in percentage of CD3-, CD16+/and or CD56+ cells (before treatment median 9% range 7-14%; after treatment median 12% range 9-15% $p = 0.049$) (Table 1 and Fig. 1).

Whole-transcript gene expression analysis demonstrates significant changes in genes belonging to innate immune system pathways

Treatment with rimonabant might influence the expression of genes in patient leukocytes. To explore possible differences in gene expression profiles, whole-transcript expression analysis of PBMC before and during treatment was done, using Affymetrix Human Gene 1.0 ST Arrays. 47 probe sets were significantly differently expressed during treatment with a fold change of at least 1, 5, 37 probe sets showed increased expression and 10 decreased expression, respectively (Table 2). Several of the genes with significantly increased expression after rimonabant treatment are known components of the innate immune system (as exemplified by KLRF1, LILRA2, CTSB, CD160, CD177, and LY96). KLRF1 (also named NKp80) encodes a lectin-type of receptor that is expressed on nearly all NK cells and stimulates their cytotoxicity and cytokine release (Kuttruff *et al.*, 2009).

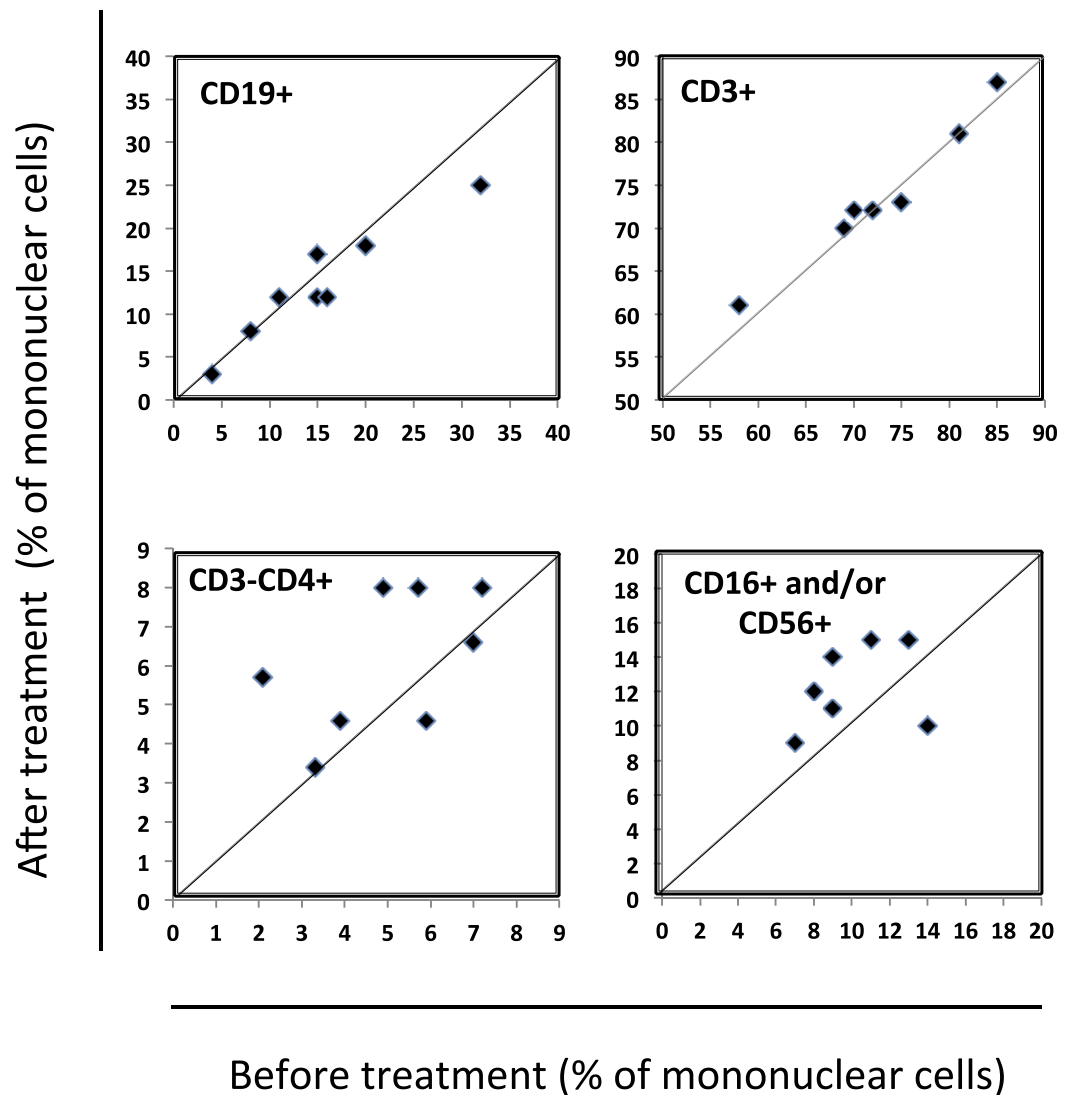


Figure 1 Percentage of peripheral blood mononuclear cells (PBMC) before and during treatment with rimonabant. PBMC were analyzed by flow cytometry before start of therapy and 4 weeks later and results are given as percentage of mononuclear cells in blood. Each data point represents results from one patient. In cases with no change in the frequency of a certain cell type the data point would fall on the line. The only statistically significant change was for CD3⁻, CD16⁺ and/or CD56⁺ cells ($p = 0.049$). For the other subsets the p -values were as follows: CD3⁺ $p = 0.47$; CD3⁺CD4⁺ $p = 0.25$; CD3⁺CD8⁺ $p = 0.11$; CD19⁺ $p = 0.13$; CD3⁻CD4⁺ $p = 0.11$. The mononuclear gate was defined by CD45 in combination with side and forward scatter. Within this gate the frequencies of CD3⁺ T cells, CD19⁺ B cells, CD3⁻, CD56⁺ and/or CD16⁺ cells (NK cells and subpopulation of CD16⁺ monocytes) and CD3⁻, CD4⁺ cells (monocytes and dendritic cells) were analyzed.

LILRA2 is the gene for an immune receptor that is expressed on monocytes, B cells, NK cells and dendritic cells and affects antigen presentation and innate immune responses (Lu *et al.*, 2012). CTSB encodes cathepsin B, a protein that can be expressed in several immune cells including monocytes and that is involved in cell migration and immune modulation (Staub-Ram & Miller, 2011). CD160 is an essential NK cell receptor and is

