

A 22-amino-acid peptide regulates tight junctions through occludin and cell apoptosis

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Occludin is a structural protein of tight junctions (TJ) in the blood–testis barrier (BTB). A 22-amino-acid peptide (22AA) in the second extracellular loop can reversibly regulate TJ, but its regulatory mechanism is unknown. In this study, a 22AA-induced TJ destruction animal model was constructed to investigate the effect of 22AA on Sertoli cells (SCs) and spermatid counts and cell apoptosis at different time points using a multiplex immunofluorescence technique. The effect of 22AA on the location and distribution of occludin was analyzed via dual immunofluorescence electron microscopy. Western blotting was used to analyze dynamic changes in occludin expression. Real-time RT-PCR was used to analyze miR-122-5p expression changes. Sperm density counts and mating methods were used to analyze the effect of 22AA on fertility in mice. The results showed that 22AA promoted SC and spermatid apoptosis, downregulated occludin, upregulated miR-122-5p, and decreased sperm density and litter size before 27 days (27D). After 27D, the expression of occludin increased again, miR-122-5p expression decreased again, both sperm density and litter size returned to normal, apoptosis stopped, and spermatogenesis began to recover. Therefore, it can be concluded that 22AA can destroy TJ by downregulating occludin and inducing cell apoptosis. With the degradation and consumption of 22AA in vivo, TJ and spermatogenesis functions return to normal.

1 **A 22-amino-acid peptide regulates tight junctions through occludin and cell apoptosis**

2 Abstract: Occludin is a structural protein of tight junctions (TJ) in the blood–testis barrier (BTB).

3 A 22-amino-acid peptide (22AA) in the second extracellular loop can reversibly regulate TJ, but
4 its regulatory mechanism is unknown. In this study, a 22AA-induced TJ destruction animal model
5 was constructed to investigate the effect of 22AA on Sertoli cells (SCs) and spermatid counts and
6 cell apoptosis at different time points using a multiplex immunofluorescence technique. The effect
7 of 22AA on the location and distribution of occludin was analyzed via dual immunofluorescence
8 electron microscopy. Western blotting was used to analyze dynamic changes in occludin
9 expression. Real-time RT-PCR was used to analyze miR-122-5p expression changes. Sperm
10 density counts and mating methods were used to analyze the effect of 22AA on fertility in mice.
11 The results showed that 22AA promoted SC and spermatid apoptosis, downregulated occludin,
12 upregulated miR-122-5p, and decreased sperm density and litter size before 27 days (27D). After
13 27D, the expression of occludin increased again, miR-122-5p expression decreased again, both
14 sperm density and litter size returned to normal, apoptosis stopped, and spermatogenesis began to
15 recover. Therefore, it can be concluded that 22AA can destroy TJ by downregulating occludin and
16 inducing cell apoptosis. With the degradation and consumption of 22AA in vivo, TJ and
17 spermatogenesis functions return to normal.

18 Keywords: occludin; TJ; apoptosis; Sertoli cell; spermatid

19

20 **1 Introduction**

21 In the testis, there is a blood–testis barrier (BTB) between the seminiferous tubules and blood

22 vessels. The BTB composition includes the interstitial capillary endothelium and its basement
23 membrane, connective tissue, and tight junctions (TJ) between the basement membrane of the
24 seminiferous epithelium and Sertoli cells (SCs). TJ are the main structures that constitute the BTB
25 [1]. One cause of male infertility is TJ abnormality in SCs, resulting in blockage of spermatogenic
26 cell migration in seminiferous tubules [2]. The three-dimensional configuration of SCs is complex.
27 SCs are irregularly cone-shaped, with the base closely touching the basement membrane, the top
28 extending into the lumen, and many irregular depressions in the lateral surface and lumen surface,
29 in which various levels of spermatogenic cells are embedded. Membranes near the basal side of
30 the adjacent SCs form TJ, and the seminiferous epithelium is divided into a basal compartment
31 and abluminal compartment.[3]. The basal compartment is located between the basement
32 membrane of seminiferous epithelium and the TJ of SCs and contains spermatogonia cells
33 (including type A and type B). The abluminal compartment, located above the TJ, connects with
34 the lumens of seminiferous tubules and contains spermatocytes, germ cells, and sperm [4]. During
35 spermatogenesis, the spermatocytes at the preleptotene stage and the leptotene stage differentiated
36 from type B spermatogonia cells must move across the TJ into the abluminal compartment to
37 complete their development [5]. Therefore, the movement of germ cells across the seminiferous
38 epithelium during spermatogenesis is closely related to structural reconstruction of TJ.

39 Many TJ experimental models exist for studying the BTB. The in vitro BTB experimental
40 model uses the testicular SC primary dual-chamber culture method to determine TJ tightness by
41 measuring transepithelial electrical resistance [6]. Glycerol [7], CdCl₂ [8], and blocking peptides
42 [9] can also destroy testicular TJ. However, the destruction of testicular TJ induced by glycerin

43 injection or CdCl₂ injection is irreversible. Thus, studying the dynamic changes in TJ-related
44 molecules during the disintegration process and reconstruction process using these two animal
45 models is difficult.

46 Structural proteins of TJ include occludin [10], zonula occludens-1 (ZO-1) [11], ZO-2 [12],
47 ZO-3, the claudin multigene family, and adhesion molecules [13]. Occludin is a 65-kDa protein
48 localized at TJ [14, 15] that consists of four transmembrane domains, a long carboxyl-terminal
49 cytoplasmic domain, a short N-terminal cytoplasmic domain, two extracellular loops, and one
50 intracellular loop [16]. Its structure is highly conserved among different mammalian species [17].
51 The first extracellular loop is rich in tyrosine and glycine, accounting for approximately 60% of
52 the amino acid residues, and is involved in intercellular adhesion [18]. The second extracellular
53 loop is involved TJ [19].

