

# Polarity and epithelial-mesenchymal transition of retinal pigment epithelial cells in proliferative vitreoretinopathy

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Under physiological conditions, retinal pigment epithelium (RPE) is a cellular monolayer composed of mitotically quiescent cells. Tight junctions and adherens junctions maintain the polarity of RPE cells, and are required for cellular functions. In proliferative vitreoretinopathy (PVR), upon retinal tear, RPE cells lose cell-cell contact, undergo epithelial-mesenchymal transition (EMT), and ultimately transform into myofibroblasts, leading to the formation of fibrocellular membranes on both surfaces of the detached retina and on the posterior hyaloids, which causes tractional retinal detachment. In PVR, RPE cells are crucial contributors, and multiple signaling pathways, including SMAD-dependent pathway, Rho pathway, MAPK pathways, Jagged/Notch pathway, and Wnt/ $\beta$ -catenin pathway, are activated. These pathways mediate the EMT of RPE cells, which play a key role in the pathogenesis of PVR. This review summarizes the current body of knowledge on the polarized phenotype of RPE, the role of cell-cell contact, and the molecular mechanisms underlying the RPE EMT in PVR, emphasizing key insights into potential approaches to prevent PVR.

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3 **Retinal Pigment Epithelial Cells in Proliferative**  
4 **Vitreoretinopathy**

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## 28 **Abstract**

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30 composed of mitotically quiescent cells. Tight junctions and adherens junctions maintain the  
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32 (PVR), upon retinal tear, RPE cells lose cell-cell contact, undergo epithelial-mesenchymal  
33 transition (EMT), and ultimately transform into myofibroblasts, leading to the formation of  
34 fibrocellular membranes on both surfaces of the detached retina and on the posterior hyaloids,  
35 which causes tractional retinal detachment. In PVR, RPE cells are crucial contributors, and  
36 multiple signaling pathways, including SMAD-dependent pathway, Rho pathway, MAPK  
37 pathways, Jagged/Notch pathway, and Wnt/ $\beta$ -catenin pathway, are activated. These pathways  
38 mediate the EMT of RPE cells, which play a key role in the pathogenesis of PVR. This review  
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40 cell contact, and the molecular mechanisms underlying the RPE EMT in PVR, emphasizing key  
41 insights into potential approaches to prevent PVR.

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## 43 **Introduction**

44 Proliferative vitreoretinopathy (PVR) is a complex blinding disease that occurs after  
45 rhegmatogenous retinal detachment (RRD), surgical interventions, or ocular trauma. As a  
46 prolonged and exaggerated scarring process, PVR is characterized by the formation of contractile  
47 fibrocellular membranes in the vitreous cavity and on the inner and outer surfaces of the retina  
48 (Committee 1983; Mudhar 2020; Tosi et al. 2014). At present, surgical interventions, including  
49 vitrectomy, membrane peeling, pneumatic retinopexy, and scleral buckle, remain the mainstay of  
50 treatment in PVR. Although work in recent decades has led to advancements in surgical  
51 techniques and management, PVR cannot be effectively treated and is still the most common  
52 cause of failure to reattach the retina (Coffee et al. 2014; Khan et al. 2015; Mitry et al. 2012;  
53 Wickham et al. 2011). In addition, in spite of successful anatomic reattachment, the visual  
54 function of such cases cannot be improved, due to the retinal damage resulting from the  
55 mechanical contraction of fibrous membranes. Therefore, in order to improve postoperative  
56 visual function and reduce the incidence of this serious complication, it is particularly important  
57 to explore new prophylactic and therapeutic approaches based on a deeper understanding of the  
58 pathogenesis of PVR.

59 A growing body of evidence indicates that the mechanisms of PVR are orchestrated by  
60 multiple elements (Idrees et al. 2019; Jin et al. 2017; Pastor et al. 2016), such as growth factors  
61 (Charteris 1998; Ni et al. 2020; Pennock et al. 2014; Wubben et al. 2016), cytokines (Bastiaans  
62 et al. 2018; Harada et al. 2006; Limb et al. 1991), extracellular matrix proteins (Feist et al. 2014;  
63 Miller et al. 2017) and various cells (Eastlake et al. 2016; Pennock et al. 2011; Shu & Lovicu  
64 2017). According to the histopathology of PVR, the fibrocellular membrane of PVR is composed  
65 of excessive extracellular matrix (ECM) and multiple types of cells, and retinal pigment  
66 epithelial (RPE) cells have been indicated as the most consistently present and the most abundant  
67 (Amarnani et al. 2017; Ding et al. 2017; Hiscott et al. 1989; Machemer & Laqua 1975), proving  
68 that the RPE cell plays a crucial role in PVR. Under physiological condition, the polarized RPE  
69 cell is non-proliferative by cell-cell contact. However, when the eye suffers from a retinal break  
70 or trauma, RPE cells are exposed to various growth factors and cytokines that are produced by  
71 activated immune cells, leading to the disruption of junctional complexes in RPE cells.  
72 Subsequently, activated RPE cells detach from Bruch's membrane, migrate through the defect of  
73 the retina, proliferate, and transform into myofibroblasts, forming fibrotic membranes (Chen et  
74 al. 2015; Morescalchi et al. 2013; Palma-Nicolás & López-Colomé 2013). In an analogous  
75 process to exaggerated wound healing response, these membranes can attach to the retina and  
76 contract, resulting in further retinal detachment and poor vision (Chiba 2014; Garweg et al.  
77 2013). It is noteworthy that due to the loss of cell-cell contact, RPE cells undergo epithelial-  
78 mesenchymal transition (EMT), which is pivotal in the development of PVR. During EMT, RPE  
79 cells transdifferentiate into mesenchymal cells that are characterized by increased motility, and  
80 enhanced ability to proliferate, resist apoptosis and produce extracellular matrix proteins, thus  
81 participating in PVR (Tamiya & Kaplan 2016; Zhang et al. 2018c). These indicate that in-depth  
82 knowledge of EMT may provide insight into potential approaches to prevent PVR. Therefore,  
83 this review focuses on the polarized phenotype of RPE and molecular mechanisms of RPE cell  
84 EMT, discussing the role of RPE cells in PVR.

## 85 **Survey methodology**

86 We used the PubMed database to search available literature based on keywords including  
87 “proliferative vitreoretinopathy(PVR)” and “retinal pigment epithelial cell”. To include more  
88 information on the polarity of RPE, we also searched articles about the structure and function of  
89 cell-cell junctions in RPE cells that explored the role of cell-cell contact in EMT.