Table 2 Genes differentially expressed in PBMC after treatment with rimonabant (ratio > 1.5 between rimonabant treated and controls, *p*-value < 0.001, false discovery rate < 0.1).

Probe set ID	Gene symbol	Fold change	<i>p</i> -value	Gene name
7953892	KLRF1	2.50	0.00046	Killer cell lectin-like receptor subfamily F, member 1
7983910	AQP9	2.25	0.00033	Aquaporin 9
8031207	LILRA2	2.10	0.00059	Leukocyte immunoglobulin-like receptor, subfamily A
8078008	LSM3	2.00	0.00068	LSM3 homolog
7981290	WARS	1.99	0.00028	Tryptophanyl-tRNA synthetase
8149330	CTSB	1.90	0.00089	Cathepsin B
8127534	C6orf150	1.87	0.00035	
7919243	CD160	1.79	0.00096	CD160 molecule
8130732	BRP44L	1.74	0.00073	Brain protein 44-like
8110318	PRELID1	1.72	0.00084	PRELI domain containing 1
8003953	PSMB6	1.69	0.00013	Proteasome subunit, beta type, 6
8015545	RAB5C	1.68	0.00085	RAB5C, member RAS oncogene family
8133690	MDH2	1.68	0.00081	Malate dehydrogenase 2
8178676	NEU1	1.67	0.00052	Sialidase 1
7973110	RNASE2	1.65	0.00028	Ribonuclease, RNase A family, 2
026541	FAM32A	1.65	0.00032	Family with sequence similarity 32, member A
8004247	C17orf49	1.64	0.00062	
8088820	RYBP	1.63	0.00076	RING1 and YY1 binding protein
8058373	WDR12	1.62	0.00077	WD repeat domain 12
8071119	BCL2L13	1.61	0.00092	BCL2-like 13 (apoptosis facilitator)
8174103	GK	1.61	0.00086	Glycerol kinase
8016099	EFTUD2	1.60	0.00079	Elongation factor Tu GTP binding domain containing 2
7914563	YARS	1.60	0.00086	Tyrosyl-tRNA synthetase
979085	PYGL	1.59	0.00092	Phosphorylase, glycogen
8004237	RNASEK	1.59	0.00049	Ribonuclease, RNase K
7947681	ARHGAP1	1.58	0.00025	Rho GTPase activating protein 1
7959153	COX6A1	1.57	0.00096	Cytochrome c oxidase subunit VIa polypeptide 1
8017437	FTSJ3	1.56	0.00055	FtsJ homolog 3
8049180	EIF4E2	1.55	0.00096	Eukaryotic translation initiation factor 4E family member
8146934	LY96	1.54	0.00075	Lymphocyte antigen 96
7900922	ATP6V0B	1.54	0.00064	ATPase, H ⁺ transporting
8037913	NAPA	1.53	0.00037	N-ethylmaleimide-sensitive factor attachment protein, alpha
8037037	ATP5SL	1.52	0.00031	ATP5S-like
8016708	LRRC59	1.51	0.00019	Leucine rich repeat containing 59
8163383	SUSD1	1.51	0.00062	Sushi domain containing 1
7990151	PKM2	1.51	0.00093	Pyruvate kinase, muscle
7978123	PSME2	1.51	0.00065	Proteasome activator subunit 2
8075564	RFPL2	-1.51	0.00020	Ret finger protein-like 2
7900878	ARTN	-1.51	0.00041	Artemin
8141228	TMEM130	-1.51	0.00075	Transmembrane protein 130
8037298	CD177	-1.58	4.0e-005	CD177 molecule