54 Wong and Gumbiner et al. used an in vitro cell model to add an artificially synthesized 44-
55 amino-acid short peptide identical to the second extracellular loop sequence of occludin into the
56 *Xenopus* kidney epithelial cell line A6, thereby reducing the tightness of TJ [20]. Chung et al.
57 confirmed that a 22-amino-acid peptide (22AA) in the second extracellular loop of occludin could
58 reversibly regulate TJ [9]. However, Chung et al. only analyzed the effect of 22AA on the
59 morphological structure of the seminiferous tubules. What is the mechanism underlying the
60 regulation of TJ by 22AA? Is the expression and localization of occludin affected by 22AA?? How
61 are SC and spermatid counts in the seminiferous tubules dynamically affected by 22AA? Can
62 22AA affect the number of offspring? The above questions should be studied in depth. To further
63 investigate the mechanism underlying the regulation of TJ by 22AA, this study analyzed the effect

64 of 22AA on occludin expression and localization, SC and spermatid apoptosis, and mouse fertility
65 using a TJ damage animal model.

66 **2 Experimental materials and methods**

67 **2.1 Experimental animals**

68 Specific-pathogen-free Kunming (KM) mice, 6 to 8 weeks old, with a body weight of 30-35
69 g, were provided by Chongqing Enswell Biotechnology Co., Ltd., China. Animals were kept at a
70 temperature of 23-25°C with a 12 h light:12 h dark (12 h-12 h) cycle. The animals were allowed
71 food and water ad libitum. The experiment was approved by the Experimental Animal Ethics
72 Committee of Fuyang Normal University, China (Grant No. 20200006).

73 **2.2 Construction of animal models**

74 The sequence of 22AA is NH₂-GSQIYTICSQFYTPGGTGLYVD-COOH (from the 209th to
75 230th amino acid of occludin) [9], and 22AA was synthesized by Beijing Protein Innovation Co.,
76 Ltd., China. To prepare a 200.0 g/L solution, 22AA was dissolved in 0.9% sterile saline. Male KM
77 mice were anesthetized with 7% chloral hydrate (0.5 mL/100 g), the scrotal skin was cut, both (left
78 and right) testicles were exposed, and a 26-gauge needle (Becton Dickinson, Rutherford, NJ) was
79 used for injection of 7.0 µL of 22AA solution at three different locations in each testicle. The
80 control group was injected with 0.9% sterile saline. After injection, the testicles were sutured, and
81 the mice were put back into the cage. Thirty-six experimental animals were divided into six groups,
82 with six mice in each group: A, normal control group; B, 7 days (7D) after injection of 22AA; C,
83 17D after 22AA injection; D, 27D after 22AA injection; E, 37D after 22AA injection; and F, 47D
84 after 22AA injection. After the mice were anesthetized by intraperitoneal injection of 7% chloral

85 hydrate (0.5 mL/100 g) at different time points, the skin of the scrotum was removed, and one
86 testis was removed and stored at -80°C for western blotting (WB) and quantitative PCR (qPCR).
87 The other testis was fixed with 4% paraformaldehyde for morphological examination. At the end
88 of the experiment, the mice were euthanized using 0.3 mL 7% chloral hydrate (0.5 mL/100 g)
89 according to the American Veterinary Medical Association (AVMA)
90 Guidelines for the Euthanasia of Animals, 2013 Edition.

91 **2.3 Multiplex immunofluorescence detection**

92 Testicular tissues were collected at different stages, fixed and blocked using conventional
93 methods, embedded in paraffin, deparaffinized, dehydrated, and subjected to heat-induced antigen
94 retrieval. The types and sources of antibodies used in the experiments are shown in Table 1. The
95 sections were washed with distilled water, immersed in phosphate-buffered saline (PBS) for 5 min,
96 and then blocked with goat serum at room temperature for 60 min. The blocking solutions were
97 then aspirated, primary anti-Bax antibody (1:200) was added dropwise, and the sections were
98 placed in a humidified box and incubated at 4°C overnight. The next day, the sections were
99 incubated at room temperature for 30 min. The sections were immersed and washed in PBS three
100 times for 3 min each. After the sections were blotted, a fluorescent Cy3-labeled secondary antibody
101 (1:800 dilution) was added dropwise, followed by incubation at 37°C for 60 min in a humidified
102 box. The sections were washed three times with PBS for 3 min each. After the sections were
103 blotted, primary anti-WT1 or anti-Prm2 antibody (1:100 dilution) was added dropwise, and the
104 sections were incubated in a humidified box at 37°C for 60 min. The sections were washed three
105 times with PBS for 3 min each. After the sections were blotted, a fluorescent FITC-labeled

106 secondary antibody (1:800) was added dropwise, followed by incubation at 37°C for 60 min in a
107 humidified box. After three washes with PBS for 3 min each, DAPI was added dropwise, followed
108 by incubation in the dark for 15 min for nuclear staining. Then, the sections were washed for 5
109 min four times. After excess DAPI was washed away, the slides were mounted in anti-fluorescence
110 quencher mounting medium. The sections were then observed under a confocal fluorescence
111 microscope (Leica, Germany), and images were collected. Fifty sections in different parts of each
112 testicle were examined. Images were quantitatively analyzed using ImageJ software. The relative
113 expression value of Bax was determined by the optical density value.

114 **2.4 Immunofluorescence analysis of occludin localization and distribution**

115 Testicular tissues were collected at different stages, fixed and blocked by conventional
116 methods, embedded in paraffin, deparaffinized, dehydrated, and subjected to heat-induced antigen
117 retrieval. The sections were cooled at room temperature for 10-20 min, rinsed with distilled water,
118 and immersed in PBS for 5 min. Sections received 0.5% Triton X-100 dropwise, followed by
119 incubation at room temperature for 60 min and three PBS washes of 3 min each. The sections were
120 blocked at room temperature for 60 min via dropwise addition of normal goat serum. The blocking
121 solution was aspirated, and primary anti-occludin antibody (Abcam, America) diluted 1:100 was
122 added dropwise. The sections were placed in a humidified box and incubated at 4°C overnight.
123 The humidified box was removed and rewarmed to room temperature for 30 min. Sections were
124 washed with PBS three times for 3 min each. After the excess liquid was removed from the
125 sections, Alexa Fluor Cy3-labeled antibody (Abcam, America) diluted 1:800 was added dropwise,
126 followed by incubation at 37°C for 60 min in a humidified box. Sections were washed with PBS

127 three times for 3 min each, and DAPI (Beyotime, China) was added dropwise for nuclear staining
128 in the dark for 15 min. After excess DAPI was washed away, the slides were mounted using anti-
129 fluorescence quencher mounting medium. The sections were then observed under a confocal
130 fluorescence microscope (Leica, Germany), and images were collected. Fifty sections in different
131 parts of each testicle were examined.