### 90 **1. The Polarized Retinal Pigment Epithelial Cell**

91 The human RPE cell achieves terminal differentiation at four to six weeks of gestation and  
92 subsequently remains mitotically quiescent (Lutty & McLeod 2018; Stern & Temple 2015). The  
93 RPE, which is situated between the photoreceptors and the choroid, plays many complex roles

94 indispensable to the health of the neural retina and the choroid. These roles include recycling of  
95 components of the visual cycle, absorption of light to protect from photo-oxidative stress,  
96 production of essential growth factors, immunological regulation of the eye, phagocytosis of  
97 photoreceptor outer segments generated during daily photoreceptor renewal, and transportation  
98 across the blood retina barrier (BRB) (Ferrington et al. 2016; Fields et al. 2019; Mateos et al.  
99 2014; Naylor et al. 2019; Strauss 2005; Vigneswara et al. 2015). In order to maintain these  
100 multiple functions, RPE cells display a highly specialized structural and functional polarity.

101 Similar to other epithelia, the RPE displays three characteristics of the epithelial phenotype:  
102 apical plasma membrane, junctional complexes, and basolateral domain. RPE cells display  
103 structural polarity, with apical microvilli and melanosomes, and basal microinfolds. The  
104 abundant melanin granules in RPE cells absorb stray light, a process that is essential for visual  
105 function (Strauss 2005). In a polarized cell, the distributions of surface proteins on the apical and  
106 basal plasma membranes are different, contributing to the performance of cellular functions  
107 (Khrstov et al. 2018). However, a highly polarized distribution of ion channels, transporters and  
108 receptors in RPE is different from that observed in conventional extraocular epithelia (Lehmann  
109 et al. 2014). For example, Na, K-ATPase (Sonoda et al. 2009) and monocarboxylate transporters  
110 (MCT) 1 (Deora et al. 2005) are localized to the apical aspect of RPE cells, while chloride  
111 transporter CFTR (Maminishkis et al. 2006) is basally located. On the apical plasma membrane,  
112 RPE cells phagocytize the photoreceptor outer segments, which are regulated by polarized  
113 receptors. Bulloj et al. (2018) found that binding of Semaphorin 4D (sema4D) to RPE apical  
114 receptor Plexin-B1 suppresses outer segment internalization, contributing to the maintenance of  
115 photoreceptor function and longevity. The RPE also transports fluid out of the subretinal space,  
116 and regulates bidirectional nutrient transport between the outer retina and the choroid, in a  
117 manner dependent on the polarized distribution of membrane channels and transporters (Strauss  
118 2005). The RPE basolaterally secretes extracellular matrix components and factors, which  
119 participate in ECM remodeling and maintain the outer BRB (oBRB) function (Caceres &  
120 Rodriguez-Boulan 2020). Therefore, the polarized phenotype of the RPE is vital to both the  
121 oBRB and is the basis of the homeostasis of the outer retina (Caceres & Rodriguez-Boulan 2020;  
122 Lehmann et al. 2014). The disruption of RPE polarity contributes to the development of several  
123 retinal diseases, such as PVR and age-related macular degeneration (AMD). A comprehensive  
124 understanding of the way in which this polarity is achieved may provide insights into the  
125 pathogenesis of PVR.

126 However, most available data on RPE polarity is contributed by studies performed on RPE-  
127 immortalized cell lines that show partial preservation of the RPE phenotype, and were  
128 extrapolated from data obtained from the prototype Madin-Darby Canine Kidney (MDCK) cell  
129 line (Lehmann et al. 2014). The detailed mechanisms that determine RPE polarization remain

130 unclear. Some scholars believe that junctional complexes, including adherens junctions (AJs)  
131 and tight junctions (TJs), are essential for building epithelial cell polarity and maintaining the  
132 integrity of epithelial layers such as RPE (Niessen 2007; Pei et al. 2019; Tamiya & Kaplan  
133 2016).

134 Tight junctions are complex cell-cell junctions formed by transmembrane proteins  
135 interactions with peripheral cytoplasmic proteins (Fig 1). Transmembrane proteins include  
136 occludin, members of the claudin family, and junctional adhesion molecules (JAMs). Peripheral  
137 cytoplasmic proteins, such as zonula occludens (ZOs), form bridges between transmembrane  
138 proteins and the actin filament cytoskeleton and play a key role in the assembly and organization  
139 of TJs (Bazzoni & Dejana 2004; Bazzoni et al. 2000; Naylor et al. 2019).

140 The RPE tight junctions regulate the paracellular movement of solutes via size and charge  
141 selectivity (Benedicto et al. 2017; Caceres et al. 2017; Naylor et al. 2019). Occludin and claudins  
142 determine the permeability and semi-selectivity of the TJs, and as such play critical roles in the  
143 oBRB (Balda et al. 2000; Fields et al. 2019; Furuse et al. 1998; Günzel & Yu 2013; Rosenthal et  
144 al. 2017). JAMs regulate TJ assembly and function by recruiting other proteins to the TJ and play  
145 an important role in the barrier property of TJs (Balda & Matter 2016; Orlova et al. 2006; Shin et  
146 al. 2006). In patients with RRD, damage to TJs elicits the breakdown of oBRB and promotes the  
147 penetration of growth factors and cytokines, aggravating PVR. As well as having a barrier  
148 function, TJs define the physical separation between apical and basal domains of the plasma  
149 membrane, to maintain RPE cell polarity (Campbell et al. 2017; González-Mariscal et al. 2014;  
150 Sluysmans et al. 2017). The two extracellular loops of occludin mediate adhesion of adjacent  
151 cells and block the movement of plasma components. The C-terminal domain combines directly  
152 with ZOs, subsequently interacting with the actin cytoskeleton, which is essential to organizing  
153 and maintaining cell polarization (Balda & Matter 2016; Furuse et al. 1994; Shin et al. 2006;  
154 Tarau et al. 2019). Feng et al. (2019) demonstrated that during EMT, the breakdown of TJs  
155 resulting from loss of claudin-1 causes ARPE-19 cells to lose their epithelial phenotype and  
156 transform into fibroblasts, promoting the development of PVR. TJs are involved in the regulation  
157 of signaling pathways that govern various cellular functions such as proliferation, migration, and  
158 differentiation (Bhat et al. 2018; Shi et al. 2018; Sluysmans et al. 2017). Vietor et al. (2001)  
159 found that decreased amounts of occludin can cause up-regulation and translocation of the  
160 adhesion junction protein  $\beta$ -catenin, which interacts with the transcription factor lymphoid  
161 enhancer-binding factor (LEF)/T cell factor (TCF) in the nucleus, leading to a loss of the  
162 polarized epithelial phenotype in EpH4 cells. ZOs, adaptor proteins within the TJ complex,  
163 exhibit dual localization at TJs and in the nucleus. Under injury or stress, the disruption of TJs  
164 increases ZO-2 nuclear accumulation, driving its interaction with transcription factors, and  
165 inducing MDCK epithelial cell proliferation (Islas et al. 2002; Shi et al. 2018; Traweger et al.