(continued on next page)

Table 2 (continued)

Probe set ID	Gene symbol	Fold change	p-value	Gene name
8069142	KRTAP10-4	-1.59	0.00023	Keratin associated protein 10-4
8070771	KRTAP10-1	-1.60	0.00054	Keratin associated protein 10-1
8172713	LOC347549	-1.61	0.00061	Hypothetical LOC347549
8075200	RHBDD3	-1.63	0.00067	Rhomboid domain containing 3
8167575	GAGE12B	-1.66	0.00028	G antigen 12B
8010901	DOC2B	-1.82	0.00072	Double C2-like domains, beta

involved in regulation of cytokine production (reviewed in *Le Bouteiller et al., 2011*). CD177 is a GPI linked cell surface molecule that regulates activation and migration of neutrophil granulocytes (*Stroncek, 2007*). LY96 (also named MD-2) is associating with toll-like receptor 4 and is involved in signaling by LPS (*Mancek-Keber & Jerala, 2015*). A few genes promoting increased apoptosis were also upregulated (BCL-like 13, an apoptosis facilitator (*Jensen et al., 2014; Kataoka et al., 2001*), RING1- and YY1-binding protein, a regulator of MDM2 (*Chen et al., 2009*)).

It has previously been shown that chronic marijuana users have increased expression of CB1 in peripheral blood mononuclear cells (*Nong et al., 2002*). We therefore specifically analyzed the expression of genes belonging to the endocannabinoid system in our patient cohort. Rimonabant treatment did neither affect the expression of CB1 (mean and standard deviation of CB1 expression values before and after treatment were 12.5 ± 3.24 and 10.79 ± 2.43 , respectively, corresponding to a fold change of -1.1) nor of CB2 or the enzymes involved in the degradation and/or synthesis of endocannabinoids (fatty acid amide hydrolase, FAAH, and N-acyl phosphatidylethanolamine phospholipase D, NAPE-PLD) either when analyzed by gene expression analysis or by RT-PCR (data not shown).

DISCUSSION

In this study we investigated the possible effects on PBMC of treatment with the CB1 antagonist rimonabant in patients taking the drug for obesity. We found that the distribution of leukocyte subsets remained rather constant, as analyzed by flow cytometry before treatment and after 4 weeks of treatment with rimonabant with the exception of CD3⁻, CD16⁺ and/or CD56⁺ cells that increased after treatment. This subset includes NK cells (CD3⁻, CD56⁺ and/or CD16⁺) and also subsets of monocytes (CD3⁻CD16⁺). There were no significant changes in expression levels of cannabinoid receptors or enzymes involved in synthesis and metabolism of endocannabinoids. However gene expression analysis suggested that genes involved in metabolism, cell death and the innate immune system were up regulated during treatment.

