

Gynomonoecy in a mycoheterotrophic orchid *Eulophia zollingeri* with autonomous selfing hermaphroditic flowers and putatively outcrossing female flowers

Kenji Suetsugu^{Corresp. 1}

¹ Department of Biology, Graduate School of Science, Kobe University, Kobe, Japan

Corresponding Author: Kenji Suetsugu
Email address: kenji.suetsugu@gmail.com

Most orchid species exhibit an extreme case of hermaphroditism, owing to the fusion of male and female organs into a gynostemium. Exceptions to this rule have only been reported from the subtribes Catasetinae and Satyriinae. Here, I report an additional orchidaceous example whose flowers are not always hermaphroditic. In Japanese populations of *Eulophia zollingeri* (Rchb.f.) J.J.Sm, a widespread Asian and Oceanian orchid, some flowers possess both the anther (i.e., anther cap and pollinaria) and stigma, whereas others possess only the stigma. Therefore, pollination experiments, an investigation of floral morphology and observations of floral visitors were conducted to understand the reproductive biology of *E. zollingeri* in Miyazaki Prefecture, Japan. It was confirmed that *E. zollingeri* studied here possesses a gynomonoecious reproductive system, a sexual system in which a single plant has both female flowers and hermaphroditic flowers. In addition, hermaphroditic flowers often possessed an effective self-pollination system while female flowers could avoid autogamy but suffered from severe pollinator limitation, due to a lack of agamospermy and low insect-mediated pollination. The present study represents the first documented example of gynomonoecy within Orchidaceae. Gynomonoecy in *E. zollingeri* may be maintained by the tradeoff in reproductive traits between female flowers (with low fruit set but potential outcrossing benefits) and hermaphroditic flowers (with high fruit set but inbreeding depression in selfed offspring). This mixed mating is probably important in mycoheterotrophic *E. zollingeri* because it occurs in shaded forest understorey with a paucity of pollinators.

1 **Gynomonoecy in a mycoheterotrophic orchid**
2 ***Eulophia zollingeri* with autonomous selfing**
3 **hermaphroditic flowers and putatively outcrossing**
4 **female flowers**

5

6 Kenji Suetsugu¹

7

8 ¹ Department of Biology, Graduate School of Science, Kobe University, Kobe, Japan

9

10 Corresponding Author:

11 Kenji Suetsugu¹

12 Department of Biology, Graduate School of Science, Kobe University, 1-1 Rokkodai, Nada-ku,

13 Kobe, 657-8501, Japan

14 Email address: kenji.suetsugu@gmail.com

15

16 **Abstract**

17 Most orchid species exhibit an extreme case of hermaphroditism, owing to the fusion of male

18 and female organs into a gynostemium. Exceptions to this rule have only been reported from the

19 subtribes Catasetinae and Satyriinae. Here, I report an additional orchidaceous example whose

20 flowers are not always hermaphroditic. In Japanese populations of *Eulophia zollingeri* (Rchb.f.)

21 J.J.Sm, a widespread Asian and Oceanian orchid, some flowers possess both the anther (i.e.,

22 anther cap and pollinaria) and stigma, whereas others possess only the stigma. Therefore,

23 pollination experiments, an investigation of floral morphology and observations of floral visitors

24 were conducted to understand the reproductive biology of *E. zollingeri* in Miyazaki Prefecture,

25 Japan. It was confirmed that *E. zollingeri* studied here possesses a gynomonoecious reproductive

26 system, a sexual system in which a single plant has both female flowers and hermaphroditic

27 flowers. In addition, hermaphroditic flowers often possessed an effective self-pollination system

28 while female flowers could avoid autogamy but suffered from severe pollinator limitation, due to

29 a lack of agamospermy and low insect-mediated pollination. The present study represents the

30 first documented example of gynomonoecy within Orchidaceae. Gynomonoecy in *E. zollingeri*
31 may be maintained by the tradeoff in reproductive traits between female flowers (with low fruit
32 set but potential outcrossing benefits) and hermaphroditic flowers (with high fruit set but
33 inbreeding depression in selfed offspring). This mixed mating is probably important in
34 mycoheterotrophic *E. zollingeri* because it occurs in shaded forest understorey with a paucity of
35 pollinators.

36

37 **Keywords** autogamy, breeding system, geographic variation, gynomonoecy, mixed mating,
38 mycoheterotrophy, outcrossing, reproductive assurance, self-pollination

39

40 Introduction

41 The Orchidaceae are one of the largest and most morphologically diverse families of land plants,
42 and include more than 28,000 species classified into ~760 genera (*Christenhusz & Byng, 2016*).
43 Variations in its floral characteristics and their effects on reproductive success have long
44 intrigued botanists since the time of Darwin (*Inoue, 1986; Nilsson, 1988; Sletvold & Gren,*
45 *2011*). However, it is noteworthy that while the vast majority of orchid species produce only
46 hermaphroditic flowers (i.e., flowers that possess both male and female reproductive organs;
47 *Pannell, 2009*), a variety of sexual polymorphisms (the co-occurrence of morphologically
48 distinct sex phenotypes within the same species) can be found in flowering plants as a whole
49 (*Barrett, 2010*).