166 2003). In differentiated RPE cells, the interaction between ZO-1 with ZO-1-associated nucleic  
167 acid-binding protein (ZONAB) maintains cell-cell contact by sequestering ZONAB at the TJ or  
168 in the cytoplasm, maintaining cells dormancy. However, when damage to TJs decreases ZO-1  
169 levels, ZONAB is translocated into the nucleus, leading to the up-regulation of cyclin D1 (CD1)  
170 and subsequent cell proliferation (Balda et al. 2003; González-Mariscal et al. 2014). Therefore,  
171 TJs provide a structural foundation for the maintenance of cell-cell contact. Georgiadis et al.  
172 (2010) demonstrated that the overexpression of ZONAB or knockdown of ZO-1 could result in  
173 increased RPE proliferation and the development of EMT. Recent research has confirmed that  
174 during EMT, ZO-1 is decreased in ARPE-19 cells, and the knockdown of either ZO-1 or AJ  
175 protein E-cadherin leads to the downregulation of the other protein, indicating the existence of an  
176 interaction between the two junctional complexes (Bao et al. 2019). Due to the importance of TJs  
177 in the maintenance of integrity and functionality of epithelial cells, several researchers have  
178 focused on novel factors that stimulate the formation of TJs, such as nicotinamide (Hazim et al.  
179 2019) and lysophosphatidic acid (Lidgerwood et al. 2018). Studies into these factors may  
180 produce well-differentiated RPE cell lines and a platform to enable the rapid expansion of our  
181 understanding of many RPE functions and retinal pathologies. This approach could be conducive  
182 to finding novel therapeutic interventions for PVR.

183 Besides the TJ complex described above, another type of junctional complex called AJs  
184 plays a key role in the maintenance of the integrity of epithelial cells and cell-cell contact (Fig 1).  
185 Cadherins, the major proteins of AJs, belong to the glycoprotein superfamily, of which there are  
186 more than 20 members. The cytoplasmic domain of cadherins regulates interactions between  
187 cadherins and catenins, including  $\beta$ -catenin,  $\alpha$ -catenin, and p120-catenin, and other scaffolding  
188 proteins such as ZO-1, to maintain cell shape and modulate cell proliferation (Aberle et al. 1994;  
189 Nelson & Nusse 2004; Wheelock & Johnson 2003). In quiescent adult RPE cells, epithelial  
190 cadherins (E- and/or P-cadherin) sequester  $\beta$ -catenin at the AJs to maintain cell-cell contact.  
191 Reduction of cadherin levels or dissociation of AJs allows  $\beta$ -catenin to translocate into the  
192 nucleus, where it interacts with the transcription factor LEF, and activates the transcription of  
193 various genes, including Snail and cyclin D1, which participate in RPE cell EMT via the  
194 canonical Wnt/ $\beta$ -catenin signaling pathway (Gonzalez & Medici 2014; Lamouille et al. 2014;  
195 Nelson & Nusse 2004; Yang et al. 2018). Tamiya et al. (2010) suggested that the loss of P-  
196 cadherin causes the loss of cell-cell contact and initiates RPE cell migration and EMT. These  
197 events coincide with a switch in cadherin isoform expression from P- to N-cadherin. In addition,  
198 hepatocyte growth factor (HGF) and its receptor c-Met can destabilize cell-cell adhesion and  
199 elicit nuclear translocation of  $\beta$ -catenin, resulting in RPE cell migration (Lilien & Balsamo 2005;  
200 Liou et al. 2002). Jin et al found that HGF induces loss or redistribution of junctional proteins  
201 ZO-1, occludin, and  $\beta$ -catenin in RPE explants, potentially damaging barrier function and

202 increasing the migration of RPE cells, resulting in retinal detachment(RD) and PVR (Jin et al.  
203 2002; Jin et al. 2004). Given the importance of HGF in the interruption of RPE junction, HGF  
204 may be a potential target for the prevention and treatment of PVR. However, this possibility  
205 needs further study.

206 Under physiological conditions in the eye, TJs and AJs maintain the specialized structural  
207 and functional polarity of RPE cells and play a pivotal role in the maintenance of cell-cell  
208 contact; they sequester EMT signaling effectors ZONAB and  $\beta$ -catenin at the junction or  
209 cytoplasm to prevent cells from responding to mitotic factors, causing cells to leave the cell-  
210 cycle (Fig 1). Thus, normally, RPE cells form a cobblestone-like monolayer of immotile,  
211 polarized, and mitotically quiescent cells. However, once junctional complexes break down, RPE  
212 cells undergo EMT, which is an important contributor to proliferative vitreoretinopathy. In this  
213 pathological process, RPE cells lose their structural and functional polarity and transdifferentiate  
214 into mesenchymal cells, which proliferate, resist apoptosis, possess migratory ability, and  
215 produce abundant ECM, leading to the formation of an aberrant scar-like fibrocellular  
216 membrane.

## 217 **2. De-differentiated RPE and Fibrocellular Membrane**

218 Proliferative vitreoretinopathy is characterized by the formation of fibrocellular membranes  
219 composed of proliferative and migratory cells and excessive, aberrant ECM. Histopathological  
220 analysis of PVR has demonstrated that PVR membranes have contractile activity and strain the  
221 retina, leading to tractional retinal detachment (TRD), which is responsible for blurring vision.