Rimonabant is the first selective CB1 antagonist registered for clinical use and was clinically developed for treatment of obesity and the metabolic syndrome. Beside the effect on food intake, anti-proliferative actions on normal and malignant cells have been reported. Cannabinoid receptors are often more highly expressed on malignant cells than on their normal counterparts and cancer cells are usually more sensitive to

the action of cannabinoids than normal cells (reviewed in [Flygare & Sander, 2008](#); [Sido, Nagarkatti & Nagarkatti, 2014](#); [Wasik, Christensson & Sander, 2011](#)). Rimonabant has been reported to induce growth inhibition or apoptosis on several malignancies including breast, thyroid and colon cancer ([Bifulco et al., 2004](#); [De Petrocellis et al., 1998](#); [Santoro et al., 2009](#); [Sarnataro et al., 2006](#)). We have previously demonstrated that mantle cell lymphoma and other B cell lymphomas have higher expression of CB1 and CB2 than normal lymphocytes ([Gustafsson et al., 2008](#); [Islam et al., 2003](#); [Wasik et al., 2014](#)). Cannabinoid receptor agonists, at 1–10 μM levels, reduced proliferation and induced programmed cell death in mantle cell lymphoma *in vitro* and in a xenotransplant model ([Flygare et al., 2005](#); [Gustafsson et al., 2006](#); [Gustafsson et al., 2008](#); [Schatz et al., 1997](#); [Wasik et al., 2011](#)). Interestingly, similar concentrations of rimonabant induced cell death in *ex vivo* isolated mantle cell lymphoma cells ([Flygare et al., 2005](#)). While these studies suggest that targeting of CB1 may be of use in cancer therapy, concern may be raised since anti-proliferative effects have been reported in PBMC ([Malfitano et al., 2008](#)). In these studies, rimonabant inhibited mitogen induced cell proliferation *in vitro* via G1/S phase arrest without induction of cell death ([Malfitano et al., 2008](#)). In contrast, [Gallotta et al. \(2010\)](#) reported that freshly isolated PBMC are highly resistant to the cytotoxic and cytostatic effects of rimonabant compared to leukemia-derived cell lines. It is possible that the different sensitivity to CB1 antagonism in freshly isolated, compared to mitogen activated, PBMC may reflect differences in expression levels of CB1. Resting leukocytes express very low levels of CB1 ([Bouaboula et al., 1993](#); [Galiegue et al., 1995](#); [Kaminski et al., 1992](#)) while receptor levels may increase upon activation by mitogens, cytokines or exposure to CB1 agonists ([Borner et al., 2007](#); [Nong et al., 2002](#); [Schatz et al., 1997](#)). We did not detect any significant differences in expression levels of CB1 or other components of the endocannabinoid system during rimonabant treatment for 4 weeks. Furthermore, our studies on *ex vivo* isolated PBMC from rimonabant treated patients demonstrated very minor changes in frequencies of T cells, B cells, CD3⁻, CD16⁺ and/or CD56⁺ cells or CD3⁻CD4⁺ cells or on total lymphocyte counts, in line with the results of [Gallotta et al. \(2010\)](#).

Global gene expression analysis demonstrated significant changes in genes coding for components of the innate immune system. The study design does not make it possible to discriminate if the differences in gene expression can be ascribed to certain subsets of leukocytes or if it is a general process, seen in all PBMC. However, many of the genes that were more highly expressed after treatment with rimonabant are expressed in NK cells (such as KLRF1 and CD160) and monocytes, which imply that the treatment is associated with the activation of certain inflammatory and immunological functions of the innate immune system. Interestingly, rimonabant has been shown to directly activate human and mouse macrophages and thereby inhibit the development of the intracellular pathogen *Brucella suis* ([Gross et al., 2000](#)). Furthermore, studies on lipopolysaccharide activated human macrophages showed that CB1 receptor blockade by rimonabant suppressed production of inflammatory cytokines (IL-1 β , IL-6, IL-8, TNF- α) and matrix metalloproteinase-9 ([Sugamura et al., 2009](#)).