132 **2.5 Detection of occludin via WB**

133 After extraction of total proteins from testes at different stages, the total protein content was
134 determined using a BCA kit (Solarbio, China). After sodium dodecyl sulfate-polyacrylamide gel
135 electrophoresis (SDS-PAGE) at 100 V for 1.5 h, samples were transferred to a nitrocellulose (NC)
136 membrane, which was blocked for 2 h via gentle shaking in 50.0 mL of TTBS (20.0 mmol/L Tris,
137 pH 7.5, 0.5 g/L Tween-220, 8.0 g/L NaCl) containing 50 g/L skim milk powder. The NC
138 membrane was placed in a plastic mantle and sealed after addition of 5.0 mL of rabbit anti-mouse
139 occludin monoclonal antibody (Abcam, America) at 1:500 dilution and then incubated at 4°C
140 overnight. The NC membrane was taken out and washed with TTBS three times for 15 min each.
141 Then, 5.0 mL of horseradish peroxidase-conjugated goat anti-rabbit IgG1 (1:2 000 dilution with
142 TBS) (Jackson, 111-035-008) was added and incubated with the membrane with gentle shaking
143 for 2 h. The NC membrane was taken out and washed with TTBS three times for 10 min each.
144 novaECL reagent was added to the front surface of the NC membrane and allowed to stand for 1
145 min, and then, light-sensitive films were observed in a dark room. The band density was scanned
146 using a digital gel image analysis system, and the gray value for density was measured. Using β -
147 actin as the internal control, the expression of occludin was determined by the ratio of the gray

148 values of occludin to those of β -actin.

149 **2.6 Real-time RT-PCR analysis of miR-122-5p**

150 Testicular tissues were collected at different time points, and RNA was extracted using a
151 Trizol Total RNA Extraction Kit (Shanghai Sangong, China, catalog number: B511321).
152 According to the kit manual, RNA was extracted and reverse-transcribed into cDNA. The primers
153 for miR-122-5p RT-PCR were F: CCTGGAGTGTGACAATG and R: GAGCAGGCTGGAGAA.
154 The primers for the internal control actin were F: GAGACCTTCAACACCCCAGC and R:
155 ATGTCACGCACGATTTCCC. The BR Green I protocol of the SYBR Green I method was used.
156 The real-time fluorescence PCR kit TransStart Green qPCR SuperMix (catalog no. AQ131-01)
157 was used for PCR amplification on a LightCycler 96 system (Roche, US). The reaction system
158 was as follows: 25.0 μ L of 2 \times PCR buffer, 5.0 μ L of primers (25.0 pmol/ μ L), 0.5 μ L of SYBR
159 green I (20 \times), 2.0 μ L of template (cDNA), and 21.5 μ L of DEPC water. The amplification
160 conditions were as follows: 94 $^{\circ}$ C for 4 min; 35 cycles of 94 $^{\circ}$ C for 20 sec, 60 $^{\circ}$ C for 30 sec, and
161 72 $^{\circ}$ C for 30 sec; followed by 72 $^{\circ}$ C for detection. Relative expression was calculated using the 2⁻
162 $\Delta\Delta C_t$ method.

163 **2.7 Analysis of sperm density**

164 Male mice were sacrificed via cervical dislocation at various time points. After abdominal
165 disinfection, the abdominal wall was cut open to expose the reproductive system. The epididymis
166 was separated via aseptic surgery, and the mesentery and fat surrounding the epididymis were
167 removed with ophthalmic scissors and rinsed. The epididymis was shred and placed in a Petri dish
168 containing 37 $^{\circ}$ C PBS and then incubated at 37 $^{\circ}$ C with 5% CO₂ and saturated humidity for 30 min.

169 The sperm density was calculated using a cell counting plate after the sperm had spontaneously
170 spread out.

171 **2.8 Analysis of litter size**

172 Male mice were co-caged with female mice (female:male = 1:1) at each time point. The time
173 when a vaginal plug was detected was taken as the 0 day of pregnancy. On the 14th day of
174 pregnancy, the mice were sacrificed by cervical dislocation, the uterus was removed by
175 laparotomy, and the number of embryos in the bilateral uterus was recorded.

176 **2.9 Statistical analysis**

177 The experimental results are expressed as the mean \pm standard deviation. GraphPad Prism 6
178 was used to complete the data processing. Differences between control group and experimental
179 group were examined using a t test. Differences among the six different experimental groups were
180 examined using two-way ANOVA, and correlations between groups were examined with a
181 Pearson test. The significant difference level was set as $P < 0.05$.

182 **3 Results**

183 **3.1 22AA promotes SC apoptosis**

184 Multiplex immunocytochemistry was used to analyze the effect of 22AA on SC apoptosis.
185 Bax was used as the cell apoptosis marker protein to calculate the SC apoptosis rate in seminiferous
186 tubules. WT1 was used as a marker of SCs. The multiplex immunohistochemical results for each
187 group are shown in Figure 1A. Many SCs were present in the seminiferous tubules of the control
188 group, with clear intercellular boundaries and a small amount of red Bax distribution, and the
189 expression level of Bax was relatively low at 11.373 ± 10.532 . At 7D, the SC count in the

190 seminiferous tubules was not significantly different from that in the control group, and the
191 expression level of Bax was 16.783 ± 10.157 , which was significantly higher than that in the
192 control group ($P < 0.01$), suggesting that cell apoptosis started in the seminiferous tubules. At 17D
193 and 27D, no cells with blue nuclei were found in the seminiferous tubules, and the intercellular
194 boundary completely disappeared. The WT1 patch was scattered throughout the seminiferous
195 tubules, and no cell structure was found in the tubules. The seminiferous tubules were filled with
196 a large amount of red Bax, and the expression levels of Bax were 20.521 ± 5.781 and $30.253 \pm$
197 12.274 at 17D and 27D, respectively, which were significantly higher than those in the control
198 group ($P < 0.01$), indicating that at this stage all cells in the seminiferous tubules were already
199 apoptotic. At 37D, the expression level of Bax was 20.862 ± 3.243 , which was roughly equivalent
200 to the expression level of Bax at 17D, indicating that apoptosis had begun to terminate; a few SCs
201 began to appear in the basal layer of seminiferous tubules; and TJ reconstruction started. At 47D,
202 the number of SCs and the Bax expression level were not significantly different from those in the
203 control group. These results demonstrate that 22AA promoted SC apoptosis.