222 Several studies (Feist et al. 2014; Takahashi et al. 2010) have found that the cellular  
223 components of PVR membranes include RPE cells, myofibroblasts, fibroblasts, glial cells and  
224 macrophages, and that myofibroblasts are critical for the formation and contractile activity of  
225 fibrocellular membranes. Based on the indirect immunofluorescence evaluation of human PVR  
226 membranes, Feist et al. (2014) showed that myofibroblasts originate principally from RPE cells  
227 through EMT. Myofibroblasts are characterized by increased expression of alpha-smooth muscle  
228 actin ( $\alpha$ -SMA) and incorporation of  $\alpha$ -SMA into newly formed actin stress fibers, which  
229 enhances their contractile properties. Myofibroblasts also secrete excessive matrix and pro-  
230 fibrogenic factors, promoting the contraction of PVR membranes that ultimately cause  
231 irreversible loss of vision (Gamulescu et al. 2006; Hinz et al. 2001; Shu & Lovicu 2017; Tamiya  
232 & Kaplan 2016; Tomasek et al. 2002).

233 In addition to myofibroblasts, abnormally increased ECM reinforces the continuous  
234 contractile tension of PVR membranes, and this mechanical tension, together with specialized  
235 ECM proteins, regulates myofibroblast differentiation and its function, contributing to PVR. In  
236 PVR membranes, the primary components of ECM are collagen and fibronectin. The majority of

237 collagen fibrils are type I collagen, which is synthesized by RPE cells and Müller cells.  
238 Collagen fibrils provide tensile strength to the ECM, and activate Rho, resulting in the  
239 translocation of myocardin-related transcription factor (MRTF) into the nucleus and promoting  
240 RPE cell EMT (Guettler et al. 2008; Miralles et al. 2003). Fibronectin may also play a significant  
241 role in PVR. During pathological ECM remodeling, fibronectin is one of the earliest ECM  
242 components recruited, serving as a scaffold for other ECM proteins (Kadler et al. 2008; Miller et  
243 al. 2017; Miller et al. 2014). Extra domain (ED)-A fibronectin, a splice variant of fibronectin, is  
244 increased in TGF- $\beta$ 2-induced RPE cells and induces myofibroblast differentiation, participating  
245 in PVR (Khankan et al. 2011).

246 Under normal conditions, ECM breakdown by proteases such as matrix-metalloproteases  
247 (MMPs) plays a crucial role in ECM remodeling and the release of growth factors, maintaining  
248 tissue homeostasis in cooperation with ECM synthesis, reassembly, and chemical modification  
249 (Bonnans et al. 2014; Craig et al. 2015; Lindsey et al. 2016). As mentioned above, the polarized  
250 RPE is able to basolaterally secrete the extracellular matrix components fibronectin and  
251 collagens, MMP and tissue inhibitors of MMPs (TIMPs), which participate in ECM remodeling.  
252 However, under pathological conditions such as inflammation and retinal injury, RPE cells lose  
253 their apical-basal polarity, undergo EMT and abnormally secrete MMPs, TIMPs and ECM  
254 proteins, leading to dysregulated ECM remodeling (Greene et al. 2017). Such ECM has aberrant  
255 composition and organization and mechanical properties, and enhances matrix stiffness and  
256 strain, which disrupts the normal structure and function of the retina, exacerbating the  
257 progression of PVR.

### 258 **3. RPE and Epithelial-mesenchymal Transition**

#### 259 3.1 EMT of RPE Cell

260 Epithelial-mesenchymal transition is an important biological process, in which epithelial  
261 cells transdifferentiate into mesenchymal cells. Although EMT can occur in normal embryonic  
262 development and wound healing, it also participates in pathological processes such as fibrosis,  
263 cancer progression, and PVR. There are three distinct subtypes of EMT: type 1 occurs during  
264 tissue and embryo development, type 2 is involved in wound healing and organ fibrosis, and type  
265 3 is associated with cancer progression and metastasis (Dongre & Weinberg 2019; Kalluri &  
266 Weinberg 2009). This review focuses on type 2 EMT, which is crucial to PVR. During EMT,  
267 due to junctional complexes damage, RPE cells relinquish their apical-basal polarity, reorganize  
268 their cytoskeletal architecture, and convert into spindle-shaped cells (Fig 1). These cells  
269 downregulate the expression of epithelial proteins such as E-cadherin and ZO-1, and increase  
270 expression of mesenchymal drivers including N-cadherin, vimentin,  $\alpha$ -SMA and fibronectin (Li  
271 et al. 2020). This mesenchymal transdifferentiation of RPE cells can increase the directional

272 motility of individual cells, confer resistance to apoptosis, and facilitate cell proliferation and  
273 dysregulated ECM remodeling, eventually leading to the formation of PVR membranes.

### 274 3.2 Transcription Factors of EMT

275 The details of the molecular mechanisms that drive RPE cell EMT and lead to PVR remain to  
276 be clarified. Emerging evidence suggests that diverse extracellular inductive signals, including  
277 soluble cytokines and growth factors, and ECM components, can modulate the expression and  
278 activity of EMT-associated transcription factors and act together to control the initiation and  
279 progression of EMT in responding epithelial cells (Yang et al. 2020). Among the various  
280 transcription factors involved in the induction of EMT, core transcription factors including Snail  
281 1, Snail 2(also known as Slug), Twist 1 and zinc-finger E-box-binding (Zeb) 1 have been  
282 identified as important regulators of RPE cell EMT. These factors impact the expression of genes  
283 that control repression of the epithelial phenotype and activation of the mesenchymal phenotype  
284 (Boles et al. 2020; Feng et al. 2019; Li et al. 2019; Li et al. 2014; Liu et al. 2009; Palma-Nicolás  
285 & López-Colomé 2013). For example, thrombin can repress the expression of E-cadherin by  
286 stimulating Snail 2 expression and promote the expression of N-cadherin by phosphoinositide 3-  
287 kinase (PI3K)/PKC- $\zeta$ /mTOR signaling in Rat RPE cells (Palma-Nicolás & López-Colomé 2013).  
288 During RPE dedifferentiation in primary culture, Zeb1 is overexpressed and binds to the MITF A  
289 promoter to repress the cyclin dependent kinase inhibitor, p21CDKN1a, resulting in RPE cell  
290 proliferation and EMT (Liu et al. 2009). These EMT transcription factors often act in concert,  
291 functionally cooperating at target genes by the convergence of signaling pathways. However, the  
292 molecular details of how these transcription factors contribute to EMT are still elusive  
293 (Lamouille et al. 2014; Stone et al. 2016).