CONCLUSIONS

In conclusion our results show that rimonabant treatment induces expression of genes involved in immune responses but have only marginal effects on leukocyte subset frequencies in blood. This is in marked contrast to previous studies in which rimonabant induced cell death in malignant B lymphocytes that express high levels of CB1 (*Flygare et al., 2005*). The relatively small effects on normal leukocytes suggest that CB1 targeting may be further investigated as a therapeutic approach in lymphoma treatment, enabling selective effects of tumor cells.

ADDITIONAL INFORMATION AND DECLARATIONS

Funding

This study was supported by grants from the Swedish Cancer Society, the Swedish Research Council, the Cancer Society in Stockholm, Karolinska Institutet Funds and Stockholm County Council funds. The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.

Grant Disclosures

The following grant information was disclosed by the authors:

The Swedish Cancer Society.

The Swedish Research Council.

The Cancer Society in Stockholm.

Karolinska Institutet Funds.

Stockholm County Council.

Competing Interests

Stefan Almestrand is an employee of AstraZeneca. The authors declare there are no competing interests.

Author Contributions

- Stefan Almestrand performed the experiments, analyzed the data, prepared figures and/or tables, reviewed drafts of the paper.
- Xiao Wang, Åsa Jeppsson-Ahlberg, Marcus Nordgren and Jenny Flygare performed the experiments, analyzed the data, reviewed drafts of the paper.
- Birger Christensson conceived and designed the experiments, performed the experiments, analyzed the data, contributed reagents/materials/analysis tools, wrote the paper, reviewed drafts of the paper.
- Stephan Rössner conceived and designed the experiments, performed the experiments, analyzed the data, contributed reagents/materials/analysis tools, reviewed drafts of the paper.
- Birgitta Sander conceived and designed the experiments, performed the experiments, analyzed the data, contributed reagents/materials/analysis tools, wrote the paper, prepared figures and/or tables, reviewed drafts of the paper.

Human Ethics

The following information was supplied relating to ethical approvals (i.e., approving body and any reference numbers):

All patients gave their informed consent and the study was performed in accordance with the Declaration of Helsinki and approved by the Regional Ethical Committee in Stockholm. The ethical number is Dnr_1267_31.

Microarray Data Deposition

The following information was supplied regarding the deposition of microarray data:

The gene expression data are deposited at the GEO repository under the number [GSE68055](https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE68055).

Supplemental Information

Supplemental information for this article can be found online at <http://dx.doi.org/10.7717/peerj.1056#supplemental-information>.

REFERENCES

- Bifulco M, Laezza C, Valenti M, Ligresti A, Portella G, Di Marzo V. 2004.** A new strategy to block tumor growth by inhibiting endocannabinoid inactivation. *FASEB Journal* **18**:1606–1608.
- Borner C, Hollt V, Sebald W, Kraus J. 2007.** Transcriptional regulation of the cannabinoid receptor type 1 gene in T cells by cannabinoids. *Journal of Leukocyte Biology* **81**:336–343 DOI [10.1189/jlb.0306224](https://doi.org/10.1189/jlb.0306224).
- Bouaboula M, Rinaldi M, Carayon P, Carillon C, Delpech B, Shire D, Le Fur G, Casellas P. 1993.** Cannabinoid-receptor expression in human leukocytes. *European Journal of Biochemistry* **214**:173–180 DOI [10.1111/j.1432-1033.1993.tb17910.x](https://doi.org/10.1111/j.1432-1033.1993.tb17910.x).
- Chen D, Zhang J, Li M, Rayburn ER, Wang H, Zhang R. 2009.** RYBP stabilizes p53 by modulating MDM2. *EMBO Reports* **10**:166–172 DOI [10.1038/embor.2008.231](https://doi.org/10.1038/embor.2008.231).
- Cooper ME, Regnell SE. 2014.** The hepatic cannabinoid 1 receptor as a modulator of hepatic energy state and food intake. *British Journal of Clinical Pharmacology* **77**:21–30 DOI [10.1111/bcp.12102](https://doi.org/10.1111/bcp.12102).
- De Petrocellis L, Melck D, Palmisano A, Bisogno T, Laezza C, Bifulco M, Di Marzo V. 1998.** The endogenous cannabinoid anandamide inhibits human breast cancer cell proliferation. *Proceedings of the National Academy of Sciences of the United States of America* **95**:8375–8380 DOI [10.1073/pnas.95.14.8375](https://doi.org/10.1073/pnas.95.14.8375).
- Di Marzo V, Bifulco M, De Petrocellis L. 2004.** The endocannabinoid system and its therapeutic exploitation. *Nature Reviews Drug Discovery* **3**:771–784 DOI [10.1038/nrd1495](https://doi.org/10.1038/nrd1495).
- Di Marzo V, Matias I. 2005.** Endocannabinoid control of food intake and energy balance. *Nature Neuroscience* **8**:585–589 DOI [10.1038/nn1457](https://doi.org/10.1038/nn1457).
- Flygare J, Gustafsson K, Kimby E, Christensson B, Sander B. 2005.** Cannabinoid receptor ligands mediate growth inhibition and cell death in mantle cell lymphoma. *FEBS Letters* **579**:6885–6889 DOI [10.1016/j.febslet.2005.11.020](https://doi.org/10.1016/j.febslet.2005.11.020).
- Flygare J, Sander B. 2008.** The endocannabinoid system in cancer-Potential therapeutic target? *Semin Cancer Biology* **18**:176–189 DOI [10.1016/j.semcancer.2007.12.008](https://doi.org/10.1016/j.semcancer.2007.12.008).