50 In fact, almost all orchid species exhibit an extreme case of hermaphroditism, owing to the
51 fusion of male and female organs into a gynostemium (*Rudall & Bateman, 2002*). Exceptions to
52 this rule have only been reported from the subtribes, *Catasetinae* and *Satyriinae* (*Pannell, 2009;*
53 *Romero & Nelson, 1986; Huang et al., 2009*). More specifically, within *Catasetinae*, the
54 members of *Catasetum* Rich. ex Kunth and *Cycnoches* Lindl. typically exhibit dioecy (i.e.,
55 unisexual individuals). In the dioecious *Catasetum*, male flowers forcibly attach a large
56 pollinarium onto euglossine bees, and the bees subsequently avoid flowers with the same
57 appearance (*Romero & Nelson, 1986*). Therefore, *Catasetum* populations are sexually dimorphic,
58 and the agitated pollinators bearing their pollinia move away from the male flowers to the
59 morphologically different female flowers (*Romero & Nelson, 1986*). In addition, within
60 *Satyriinae*, *Satyrium ciliatum* Lindl. has been reported to produce both hermaphroditic and

61 female individuals (i.e., gynodioecy; *Huang et al., 2009*). Female individuals of *S. ciliatum* can
62 avoid pollen limitation for seed production and can be maintained in populations that experience
63 high levels of pollen limitation, because females, via facultative parthenogenesis, can produce
64 more seeds than do hermaphrodites (*Huang et al., 2009*). These observations helped elucidate the
65 unusual maintenance of gender dimorphism in orchids (*Pannell, 2009*).

66 Here, I report an additional orchidaceous example whose flowers are not always
67 hermaphroditic. In a Japanese population of *Eulophia zollingeri* (Rchb.f.) J.J.Sm, a widespread
68 Asian and Oceanian orchid, some flowers possess both the anther (i.e., anther cap and pollinaria)
69 and stigma, whereas others possess only the stigma (Fig. 1). It is unlikely that the absence of
70 anther cap and pollinaria is the result of removal by floral visitors, because careful dissection
71 revealed that they were already absent before anthesis. Such a sexual system, in which plants
72 have both female and hermaphroditic flowers co-occurring within the same plants, is called
73 gynomonoecy. Compared with andromonoecy (male and hermaphroditic flowers within one
74 plant) and monoecy (separate male and female flowers on the same plant), gynomonoecy
75 remains a poorly studied sexual system, even though it occurs in 2.8–4.7% of flowering plants in
76 at least 15 plant families (*Lu & Huang, 2006; Yampolsky & Yampolsky, 1922*).

77 In fact, while several hypotheses have been proposed, the adaptive significance of
78 gynomonoecy remains largely unknown. First, the presence of the two flower types may permit
79 flexible allocation of resources to female and male reproductive functions in response to
80 environmental conditions (*Charnov & Bull, 1977; Lloyd, 1979*). Second, female flowers may
81 promote outcrossing more than hermaphroditic flowers (*Marshall & Abbott, 1984*). Third, due to
82 the lack of evidence for the above two hypotheses, it has been proposed that female flowers may
83 boost attractiveness to pollinators (*Bertin & Kerwin, 1998*). Finally, female flowers may be
84 favored because hermaphroditic flowers, which are more attractive in gynomonoecious plants,
85 are more susceptible to florivory (*Bertin, Connors & Kleinman, 2010; Zhang, Xie & Du, 2012*).
86 Meanwhile, current understanding of the adaptive advantages of gynomonoecy is largely limited
87 to the Asteraceae and to a few species that have been investigated in other families (*Davis &*
88 *Delph, 2005; Mamut et al., 2014*).

89 Therefore, I investigated the reproductive biology of a Japanese *E. zollingeri* population,
90 which potentially represents the first documentation of gynomonoecy within Orchidaceae, to
91 understand the ecological significance of the different reproductive strategies of the two floral

92 morphs within one individual. Autonomous self-pollination has been suggested to be favorable
93 for mycoheterotrophic plants, as they are restricted to dark shaded forest understorey with a
94 paucity of pollinators (Leake, 1994; Zhou et al., 2012; Suetsugu, 2013a, 2015). However, the
95 Red Queen hypothesis suggests that sexual reproduction is important in a coevolutionary arms
96 race between a parasite and host (Ladle, 1992), such as between mycoheterotrophic plants and
97 fungal hosts. Intriguingly, Zhang et al. (2014) revealed Chinese populations of *E. zollingeri* to be
98 hermaphroditic, non-rewarding, self-compatible, and dependent on the halictid bee *Nomia*
99 *viridicinctula* Cockerell for pollination through food deception. Although those Chinese
100 populations consequently experienced strong pollinator limitation, especially in forest
101 understorey populations (Zhang et al., 2014), my preliminary investigation revealed that
102 Japanese populations consistently exhibit high fruit set even under the shaded forest understorey.
103 Therefore, it is possible that the Japanese hermaphroditic flowers are capable of autonomous
104 selfing, providing reproductive assurance, while female flowers enhance outcrossing

105 However, it should also be noted that the “female” *E. zollingeri* flowers can be sterile
106 without not only the male but also the female reproductive function. In fact, in *Catasetum*
107 species that produce male and female flowers, intermediate flowers, which are sterile, have also
108 been found (Romero, 1992). Therefore, I first investigated whether the “female” flowers of *E.*
109 *zollingeri* possess female reproductive functions. After that, I conducted additional pollination
110 experiments, investigations of floral morphology, and observations of floral visitors to determine
111 the potential for reproductive assurance provided by autonomous selfing in female flowers and
112 outcrossing via pollinator visitation in both hermaphroditic and female flowers.

113

114 **Materials & Methods**

115 *Eulophia zollingeri* is a mycoheterotrophic orchid distributed from India and Southeast Asia to
116 New Guinea and Australia (Ogura-Tsujita & Yukawa, 2008; Suetsugu & Mita, 2019; Suetsugu,
117 Matsubayashi & Tayasu, 2020). The behavior of floral visitors in Miyazaki City, Miyazaki
118 Prefecture, Japan, was monitored during the peak flowering period (early to mid-July), in 2016
119 and 2017. Direct observations were made for ca. 30 h in total, during the peak of diurnal insect
120 activity (09:00–17:00). The behavior of potential visitors was observed by walking around the
121 study site, sitting next to flower patches, or hiding in the vegetation near flower clusters (within
122 1–2 m). In addition, artificial cross-pollination was performed in the same population in July 2016,

123 by transferring pollinaria from different individuals to the stigmas of female flowers (five
124 inflorescences, 10 flowers).