204 **3.2 22AA reversibly regulates spermatid apoptosis**

205 Multiplex immunofluorescence was used to analyze the effect of 22AA on spermatids. Bax
206 was used as the apoptosis marker protein to analyze spermatid apoptosis in the seminiferous
207 tubules. Prm2 was used as the spermatid marker to determine the spermatid count. The multiplex
208 immunohistochemical results for each group are shown in Figure 1B. Nearly 55 ± 5 spermatids
209 were found in the seminiferous tubules of the control group, and the expression level of Bax was
210 11.245 ± 4.868 . At 7D, the spermatid count decreased to 15 ± 3 , and the expression of Bax

211 increased to 19.569 ± 6.158 , suggesting gradual spermatid apoptosis. No spermatid was found in
212 the seminiferous tubules at 17D or 27D, and the expression levels of Bax increased to $23.467 \pm$
213 5.327 and 31.353 ± 13.139 , respectively, indicating complete spermatid apoptosis. At 37D, a small
214 amount of Prm2 was distributed in the seminiferous tubules, and the expression level of Bax
215 decreased to 16.362 ± 3.267 , indicating that apoptosis had begun to terminate. At 47D, 20 ± 4
216 spermatids were rediscovered in the seminiferous tubules, and the expression level of Bax was
217 10.176 ± 1.682 , which was not different from the control level. This result indicates that 22AA
218 can reversibly regulate spermatid apoptosis.

219 **3.3 22AA affects occludin localization and distribution**

220 Dual immunofluorescence was used to analyze the effect of 22AA on the localization and
221 distribution of occludin. The multiplex immunohistochemical results for each group are shown in
222 Figure 1C. Occludin was mainly located at TJ between the basement membrane of seminiferous
223 tubules and SCs in the control group. At 7D, a small amount of occludin was distributed at TJ
224 between the basement membrane of seminiferous tubule and SCs. However, the total number of
225 cells in seminiferous tubules was less than that in the control group. At 17D and 27D, no cells with
226 blue nuclei were found in the seminiferous tubules. From day 17 to day 27, the expression of
227 occludin gradually decreased. At 37D, occludin expression began to increase and was found to be
228 distributed on the basement membrane of seminiferous tubules and SCs. At 47D, occludin
229 expression and distribution and the morphological structure of seminiferous tubules were highly
230 similar to those in the control group. These results suggest that 22AA can reversibly affect the
231 location and distribution of occludin.

232 **3.4 22AA downregulates occludin**

233 To analyze the dynamic changes in the occludin expression level after TJ disintegration and
234 reconstruction, total testicular proteins were extracted at 0, 7, 17, 27, 37, or 47 days for western
235 blot analysis. Representative western blot results are shown in Figure 2A. The relative occludin
236 expression level was calculated using the occludin/ β -actin gray density ratio. The detailed values
237 are shown in Figure 2B. In the control group, the expression value was 0.9967. From 7D to 27D,
238 the occludin expression level in the 22AA group gradually decreased to 0.1621, which was only
239 16.26% of that in the control group. Then, the expression level of occludin gradually increased to
240 0.3543 at 47D, which was approximately one-third the normal expression level (35.54%).
241 Occludin expression was significantly different among the six groups ($P < 0.05$). The results
242 showed that the expression level of occludin in the 22AA group at each time was significantly
243 different from that in the control group ($P < 0.01$). These results indicate that 22AA can reversibly
244 regulate occludin expression.

245 **3.5 22AA upregulates miR-122-5p expression, and miR-122-5p expression is negatively** 246 **correlated with occludin expression before 27D**

247 To analyze the dynamic expression of miR-122-5p during TJ disintegration and
248 reconstruction, total RNA in testes was extracted at 0, 7, 17, 27, 37, or 47 days. RT-PCR analysis
249 was performed after the total RNA was reverse-transcribed into cDNA. The expression levels of
250 miR-122-5p in each group are shown in Figure 3A. The miR-122-5p expression level in the control
251 group was 0.0408 and increased to 0.0539 at 7D. The miR-122-5p expression level in the 22AA
252 group at 27D was the highest at 0.1293. Then, miR-122-5p expression gradually decreased to

253 0.0867 at 47D but was still higher than that in the control group. The results showed that the miR-
254 122-5p expression levels were significantly different among the six groups ($P < 0.01$). The
255 correlation between miR-122-5p and occludin expression in each group was analyzed using
256 Pearson correlation coefficient. The linear relationship is shown in Figure 3B. The results indicated
257 that miR-122-5p and occludin expression are significantly negatively correlated ($R^2 = -0.4905$, P
258 < 0.01).

259 **3.6 22AA changes the sperm count**

260 To analyze the effect of 22AA on sperm count, the epididymis was extracted at 0, 7, 17, 27,
261 37, or 47 days. The sperm density was analyzed after the epididymis was shredded. The results are
262 shown in Figure 4A. The highest sperm density in the control group was $750.144 \times 10^4/\text{mL}$, after
263 which it gradually decreased. The sperm density decreased to $164.278 \times 10^4/\text{mL}$ at 27D and then
264 gradually increased to $283.114 \times 10^4 \text{ mL}$ at 47D. The results showed a significant difference in
265 sperm density among the six groups ($P < 0.01$).

266 **3.7 22AA affects litter size**

267 To analyze the effect of 22AA on the litter size of males, male mice were co-caged with
268 female mice at 0, 7, 17, 27, 37, or 47 days. The number of embryos in the uterus on the 14th day
269 of pregnancy was taken as a measure of fertility. The results are shown in Figure 4B. The largest
270 litter size in the control group was 12, and then, litter size decreased gradually to 3.667 at 27D.
271 The litter size gradually increased to seven at 47D. The results showed that the difference in litter
272 size among the six groups was significant ($P < 0.01$).