- Galiegue S, Mary S, Marchand J, Dussossoy D, Carriere D, Carayon P, Bouaboula M, Shire D, Le Fur G, Casellas P. 1995. Expression of central and peripheral cannabinoid receptors in human immune tissues and leukocyte subpopulations. *European Journal of Biochemistry* 232:54–61 DOI 10.1111/j.1432-1033.1995.tb20780.x.
- Gallotta D, Nigro P, Cotugno R, Gazzero P, Bifulco M, Belisario MA. 2010. Rimonabant-induced apoptosis in leukemia cell lines: activation of caspase-dependent and -independent pathways. *Biochemical Pharmacology* 80:370–380 DOI 10.1016/j.bcp.2010.04.023.
- Gross A, Terraza A, Marchant J, Bouaboula M, Ouahrani-Bettache S, Liautard JP, Casellas P, Dornand J. 2000. A beneficial aspect of a CB1 cannabinoid receptor antagonist: SR141716A is a potent inhibitor of macrophage infection by the intracellular pathogen *Brucella suis*. *Journal of Leukocyte Biology* 67:335–344.
- Gustafsson K, Christensson B, Sander B, Flygare J. 2006. Cannabinoid receptor-mediated apoptosis induced by R(+)-methanandamide and Win55,212-2 is associated with ceramide accumulation and p38 activation in mantle cell lymphoma. *Molecular Pharmacology* 70:1612–1620 DOI 10.1124/mol.106.025981.
- Gustafsson K, Wang X, Severa D, Eriksson M, Kimby E, Merup M, Christensson B, Flygare J, Sander B. 2008. Expression of cannabinoid receptors type 1 and type 2 in non-Hodgkin lymphoma: growth inhibition by receptor activation. *International Journal of Cancer* 123:1025–1033 DOI 10.1002/ijc.23584.
- Huang da W, Sherman BT, Lempicki RA. 2009. Systematic and integrative analysis of large gene lists using DAVID bioinformatics resources. *Nature Protocols* 4:44–57 DOI 10.1038/nprot.2008.211.
- Islam TC, Asplund AC, Lindvall JM, Nygren L, Liden J, Kimby E, Christensson B, Smith CI, Sander B. 2003. High level of cannabinoid receptor 1, absence of regulator of G protein signalling 13 and differential expression of Cyclin D1 in mantle cell lymphoma. *Leukemia* 17:1880–1890 DOI 10.1038/sj.leu.2403057.
- Jensen SA, Calvert AE, Volpert G, Kouri FM, Hurley LA, Luciano JP, Wu Y, Chalastanis A, Futerman AH, Stegh AH. 2014. Bcl2L13 is a ceramide synthase inhibitor in glioblastoma. *Proceedings of the National Academy of Sciences of the United States of America* 111:5682–5687 DOI 10.1073/pnas.1316700111.
- Kaminski NE, Abood ME, Kessler FK, Martin BR, Schatz AR. 1992. Identification of a functionally relevant cannabinoid receptor on mouse spleen cells that is involved in cannabinoid-mediated immune modulation. *Molecular Pharmacology* 42:736–742.
- Kataoka T, Holler N, Micheau O, Martinon F, Tinel A, Hofmann K, Tschopp J. 2001. Bcl-rambo, a novel Bcl-2 homologue that induces apoptosis via its unique C-terminal extension. *Journal of Biological Chemistry* 276:19548–19554 DOI 10.1074/jbc.M010520200.
- Klein TW. 2005. Cannabinoid-based drugs as anti-inflammatory therapeutics. *Nature Reviews Immunology* 5:400–411 DOI 10.1038/nri1602.
- Kuttruff S, Koch S, Kelp A, Pawelec G, Rammensee HG, Steinle A. 2009. NKp80 defines and stimulates a reactive subset of CD8 T cells. *Blood* 113:358–369 DOI 10.1182/blood-2008-03-145615.
- Le Bouteiller P, Tabiasco J, Polgar B, Kozma N, Giustiniani J, Siewiera J, Berrebi A, Aguerre-Girr M, Bensussan A, Jabrane-Ferrat N. 2011. CD160: a unique activating NK cell receptor. *Immunology Letters* 138:93–96 DOI 10.1016/j.imlet.2011.02.003.
- Lu HK, Mitchell A, Endoh Y, Hampartzoumian T, Huynh O, Borges L, Geczy C, Bryant K, Tedla N. 2012. LILRA2 selectively modulates LPS-mediated cytokine production and inhibits phagocytosis by monocytes. *PLoS ONE* 7:e33478 DOI 10.1371/journal.pone.0033478.