125 After confirming with the cross-pollination experiment that both hermaphroditic and female
126 flowers produce fruits, additional pollination experiments were conducted in early July 2017.
127 Flowers were either (i) manually cross-pollinated by transferring pollinaria to the stigmas of
128 different individuals (five inflorescences, 10 each of female and hermaphroditic flowers); (ii)
129 manually geitonogamous-pollinated by transferring pollinaria to the stigmas of the different
130 flowers within the same individuals for female flowers and of the same flowers for hermaphroditic
131 flowers (five inflorescences, 10 each of female and hermaphroditic flowers); (iii) enclosed in mesh
132 bags to exclude floral visitors and test for autonomous self-pollination (five inflorescences, 10
133 hermaphroditic flowers); or (iv) left unmanipulated, in order to monitor fruit set under natural
134 conditions (seven inflorescences, 19 female flowers and 21 hermaphroditic flowers). In addition,
135 the relative position of female and hermaphroditic flowers on the racemes was determined in 12
136 inflorescences. Furthermore, to compare flower size between female and hermaphroditic flowers
137 in gynomonocious individuals, we measured the length of the dorsal sepal, lateral sepal, lateral
138 petal, and lip of 10 plants using digital calipers to 0.1 mm in early July 2017. Finally, the
139 distribution of female flowers was checked in 12 inflorescences in early July 2017. After dividing
140 each inflorescence into distal and proximal halves, the data were tested using the Mann–
141 Whitney *U*-test to investigate whether female flowers tended to be in the distal or basal part of the
142 inflorescence.

143 Three to four months after manual pollination, all the mature but non-dehisced fruits
144 capsules were collected. After the fruits were silica-dried, I weighed the total mass of dry seeds
145 freed from each capsule to the nearest 0.1 mg. All the seeds from each plant were then mixed, and
146 100 randomly selected seeds from each plant were examined under a dissecting microscope to
147 determine presence of an embryo. The effects of pollination treatment on fruit set were tested using
148 Fisher's exact test. In addition, after confirming that the datasets were normally distributed using
149 Levene's test, the effects of pollination treatment on the seed mass, and the proportion of seeds
150 with an embryo were tested using ANOVA, followed by Fisher's multiple comparisons test.

151

152 **Results**

153 Despite conducting ca. 30 h of field observations, few insects were observed visiting the *E.*
154 *zollingeri* flowers. Several dipteran visitors, such as the agromyzid fly *Japanagromyza*
155 *tokunagai*, occasionally landed on the flowers. However, none of these visitors were observed to
156 remove or deposit pollinaria. The length of the dorsal sepal, lateral sepal, lateral petal, and lip
157 were not significantly different between female and hermaphroditic flowers (Table 1). In
158 addition, there are marginally significant differences in the number of female flowers between
159 the distal half (1.2 ± 1.1 ; mean \pm SD) and the proximal half (3.3 ± 3.4 ; $P = 0.06$) of the
160 inflorescence.

161 More than half (6/10) of the female flowers subsequently developed fruit capsules that
162 contained seeds with an embryo through artificial cross-pollination in 2016, thereby
163 demonstrating their female function and confirming the gynomonoecey of the species. The results
164 are stable at least in the investigated site, because similar results were obtained in 2017 (Table 2).
165 The detailed pollination experiments showed that the bagged female flowers failed to develop
166 fruits autonomously, excluding the possibility of agamospermy, while comparable fruit set ratio
167 was also obtained in open, bagged, manual geitonogamous and allogamous hermaphroditic
168 flowers. Therefore, the hermaphroditic flowers are capable of outbreeding, but self-compatible
169 and not pollinator-limited for fruit set under natural condition (Table 2). The seed mass did not
170 vary significantly with pollination treatment (ANOVA $F_{6,37} = 1.17$, $P = 0.34$), while the
171 proportion of seeds with an embryo differed significantly among pollination treatment (ANOVA
172 $F_{6,37} = 2.43$, $P = 0.04$). In general, the pollination experiments indicated that outcrossing tended
173 to increase both seed mass and the number of seeds with embryo, suggesting a negative impact
174 of self-pollination, although the differences were not always significant (Table 2).

175 The observation of floral morphology confirmed that most of the hermaphroditic flowers
176 possessed an effective self-pollination system, in which the rostellum was poorly developed,
177 allowing contact between the stigma and pollinaria (Fig. 2B), whereas the others had functional
178 rostellum and were therefore unlikely to be autogamous (Fig. 2D). The female flowers had a
179 column with neither a rostellum nor anther cap and pollinaria (Fig. 2F).