### 294 3.3 Epigenetic Factors of EMT

295 Due to the importance of epigenetic regulation of EMT, epigenetic modifiers have attracted  
296 increasing attention. Unlike transcription factors, epigenetic modifications are more stable/long-  
297 term. However, evidence has shown that epigenetic modifiers work in concert with transcription  
298 factors at different molecular layers to regulate the EMT process (Skrypek et al. 2017). Several  
299 epigenetic factors have been described including DNA methylation, histone modification and  
300 non-coding RNA. Because of the specific machinery utilized for EMT activation, these  
301 modifications are characterized by cell type specificity. In RPE cells, Methyl-CpG-binding  
302 protein 2 (MeCP2), a DNA methylation reader, plays a crucial role in the induction of EMT, and  
303 DNA methylation may participate in the pathogenesis of PVR (He et al. 2015; Li et al. 2020). He  
304 et al. (2015) found high levels of expression of MeCP2 in all human PVR membranes, and  
305 concluded that MeCP2 mediates  $\alpha$ -SMA expression through Ras GTPase activating protein  
306 (RASAL1). Furthermore, DNA methylation inhibitor 5-Aza-2' deoxycytidine (5-AZA-dC)

307 reportedly inhibits the expression of TGF- $\beta$ -induced  $\alpha$ -SMA and FN in human fetal RPE cells. It  
308 appears that 5-AZA-dC may have therapeutic value in the treatment of PVR. However, the  
309 mechanisms underlying the blockade of  $\alpha$ -SMA and FN expression are complex, and further  
310 investigation is warranted.

311 Recently, the role of histone modifications associated with EMT has been assessed in RPE  
312 cells. However, there has been little research into the regulation of RPE cell EMT by histone  
313 modification. Boles et al. (2020) reported that TGF- $\beta$ 1 and TNF- $\alpha$  co-treatment (TNT) induces  
314 an EMT program in adult human RPE stem cell (RPESC)-RPE cells, involving an apparent  
315 reorganization of H3K27ac and H3K4me1 patterns at distal enhancers. The regions that gain  
316 H3K27ac tend to have a high H3K4me1/H3K4me3 ratio, indicating that they have enhancer  
317 activity and are associated with upregulated genes. Xiao et al. (2014) found that the expression  
318 of histone deacetylases (HDACs) in TGF- $\beta$ -induced EMT of RPE cells was increased, and that  
319 Trichostatin A (TSA), a class I and II HDAC inhibitor, attenuated TGF- $\beta$ 2-induced EMT by  
320 inhibiting the canonical SMAD pathway and the non-canonical signaling pathways, including  
321 Akt, p38MAPK, ERK1/2 pathways and Notch pathway. Therefore, histone modifications may  
322 participate in the regulation of RPE cell EMT, and HDAC inhibitors may have potential as drugs  
323 for the prevention and treatment of PVR.

324 The study of EMT mechanisms at the RNA level has provided new perspectives on the  
325 treatment of PVR (Kaneko & Terasaki 2017; Wang et al. 2016). MicroRNAs (miRNAs) are  
326 small noncoding RNAs that contribute to cellular processes by regulating gene expression. In  
327 differentiated RPE cells, microRNA-204 is highly expressed, and represses the expression of  
328 type II TGF- $\beta$  receptors and Snail 2, maintaining epithelial structure and function. In contrast,  
329 low expression levels of miR-204 and anti-miR-204 promote RPE cells proliferation,  
330 participating in EMT (Wang et al. 2010). MicroRNA-194 overexpression can also suppress RPE  
331 cell EMT by attenuating the expression of Zeb1 (Cui et al. 2019). In addition to miRNAs, long  
332 non-coding RNAs (lncRNAs) contribute to the regulation of RPE EMT (Zhang et al. 2019). In  
333 RPE cells treated with PVR vitreous or TGF- $\beta$ 1, MALAT1 expression is increased, and  
334 knockdown of MALAT1 attenuates the phosphorylation of SMAD2/3 and the expression of  
335 Snail, Slug, and Zeb1, preventing cell migration and proliferation (Yang et al. 2016). In patients  
336 with PVR, MALAT1 is increased in the blood, and is reduced after surgery. Thus, MALAT1  
337 may be a potential prognostic and diagnostic indicator for PVR (Zhou et al. 2015).

### 338 3.4 Signaling Pathways of EMT

339 During RPE cell EMT, extracellular signals change the expression of genes encoding  
340 epithelial and mesenchymal proteins and mediate cellular behavior such as cell migration,  
341 proliferation, and apoptosis through a network of interacting signaling pathways that contribute

342 to the development of PVR (Chen et al. 2014a; Chen et al. 2014b; Lee-Rivera et al. 2015).  
343 Among these, transforming growth factor- $\beta$  (TGF- $\beta$ ) and its intracellular cascades play a key  
344 role in the EMT of RPE cells.

345 TGF- $\beta$  induces EMT of RPE cells via two pathways: the classical SMAD-dependent  
346 pathway and the SMAD-independent pathway (Fig 2) (Cai et al. 2018; He et al. 2017; Heffer et  
347 al. 2019; Ishikawa et al. 2015; Takahashi et al. 2015; Yao et al. 2019; Zhang et al. 2017; Zhang  
348 et al. 2018b; Zhou et al. 2017). In the SMAD dependent pathway, TGF- $\beta$  binds to cell surface  
349 receptor complexes, and activates type I TGF- $\beta$  receptors, which phosphorylate SMAD2 and  
350 SMAD3. The activated SMADs combine with SMAD4 to form a SMAD complex, which then  
351 enters the nucleus and combines with regulatory elements to regulate the expression of key genes  
352 associated with EMT. In addition to SMAD-dependent signaling, TGF $\beta$  induces EMT through  
353 SMAD independent signaling pathways including Rho GTPase-dependent pathways (Lee et al.  
354 2008), PI3K/Akt pathway (Huang et al. 2017; Yokoyama et al. 2012), mitogen-activated kinase  
355 (MAPK) pathways (Chen et al. 2017; Lee et al. 2020; Matoba et al. 2017; Schiff et al. 2019) and  
356 Jagged/Notch signaling pathway (Zhang et al. 2017). The MAPK signaling pathways include  
357 extracellular signal-regulated kinase(ERK) MAPK pathway, p38 MAPK pathway, and JUN N-  
358 terminal kinase (JNK) pathway (Parrales et al. 2013; Schiff et al. 2019; Xiao et al. 2014; Zhang  
359 et al. 2018a).