273 **4 Discussion**

274 As a component of TJ, occludin is the structural basis for TJ formation between SCs in the
275 seminiferous epithelium. The programmed opening/resealing of TJ ensures normal progression of
276 spermatogenesis, and abnormal opening/resealing can affect the normal spermatogenesis process
277 [21]. Interference with the functional status of occludin protein in testicular SCs can result in
278 infertility. TJ of the BTB are different from TJ of the blood–brain barrier and other barriers, and
279 the specific function of BTB TJ between SCs is related to spermatogonia cell activity and
280 differentiation. The disintegration and reconstruction of TJ between SCs is an important process
281 [22].

282 SCs are the structural basis of TJ in the testis [23]. The main functions of SCs include
283 providing structural support, creating the BTB, participating in germ cell movement and
284 ejaculation, and nurturing germ cells through the secretion process [24-27]. In the present study,
285 to analyze the dynamic changes in SCs during the process of TJ disintegration and reconstruction,
286 a 22AA-induced TJ destruction animal model was utilized, and an immuno-double-labeling
287 technique was used for analysis. WT1 was employed as an SC marker [28]. The results showed
288 that the number of cells and the seminiferous tubule wall thickness were decreased in SCs at 7D
289 compared with the control group. These results were consistent with those reported by Chung et
290 al. [9]. No blue nuclei were found in the seminiferous tubules at 17D or 27D, and the intercellular
291 boundary had completely disappeared. WT1 was distributed throughout the seminiferous tubules.
292 At 37D, a few SCs began to be found in the basal layer of the seminiferous tubules, and
293 spermatogenesis began to recover. At 47D, there was almost no difference in SCs between the
294 22AA group and the control group, indicating that spermatogenesis had returned to normal. These

295 phenomena reveal for the first time the changing pattern of SCs in the process of TJ disintegration
296 and reconstruction. Next, dynamic changes in spermatids were analyzed using Prm2 as the
297 spermatid marker [29] [30]. The results of multiplex immunohistochemistry showed that there
298 were 55 ± 5 spermatids in the seminiferous tubules of the control group. At 7D, the spermatid
299 count decreased to 15 ± 3 , suggesting that the spermatids gradually became apoptotic. No
300 spermatids were found in seminiferous tubules at 17D or 27D. This finding indicates that the
301 spermatids were completely apoptotic. A small amount of Prm2 was distributed in the
302 seminiferous tubules at 37D, suggesting that spermatogenesis had begun to recover. At 47D,
303 recovery of spermatids in seminiferous tubules was visible, and the spermatids numbered 20 ± 4 ,
304 which was consistent with the experimental results of Chung et al. [9]. This finding indicates that
305 spermatogenesis had returned to normal. These data suggest that 22AA mainly reduced the number
306 of spermatids in seminiferous tubules before 27D. After 27D, with the degradation and
307 consumption of 22AA in vivo, the normal structure of the TJ was restored, and spermatogenesis
308 resumed.

309 The TJ-related structural proteins include ZO-1, ZO-2, and multiple claudin genes. Wong et
310 al. found that the 44-amino-acid peptide in the second extracellular loop of occludin had no effect
311 on the expression level of ZO-1, ZO-2, or cingulin in the *Xenopus* kidney epithelial cell line A6
312 [20]. Therefore, in the present study, only the dynamic expression of occludin was quantitatively
313 analyzed when investigating the mechanism underlying the destruction and recovery of TJ induced
314 by 22AA. The expression level of occludin in the 22AA group gradually decreased from 7D to
315 27D until reaching only 14% of that in the control group. Then, the expression level of occludin

316 gradually increased. At 47D, occludin expression recovered to approximately one-third the normal
317 expression. These results suggest that 22AA can reduce the expression level of occludin at the
318 disintegration stage of TJ. With the degradation and consumption of 22AA in vivo, the expression
319 level of occludin started to increase, and TJ began to recover. Therefore, it can be concluded that
320 22AA can downregulate occludin, leading to disintegration of TJ.

321 There are three possible reasons for the decrease in protein expression. The first reason is
322 protein degradation [31]. Occludin phosphorylation and ubiquitination regulate TJ [32]. The
323 western blot images in this study showed only one band for occludin, and thus, no degradation was
324 found. This result indicates that 22AA did not cause occludin ubiquitination. The second potential
325 reason is cell apoptosis because cell apoptosis prevents cells from expressing relevant proteins [33,
326 34]. Therefore, SC and spermatid apoptosis might lead to a decrease in occludin expression. The
327 third reason could be inhibition of transcription or translation by noncoding RNA [6]. To
328 investigate the occludin downregulation mechanism, we analyzed the expression of several
329 microRNAs (miRNAs) that can target occludin (data not shown), among which only the
330 expression of miR-122-5p was associated with occludin expression. miR-122-5p is encoded on
331 chromosome 18q21.31 and is derived from the hcr gene transcript. miR-122-5p plays an important
332 role in cell cycle regulation, cell proliferation and cell apoptosis [35] and is associated with
333 multiple diseases [35-38]. Previously, we analyzed the correlation between miR-122-5p and
334 occludin protein, and the results showed that miR-122-5p was negatively correlated with occludin
335 expression [39]. Our other recent results showed that miR-122-5p regulates occludin expression
336 through the AACACTCCA sequence of the occludin 3'UTR, thereby regulating the formation and

337 tightness of TJ between SCs (submitted). We further employed real-time RT-PCR to assess
338 whether 22AA affects miR-122-5p expression. The current results showed that the expression level
339 of miR-122-5p gradually increased from 0 to 27D and then began to decrease. A possible reason
340 for the gradual decrease in miR-122-5p expression after 27D is that the regulatory capacity of miR-
341 122-5p decreases with the degradation and consumption of 22AA in vivo. The change in the miR-
342 122-5p expression level was opposite that of occludin. Correlation analysis showed no significant
343 correlation between miR-122-5p and occludin expression from 0 to 47D (data not shown), but they
344 exhibited a significant negative correlation. These results indicate that 22AA increased the
345 expression of miR-122-5p, which mediated downregulation of occludin expression, thereby
346 causing disintegration of TJ. However, the mechanism by which 22AA regulates mir-122-5p
347 expression remains to be further studied.