180

181 Discussion

182 Most orchid species exhibit an extreme case of hermaphroditism, owing to the fusion of male
183 and female organs into a gynostemium. Here I showed that a Japanese population of *Eulophia*

184 *zollingeri* develops both female and hermaphroditic flowers co-occurring within the same
185 inflorescence (i.e., gynomonoecy), while *Catasetum* and *Cycnoches* typically produces unisexual
186 individuals (i.e., dioecy, *Romero & Nelson, 1986*), and *Satyrium ciliatum* produces both
187 hermaphroditic and female individuals (i.e., gynodioecy; *Huang et al., 2009*). Therefore, the
188 present study represents the first example of gynomonoecy within the Orchidaceae. However, it
189 should be noted that gynomonoecy must not be considered a universal strategy within the species
190 as a whole, since it was not reported in the Chinese study (*Zhang et al. 2014*). In this sense, it
191 differs from the fixed systems in *Catasetum*, *Cycnoches*, and *Satyrium*. The hermaphroditic
192 flowers of a Japanese *E. zollingeri* population often possess an effective self-pollination system,
193 while the female flowers without agamospermy can improve the probability of outcrossing (but
194 selfing may still occur via geitonogamous pollinations). While female flowers are generally
195 smaller than hermaphroditic flowers in other gynomonoecious species (reviewed by *Mamut et*
196 *al., 2014*), the size of floral parts did not differ significantly between female and hermaphroditic
197 flowers of *E. zollingeri*. In addition, female flowers tend to be on the lower part of the
198 inflorescence, suggesting that production of female flowers is not a result of resource
199 competition. In summary, the system observed in *E. zollingeri* is consistent with the outcrossing-
200 benefit hypothesis for gynomonoecy (*Mamut et al., 2014*).

201 Many models predict that plants evolve toward either complete self-fertilization or
202 complete outcrossing (*Charlesworth & Charlesworth, 1990*). However, it seems that mixed-
203 mating systems are more common in nature (*Vogler & Kalisz, 2001; Whitehead et al., 2018*),
204 possibly because mixed mating can reduce the probability of inbreeding depression via
205 outcrossing, while still providing reproductive assurance via selfing (*Goodwillie & Weber,*
206 *2018*). As such, mixed mating systems are often referred to as “best-of-both-worlds” mating
207 systems (*Davis & Delph, 2005; Goodwillie & Weber, 2018*). Mixed mating can be accomplished
208 by delayed selfing, occurring after all other opportunities for outcrossing have been missed,
209 because it provides reproductive assurance without limiting outcrossing opportunities. In
210 addition, mixed mating can also occur in species that produce two flower types within the same
211 plant. Gynomonoecy is one of the systems involving two flower types that allows for mixed
212 mating. Indeed, in the *E. zollingeri* populations investigated here, hermaphroditic flowers
213 conferred reproductive assurance under pollinator-limited conditions, whereas female flowers,

214 despite their susceptibility to pollen limitation, can facilitate outcrossing, because of the lack of
215 autonomous selfing (Table 2).

216 It is possible that geitonogamy reduces the possibility of outcrossing in female flowers. In
217 *E. zollingeri*, though, the level of geitonogamy will be low, because only a few flowers on each
218 plant are open at one time. In particular, the risk of geitonogamy is probably negligible in
219 nectarless *E. zollingeri*, given that pollinators are likely to quickly leave inflorescences in food-
220 deceptive plants (Zhang *et al.*, 2014, 2019; Suetsugu *et al.*, 2015). Indeed, the avoidance of
221 geitonogamy has been hypothesized as a driving force for the evolution of food deceptive
222 pollination in plants (Johnson, Peter & Ågren, 2004). Moreover, it is noteworthy that female
223 flowers tended to be on the lower part of the inflorescence, given that *E. zollingeri* were
224 exclusively pollinated by the halictid bee *Nomia viridicinctula* in China (Zhang *et al.*, 2014) and
225 that bees usually visit bottom flowers first and move upwards within an inflorescence (e.g. Iwata
226 *et al.*, 2012). In fact, several studies have shown that pollinator behaviors lead to directional
227 pollen flow within inflorescences and influence floral sex allocation (Brunet & Charlesworth,
228 1995). The first flowers visited will receive more pollen grains from other plants, while the last
229 flowers visited before pollinators leave the inflorescence tend to receive geitonogamous
230 pollination but successfully export pollen grains to other plants (Kudo, Maeda & Narita, 2001).
231 Therefore, it has been predicted that female-biased allocation to lower flowers and male-biased
232 allocation to those in upper positions occurs in bee-pollinated plants (Kudo, Maeda & Narita,
233 2001). The variations in floral sex allocation within *E. zollingeri* are consistent with the theory
234 and are probably effective for lowering the risk of geitonogamy.

235 The advantages of outcrossing and, consequently, producing female flowers can be
236 somewhat influenced by the degree of inbreeding depression and pollinator availability
237 (Smithson, 2006). In *E. zollingeri*, pollinator-mediated fruit set was arguably low, at least in the
238 investigated population, given that (i) direct pollinator observation was unsuccessful and (ii)
239 pollination experiments showed that natural pollination in female flowers was recorded only in
240 one flower. Nonetheless, a small degree of outcrossing can result in a rapid decline in linkage
241 disequilibrium across the genome and can be sufficient to overcome negative effects such as the
242 accumulation of deleterious mutations and the slowdown in adaptation rate (Culley & Klooster,
243 2007). In addition, although the differences were not obvious (Tremblay *et al.* 2005), both
244 artificial allogamous pollination and natural pollination in a female flower tended to increase

245 seed mass and the proportion of seed with an embryo in *E. zollingeri* (Table 2), probably
246 providing some support for the negative effect of autonomous selfing. It should be noted that,
247 while seed mass and presence of an embryo was measured as the indicator of inbreeding
248 depression, it can even under-estimate the level of inbreeding depression. Inbreeding depression
249 might be more prominent during later stages such as seed germination or seedling growth
250 (*Smithson, 2006*). This possibility warrants further investigation.