360 The Rho pathway has been reported to regulate the assembly and organization of the actin  
361 cytoskeleton and associated gene expression, and may be essential for the fibrotic response of  
362 RPE cells in PVR. In TGF- $\beta$ 1-treated ARPE-19 cells, activated RhoA or its downstream effector  
363 Rho kinase (ROCK) increase the kinase activity of LIM kinase (LIMK) which then  
364 phosphorylates cofilin. This phosphorylation attenuates the activity of cofilin, which promotes  
365 actin polymerization and reorganizes the actin cytoskeleton, leading to stress fiber formation  
366 (Lee et al. 2008). TGF- $\beta$ -induced RhoA activation also facilitates cell migration and increases  $\alpha$ -  
367 SMA expression in primary RPE cells (Tsapara et al. 2010). Itoh et al. (2007) demonstrated that  
368 ROCK inhibitor Y27632 and RhoA inhibitor, simvastatin, suppress TGF- $\beta$ 2-induced type I  
369 collagen expression in ARPE-19 cells, and confirmed the existence of crosstalk between the  
370 SMAD pathway and the Rho pathway. Some studies have suggested that activated SMAD3  
371 induces NET1 gene expression to regulate RhoA activation in RPE cells (Lee et al. 2010).  
372 Moreover, thrombin can activate Rho and ROCK, leading to myosin light chain (MLC)  
373 phosphorylation and actin stress fiber formation in EMT of RPE cells (Fig 3)(Ruiz-Loredo et al.  
374 2011). Therefore, ROCK inhibitor and RhoA inhibitor may be new potential therapeutic target  
375 drugs for PVR.

376 The PI3K/Akt pathway mediates a broad range of cellular functions, such as cell  
377 transformation, migration, proliferation, apoptosis, and gene expression (Aguilar-Solis et al.  
378 2017; Liu et al. 2019). During PVR, binding of TGF- $\beta$  to its receptor activates PI3K, resulting in  
379 the phosphorylation of Akt; activated Akt inhibits glycogen synthase kinase 3 $\beta$  (GSK-3 $\beta$ ),  
380 promoting EMT in RPE cells (Shukal et al. 2020; Zhang et al. 2018a). Researchers have found  
381 that inhibition or knockdown of GSK-3 $\beta$  promotes cell migration and collagen contraction in  
382 ARPE-19 cells, while GSK-3 $\beta$  overexpression and PI3K/Akt inhibitor reverse these cellular  
383 responses (Huang et al. 2017). Some studies have shown that thrombin can activate PI3K,  
384 resulting in increased cyclin D1 expression and RPE cell proliferation, processes that are  
385 involved in the development of PVR through PDK1/Akt and PKC $\zeta$ /mTORC signaling (Fig 3)  
386 (Lee-Rivera et al. 2015; Palma-Nicolás & López-Colomé 2013; Parrales et al. 2013).

387 In addition to the PI3K-AKT pathway, other kinase pathways contribute to EMT in  
388 cooperation with the SMAD-dependent signaling pathways. In human RPE cells, TGF- $\beta$   
389 activates TGF- $\beta$ -activated kinase 1 (TAK1), which subsequently transduces signals to several  
390 downstream effectors, including p38 (Heffer et al. 2019), JNK (Kimura et al. 2015) and nuclear  
391 factor- $\kappa$ B (NF- $\kappa$ B) (Chen et al. 2016b), which participate in EMT. Dvashi et al. (2015) found  
392 that TAK1 inhibitor caused a reduction in both p38 and SMAD2/3 activity, attenuating cell  
393 migration, cell contractility and  $\alpha$ -SMA expression in TGF- $\beta$ 1-induced RPE cells. Moreover, the  
394 ERK MAPK pathway plays a role in TGF- $\beta$ -induced EMT and cooperates with other signaling  
395 pathways in the regulation of EMT in RPE cells. Recent studies (Chen et al. 2014b; Tan et al.  
396 2017; Xiao et al. 2014) have shown that blocking the ERK1/2 pathway inhibits the  
397 phosphorylation of SMAD2 and the Jagged/Notch pathway. Inhibition of the Jagged/Notch  
398 signaling pathway can alleviate TGF- $\beta$ 2-induced EMT by regulating the expression of Snail,  
399 Slug and Zeb1 (Fig 3); this also suppresses the ERK1/2 signaling (Chen et al. 2014b).

400 The contribution of growth factors other than TGF- $\beta$ , such as HGF, fibroblast growth factor  
401 (FGF), epidermal growth factor (EGF) and platelet derived growth factor (PDGF) should also be  
402 factored in with regard to the induction of RPE EMT. These factors bind to and stimulate the  
403 autophosphorylation of transmembrane receptors on Tyr, subsequently participating in RPE cell  
404 EMT via PI3K/Akt pathway, ERK MAPK pathway, p38 MAPK pathway (Fig 3) (Chen et al.  
405 2016a; Ozal et al. 2020). Chen et al. (2012) explored the role of Wnt/ $\beta$ -catenin signaling in PVR,  
406 and found that when EGTA disrupted contact inhibition in RPE cells, EGF+FGF2 could activate  
407 Wnt signaling and increase nuclear levels of  $\beta$ -catenin, which interacts with TCF and/or LEF,  
408 leading to cell proliferation (Fig 3); and EGF+FGF2 cooperated with TGF- $\beta$ 1 to induce EMT  
409 through SMAD/Zeb1/2 signaling. Acting together, various inductive signals received by RPE  
410 cells from their niche can trigger the activation of EMT programs by individual intracellular  
411 cascades or the crosstalk of multiple intracellular signaling pathways.