348 To investigate the causes of SC and spermatid dysfunction, Bax was used as an apoptosis
349 marker protein to analyze cell apoptosis in seminiferous tubules. Bax, belonging to the Bcl-2 gene
350 family, is the most important apoptotic gene in humans. The encoded Bax protein forms
351 heterodimers with Bcl-2 and has an inhibitory effect on Bcl-2. Bax is one of the most important
352 apoptosis-promoting genes [40]. Bax expression is also closely related to spermatogenesis [41]. In
353 the present study, Bax expression was found in the seminiferous tubules of the control group at a
354 low expression level of 11.373 ± 10.532 . Yan et al. also found that Bax was expressed in various
355 types of cells in normal testicular tissues [42]. At 7D, the expression level of Bax was $16.783 \pm$
356 10.157 , which was higher than that in the control group, indicating that the cells in seminiferous
357 tubules began to undergo apoptosis. However, at this stage, the structure of SCs and spermatids in

358 the tubules was relatively intact. The expression level of Bax increased to 20.521 ± 5.781 and
359 30.253 ± 12.274 at 17D and 27D, respectively. At this stage, the tubules were filled with a large
360 amount of red Bax, no blue nuclei were observed, and the intercellular boundary had completely
361 disappeared, indicating that all the cells in the seminiferous tubules had already undergone
362 apoptosis. At 37D, the expression level of Bax was slightly lower than at 27D. In the basal layer
363 of the seminiferous tubules, blue nuclei began to appear, indicating that apoptosis had slowed and
364 the spermatids and SCs of the seminiferous tubules had started to recover. At 47D, the expression
365 level of Bax was not significantly different from that in the control group, and the structure and
366 number of spermatids and SCs in seminiferous tubules were not different from those in the control
367 group, indicating that spermatogenesis had fully recovered. These results suggest that 22AA can
368 induce apoptosis in seminiferous tubules before 27D.

369 To analyze the effect of 22AA on sperm count, the epididymis was extracted at 0, 7, 17, 27,
370 37, or 47 days. Sperm density was analyzed after the epididymis was shredded. The results are
371 shown in Figure 4A. The highest sperm density in the control group was $750.114 \times 10^4/\text{mL}$, and
372 then, the density gradually decreased, dropping to $164.278 \times 10^4/\text{mL}$ at 27D; subsequently, the
373 sperm density gradually increased to $283.114 \times 10^4 \text{ mL}$ at 47D. However, compared with the
374 control group, the sperm density was greatly decreased. The decrease in sperm count may be due
375 to the following reasons. First, high expression of Bax promotes the apoptosis of type A
376 spermatogonial stem cells [41], thereby reducing spermatogenesis. Second, after the BTB is
377 destroyed, immune cells enter the seminiferous tubules and engulf many sperm [43]. Third, sperm
378 undergo apoptosis or autophagy in the epididymis [44, 45]. Further analysis is needed to determine

379 which reason explains the decrease in sperm count. To analyze the effect of 22AA on litter size,
380 male mice were co-caged with female mice at 0, 7, 17, 27, 37, or 47 days. The number of embryos
381 in the uterus on the 14th day of pregnancy was used to measure fertility. The highest litter size in
382 the control group was 12, but litter size decreased gradually to seven at 27D. Afterwards, the litter
383 size gradually increased to 6.67 at 47D . The increase in sperm density and litter size after 27D
384 indicates that TJ returned to their normal structure and spermatogenesis began to function normally
385 following degradation and consumption of 22AA in vivo.

386 In summary, this study investigated the effect of 22AA on TJ by using a 22AA-induced TJ
387 destruction animal model. The results showed that before 27D, 22AA promoted SC and spermatid
388 apoptosis, downregulated occludin, upregulated miR-122-5p, and decreased sperm density and
389 litter size. After 27D, the occludin expression increased, miR-122-5p expression decreased, both
390 sperm density and litter size rebounded, cell apoptosis stopped, and spermatogenesis began to
391 recover. Therefore, it can be concluded that 22AA destroys TJ by downregulating occludin and
392 inducing cell apoptosis. With the degradation and consumption of 22AA in vivo, TJ and
393 spermatogenesis functions return to normal.

394

395

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- 513

Figure 1

Figure 1. The results of multiplex immunohistochemical for each group.

A□ Effects of 22AA on the apoptosis of SC. Many SCs were present in the control group, with clear intercellular boundaries and a small amount of red Bax distribution. The morphology and number of SCs at 7D were not significantly different from those of the control group. At 17D and 27D, there were no blue nuclei in the seminiferous tubules, and the intercellular boundary completely disappeared. The WT1 patch was scattered throughout the seminiferous tubules, with no cells present in the tubules. The tubules were filled with a large amount of red Bax. A few SCs began to appear in the basal layer of the seminiferous tubules at 37D. At 47D, the morphology, structure and number of SCs in the seminiferous tubules were not different from those in the control group. B□ Effect of 22AA on the apoptosis of sperm cells. Nearly 55 ± 5 spermatids were found in the seminiferous tubules of the control group, and the expression level of Bax was 11.245 ± 4.868 . At 7D, the spermatid count decreased to 15 ± 3 , and the expression of Bax increased to 19.569 ± 6.158 . No spermatid was found in the seminiferous tubules at 17D or 27D, and the expression levels of Bax increased to 23.467 ± 5.327 and 31.353 ± 13.139 , respectively. At 37D, a small amount of Prm2 was distributed in the seminiferous tubules, and the expression level of Bax decreased to 16.362 ± 3.267 . At 47D, 20 ± 4 spermatids were rediscovered in the seminiferous tubules, and the expression level of Bax was 10.176 ± 1.682 , which was not different from the control level. C□ Effect of 22AA on the localization and distribution of occludin. Occludin was mainly located at TJ between the basement membrane of seminiferous tubules and SCs in the control group. At 7D, a small amount of occludin was distributed at TJ between the basement membrane of seminiferous tubule and SCs. However, the total number of cells in seminiferous tubules was less than that in the control group. At 17D and 27D, no cells with blue nuclei were found in the seminiferous tubules. From day 17 to day 27, the expression of

occludin gradually decreased. At 37D, occludin expression began to increase and was found to be distributed on the basement membrane of seminiferous tubules and SCs. At 47D, occludin expression and distribution and the morphological structure of seminiferous tubules were highly similar to those in the control group. Bar, 0.2 μm .