251 The outcrossing opportunity might be particularly important in mycoheterotrophic plants
252 exploiting their mycorrhizal partners (*Suetsugu et al., 2017*), given that they usually occur in
253 shaded understorey habitats with a paucity of pollinators, and that the Red Queen hypothesis
254 argues that outcrossing is maintained by antagonistic interactions between a host and a parasite
255 (*Ladle, 1992; Gibson & Fuentes, 2015*). Because mycoheterotrophic plants occur mainly in
256 pollinator-hostile shaded understorey habitats, they tend to experience strong pollinator limitation,
257 unless they possess autonomous selfing ability (*Klooster & Culley, 2009; Hentrich, Kaiser &*
258 *Gottsberger, 2010; Suetsugu, 2013a, 2015*). In fact, the Chinese populations without autogamous
259 ability exhibited a significant difference in fruit-set between forest edge and forest populations
260 (*Zhang et al., 2014*). Therefore, pollination limitation due to its mycoheterotrophic habit could
261 be a driving force in the autonomous self-pollination in *E. zollingeri*. Consequently, most studies
262 highlighted the importance of autonomous self-pollination in mycoheterotrophic plants (*Leake,*
263 *1994; Zhou et al., 2012; Suetsugu, 2013a, 2015*). However, several recent studies have shown that
264 mixed mating systems such as outcrossing pollinators with delayed self-pollination occur in
265 mycoheterotrophic species belonging to Ericaceae and Gentianaceae, which evolved
266 mycoheterotrophy independently from *E. zollingeri* (*Klooster and Culley, 2009; Hentrich et al.,*
267 *2010*). The mixed mating systems, including gynomonocy, might be more common and important
268 in mycoheterotrophic plants than previously thought.

269 Overall, it can be concluded that the Japanese population of *E. zollingeri* studied here
270 preserve reproductive assurance by producing autonomously selfing hermaphroditic flowers and
271 still maintain the potential benefit of producing outcrossed offspring by developing female
272 flowers. In addition, while I did not conduct the pollination experiments, several other Japanese
273 populations such as Okinawa ones exhibit very similar floral morphology (*Fig. S1*), suggesting
274 that the strategy might be widespread at least in Japan. However, intriguingly, the Chinese
275 populations appear to develop hermaphroditic flowers that are completely dependent on bee

276 pollinators (Zhang *et al.*, 2014). In fact, it is well-known that plant mating systems often vary
277 widely among populations (Suetsugu, 2013b; Whitehead *et al.*, 2018). Variations in mating
278 systems between populations usually reflect the influence of ecological factors such as the
279 availability and abundance of suitable pollinator (Suetsugu, 2013b; Schoupe *et al.*, 2017;
280 Whitehead *et al.*, 2018). Therefore, it is worth clarifying how common gynomonoeocy with
281 autonomous selfing hermaphroditic flowers and putatively outcrossing female flowers, is across
282 the distribution range and whether the strategy is be more prevalent where its effective pollinator
283 is less abundant.

284 It is also notable that current understanding of the adaptive advantages of gynomonoeocy is
285 largely limited to the Asteraceae (Marshall & Abbott, 1984; Bertin & Kerwin, 1998; Bertin,
286 Connors & Kleinman, 2010; Zhang, Xie & Du, 2012). The outcrossing hypothesis of
287 gynomonoeocy has been questioned in many asteraceous taxa, given that most Asteraceae species
288 are self-incompatible (Bertin & Kerwin, 1998). However, it has been shown that hermaphroditic
289 flowers promote seed quantity in that they are more attractive to pollinators and/or are capable of
290 autonomous selfing, while female flowers compensate for loss of male function through
291 outcrossing in non-asteraceous taxa [i.e., *Silene noctiflora* (Caryophyllaceae) and *Eremurus*
292 *anisopterus* (Xanthorrhoeaceae)] (Davis & Delph, 2005; Mamut *et al.*, 2014). Taken together
293 with these recent finding, I suggest that the ability of female flowers to reduce geitonogamy and
294 enhance outcrossing may be widespread in gynomonoeocious plants. However, it should be noted
295 that although many orchids are (at least partially) parasitic on their mycorrhizal fungi and exhibit
296 strong pollinator-limitation (Leake, 1994), gynomonoeocy is not prevalent within the orchid
297 family as a whole. Given that (i) hypotheses regarding the adaptive significance of gynomonoeocy
298 are not mutually exclusive and (ii) the seed-feeding fly *Japanagromyza tokunagai* have probably
299 substantial negative impact on the reproduction of *E. zollingeri* (Suetsugu & Mita, 2019),
300 benefits other than outcrossing, such as herbivory reduction, could also have contributed to the
301 evolution of gynomonoeocy. Therefore, further investigation is needed to elucidate the potentially
302 diverse adaptive significance, disadvantages, and developmental constraints of gynomonoeocy.

303

304 **Acknowledgements**

305 The author thanks Drs. David Roberts, Florian Schiestl, James Ackerman and an anonymous
306 reviewer for their constructive comments on earlier versions of the manuscript. I also thank
307 Nobuyuki Inoue and Tadashi Minamitani for help with the field study.

308

309 **References**

310 **Barrett SC. 2010.** Understanding plant reproductive diversity. *Philosophical Transactions of the*
311 *Royal Society B: Biological Sciences* **365**:99-109.

312 **Bertin RI, Connors DB, Kleinman HM. 2010.** Differential herbivory on disk and ray flowers
313 of gynomonoeious asters and goldenrods (Asteraceae). *Biological Journal of the Linnean*
314 *Society* **101**:544-552.

315 **Bertin RI, Kerwin MA. 1998.** Floral sex ratios and gynomonoeicy in *Aster* (Asteraceae).
316 *American Journal of Botany* **85**:235-244.

317 **Brunet J, Charlesworth D. 1995.** Floral sex allocation in sequentially blooming plants.
318 *Evolution* **49**:70-79.

319 **Charlesworth D, Charlesworth B. 1990.** Inbreeding depression with heterozygote advantage
320 and its effect on selection for modifiers changing the outcrossing rate. *Evolution* **44**:870-
321 888.