- Malfitano AM, Laezza C, Pisanti S, Gazzerro P, Bifulco M. 2008.** Rimonabant (SR141716) exerts anti-proliferative and immunomodulatory effects in human peripheral blood mononuclear cells. *British Journal of Pharmacology* **153**:1003–1010 DOI [10.1038/sj.bjp.0707651](https://doi.org/10.1038/sj.bjp.0707651).
- Mancek-Keber M, Jerala R. 2015.** Postulates for validating TLR4 agonists. *European Journal of Immunology* **45**:356–370 DOI [10.1002/eji.201444462](https://doi.org/10.1002/eji.201444462).
- McKallip RJ, Lombard C, Fisher M, Martin BR, Ryu S, Grant S, Nagarkatti PS, Nagarkatti M. 2002.** Targeting CB2 cannabinoid receptors as a novel therapy to treat malignant lymphoblastic disease. *Blood* **100**:627–634 DOI [10.1182/blood-2002-01-0098](https://doi.org/10.1182/blood-2002-01-0098).
- Muppidi JR, Arnon TI, Bronevetsky Y, Veerapen N, Tanaka M, Besra GS, Cyster JG. 2011.** Cannabinoid receptor 2 positions and retains marginal zone B cells within the splenic marginal zone. *Journal of Experimental Medicine* **208**:1941–1948 DOI [10.1084/jem.20111083](https://doi.org/10.1084/jem.20111083).
- Nong L, Newton C, Cheng Q, Friedman H, Roth MD, Klein TW. 2002.** Altered cannabinoid receptor mRNA expression in peripheral blood mononuclear cells from marijuana smokers. *Journal of Neuroimmunology* **127**:169–176 DOI [10.1016/S0165-5728\(02\)00113-3](https://doi.org/10.1016/S0165-5728(02)00113-3).
- Pandey R, Mousawy K, Nagarkatti M, Nagarkatti P. 2009.** Endocannabinoids and immune regulation. *Pharmacological Research* **60**:85–92 DOI [10.1016/j.phrs.2009.03.019](https://doi.org/10.1016/j.phrs.2009.03.019).
- Pereira JP, An J, Xu Y, Huang Y, Cyster JG. 2009.** Cannabinoid receptor 2 mediates the retention of immature B cells in bone marrow sinusoids. *Nature Immunology* **10**:403–411 DOI [10.1038/ni.1710](https://doi.org/10.1038/ni.1710).
- Santoro A, Pisanti S, Grimaldi C, Izzo AA, Borrelli F, Proto MC, Malfitano AM, Gazzerro P, Laezza C, Bifulco M. 2009.** Rimonabant inhibits human colon cancer cell growth and reduces the formation of precancerous lesions in the mouse colon. *International Journal of Cancer* **125**:996–1003 DOI [10.1002/ijc.24483](https://doi.org/10.1002/ijc.24483).
- Sarnataro D, Pisanti S, Santoro A, Gazzerro P, Malfitano AM, Laezza C, Bifulco M. 2006.** The cannabinoid CB1 receptor antagonist rimonabant (SR141716) inhibits human breast cancer cell proliferation through a lipid raft-mediated mechanism. *Molecular Pharmacology* **70**:1298–1306 DOI [10.1124/mol.106.025601](https://doi.org/10.1124/mol.106.025601).
- Schatz AR, Lee M, Condie RB, Pulaski JT, Kaminski NE. 1997.** Cannabinoid receptors CB1 and CB2: a characterization of expression and adenylate cyclase modulation within the immune system. *Toxicology and Applied Pharmacology* **142**:278–287 DOI [10.1006/taap.1996.8034](https://doi.org/10.1006/taap.1996.8034).
- Sido JM, Nagarkatti PS, Nagarkatti M. 2014.** Role of endocannabinoid activation of peripheral cb1 receptors in the regulation of autoimmune disease. *International Reviews of Immunology*.
- Staun-Ram E, Miller A. 2011.** Cathepsins (S and B) and their inhibitor Cystatin C in immune cells: modulation by interferon-beta and role played in cell migration. *Journal of Neuroimmunology* **232**:200–206 DOI [10.1016/j.jneuroim.2010.10.015](https://doi.org/10.1016/j.jneuroim.2010.10.015).
- Stroncek DF. 2007.** Neutrophil-specific antigen HNA-2a, NB1 glycoprotein, and CD177. *Current Opinions in Hematology* **14**:688–693 DOI [10.1097/MOH.0b013e3282efed9e](https://doi.org/10.1097/MOH.0b013e3282efed9e).
- Sugamura K, Sugiyama S, Nozaki T, Matsuzawa Y, Izumiya Y, Miyata K, Nakayama M, Kaikita K, Obata T, Takeya M, Ogawa H. 2009.** Activated endocannabinoid system in coronary artery disease and antiinflammatory effects of cannabinoid 1 receptor blockade on macrophages. *Circulation* **119**:28–36 DOI [10.1161/CIRCULATIONAHA.108.811992](https://doi.org/10.1161/CIRCULATIONAHA.108.811992).
- Van Gaal L, Pi-Sunyer X, Despres JP, McCarthy C, Scheen A. 2008.** Efficacy and safety of rimonabant for improvement of multiple cardiometabolic risk factors in overweight/obese patients: pooled 1-year data from the Rimonabant in Obesity (RIO) program. *Diabetes Care* **31**(Suppl 2):S229–S240 DOI [10.2337/dc08-s258](https://doi.org/10.2337/dc08-s258).