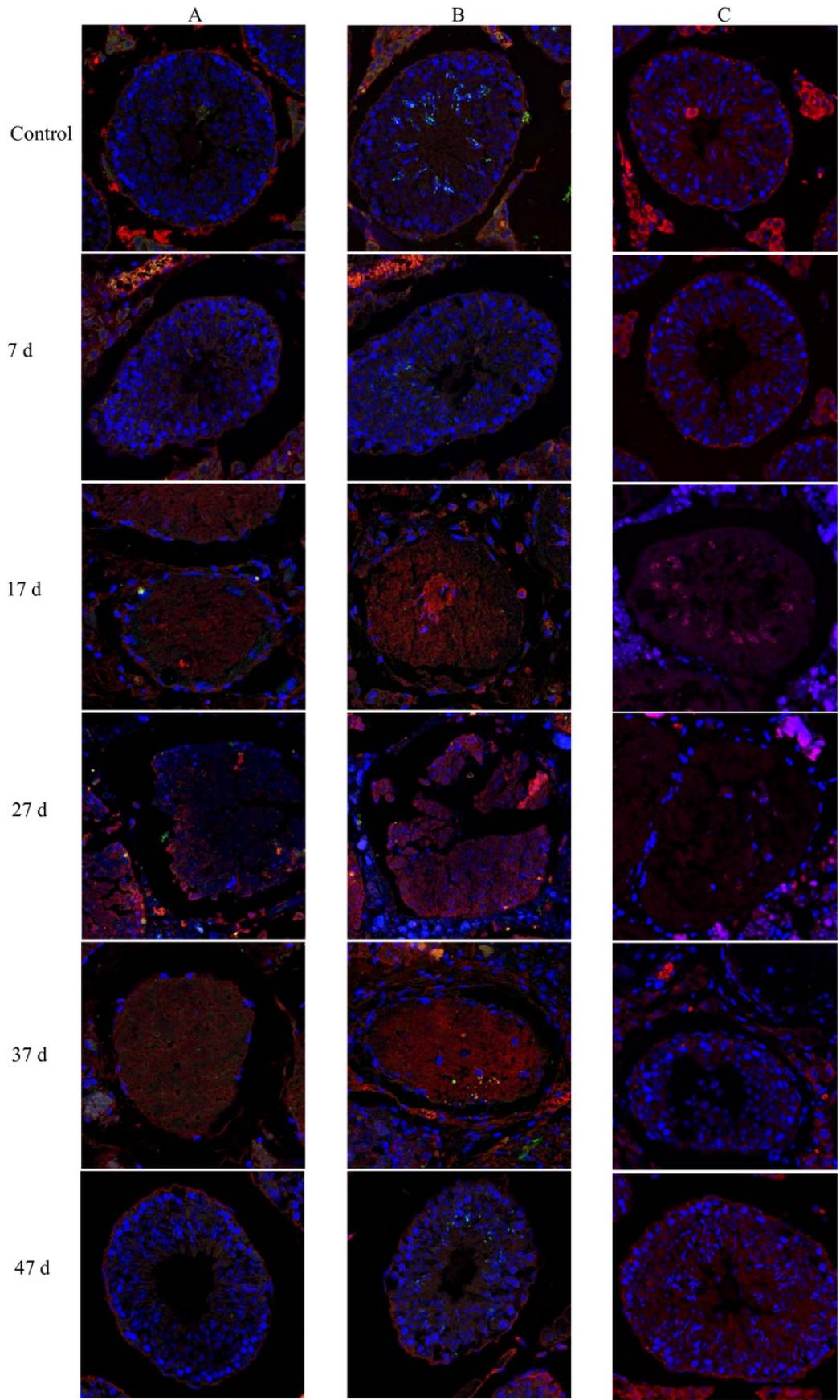


Figure 2

Effect of 22AA on the expression of occludin.

Representative western blot results are shown in Figure 2A. The relative occludin expression level was calculated using the occludin/ β -actin gray density ratio. The detailed values are shown in Figure 2B. In the control group, the expression value was 0.9967. From 7D to 27D, the occludin expression level in the 22AA group gradually decreased to 0.1621, which was only 16.26% of that in the control group. Then, the expression level of occludin gradually increased to 0.3543 at 47D, which was approximately one-third the normal expression level (35.54%). Occludin expression was significantly different among the six groups ($P < 0.05$). The results showed that the expression level of occludin in the 22AA group at each time was significantly different from that in the control group. $\square P < 0.01$.

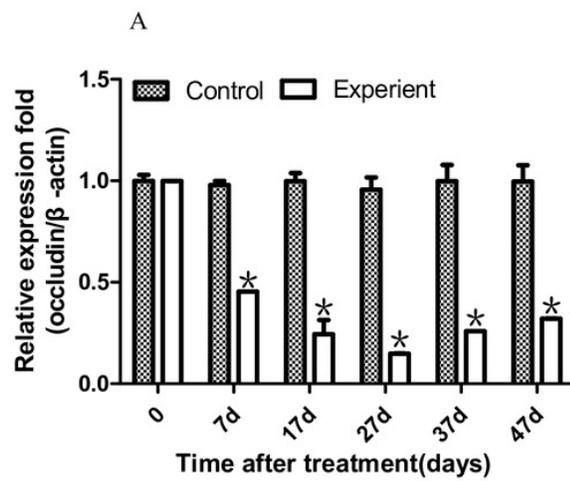
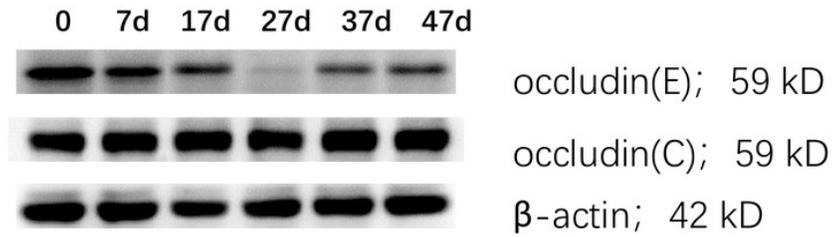
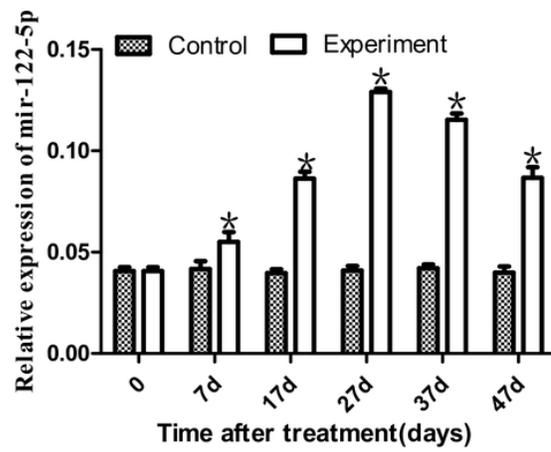