322 **Charnov EL, Bull J. 1977.** When is sex environmentally determined? *Nature* **266**:828-830.

323 **Christenhusz MJM, Byng JW. 2016.** The number of known plants species in the world and its
324 annual increase. *Phytotaxa* **261**:201-217.

325 **Culley TM, Klooster MR. 2007.** The cleistogamous breeding system: A review of its
326 frequency, evolution, and ecology in angiosperms. *Botanical Review* **73**:1-30.

327 **Davis SL, Delph LF. 2005.** Prior selfing and gynomonoeicy in *Silene noctiflora* L.
328 (Caryophyllaceae): Opportunities for enhanced outcrossing and reproductive assurance.
329 *International Journal of Plant Sciences* **166**:475-480.

330 **Gibson AK, Fuentes JA. 2015.** A phylogenetic test of the Red Queen Hypothesis: outcrossing
331 and parasitism in the nematode phylum. *Evolution* **69**:530-540.

332 **Goodwillie C, Weber JJ. 2018.** The best of both worlds? A review of delayed selfing in
333 flowering plants. *American Journal of Botany* **105**:641-655.

334 **Hentrich H, Kaiser R, Gottsberger G. 2010.** The reproductive biology of *Voyria*
335 (Gentianaceae) species in French Guiana. *Taxon* **59**:867-880.

- 336 **Huang SQ, Lu Y, Chen YZ, Luo YB, Delph LF. 2009.** Parthenogenesis maintains male
337 sterility in a gynodioecious orchid. *American Naturalist* **174**:578-584.
- 338 **Inoue K. 1986.** Experimental studies on male and female reproductive success: effects of
339 variation in spur length and pollinator activity on *Platanthera mandarinorum* ssp.
340 *hachijoensis* (Orchidaceae). *Plant Species Biology* **1**:207-215.
- 341 **Iwata T, Nagasaki O, Ishii HS, Ushimaru A. 2012.** Inflorescence architecture affects pollinator
342 behaviour and mating success in *Spiranthes sinensis* (Orchidaceae). *New Phytologist*
343 **193**:196-203.
- 344 **Johnson SD, Peter CI, Ågren J. 2004.** The effects of nectar addition on pollen removal and
345 geitonogamy in the non-rewarding orchid *Anacamptis morio*. *Proceedings of the Royal*
346 *Society of London B: Biological Sciences* **271**:803-809.
- 347 **Klooster MR, Culley TM. 2009.** Comparative analysis of the reproductive ecology of
348 *Monotropa* and *Monotropis*: Two mycoheterotrophic genera in the Monotropoideae
349 (Ericaceae). *American Journal of Botany* **96**:1337-1347.
- 350 **Kudo G, Maeda T, Narita K. 2001.** Variation in floral sex allocation and reproductive success
351 within inflorescences of *Corydalis ambigua* (Fumariaceae): Pollination efficiency or
352 resource limitation? *Journal of Ecology* **89**:48-56.
- 353 **Ladle RJ. 1992.** Parasites and sex: Catching the red queen. *Trends in Ecology and Evolution*
354 **7**:405-408.
- 355 **Leake JR. 1994.** The biology of myco-heterotrophic ('saprophytic') plants. *New Phytologist*
356 **127**:171-216.
- 357 **Lloyd DG. 1979.** Parental strategies of angiosperms. *New Zealand Journal of Botany* **17**:595-
358 606.
- 359 **Lu Y, Huang SQ. 2006.** Adaptive advantages of gynomonocious species. *Acta*
360 *Phytotaxonomica Sinica* **44**:231-239.
- 361 **Mamut J, Xiong YZ, Tan DY, Huang SQ. 2014.** Pistillate flowers experience more pollen
362 limitation and less geitonogamy than perfect flowers in a gynomonocious herb. *New*
363 *Phytologist* **201**:670-677.
- 364 **Marshall DF, Abbott RJ. 1984.** Polymorphism for outcrossing frequency at the ray floret locus
365 in *Senecio vulgaris* L. III. Causes. *Heredity* **53**:145-149.
- 366 **Nilsson LA. 1988.** The evolution of flowers with deep corolla tubes. *Nature* **334**:147-149.

- 367 **Ogura-Tsujita Y, Yukawa T. 2008.** High mycorrhizal specificity in a widespread
368 mycoheterotrophic plant, *Eulophia zollingeri* (Orchidaceae). *American Journal of Botany*
369 **95**:93-97.
- 370 **Pannell JR. 2009.** Mating-system evolution: succeeding by celibacy. *Current Biology* **19**:R983-
371 R985.
- 372 **Romero GA. 1992.** Non-functional flowers in *Catasetum* orchids (Catasetinae, Orchidaceae).
373 *Botanical Journal of the Linnean Society* **109**:305-313.
- 374 **Romero GA, Nelson CE. 1986.** Sexual dimorphism in *Catasetum* orchids: Forcible pollen
375 emplacement and male flower competition. *Science* **232**:1538-1540.
- 376 **Rudall PJ, Bateman RM. 2002.** Roles of synorganisation, zygomorphy and heterotopy in floral
377 evolution: The gynostemium and labellum of orchids and other lilioid monocots. *Biological*
378 *reviews of the Cambridge Philosophical Society* **77**:403-441.
- 379 **Schoupe D, Brys R, Vallejo-Marin M, Jacquemyn H. 2017.** Geographic variation in floral
380 traits and the capacity of autonomous selfing across allopatric and sympatric populations of
381 two closely related *Centaurium* species. *Scientific Reports* **7**:46410.
- 382 **Sletvold N, Gren JA. 2011.** Nonadditive effects of floral display and spur length on
383 reproductive success in a deceptive orchid. *Ecology* **92**:2167-2174.
- 384 **Smithson A. 2006.** Pollinator limitation and inbreeding depression in orchid species with and
385 without nectar rewards. *New Phytologist* **169**:419-430.
- 386 **Suetsugu K. 2013a.** Autogamous fruit set in a mycoheterotrophic orchid *Cyrtosia*
387 *septentrionalis*. *Plant Systematics and Evolution* **299**:481-486.
- 388 **Suetsugu K. 2013.** Delayed autonomous self-pollination in two Japanese varieties of *Epipactis*
389 *helleborine* (Orchidaceae). *Botanical Journal of the Linnean Society* **173**:733-743.
- 390 **Suetsugu K. 2015.** Autonomous self-pollination and insect visitors in partially and fully
391 mycoheterotrophic species of *Cymbidium* (Orchidaceae). *Journal of Plant Research*
392 **128**:115-125.
- 393 **Suetsugu K, Mita T. 2019.** First report that the wasp *Gronotoma guamensis* (Hymenoptera:
394 Figitidae: Eucoilinae) parasitizes the orchid-feeding fly *Japanagromyza tokunagai* in Japan.
395 *Entomological Science* **22**:194-197.
- 396 **Suetsugu K, Matsubayashi J, Tayasu I. 2020.** Some mycoheterotrophic orchids depend on
397 carbon from dead wood: Novel evidence from a radiocarbon approach. *New Phytologist*