- Wasik AM, Almestrand S, Wang X, Hultenby K, Dackland AL, Andersson P, Kimby E, Christensson B, Sander B. 2011.** WIN55,212-2 induces cytoplasmic vacuolation in apoptosis-resistant MCL cells. *Cell Death & Disease* 2:e225 DOI [10.1038/cddis.2011.106](https://doi.org/10.1038/cddis.2011.106).
- Wasik AM, Christensson B, Sander B. 2011.** The role of cannabinoid receptors and the endocannabinoid system in mantle cell lymphoma and other non-Hodgkin lymphomas. *Seminars in Cancer Biology* 21:313–321 DOI [10.1016/j.semcancer.2011.10.004](https://doi.org/10.1016/j.semcancer.2011.10.004).
- Wasik AM, Nygren L, Almestrand S, Zong F, Flygare J, Baumgartner Wennerholm S, Saft L, Andersson P, Kimby E, Wahlin BE, Christensson B, Sander B. 2014.** Perturbations of the endocannabinoid system in mantle cell lymphoma: correlations to clinical and pathological features. *Oncoscience* s:550–557.
- Zhou YH, Ma XQ, Wu C, Lu J, Zhang SS, Guo J, Wu SQ, Ye XF, Xu JF, He J. 2012.** Effect of anti-obesity drug on cardiovascular risk factors: a systematic review and meta-analysis of randomized controlled trials. *PLoS ONE* 7:e39062 DOI [10.1371/journal.pone.0039062](https://doi.org/10.1371/journal.pone.0039062).