### 412 3.5 Interventions of RPE EMT

413 Therapeutic interventions against RPE EMT have largely been explored in mechanistic  
414 experiments using *in vitro* cell culture and *in vivo* animal models. To date, some promising drug  
415 candidates have been trialed in preclinical studies of PVR, including TGF- $\beta$  receptor inhibitors,  
416 peroxisome proliferator-activated receptor (PPAR)- $\gamma$  agonists, retinoic acid receptor- $\gamma$  (RAR- $\gamma$ )  
417 agonists and methotrexate (Shu et al. 2020; Zhou et al. 2020). Nassar et al. (2014) found that  
418 TGF- $\beta$  receptor 1 inhibitor LY-364947 (LY) attenuates RPE cell transdifferentiation *in vitro*, and  
419 that intravitreal injection of LY completely prevents PVR and TRD *in vivo*. Evidence is  
420 emerging to show that the up-regulation of PPAR- $\gamma$  expression may be beneficial for the  
421 treatment of fibrosis in several organs (Wang et al. 2019). Hatanaka et al. (2012) reported that  
422 PPAR- $\gamma$  agonist pioglitazone could prevent TGF- $\beta$ -induced morphological changes and the up-  
423 regulation of EMT-related markers in primary monkey RPE cells, through inhibition of the  
424 SMAD pathway. Some drugs, including dichloroacetate (DCA) (Shukal et al. 2020), salinomycin  
425 (SNC) (Heffer et al. 2019), resveratrol (Ishikawa et al. 2015), protein kinase A inhibitor H89 (Lyu  
426 et al. 2020) and heavy chain-hyaluronan/pentraxin3 (He et al. 2017), reportedly inhibit EMT in an  
427 *in vitro* EMT cell model and prevent PVR development by blocking the activation of the TGF- $\beta$   
428 pathway. Thus, inhibition of EMT by pharmacological agents may be an effective strategy to  
429 prevent PVR development.

### 430 Conclusion

431 Clinical and experimental studies have shown that RPE cells play an important role in PVR.  
432 Junctional complexes are crucial for the maintenance of RPE polarity. Under the influence of  
433 growth factors and cytokines, RPE cells lose cell-cell contact and apical-basal polarity, and  
434 undergo EMT via multiple signaling pathways, which promote cell proliferation, migration, and  
435 ECM production. RPE cells further transform into myofibroblasts and form fibrocellular  
436 membranes that have contractile activity and strain the retina, leading to tractional retinal  
437 detachment in PVR. As a complex refractory blinding disorder, PVR involves multiple signaling  
438 pathways and factors. In addition, the specialized polarity of RPE cells is fundamental for retinal  
439 homeostasis, and RPE EMT plays a key role in the development of PVR. Nevertheless, further  
440 research into the mechanisms underlying RPE polarity and EMT is needed to prevent this  
441 devastating complication. A deeper understanding of RPE polarization is fundamental for  
442 elucidating the mechanism of EMT initiation and progression, and is essential to exploring the  
443 potential pharmacologic prophylactic and therapeutic approaches to PVR. Various factors, such  
444 as microenvironmental signals, transcription factors, and epigenetic factors, participate in the  
445 regulation of EMT at different molecular levels. Further studies about the detailed molecular  
446 mechanisms of EMT are needed to facilitate the development of therapeutic strategies for PVR.

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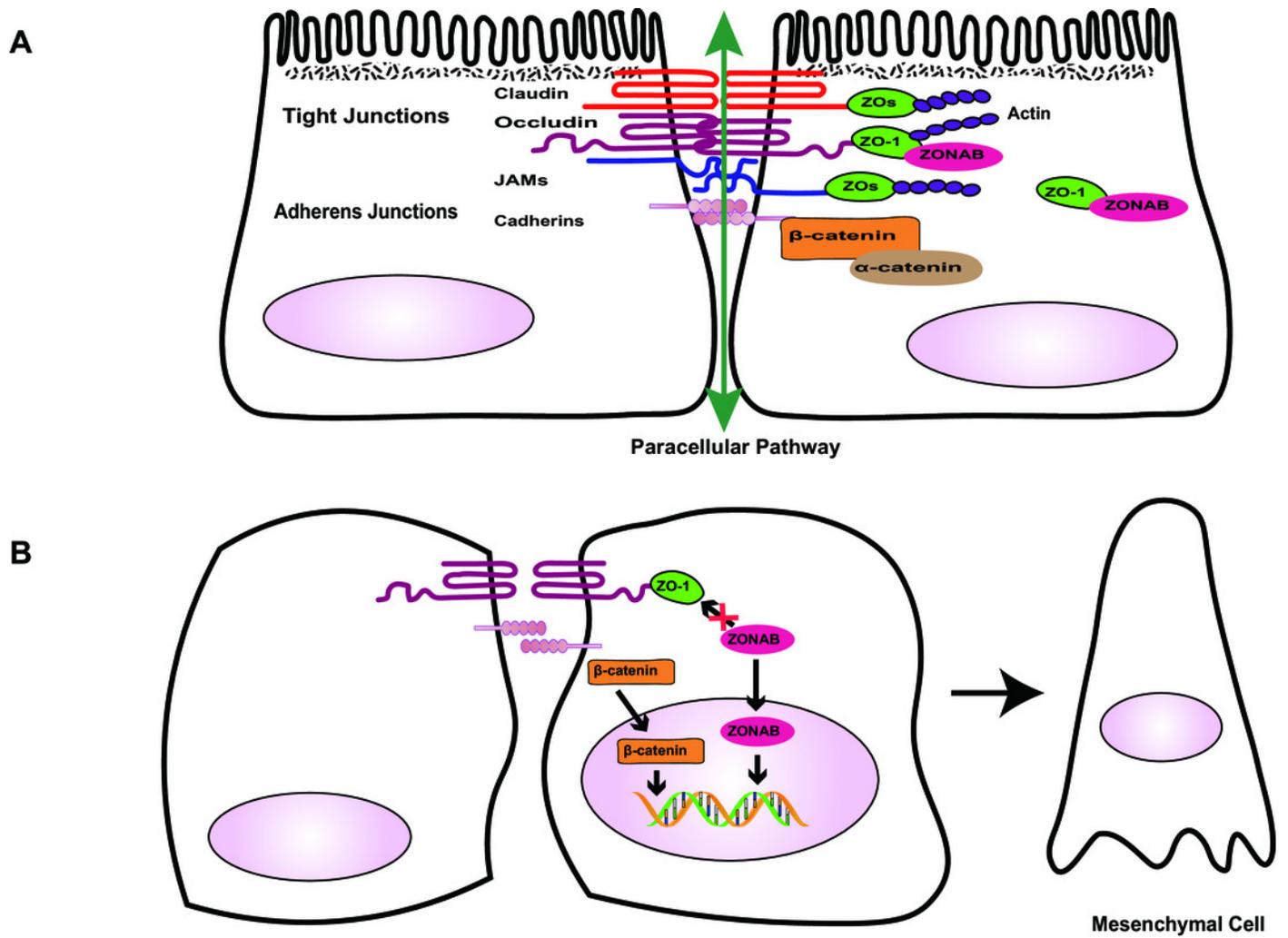
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# Figure 1