- 398 227:1519-1529.
- 399 **Suetsugu K, Naito RS, Fukushima S, Kawakita A, Kato M. 2015.** Pollination system and the
400 effect of inflorescence size on fruit set in the deceptive orchid *Cephalanthera falcata*.
401 *Journal of Plant Research* **128**:585-594.
- 402 **Suetsugu K, Yamato M, Miura C, Yamaguchi K, Takahashi K, Ida Y, Shigenobu S,**
403 **Kaminaka H. 2017.** Comparison of green and albino individuals of the partially
404 mycoheterotrophic orchid *Epipactis helleborine* on molecular identities of mycorrhizal
405 fungi, nutritional modes and gene expression in mycorrhizal roots. *Molecular Ecology*
406 **26**:1652-1669.
- 407 **Tremblay RL, Ackerman JD, Zimmerman JK, Calvo RN. 2005.** Variation in sexual
408 reproduction in orchids and its evolutionary consequences: A spasmodic journey to
409 diversification. *Biological Journal of the Linnean Society* **84**:1-54.
- 410 **Vogler DW, Kalisz S. 2001.** Sex among the flowers: The distribution of plant mating systems.
411 *Evolution* **55**:202-204.
- 412 **Whitehead MR, Lanfear R, Mitchell RJ, Karron JD. 2018.** Plant mating systems often vary
413 widely among populations. *Frontiers in Ecology and Evolution* **6**:38.
- 414 **Yampolsky C, Yampolsky H. 1922.** Distribution of sex forms in the phanerogamic flora.
415 *Bibliotheca Genetica* **3**:1-62.
- 416 **Zhang G, Xie T, Du G. 2012.** Variation in floral sex allocation, female success, and seed
417 predation within racemiform synflorescence in the gynomonocious *Ligularia virgaurea*
418 (Asteraceae). *Journal of Plant Research* **125**:527-538.
- 419 **Zhang ZB, Yang M, Zhao XH, Ni SD, Yang FP, Chen QQ, Huang BG. 2014.** Deceptive
420 pollination of a saprophytic orchid, *Eulophia zollingeri*. *Guangxi Zhiwu/Guihaia* **34**:541-
421 547.
- 422 **Zhang Z, Gale SW, Li JH, Fischer GA, Ren MX, Song XQ. 2019.** Pollen-mediated gene flow
423 ensures connectivity among spatially discrete sub-populations of *Phalaenopsis pulcherrima*,
424 a tropical food-deceptive orchid. *BMC Plant Biology* **19**:597.
- 425 **Zhou X, Lin H, Fan XL, Gao JY. 2012.** Autonomous self-pollination and insect visitation in a
426 saprophytic orchid, *Epipogium roseum* (D. Don) Lindl. *Australian Journal of Botany* **60**:154-
427 159.
- 428

429 **Figure legends**

430

431 **Figure 1 *Eulophia zollingeri* in its natural habitat.** (A) Inflorescence. (B) Hermaphroditic
432 flower. (C) Female flower.

433

434 **Figure 2 Column morphology of *Eulophia zollingeri* flowers.** (A, B) Column with a
435 degenerate rostellum, which facilitates autogamy. (C, D) Column with a well-developed
436 rostellum, which prevents autogamy. (E, F) Column with neither a rostellum nor anther cap and
437 pollinaria. AC, anther cap; RS, rostellum; PO, pollinaria; ST, stigma.

Figure 1

Eulophia zollingeri in its natural habitat

***Eulophia zollingeri* in its natural habitat.** (A) Inflorescence. (B) Hermaphroditic flower. (C) Female flower.



Figure 2

Column morphology of *Eulophia zollingeri* flowers.

Column morphology of *Eulophia zollingeri* flowers. (A, B) Column with a degenerate rostellum, which facilitates autogamy. (C, D) Column with a well-developed rostellum, which prevents autogamy. (E, F) Column with neither a rostellum nor anther cap and pollinaria. AC, anther cap; RS, rostellum; PO, pollinaria, ST, stigma.