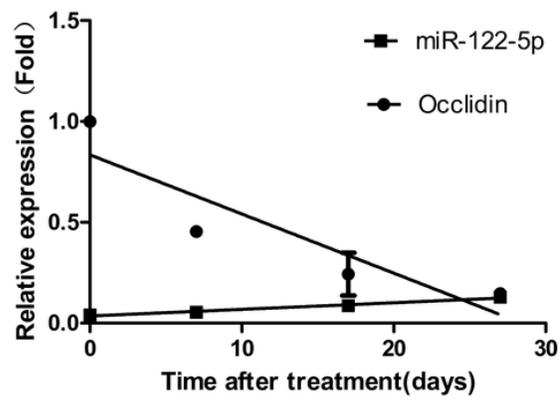
Figure 3

Effect of artificially synthesized 22AA on the expression of miR-122-5.

The expression levels of miR-122-5p in each group are shown in Figure 3A. The miR-122-5p expression level in the control group was 0.0408 and increased to 0.0539 at 7D. The miR-122-5p expression level in the 22AA group at 27D was the highest at 0.1293. Then, miR-122-5p expression gradually decreased to 0.0867 at 47D but was still higher than that in the control group. The results showed that the miR-122-5p expression levels were significantly different among the six groups ($P < 0.01$). The correlation between miR-122-5p and occludin expression in each group was analyzed using Pearson correlation coefficient. The linear relationship is shown in Figure 3B. The results indicated that miR-122-5p and occludin expression are significantly negatively correlated ($R^2 = -0.4905$, $P < 0.01$). $\square P < 0.01$.



A

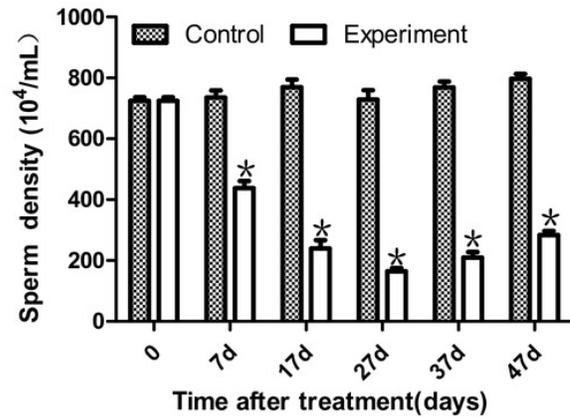


B

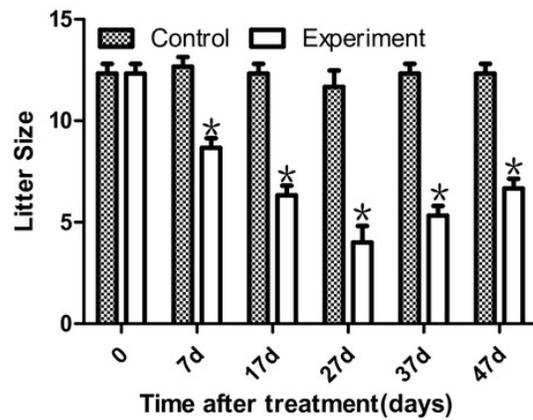
Figure 4

Effects of 22AA on sperm density and litter size.

The sperm density was analyzed after the epididymis was shredded. The results are shown in Figure 4A. The highest sperm density in the control group was $750.144 \times 10^4/\text{mL}$, after which it gradually decreased. The sperm density decreased to $164.278 \times 10^4/\text{mL}$ at 27D and then gradually increased to $283.114 \times 10^4 \text{ mL}$ at 47D. The results showed a significant difference in sperm density among the six groups ($P < 0.01$). The number of embryos in the uterus on the 14th day of pregnancy was taken as a measure of fertility. The results are shown in Figure 4B. The largest litter size in the control group was 12, and then, litter size decreased gradually to 3.667 at 27D. The litter size gradually increased to seven at 47D. The results showed that the difference in litter size among the six groups was significant. $\square P < 0.01$.



A



B

Table 1 (on next page)

Antibody types and sources in this study

Table 1 Antibody types and sources in this study

Types and sources of antibodies	Origin
Primary antibody: anti-Bax (rat origin)	abcam, USA
Primary antibody: anti-WT1 (rabbit origin)	abcam, USA
Primary antibody: anti-Prm2 (rabbit origin)	Proteintech, USA
Secondary antibodies: anti-Alexa Fluor CY3 (anti-mouse)	abcam, USA
Secondary antibody: anti-Alexa Fluor 488 (anti-rabbit)	abcam, USA
Immunofluorescence primary antibody (diluted)	Beyotime, China
Immunofluorescence secondary antibody (diluted)	Beyotime, China
PBS	ZSGB-BIO, Chia
Paraformaldehyde	Shanghai Sangong
Goat serum	HyClone, USA
DAPI staining solution	Beyotime, China
Anti-fluorescence quenching agent	Beyotime, China
Primary antibody: occludin (rabbit origin)	abcam, USA
Secondary antibody: Anti-Alexa Fluor cy3 (anti-rabbit)	abcam, USA
Immunofluorescence primary antibody (diluted)	Beyotime, China
Immunofluorescence secondary	Beyotime, China

antibody (diluted)	
PBS	ZSGB-BIO, Chia
Paraformaldehyde	Shanghai Sangong
Goat serum	HyClone, USA
DAPI staining solution	Beyotime, China
Anti-fluorescence quenching agent	Beyotime, China