Role of cell-cell contact in health and PVR

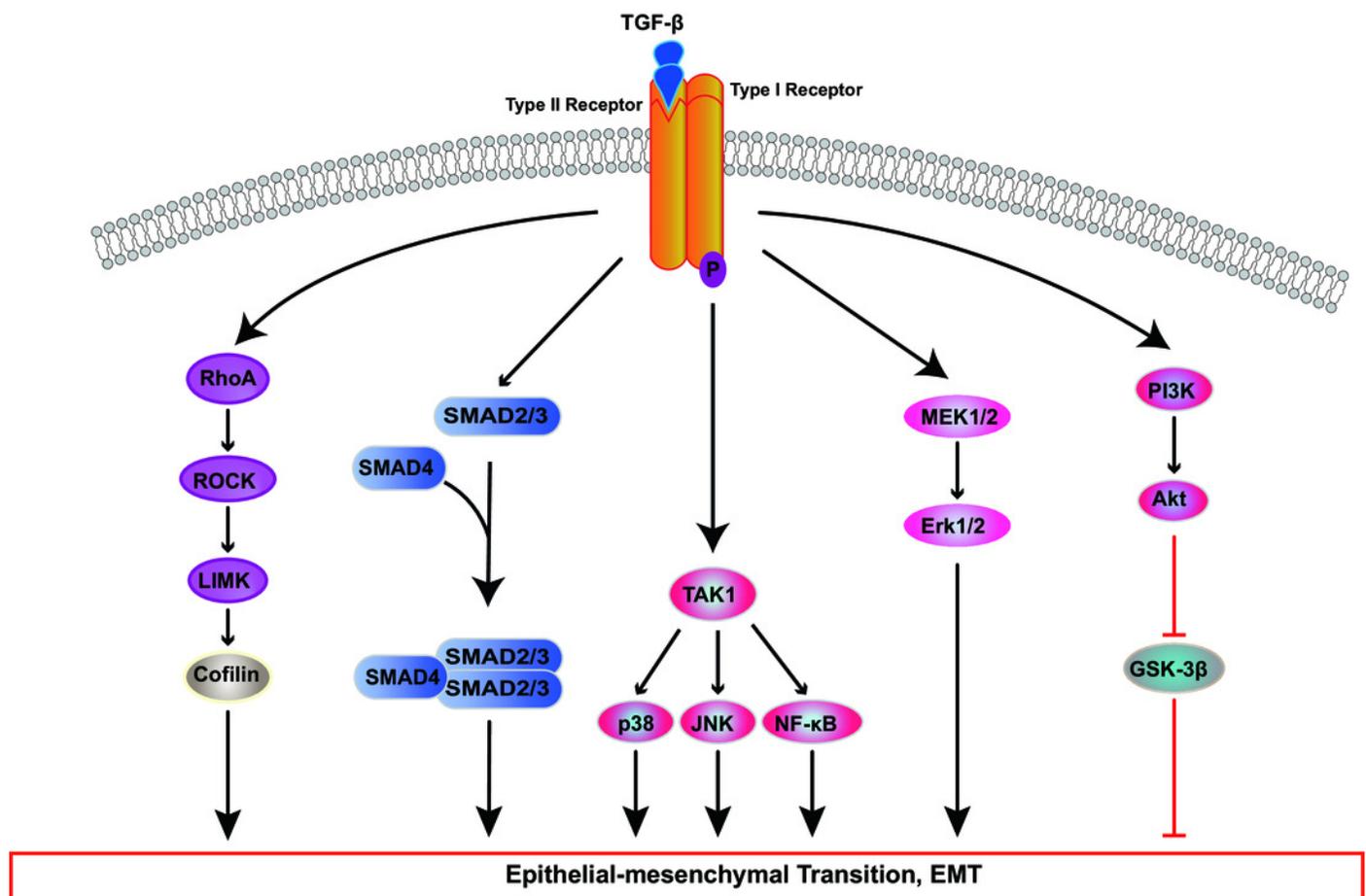
**(A)** Tight junctions and adherens junctions maintain cell-cell contact and cell polarity in RPE cells. Mature RPE cells with cell-cell contact remain dormant by sequestering EMT effectors to prevent nuclear localization. ZO-1 sequesters nucleic acid-binding protein (ZONAB) at tight junctions/cytoplasm, and adherens junctions sequester  $\beta$ -catenin by binding to epithelial cadherins. Tight junctions have a barrier function that control the passage of solutes. **(B)** Loss of cell-cell contact initiates EMT. Deconstruction of junctional complexes or reduction of epithelial cadherins/ZO-1 elicits nuclear localization of ZONAB/ $\beta$ -catenin and activation of their target genes, and disrupts the outer blood retinal barrier, facilitating the release of growth factors and cytokines, which further aggravate PVR.



## Figure 2

### Signaling pathways of TGF- $\beta$ -induced RPE cells EMT

Transforming growth factor- $\beta$  (TGF- $\beta$ ) activates various signaling pathways that cooperate to cause EMT. Besides canonical SMAD-dependent signaling, TGF- $\beta$  can activate the Rho, PI3K/AKT, ERK MAPK, p38 MAPK, JUN N-terminal kinase (JNK) and nuclear factor- $\kappa$ B (NF- $\kappa$ B) pathways.



## Figure 3

RTK, Wnt, Notch, and Thrombin signaling in RPE cells EMT

Growth factors (GFs) stimulate receptor tyrosine kinases (RTKs) and induce EMT through PI3K-AKT and ERK MAPK signaling pathways. Thrombin activates PI3K and Rho signaling. PI3K promote EMT through Akt and mTOR pathways. WNT signaling promotes EMT by inhibiting glycogen synthase kinase-3 $\beta$  (GSK-3 $\beta$ ) to result in nuclear localization of  $\beta$ -catenin, which interact with the transcription factors lymphoid enhancer factor (LEF) /T cell factor (TCF) and change genes expression. The intercellular interaction of Jagged ligands with Notch receptors induces EMT through the cleavage and release of the Notch ICD, which then activate target genes.