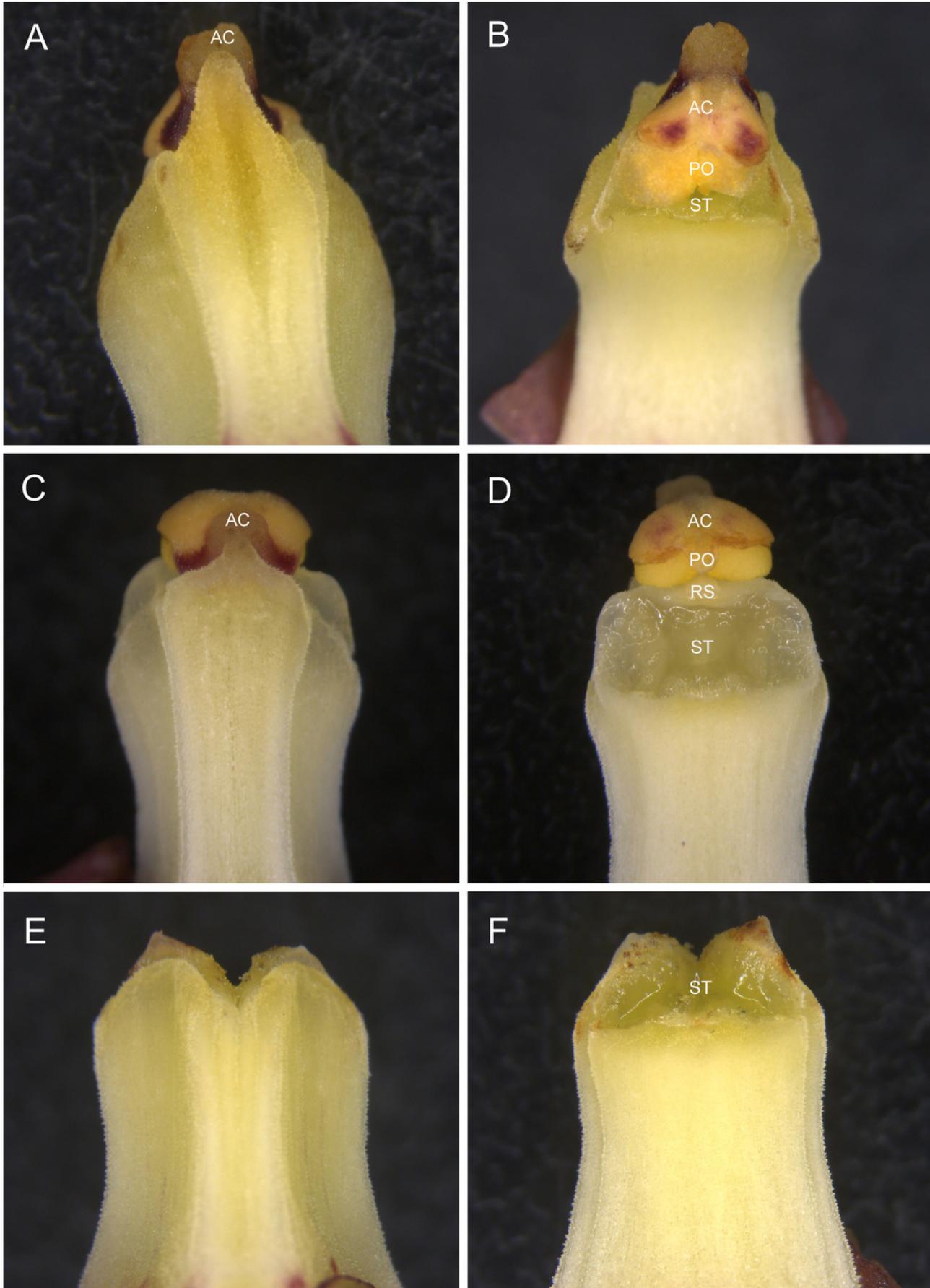


Table 1 (on next page)

Comparison of the length of the dorsal sepal, lateral sepal, lateral petal, and lip, between hermaphroditic and female flowers in *Eulophia zollingeri*

Table 1. Comparison of the length of the dorsal sepal, lateral sepal, lateral petal, and lip, between hermaphroditic and female flowers in *Eulophia zollingeri*.

Flower type	Dorsal sepal (mm)	Lateral sepal (mm)	Lateral petal (mm)	Lip (mm)
Hermaphroditic	23.5 ± 1.8	25.6 ± 2.1	17.8 ± 1.5	19.7 ± 0.7
Female	24.8 ± 1.6	26.2 ± 1.8	18.2 ± 1.3	20.0 ± 0.9

The lengths are expressed by mean ± SD (mm).

Table 2 (on next page)

Effect of pollination treatment on fruit set, seed mass, and proportion of seeds with embryo in *Eulophia zollingeri*

Table 2. Effect of pollination treatment on fruit set, seed mass, and proportion of seeds with an embryo in *Eulophia zollingeri*.

Flower type	Treatment	Manual allogamy	Manual geitonogamy	Autonomous autogamy	Open
Hermaphroditic	Fruit set (%)	70.0 ^a	70.0 ^a	50.0 ^a	57.1 ^a
	Seed mass	31.6 ± 11.6	24.1 ± 11.4	20.8 ± 9.3	24.9 ± 8.6
	Seeds with embryo	82.4 ± 4.2 ^{ac}	79.0 ± 4.2 ^{abc}	77.2 ± 2.9 ^{bc}	79.2 ± 3.6 ^c
Female	Fruit set (%)	60.0 ^a	60.0 ^a	0.0	5.3 ^b
	Seed mass	30.2 ± 14.7	25.7 ± 11.0	–	44.9
	Seeds with embryo	83.3 ± 4.4 ^a	77.3 ± 2.9 ^{bc}	–	82.0 ^{abc}

Different superscript letters indicate significant differences ($P < 0.05$) between treatment groups. Both seed mass and seeds with an embryo are expressed by mean ± SD, whenever the sample size is more than > 1.